NCAA

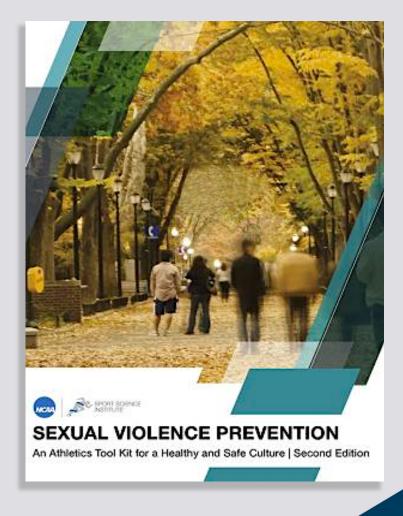
MEMBERSHIP FEEDBACK ON SEXUAL VIOLENCE PREVENTION EFFORTS

January 2020

Methods

- In collaboration with the NCAA Sport Science Institute and executive office, NCAA research helped to assess institutional experiences in implementing the key components of the Sexual Violence Prevention Toolkit
- Ten-minute survey administered online through QuestionPro survey software. Designed to be taken via phone, tablet or computer by a representative from each institution in all divisions.

Survey was open October 17 to November 18, 2019.



Response Rates

333 institutions participated the survey.

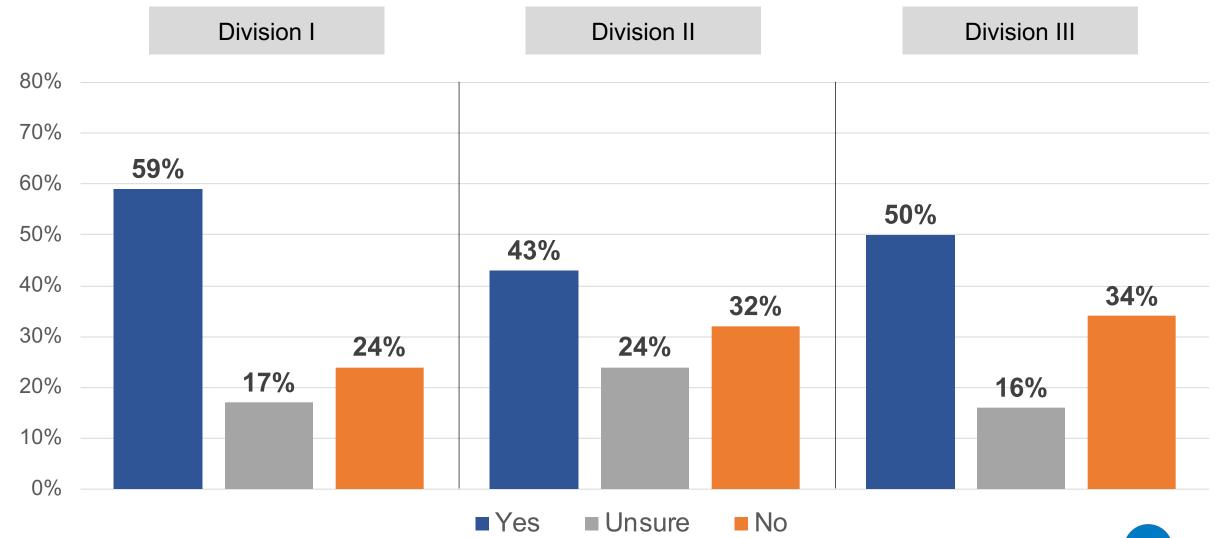
- ▶ Division I: 38%
- Division II: 29%
- ▶ Division III: 24%
- Respondents held multiple roles and designations within their athletics department, including:
 - Associate Director of Athletics
 - Athletics Health Care Administrator
 - Director of Athletics
 - Head Athletic Trainer
 - Senior Woman Administrator
 - ► Title IX Coordinator

Data Results Reminder

- Data represented in this presentation are based on responding schools only.
- Data does not encompass responses and information from all NCAA schools and their education efforts in sexual violence prevention.
- While these data should not be extrapolated to form conclusions about the broader membership, they provide a helpful baseline for understanding what education practices NCAA member schools are utilizing in sexual violence prevention.



Athletics departments using the NCAA sexual violence prevention toolkit by division



Note: Data reflects responses from members participating in the survey (N=333).

NC22 Research

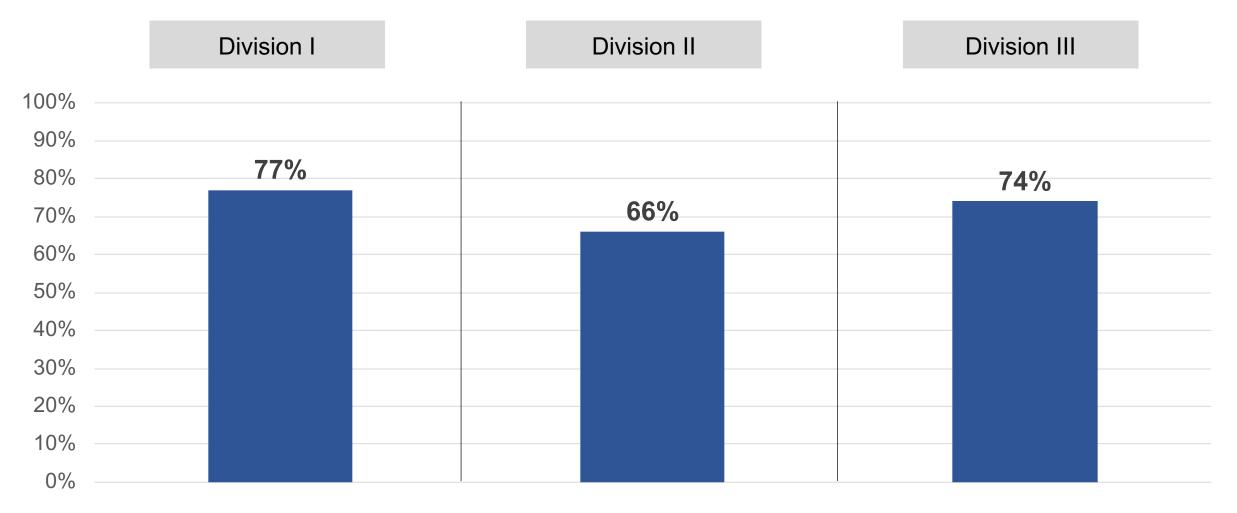
Establishing Leadership through Action Plans, Policies, and Designated Individuals



Leadership

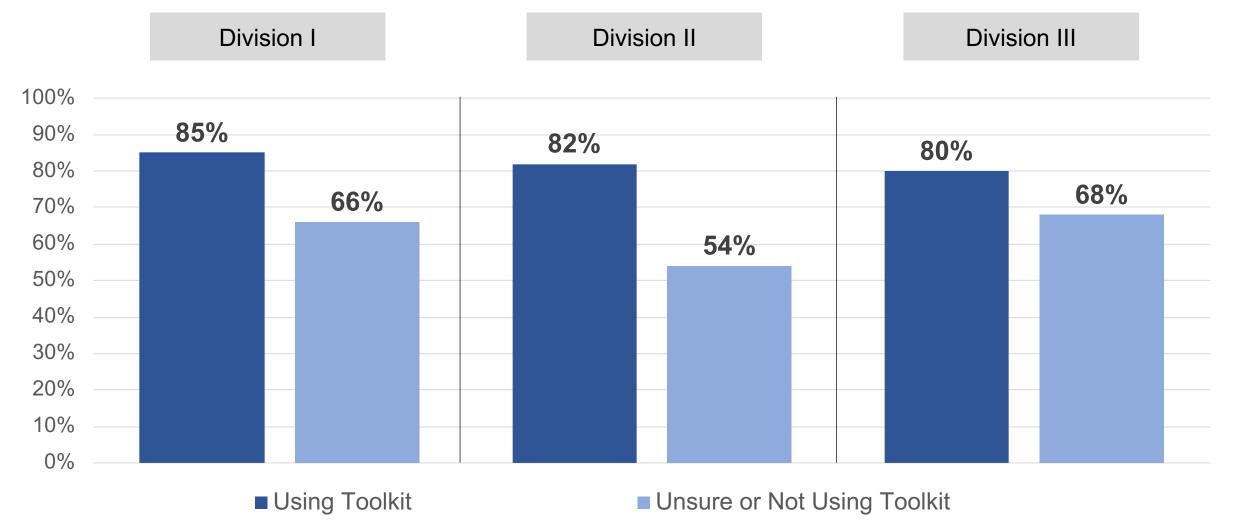
- Over 70% of responding athletics departments have a designated individual who oversees sexual violence prevention efforts.
- Over three-quarters (77%) of responding athletics departments have an action plan that follows campus protocol for response to a report of a sexual assault.
- One-quarter (24%) of responding schools have a code of conduct policy specific to their athletics department, while most other responding athletics departments defer to their institutional policy (71%).

Athletics departments with a designated individual who oversees sexual violence prevention efforts by division





Athletics departments with a designated individual who oversees sexual violence prevention efforts by division and toolkit use



Note: Data reflects responses from members participating in the survey (N=333).

NCAA Research

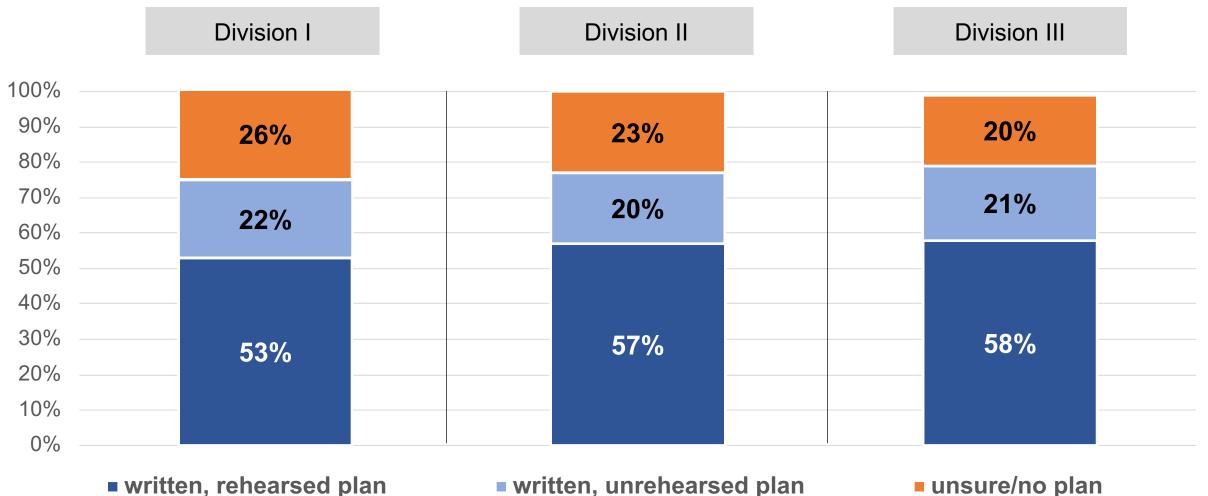
Designated individuals within athletics departments by role

Title IX Coordinator	34%
Senior Woman Administrator	33%
Director of Athletics	11%
Associate Director of Athletics	7%
Athletics Health Care Administrator	5%
Other	8%

Note: Data reflects responses from members participating in the survey (N=333). One individual often holds multiple roles and designations. Respondents were asked to select one role or designation.



Athletics departments with action plans that follow campus protocol for response to a report of a sexual assault by division

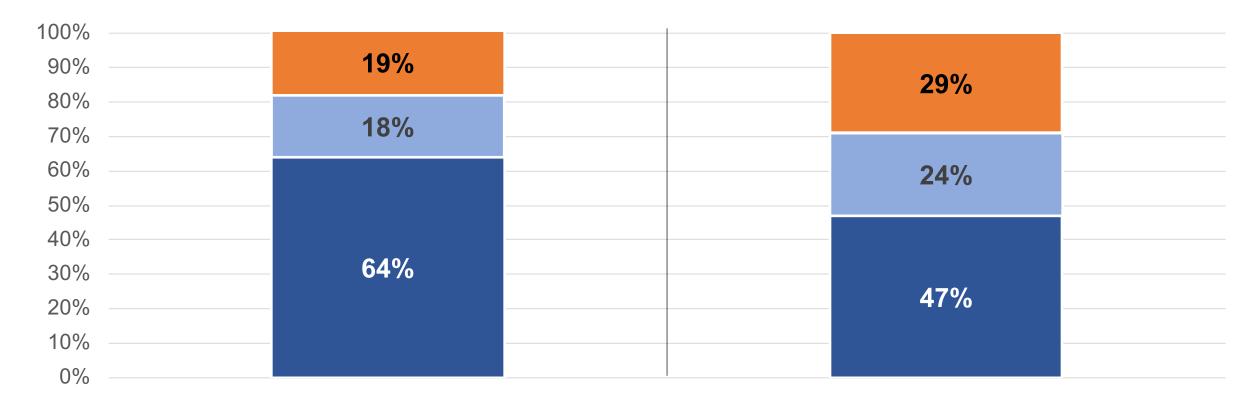


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Athletics departments with action plans that follow campus protocol for response to a report of a sexual assault by toolkit use

Using Toolkit

Unsure or Not Using Toolkit



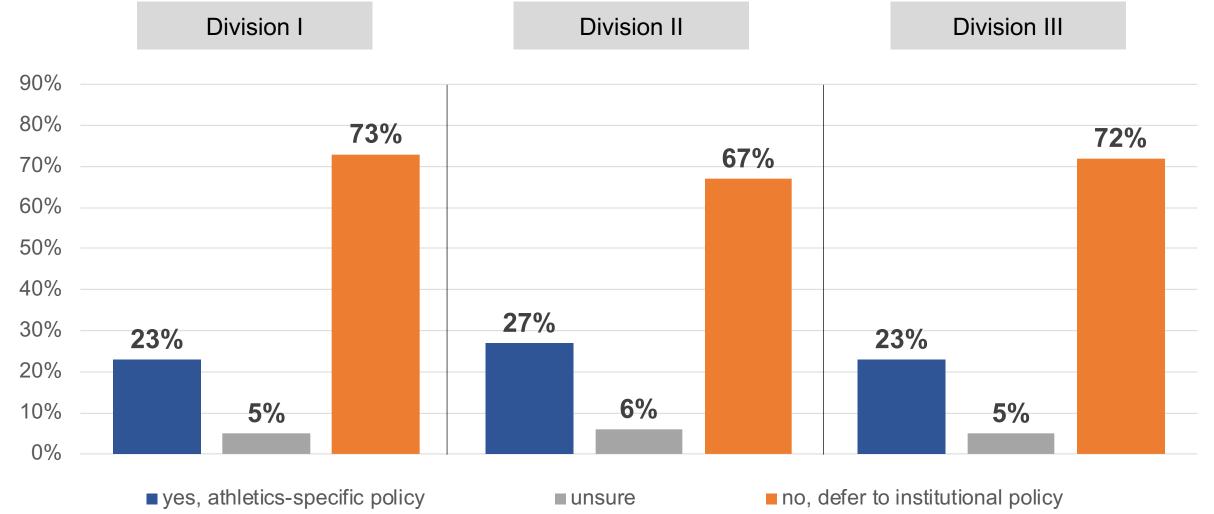
written, rehearsed plan

written, unrehearsed plan

unsure/no plan

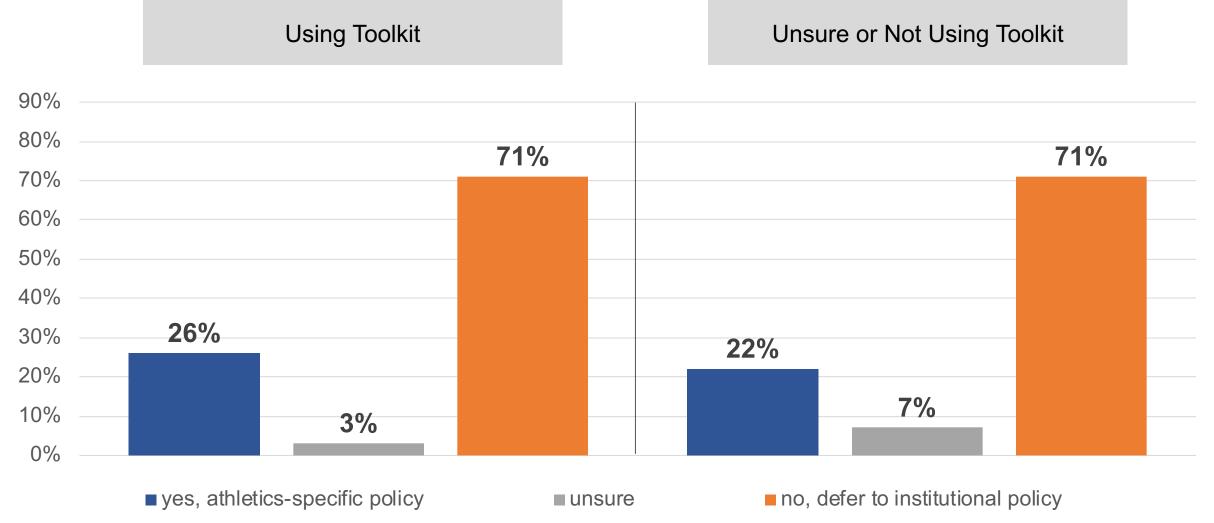


Athletics departments with a code of conduct policy that addresses sexual violence by division





Athletics departments with a code of conduct policy that addresses sexual violence by toolkit use





Key elements of the written code of conduct policy by division

	Division I	Division II	Division III
How to report a sexual violence complaint	100%	100%	96%
Descriptions of complainant rights	97%	96%	83%
Descriptions of respondent rights	97%	92%	79%
Strategies for creating safe environments	87%	75%	83%
Instructions for campus visits and recruiting prospective student-athletes	73%	63%	67%
Other (e.g. specific campus resources, Title IX office information, etc.)	20%	17%	20%



Examples of how the written code of conduct policy is communicated

- Student-Athletes
 - Athletics website
 - Compliance or team meetings
 - Freshmen orientation
 - Online trainings
 - Sexual violence education program
 - Signed acknowledgement form
 - Student-Athlete Handbooks
 - Title IX training sessions

- Coaches & Administrators
 - Athletics website
 - Email reminders
 - Meetings for all staff or coaches
 - Online trainings
 - Signed acknowledgement form
 - Staff handbooks
 - Title IX training sessions

Note: Information is reflective of responses from participating members who indicated having an athletics department specific policy (N=78). Information is presented in alphabetical order and order does not reflect frequency of response.

Educational Programming for Student-Athletes

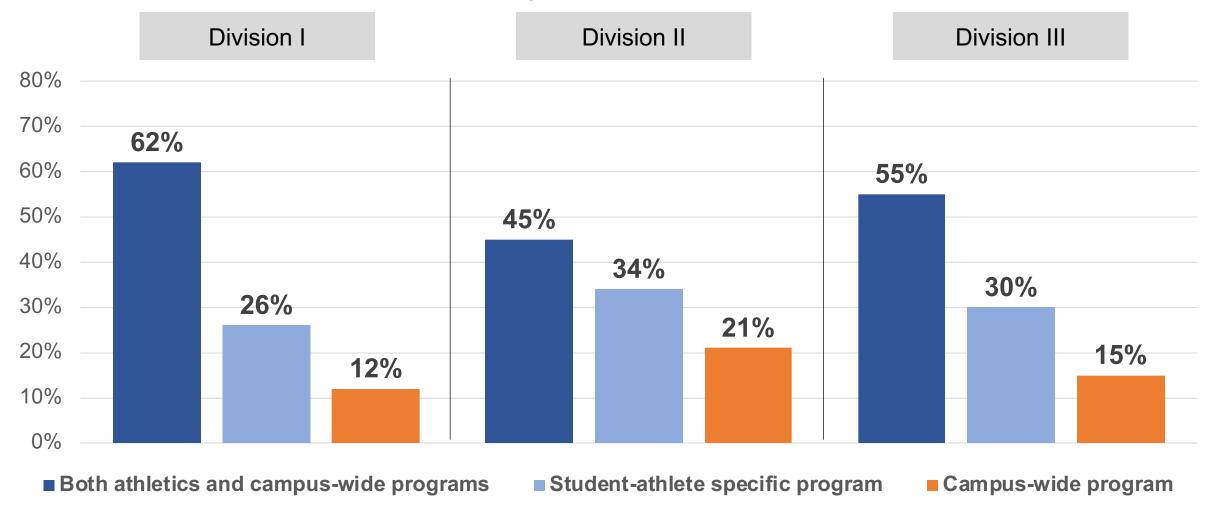


Educational Programming for Student-Athletes

- At a slight majority of participating institutions (55%), student-athletes take part in both student-athlete specific and campus-wide sexual violence prevention education efforts.
- Athletics departments at responding institutions across divisions are providing a range of sexual violence prevention education programs for their student-athletes, including Title IX coordinators, guest speakers, in-person workshops, and online programming.
- Across divisions, a majority of student-athletes at responding institutions receive programming through multiple modes (e.g. online educational tools, team-level workshops, guest speakers for all student-athletes, etc.).



Sexual violence prevention education efforts for <u>student-athletes</u> by division





Sexual violence prevention education programs provided to <u>student-</u> <u>athletes</u> by division

	Program Type	Division I	Division II	Division III
	Session with Campus Title IX Coordinator	74%	67%	63%
	Campus guest speaker	27%	22%	13%
Speaker or	Off-campus guest speaker	41%	13%	18%
In-person Workshop	Step-UP! Bystander Intervention Program*	21%	20%	28%
	Green Dot*	12%	9%	17%
	Other in-person workshop	18%	12%	19%
	EVERFI Sexual Assault Prevention Suite*	27%	19%	34%
	myPlaybook: sexual assault module	9%	13%	13%
Online	RealConsent*	0%	1%	1%
	Other online training	28%	16%	18%
	Other programming	12%	6%	8%

Notes: Data reflects responses from members participating in the survey (N=333). Respondents asked to **select all that applied.** **Sexual Violence Prevention Programs included in the NASPA's Culture of Respect Prevention Programming Matrix*



Examples of "other" sexual violence prevention education programs provided to <u>student-athletes</u> by responding institutions

Campus Speakers

 Prevention education staff, compliance staff, Dean of Students, counseling, health & wellness staff, peer educators, SAAC representatives, campus police/security

Off-campus Speakers

 Survivor stories, former student-athletes, national and local experts, advocates, law enforcement, crisis intervention specialists

Other

Video Series, Documentaries, Panels

In-person Workshops

 Institution-developed programs, local community expert-developed programs, *Mentors in Violence Prevention (MVP)*, One Love Escalation Workshops**, Huddle Up training, peer to peer programs

Online Training

 Institution-developed modules, Not Anymore*, U Got This!*, Think About It*, Game Plan, Omnigo 360 Stay Safe, SafeColleges, 3rd Millennium Classrooms

*Sexual Violence Prevention Programs included in the NASPA's Culture of Respect Prevention Programming Matrix

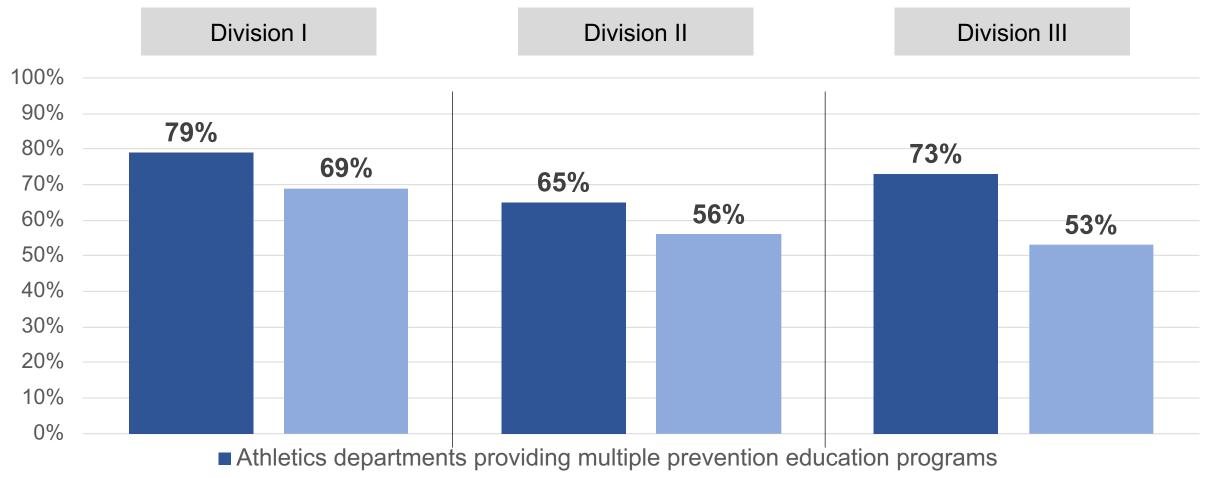
Delivery mode of sexual violence prevention education for student-athletes by division

Delivery Mode	Division I	Division II	Division III
Online module completed individually	59%	51%	53%
Team-level workshop/guest speaker	55%	37%	46%
Workshops/guest speaker for all students	50%	56%	43%
Gender-specific workshop/guest speaker	23%	13%	15%
Other	12%	15%	12%

Notes: Data reflects responses from members participating in the survey (N=333). Respondents asked to **select all that applied**. "Other" includes SAAC representative groups, freshmen groups, resident hall meetings, workshops required by all students, required academic classes.



Sexual violence prevention education for <u>student-athletes</u> by division

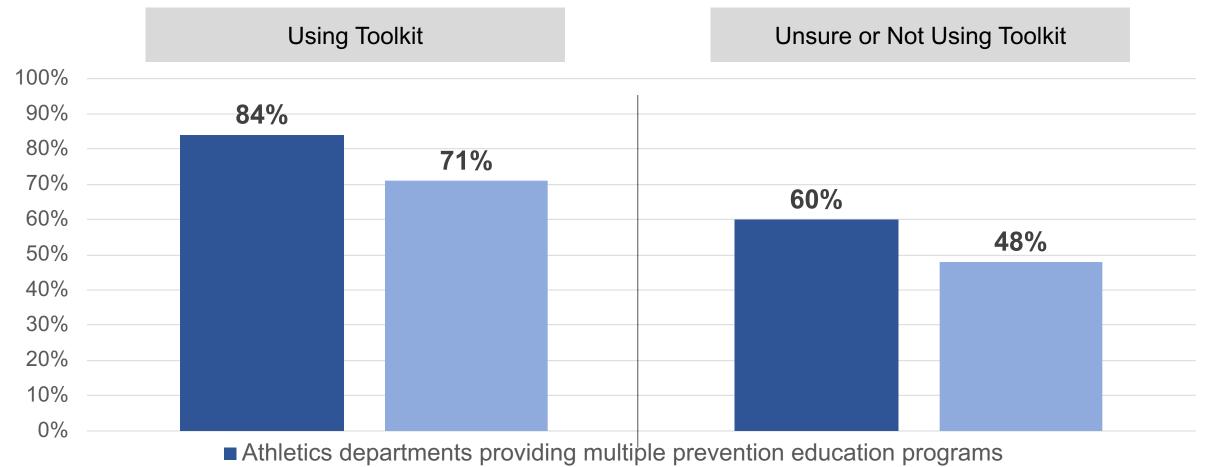


Athletics departments utilizing multiple delivery modes

Notes: Data reflects responses from members participating in the survey (N=333). Delivery modes include online modules completed individually, team-level workshops or guest speakers, gender-specific workshops, workshops or guest speakers for all student-athletes, and other modes.



Sexual violence prevention education for <u>student-athletes</u> by toolkit use



Athletics departments utilizing multiple delivery modes

Notes: Data reflects responses from members participating in the survey (N=333). Delivery modes include online modules completed individually, team-level workshops or guest speakers, gender-specific workshops, workshops or guest speakers for all student-athletes, and other modes.



Educational Programming for Coaches and Athletics Administrators



Educational Programming for Coaches and Athletics Administrators

- Athletics departments at responding institutions across divisions reported providing a variety of sexual violence prevention education programs for their coaches and athletics administrators, including meetings with the Title IX coordinator, off-campus guest speakers, in-person workshops, and online programming.
- In comparison to student-athlete education, programs at responding institutions varied to a lesser degree for coaches and athletics staff, were heavier in compliance and intervention efforts rather than prevention education, and were less likely to be received multiple times per year.

Sexual violence prevention education programs provided to <u>coaches and athletics administrators</u> by division

	Program Type	Division I	Division II	Division III
	Session with Campus Title IX Coordinator	75%	65%	68%
	Campus guest speaker	20%	11%	7%
Speaker or	Off-campus guest speaker	19%	10%	9%
In-person Workshop	Step-UP! Bystander Intervention Program*	8%	18%	14%
	Green Dot*	8%	7%	10%
	Other in-person workshop	9%	8%	8%
Online	EVERFI Sexual Assault Prevention Suite*	25%	19%	25%
Online	Other online training	26%	27%	23%
	Other programming	4%	4%	6%

Notes: Data reflects responses from members participating in the survey (N=333). Respondents asked to **select all that applied.** **Sexual Violence Prevention Programs included in the NASPA's Culture of Respect Prevention Programming Matrix*



Examples of "other" sexual violence prevention education provided to coaches and athletics administrators by responding institutions

- Comparable to programming reported for student-athletes
 - Slightly heavier in compliance education rather than sexual violence prevention education
- Guest speakers at athletics department all-staff meetings
- Small group in-person workshops for a deeper dive, including first responder training
- Online trainings
 - ► HR mandated training for all institutional employees
 - NCAA DII University Sexual Violence Prevention Online Modules

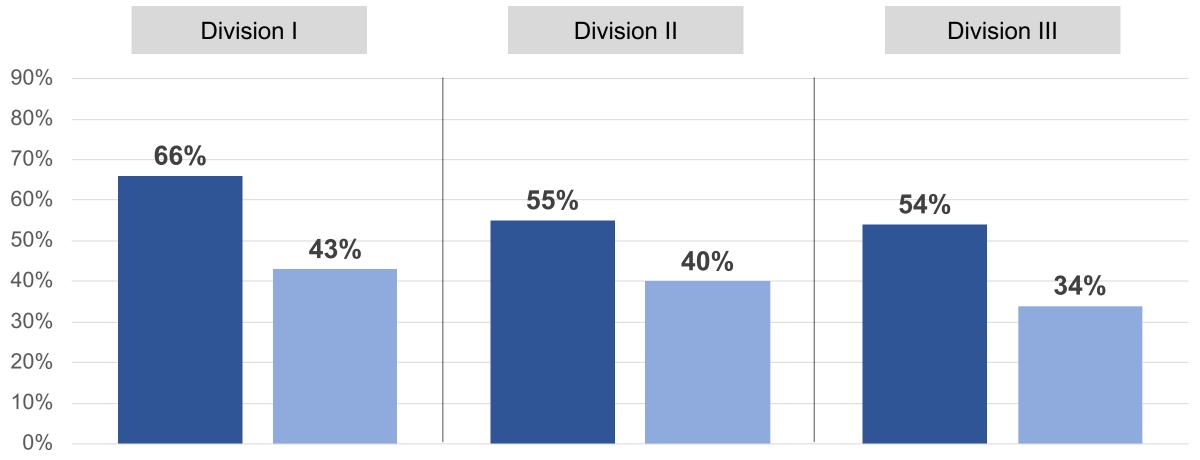
Delivery mode of sexual violence prevention education for <u>coaches and athletics administrators</u> by division

Delivery Mode	Division I	Division II	Division III
Online module completed individually	53%	65%	55%
Workshops/guest speaker for all coaches and athletics staff	78%	61%	67%
Gender-specific workshop/guest speaker	3%	6%	3%
Other	14%	11%	11%

Notes: Data reflects responses from members participating in the survey (N=333). Respondents asked to **select all that applied**. "Other" includes participating in the same groups as student-athletes, small groups not divided by gender, individual meetings, email newsletters or other written educational communication, sport-specific groups, etc.



Sexual violence prevention education for <u>coaches and athletics</u> <u>administrators</u> by division

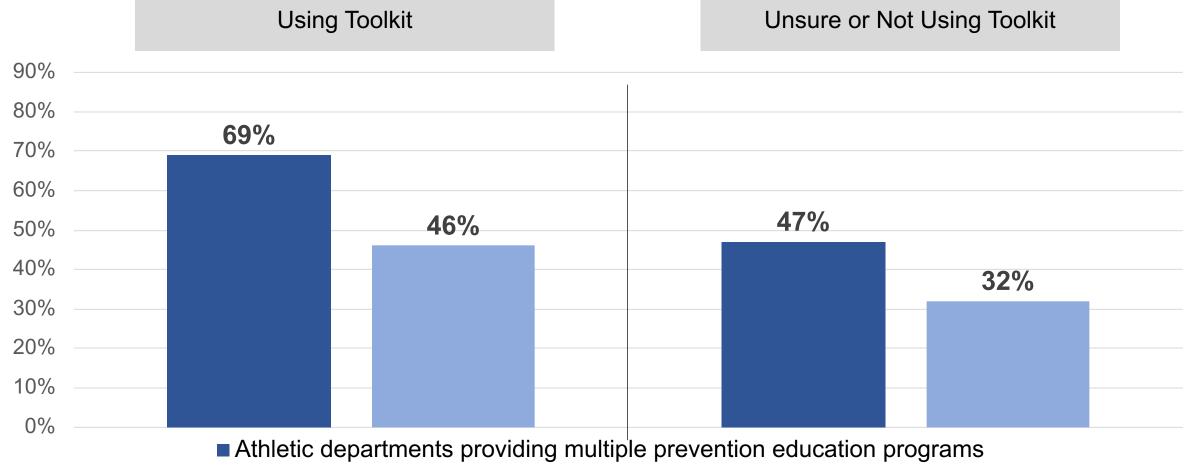


Athletic departments providing multiple prevention education programs
Athletic departments utilizing multiple delivery modes

Notes: Data reflects responses from members participating in the survey (N=333). Delivery modes include online modules completed individually, gender-specific workshops, workshops or guest speakers for all student-athletes, and other modes.



Sexual violence prevention education for <u>coaches and athletics</u> <u>administrators</u> by toolkit use



Athletic departments utilizing multiple delivery modes

Notes: Data reflects responses from members participating in the survey (N=333). Delivery modes include online modules completed individually, gender-specific workshops, workshops or guest speakers for all student-athletes, and other modes.



Frequency and Impact of Educational Programming



Frequency and Impact

- Over one-third (36%) of athletics departments at responding institutions provide sexual violence prevention programming to student-athletes more than once per year, while 20% offer it to coaches and athletics administrators more than once per year.
- Less than half (46%) of the student-athlete educational programming and roughly one-third (35%) of educational programming for coaches and athletics staff at responding institutions is evaluated.
- Program evaluation at responding institutions includes pre and post-tests, focus groups, participant surveys at the conclusion of an event, interviews, campus climate surveys, as well as other specific campus outcomes and metrics.



Frequency of sexual violence prevention education programming

	Student-Athletes	Coaches & Athletics Administrators
Once per year	64%	81%
Once per semester	23%	16%
More than one time per semester	13%	3%

Notes: Data reflects responses from members participating in the survey (N=333). The cumulative percent equals 100% for each group. Sexual violence education is required annually for all student-athletes, coaches, and athletics administration staff.



Sexual violence prevention education program evaluation by division

	Division I	Division II	Division III
Student-athlete programming is evaluated	53%	33%	49%
Coaches / Athletics Administrators programming is evaluated	39%	33%	32%

Note: Data reflects responses from members participating in the survey (N=333). Program evaluation includes post-event evaluation, pre and post-tests, focus groups, and other measures.



Measuring the impact of sexual violence prevention education for by division

	Division I		Division II		Divis	ion III
	Student- Athletes	Coaches & Staff	Student- Athletes	Coaches & Staff	Student- Athletes	Coaches & Staff
Program evaluation at the conclusion of the event	59%	54%	68%	52%	63%	55%
Pre and post-test of knowledge	41%	35%	29%	37%	20%	29%
Focus Groups	8%	2%	14%	7%	20%	16%
Other measure(s)	22%	20%	11%	11%	20%	10%

Notes: Respondents asked to **select all that applied**. Data reflects responses from participating members who indicated evaluating their education programing (Student-athletes, N=141; Coaches & Staff, N=104). "Other" includes: Post-event discussion and verbal feedback; participant interviews; NC44 Research annual surveys; metrics around campus misconduct, violations, complaints; campus climate surveys; peer reviews; follow-up surveys



Cross-campus Collaboration



Collaboration

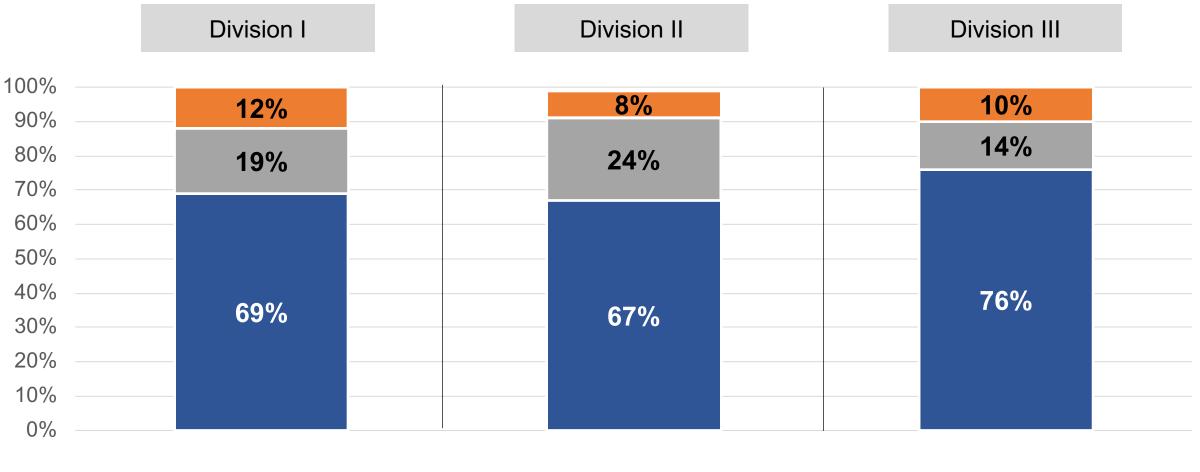
- Over 70% of responding schools have a cross-campus collaboration team in place working toward sexual violence prevention efforts.
- While stakeholders involved in the cross-campus collaboration team at responding institutions vary by division, campus Title IX coordinators are engaged on nearly all teams.
- Nearly one-third of cross-campus collaboration teams at responding institutions engage student-athletes (34%) and coaches (29%).

Individuals or units that have contributed to the development and implementation of the sexual violence education program on campus by division

	Division I	Division II	Division III
Campus Title IX coordinator	96%	94%	95%
Athletics administrators	73%	51%	72%
Other campus experts in the area	60%	43%	41%
Campus health	42%	36%	43%
Student-athletes	26%	21%	27%
Head athletic trainer	20%	29%	28%
Coaches	16%	19%	30%
Chancellor or president	15%	22%	16%
Faculty athletics representative	14%	18%	9%
Head team physician	13%	1%	2%



Institutions with a cross-campus collaboration team in place working toward sexual violence prevention by division



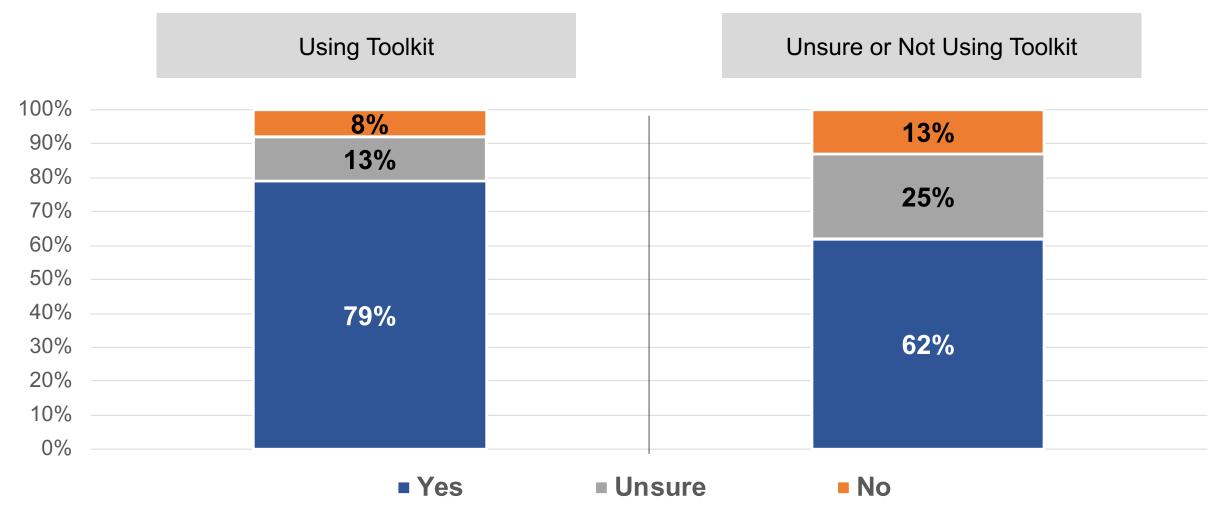
■ Yes ■

Unsure

No No



Institutions with a cross-campus collaboration team in place working toward sexual violence prevention by toolkit use





Stakeholders involved in the cross-campus collaboration team by division

	Division I	Division II	Division III
Campus Title IX Coordinator	100%	96%	95%
Health and counseling services	83%	82%	78%
Student conduct	66%	55%	53%
Life skills administrators	59%	23%	15%
Wellness/health/peer education	56%	30%	47%
Campus security	55%	66%	60%
Campus legal counsel	46%	34%	29%
Community sexual assault resources	38%	32%	37%
Sports medicine professionals	35%	43%	30%
Student-athletes	34%	27%	41%
Local law enforcement	28%	25%	21%
Fraternity and sorority life	22%	16%	12%
Faculty athletics representative	21%	25%	18%
Coaches	21%	27%	40%

Notes: Data reflects responses from participating members who indicated having a cross-campus collaboration team (N=211). Respondents asked to **select all that applied**. Results **sorted by Division I**. Other stakeholders mentioned: Various athletics staff, academic disciplines, public health, student affairs, student life, student disability services, diversity and inclusion, ROTC, student government, campus housing



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