Colorado

Jessica Joiner, LCSW, LAC
Phone: (303) 895-0635
Email: jessica.joiner@journeyinspiredcounseling.com
Locations Available: Colorado
Specialties: Overall Mental Health & Wellness, Substance Abuse & Addiction, Co-Occurring Disorders
Available Telehealth Platforms: Google Meets, Doxy.me

Connecticut

Dana Parrot, LICSW
Phone: (413) 687-7204
Email: danajparrot@yahoo.com
Locations Available: Massachusetts, Florida, Connecticut
Specialties: Skills with Dialectical Behavior Therapy, experience as a former Division I collegiate athlete and 2-time qualifier for Olympic Marathon Trials
Available Telehealth Platforms: Doxy.me, phone

Dawn Shadron, LCSW
Phone: (203) 676-4298
Email: dawn.m.shadron@gmail.com
Locations Available: Connecticut
Specialties: College Student Athletes, Pro Sport Mental Health and Performance
Available Telehealth Platforms: Doxy.me, Zoom, WebEx

District of Columbia

Eric Dawson, LCSW, LGSW
Phone: (989) 600-1289
Email: ericdawson1csw@gmail.com
Locations Available: New York and District of Columbia
Specialties: Anxiety and Pressure Related to Athletic & Academic Performance, Trauma, Addiction, Depression, Experience with Collegiate & High School Student Athletes
Available Telehealth Platforms: FaceTime, Zoom, Skype
Florida

**Stacy Kratz, Ph.D, LCSW**
**Tampa, FL**
**Email:** stacy@kratz.us
**15 years experience**
**Locations Available:** Florida
**Additional Credentials:** Certified Addictions Professional (CAP)
**Specialties:** Sport Mental Health and Wellness Therapy, Alcohol & Other Drug Abuse Prevention and Treatment, Family Counseling and Wellness
**Available Telehealth Platforms:** Doxy.me, Zoom

**Dana Parrot, LICSW**
**Amherst, MA**
**Phone:** (413) 687-7204
**Email:** danajparrot@yahoo.com
**20 years experience**
**Locations Available:** Massachusetts, Florida, and Connecticut
**Specialties:** Skills with Dialectical Behavior Therapy; experience as a former Division I collegiate athlete and 2-time qualifier for Olympic Marathon Trials
**Available Telehealth Platforms:** Doxy.me, phone

**Jesus A. Vasquez, LCSW**
**Tampa, FL**
**Phone:** (813) 431-8190
**Email:** vasquezcounselingandwellness@gmail.com
**Website:** vasquezcounselingandwellness.com
**12+ years experience**
**Locations Available:** Florida
**Specialties:** Substance Abuse, Anxiety, Depression, Mood Disorders, Life Stressors
**Available Telehealth Platforms:** Doxy.me, phone

**Mark D. Davis, LCSW**
**Tampa, FL**
**Phone:** (813) 968-3417
**Email:** mdavis@davissoundmind.com
**30+ years experience**
**Locations Available:** Florida
**Additional Credentials:** Certified Addictions Professional (CAP), Sports Performance Psychology & Athlete Assistance Program
**Specialties:** Sports Performance Psychology & Athlete Assistance Program
**Available Telehealth Platforms:** Doxy.me
Georgia

Brad Hambric, LPC, BC-THM, LCAS-A
Durham, NC
Phone: (919) 946-0340
7 years experience
Email: brad@bellavietherapy.com
Website: bellavietherapy.com
Locations Available: North Carolina, Georgia
Specialties: Athletes, Minorities, Anxiety, Depression, Telehealth, Group & Individual Services
Available Telehealth Platforms: Vsee, Zoom, Doxy.me

Illinois

Anna Marcolin, MSW, LCSW
Highland Park, IL
Phone: (847) 691-0400
25 years experience
Email: annamarcolinlcsw@gmail.com
Locations Available: Illinois
Specialties: Late Teens & Adults, Anxiety, Depression, Eating Disorders; Individual, Couple, and Family Treatment

Iowa

Katie Johnson, LISW
Cedar Rapids, IA
Phone: (319) 382-4721
5+ years experience
Email: katie@johnsoncounselingllc.com
Website: www.johnsoncounselingllc.com
Locations Available: Iowa
Specialties: Anxiety, Depression, Adjustment Issues, Sport-Related Therapy
Available Telehealth Platforms: Spruce (HIPAA-compliant, set-up is assisted)

Maine

Kimberly Plourde, LCSW
Lynchburg, VA
28 years experience
Email: kimp@thriveworks.com
Locations Available: Maine, Virginia
Specialties: College Athletes, Olympic Athletes, Anxiety, Depression, Life Transitions, Trauma, Grief and Loss, Individuals, Couples, experience playing professional women’s football
Available Telehealth Platforms: Zoom
Maine (cont.)

Shirley Rush, MSW, LCSW  
**Fort Fairfield, ME**  
*Phone:* (207) 551-9954  
*Email:* shirley.rush@maine.edu  
*Locations Available:* Maine  
*Specialties:* Generalist Practice, Cognitive Behavior Therapy (CBT), Academic Mentoring, Male College Athletes

Massachusetts

Geoff Cushner, LICSW  
**Worcester, MA**  
*Phone:* (508) 304-7499, (508) 304-1001  
*Locations Available:* Massachusetts  
*Specialties:* Cognitive Behavior Therapy (CBT), Trauma (TF-CBT), Adoption/Foster Care, Anxiety, Panic Disorder, Depression, Anger Management, & Life Changes/Transitions  
*Available Telehealth Platform:* Doxy.me

Dana Parrot, LICSW  
**Amherst, MA**  
*Phone:* (413) 687-7204  
*Email:* danajparrot@yahoo.com  
*Locations Available:* Massachusetts, Florida, and Connecticut  
*Specialties:* Skills with Dialectical Behavior Therapy; experience as a former Division I collegiate athlete and 2-time qualifier for Olympic Marathon Trials  
*Available Telehealth Platforms:* Doxy.me, phone

Jim Helling, LICSW, CMPC  
**Amherst, MA**  
*Phone:* (413) 824-2808  
*Email:* jhelling.licsw@gmail.com  
*Locations Available:* Massachusetts  
*Specialties:* Traumatic Stress, Resilience, Anxiety, Depression, Somatic Psychology, Performance Psychology, Eye Movement Desensitization & Reprocessing (EMDR), College Student Mental Health  
*Available Telehealth Platforms:* Secure Video (HIPAA compliant)

Christine A. Mosher, MSW, LICSW  
**Onset, MA**  
*Phone:* (508) 274-1216  
*Email:* cmosher2364@gmail.com  
*Locations Available:* Massachusetts  
*Specialties:* Anxiety, Depression, Chronic Mental Health, Substance Abuse, Children, Adolescents, Adults, Seniors, Athletes  
*Available Telehealth Platforms:* Zoom, FaceTime
Michigan

Stephanie Gaumer, LMSW
Email: sgaumer@counselingcentersofmichigan.com
Company Website: www.counselingcentersofmichigan.com/stephaniegaumer.html
Locations Available: Michigan
Specialties: Performance Anxiety/Stress Management, Coping with Injury, Transition Out of Sport, Peak Performance; sport specialty in Gymnastics
Available Telehealth Platforms: TheraNest through client portal

Stephanie Falotico, LMSW
Phone: (586) 698-8951
Email: sfalotico.lmsw@gmail.com
Locations Available: Michigan
Specialties: Anxiety, Depression, Adjustment, Grief and Loss, Communication, Peak Performance, Sleep, Performance Anxiety, Relaxation Skills
Available Telehealth Platforms: Mindurance (in-progress), Zoom or Google Duo for private pay if able

Missouri

David Harris, LCSW
Phone: (314) 260-6680
Website: posbydesign.com
Location: Missouri
Specialties: Performance Coaching, Anxiety, Bipolar Disorder, Depression, PTSD, and Life Transitions
Available Telehealth Platforms: VSEE

Derrick R. Howell, LCSW
Phone: (314) 782-8844
Website: humblemonarchtherapy.com
Locations Available: Missouri
Specialties: Men’s Health and Anxiety
Available Telehealth Platforms: VSEE
Montana

Gypsy Ray, LCSW  
*Anaconda, MT*  
**Phone:** (406) 880-0977  
**Email:** gypsyraylcsw@gmail.com  
**Specialties:** Athlete Mental Health, Eye Movement Desensitization and Reprocessing (EMDR) Trauma Therapy, Anxiety, Depression

Nebraska

Jade Patterson, MSW, PMSW, PLMHP  
*Lincoln, NE*  
**Phone:** (402) 540-0310  
**Email:** jadepatterson@unomaha  
**Locations Available:** Nebraska  
**Specialties:** Trauma, Depression, Anxiety, Mental Health Needs, some experience with Eating Disorders & Other Major Mental Illness  
**Available Telehealth Platforms:** Zoom, FaceTime, Skype, others as needed

New Jersey

Shannon Paskaris, MSW, LCSW  
*Princeton, NJ*  
**Email:** shannon.paskaris@gmail.com  
**Locations Available:** New Jersey  
**Specialties:** Anxiety, Mood Disorders, Trauma/PTSD, Mindfulness, Cognitive Behavior Therapy (CBT), Dialectical Behavior Therapy (DBT), experience as former Division I Collegiate Athlete  
**Available Telehealth Platforms:** Google Hangouts Meet G Suite

New York

Eric Dawson, LCSW, LGSW  
*New York & D.C.*  
**Phone:** (989) 600-1289  
**Email:** ericdawsonlcsw@gmail.com  
**Locations Available:** New York and District of Columbia  
**Specialties:** Anxiety and Pressure Related to Athletic & Academic Performance, Trauma, Addiction, Depression, Experience with Collegiate & High School Student Athletes  
**Available Telehealth Platforms:** FaceTime, Zoom, Skype
Devon Bonnemere, LCSW  
Harrison, NY  
Phone: (914) 222-1651  
Locations Available: New York  
Specialties: Anxiety, Depression, Anger, Cognitive Behavior Therapy (CBT)  
Available Telehealth Platforms: Doxy.me

Alex Diaz, Ph.D, LCSW  
Tuckahoe, NY  
Phone: (914) 793-9719  
Email: alexdiaz@sportsmentaledge.com  
Locations Available: New York  
Specialties: PTSD, Anxiety, Depression, Post-Concussion Trauma, Life Transitions, Bi-Cultural Issues for Hispanic clients, Distractibility, OCD

North Carolina

Anita A. Daniels, MSW, LCSW, LCAS, CCS  
Durham, NC  
Phone: (919) 564-9360  
Email: actualitiesltd@gmail.com  
Website: https://actualitiesltd.com  
Locations Available: North Carolina  
Additional Credentials: Sports Counseling Certificate (CalU), NC DMV Substance Abuse Evaluator, NC Certified Forensic Evaluator  
Specialties: Depression, Anxiety, Grief and Loss, Addictions (Drugs, Alcohol, Gambling), Sports Counseling, Athlete Development, Couples Counseling, Life Transitions  
Available Telehealth Platforms: HIPAA-Compliant Telehealth by SimplePractice, Doxy.me

Brad Hambric, LPC, BC-THM, LCAS-A  
Durham, NC  
Phone: (919) 946-0340  
Email: brad@bellavietherapy.com  
Website: bellavietherapy.com  
Locations Available: North Carolina, Georgia  
Specialties: Athletes, Minorities, Anxiety, Depression, Telehealth, Group & Individual Services  
Available Telehealth Platforms: Vsee, Zoom, Doxy.me
Ontario, Canada

Linda York, B.Ed, BSW Hons, MSW, RSW
Kingsville, ON
Locations Available: Ontario
10 years experience
Additional Credentials: ASWIS member, OASW member
Specialties: Hockey, including 10 years experience as a hockey coach; Mental Health; Trauma; Anxiety; Depression; Eye Movement Desensitization and Reprocessing (EMDR); Mindfulness-Based Cognitive Behavior Therapy (CBT); Other Trauma, Expressive, and Somatic Therapies
Telehealth Platforms: Doxy.me

Oregon

Cindy Miller Aron, LCSW, CGP, FAGPA
Portland, OR
Phone: (514) 760-2804
Email: cindi152001@gmail.com
Location: Oregon
Specialties: Elite Athletes, Athletic Personnel and Systems, Depression, Anxiety, Mood Disorders, PTSD and Trauma Related Disorders, Adjustment Disorders, and Group Therapy
Available Telehealth Platforms: Zoom

Pennsylvania

Elizabeth Browning, LCSW
Harrisburg, PA
Phone: Cell (717) 215-0077 | Office (717) 686-4658
21 years experience
Locations Available: Pennsylvania
Specialties: Veteran and Family Services Certified, Transitional Issues, Substance Abuse, Mental Health, Child Protective Services
Available Telehealth Platforms: Zoom, Skype, open to others
South Carolina

Spencer Kilpatrick, LISW
Phone: (724) 413-8081
Email: skilpa62@gmail.com
Locations Available: South Carolina
Specialties: Depression, Anxiety, Adjustment, Unexpected Life Changes & Transitions, Cognitive Behavior Therapy (CBT), Mindfulness, Motivational Interviewing
Available Telehealth Platforms: Meta App

Texas

Katie Bartley, LMSW, pending LCSW
Phone: (512) 649-8500
Email: katie@katiebartley.com
Website: www.katiebartley.com
Locations Available: Texas
Specialties: Young adults, Teens, Couples, Parents, Athletes of all kinds, former experience in Division I soccer
Available Telehealth Platforms: Doxy.me, Zoom, Gmeet

Karen Winston, LCSW
Phone: (713) 666-1419
Locations Available: Texas
Specialties: 13 years experience as team clinician for the Houston Texans, worked with NFL in teaching rookie program, have had experience with elite athletes from all major sports

Utah

Julie Larsen, LCSW
Phone: (801) 706-1205
Email: julie.larsen@sportstalktherapy.org
Locations Available: Utah
Specialties: General
Available Telehealth Platforms: Zoom, Skype
Virginia

Kimberly Plourde, LCSW
Lynchburg, VA
Email: kimp@thriveworks.com
28 years experience
Locations Available: Maine, Virginia
Specialties: College Athletes, Olympic Athletes, Anxiety, Depression, Life Transitions, Trauma, Grief and Loss, Individuals, Couples, experience playing professional women’s football
Available Telehealth Platforms: Zoom

Wisconsin

Katherine (Katey) Collins, LCSW
Lake Geneva, WI
Phone: (262) 749-8687
Email: bhappytherapy@gmail.com
20+ years experience
Locations Available: Wisconsin
Specialties: Females, Sexual Abuse, Children & Adolescents, Athletes; personal background in Swimming, Running, Triathlon
Available Telehealth Platforms: Zoom