Colorado

Jessica Joiner, LCSW, LAC  
**Parker, CO**  
**Phone:** (303) 895-0635  
**Email:** jessica.joiner@journeyinspiredcounseling.com  
**Locations Available:** Colorado  
**Specialties:** Overall Mental Health & Wellness, Substance Abuse & Addiction, Co-Occurring Disorders  
**Available Telehealth Platforms:** Google Meets, Doxy.me

Connecticut

Dana Parrot, LICSW  
**Amherst, MA**  
**Phone:** (413) 687-7204  
**Email:** danajparrot@yahoo.com  
**Locations Available:** Massachusetts, Florida, Connecticut  
**Specialties:** Skills with Dialectical Behavior Therapy, experience as a former Division I collegiate athlete and 2-time qualifier for Olympic Marathon Trials  
**Available Telehealth Platforms:** Doxy.me, phone

Dawn Shadron, LCSW  
**West Hartford, CT**  
**Phone:** (203) 676-4298  
**Email:** dawn.m.shadron@gmail.com  
**Locations Available:** Connecticut  
**Specialties:** College Student Athletes, Pro Sport Mental Health and Performance  
**Available Telehealth Platforms:** Doxy.me, Zoom, WebEx

District of Columbia

Eric Dawson, LCSW, LGSW  
**New York & D.C.**  
**Phone:** (989) 600-1289  
**Email:** ericdawsonlcesw@gmail.com  
**Locations Available:** New York and District of Columbia  
**Specialties:** Anxiety and Pressure Related to Athletic & Academic Performance, Trauma, Addiction, Depression, Experience with Collegiate & High School Student Athletes  
**Available Telehealth Platforms:** FaceTime, Zoom, Skype
Florida

Stacy Kratz, Ph.D, LCSW  
Tampa, FL  
Email: stacy@kratz.us  
15 years experience  
Locations Available: Florida  
Additional Credentials: Certified Addictions Professional (CAP)  
Specialties: Sport Mental Health and Wellness Therapy, Alcohol & Other Drug Abuse Prevention and Treatment, Family Counseling and Wellness  
Available Telehealth Platforms: Doxy.me, Zoom

Dana Parrot, LICSW  
Amherst, MA  
Phone: (413) 687-7204  
20 years experience  
Email: danajparrot@yahoo.com  
Locations Available: Massachusetts, Florida, and Connecticut  
Specialties: Skills with Dialectical Behavior Therapy; experience as a former Division I collegiate athlete and 2-time qualifier for Olympic Marathon Trials  
Available Telehealth Platforms: Doxy.me, phone

Jesus A. Vasquez, LCSW  
Tampa, FL  
Phone: (813) 431-8190  
12+ years experience  
Email: vasquezcounselingandwellness@gmail.com  
Website: vasquezcounselingandwellness.com  
Locations Available: Florida  
Specialties: Substance Abuse, Anxiety, Depression, Mood Disorders, Life Stressors  
Available Telehealth Platforms: Doxy.me, Zoom

Mark D. Davis, LCSW  
Tampa, FL  
Phone: (813) 968-3417  
30+ years experience  
Email: mdavis@davissoundmind.com  
Locations Available: Florida  
Additional Credentials: Certified Addictions Professional (CAP), Sports Performance Psychology & Athlete Assistance Program  
Specialties: Sports Performance Psychology & Athlete Assistance Program  
Available Telehealth Platforms: Doxy.me
Georgia

Brad Hambrick, LPC, BC-THM, LCAS-A          Durham, NC
Phone: (919) 946-0340                      7 years experience
Email: brad@bellavietherapy.com
Website: bellavietherapy.com
Locations Available: North Carolina, Georgia
Specialties: Athletes, Minorities, Anxiety, Depression, Telehealth, Group & Individual Services
Available Telehealth Platforms: Vsee, Zoom, Doxy.me

Illinois

Anna Marcolin, MSW, LCSW          Highland Park, IL
Phone: (847) 691-0400                      25 years experience
Email: annamarcolinlcsw@gmail.com
Locations Available: Illinois
Specialties: Late Teens & Adults, Anxiety, Depression, Eating Disorders; Individual, Couple, and Family Treatment

Iowa

Katie Johnson, LISW          Cedar Rapids, IA
Phone: (319) 382-4721                      5+ years experience
Email: katie@johnsoncounselingllc.com
Website: www.johnsoncounselingllc.com
Locations Available: Iowa
Specialties: Anxiety, Depression, Adjustment Issues, Sport-Related Therapy
Available Telehealth Platforms: Spruce (HIPAA-compliant, set-up is assisted)

Maine

Kimberly Plourde, LCSW          Lynchburg, VA
Email: kimp@thriveworks.com
Locations Available: Maine, Virginia
Specialties: College Athletes, Olympic Athletes, Anxiety, Depression, Life Transitions, Trauma, Grief and Loss, Individuals, Couples, experience playing professional women’s football
Available Telehealth Platforms: Zoom
Maine (cont.)

Shirley Rush, MSW, LCSW  
**Fort Fairfield, ME**  
**Phone:** (207) 551-9954  
**Email:** shirley.rush@maine.edu  
**Locations Available:** Maine  
**Specialties:** Generalist Practice, Cognitive Behavior Therapy (CBT), Academic Mentoring, Male College Athletes

Massachusetts

Geoff Cushner, LICSW  
**Worcester, MA**  
**Phone:** (508) 304-7499, (508) 304-1001  
**Locations Available:** Massachusetts  
**Specialties:** Cognitive Behavior Therapy (CBT), Trauma (TF-CBT), Adoption/Foster Care, Anxiety, Panic Disorder, Depression, Anger Management, & Life Changes/Transitions  
**Available Telehealth Platform:** Doxy.me

Dana Parrot, LICSW  
**Amherst, MA**  
**Phone:** (413) 687-7204  
**Email:** danajparrot@yahoo.com  
**Locations Available:** Massachusetts, Florida, and Connecticut  
**Specialties:** Skills with Dialectical Behavior Therapy; experience as a former Division I collegiate athlete and 2-time qualifier for Olympic Marathon Trials  
**Available Telehealth Platforms:** Doxy.me, phone

Jim Helling, LICSW, CMPC  
**Amherst, MA**  
**Phone:** (413) 824-2808  
**Email:** jhelling.licsw@gmail.com  
**Locations Available:** Massachusetts  
**Specialties:** Traumatic Stress, Resilience, Anxiety, Depression, Somatic Psychology, Performance Psychology, Eye Movement Desensitization & Reprocessing (EMDR), College Student Mental Health  
**Available Telehealth Platforms:** Secure Video (HIPAA compliant)

Christine A. Mosher, MSW, LICSW  
**Onset, MA**  
**Phone:** (508) 274-1216  
**Email:** cmosher2364@gmail.com  
**Locations Available:** Massachusetts  
**Specialties:** Anxiety, Depression, Chronic Mental Health, Substance Abuse, Children, Adolescents, Adults, Seniors, Athletes  
**Available Telehealth Platforms:** Zoom, FaceTime
**Michigan**

**Stephanie Gaumer, LMSW**
Clarkston, MI
1 year experience

Email: sgaumer@counselingcentersofmichigan.com
Company Website: www.counselingcentersofmichigan.com/stephaniegaumer.html
Locations Available: Michigan
Specialties: Performance Anxiety/Stress Management, Coping with Injury, Transition Out of Sport, Peak Performance; sport specialty in Gymnastics
Available Telehealth Platforms: TheraNest through client portal

**Stephanie Falotico, LMSW**
Sterling Heights, MI
5 years experience

Phone: (586) 698-8951
Email: sfalotico.lmsw@gmail.com
Locations Available: Michigan
Specialties: Anxiety, Depression, Adjustment, Grief and Loss, Communication, Peak Performance, Sleep, Performance Anxiety, Relaxation Skills
Available Telehealth Platforms: Mindurance (in-progress), Zoom or Google Duo for private pay if able

**Missouri**

**Derrick R. Howell, LCSW**
St. Louis, MO
6 years experience

Phone: (314) 782-8844
Website: humblemonarchtherapy.com
Locations Available: Missouri
Specialties: Men’s Health and Anxiety
Available Telehealth Platforms: VSEE

**Montana**

**Gypsy Ray, LCSW**
Anaconda, MT
9 years experience

Phone: (406) 880-0977
Email: gypsyraylcsw@gmail.com
Specialties: Athlete Mental Health, Eye Movement Desensitization and Reprocessing (EMDR) Trauma Therapy, Anxiety, Depression
Nebraska

Jade Patterson, MSW, PMSW, PLMHP
Lincoln, NE
Phone: (402) 540-0310
Email: jadepatterson@unomaha
Locations Available: Nebraska
Specialties: Trauma, Depression, Anxiety, Mental Health Needs, some experience with Eating Disorders & Other Major Mental Illness
Available Telehealth Platforms: Zoom, FaceTime, Skype, others as needed

New Jersey

Shannon Paskaris, MSW, LCSW
Princeton, NJ
Email: shannon.paskaris@gmail.com
9 years experience
Locations Available: New Jersey
Specialties: Anxiety, Mood Disorders, Trauma/PTSD, Mindfulness, Cognitive Behavior Therapy (CBT), Dialectical Behavior Therapy (DBT), experience as former Division I Collegiate Athlete
Available Telehealth Platforms: Google Hangouts Meet G Suite

New York

Eric Dawson, LCSW, LGSW
New York & D.C.
Phone: (989) 600-1289
Email: ericdawsonlcsw@gmail.com
5+ years experience
Locations Available: New York and District of Columbia
Specialties: Anxiety and Pressure Related to Athletic & Academic Performance, Trauma, Addiction, Depression, Experience with Collegiate & High School Student Athletes
Available Telehealth Platforms: FaceTime, Zoom, Skype

Devon Bonnemere, LCSW
Harrison, NY
Phone: (914) 222-1651
Locations Available: New York
Specialties: Anxiety, Depression, Anger, Cognitive Behavior Therapy (CBT)
Available Telehealth Platforms: Doxy.me

Alex Diaz, Ph.D, LCSW
Tuckahoe, NY
Phone: (914) 793-9719
Email: alexdiaz@sportsmentaledge.com
20 years experience
Locations Available: New York
Specialties: PTSD, Anxiety, Depression, Post-Concussion Trauma, Life Transitions, Bi-Cultural Issues for Hispanic clients, Distractibility, OCD
Anita A. Daniels, MSW, LCSW, LCAS, CCS  Durham, NC
Phone: (919) 564-9360  35 years experience
Email: actualitiesltd@gmail.com
Website: https://actualitiesltd.com
Locations Available: North Carolina
Additional Credentials: Sports Counseling Certificate (CalU), NC DMV Substance Abuse Evaluator, NC Certified Forensic Evaluator
Specialties: Depression, Anxiety, Grief and Loss, Addictions (Drugs, Alcohol, Gambling), Sports Counseling, Athlete Development, Couples Counseling, Life Transitions
Available Telehealth Platforms: HIPAA-Compliant Telehealth by SimplePractice, Doxy.me

Brad Hambric, LPC, BC-THM, LCAS-A  Durham, NC
Phone: (919) 946-0340  7 years experience
Email: brad@bellavietherapy.com
Website: bellavietherapy.com
Locations Available: North Carolina, Georgia
Specialties: Athletes, Minorities, Anxiety, Depression, Telehealth, Group & Individual Services
Available Telehealth Platforms: Vsee, Zoom, Doxy.me

Linda York, B.Ed, BSW Hons, MSW, RSW  Kingsville, ON
Locations Available: Ontario  10 years experience
Additional Credentials: ASWIS member, OASW member
Specialties: Hockey, including 10 years experience as a hockey coach; Mental Health; Trauma; Anxiety; Depression; Eye Movement Desensitization and Reprocessing (EMDR); Mindfulness-Based Cognitive Behavior Therapy (CBT); Other Trauma, Expressive, and Somatic Therapies
Telehealth Platforms: Doxy.me

Elizabeth Browning, LCSW  Harrisburg, PA
Phone: Cell (717) 215-0077 | Office (717) 686-4658  21 years experience
Locations Available: Pennsylvania
Specialties: Veteran and Family Services Certified, Transitional Issues, Substance Abuse, Mental Health, Child Protective Services
Available Telehealth Platforms: Zoom, Skype, open to others
South Carolina

Spencer Kilpatrick, LISW  
Charleston, SC  
Phone: (724) 413-8081  
Email: skilpa62@gmail.com  
Locations Available: South Carolina  
Specialties: Depression, Anxiety, Adjustment, Unexpected Life Changes & Transitions, Cognitive Behavior Therapy (CBT), Mindfulness, Motivational Interviewing  
Available Telehealth Platforms: Meta App

Texas

Katie Bartley, LMSW, pending LCSW  
Austin, TX  
Phone: (512) 649-8500  
Email: katie@katiebartley.com  
Website: www.katiebartley.com  
Locations Available: Texas  
Specialties: Young adults, Teens, Couples, Parents, Athletes of all kinds, former experience in Division I soccer  
Available Telehealth Platforms: Doxy.me, Zoom, Gmeet

Karen Winston, LCSW  
Bellaire, TX  
Phone: (713) 666-1419  
Locations Available: Texas  
Specialties: 13 years experience as team clinician for the Houston Texans, worked with NFL in teaching rookie program, have had experience with elite athletes from all major sports

Utah

Julie Larsen, LCSW  
Murray, UT  
Phone: (801) 706-1205  
Email: julie.larsen@sportstalktherapy.org  
Locations Available: Utah  
Specialties: General  
Available Telehealth Platforms: Zoom, Skype
Virginia

Kimberly Plourde, LCSW
Lynchburg, VA
Email: kimp@thriveworks.com
28 years experience
Locations Available: Maine, Virginia
Specialties: College Athletes, Olympic Athletes, Anxiety, Depression, Life Transitions, Trauma, Grief and Loss, Individuals, Couples, experience playing professional women’s football
Available Telehealth Platforms: Zoom

Wisconsin

Katherine (Katey) Collins, LCSW
Lake Geneva, WI
Phone: (262) 749-8687
Email: bhappytherapy@gmail.com
20+ years experience
Locations Available: Wisconsin
Specialties: Females, Sexual Abuse, Children & Adolescents, Athletes; personal background in Swimming, Running, Triathlon
Available Telehealth Platforms: Zoom