



# NCAA Coach Well-Being Study

Division III Findings, January 2023



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## Methods

- ▶ Online survey examined coach mental well-being, as well as how coaches are adapting to current recruiting and roster management challenges. Designed and distributed by NCAA Research.
- ▶ Survey opened March 2, 2022, and closed April 17, 2022.
- ▶ 6,113 NCAA coach staff members took the survey.

	Total	Division I	Division II	Division III
Head Coaches	4,258	1,471	958	1,808
Assistant/Associate Coaches	1,627	952	261	406
Other (Director of Ops, GAs, etc.)	228	137	52	38

Note: Not all respondents provided NCAA division of competition. Source: NCAA Coach Well-Being Study (Spring 2022).

# Response Rates by Role and Gender

All	Division I	Division II	Division III
Head Coaches (N=4,258)	22%	19%	21%
Assistant/Associate Coaches (N=1,627)	6%	3%	2%

Men	Division I	Division II	Division III
Head Coaches (N=2,324)	16%	14%	16%
Assistant/Associate Coaches (N=818)	4%	2%	8%

Women	Division I	Division II	Division III
Head Coaches (N=1,455)	30%	27%	29%
Assistant/Associate Coaches (N=585)	8%	3%	3%

Note: Response rates derived from N in sample divided by NCAA coach demographic data for 2022. Demographic data is not available for those in other staff roles (e.g., director of operations, graduate assistants, etc.). Not all respondents shared their gender identity; those who selected “another gender identity” are not shown due to low numbers. Sources: NCAA Coach Well-Being Study (Spring 2022), [NCAA Demographics Database](#) (2022).



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# Head Coach Response Rates by Gender and Race

Men	Division I	Division II	Division III
Black (N=95)	6%	6%	7%
Other (N=185)	17%	14%	23%
White (N=2,033)	17%	15%	16%

Women	Division I	Division II	Division III
Black (N=59)	16%	10%	7%
Other (N=109)	31%	31%	31%
White (1,280)	32%	29%	30%

Note: Response rates derived from N in sample divided by NCAA coach demographic data for 2022. Not all respondents shared their gender or racial identity; those who selected "another gender identity" are not shown due to low numbers. "Other" race/ethnicity includes those who identified as American Indian/Alaska Native, Asian, Hispanic/Latino/a/x, Native Hawaiian/Pacific Islander, Middle Eastern/North African, other, and multiple identities. Sources: NCAA Coach Well-Being Study (Spring 2022), [NCAA Demographics Database](#) (2022).



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# Participant Demographics

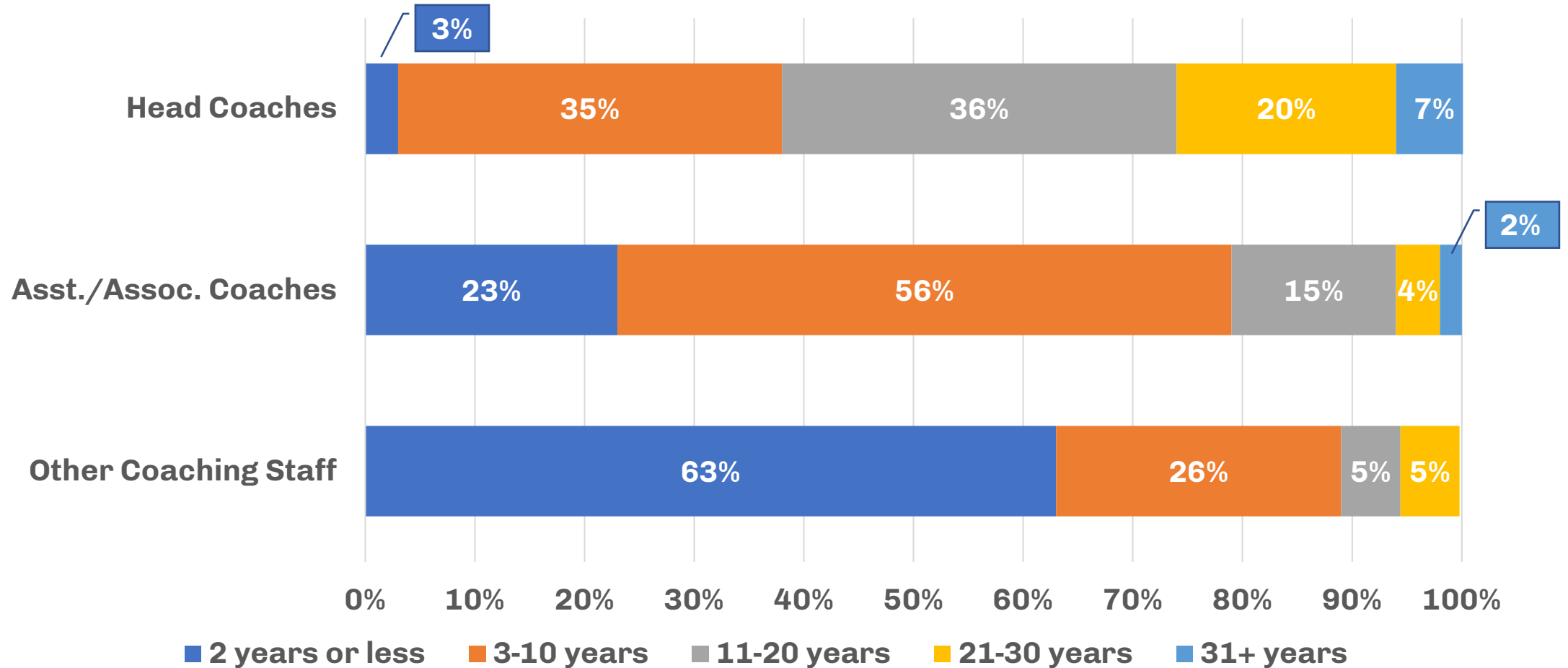
## Division III

# Coaching Staff Participant Demographics (Division III)

	Head Coaches (N=1,808)	Asst./Assoc. Coaches (N=406)	Other Staff (N=38)
<b>Gender Identity</b>	Man	60%	49%
	Woman	40%	49%
	Another Gender Identity	<1%	<3%
<b>Race/Ethnicity</b>	Black	2%	6%
	Other	8%	14%
	White	90%	80%
<b>Sexual Orientation</b>	Queer-Spectrum	12%	21%
	Straight	88%	79%

Note: Not all respondents shared their gender, race or sexual orientation; those who selected "another gender identity" are not shown due to low numbers. Participants who selected "another gender identity" were provided an open-ended prompt to allow for all gender expansive identities to be acknowledged and affirmed. "Other" race/ethnicity includes those who identified as American Indian/Alaska Native, Asian, Hispanic/Latino/a/x, Native Hawaiian/Pacific Islander, Middle Eastern/North African, other, and multiple identities. Queer-spectrum includes those self-identifying as gay, lesbian, bisexual, pansexual, queer, questioning/unsure or another identity. Source: NCAA Coach Well-Being Study (Spring 2022).

# Coaching Staff Participant Years of Experience (Division III)



Note: The sum of percentages in each bar may not equal 100% due to rounding. Source: NCAA Coach Well-Being Study (Spring 2022).

# Coaching Staff Participants by Gender of Team Coached

	Total		Division I		Division II		Division III	
	N	%	N	%	N	%	N	%
Men's Sports	1,677	28%	666	26%	360	28%	640	28%
Women's Sports	3,220	53%	1,475	58%	611	48%	1,120	50%
Men's and Women's Sports	1,195	20%	411	16%	293	23%	487	22%

Note: Includes all coaches (head, assistant/associate and other) in the sample. Not all respondents provided NCAA division of competition. Participants were asked if they coached a men's team, a women's team or both. Source: NCAA Coach Well-Being Study (Spring 2022).



# Number of Division III Coaching Staff Participants by Sport

Men's Teams	N
Baseball	88
Basketball	110
Football	116
Golf	17
Ice Hockey	51
Lacrosse	62
Soccer	103
Tennis	13
Track & Field	14
Volleyball	15
Wrestling	51

Women's Teams	N
Basketball	209
Cross Country	18
Field Hockey	72
Golf	14
Gymnastics	10
Ice Hockey	39
Lacrosse	212
Soccer	158
Softball	203
Swim & Dive	12
Tennis	14
Track & Field	20
Volleyball	136

Men's and Women's Teams	N
Cross Country	163
Golf	38
Rowing	11
Soccer	11
Swim & Dive	110
Tennis	43
Track & Field	217
Volleyball	15
Wrestling	11

Note: Includes all coaches (head, assistant/associate and other) in the sample. Participants were asked if they coached a men's team, a women's team or both. A majority (68%) of Division III coaches who selected "men and women's teams" selected one sport (e.g., track and field). Some respondents coaching both men's and women's teams selected multiple sports (e.g., lacrosse and golf). Multisport coaches counted in each sport. Sports with less than 10 participants not shown. Source: NCAA Coach Well-Being Study (Spring 2022).

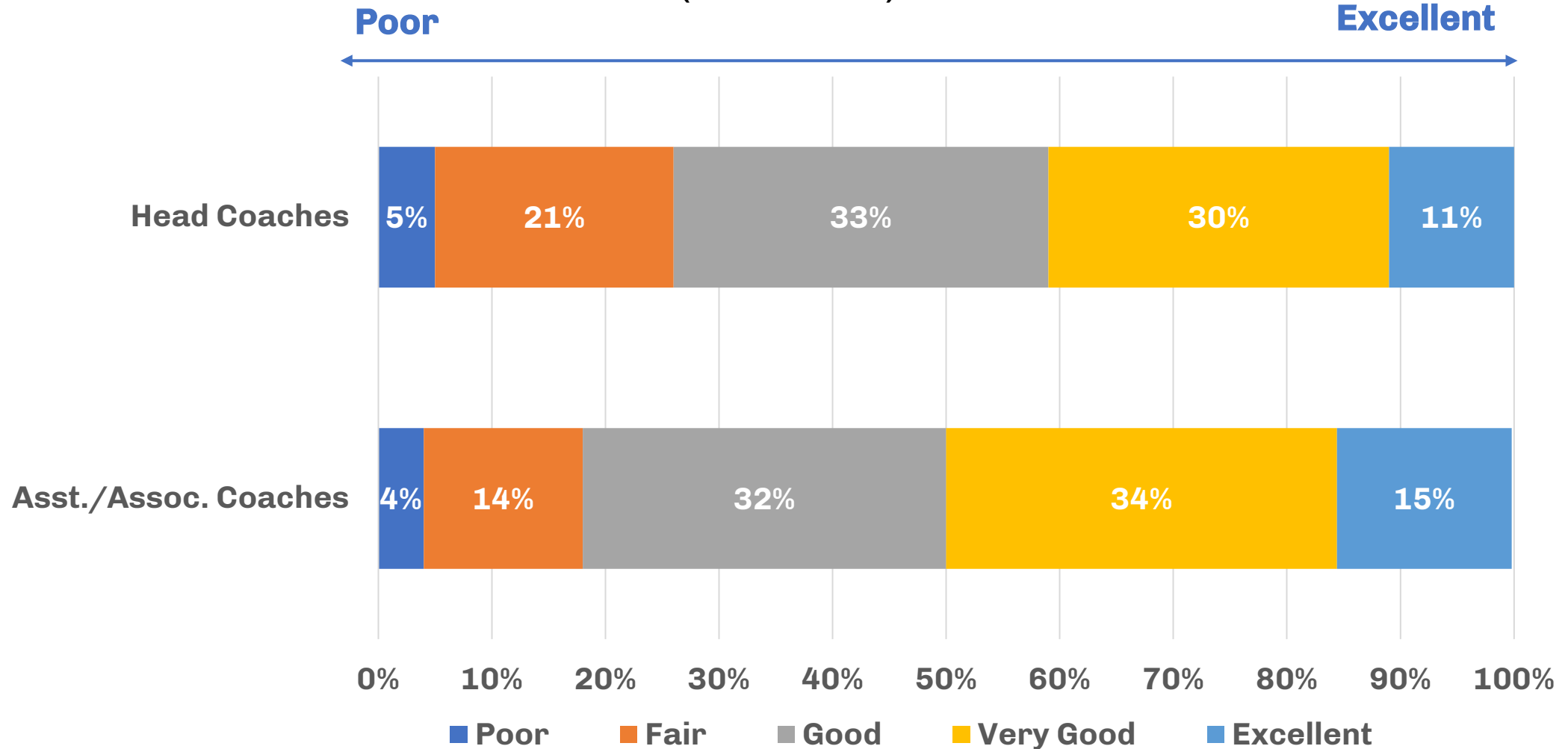
# Summary of Findings

## Division III

**Coaches have felt substantial and unique pressures in their jobs over the past several years, manifesting in high levels of stress and mental exhaustion.**

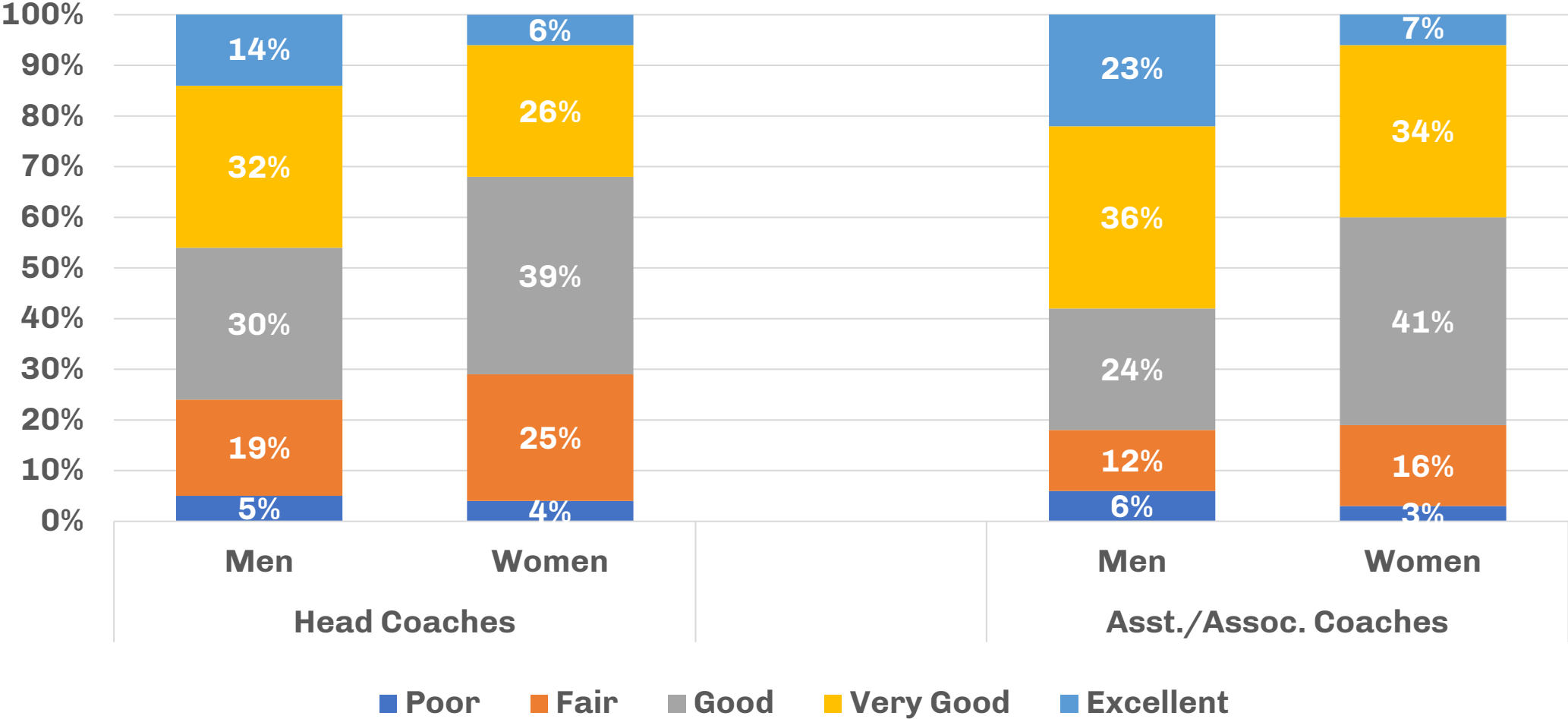


# Self-Reported Overall Mental Health (Division III)



Note: The sum of percentages in each bar may not equal 100% due to rounding. The question asked: "In general, how would you rate your mental health, including your mood and your ability to think?" The survey was in the field March 2-April 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).

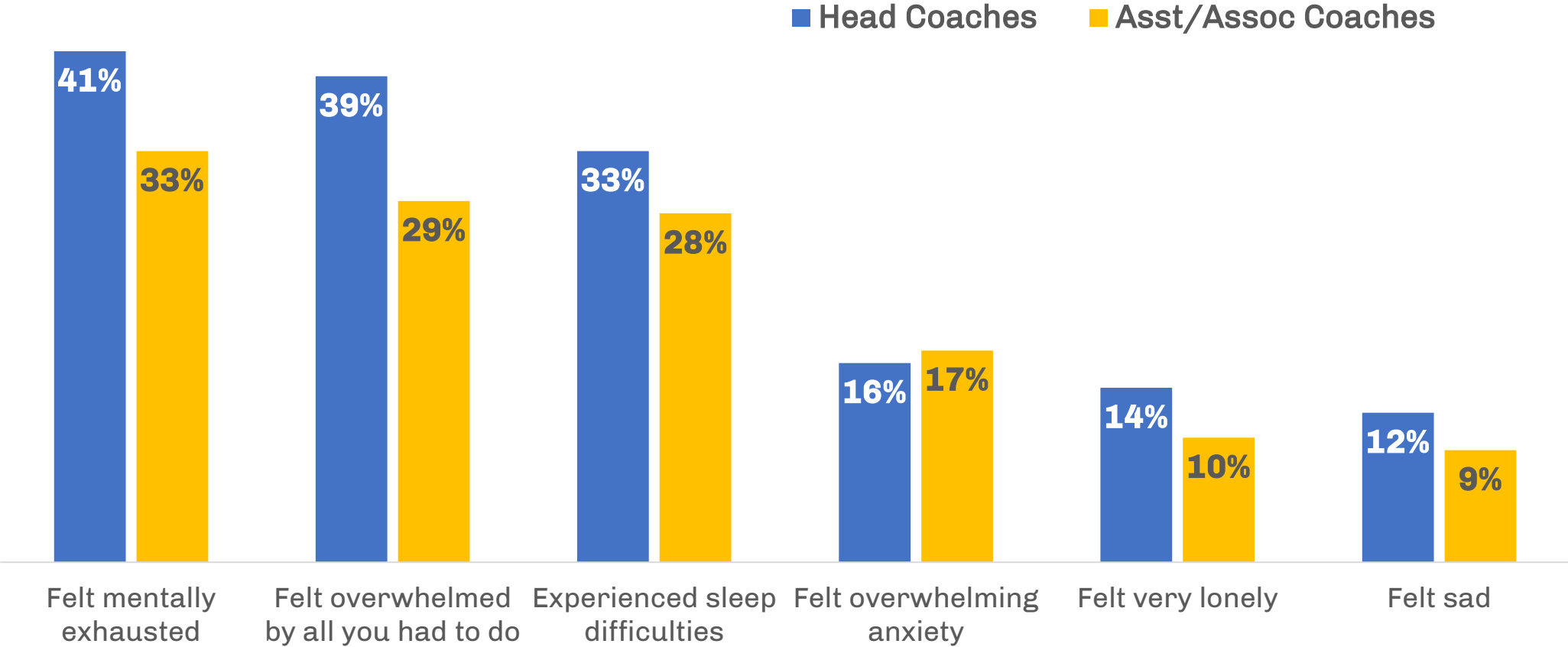
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Note: The sum of percentages in each bar may not equal 100% due to rounding. The question asked: “In general, how would you rate your mental health, including your mood and your ability to think?” Respondents who selected “another gender identity” are not shown due to low numbers. The survey was in the field March 2-April 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).

# Coach Mental Health Concerns

(Percentage of Division III Coaches Responding “Constantly” or “Most Every Day”)

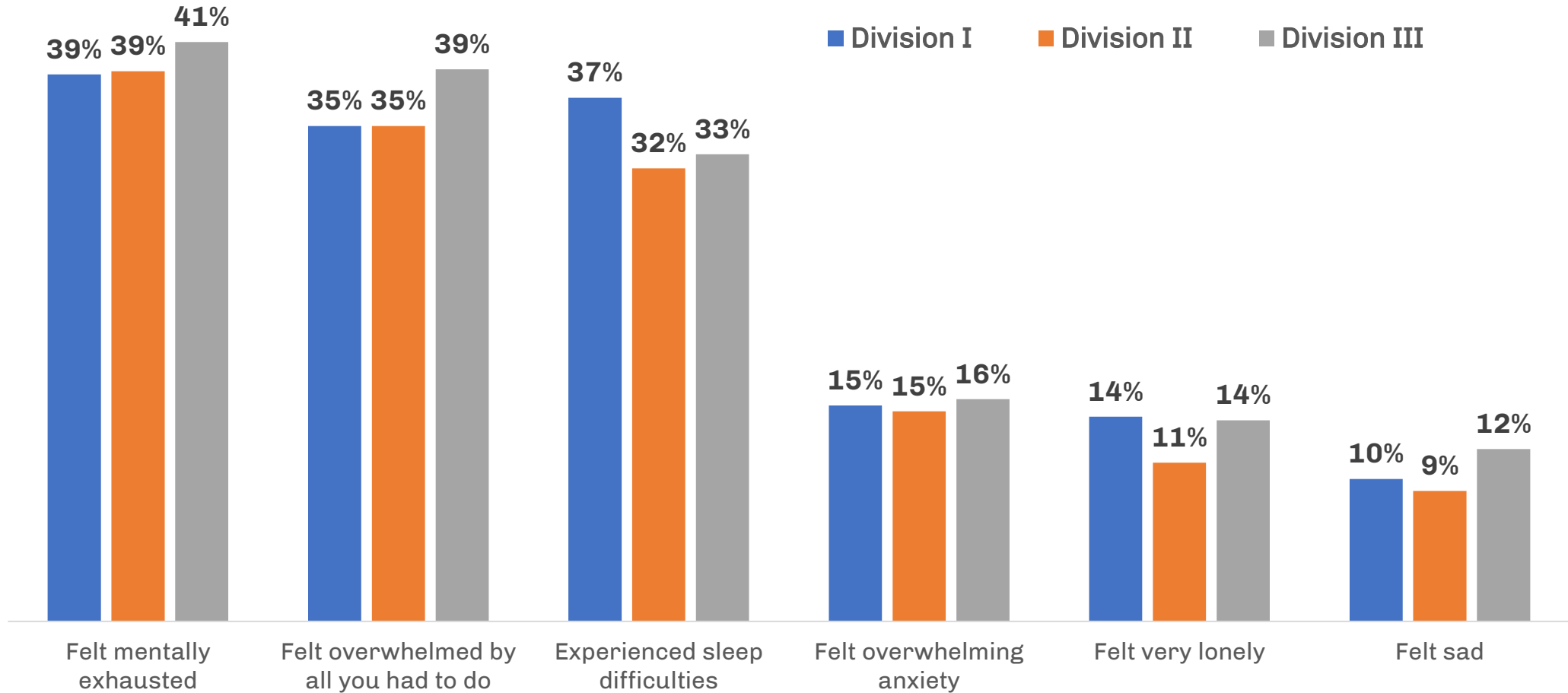


Note: Top 2 points on a 4-point scale. Other concerns endorsed at rates ranging from 4%-8% included a sense of loss, hopelessness, overwhelming anger and depression. The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).



# Head Coach Mental Health Concerns

(Percentage Responding “Constantly” or “Most Every Day”)



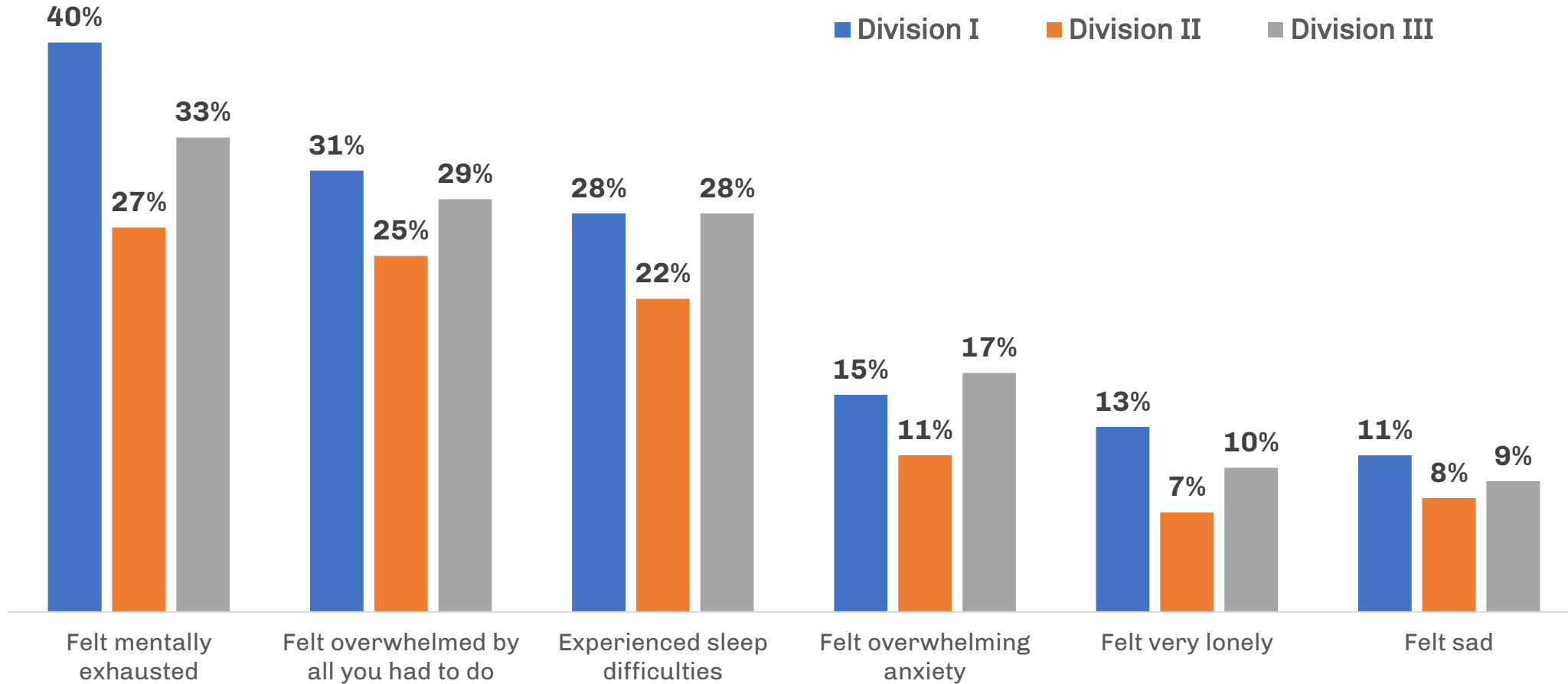
Note: Top 2 points on a 4-point scale. Other concerns endorsed at rates ranging from 4%-8% included a sense of loss, hopelessness, overwhelming anger and depression. The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).



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# Assistant/Associate Coach Mental Health Concerns

(Percentage Responding “Constantly” or “Most Every Day”)



Note: Top 2 points on a 4-point scale. Other concerns endorsed at rates ranging from 4%-8% included a sense of loss, hopelessness, overwhelming anger and depression. The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).

# Coach Mental Health Concerns

(Percentage of Division III Coaches Responding “Constantly” or “Most Every Day” by Gender)

	Head Coaches		Asst./Assoc. Coaches	
	Men (N=974)	Women (N=645)	Men (N=200)	Women (N=152)
Felt mentally exhausted	34%	51%	29%	39%
Felt overwhelmed by all you had to do	32%	49%	23%	36%
Experienced sleep difficulties	31%	37%	26%	29%
Felt overwhelming anxiety	13%	19%	15%	19%
Felt very lonely	12%	16%	10%	9%
Felt sad	10%	14%	10%	7%
Felt a sense of loss	7%	10%	8%	5%
Felt overwhelming anger	8%	7%	8%	6%
Felt things were hopeless	8%	8%	9%	5%
Felt so depressed that it was difficult to function	4%	4%	4%	5%

Note: Top 2 points on a 4-point scale. Not all respondents shared their gender identity; those who selected “another gender identity” are not shown due to low numbers. The survey was in the field March 2-April 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).

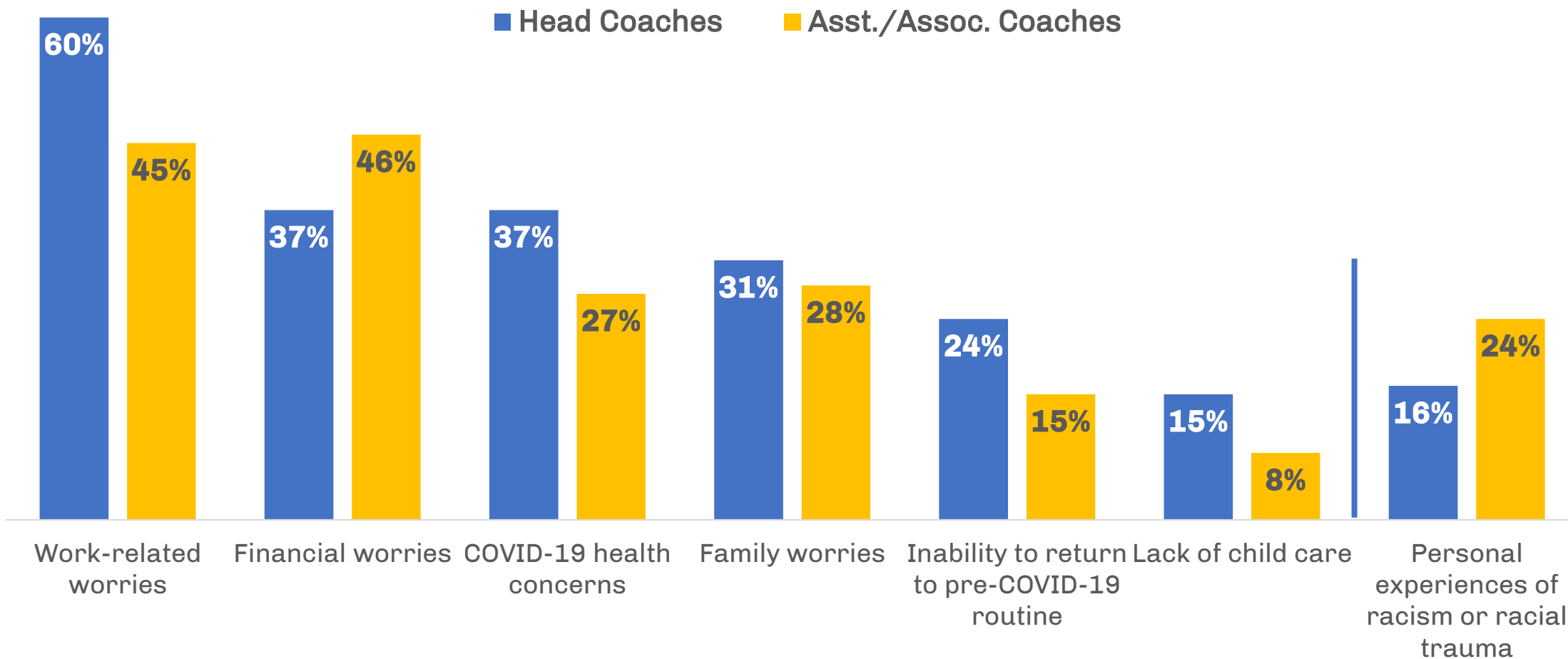


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# Factors Negatively Impacting Coach Mental Health in the 12 Months Before the Survey

(Percentage of Division III Coaches Responding “Agree” or “Strongly Agree”)



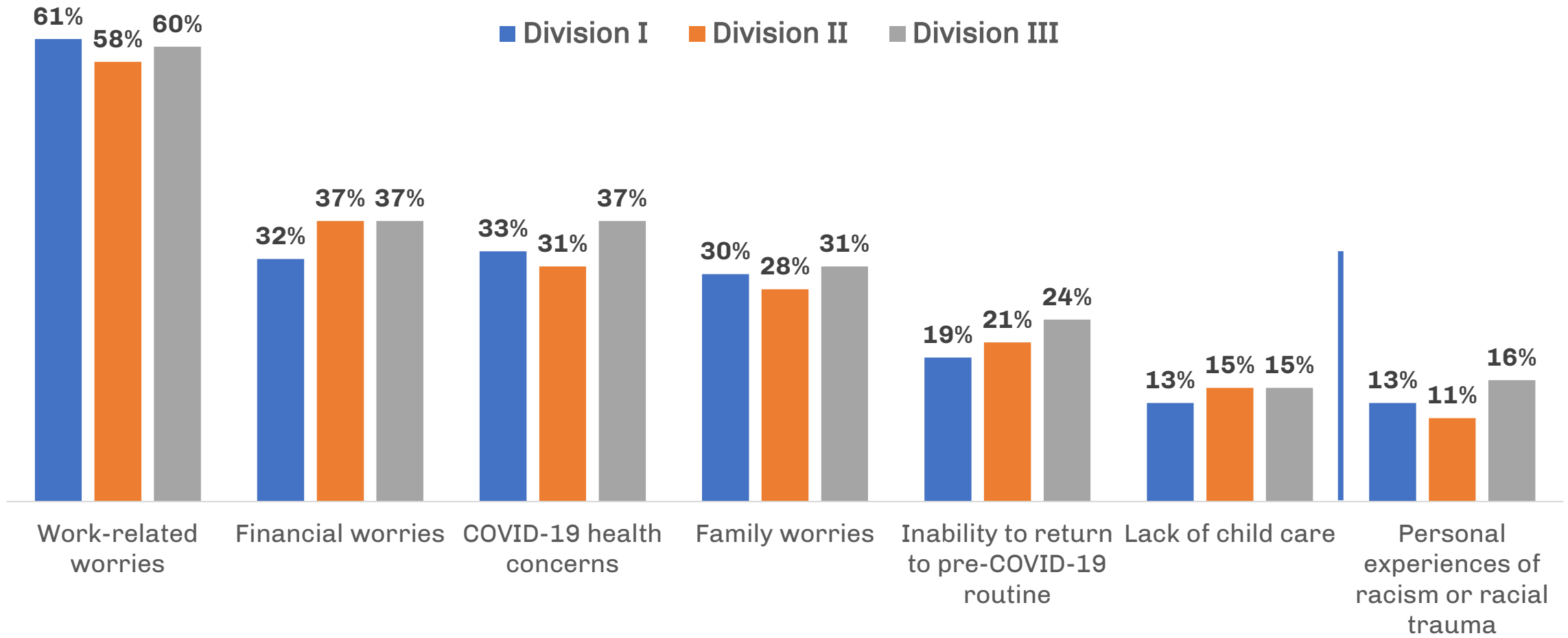
Note: Top 2 points on a 6-point scale. Top 2 points on a 6-point scale. Personal experiences of racism or racial trauma limited to coaches identifying as Black, Indigenous, and people of color only; N=169 head coaches and 50 assistant/associate coaches in sample. All other items apply to every head and assistant/associate coach in the sample. The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).



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# Factors Negatively Impacting Coach Mental Health in the 12 Months Before the Survey

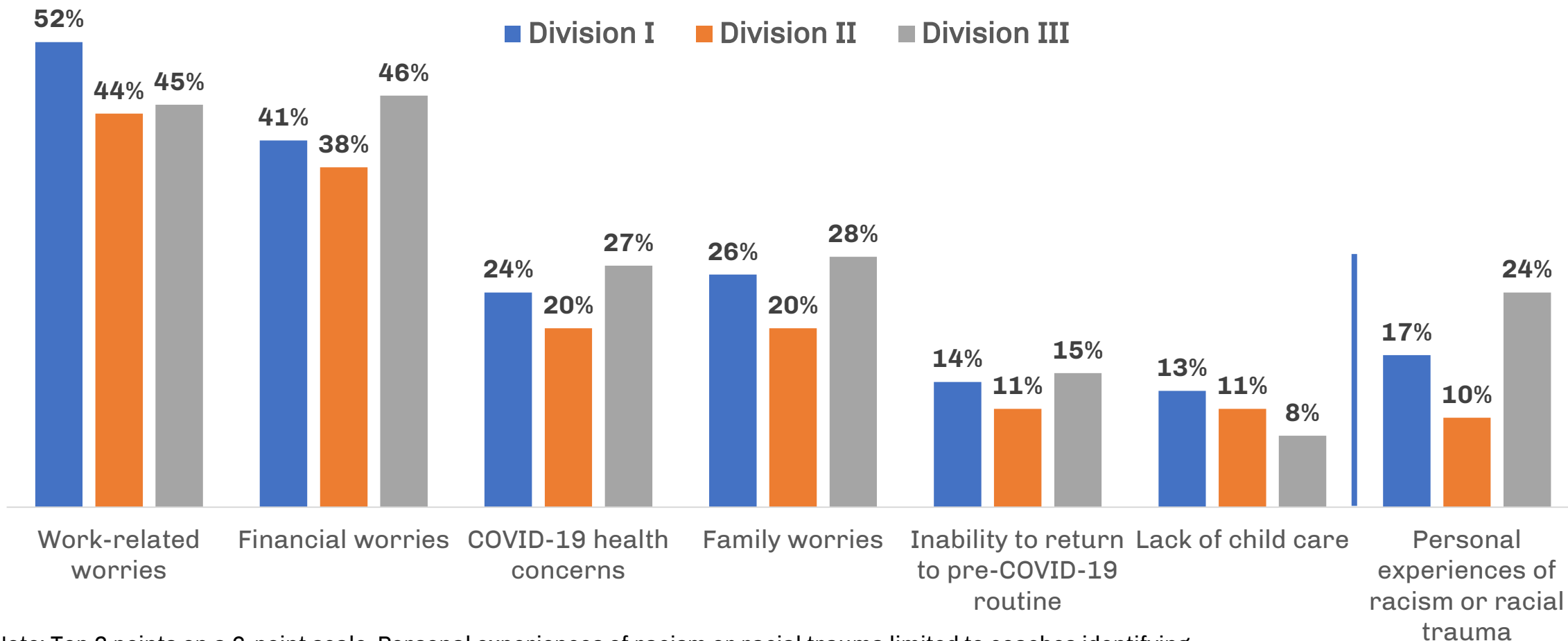
(Percentage of Head Coaches Responding “Agree” or “Strongly Agree” by Division)



Note: Top 2 points on a 6-point scale. Personal experiences of racism or racial trauma limited to coaches identifying as Black, Indigenous, and people of color only; N=210 Division I head coaches, 129 Division II head coaches and 169 Division III head coaches in sample. All other items apply to every head coach in the sample. The survey was in the field March 2-April 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).

# Factors Negatively Impacting Coach Mental Health in the 12 Months Before the Survey

(Percentage of Assistant/Associate Coaches Responding “Agree” or “Strongly Agree” by Division)



Note: Top 2 points on a 6-point scale. Personal experiences of racism or racial trauma limited to coaches identifying as Black, Indigenous, and people of color only; N=201 Division I assistant/associate coaches, 52 Division II assistant/associate coaches and 50 Division III assistant/associate coaches in sample. All other items apply to every assistant/associate coach in the sample. The survey was in the field March 2-April 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).



# Factors Negatively Impacting Coach Mental Health in the 12 Months Before the Survey

(Percentage of Division III Coaches Responding “Agree” or “Strongly Agree” by Gender)

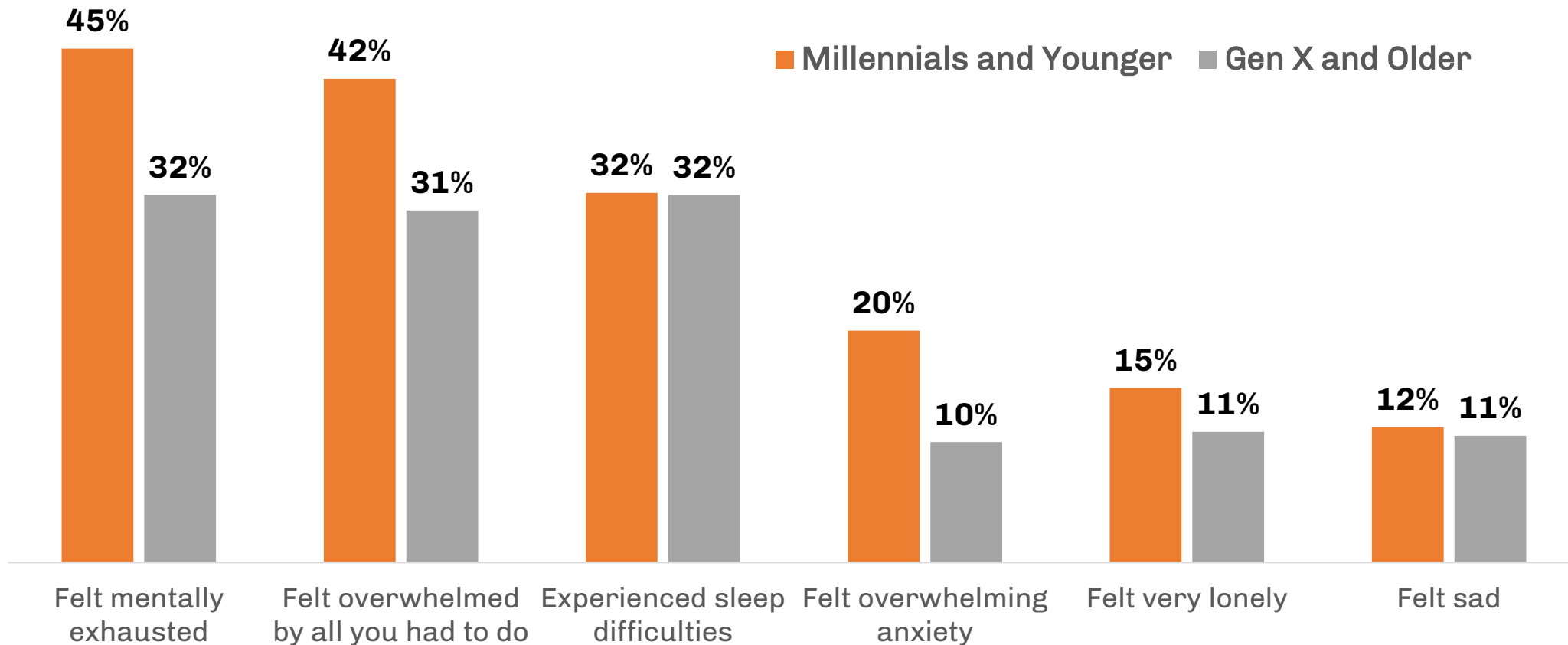
	Head Coaches		Asst./Assoc. Coaches	
	Men (N=974)	Women (N=645)	Men (N=200)	Women (N=152)
Work-related worries	55%	67%	38%	53%
Financial worries	34%	42%	40%	50%
COVID-19 health concerns	34%	40%	23%	31%
Family worries	29%	33%	29%	28%
Inability to return to pre-COVID-19 routine	23%	23%	15%	12%
Lack of child care	13%	17%	9%	7%

Note: Top 2 points on a 6-point scale. Not all respondents shared their gender identity; those who selected “another gender identity” are not shown due to low numbers. The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).

**Young coaches in particular reported higher rates of mental health concerns.**

# Coach Mental Health Concerns by Generational Status

(Percentage of Division III Coaches Responding “Constantly” or “Most Every Day”)



Note: Top 2 points on a 4-point scale. Includes all Division II coaches (head, assistant/associate and other) who shared their age in the sample. Participating in the survey were 112 Gen Z (born 1997-2012) coaches, 1,037 Millennial (born 1981-1996) coaches, 691 Gen X (born 1965-1980) coaches, 235 Baby Boomer (born 1946-1964) and 4 Silent Generation coaches (born 1925-1945). The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).

**Coaches are more concerned than ever about student-athlete mental health and how they can provide support.**



# Head Coaches' Level of Concern About Issues Facing Team

(Percentage Responding "Very Concerned" by Division)

	Division I	Division II	Division III
Supporting SA mental health	55%	50%	58%
Supporting SA physical health	45%	39%	45%
Maintaining a safe environment for team	28%	24%	30%
Advocating for gender equity within athletics dept.	27%	17%	17%
Navigating COVID-19 health restrictions/protocols	25%	25%	33%
Creating an inclusive environment among the team	24%	18%	22%
Navigating changes to the NCAA structure/constitution	18%	9%	6%
Helping SAs navigate NIL opportunities	13%	6%	4%

Note: Participants were asked, "This year (2021-22), what is your level of concern about the following issues in terms of your team and athletics department climate?" The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).



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# Head Coaches' Level of Concern About Issues Facing Team

(Percentage Responding "Very Concerned" by Division and Gender)

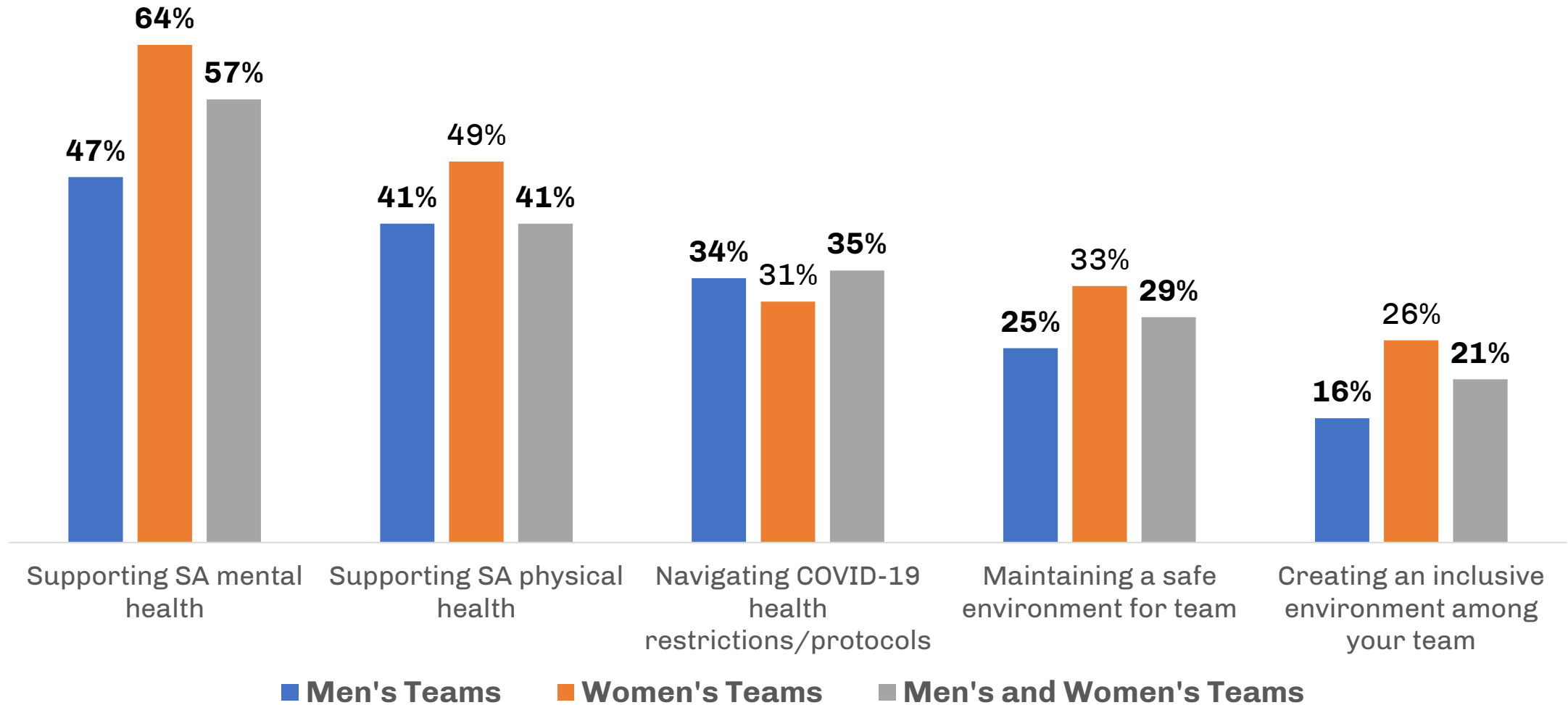
	Division I		Division II		Division III	
	Men	Women	Men	Women	Men	Women
Supporting SA mental health	47%	67%	42%	66%	50%	69%
Supporting SA physical health	40%	50%	32%	55%	40%	54%
Navigating COVID-19 health restrictions/protocols	25%	26%	24%	26%	32%	32%
Maintaining a safe environment for team	24%	33%	22%	29%	27%	35%
Navigating changes to the NCAA structure/constitution	19%	16%	10%	4%	6%	5%
Creating an inclusive environment among the team	19%	34%	15%	25%	18%	29%
Advocating for gender equity within athletics dept	17%	43%	10%	29%	11%	28%
Helping SAs navigate NIL opportunities	13%	14%	6%	6%	4%	3%

Note: Participants were asked, "This year (2021-22), what is your level of concern about the following issues in terms of your team and athletics department climate?" Not all respondents shared their gender identity; those who selected "another gender identity" are not shown due to low numbers. The survey was in the field March 2-April 17, 2022.

Source: NCAA Coach Well-Being Study (Spring 2022).

# Head Coaches' Level of Concern About Issues Facing Team

(Percentage of Division III Head Coaches Responding "Very Concerned" by Gender of Team Coached)

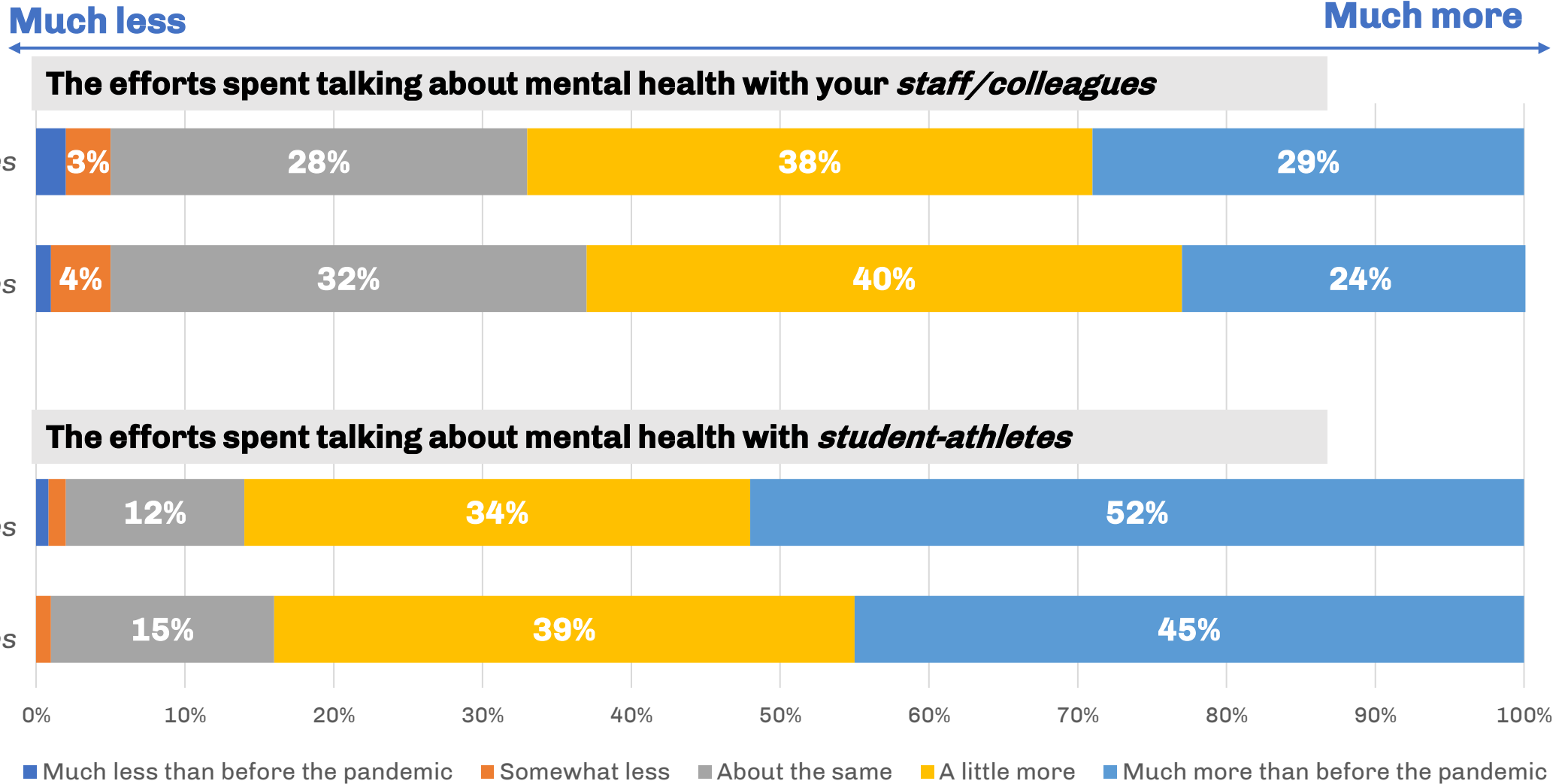


Note: Participants were asked, "This year (2021-22), what is your level of concern about the following issues in terms of your team and athletics department climate?" Items with responses above 25% are depicted. The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).



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# Mental Health Engagement in 2021-22 Compared to Pre-Pandemic Levels (Division III)

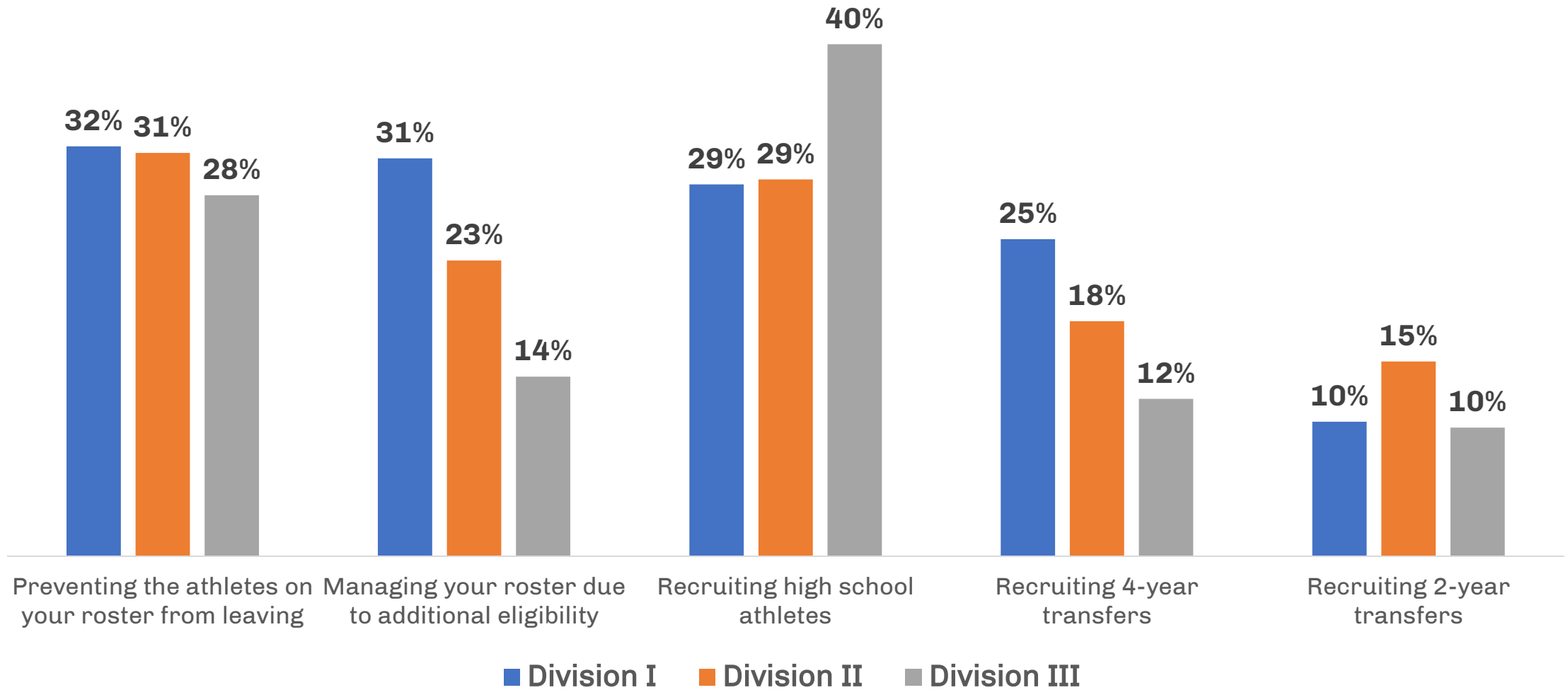


Note: Data labels not shown below 3%. Includes only those respondents who indicated being on a college coaching staff for three or more years. Participants were asked, "Compared to pre-pandemic levels (2019), how much has the following changed during this 2021-22 academic year?" The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).

**Recruiting and roster management have become especially challenging for coaches in many sports.**

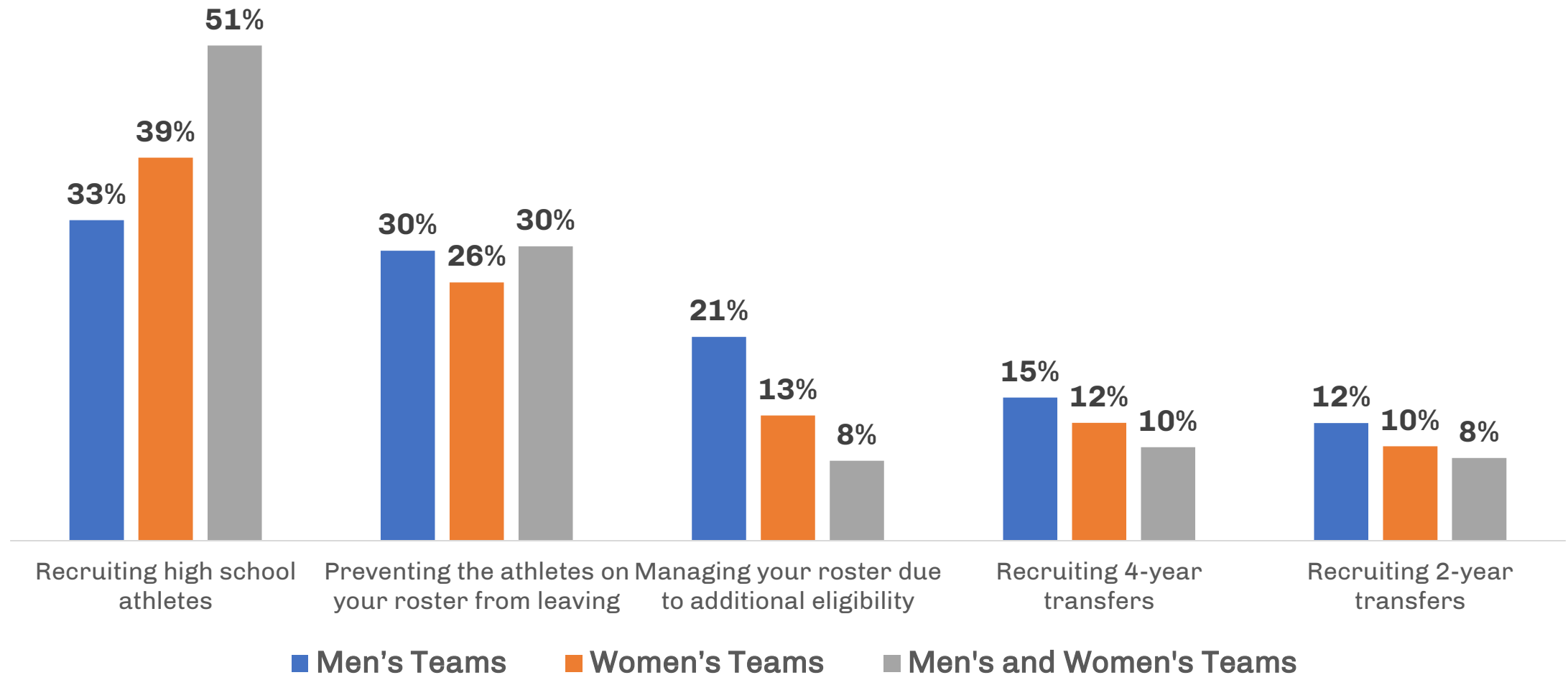


# Percentage of Head Coaches “Very Concerned” About... (By Division)



Note: Participants were asked, “This year (2021-22), what is your level of concern about balancing the following issues in terms of roster management?” The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).

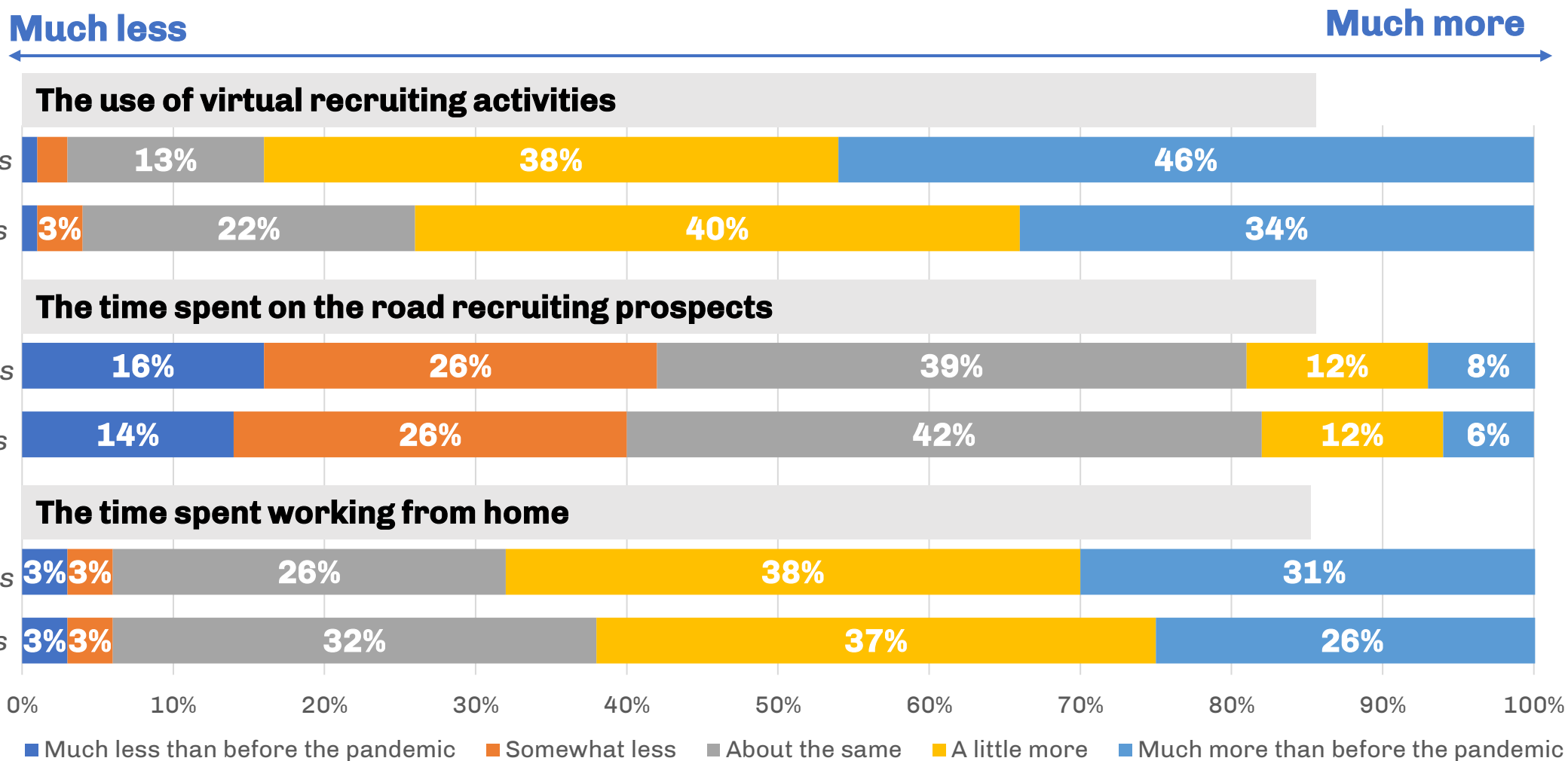
# Percentage of Division III Head Coaches “Very Concerned” About... (By Gender of Team Coached)



Note: Participants were asked, “This year (2021-22), what is your level of concern about balancing the following issues in terms of roster management?” Those coaching both men’s and women’s teams were primarily in the sports of cross country, golf, track and field, and swimming and diving. The survey was in the field Mar. 2-Apr. 17, 2022.  
Source: NCAA Coach Well-Being Study (Spring 2022).

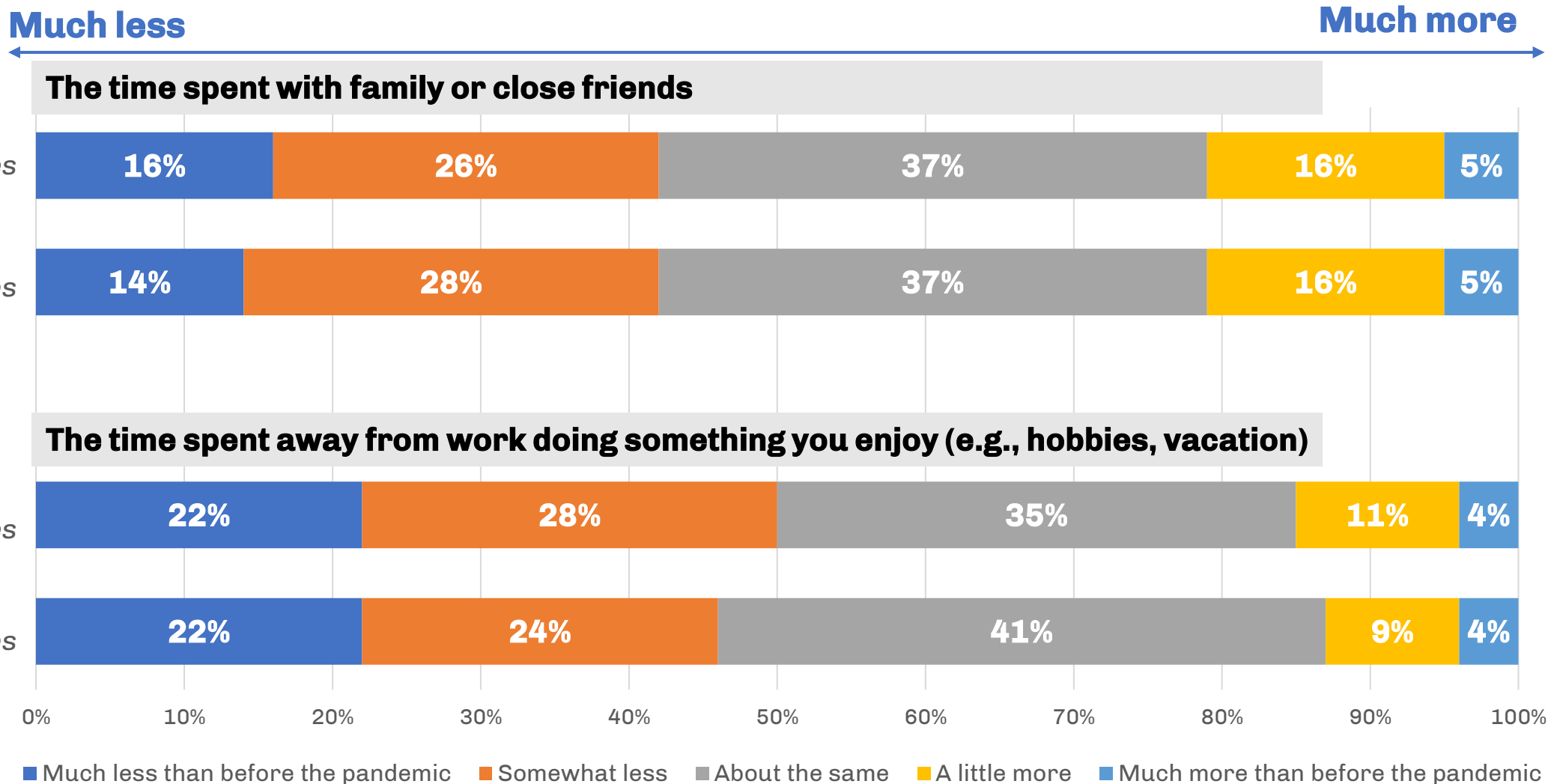
**Coaches want their schools to understand the changing nature of their jobs, the personal challenges confronting them and the support mechanisms that they need to be healthy and successful.**

# Work Behaviors in 2021-22 Compared to Pre-Pandemic Activities (Division III)



Note: Data labels not shown below 3%. Includes only those respondents who indicated being on a college coaching staff for three or more years. Participants were asked, "Compared to pre-pandemic levels (2019), how much has the following changed during this 2021-22 academic year?" The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).

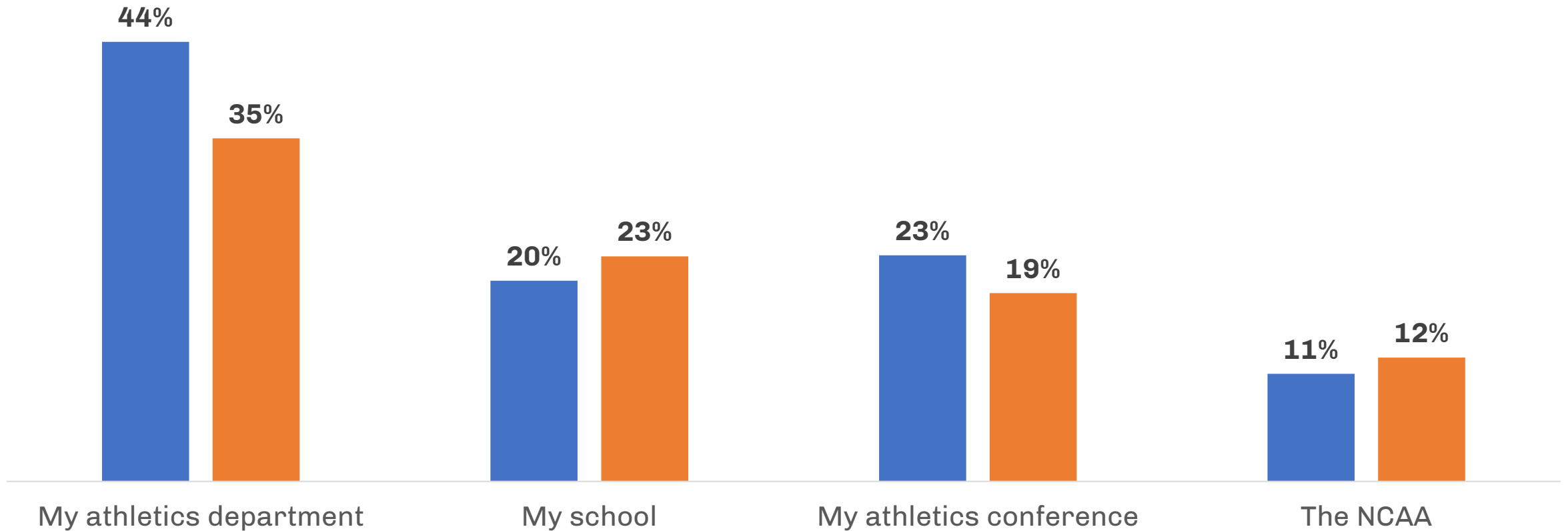
# Social Behaviors in 2021-22 Compared to Pre-Pandemic Levels (Division III)



Note: Includes only those respondents who indicated being on a college coaching staff for three or more years. Participants were asked, "Compared to pre-pandemic levels (2019), how much has the following changed during this 2021-22 academic year?" The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).

# How much do you agree that the following take into account your voice when it comes to important decisions that impact your profession? (Percentage of Division III Coaches Responding “Agree” or “Strongly Agree”)

■ Head Coaches ■ Asst./Assoc. Coaches



Note: Top 2 points on a 6-point scale. The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).



# Open-Ended Responses

## (Division III)

- ▶ **Coaches would like access to mental health resources for their own use.**

*"[I'm] trying to look after the mental health/well-being of others, while feeling like my own has to take a back seat." –Men's Lacrosse Assistant/Associate Coach*

- ▶ **The pressure to 'win now' and budget cuts have fueled concerns about job security.**

*"I struggle with job security. Being on year-to-year contracts can be very concerning when so much of our job safety is in the hands of people 18-22 years old... Coaching afraid of losing your job is a terrible way to feel." –Softball Head Coach*

- ▶ **Coaches want a salary that aligns with a living wage and seek to hire more assistants to help shoulder the increased workload.**

*"My biggest issue is living at or below the poverty line and the school couldn't care less. These jobs are easy to fill and that is used as leverage to exploit the coaches, especially assistants." –Men's Lacrosse Assistant/Associate Coach*

- ▶ **Addressing gender and racial inequities and bias would improve conditions for women coaches and coaches identifying as Black, Indigenous, and people of color.**

*"As a female coach, I have noticed that across other departments that female coaches take on way too much responsibility, are expected to and are underpaid in comparison to their male counterparts who can simply just coach their teams." – Women's Soccer Head Coach*

- ▶ **Athletics departments can support their coaches by appreciating their hard work and seeking their input.**

*"Let us know that as coaches all of our voices are being heard and giving rational for decision making. [...] Too many times it feels as if we are being ignored or opinion is irrelevant." –Men's Soccer Head Coach*

# Appendix Tables

## Division III

**2022 NCAA Coach Well-Being Survey**  
Division III Head Coach Respondents by Subgroup

	All	Sport Gender			Gender Identity		Race/Ethnicity			Sexual Orientation		Generation			
		Men's Team	Women's Team	Men's and Women's Team	Man	Woman	Black	Other	White	Straight	Queer-Spectrum	Gen Z 18-25 yrs	Millennial 26-41 yrs	Gen X 42-57 yrs	Baby Boomer 58-76 yrs
<b>Division III Respondents, N</b>	1,808	500	928	374	974	645	39	130	1,494	1,402	187	24	818	628	210
<b>In general, how would you rate your mental health, including your mood and your ability to think?</b>															
Excellent	11.4	15.6	10.1	9.4	14.4	6.4	20.5	15.4	10.5	12.0	3.8	-	7.5	11.0	26.8
Very Good	29.6	33.3	28.4	27.6	32.4	26.1	33.3	30.8	30.0	30.8	25.8	-	26.6	32.3	36.8
Good	33.1	28.9	34.1	36.5	29.6	39.0	20.5	36.2	33.1	31.8	44.1	-	35.4	32.9	23.9
Fair	21.1	18.6	22.9	19.6	18.5	24.6	17.9	12.3	21.7	20.7	22.0	-	24.4	19.8	11.5
Poor	4.8	3.6	4.5	7.0	5.0	3.9	7.7	5.4	4.7	4.6	4.3	-	6.1	4.0	1.0
<b>Within the last month, have you felt things were hopeless?</b>															
Constantly	1.2	1.4	0.9	1.6	1.2	0.6	2.6	1.6	0.9	1.2	0.0	-	1.4	0.8	0.5
Most every day	6.8	4.9	6.4	9.7	6.3	7.1	2.6	5.5	7.0	6.6	6.5	-	6.5	7.9	4.3
Occasionally	42.4	38.9	44.0	43.5	38.9	47.0	44.7	41.4	41.8	40.7	51.4	-	47.4	39.8	27.5
Never	49.6	54.9	48.7	45.2	53.6	45.3	50.0	51.6	50.2	51.5	42.2	-	44.8	51.5	67.6
<b>Within the last month, have you felt overwhelmed by all you had to do?</b>															
Constantly	11.5	8.0	13.4	11.0	8.7	15.5	18.4	12.3	11.3	11.1	13.4	-	14.9	8.5	5.2
Most every day	27.4	20.0	30.1	30.7	23.3	33.4	13.2	23.1	28.0	26.1	36.6	-	30.8	27.1	15.7
Occasionally	51.8	56.5	49.5	51.6	54.8	48.0	52.6	50.0	52.2	53.0	47.3	-	48.6	54.2	59.0
Never	9.3	15.4	7.0	6.7	13.2	3.1	15.8	14.6	8.5	9.8	2.7	-	5.6	10.2	20.0
<b>Within the last month, have you felt exhausted (not from physical activity)?</b>															
Constantly	11.3	9.3	13.1	9.4	8.5	14.9	10.5	11.5	11.3	10.9	12.8	-	14.0	9.6	3.8
Most every day	29.6	22.9	32.6	31.3	25.3	35.7	18.4	25.4	30.0	28.1	39.6	-	34.4	27.7	16.2
Occasionally	49.4	53.9	46.1	51.3	54.0	43.9	60.5	50.8	49.4	50.8	43.3	-	45.4	53.7	55.7
Never	9.7	13.9	8.2	8.0	12.2	5.4	10.5	12.3	9.3	10.1	4.3	-	6.3	9.1	24.3
<b>Within the last month, have you felt very lonely?</b>															
Constantly	3.2	1.4	4.3	2.9	1.5	4.8	10.5	2.3	2.9	2.7	3.7	-	3.7	2.7	1.4
Most every day	11.0	9.5	11.3	11.8	10.6	10.9	2.6	10.8	11.1	10.3	14.4	-	12.5	11.2	4.3
Occasionally	37.3	35.8	37.9	38.1	35.5	39.8	31.6	36.2	37.4	36.7	43.3	-	37.0	38.0	34.6
Never	48.4	53.3	46.4	47.2	52.3	44.6	55.3	50.8	48.6	50.3	38.5	-	46.9	48.2	59.6
<b>Within the last month, have you felt sad?</b>															
Constantly	2.2	1.6	2.4	2.4	1.8	2.0	7.9	3.1	1.8	1.9	1.6	-	2.3	2.1	1.0
Most every day	10.0	6.8	11.4	10.5	8.7	11.5	7.9	10.1	10.0	9.0	14.5	-	10.3	10.9	4.8
Occasionally	54.3	49.6	56.0	56.5	50.8	60.2	44.7	51.2	54.8	54.2	61.3	-	56.9	52.9	49.3
Never	33.5	42.0	30.2	30.6	38.8	26.2	39.5	35.7	33.4	34.9	22.6	-	30.4	34.2	45.0
<b>Within the last month, have you felt so depressed that it was difficult to function?</b>															
Constantly	1.1	1.0	1.1	1.1	0.7	1.1	2.6	1.5	0.8	0.9	0.5	-	1.4	0.3	0.5
Most every day	3.6	2.0	3.6	5.4	3.2	3.1	2.6	4.6	3.3	3.1	4.8	-	4.2	2.9	1.4
Occasionally	24.8	19.6	27.1	25.3	21.7	29.4	26.3	19.2	25.1	23.4	35.3	-	27.8	25.0	13.0
Never	70.6	77.3	68.2	68.3	74.4	66.4	68.4	74.6	70.8	72.5	59.4	-	66.7	71.8	85.0
<b>Within the last month, have you felt overwhelming anxiety?</b>															
Constantly	4.1	3.0	4.9	3.7	2.8	5.3	0.0	2.3	4.2	3.8	5.3	-	5.5	2.9	0.5
Most every day	11.6	8.4	12.4	13.4	10.5	13.5	10.5	14.6	11.5	11.6	14.4	-	15.2	8.8	6.7
Occasionally	44.1	43.8	43.9	45.2	41.1	49.7	28.9	43.1	44.9	42.6	56.1	-	46.4	44.2	35.7
Never	40.2	44.8	38.8	37.7	45.6	31.5	60.5	40.0	39.5	42.0	24.1	-	32.9	44.2	57.1
<b>Within the last month, have you felt overwhelming anger?</b>															
Constantly	1.9	2.0	1.4	3.2	2.2	1.2	5.3	2.3	1.7	1.9	1.1	-	2.1	2.1	1.0
Most every day	6.0	5.2	5.6	7.5	5.8	6.1	10.5	5.4	5.9	6.0	5.9	-	6.9	5.9	3.4
Occasionally	39.7	41.3	39.0	39.3	39.0	42.1	28.9	39.2	40.6	39.7	43.0	-	42.0	41.7	31.9
Never	52.4	51.4	54.0	50.0	53.0	50.6	55.3	53.1	51.7	52.5	50.0	-	49.1	50.3	63.8
<b>Within the last month, have you felt a sense of loss?</b>															
Constantly	2.0	1.6	1.8	2.7	1.7	2.0	2.7	0.0	2.0	1.7	2.7	-	2.3	1.4	1.9
Most every day	6.7	4.7	7.5	7.3	4.9	8.5	8.1	6.9	6.4	6.4	8.6	-	7.1	6.7	3.9
Occasionally	37.5	35.3	38.4	38.5	37.8	37.4	21.6	38.5	38.1	36.0	45.2	-	35.8	40.8	34.8
Never	53.8	58.4	52.3	51.5	55.7	52.1	67.6	54.6	53.5	55.9	43.5	-	54.7	51.0	59.4
<b>Within the last month, have you experienced sleep difficulties (e.g., trouble falling asleep, waking too early)?</b>															
Constantly	10.0	9.7	11.2	7.2	9.3	10.1	18.4	14.6	9.2	9.9	6.5	-	11.5	8.9	7.2
Most every day	23.3	21.3	24.5	23.0	22.0	26.4	23.7	16.2	24.0	23.3	26.3	-	22.7	25.5	19.1
Occasionally	48.2	49.3	46.9	50.0	47.9	48.2	36.8	46.9	48.6	47.3	55.4	-	47.7	48.5	47.4
Never	18.5	19.7	17.3	19.8	20.8	15.2	21.1	22.3	18.2	19.4	11.8	-	18.1	17.1	26.3

Notes: Use caution when interpreting data from subgroups with <50 respondents. Percentages for subgroups with <30 are suppressed. Respondents who selected "another gender identity" and "77 or older" are not shown in their respective gender identity and generation groupings due to low numbers. "Other" includes those who selected American Indian/Alaska Native, Asian, Hispanic/Latino/a/x, Native Hawaiian/Pacific Islander, Middle Eastern/North African, other, and multiple identities. "Queer-spectrum" includes those who self-identified as gay, lesbian, bisexual, pansexual, queer, questioning/unsure or another identity.

**2022 NCAA Coach Well-Being Survey**  
Division III Head Coach Respondents by Subgroup

	All	Sport Gender			Gender Identity		Race/Ethnicity			Sexual Orientation		Generation			
		Men's Team	Women's Team	Men's and Women's Team	Man	Woman	Black	Other	White	Straight	Queer-Spectrum	Gen Z 18-25 yrs	Millennial 26-41 yrs	Gen X 42-57 yrs	Baby Boomer 58-76 yrs
<b>Division III Respondents, N</b>	1,808	500	928	374	974	645	39	130	1,494	1,402	187	24	818	628	210
<b>How much do you agree or disagree that <u>family worries</u> have negatively impacted your mental health within the last 12 months?</b>															
Strongly agree	11.9	10.6	13.0	10.7	10.0	14.1	12.8	8.5	12.1	11.1	14.5	-	11.9	13.6	9.0
Agree	19.3	20.4	20.2	15.8	18.8	19.3	20.5	20.2	18.6	18.9	20.4	-	17.9	20.8	17.6
Somewhat agree	26.1	22.4	26.4	30.0	25.1	28.0	25.6	29.5	26.1	26.4	25.3	-	26.2	27.5	21.9
Somewhat disagree	7.9	7.4	8.1	8.0	8.0	7.9	7.7	9.3	7.8	7.8	9.1	-	8.2	8.5	4.8
Disagree	18.6	20.2	17.4	19.8	19.7	17.1	17.9	16.3	19.0	18.8	17.2	-	19.7	17.7	18.1
Strongly disagree	16.2	18.8	14.9	15.5	18.4	13.7	15.4	16.3	16.4	16.9	13.4	-	16.2	12.0	28.6
<b>How much do you agree or disagree that <u>work-related worries</u> have negatively impacted your mental health within the last 12 months?</b>															
Strongly agree	26.2	19.1	30.3	24.9	20.6	34.1	35.9	29.5	25.7	24.7	34.4	-	29.7	26.4	13.8
Agree	33.8	34.0	32.7	36.7	34.7	32.8	12.8	30.2	34.6	33.4	41.4	-	32.8	35.4	30.5
Somewhat agree	23.6	24.3	23.1	24.4	24.7	23.2	33.3	24.8	23.6	24.8	17.2	-	24.5	22.9	25.2
Somewhat disagree	5.3	8.5	3.8	4.6	6.6	2.8	2.6	3.9	5.4	5.7	1.6	-	4.9	5.8	5.2
Disagree	6.4	7.8	6.2	4.8	7.0	4.7	7.7	4.7	6.2	6.5	3.2	-	4.0	6.4	13.8
Strongly disagree	4.7	6.2	4.0	4.6	6.3	2.5	7.7	7.0	4.5	4.9	2.2	-	4.0	3.0	11.4
<b>How much do you agree or disagree that <u>COVID-19 health concerns</u> have negatively impacted your mental health within the last 12 months?</b>															
Strongly agree	13.2	11.9	14.6	11.5	10.1	17.1	12.8	15.4	12.9	12.0	19.8	-	14.2	13.3	10.5
Agree	23.7	24.0	23.9	23.1	23.7	23.3	35.9	23.8	22.9	23.3	25.7	-	20.9	26.0	25.4
Somewhat agree	27.0	24.0	28.0	29.0	26.8	28.1	17.9	28.5	27.5	27.3	28.9	-	26.5	27.9	27.8
Somewhat disagree	10.0	9.3	9.9	11.0	9.5	10.7	7.7	7.7	10.3	10.3	8.0	-	9.8	9.3	12.4
Disagree	13.4	13.9	13.4	12.6	14.3	12.9	17.9	14.6	13.7	14.0	11.8	-	14.2	13.6	12.9
Strongly disagree	12.7	16.9	10.3	12.9	15.6	7.9	7.7	10.0	12.8	13.2	5.9	-	14.4	9.9	11.0
<b>How much do you agree or disagree that <u>financial worries</u> have negatively impacted your mental health within the last 12 months?</b>															
Strongly agree	15.3	13.9	17.4	11.6	12.7	19.3	25.6	21.7	14.6	14.7	19.8	-	18.9	13.6	7.7
Agree	21.8	22.3	22.3	20.2	21.5	22.7	12.8	25.6	22.0	21.3	28.3	-	22.4	23.6	15.4
Somewhat agree	24.8	26.2	23.8	25.6	26.5	22.4	28.2	24.8	24.6	25.1	21.9	-	26.5	22.5	22.6
Somewhat disagree	12.1	10.7	11.8	14.6	11.2	12.0	5.1	8.5	12.3	12.1	7.5	-	10.8	12.8	12.5
Disagree	15.7	16.1	14.8	17.8	15.2	16.8	17.9	10.9	16.1	15.9	16.6	-	14.3	17.1	18.8
Strongly disagree	10.2	10.9	9.9	10.2	12.9	6.8	10.3	8.5	10.5	10.9	5.9	-	7.1	10.4	23.1
<b>How much do you agree or disagree that <u>lack of childcare</u> has negatively impacted your mental health within the last 12 months?</b>															
Strongly agree	7.1	8.5	6.6	6.3	6.0	8.3	2.8	5.6	7.1	7.3	6.2	-	10.7	4.2	1.5
Agree	8.0	8.1	9.1	5.2	7.4	9.0	5.6	9.5	8.1	8.0	9.6	-	10.4	7.0	2.9
Somewhat agree	10.3	10.2	10.5	9.9	9.3	11.2	8.3	13.5	9.7	10.1	9.6	-	12.8	9.5	2.0
Somewhat disagree	4.6	5.3	3.2	7.2	5.7	3.2	11.1	4.8	4.5	5.0	1.7	-	4.4	6.0	1.5
Disagree	17.2	18.9	15.4	19.3	17.0	15.6	11.1	19.0	16.6	16.2	15.2	-	15.5	20.6	11.3
Strongly disagree	52.8	49.0	55.1	52.1	54.6	52.6	61.1	47.6	54.1	53.5	57.9	-	46.2	52.8	80.9
<b>How much do you agree or disagree that <u>the inability to return to your pre-COVID routine at work</u> has negatively impacted your mental health within the last 12 months?</b>															
Strongly agree	7.8	8.9	8.5	4.6	7.0	8.2	12.8	10.8	7.4	7.7	8.6	-	8.9	8.2	4.3
Agree	15.7	16.9	14.5	17.0	16.2	15.2	7.7	16.9	15.7	15.2	19.3	-	15.4	17.8	10.0
Somewhat agree	24.1	21.5	24.4	27.0	23.3	25.2	20.5	22.3	24.2	24.0	21.9	-	22.2	25.3	26.7
Somewhat disagree	11.5	9.1	13.1	10.8	10.3	12.6	12.8	12.3	11.2	11.4	10.7	-	12.2	11.4	9.0
Disagree	19.5	20.5	19.2	18.9	19.2	20.7	23.1	14.6	19.9	19.5	21.9	-	19.6	19.2	19.5
Strongly disagree	21.4	23.1	20.3	21.8	24.1	18.2	23.1	23.1	21.5	22.1	17.6	-	21.6	18.1	30.5
<b>How much do you agree or disagree that <u>natural disasters</u> (e.g., flooding, hurricanes, wildfires) impacting your community have negatively impacted your mental health within the last 12 months?</b>															
Strongly agree	0.7	1.0	0.7	0.3	0.5	0.8	0.0	0.0	0.7	0.6	0.0	-	0.7	0.5	1.0
Agree	1.9	1.6	2.1	1.9	2.0	2.2	2.9	3.1	1.9	1.8	3.8	-	1.7	1.8	3.4
Somewhat agree	5.9	4.5	6.7	6.0	4.7	7.5	2.9	7.0	5.9	5.4	9.3	-	4.8	6.4	8.7
Somewhat disagree	6.7	5.5	6.8	7.9	5.5	8.6	5.7	12.4	6.3	6.8	6.6	-	7.2	7.1	4.4
Disagree	23.5	23.7	23.7	23.1	21.4	25.9	37.1	24.8	22.3	22.1	24.7	-	24.3	22.8	17.5
Strongly disagree	61.3	63.7	60.2	60.9	65.9	55.0	51.4	52.7	62.9	63.2	55.5	-	61.3	61.4	65.0

Notes: Use caution when interpreting data from subgroups with <50 respondents. Percentages for subgroups with <30 are suppressed. Respondents who selected "another gender identity" and "77 or older" are not shown in their respective gender identity and generation groupings due to low numbers. "Other" includes those who selected American Indian/Alaska Native, Asian, Hispanic/Latino/a/x, Native Hawaiian/Pacific Islander, Middle Eastern/North African, other, and multiple identities. "Queer-spectrum" includes those who self-identified as gay, lesbian, bisexual, pansexual, queer, questioning/unsure or another identity.

**2022 NCAA Coach Well-Being Survey**  
**Division III Head Coach Respondents by Subgroup**

	All	Sport Gender			Gender Identity		Race/Ethnicity			Sexual Orientation		Generation			
		Men's Team	Women's Team	Men's and Women's Team	Man	Woman	Black	Other	White	Straight	Queer-Spectrum	Gen Z 18-25 yrs	Millennial 26-41 yrs	Gen X 42-57 yrs	Baby Boomer 58-76 yrs
<b>Division III Respondents, N</b>	1,808	500	928	374	974	645	39	130	1,494	1,402	187	24	818	628	210
<b>How much do you agree or disagree that <u>personal experiences of racism or racial trauma</u> have negatively impacted your mental health within the last 12 months?</b>															
Strongly agree	1.3	1.0	1.3	1.6	1.1	1.3	18.4	2.3	0.6	1.3	0.0	-	1.2	1.0	1.4
Agree	2.5	1.0	3.5	1.9	1.8	3.9	21.1	6.9	1.7	1.9	7.1	-	2.3	2.7	2.4
Somewhat agree	7.3	7.1	8.2	5.7	6.5	7.7	28.9	14.6	5.7	7.1	7.1	-	6.4	7.7	6.2
Somewhat disagree	5.5	4.6	6.2	5.1	5.1	6.0	5.3	8.5	5.1	5.3	7.1	-	4.6	6.8	3.3
Disagree	23.7	22.2	24.3	24.3	21.1	26.5	15.8	30.8	22.9	22.5	24.2	-	23.5	25.9	18.2
Strongly disagree	59.7	64.0	56.5	61.5	64.4	54.7	10.5	36.9	64.0	61.9	54.4	-	62.0	55.9	68.4
<b>How much do you agree or disagree that <u>political disagreements with family or friends</u> have negatively impacted your mental health within the last 12 months?</b>															
Strongly agree	2.1	0.6	2.8	1.9	1.1	3.3	5.3	2.3	2.0	1.7	4.3	-	2.0	2.2	2.9
Agree	6.5	6.3	7.3	5.1	5.5	7.6	5.3	9.2	6.4	5.7	12.4	-	5.9	8.5	3.8
Somewhat agree	17.2	15.8	18.0	17.3	14.8	19.8	18.4	20.8	16.4	15.7	23.7	-	14.6	19.4	17.2
Somewhat disagree	10.9	8.3	11.1	14.3	10.9	11.0	5.3	10.8	10.8	10.8	11.3	-	11.7	10.0	8.6
Disagree	22.9	23.4	23.2	21.8	22.5	23.8	34.2	23.8	22.6	22.6	22.6	-	23.5	23.4	21.1
Strongly disagree	40.4	45.7	37.6	39.6	45.2	34.5	31.6	33.1	41.8	43.4	25.8	-	42.4	36.4	46.4
<b>Compared to pre-pandemic levels (2019), how much have the <u>efforts spent talking about mental health with student-athletes</u> changed during the 2021-22 academic year?</b>															
Much more than before the pandemic	52.3	39.5	57.9	54.8	47.5	59.7	56.8	55.1	51.9	51.9	61.5	-	54.9	51.2	44.8
A little more	33.5	40.4	30.8	31.6	36.0	30.0	29.7	30.5	33.9	33.6	32.4	-	33.0	35.5	30.3
About the same	12.3	17.2	9.6	12.7	14.2	8.8	13.5	13.6	12.1	12.5	6.0	-	10.9	11.5	20.4
Somewhat less	1.3	2.3	1.1	0.6	1.5	1.1	0.0	0.8	1.4	1.4	0.0	-	0.6	1.5	3.5
Much less than before the pandemic	0.6	0.7	0.6	0.3	0.8	0.3	0.0	0.0	0.6	0.6	0.0	-	0.6	0.3	1.0
<b>Compared to pre-pandemic levels (2019), how much have the <u>efforts spent talking about mental health with your staff/colleagues</u> changed during the 2021-22 academic year?</b>															
Much more than before the pandemic	29.3	21.8	32.9	30.0	26.2	33.0	38.9	28.0	29.1	28.3	36.3	-	29.4	30.4	25.5
A little more	38.4	41.1	35.5	41.8	40.8	35.3	33.3	40.7	38.1	38.7	37.9	-	37.1	39.3	41.0
About the same	27.5	31.4	26.3	25.8	28.7	26.1	19.4	28.0	28.1	28.3	20.3	-	27.9	26.3	29.0
Somewhat less	2.5	3.9	2.6	0.6	2.4	2.6	2.8	2.5	2.5	2.5	2.7	-	2.8	2.3	2.0
Much less than before the pandemic	2.2	1.8	2.6	1.8	1.8	2.9	5.6	0.8	2.3	2.2	2.7	-	2.7	1.7	2.5
<b>Compared to pre-pandemic levels (2019), how much has the <u>time spent on the road recruiting prospects</u> changed during the 2021-22 academic year?</b>															
Much more than before the pandemic	7.6	6.6	8.9	5.5	7.3	7.7	10.8	12.0	7.0	7.7	5.5	-	7.2	8.0	8.0
A little more	11.8	10.7	13.8	8.0	11.3	12.3	5.4	20.5	11.1	11.4	8.8	-	10.7	13.0	11.5
About the same	38.8	41.3	38.8	35.8	38.4	39.4	18.9	30.8	39.8	38.5	41.2	-	39.3	36.4	43.0
Somewhat less	25.7	27.0	24.5	26.9	25.4	26.5	32.4	19.7	26.3	26.3	24.2	-	26.8	25.8	22.0
Much less than before the pandemic	16.2	14.5	14.0	23.9	17.6	14.2	32.4	17.1	15.8	16.1	20.3	-	16.0	16.8	15.5
<b>Compared to pre-pandemic levels (2019), how much has the <u>use of virtual recruiting activities</u> changed during the 2021-22 academic year?</b>															
Much more than before the pandemic	46.4	39.0	49.5	48.2	44.7	49.3	59.5	43.2	45.8	46.0	50.0	-	45.8	48.8	39.3
A little more	37.8	39.5	37.0	38.5	36.9	39.3	29.7	34.7	38.7	38.1	37.9	-	40.1	36.7	34.8
About the same	13.1	18.8	11.2	10.0	15.7	8.8	8.1	17.8	12.9	13.2	9.9	-	11.7	12.3	20.4
Somewhat less	1.6	1.6	1.4	1.5	1.5	1.8	2.7	1.7	1.5	1.5	1.6	-	1.2	1.3	4.0
Much less than before the pandemic	1.1	1.1	0.8	1.8	1.2	0.8	0.0	2.5	1.1	1.2	0.5	-	1.3	0.8	1.5
<b>Compared to pre-pandemic levels (2019), how much has the <u>time spent working from home</u> changed during the 2021-22 academic year?</b>															
Much more than before the pandemic	30.8	23.3	33.1	35.0	29.2	34.0	40.5	30.5	30.5	29.6	41.8	-	30.7	30.6	32.2
A little more	38.2	40.3	37.1	38.4	38.8	37.6	29.7	38.1	38.5	38.4	39.6	-	39.7	38.8	31.2
About the same	25.6	32.4	23.2	22.7	27.7	21.4	16.2	24.6	25.9	27.2	13.2	-	23.3	26.6	30.2
Somewhat less	2.7	2.0	3.6	1.2	1.8	4.1	10.8	2.5	2.5	2.5	2.7	-	2.7	2.7	3.0
Much less than before the pandemic	2.7	2.0	3.0	2.7	2.5	2.9	2.7	4.2	2.6	2.4	2.7	-	3.6	1.3	3.5

Notes: Use caution when interpreting data from subgroups with <50 respondents. Percentages for subgroups with <30 are suppressed. Respondents who selected "another gender identity" and "77 or older" are not shown in their respective gender identity and generation groupings due to low numbers. "Other" includes those who selected American Indian/Alaska Native, Asian, Hispanic/Latino/a/x, Native Hawaiian/Pacific Islander, Middle Eastern/North African, other, and multiple identities. "Queer-spectrum" includes those who self-identified as gay, lesbian, bisexual, pansexual, queer, questioning/unsure or another identity.

**2022 NCAA Coach Well-Being Survey**  
Division III Head Coach Respondents by Subgroup

	All	Sport Gender			Gender Identity		Race/Ethnicity			Sexual Orientation		Generation			
		Men's Team	Women's Team	Men's and Women's Team	Man	Woman	Black	Other	White	Straight	Queer-Spectrum	Gen Z 18-25 yrs	Millennial 26-41 yrs	Gen X 42-57 yrs	Baby Boomer 58-76 yrs
<b>Division III Respondents, N</b>	1,808	500	928	374	974	645	39	130	1,494	1,402	187	24	818	628	210
<b>Compared to pre-pandemic levels (2019), how much has the time spent with family or close friends changed during the 2021-22 academic year?</b>															
Much more than before the pandemic	5.5	5.9	5.1	5.4	6.4	4.3	13.5	5.9	5.4	5.8	5.5	-	4.2	6.9	7.0
A little more	16.1	19.2	14.8	15.4	16.6	16.2	10.8	16.9	16.4	16.3	17.6	-	17.1	16.9	11.1
About the same	36.6	40.6	36.6	31.4	36.7	35.9	24.3	37.3	36.7	37.1	32.4	-	35.8	35.7	41.7
Somewhat less	25.6	22.6	24.7	32.0	26.1	25.6	27.0	21.2	26.1	25.2	27.5	-	24.7	27.0	24.1
Much less than before the pandemic	16.2	11.6	18.8	15.7	14.3	18.0	24.3	18.6	15.4	15.5	17.0	-	18.2	13.6	16.1
<b>Compared to pre-pandemic levels (2019), how much has the time spent away from work doing something you enjoy (e.g., hobbies, vacation, etc.) changed during the 2021-22 academic year?</b>															
Much more than before the pandemic	3.7	4.1	3.2	3.9	3.7	3.8	5.4	8.5	3.3	3.6	4.9	-	3.5	5.2	1.0
A little more	11.4	9.8	11.3	13.6	11.2	11.9	16.2	11.1	11.3	11.4	12.6	-	11.5	11.1	12.4
About the same	35.1	42.9	32.2	32.9	36.9	32.5	16.2	32.5	35.9	35.7	31.3	-	33.1	36.4	38.8
Somewhat less	28.2	28.1	29.4	25.7	28.0	29.2	27.0	20.5	29.0	28.5	28.6	-	28.0	29.3	25.4
Much less than before the pandemic	21.5	15.2	23.9	23.9	20.2	22.7	35.1	27.4	20.5	20.7	22.5	-	23.9	18.0	22.4
<b>This year (2021-22), what is your level of concern about managing your roster due to additional eligibility?</b>															
Very concerned	14.0	20.9	12.8	8.2	15.0	11.9	12.8	20.0	13.2	13.6	14.1	-	12.1	15.8	14.8
Somewhat concerned	28.7	34.3	28.7	21.4	29.0	27.5	30.8	23.8	29.1	28.5	27.7	-	27.6	29.9	31.1
Not concerned	57.3	44.8	58.5	70.4	55.9	60.7	56.4	56.2	57.7	57.9	58.2	-	60.2	54.2	54.1
<b>This year (2021-22), what is your level of concern about preventing the athletes on your roster from leaving?</b>															
Very concerned	28.1	29.7	26.4	30.1	28.3	27.8	34.2	37.7	27.2	29.0	23.9	-	30.8	28.8	17.3
Somewhat concerned	35.8	33.8	35.9	38.0	37.6	34.2	34.2	33.8	36.2	36.0	34.8	-	35.3	34.5	40.9
Not concerned	36.1	36.5	37.6	31.8	34.1	38.1	31.6	28.5	36.6	35.1	41.3	-	33.9	36.7	41.8
<b>This year (2021-22), what is your level of concern about recruiting high school athletes?</b>															
Very concerned	39.9	32.8	39.2	50.7	38.7	40.6	39.5	43.1	39.5	39.4	41.8	-	42.6	39.3	31.9
Somewhat concerned	37.0	34.8	38.6	35.5	36.1	39.5	44.7	35.4	37.0	37.1	37.0	-	34.5	37.3	43.5
Not concerned	23.1	32.4	22.1	13.8	25.3	20.0	15.8	21.5	23.4	23.4	21.2	-	22.9	23.4	24.6
<b>This year (2021-22), what is your level of concern about recruiting 2-year transfer athletes?</b>															
Very concerned	10.0	12.0	9.7	8.5	9.9	10.4	10.8	15.5	9.7	10.4	10.4	-	10.2	10.1	9.3
Somewhat concerned	22.6	21.4	21.5	26.5	23.9	21.7	32.4	27.9	22.2	23.6	17.0	-	23.9	20.7	21.5
Not concerned	67.4	66.5	68.8	65.1	66.2	68.0	56.8	56.6	68.1	65.9	72.5	-	65.8	69.2	69.3
<b>This year (2021-22), what is your level of concern about recruiting 4-year transfer athletes?</b>															
Very concerned	12.3	14.7	12.1	9.6	11.9	12.4	15.8	17.8	11.7	12.1	14.8	-	12.9	13.0	8.3
Somewhat concerned	24.5	25.8	25.3	20.6	25.2	23.4	26.3	31.0	24.0	24.9	20.9	-	23.8	24.0	26.3
Not concerned	63.3	59.5	62.6	69.9	62.9	64.2	57.9	51.2	64.3	63.0	64.3	-	63.3	63.0	65.4
<b>This year (2021-22), what is your level of concern about advocating for gender equity within your athletics department?</b>															
Very concerned	17.3	7.9	24.7	11.5	10.6	27.8	17.9	25.4	16.7	15.6	28.5	-	19.4	16.5	11.5
Somewhat concerned	33.3	21.9	38.2	36.0	29.6	39.0	33.3	31.5	33.7	32.3	44.1	-	34.6	33.0	30.1
Not concerned	49.3	70.2	37.1	52.5	59.8	33.2	48.7	43.1	49.6	52.2	27.4	-	45.9	50.5	58.4
<b>This year (2021-22), what is your level of concern about creating an inclusive environment among your team?</b>															
Very concerned	22.4	15.5	26.4	20.8	18.4	29.5	25.6	23.1	22.5	21.9	30.6	-	25.7	21.5	12.9
Somewhat concerned	38.3	34.4	41.4	36.5	36.3	42.3	33.3	32.3	39.2	37.0	47.8	-	37.8	39.8	37.3
Not concerned	39.3	50.1	32.2	42.7	45.4	28.2	41.0	44.6	38.3	41.1	21.5	-	36.5	38.7	49.8
<b>This year (2021-22), what is your level of concern about helping student-athletes navigate name, image and likeness opportunities?</b>															
Very concerned	3.6	5.4	2.9	2.5	3.5	3.0	5.1	6.2	3.2	3.1	5.4	-	3.4	4.2	1.9
Somewhat concerned	22.5	24.8	23.4	16.9	22.9	22.9	28.2	19.2	22.9	23.0	23.7	-	23.6	21.8	22.0
Not concerned	74.0	69.7	73.7	80.6	73.6	74.1	66.7	74.6	73.9	74.0	71.0	-	73.0	74.0	76.1
<b>This year (2021-22), what is your level of concern about navigating changes to the NCAA structure/constitution?</b>															
Very concerned	5.7	6.3	5.5	5.4	5.6	5.0	7.7	6.2	5.5	5.3	5.9	-	5.1	6.1	6.2
Somewhat concerned	33.9	35.7	36.7	24.2	32.0	38.3	30.8	30.8	34.6	33.5	39.5	-	35.3	33.1	32.4
Not concerned	60.4	58.0	57.7	70.4	62.4	56.7	61.5	63.1	59.9	61.2	54.6	-	59.7	60.8	61.4

Notes: Use caution when interpreting data from subgroups with <50 respondents. Percentages for subgroups with <30 are suppressed. Respondents who selected "another gender identity" and "77 or older" are not shown in their respective gender identity and generation groupings due to low numbers. "Other" includes those who selected American Indian/Alaska Native, Asian, Hispanic/Latino/a/x, Native Hawaiian/Pacific Islander, Middle Eastern/North African, other, and multiple identities. "Queer-spectrum" includes those who self-identified as gay, lesbian, bisexual, pansexual, queer, questioning/unsure or another identity.



**2022 NCAA Coach Well-Being Survey**  
**Division III Head Coach Respondents by Subgroup**

	All	Sport Gender			Gender Identity		Race/Ethnicity			Sexual Orientation		Generation			
		Men's Team	Women's Team	Men's and Women's Team	Man	Woman	Black	Other	White	Straight	Queer-Spectrum	Gen Z 18-25 yrs	Millennial 26-41 yrs	Gen X 42-57 yrs	Baby Boomer 58-76 yrs
<b>Division III Respondents, N</b>	1,808	500	928	374	974	645	39	130	1,494	1,402	187	24	818	628	210
<b>This year (2021-22), what is your level of concern about navigating COVID-19 health restrictions/protocols?</b>															
Very concerned	32.5	33.6	30.9	35.5	32.2	32.3	31.6	36.9	32.1	31.8	36.0	-	31.6	34.3	33.5
Somewhat concerned	46.4	42.7	49.0	44.8	44.8	49.9	42.1	43.1	47.1	46.8	47.8	-	46.6	46.8	45.9
Not concerned	21.1	23.7	20.1	19.7	22.9	17.8	26.3	20.0	20.7	21.4	16.1	-	21.8	18.9	20.6
<b>This year (2021-22), what is your level of concern about maintaining a safe environment for your team?</b>															
Very concerned	30.1	24.8	33.4	29.2	26.9	35.2	43.6	27.7	29.7	29.2	38.2	-	31.2	28.2	31.4
Somewhat concerned	36.9	35.7	37.3	37.4	36.1	38.3	28.2	34.6	37.6	36.5	40.3	-	33.7	41.0	36.7
Not concerned	33.0	39.6	29.3	33.4	37.0	26.6	28.2	37.7	32.7	34.3	21.5	-	35.1	30.9	31.9
<b>This year (2021-22), what is your level of concern about supporting the mental health of the student-athletes on your team?</b>															
Very concerned	57.6	46.5	63.8	56.6	49.9	69.0	61.5	46.2	58.4	55.7	74.7	-	59.7	57.9	50.0
Somewhat concerned	33.2	40.0	29.2	34.4	38.6	25.9	25.6	39.2	33.0	34.9	20.4	-	32.0	33.8	35.2
Not concerned	9.2	13.5	7.0	9.0	11.5	5.1	12.8	14.6	8.6	9.4	4.8	-	8.4	8.3	14.8
<b>This year (2021-22), what is your level of concern about supporting the physical health of the student-athletes on your team?</b>															
Very concerned	45.2	40.8	49.3	41.0	39.5	53.7	51.3	34.6	45.9	43.9	57.0	-	47.0	44.1	43.3
Somewhat concerned	38.0	36.5	38.2	39.5	39.6	36.2	33.3	40.0	38.1	38.4	36.6	-	36.7	40.8	34.6
Not concerned	16.8	22.7	12.5	19.5	20.8	10.1	15.4	25.4	16.1	17.8	6.5	-	16.4	15.1	22.1
<b>How much do you agree or disagree that your athletics department takes into account your voice (e.g., opinions, perspectives) when it comes to important decisions that impact your profession?</b>															
Strongly agree	14.4	16.0	14.3	12.0	15.4	13.4	26.3	15.4	14.0	14.6	15.6	-	15.2	12.2	17.9
Agree	29.9	29.5	31.0	28.0	29.3	31.8	23.7	27.7	30.3	30.6	29.6	-	29.6	31.6	26.1
Somewhat agree	25.4	25.4	25.0	26.6	26.2	24.2	34.2	23.8	25.3	25.4	25.8	-	26.1	25.8	20.8
Somewhat disagree	9.2	9.4	8.4	10.9	9.2	9.2	2.6	4.6	9.8	9.0	8.1	-	8.8	9.1	10.6
Disagree	10.9	9.6	11.1	12.0	10.3	10.8	5.3	14.6	10.6	10.7	9.7	-	10.6	9.6	15.5
Strongly disagree	10.3	10.1	10.2	10.4	9.6	10.6	7.9	13.8	10.0	9.8	11.3	-	9.7	11.6	9.2
<b>How much do you agree or disagree that your school takes into account your voice (e.g., opinions, perspectives) when it comes to important decisions that impact your profession?</b>															
Strongly agree	5.7	7.5	4.9	5.4	6.1	5.3	16.2	2.3	5.7	6.0	4.9	-	5.9	5.0	6.8
Agree	14.5	14.5	14.1	15.8	15.1	14.3	21.6	14.6	14.3	14.9	15.7	-	13.5	13.5	19.5
Somewhat agree	24.4	22.9	25.1	24.3	23.5	25.5	21.6	27.7	24.2	24.3	25.4	-	24.0	25.3	26.3
Somewhat disagree	17.6	15.6	18.9	16.9	16.2	19.7	10.8	17.7	17.8	17.3	18.9	-	17.8	18.7	12.7
Disagree	18.1	20.0	17.3	17.8	19.0	16.0	8.1	13.8	18.5	17.4	18.9	-	17.1	19.0	17.6
Strongly disagree	19.8	19.6	19.7	19.8	20.0	19.1	21.6	23.8	19.5	20.1	16.2	-	21.7	18.5	17.1
<b>How much do you agree or disagree that your athletics conference takes into account your voice (e.g., opinions, perspectives) when it comes to important decisions that impact your profession?</b>															
Strongly agree	4.8	4.8	4.5	5.4	4.6	5.5	13.5	2.3	4.8	4.8	5.9	-	5.1	4.2	5.8
Agree	18.0	14.4	19.2	19.3	17.0	19.9	18.9	17.1	18.0	18.0	19.9	-	17.1	18.6	19.3
Somewhat agree	35.3	35.7	33.8	38.5	35.0	36.6	29.7	29.5	35.9	35.7	33.3	-	37.1	32.6	34.8
Somewhat disagree	18.9	17.9	20.5	16.4	18.0	19.2	21.6	20.2	18.8	18.8	17.2	-	17.9	21.2	16.4
Disagree	12.9	15.3	12.5	11.0	14.7	10.0	2.7	17.8	12.8	12.8	13.4	-	12.3	13.2	15.0
Strongly disagree	10.1	11.8	9.4	9.3	10.7	8.8	13.5	13.2	9.7	9.9	10.2	-	10.5	10.1	8.7
<b>How much do you agree or disagree that the NCAA takes into account your voice (e.g., opinions, perspectives) when it comes to important decisions that impact your profession?</b>															
Strongly agree	2.4	2.0	2.5	2.5	2.1	3.0	13.5	1.5	2.2	2.4	2.2	-	2.2	2.7	1.9
Agree	8.4	6.6	8.9	9.6	8.2	9.2	8.1	5.4	8.6	8.9	7.5	-	7.1	7.9	14.5
Somewhat agree	26.9	24.7	25.7	32.4	27.0	27.6	29.7	25.4	26.8	26.6	31.2	-	25.1	28.6	28.0
Somewhat disagree	24.2	18.8	28.2	21.7	21.4	28.4	10.8	26.9	24.4	24.2	24.2	-	26.4	23.0	19.8
Disagree	18.3	21.4	17.9	15.2	19.1	16.8	13.5	20.0	18.4	18.3	15.6	-	17.5	19.4	18.4
Strongly disagree	19.8	26.5	16.7	18.6	22.3	15.0	24.3	20.8	19.6	19.5	19.4	-	21.6	18.5	17.4

Notes: Use caution when interpreting data from subgroups with <50 respondents. Percentages for subgroups with <30 are suppressed. Respondents who selected "another gender identity" and "77 or older" are not shown in their respective gender identity and generation groupings due to low numbers. "Other" includes those who selected American Indian/Alaska Native, Asian, Hispanic/Latino/a/x, Native Hawaiian/Pacific Islander, Middle Eastern/North African, other, and multiple identities. "Queer-spectrum" includes those who self-identified as gay, lesbian, bisexual, pansexual, queer, questioning/unsure or another identity.

**2022 NCAA Coach Well-Being Survey**  
**Division III Assistant and Associate Coach Respondents by Subgroup**

	All	Sport Gender			Gender Identity		Race/Ethnicity			Sexual Orientation		Generation				
		Men's Team	Women's Team	Men's and Women's Team	Man	Woman	Black	Other	White	Straight	Queer-Spectrum	Gen Z 18-25 yrs	Millennial 26-41 yrs	Gen X 42-57 yrs	Baby Boomer 58-76 yrs	
<b>Division III Respondents, N</b>	406	137	170	99	200	152	17	33	306	302	40	64	214	57	23	
<b>In general, how would you rate your mental health, including your mood and your ability to think?</b>																
Excellent	15.3	22.6	10.6	13.1	23.0	6.6	-	18.2	15.7	17.2	0.0	3.1	13.6	22.8	-	
Very Good	34.0	36.5	32.4	33.3	36.0	33.6	-	39.4	34.3	36.1	30.0	26.6	36.9	42.1	-	
Good	32.3	24.1	37.1	35.4	23.5	40.8	-	24.2	30.7	29.1	45.0	50.0	29.0	19.3	-	
Fair	14.0	10.9	18.2	11.1	12.0	16.4	-	12.1	14.7	12.9	22.5	18.8	14.0	14.0	-	
Poor	4.4	5.8	1.8	7.1	5.5	2.6	-	6.1	4.6	4.6	2.5	1.6	6.5	1.8	-	
<b>Within the last month, have you felt things were hopeless?</b>																
Constantly	1.7	2.9	1.8	0.0	1.0	2.0	-	3.0	1.3	1.7	0.0	1.6	1.9	0.0	-	
Most every day	5.0	6.6	1.8	8.1	7.5	2.7	-	6.1	5.3	5.7	5.1	3.2	4.7	8.8	-	
Occasionally	35.2	32.4	35.7	38.4	30.7	39.3	-	33.3	35.5	32.0	53.8	47.6	37.3	19.3	-	
Never	58.1	58.1	60.7	53.5	60.8	56.0	-	57.6	57.9	60.7	41.0	47.6	56.1	71.9	-	
<b>Within the last month, have you felt overwhelmed by all you had to do?</b>																
Constantly	7.2	7.3	7.7	6.1	6.5	7.9	-	3.0	7.5	7.0	7.5	6.3	8.9	3.5	-	
Most every day	21.5	16.8	21.9	27.3	16.0	28.5	-	12.1	23.3	19.6	37.5	30.2	21.0	17.5	-	
Occasionally	53.1	50.4	56.2	51.5	51.0	55.6	-	66.7	51.5	54.8	40.0	55.6	52.8	54.4	-	
Never	18.3	25.5	14.2	15.2	26.5	7.9	-	18.2	17.7	18.6	15.0	7.9	17.3	24.6	-	
<b>Within the last month, have you felt exhausted (not from physical activity)?</b>																
Constantly	10.1	10.9	10.6	8.2	10.5	9.9	-	9.1	10.5	10.0	15.0	12.5	11.3	5.3	-	
Most every day	23.2	18.2	27.1	23.5	18.0	29.1	-	21.2	23.0	20.3	37.5	29.7	23.0	21.1	-	
Occasionally	52.8	51.8	50.0	59.2	53.5	51.0	-	63.6	51.5	54.5	42.5	51.6	52.6	56.1	-	
Never	13.8	19.0	12.4	9.2	18.0	9.9	-	6.1	15.1	15.3	5.0	6.3	13.1	17.5	-	
<b>Within the last month, have you felt very lonely?</b>																
Constantly	3.2	3.6	3.6	2.0	3.0	3.3	-	6.1	3.0	3.3	2.5	3.1	3.3	1.8	-	
Most every day	6.9	6.6	6.5	8.1	7.0	6.0	-	6.1	7.2	6.0	12.5	6.3	8.4	3.5	-	
Occasionally	33.3	27.7	38.5	32.3	27.5	43.7	-	27.3	34.1	31.9	57.5	43.8	36.9	21.1	-	
Never	56.5	62.0	51.5	57.6	62.5	47.0	-	60.6	55.7	58.8	27.5	46.9	51.4	73.7	-	
<b>Within the last month, have you felt sad?</b>																
Constantly	2.5	2.9	1.8	3.1	2.5	2.7	-	3.1	2.6	2.7	2.6	1.6	2.4	3.5	-	
Most every day	6.7	8.8	4.8	7.1	7.5	4.7	-	6.3	6.9	6.3	7.7	6.3	7.1	7.0	-	
Occasionally	49.6	34.3	57.1	58.2	40.5	60.4	-	43.8	49.5	45.7	69.2	55.6	50.9	47.4	-	
Never	41.2	54.0	36.3	31.6	49.5	32.2	-	46.9	41.0	45.3	20.5	36.5	39.6	42.1	-	
<b>Within the last month, have you felt so depressed that it was difficult to function?</b>																
Constantly	1.0	0.7	1.2	1.0	0.0	2.0	-	0.0	1.0	1.0	0.0	0.0	1.4	0.0	-	
Most every day	3.7	5.1	3.0	3.1	4.0	3.3	-	9.4	3.3	3.7	5.1	4.8	3.3	5.4	-	
Occasionally	17.9	15.4	17.2	22.4	16.7	16.6	-	9.4	17.7	15.3	30.8	20.6	18.8	12.5	-	
Never	77.4	78.7	78.7	73.5	79.3	78.1	-	81.3	78.0	80.1	64.1	74.6	76.5	82.1	-	
<b>Within the last month, have you felt overwhelming anxiety?</b>																
Constantly	4.0	4.4	5.3	1.0	2.0	6.6	-	3.0	4.2	3.0	10.3	4.7	4.7	1.8	-	
Most every day	12.8	12.4	12.4	14.1	13.0	12.6	-	15.2	13.4	13.2	12.8	18.8	12.7	10.5	-	
Occasionally	37.0	29.2	40.8	41.4	29.0	42.4	-	18.2	35.9	33.1	46.2	43.8	37.6	26.3	-	
Never	46.2	54.0	41.4	43.4	56.0	38.4	-	63.6	46.4	50.7	30.8	32.8	45.1	61.4	-	
<b>Within the last month, have you felt overwhelming anger?</b>																
Constantly	1.2	2.2	1.2	0.0	1.0	1.3	-	3.0	1.0	1.3	0.0	0.0	1.9	0.0	-	
Most every day	5.9	7.4	5.3	5.1	7.0	4.6	-	6.1	6.2	5.6	7.7	6.3	5.2	8.9	-	
Occasionally	30.4	33.1	26.6	33.3	27.1	31.8	-	24.2	29.8	27.9	38.5	35.9	28.2	26.8	-	
Never	62.4	57.4	66.9	61.6	64.8	62.3	-	66.7	63.0	65.1	53.8	57.8	64.8	64.3	-	
<b>Within the last month, have you felt a sense of loss?</b>																
Constantly	1.0	1.5	0.6	1.0	0.5	1.3	-	0.0	1.0	1.0	0.0	0.0	1.4	0.0	-	
Most every day	6.0	8.0	4.7	5.2	7.5	4.0	-	15.2	4.9	6.0	7.7	6.3	5.7	7.0	-	
Occasionally	34.0	27.7	36.7	38.1	29.6	41.1	-	42.4	34.8	32.9	46.2	40.6	33.5	33.3	-	
Never	59.1	62.8	58.0	55.7	62.3	53.6	-	42.4	59.3	60.1	46.2	53.1	59.4	59.6	-	
<b>Within the last month, have you experienced sleep difficulties (e.g., trouble falling asleep, waking too early)?</b>																
Constantly	9.2	7.4	9.5	11.1	7.5	10.6	-	9.1	9.2	8.0	12.8	7.8	8.5	10.7	-	
Most every day	18.9	23.0	18.9	13.1	18.6	18.5	-	15.2	18.7	18.3	23.1	21.9	18.8	17.9	-	
Occasionally	46.9	40.7	48.5	52.5	44.2	49.0	-	51.5	45.6	45.8	43.6	45.3	46.9	41.1	-	
Never	25.1	28.9	23.1	23.2	29.6	21.9	-	24.2	26.6	27.9	20.5	25.0	25.8	30.4	-	

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**2022 NCAA Coach Well-Being Survey**  
**Division III Assistant and Associate Coach Respondents by Subgroup**

	All	Sport Gender			Gender Identity		Race/Ethnicity			Sexual Orientation		Generation				
		Men's Team	Women's Team	Men's and Women's Team	Man	Woman	Black	Other	White	Straight	Queer-Spectrum	Gen Z 18-25 yrs	Millennial 26-41 yrs	Gen X 42-57 yrs	Baby Boomer 58-76 yrs	
<b>Division III Respondents, N</b>	406	137	170	99	200	152	17	33	306	302	40	64	214	57	23	
<b>How much do you agree or disagree that <u>family worries</u> have negatively impacted your mental health within the last 12 months?</b>																
Strongly agree	7.9	4.4	11.2	7.1	7.0	9.9	-	12.1	7.8	7.3	15.4	3.1	7.0	17.5	-	
Agree	20.0	20.4	20.1	19.2	21.5	17.9	-	30.3	18.3	20.5	17.9	14.1	22.1	21.1	-	
Somewhat agree	28.1	29.9	27.8	26.3	24.0	31.8	-	24.2	27.5	26.5	35.9	25.0	27.2	28.1	-	
Somewhat disagree	9.6	8.0	11.2	9.1	9.5	8.6	-	9.1	9.8	8.9	10.3	12.5	8.0	8.8	-	
Disagree	16.3	18.2	16.0	14.1	16.5	17.2	-	15.2	17.3	15.9	17.9	25.0	17.4	10.5	-	
Strongly disagree	18.0	19.0	13.6	24.2	21.5	14.6	-	9.1	19.3	20.9	2.6	20.3	18.3	14.0	-	
<b>How much do you agree or disagree that <u>work-related worries</u> have negatively impacted your mental health within the last 12 months?</b>																
Strongly agree	16.1	17.5	17.3	12.1	14.5	18.7	-	24.2	15.4	15.2	23.7	20.3	16.4	14.3	-	
Agree	28.5	22.6	30.4	33.3	23.0	34.0	-	30.3	27.5	25.8	42.1	23.4	31.5	25.0	-	
Somewhat agree	28.2	31.4	25.6	28.3	28.0	28.7	-	24.2	29.2	29.5	26.3	29.7	27.7	32.1	-	
Somewhat disagree	7.2	8.0	6.5	7.1	8.5	5.3	-	6.1	6.6	7.6	2.6	10.9	5.6	7.1	-	
Disagree	10.1	9.5	11.9	8.1	12.0	8.7	-	6.1	11.5	10.6	5.3	12.5	8.9	12.5	-	
Strongly disagree	9.9	10.9	8.3	11.1	14.0	4.7	-	9.1	9.8	11.3	0.0	3.1	9.9	8.9	-	
<b>How much do you agree or disagree that <u>COVID-19 health concerns</u> have negatively impacted your mental health within the last 12 months?</b>																
Strongly agree	9.1	6.6	8.9	13.1	7.5	10.6	-	6.1	8.8	7.3	15.4	9.4	7.5	10.5	-	
Agree	18.3	12.4	21.3	21.2	15.0	20.5	-	24.2	16.3	17.2	20.5	10.9	18.8	21.1	-	
Somewhat agree	25.2	19.7	30.8	23.2	23.5	31.8	-	24.2	27.5	26.5	35.9	26.6	25.4	26.3	-	
Somewhat disagree	10.4	13.9	4.7	15.2	11.0	7.3	-	9.1	9.5	9.9	7.7	6.3	9.9	15.8	-	
Disagree	16.3	19.0	17.8	10.1	17.5	15.2	-	18.2	16.7	17.5	7.7	18.8	16.4	14.0	-	
Strongly disagree	20.7	28.5	16.6	17.2	25.5	14.6	-	18.2	21.2	21.5	12.8	28.1	22.1	12.3	-	
<b>How much do you agree or disagree that <u>financial worries</u> have negatively impacted your mental health within the last 12 months?</b>																
Strongly agree	21.7	21.9	25.4	15.2	19.5	22.5	-	24.2	20.6	19.9	30.8	29.7	23.0	12.3	-	
Agree	24.0	22.6	24.3	25.3	20.5	27.8	-	24.2	23.2	23.8	17.9	25.0	24.4	21.1	-	
Somewhat agree	22.2	23.4	20.7	23.2	20.0	21.2	-	21.2	20.9	21.9	10.3	14.1	22.1	28.1	-	
Somewhat disagree	8.4	7.3	8.3	10.1	9.5	8.6	-	3.0	9.8	7.6	17.9	14.1	8.0	7.0	-	
Disagree	13.1	13.1	11.8	15.2	15.5	13.2	-	15.2	14.4	13.9	20.5	12.5	12.7	17.5	-	
Strongly disagree	10.6	11.7	9.5	11.1	15.0	6.6	-	12.1	11.1	12.9	2.6	4.7	9.9	14.0	-	
<b>How much do you agree or disagree that <u>lack of childcare</u> has negatively impacted your mental health within the last 12 months?</b>																
Strongly agree	3.8	3.0	2.4	7.4	4.1	4.0	-	3.1	4.0	3.7	7.9	0.0	6.6	1.8	-	
Agree	4.6	5.2	4.2	4.3	4.7	2.7	-	6.3	4.0	4.4	0.0	3.2	4.3	5.5	-	
Somewhat agree	9.1	14.1	6.0	7.4	9.3	6.0	-	3.1	7.7	8.1	5.3	0.0	9.5	10.9	-	
Somewhat disagree	4.3	5.2	2.4	6.4	5.2	3.4	-	3.1	4.7	4.4	5.3	3.2	5.2	3.6	-	
Disagree	15.2	14.8	16.3	13.8	13.5	17.4	-	15.6	15.1	15.3	13.2	17.7	14.2	16.4	-	
Strongly disagree	63.0	57.8	68.7	60.6	63.2	66.4	-	68.8	64.4	64.1	68.4	75.8	60.2	61.8	-	
<b>How much do you agree or disagree that <u>the inability to return to your pre-COVID routine at work</u> has negatively impacted your mental health within the last 12 months?</b>																
Strongly agree	6.0	8.1	3.6	7.1	5.5	4.7	-	18.2	4.3	5.0	2.6	3.2	5.2	8.8	-	
Agree	8.9	8.8	7.7	11.1	9.0	7.3	-	6.1	8.9	8.7	5.1	3.2	8.0	12.3	-	
Somewhat agree	22.3	18.4	24.4	24.2	21.6	24.0	-	18.2	22.7	22.3	30.8	15.9	23.1	19.3	-	
Somewhat disagree	10.4	8.1	12.5	10.1	7.0	14.7	-	6.1	11.2	9.3	17.9	15.9	9.9	8.8	-	
Disagree	18.6	18.4	19.0	18.2	19.1	20.0	-	27.3	18.4	20.0	17.9	17.5	20.3	22.8	-	
Strongly disagree	33.7	38.2	32.7	29.3	37.7	29.3	-	24.2	34.5	34.7	25.6	44.4	33.5	28.1	-	
<b>How much do you agree or disagree that <u>natural disasters</u> (e.g., flooding, hurricanes, wildfires) impacting your community have negatively impacted your mental health within the last 12 months?</b>																
Strongly agree	0.5	0.0	1.2	0.0	0.0	1.3	-	0.0	0.7	0.3	0.0	0.0	0.9	0.0	-	
Agree	2.5	0.7	1.8	6.1	1.5	2.7	-	0.0	2.6	1.7	5.3	0.0	1.9	1.8	-	
Somewhat agree	6.2	5.2	6.0	8.1	4.5	8.7	-	9.4	5.6	6.7	5.3	7.9	6.2	3.6	-	
Somewhat disagree	4.5	3.7	4.2	6.1	4.0	4.0	-	0.0	4.6	4.0	5.3	6.3	2.8	5.4	-	
Disagree	21.2	21.5	25.1	14.1	16.7	24.2	-	21.9	20.1	19.7	23.7	23.8	22.3	16.1	-	
Strongly disagree	65.1	68.9	61.7	65.7	73.2	59.1	-	68.8	66.3	67.7	60.5	61.9	65.9	73.2	-	

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**2022 NCAA Coach Well-Being Survey**  
**Division III Assistant and Associate Coach Respondents by Subgroup**

	All	Sport Gender			Gender Identity		Race/Ethnicity			Sexual Orientation		Generation			
		Men's Team	Women's Team	Men's and Women's Team	Man	Woman	Black	Other	White	Straight	Queer-Spectrum	Gen Z 18-25 yrs	Millennial 26-41 yrs	Gen X 42-57 yrs	Baby Boomer 58-76 yrs
<b>Division III Respondents, N</b>	406	137	170	99	200	152	17	33	306	302	40	64	214	57	23
<b>How much do you agree or disagree that <u>personal experiences of racism or racial trauma</u> have negatively impacted your mental health within the last 12 months?</b>															
Strongly agree	1.5	0.7	2.4	1.0	1.0	2.7	-	6.1	0.3	2.0	0.0	0.0	2.8	0.0	-
Agree	3.0	3.7	3.6	1.0	3.0	3.3	-	9.1	1.3	3.3	2.6	3.2	2.8	3.5	-
Somewhat agree	6.0	8.1	5.9	3.1	4.5	7.3	-	15.2	4.0	5.0	10.3	4.8	6.6	3.5	-
Somewhat disagree	6.7	5.2	5.9	10.2	5.6	7.3	-	3.0	6.3	5.7	15.4	4.8	5.7	8.8	-
Disagree	20.1	20.0	20.7	19.4	16.2	22.0	-	12.1	21.1	18.1	23.1	22.6	19.8	15.8	-
Strongly disagree	62.7	62.2	61.5	65.3	69.7	57.3	-	54.5	67.0	65.9	48.7	64.5	62.3	68.4	-
<b>How much do you agree or disagree that <u>political disagreements with family or friends</u> have negatively impacted your mental health within the last 12 months?</b>															
Strongly agree	2.0	2.2	3.0	0.0	2.5	1.3	-	6.1	1.6	2.3	0.0	3.2	2.3	0.0	-
Agree	5.7	2.2	8.3	6.1	4.0	7.3	-	6.1	5.9	4.3	12.8	1.6	7.0	5.3	-
Somewhat agree	18.8	16.9	20.7	18.2	14.6	24.5	-	6.1	19.7	18.3	23.1	20.6	18.8	17.5	-
Somewhat disagree	9.9	6.6	9.5	15.2	8.5	9.9	-	9.1	9.5	9.3	10.3	12.7	8.0	10.5	-
Disagree	24.8	25.7	23.1	26.3	24.1	26.5	-	33.3	23.6	24.9	25.6	17.5	25.8	24.6	-
Strongly disagree	38.9	46.3	35.5	34.3	46.2	30.5	-	39.4	39.7	40.9	28.2	44.4	38.0	42.1	-
<b>Compared to pre-pandemic levels (2019), how much have the <u>efforts spent talking about mental health with student-athletes</u> changed during the 2021-22 academic year?</b>															
Much more than before the pandemic	45.5	35.4	57.0	42.0	37.8	57.4	-	48.0	44.2	43.8	60.0	40.0	48.0	47.1	-
A little more	38.5	39.4	32.7	46.4	40.2	35.6	-	44.0	39.0	38.6	36.0	40.0	40.1	33.3	-
About the same	14.9	22.2	10.3	11.6	20.1	6.9	-	8.0	15.6	16.3	4.0	20.0	11.3	17.6	-
Somewhat less	1.1	3.0	0.0	0.0	1.8	0.0	-	0.0	1.3	1.3	0.0	0.0	0.6	2.0	-
Much less than before the pandemic	0.0	0.0	0.0	0.0	0.0	0.0	-	0.0	0.0	0.0	0.0	0.0	0.0	0.0	-
<b>Compared to pre-pandemic levels (2019), how much have the <u>efforts spent talking about mental health with your staff/colleagues</u> changed during the 2021-22 academic year?</b>															
Much more than before the pandemic	24.4	18.2	33.6	18.8	18.9	31.7	-	40.0	20.3	23.2	32.0	20.0	24.9	25.5	-
A little more	39.6	34.3	43.0	42.0	39.0	42.6	-	40.0	41.6	39.5	48.0	40.0	39.0	39.2	-
About the same	31.6	37.4	23.4	36.2	34.8	25.7	-	20.0	33.3	32.2	20.0	35.0	31.6	31.4	-
Somewhat less	3.6	9.1	0.0	1.4	6.1	0.0	-	0.0	3.9	4.3	0.0	5.0	3.4	3.9	-
Much less than before the pandemic	0.7	1.0	0.0	1.4	1.2	0.0	-	0.0	0.9	0.9	0.0	0.0	1.1	0.0	-
<b>Compared to pre-pandemic levels (2019), how much has the <u>time spent on the road recruiting prospects</u> changed during the 2021-22 academic year?</b>															
Much more than before the pandemic	5.8	7.1	4.7	5.9	6.7	4.0	-	4.0	6.1	5.2	12.0	15.0	4.0	7.8	-
A little more	12.0	10.1	15.0	10.3	11.6	13.0	-	8.0	12.6	12.5	8.0	10.0	12.5	9.8	-
About the same	42.3	47.5	39.3	39.7	44.5	40.0	-	32.0	43.5	43.1	40.0	35.0	43.8	39.2	-
Somewhat less	25.9	22.2	28.0	27.9	23.2	30.0	-	32.0	25.7	25.9	24.0	30.0	26.7	25.5	-
Much less than before the pandemic	13.9	13.1	13.1	16.2	14.0	13.0	-	24.0	12.2	13.4	16.0	10.0	13.1	17.6	-
<b>Compared to pre-pandemic levels (2019), how much has the <u>use of virtual recruiting activities</u> changed during the 2021-22 academic year?</b>															
Much more than before the pandemic	34.1	31.3	36.2	34.8	28.7	41.4	-	44.0	33.6	32.0	44.0	40.0	32.6	41.2	-
A little more	39.9	44.4	41.0	31.9	43.9	33.3	-	32.0	39.3	40.7	36.0	35.0	39.4	41.2	-
About the same	22.0	21.2	20.0	26.1	21.3	24.2	-	16.0	23.1	23.4	12.0	25.0	23.4	17.6	-
Somewhat less	2.9	2.0	2.9	4.3	4.9	0.0	-	4.0	3.1	3.0	4.0	0.0	3.4	0.0	-
Much less than before the pandemic	1.1	1.0	0.0	2.9	1.2	1.0	-	4.0	0.9	0.9	4.0	0.0	1.1	0.0	-
<b>Compared to pre-pandemic levels (2019), how much has the <u>time spent working from home</u> changed during the 2021-22 academic year?</b>															
Much more than before the pandemic	25.9	20.2	30.2	27.5	23.2	26.0	-	44.0	23.0	22.7	33.3	25.0	24.3	30.0	-
A little more	37.2	40.4	36.8	33.3	36.0	40.0	-	28.0	37.8	39.1	29.2	50.0	36.7	34.0	-
About the same	31.8	34.3	27.4	34.8	35.4	29.0	-	28.0	33.5	33.0	29.2	15.0	33.3	36.0	-
Somewhat less	2.6	2.0	4.7	0.0	1.8	4.0	-	0.0	2.6	2.1	8.3	5.0	3.4	0.0	-
Much less than before the pandemic	2.6	3.0	0.9	4.3	3.7	1.0	-	0.0	3.0	3.0	0.0	5.0	2.3	0.0	-

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<b>Division III Respondents, N</b>	406	137	170	99	200	152	17	33	306	302	40	64	214	57	23
<b>Compared to pre-pandemic levels (2019), how much has the time spent with family or close friends changed during the 2021-22 academic year?</b>															
Much more than before the pandemic	5.1	6.1	3.7	5.8	6.1	4.0	-	8.0	5.2	6.0	0.0	5.0	4.5	5.9	-
A little more	16.0	15.2	15.9	17.4	16.5	15.8	-	20.0	14.7	17.6	8.0	5.0	18.1	13.7	-
About the same	37.1	47.5	35.5	24.6	41.5	30.7	-	36.0	37.7	38.6	28.0	40.0	37.3	37.3	-
Somewhat less	28.0	20.2	35.5	27.5	22.6	37.6	-	28.0	27.7	25.8	44.0	30.0	27.1	29.4	-
Much less than before the pandemic	13.8	11.1	9.3	24.6	13.4	11.9	-	8.0	14.7	12.0	20.0	20.0	13.0	13.7	-
<b>Compared to pre-pandemic levels (2019), how much has the time spent away from work doing something you enjoy (e.g., hobbies, vacation, etc.) changed during the 2021-22 academic year?</b>															
Much more than before the pandemic	3.6	2.0	3.8	5.8	3.7	4.0	-	8.0	3.5	3.9	0.0	10.0	2.3	3.9	-
A little more	9.5	9.1	7.5	13.0	8.5	11.0	-	8.0	8.7	9.5	12.0	10.0	11.9	3.9	-
About the same	40.9	46.5	37.7	37.7	45.7	34.0	-	40.0	42.2	44.4	24.0	40.0	38.6	49.0	-
Somewhat less	23.7	22.2	26.4	21.7	23.8	25.0	-	20.0	23.5	22.4	40.0	10.0	26.1	17.6	-
Much less than before the pandemic	22.3	20.2	24.5	21.7	18.3	26.0	-	24.0	22.2	19.8	24.0	30.0	21.0	25.5	-
<b>This year (2021-22), what is your level of concern about managing your roster due to additional eligibility?</b>															
Very concerned	8.8	12.5	7.3	6.6	9.5	7.3	-	12.5	8.8	9.0	10.3	7.8	8.5	7.0	-
Somewhat concerned	28.7	33.3	29.8	20.9	30.2	26.5	-	37.5	28.1	28.2	25.6	35.9	26.9	22.8	-
Not concerned	62.4	54.2	62.9	72.5	60.3	66.2	-	50.0	63.1	62.8	64.1	56.3	64.6	70.2	-
<b>This year (2021-22), what is your level of concern about preventing the athletes on your roster from leaving?</b>															
Very concerned	17.8	24.4	15.3	13.2	19.7	14.7	-	25.0	17.8	17.4	17.9	18.8	15.2	23.2	-
Somewhat concerned	35.8	34.5	34.0	40.7	35.4	36.7	-	28.1	36.5	36.8	30.8	29.7	37.4	39.3	-
Not concerned	46.4	41.2	50.7	46.2	44.9	48.7	-	46.9	45.7	45.8	51.3	51.6	47.4	37.5	-
<b>This year (2021-22), what is your level of concern about recruiting high school athletes?</b>															
Very concerned	26.3	26.7	20.0	36.3	30.3	20.5	-	25.8	26.8	26.3	25.6	25.0	26.9	24.6	-
Somewhat concerned	38.0	32.5	40.7	40.7	31.8	45.7	-	35.5	37.3	37.0	48.7	37.5	34.9	47.4	-
Not concerned	35.7	40.8	39.3	23.1	37.9	33.8	-	38.7	35.9	36.7	25.6	37.5	38.2	28.1	-
<b>This year (2021-22), what is your level of concern about recruiting 2-year transfer athletes?</b>															
Very concerned	6.1	8.3	4.0	6.7	8.0	3.4	-	6.3	5.6	6.4	2.6	3.1	6.2	10.5	-
Somewhat concerned	23.9	24.2	26.0	20.0	22.1	27.5	-	28.1	22.7	23.1	35.9	26.6	24.3	21.1	-
Not concerned	70.0	67.5	70.0	73.3	69.8	69.1	-	65.6	71.7	70.6	61.5	70.3	69.5	68.4	-
<b>This year (2021-22), what is your level of concern about recruiting 4-year transfer athletes?</b>															
Very concerned	5.9	10.1	3.3	4.5	7.6	4.0	-	3.1	6.0	6.4	5.1	3.1	5.7	12.7	-
Somewhat concerned	22.3	22.7	26.0	15.7	19.3	27.5	-	28.1	21.5	20.9	33.3	25.0	23.8	18.2	-
Not concerned	71.8	67.2	70.7	79.8	73.1	68.5	-	68.8	72.5	72.7	61.5	71.9	70.5	69.1	-
<b>This year (2021-22), what is your level of concern about advocating for gender equity within your athletics department?</b>															
Very concerned	13.8	0.8	23.2	15.4	7.1	23.7	-	15.6	13.4	10.3	41.0	23.4	12.3	14.0	-
Somewhat concerned	33.4	25.0	42.4	29.7	28.8	40.8	-	34.4	33.4	34.6	30.8	32.8	34.4	26.3	-
Not concerned	52.8	74.2	34.4	54.9	64.1	35.5	-	50.0	53.1	55.1	28.2	43.8	53.3	59.6	-
<b>This year (2021-22), what is your level of concern about creating an inclusive environment among your team?</b>															
Very concerned	19.7	15.8	27.3	12.1	16.2	25.2	-	21.9	20.0	16.6	50.0	18.8	22.3	14.0	-
Somewhat concerned	32.7	32.5	30.0	37.4	33.8	33.1	-	28.1	33.1	33.6	26.3	39.1	28.4	35.1	-
Not concerned	47.6	51.7	42.7	50.5	50.0	41.7	-	50.0	46.9	49.8	23.7	42.2	49.3	50.9	-
<b>This year (2021-22), what is your level of concern about helping student-athletes navigate name, image and likeness opportunities?</b>															
Very concerned	2.8	4.2	1.3	3.3	4.5	0.7	-	3.1	3.0	3.0	2.6	0.0	3.8	3.5	-
Somewhat concerned	22.5	21.0	28.7	14.3	18.2	27.8	-	25.0	21.0	21.3	36.8	25.0	22.3	17.5	-
Not concerned	74.7	74.8	70.0	82.4	77.3	71.5	-	71.9	76.1	75.7	60.5	75.0	73.9	78.9	-
<b>This year (2021-22), what is your level of concern about navigating changes to the NCAA structure/constitution?</b>															
Very concerned	5.0	6.7	2.7	6.6	8.1	1.3	-	9.4	4.6	5.3	5.3	3.1	5.2	3.5	-
Somewhat concerned	30.8	32.8	34.7	22.0	26.8	35.8	-	25.0	30.8	29.9	36.8	35.9	29.4	28.1	-
Not concerned	64.2	60.5	62.7	71.4	65.2	62.9	-	65.6	64.6	64.8	57.9	60.9	65.4	68.4	-

Notes: Use caution when interpreting data from subgroups with <50 respondents. Percentages for subgroups with <30 are suppressed. Respondents who selected "another gender identity" and "77 or older" are not shown in their respective gender identity and generation groupings due to low numbers. "Other" includes those who selected American Indian/Alaska Native, Asian, Hispanic/Latino/a/x, Native Hawaiian/Pacific Islander, Middle Eastern/North African, other, and multiple identities. "Queer-spectrum" includes those who self-identified as gay, lesbian, bisexual, pansexual, queer, questioning/unsure or another identity.

**2022 NCAA Coach Well-Being Survey**  
**Division III Assistant and Associate Coach Respondents by Subgroup**

	All	Sport Gender			Gender Identity		Race/Ethnicity			Sexual Orientation		Generation			
		Men's Team	Women's Team	Men's and Women's Team	Man	Woman	Black	Other	White	Straight	Queer-Spectrum	Gen Z 18-25 yrs	Millennial 26-41 yrs	Gen X 42-57 yrs	Baby Boomer 58-76 yrs
<b>Division III Respondents, N</b>	406	137	170	99	200	152	17	33	306	302	40	64	214	57	23
<b>This year (2021-22), what is your level of concern about navigating COVID-19 health restrictions/protocols?</b>															
Very concerned	26.2	23.7	24.0	33.0	27.9	24.5	-	21.9	27.3	26.0	34.2	25.0	23.2	28.1	-
Somewhat concerned	43.7	39.8	51.3	36.3	37.1	50.3	-	37.5	44.4	41.7	52.6	46.9	42.7	49.1	-
Not concerned	30.1	36.4	24.7	30.8	35.0	25.2	-	40.6	28.3	32.3	13.2	28.1	34.1	22.8	-
<b>This year (2021-22), what is your level of concern about maintaining a safe environment for your team?</b>															
Very concerned	22.9	18.5	24.2	26.7	21.3	24.7	-	21.9	23.4	20.3	45.9	21.9	22.3	21.8	-
Somewhat concerned	34.4	29.4	37.6	35.6	32.5	36.7	-	37.5	34.7	35.3	27.0	26.6	35.1	36.4	-
Not concerned	42.7	52.1	38.3	37.8	46.2	38.7	-	40.6	41.9	44.3	27.0	51.6	42.7	41.8	-
<b>This year (2021-22), what is your level of concern about supporting the mental health of the student-athletes on your team?</b>															
Very concerned	42.9	29.7	53.3	42.9	33.5	55.0	-	45.2	43.3	39.2	71.1	42.2	42.4	47.4	-
Somewhat concerned	36.5	41.5	34.0	34.1	38.6	32.5	-	29.0	36.7	38.5	18.4	32.8	37.1	35.1	-
Not concerned	20.6	28.8	12.7	23.1	27.9	12.6	-	25.8	20.0	22.3	10.5	25.0	20.5	17.5	-
<b>This year (2021-22), what is your level of concern about supporting the physical health of the student-athletes on your team?</b>															
Very concerned	35.1	28.6	38.9	37.4	31.8	40.0	-	28.1	36.2	33.0	55.3	31.7	33.6	38.6	-
Somewhat concerned	34.5	33.6	36.2	33.0	32.3	36.0	-	40.6	34.2	34.3	34.2	33.3	36.0	29.8	-
Not concerned	30.4	37.8	24.8	29.7	35.9	24.0	-	31.3	29.6	32.7	10.5	34.9	30.3	31.6	-
<b>How much do you agree or disagree that your athletics department takes into account your voice (e.g., opinions, perspectives) when it comes to important decisions that impact your profession?</b>															
Strongly agree	10.8	12.6	7.9	13.2	12.6	7.9	-	25.0	7.8	10.6	12.5	9.4	9.9	14.0	-
Agree	23.8	22.7	22.4	27.5	20.6	27.6	-	25.0	22.5	25.2	12.5	20.3	27.2	17.5	-
Somewhat agree	32.6	26.9	37.5	31.9	29.6	36.8	-	15.6	35.0	32.2	45.0	39.1	32.9	24.6	-
Somewhat disagree	11.9	13.4	13.8	6.6	12.6	11.2	-	9.4	13.1	12.0	10.0	17.2	10.3	10.5	-
Disagree	11.0	13.4	10.5	8.8	13.6	7.9	-	18.8	10.8	10.3	10.0	7.8	10.8	17.5	-
Strongly disagree	9.9	10.9	7.9	12.1	11.1	8.6	-	6.3	10.8	9.6	10.0	6.3	8.9	15.8	-
<b>How much do you agree or disagree that your school takes into account your voice (e.g., opinions, perspectives) when it comes to important decisions that impact your profession?</b>															
Strongly agree	6.4	9.2	3.3	7.7	8.0	4.6	-	18.8	4.2	6.6	7.5	10.9	5.2	7.0	-
Agree	16.3	14.3	18.4	15.4	14.6	17.8	-	18.8	14.7	16.9	10.0	9.4	18.3	12.3	-
Somewhat agree	24.6	23.5	23.7	27.5	24.6	25.7	-	9.4	26.5	25.9	20.0	23.4	26.3	21.1	-
Somewhat disagree	21.5	12.6	29.6	19.8	15.6	28.9	-	25.0	22.2	21.6	25.0	28.1	21.6	17.5	-
Disagree	13.0	13.4	12.5	13.2	13.1	11.8	-	15.6	12.4	10.3	25.0	14.1	10.8	17.5	-
Strongly disagree	18.2	26.9	12.5	16.5	24.1	11.2	-	12.5	19.9	18.6	12.5	14.1	17.8	24.6	-
<b>How much do you agree or disagree that your athletics conference takes into account your voice (e.g., opinions, perspectives) when it comes to important decisions that impact your profession?</b>															
Strongly agree	3.3	3.4	2.0	5.6	3.6	3.3	-	12.9	2.6	4.0	0.0	3.2	3.3	5.4	-
Agree	15.6	12.7	17.2	16.7	14.2	17.2	-	19.4	15.1	16.7	7.7	15.9	15.6	12.5	-
Somewhat agree	37.9	33.9	41.1	37.8	34.0	44.4	-	22.6	38.7	37.3	51.3	46.0	37.7	33.9	-
Somewhat disagree	18.7	13.6	19.2	24.4	15.7	21.9	-	16.1	18.7	18.0	23.1	19.0	19.8	12.5	-
Disagree	12.0	16.1	11.9	6.7	15.2	7.3	-	12.9	12.5	10.7	15.4	6.3	12.7	14.3	-
Strongly disagree	12.5	20.3	8.6	8.9	17.3	6.0	-	16.1	12.5	13.3	2.6	9.5	10.8	21.4	-
<b>How much do you agree or disagree that the NCAA takes into account your voice (e.g., opinions, perspectives) when it comes to important decisions that impact your profession?</b>															
Strongly agree	1.9	3.4	0.0	3.3	3.5	0.0	-	3.1	2.0	2.3	0.0	1.6	1.9	3.5	-
Agree	10.5	7.6	13.9	8.8	8.0	14.6	-	18.8	9.5	11.3	10.3	12.5	10.4	7.0	-
Somewhat agree	27.1	20.2	29.1	33.0	21.6	35.1	-	28.1	26.8	27.2	30.8	32.8	26.4	22.8	-
Somewhat disagree	21.3	14.3	29.1	17.6	19.1	23.8	-	9.4	22.9	21.3	20.5	28.1	21.7	12.3	-
Disagree	19.9	22.7	18.5	18.7	21.1	18.5	-	18.8	20.3	18.3	33.3	14.1	19.3	29.8	-
Strongly disagree	19.1	31.9	9.3	18.7	26.6	7.9	-	21.9	18.6	19.6	5.1	10.9	20.3	24.6	-

Notes: Use caution when interpreting data from subgroups with <50 respondents. Percentages for subgroups with <30 are suppressed. Respondents who selected "another gender identity" and "77 or older" are not shown in their respective gender identity and generation groupings due to low numbers. "Other" includes those who selected American Indian/Alaska Native, Asian, Hispanic/Latino/a/x, Native Hawaiian/Pacific Islander, Middle Eastern/North African, other, and multiple identities. "Queer-spectrum" includes those who self-identified as gay, lesbian, bisexual, pansexual, queer, questioning/unsure or another identity.

**2022 NCAA Coach Well-Being Survey**  
**Division III Head and Assistant/Associate Coach Respondents by Subgroup**

	Head Coach				Assistant/Associate Coach			
	Man		Woman		Man		Woman	
	Do you have any children in your household that require childcare?							
	Yes	No	Yes	No	Yes	No	Yes	No
<b>Division III Respondents, N</b>	354	620	186	458	48	152	17	135
<b>In general, how would you rate your mental health, including your mood and your ability to think?</b>								
Excellent	12.8	15.4	6.5	6.3	35.4	19.1	-	5.9
Very Good	30.6	33.5	25.0	26.6	35.4	36.2	-	34.1
Good	32.0	28.2	42.9	37.6	6.3	29.0	-	40.7
Fair	19.3	18.1	20.7	26.0	16.7	10.5	-	16.3
Poor	5.4	4.9	4.9	3.5	6.3	5.3	-	3.0
<b>Within the last month, have you felt things were hopeless?</b>								
Constantly	1.1	1.3	1.1	0.4	2.1	0.7	-	2.2
Most every day	4.0	7.6	4.9	8.0	4.2	8.6	-	3.0
Occasionally	45.0	35.4	44.3	48.2	16.7	35.1	-	39.6
Never	49.9	55.7	49.7	43.4	77.1	55.6	-	55.2
<b>Within the last month, have you felt overwhelmed by all you had to do?</b>								
Constantly	10.2	7.9	13.4	16.2	10.4	5.3	-	7.5
Most every day	25.5	22.1	41.9	30.0	6.3	19.1	-	30.6
Occasionally	55.2	54.5	41.9	50.6	60.4	48.0	-	54.5
Never	9.1	15.5	2.7	3.3	22.9	27.6	-	7.5
<b>Within the last month, have you felt exhausted (not from physical activity)?</b>								
Constantly	10.2	7.6	17.7	13.6	8.3	11.2	-	9.7
Most every day	27.2	24.2	33.9	36.5	20.8	17.1	-	28.4
Occasionally	53.0	54.5	41.9	44.9	54.2	53.3	-	53.0
Never	9.6	13.7	6.5	5.0	16.7	18.4	-	9.0
<b>Within the last month, have you felt very lonely?</b>								
Constantly	1.4	1.6	4.8	4.8	2.1	3.3	-	3.7
Most every day	11.9	9.9	7.5	12.3	2.1	8.6	-	6.7
Occasionally	35.1	35.8	35.0	41.6	18.8	30.3	-	44.0
Never	51.6	52.8	52.7	41.4	77.1	57.9	-	45.5
<b>Within the last month, have you felt sad?</b>								
Constantly	0.6	2.4	2.7	1.8	4.2	2.0	-	3.0
Most every day	9.1	8.4	10.8	11.9	4.2	8.6	-	4.5
Occasionally	53.1	49.5	55.1	62.2	25.0	45.4	-	62.4
Never	37.2	39.6	31.4	24.2	66.7	44.1	-	30.1
<b>Within the last month, have you felt so depressed that it was difficult to function?</b>								
Constantly	0.3	1.0	1.1	1.1	0.0	0.0	-	2.2
Most every day	3.7	2.9	3.3	3.1	4.2	4.0	-	3.7
Occasionally	24.6	20.0	26.6	30.6	12.5	18.0	-	16.3
Never	71.4	76.1	69.0	65.3	83.3	78.0	-	77.8
<b>Within the last month, have you felt overwhelming anxiety?</b>								
Constantly	4.0	2.1	5.9	5.0	2.1	2.0	-	5.9
Most every day	14.2	8.4	12.9	13.6	10.4	13.8	-	13.3
Occasionally	42.8	40.2	46.8	51.0	27.1	29.6	-	42.2
Never	39.1	49.4	34.4	30.4	60.4	54.6	-	38.5
<b>Within the last month, have you felt overwhelming anger?</b>								
Constantly	1.4	2.6	1.1	1.3	2.1	0.7	-	1.5
Most every day	6.0	5.7	8.6	5.0	2.1	8.6	-	5.2
Occasionally	43.3	36.5	38.7	43.5	31.3	25.8	-	32.6
Never	49.3	55.2	51.6	50.1	64.6	64.9	-	60.7
<b>Within the last month, have you felt a sense of loss?</b>								
Constantly	0.9	2.1	2.7	1.8	0.0	0.7	-	1.5
Most every day	5.4	4.6	7.6	8.6	6.4	7.9	-	4.4
Occasionally	39.8	36.6	34.6	38.6	17.0	33.6	-	41.5
Never	54.0	56.7	55.1	51.0	76.6	57.9	-	52.6
<b>Within the last month, have you experienced sleep difficulties (e.g., trouble falling asleep, waking too early)?</b>								
Constantly	9.4	9.2	11.8	9.2	0.0	9.9	-	9.6
Most every day	21.5	22.3	22.6	28.1	29.8	15.1	-	19.3
Occasionally	49.9	46.9	45.2	49.6	31.9	48.0	-	47.4
Never	19.3	21.7	20.4	13.2	38.3	27.0	-	23.7

Notes: Use caution when interpreting data from subgroups with <50 respondents. Percentages for subgroups with <30 are suppressed. Respondents who selected other coaching staff roles (e.g., director of operations, graduate assistant, etc.) and "another gender identity" are not shown due to low numbers.





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