



NCAA Coach Well-Being Study

Division II Findings, January 2023



RESEARCH

Methods

- ▶ Online survey examined coach mental well-being, as well as how coaches are adapting to current recruiting and roster management challenges. Designed and distributed by NCAA Research.
- ▶ Survey opened March 2, 2022, and closed April 17, 2022.
- ▶ 6,113 NCAA coach staff members took the survey.

	Total	Division I	Division II	Division III
Head Coaches	4,258	1,471	958	1,808
Assistant/Associate Coaches	1,627	952	261	406
Other (Director of Ops, GAs, etc.)	228	137	52	38

Note: Not all respondents provided NCAA division of competition. Source: NCAA Coach Well-Being Study (Spring 2022).

Response Rates by Role and Gender

All	Division I	Division II	Division III
Head Coaches (N=4,258)	22%	19%	21%
Assistant/Associate Coaches (N=1,627)	6%	3%	2%

Men	Division I	Division II	Division III
Head Coaches (N=2,324)	16%	14%	16%
Assistant/Associate Coaches (N=818)	4%	2%	8%

Women	Division I	Division II	Division III
Head Coaches (N=1,455)	30%	27%	29%
Assistant/Associate Coaches (N=585)	8%	3%	3%

Note: Response rates derived from N in sample divided by NCAA coach demographic data for 2022. Demographic data is not available for those in other staff roles (e.g., director of operations, graduate assistants, etc.). Not all respondents shared their gender identity; those who selected "another gender identity" are not shown due to low numbers. Sources: NCAA Coach Well-Being Study (Spring 2022), [NCAA Demographics Database](#) (2022).



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Head Coach Response Rates by Gender and Race

Men	Division I	Division II	Division III
Black (N=95)	6%	6%	7%
Other (N=185)	17%	14%	23%
White (N=2,033)	17%	15%	16%

Women	Division I	Division II	Division III
Black (N=59)	16%	10%	7%
Other (N=109)	31%	31%	31%
White (1,280)	32%	29%	30%

Note: Response rates derived from N in sample divided by NCAA coach demographic data for 2022. Not all respondents shared their gender or racial identity; those who selected "another gender identity" are not shown due to low numbers. "Other" race/ethnicity includes those who identified as American Indian/Alaska Native, Asian, Hispanic/Latino/a/x, Native Hawaiian/Pacific Islander, Middle Eastern/North African, other, and multiple identities. Sources: NCAA Coach Well-Being Study (Spring 2022), [NCAA Demographics Database](#) (2022).



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Participant Demographics

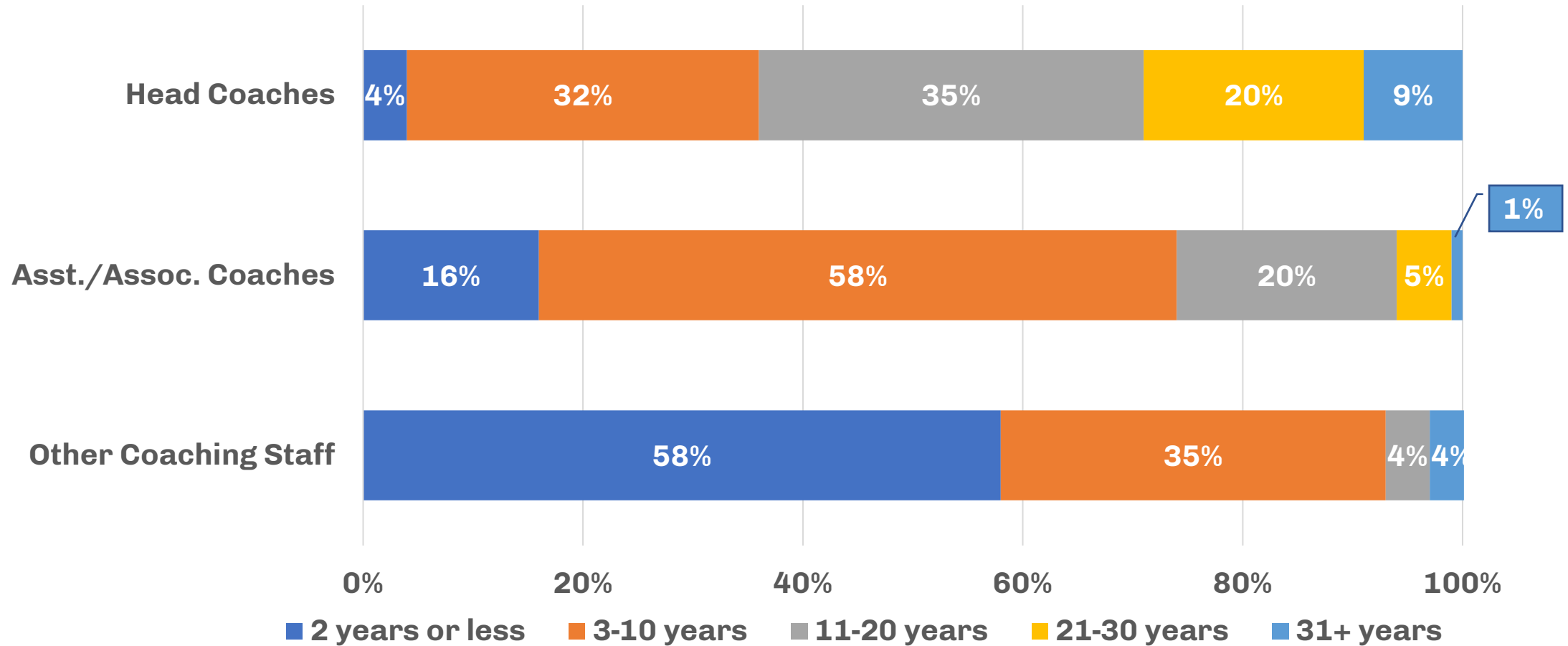
Division II

Coaching Staff Participant Demographics (Division II)

	Head Coaches (N=958)	Asst./Assoc. Coaches (N=261)	Other Staff (N=52)
Gender Identity	Man	65%	50%
	Woman	35%	50%
	Another Gender Identity	<1%	<1%
Race/Ethnicity	Black	4%	9%
	Other	10%	19%
	White	85%	72%
Sexual Orientation	Queer-Spectrum	8%	7%
	Straight	92%	93%

Note: Not all respondents shared their gender, race or sexual orientation; those who selected "another gender identity" are not shown due to low numbers. Participants who selected "another gender identity" were provided an open-ended prompt to allow for all gender expansive identities to be acknowledged and affirmed. "Other" race/ethnicity includes those who identified as American Indian/Alaska Native, Asian, Hispanic/Latino/a/x, Native Hawaiian/Pacific Islander, Middle Eastern/North African, other, and multiple identities. Queer-spectrum includes those self-identifying as gay, lesbian, bisexual, pansexual, queer, questioning/unsure or another identity. Source: NCAA Coach Well-Being Study (Spring 2022).

Coaching Staff Participant Years of Experience (Division II)



Note: The sum of percentages in each bar may not equal 100% due to rounding. Source: NCAA Coach Well-Being Study (Spring 2022).

Coaching Staff Participants by Gender of Team Coached

	Total		Division I		Division II		Division III	
	N	%	N	%	N	%	N	%
Men's Sports	1,677	28%	666	26%	360	28%	640	28%
Women's Sports	3,220	53%	1,475	58%	611	48%	1,120	50%
Men's and Women's Sports	1,195	20%	411	16%	293	23%	487	22%

Note: Includes all coaches (head, assistant/associate and other) in the sample. Not all respondents provided NCAA division of competition. Participants were asked if they coached a men's team, a women's team or both. Source: NCAA Coach Well-Being Study (Spring 2022).

Number of Division II Coaching Staff Participants by Sport

Men's Teams	N
Baseball	48
Basketball	70
Football	78
Golf	21
Ice Hockey	11
Lacrosse	24
Soccer	65
Wrestling	29

Women's Teams	N
Basketball	107
Cross Country	11
Field Hockey	20
Golf	10
Lacrosse	86
Soccer	83
Softball	122
Tennis	15
Track & Field	15
Volleyball	122

Men's and Women's Teams	N
Cross Country	112
Golf	41
Swim & Dive	42
Tennis	21
Track & Field	148
Wrestling	10

Note: Includes all coaches (head, assistant/associate and other) in the sample. Participants were asked if they coached a men's team, a women's team or both. A majority (66%) of Division II coaches who selected "men and women's teams" selected one sport (e.g., track and field). Some respondents coaching both men's and women's teams selected multiple sports (e.g., lacrosse and golf). Multisport coaches counted in each sport. Sports with less than 10 participants not shown. Source: NCAA Coach Well-Being Study (Spring 2022).



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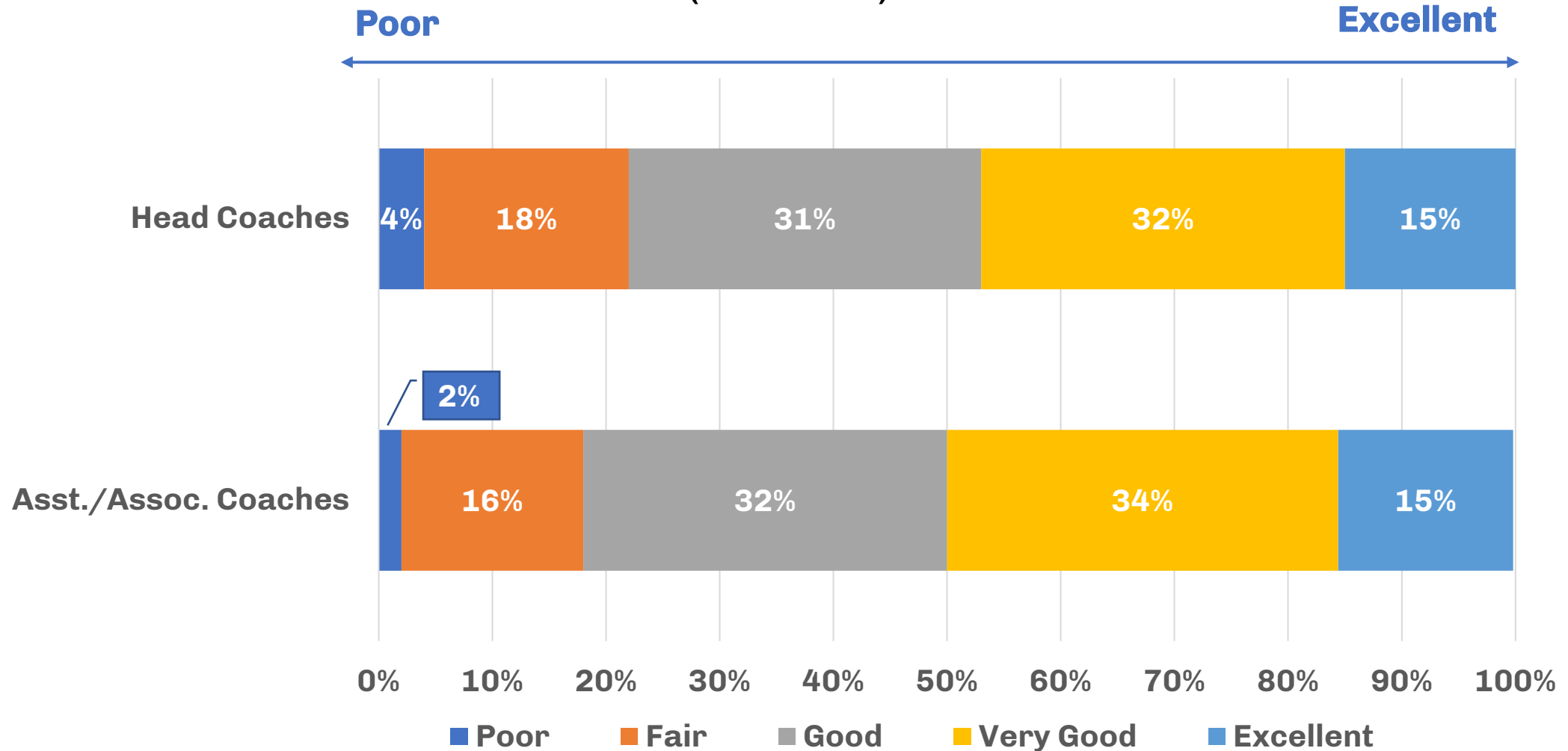
Summary of Findings

Division II

Coaches have felt substantial and unique pressures in their jobs over the past several years, manifesting in high levels of stress and mental exhaustion.

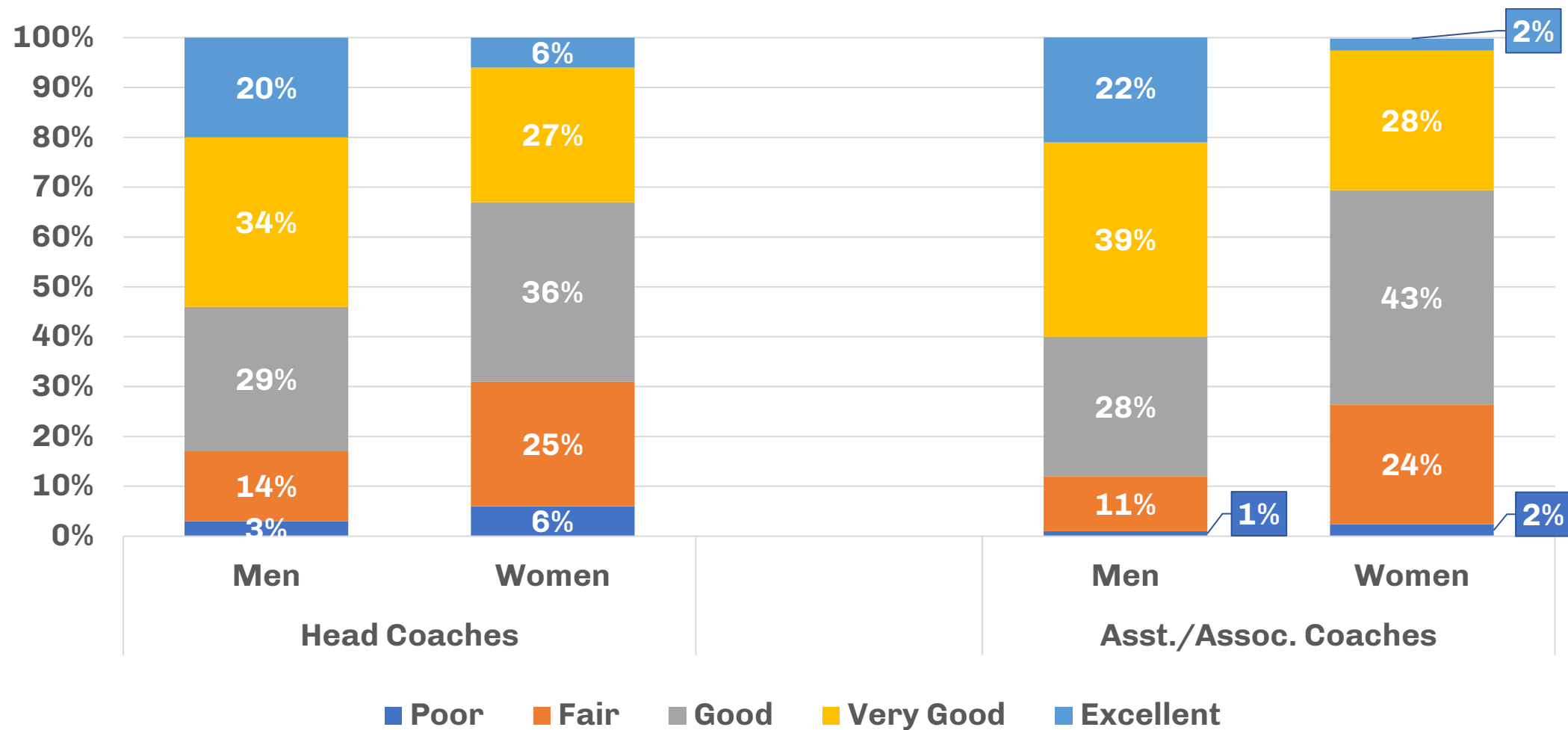


Self-Reported Overall Mental Health (Division II)



Note: The sum of percentages in each bar may not equal 100% due to rounding. The question asked: "In general, how would you rate your mental health, including your mood and your ability to think?" The survey was in the field March 2-April 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).

Self-Reported Overall Mental Health (Division II)



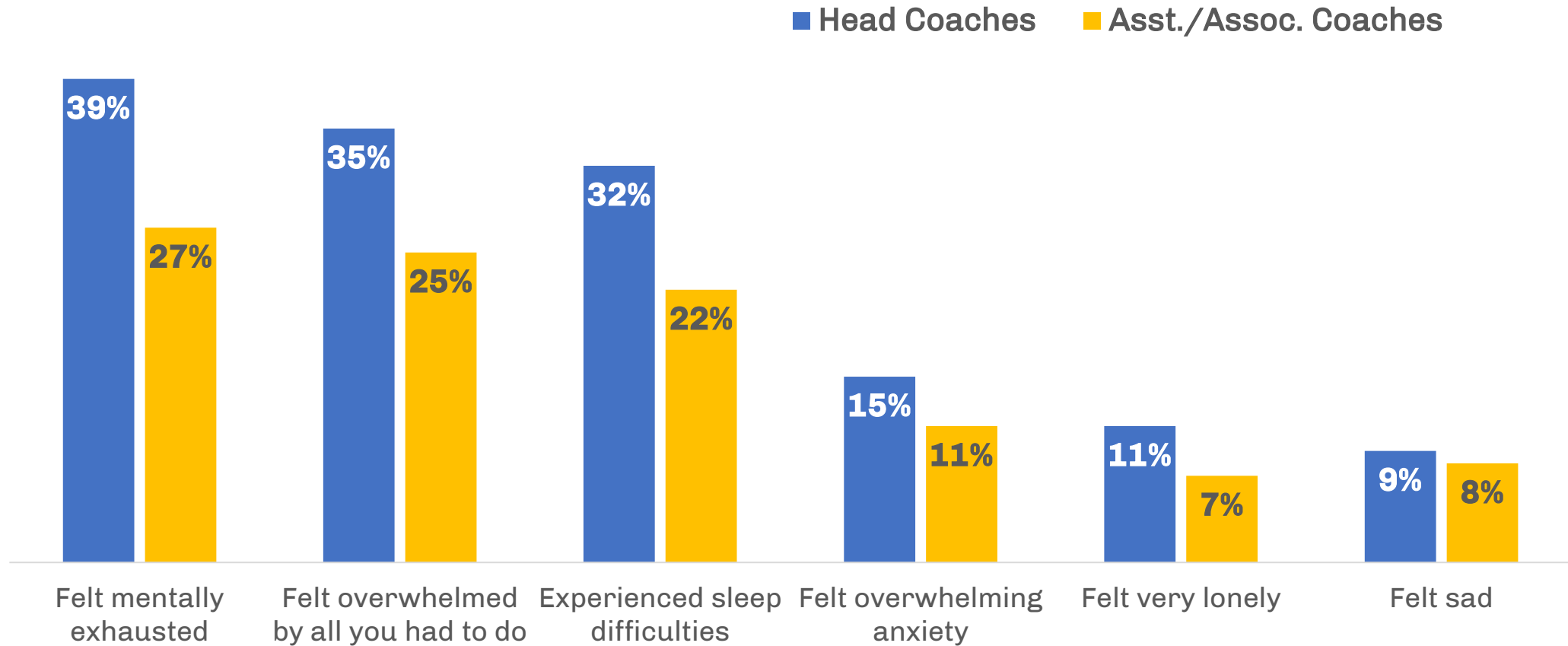
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Coach Mental Health Concerns

(Percentage of Division II Coaches Responding “Constantly” or “Most Every Day”)



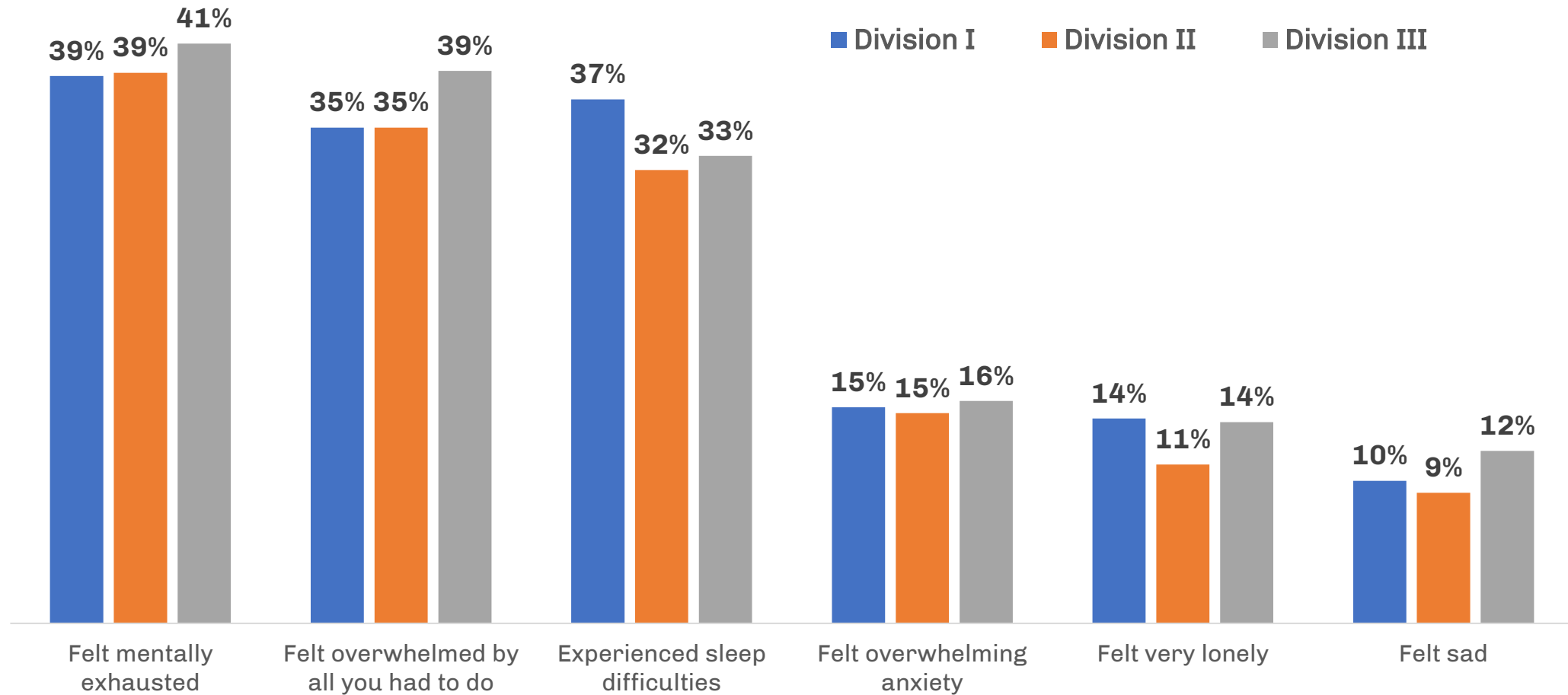
Note: Top 2 points on a 4-point scale. Other concerns endorsed at rates ranging from 4%-8% included a sense of loss, hopelessness, overwhelming anger and depression. The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).



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Head Coach Mental Health Concerns

(Percentage Responding “Constantly” or “Most Every Day”)



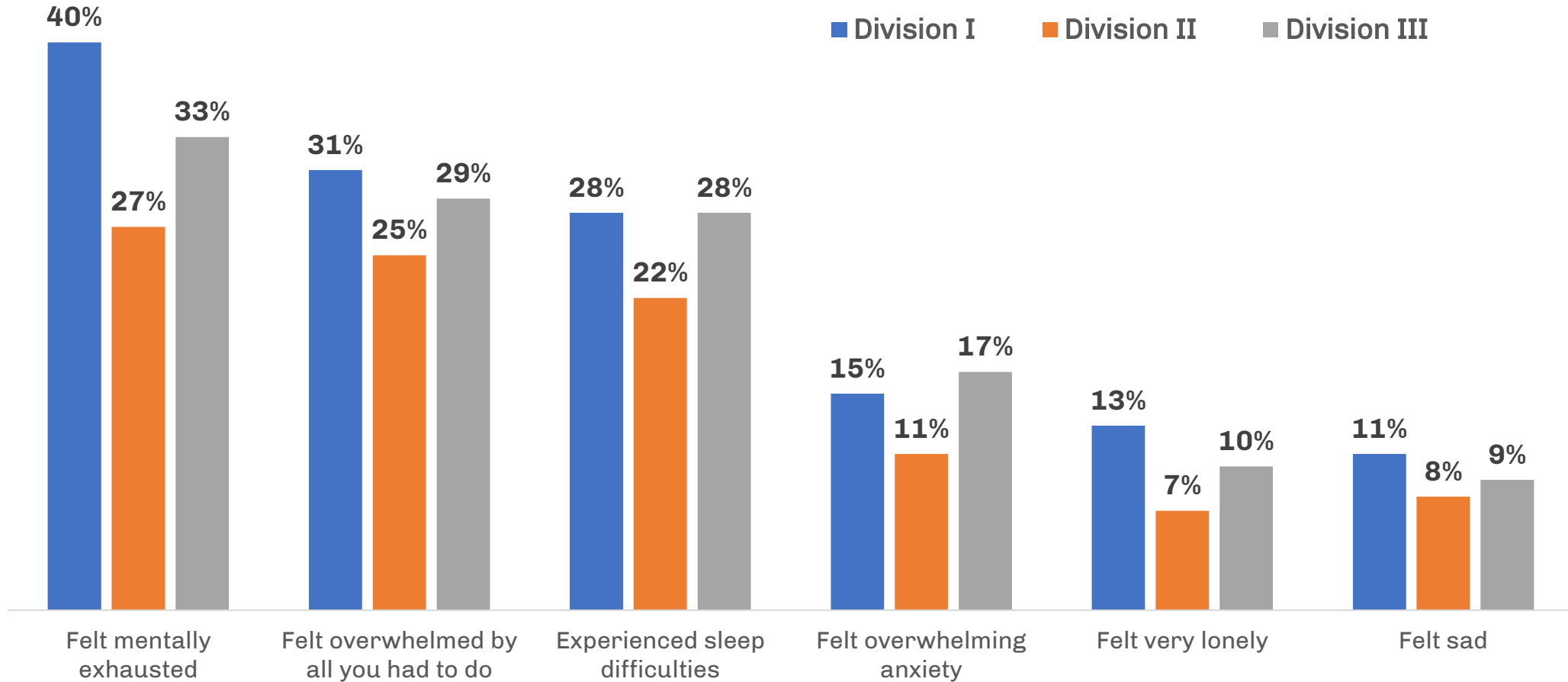
Note: Top 2 points on a 4-point scale. Other concerns endorsed at rates ranging from 4%-8% included a sense of loss, hopelessness, overwhelming anger and depression. The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).



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Assistant/Associate Coach Mental Health Concerns

(Percentage Responding “Constantly” or “Most Every Day”)



Note: Top 2 points on a 4-point scale. Other concerns endorsed at rates ranging from 4%-8% included a sense of loss, hopelessness, overwhelming anger and depression. The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).



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Coach Mental Health Concerns

(Percentage of Division II Coaches Responding “Constantly” or “Most Every Day” by Gender)

	Head Coaches		Asst./Assoc. Coaches	
	Men (N=560)	Women (N=297)	Men (N=149)	Women (N=82)
Felt mentally exhausted	32%	52%	25%	32%
Felt overwhelmed by all you had to do	28%	47%	19%	40%
Experienced sleep difficulties	30%	36%	19%	30%
Felt overwhelming anxiety	13%	19%	6%	21%
Felt very lonely	10%	13%	6%	10%
Felt sad	8%	11%	5%	10%
Felt a sense of loss	8%	9%	5%	9%
Felt overwhelming anger	8%	11%	6%	6%
Felt things were hopeless	7%	8%	6%	5%
Felt so depressed that it was difficult to function	4%	4%	3%	2%

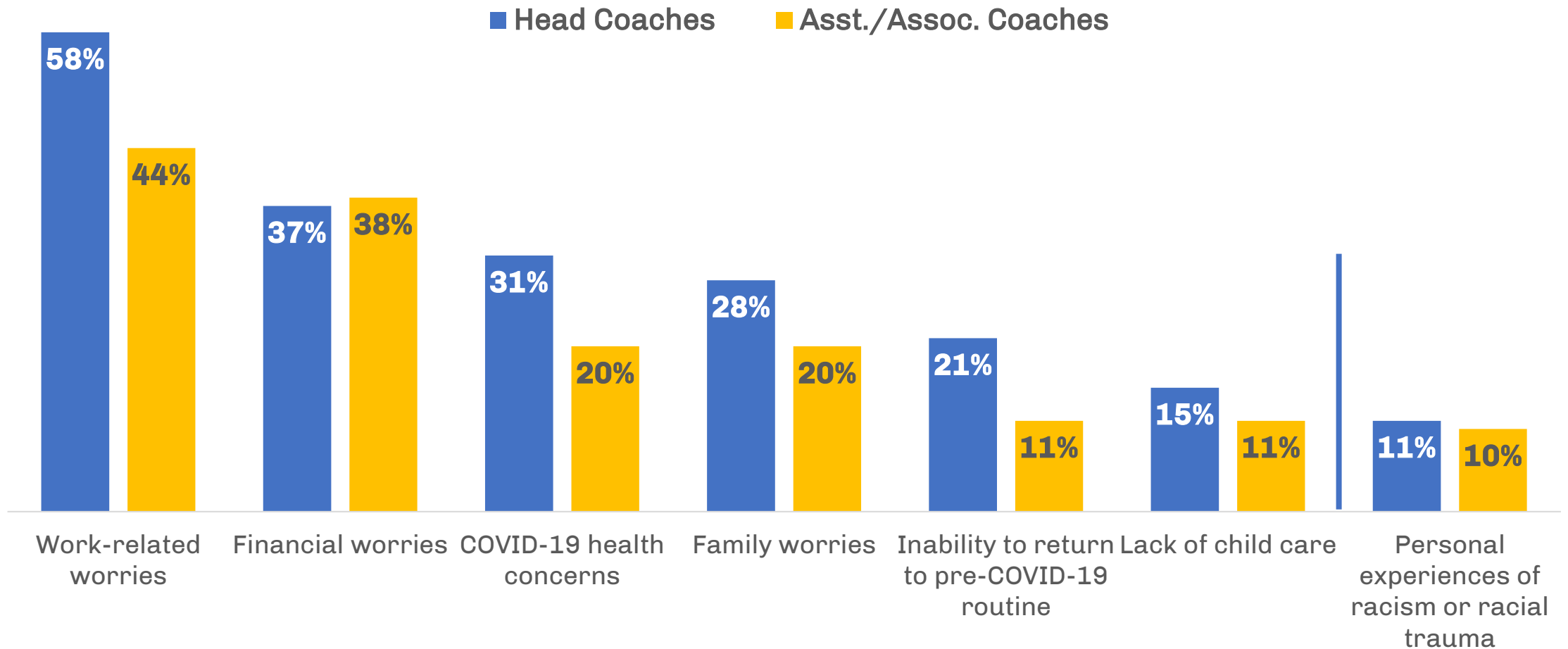
Note: Top 2 points on a 4-point scale. Not all respondents shared their gender identity; those who selected “another gender identity” are not shown due to low numbers. The survey was in the field March 2-April 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).



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Factors Negatively Impacting Coach Mental Health in the 12 Months Before the Survey

(Percentage of Division II Coaches Responding “Agree” or “Strongly Agree”)



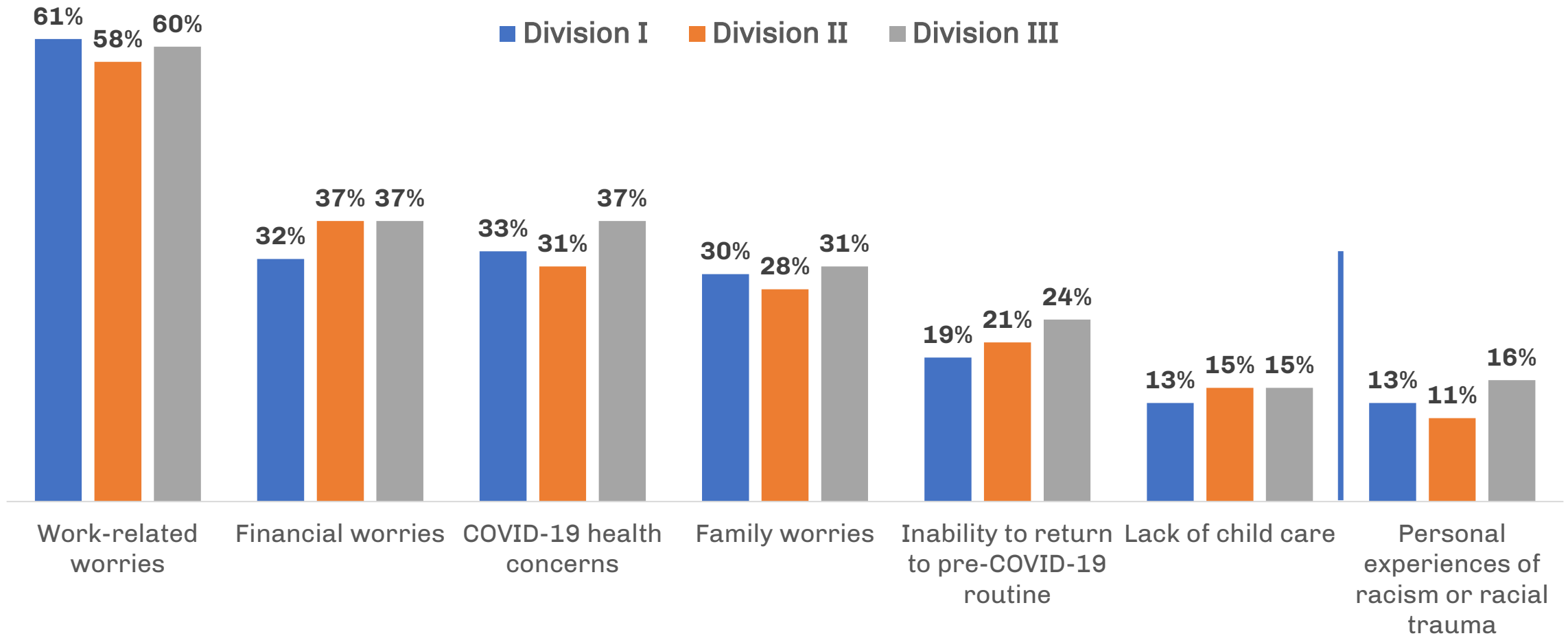
Note: Top 2 points on a 6-point scale. Personal experiences of racism or racial trauma limited to coaches identifying as Black, Indigenous, and people of color only; N=129 head coaches and 52 assistant/associate coaches in sample. All other items apply to every head and assistant/associate coach in the sample. The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).



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Factors Negatively Impacting Coach Mental Health in the 12 Months Before the Survey

(Percentage of Head Coaches Responding “Agree” or “Strongly Agree” by Division)



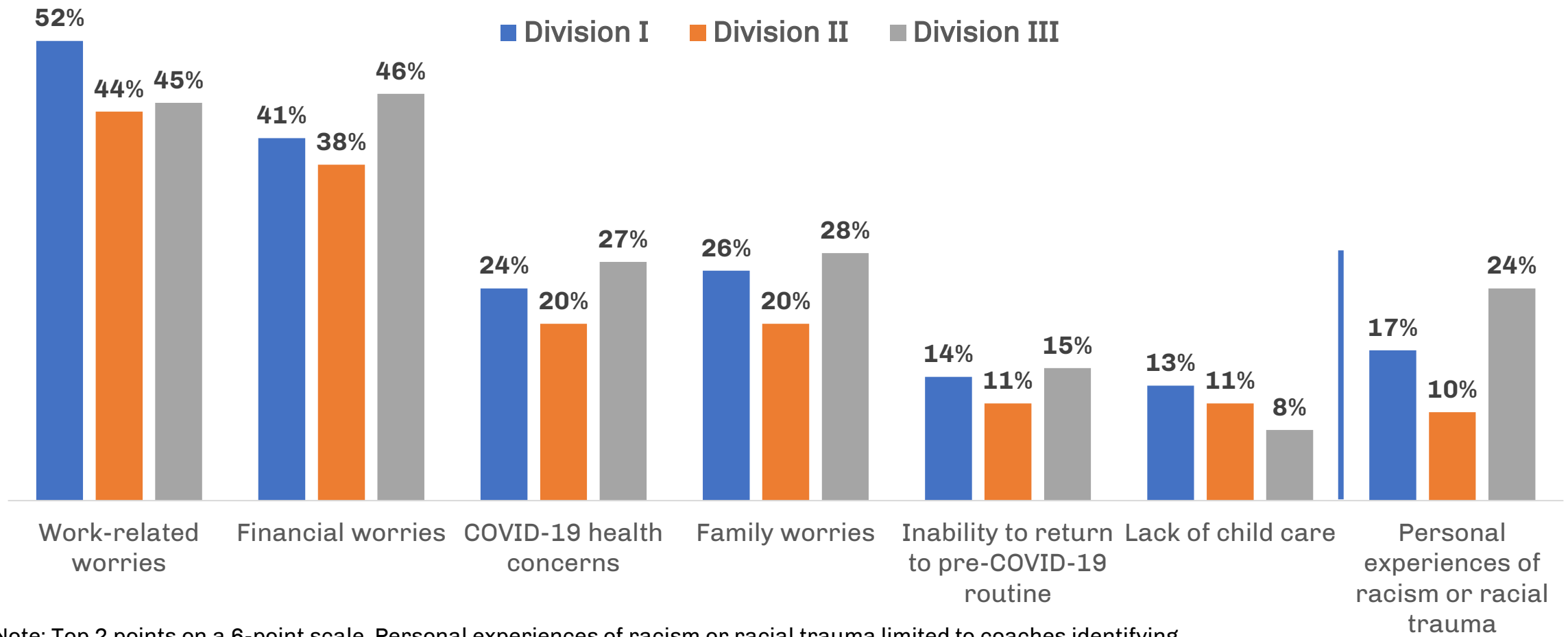
Note: Top 2 points on a 6-point scale. Personal experiences of racism or racial trauma limited to coaches identifying as Black, Indigenous, and people of color only; N=210 Division I head coaches, 129 Division II head coaches and 169 Division III head coaches in sample. All other items apply to every head coach in the sample. The survey was in the field March 2-April 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).



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Factors Negatively Impacting Coach Mental Health in the 12 Months Before the Survey

(Percentage of Assistant/Associate Coaches Responding “Agree” or “Strongly Agree” by Division)



Note: Top 2 points on a 6-point scale. Personal experiences of racism or racial trauma limited to coaches identifying as Black, Indigenous, and people of color only; N=201 Division I assistant/associate coaches, 52 Division II assistant/associate coaches and 50 Division III assistant/associate coaches in sample. All other items apply to every assistant/associate coach in the sample. The survey was in the field March 2-April 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).



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Factors Negatively Impacting Coach Mental Health in the 12 Months Before the Survey

(Percentage of Division II Coaches Responding “Agree” or “Strongly Agree” by Gender)

	Head Coaches		Asst./Assoc. Coaches	
	Men (N=560)	Women (N=297)	Men (N=149)	Women (N=82)
Work-related worries	52%	67%	36%	57%
Financial worries	36%	39%	38%	44%
COVID-19 health concerns	29%	34%	20%	21%
Family worries	26%	31%	21%	21%
Inability to return to pre-COVID-19 routine	20%	22%	14%	7%
Lack of child care	15%	18%	14%	8%

Note: Top 2 points on a 6-point scale. Not all respondents shared their gender identity; those who selected “another gender identity” are not shown due to low numbers. The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).



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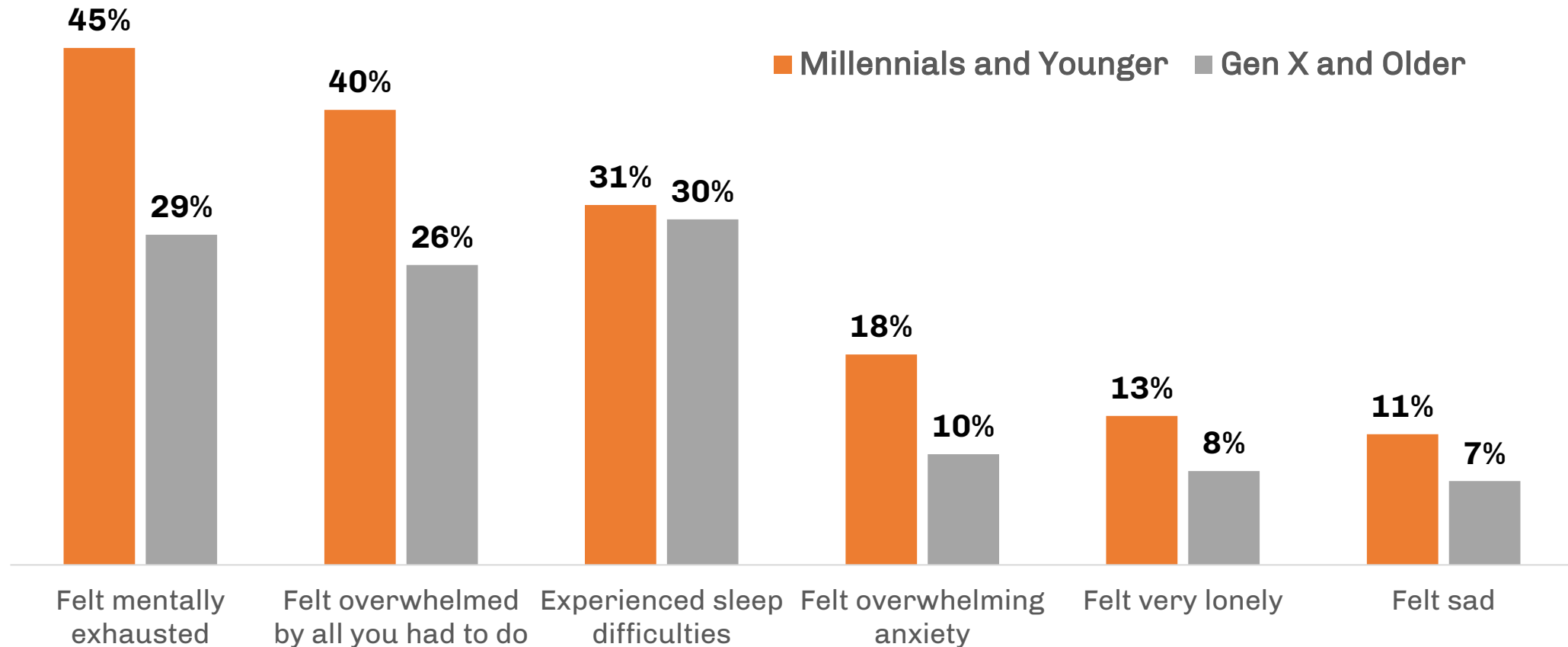
Young coaches in particular reported higher rates of mental health concerns.



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Coach Mental Health Concerns by Generational Status

(Percentage of Division II Coaches Responding “Constantly” or “Most Every Day”)



Note: Top 2 points on a 4-point scale. Includes all Division II coaches (head, assistant/associate and other) who shared their age in the sample. Participating in the survey were 77 Gen Z (born 1997-2012) coaches, 555 Millennial (born 1981-1996) coaches, 386 Gen X (born 1965-1980) coaches, 157 Baby Boomer (born 1946-1964) and 7 Silent Generation coaches (born 1925-1945). The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).

Coaches are more concerned than ever about student-athlete mental health and how they can provide support.



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Head Coaches' Level of Concern About Issues Facing Team

(Percentage Responding "Very Concerned" by Division)

	Division I	Division II	Division III
Supporting SA mental health	55%	50%	58%
Supporting SA physical health	45%	39%	45%
Maintaining a safe environment for team	28%	24%	30%
Advocating for gender equity within athletics dept.	27%	17%	17%
Navigating COVID-19 health restrictions/protocols	25%	25%	33%
Creating an inclusive environment among the team	24%	18%	22%
Navigating changes to the NCAA structure/constitution	18%	9%	6%
Helping SAs navigate NIL opportunities	13%	6%	4%

Note: Participants were asked, "This year (2021-22), what is your level of concern about the following issues in terms of your team and athletics department climate?" The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).



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Head Coaches' Level of Concern About Issues Facing Team

(Percentage Responding "Very Concerned" by Division and Gender)

	Division I		Division II		Division III	
	Men	Women	Men	Women	Men	Women
Supporting SA mental health	47%	67%	42%	66%	50%	69%
Supporting SA physical health	40%	50%	32%	55%	40%	54%
Navigating COVID-19 health restrictions/protocols	25%	26%	24%	26%	32%	32%
Maintaining a safe environment for team	24%	33%	22%	29%	27%	35%
Navigating changes to the NCAA structure/constitution	19%	16%	10%	4%	6%	5%
Creating an inclusive environment among the team	19%	34%	15%	25%	18%	29%
Advocating for gender equity within athletics dept	17%	43%	10%	29%	11%	28%
Helping SAs navigate NIL opportunities	13%	14%	6%	6%	4%	3%

Note: Participants were asked, "This year (2021-22), what is your level of concern about the following issues in terms of your team and athletics department climate?" Not all respondents shared their gender identity; those who selected "another gender identity" are not shown due to low numbers. The survey was in the field March 2-April 17, 2022.

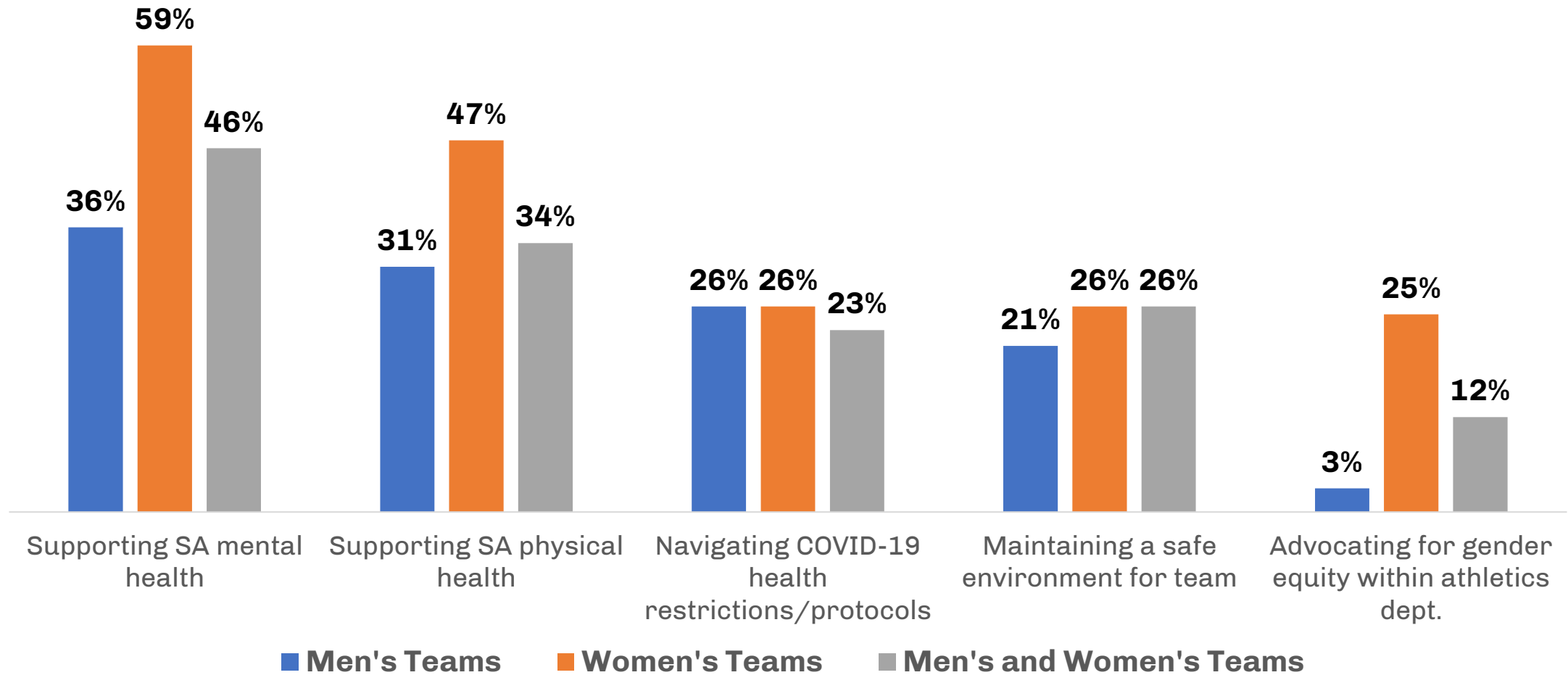
Source: NCAA Coach Well-Being Study (Spring 2022).



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Head Coaches' Level of Concern About Issues Facing Team

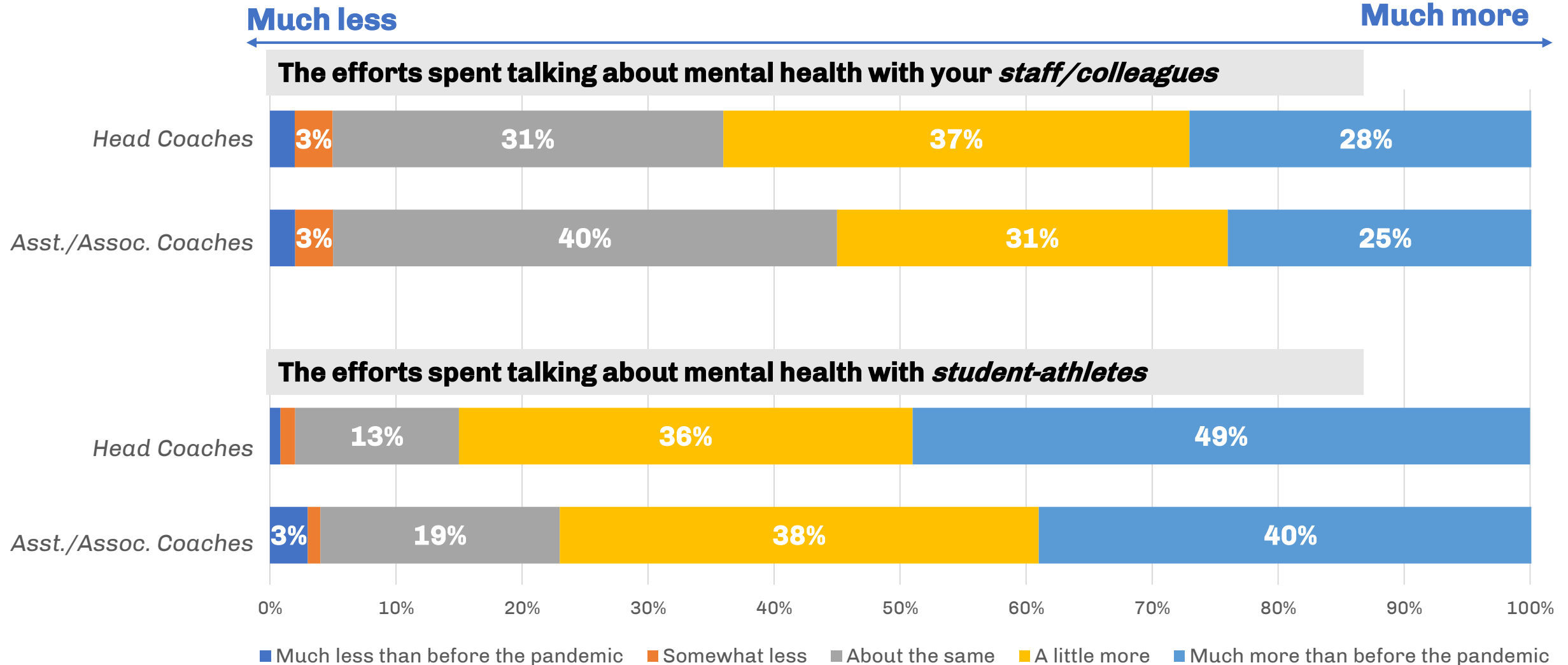
(Percentage of Division II Head Coaches Responding "Very Concerned" by Gender of Team Coached)



Note: Participants were asked, "This year (2021-22), what is your level of concern about the following issues in terms of your team and athletics department climate?" Items with responses at or above 25% are depicted. The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).

Mental Health Engagement in 2021-22 Compared to Pre-Pandemic Levels

(Division II)

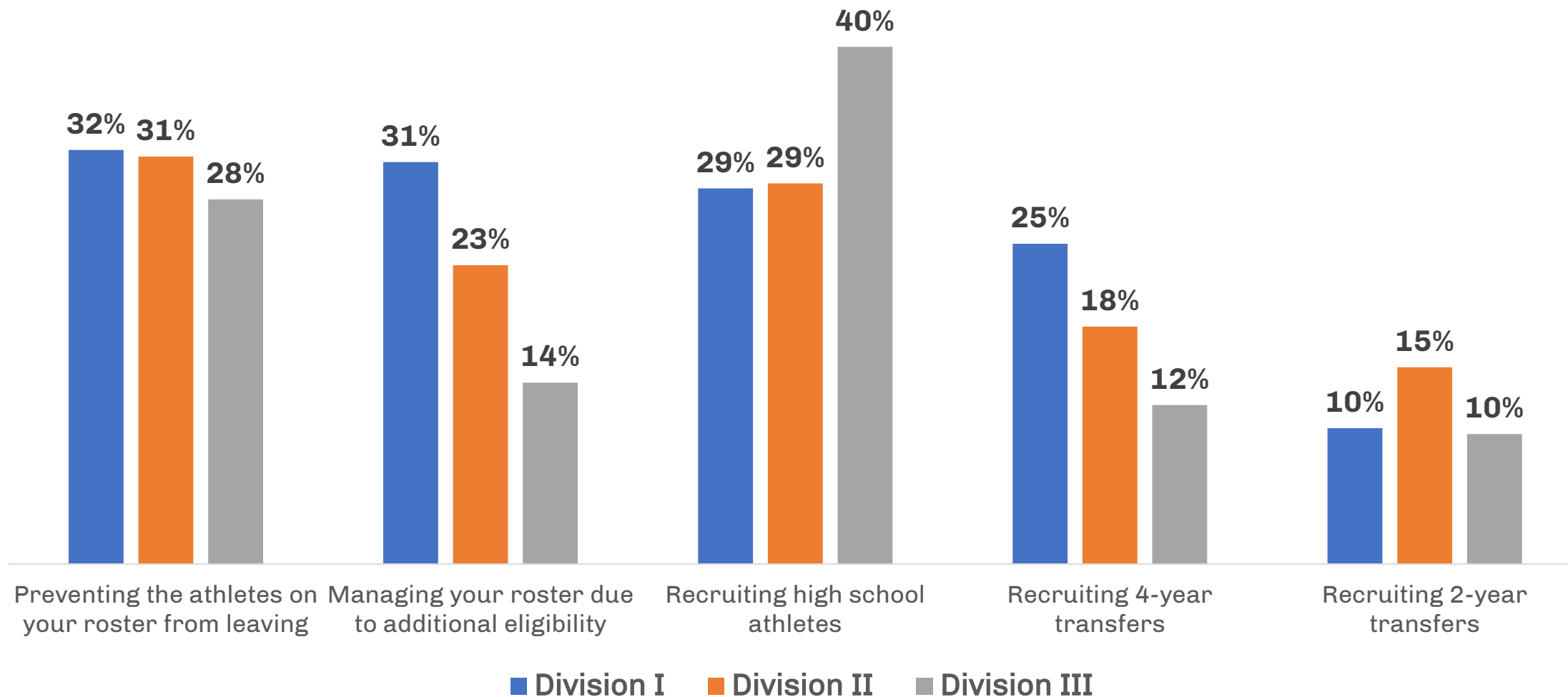


Note: Data labels not shown below 3%. Includes only those respondents who indicated being on a college coaching staff for three or more years. Participants were asked, "Compared to pre-pandemic levels (2019), how much has the following changed during this 2021-22 academic year?" The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).

Recruiting and roster management have become especially challenging for coaches in many sports.



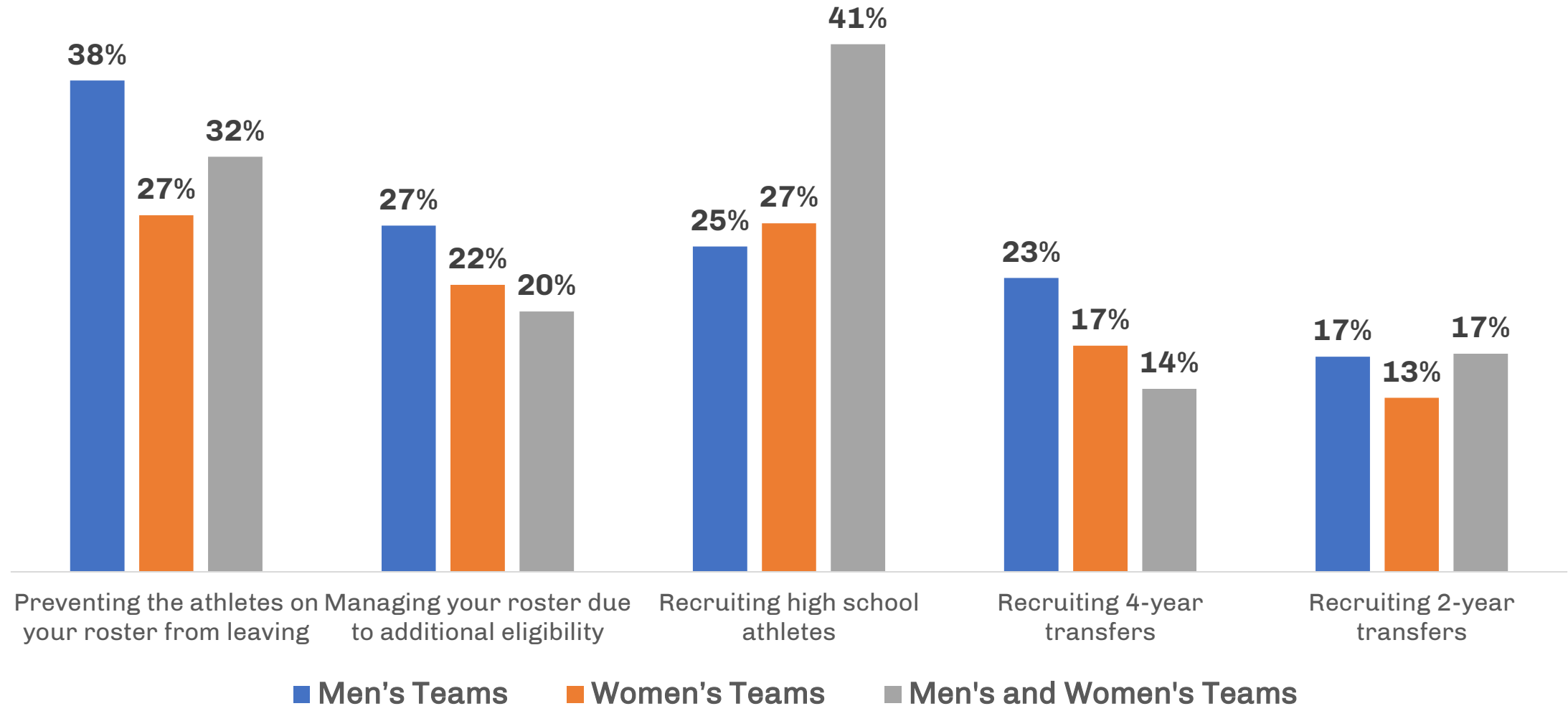
Percentage of Head Coaches “Very Concerned” About... (By Division)



Note: Participants were asked, “This year (2021-22), what is your level of concern about balancing the following issues in terms of roster management?” The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).

Percentage of Division II Head Coaches “Very Concerned” About...

(By Gender of Team Coached)

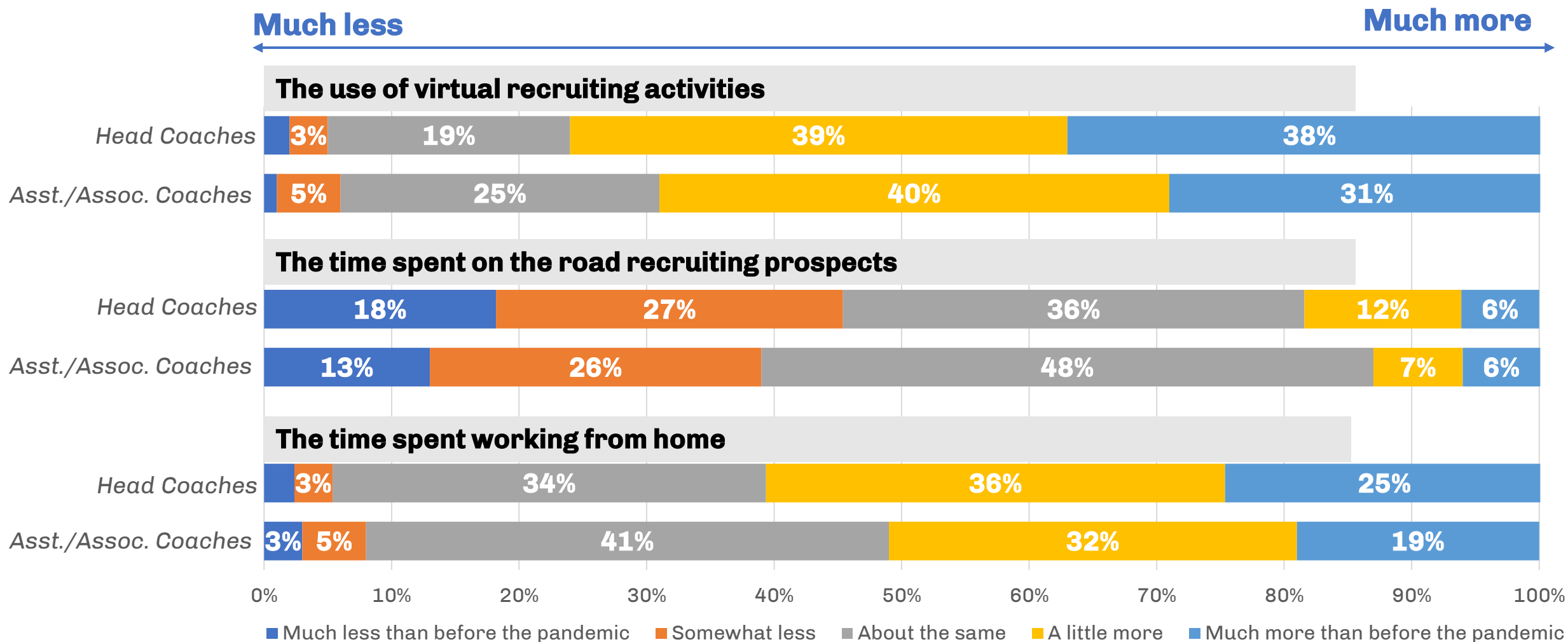


Note: Participants were asked, “This year (2021-22), what is your level of concern about balancing the following issues in terms of roster management?” Those coaching both men’s and women’s teams were primarily in the sports of cross country, golf, track and field, and swimming and diving. The survey was in the field Mar. 2-Apr. 17, 2022.
Source: NCAA Coach Well-Being Study (Spring 2022).

Coaches want their schools to understand the changing nature of their jobs, the personal challenges confronting them and the support mechanisms that they need to be healthy and successful.



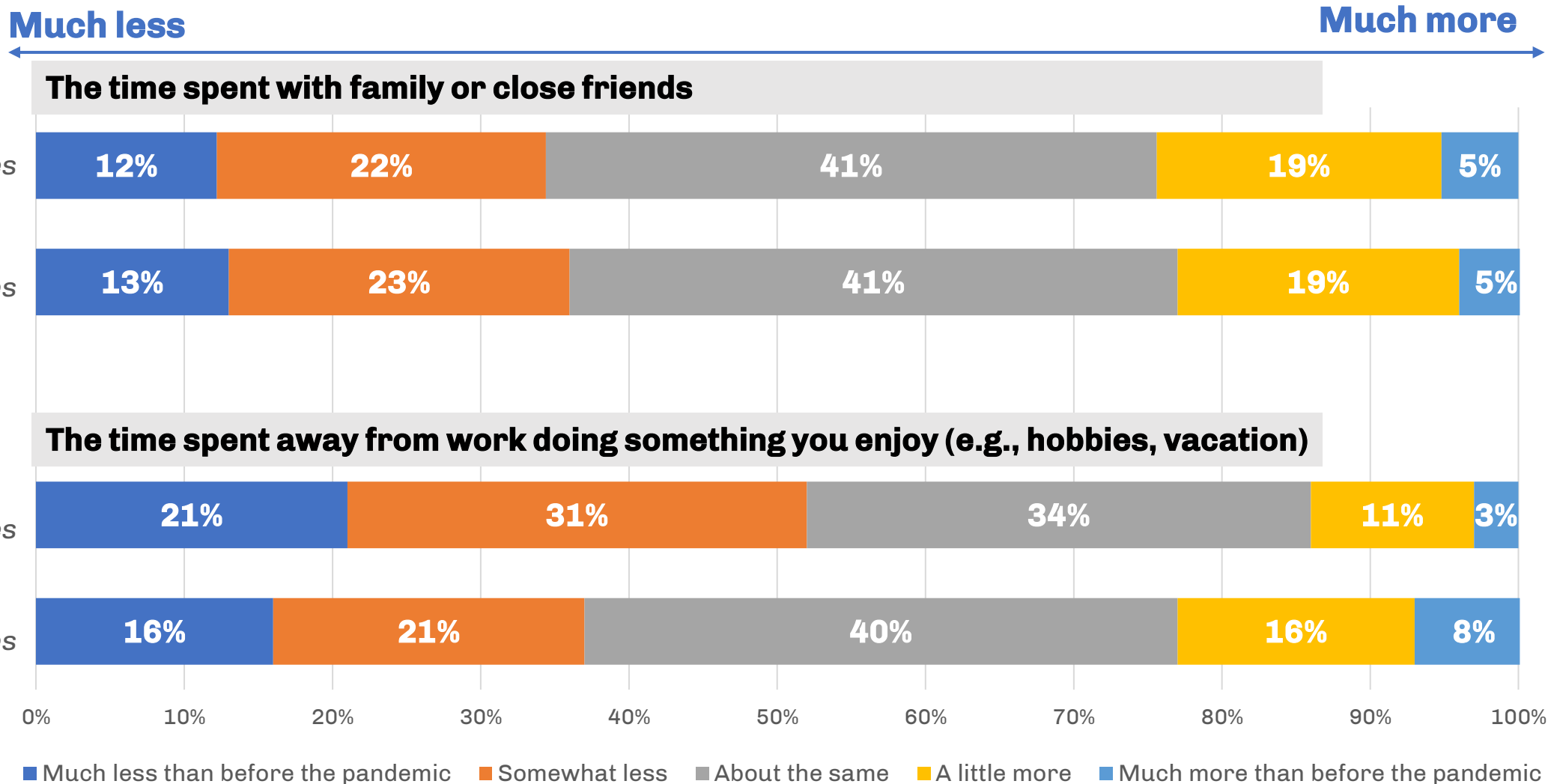
Work Behaviors in 2021-22 Compared to Pre-Pandemic Activities (Division II)



Note: Data labels not shown below 3%. Includes only those respondents who indicated being on a college coaching staff for three or more years. Participants were asked, "Compared to pre-pandemic levels (2019), how much has the following changed during this 2021-22 academic year?" The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).

Social Behaviors in 2021-22 Compared to Pre-Pandemic Levels

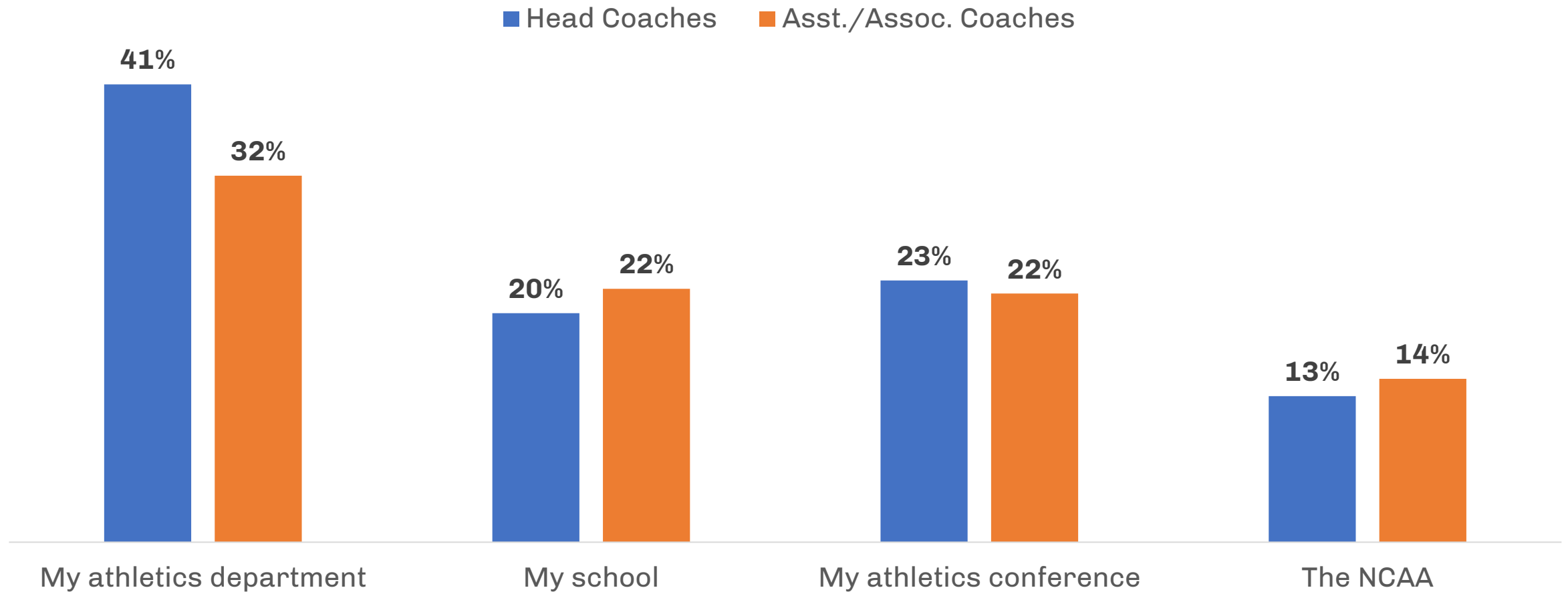
(Division II)



Note: Includes only those respondents who indicated being on a college coaching staff for three or more years. Participants were asked, "Compared to pre-pandemic levels (2019), how much has the following changed during this 2021-22 academic year?" The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).

How much do you agree that the following take into account your voice when it comes to important decisions that impact your profession?

(Percentage of Division II Coaches Responding “Agree” or “Strongly Agree”)



Note: Top 2 points on a 6-point scale. The survey was in the field Mar. 2-Apr. 17, 2022. Source: NCAA Coach Well-Being Study (Spring 2022).

Open-Ended Responses

(Division II)

- ▶ **Coaches would like access to mental health resources for their own use.**

“Offer a clinical psychologist on staff for our athletes and coaches. The mental health of our staff and student-athletes is so important and going untreated.” – Softball Head Coach

- ▶ **The pressure to ‘win now’ and budget cuts have fueled concerns about job security.**

“The pressure to win is still great despite all the obstacles we have faced in the last two years. I’m unsure about my job security because I’m expected to win with a smaller budget, ease of transferring (portal), and athletes getting NIL deals at bigger institutions.” – Men’s Golf Head Coach

- ▶ **Coaches want a salary that aligns with a living wage and seek to hire more assistants to help shoulder the increased workload.**

“Coaches get paid minimal and yet have [...] profound impact on the lives of athletes. It’s stressful trying to [...] justify the time that needs to be spent versus the time you should spend based on compensation.” – Women’s Lacrosse Assistant/Associate Coach

- ▶ **Addressing gender and racial inequities and bias would improve conditions for women coaches and coaches identifying as Black, Indigenous, and people of color.**

“...pressure to feel like I am battling every single day to have a voice in a male dominated workplace, [...] battle for women’s teams to have their own locker rooms, [...] for women coaches to have a changing facility.” – Women’s Basketball Head Coach

- ▶ **Athletics departments can support their coaches by appreciating their hard work and seeking their input.**

“Show they care more [...] Having a pretty conference room is not it, check-in on humans more often. It must be humans first, not wins and losses.” – Men’s and Women’s Golf Head Coach

Appendix Tables

Division II

2022 NCAA Coach Well-Being Survey
Division II Head Coach Respondents by Subgroup

	All	Sport Gender			Gender Identity		Race/Ethnicity			Sexual Orientation		Generation			
		Men's Team	Women's Team	Men's and Women's Team	Man	Woman	Black	Other	White	Straight	Queer-Spectrum	Gen Z 18-25 yrs	Millennial 26-41 yrs	Gen X 42-57 yrs	Baby Boomer 58-76 yrs
Division II Respondents, N	958	265	485	200	560	297	39	90	754	765	63	8	398	346	136
In general, how would you rate your mental health, including your mood and your ability to think?															
Excellent	14.9	21.6	11.8	13.0	19.5	6.4	15.4	11.1	15.2	15.7	1.6	-	6.8	15.4	36.0
Very Good	32.1	34.5	29.5	34.5	34.1	26.6	33.3	38.9	30.6	31.7	22.2	-	26.7	34.2	36.8
Good	31.3	25.8	34.7	31.0	29.2	35.7	35.9	24.4	31.8	31.5	34.9	-	37.3	29.3	19.1
Fair	17.8	15.9	20.0	15.0	14.3	25.3	15.4	17.8	18.6	17.0	34.9	-	23.7	17.4	7.4
Poor	4.0	2.3	3.9	6.5	2.9	6.1	0.0	7.8	3.9	4.1	6.3	-	5.5	3.8	0.7
Within the last month, have you felt things were hopeless?															
Constantly	1.3	0.8	1.5	1.5	0.7	2.4	5.1	1.1	1.2	1.2	3.3	-	1.3	1.7	0.7
Most every day	5.7	5.7	4.0	9.5	5.8	5.4	0.0	10.1	5.8	6.1	6.6	-	8.4	5.2	0.7
Occasionally	39.8	33.3	44.0	39.7	36.0	47.3	43.6	47.2	38.8	39.1	49.2	-	49.1	34.9	26.1
Never	53.3	60.2	50.6	49.2	57.5	44.9	51.3	41.6	54.2	53.6	41.0	-	41.2	58.1	72.4
Within the last month, have you felt overwhelmed by all you had to do?															
Constantly	9.9	5.7	11.2	12.1	6.6	16.9	12.8	14.4	9.6	9.6	19.7	-	13.6	10.1	2.2
Most every day	25.1	21.6	26.9	25.8	21.0	30.2	25.6	22.2	25.2	24.7	34.4	-	31.3	22.0	14.1
Occasionally	51.4	52.7	50.7	51.0	54.0	45.8	35.9	56.7	51.0	51.6	36.1	-	47.7	53.6	52.6
Never	13.6	20.1	11.2	11.1	18.3	7.1	25.6	6.7	14.2	14.2	9.8	-	7.3	14.2	31.1
Within the last month, have you felt exhausted (not from physical activity)?															
Constantly	11.0	10.6	11.2	11.0	9.1	15.5	12.8	16.7	10.6	11.2	14.5	-	14.1	12.1	3.7
Most every day	27.9	21.5	30.8	29.5	22.7	36.8	23.1	22.2	29.0	27.1	41.9	-	37.5	24.0	11.0
Occasionally	48.2	52.5	47.5	44.0	50.7	41.6	38.5	48.9	47.7	48.1	37.1	-	42.3	51.7	49.3
Never	13.0	15.5	10.5	15.5	17.5	6.1	25.6	12.2	12.7	13.6	6.5	-	6.0	12.1	36.0
Within the last month, have you felt very lonely?															
Constantly	2.8	2.7	2.1	4.5	3.2	2.0	2.6	3.3	2.8	2.9	3.2	-	3.0	3.2	1.5
Most every day	8.4	6.1	9.1	10.0	6.8	10.5	10.3	8.9	7.7	7.6	11.3	-	10.4	7.2	3.7
Occasionally	37.2	31.4	40.0	38.5	34.8	42.9	41.0	40.0	37.3	37.2	45.2	-	44.2	36.7	21.5
Never	51.6	59.8	48.9	47.0	55.2	44.6	46.2	47.8	52.2	52.3	40.3	-	42.4	52.9	73.3
Within the last month, have you felt sad?															
Constantly	1.8	1.1	1.7	3.0	1.6	2.7	2.6	1.1	2.0	1.8	3.2	-	1.8	2.6	0.7
Most every day	7.4	5.7	7.6	9.0	6.8	8.8	5.1	10.0	7.6	7.7	9.7	-	10.1	6.9	2.2
Occasionally	54.4	49.6	56.6	56.0	49.7	61.5	53.8	60.0	53.2	52.6	64.5	-	60.2	51.7	44.4
Never	36.4	43.6	34.1	32.0	41.9	27.0	38.5	28.9	37.2	37.8	22.6	-	28.0	38.7	52.6
Within the last month, have you felt so depressed that it was difficult to function?															
Constantly	0.9	1.1	0.4	2.0	0.9	1.4	0.0	0.0	1.2	0.9	3.2	-	0.8	1.7	0.0
Most every day	3.1	2.7	2.9	4.5	3.4	2.7	2.6	3.3	3.2	3.3	3.2	-	4.0	2.9	1.5
Occasionally	24.0	20.8	26.1	23.5	21.3	28.1	21.1	25.6	23.8	23.6	32.3	-	28.0	22.6	16.3
Never	71.9	75.4	70.6	70.0	74.4	67.8	76.3	71.1	71.8	72.3	61.3	-	67.3	72.8	82.2
Within the last month, have you felt overwhelming anxiety?															
Constantly	4.1	4.9	2.9	6.0	3.4	5.1	5.1	7.8	3.7	3.8	9.7	-	6.0	4.0	0.0
Most every day	10.8	7.5	11.4	14.0	9.3	13.9	7.7	10.0	10.9	10.3	21.0	-	14.1	9.0	3.7
Occasionally	44.2	40.0	46.3	44.5	42.3	50.7	41.0	45.6	45.4	45.5	46.8	-	51.6	41.6	34.6
Never	41.0	47.5	39.5	35.5	45.0	30.4	46.2	36.7	40.0	40.4	22.6	-	28.2	45.4	61.8
Within the last month, have you felt overwhelming anger?															
Constantly	1.5	1.5	1.2	2.0	1.1	2.7	5.1	0.0	1.6	1.4	3.2	-	1.5	2.3	0.0
Most every day	7.3	8.7	7.2	6.0	7.2	8.1	2.6	9.0	7.6	7.7	9.7	-	7.6	8.4	5.1
Occasionally	40.6	37.9	42.0	40.2	39.4	41.4	51.3	44.9	39.3	39.6	48.4	-	48.7	38.1	25.0
Never	50.6	51.9	49.5	51.8	52.3	47.8	41.0	46.1	51.5	51.2	38.7	-	42.2	51.2	69.9
Within the last month, have you felt a sense of loss?															
Constantly	1.5	1.9	1.2	1.5	1.6	1.7	2.6	0.0	1.7	1.3	4.9	-	1.0	2.6	0.8
Most every day	6.8	6.9	7.1	6.5	6.6	7.5	5.1	13.5	6.4	7.2	4.9	-	9.3	5.8	3.8
Occasionally	37.1	35.6	37.2	40.0	33.6	44.0	28.2	38.2	37.6	35.3	55.7	-	42.7	38.1	21.1
Never	54.6	55.6	54.5	52.0	58.2	46.8	64.1	48.3	54.3	56.2	34.4	-	47.0	53.5	74.4
Within the last month, have you experienced sleep difficulties (e.g., trouble falling asleep, waking too early)?															
Constantly	10.4	7.5	11.8	10.5	8.8	13.2	10.3	17.8	9.8	9.9	14.5	-	11.6	12.1	5.1
Most every day	22.1	24.5	21.3	21.5	21.1	23.0	20.5	26.7	21.3	21.5	32.3	-	22.7	24.9	15.4
Occasionally	49.0	50.9	49.1	44.5	48.1	49.3	43.6	30.0	51.1	48.6	46.8	-	49.0	45.1	53.7
Never	18.6	17.0	17.8	23.5	22.0	14.5	25.6	25.6	17.8	20.0	6.5	-	16.7	17.9	25.7

Notes: Use caution when interpreting data from subgroups with <50 respondents. Percentages for subgroups with <30 are suppressed. Respondents who selected "another gender identity" and "77 or older" are not shown in their respective gender identity and generation groupings due to low numbers. "Other" includes those who selected American Indian/Alaska Native, Asian, Hispanic/Latino/a/x, Native Hawaiian/Pacific Islander, Middle Eastern/North African, other, and multiple identities. "Queer-spectrum" includes those who self-identified as gay, lesbian, bisexual, pansexual, queer, questioning/unsure or another identity.

2022 NCAA Coach Well-Being Survey
Division II Head Coach Respondents by Subgroup

	All	Sport Gender			Gender Identity		Race/Ethnicity			Sexual Orientation		Generation			
		Men's Team	Women's Team	Men's and Women's Team	Man	Woman	Black	Other	White	Straight	Queer-Spectrum	Gen Z 18-25 yrs	Millennial 26-41 yrs	Gen X 42-57 yrs	Baby Boomer 58-76 yrs
Division II Respondents, N	958	265	485	200	560	297	39	90	754	765	63	8	398	346	136
How much do you agree or disagree that <u>family worries</u> have negatively impacted your mental health within the last 12 months?															
Strongly agree	8.6	6.8	9.3	9.6	7.2	10.8	12.8	10.1	8.1	8.5	6.3	-	8.5	10.8	3.0
Agree	19.6	21.7	20.8	13.6	18.9	19.9	12.8	22.5	19.5	19.8	9.5	-	20.9	21.0	14.1
Somewhat agree	28.1	27.8	29.9	23.7	28.2	29.6	28.2	19.1	29.3	27.7	36.5	-	30.9	26.5	25.2
Somewhat disagree	9.0	6.8	8.0	14.1	7.7	10.8	2.6	13.5	8.6	8.7	15.9	-	8.8	9.0	6.7
Disagree	19.1	20.2	17.7	21.2	19.7	17.5	25.6	20.2	18.8	19.4	12.7	-	17.6	18.7	25.9
Strongly disagree	15.6	16.7	14.2	17.7	18.3	11.4	17.9	14.6	15.7	15.9	19.0	-	13.3	14.0	25.2
How much do you agree or disagree that <u>work-related worries</u> have negatively impacted your mental health within the last 12 months?															
Strongly agree	23.7	18.9	24.2	29.4	21.4	28.7	20.5	26.1	23.7	24.0	27.4	-	30.1	22.0	11.1
Agree	33.8	37.5	33.5	28.9	31.1	38.2	30.8	31.8	34.5	32.9	41.9	-	35.9	36.2	24.4
Somewhat agree	22.5	20.5	23.4	22.8	25.1	19.9	20.5	27.3	22.9	23.8	16.1	-	22.0	22.0	28.9
Somewhat disagree	7.6	8.7	6.8	7.6	8.1	6.1	0.0	8.0	7.6	7.3	8.1	-	6.3	7.8	8.1
Disagree	7.9	9.1	8.1	6.1	8.3	5.1	20.5	5.7	6.5	7.1	4.8	-	3.3	7.2	18.5
Strongly disagree	4.5	5.3	3.9	5.1	6.1	2.0	7.7	1.1	4.8	4.9	1.6	-	2.3	4.6	8.9
How much do you agree or disagree that <u>COVID-19 health concerns</u> have negatively impacted your mental health within the last 12 months?															
Strongly agree	9.9	9.8	9.3	11.5	9.8	9.8	7.7	11.1	9.8	10.1	9.5	-	11.1	8.7	9.6
Agree	20.8	19.3	21.7	20.5	19.5	24.7	25.6	21.1	20.9	20.2	28.6	-	19.4	24.0	18.5
Somewhat agree	26.9	23.9	28.7	27.0	26.7	30.1	25.6	22.2	28.3	27.9	33.3	-	25.7	30.9	27.4
Somewhat disagree	11.1	11.0	11.6	9.5	10.4	10.8	7.7	16.7	10.1	10.0	14.3	-	11.8	8.1	13.3
Disagree	17.1	18.9	17.4	14.0	15.0	17.6	20.5	16.7	16.0	16.0	11.1	-	17.4	15.3	11.9
Strongly disagree	14.2	17.0	11.4	17.5	18.6	7.1	12.8	12.2	14.9	15.9	3.2	-	14.6	13.0	19.3
How much do you agree or disagree that <u>financial worries</u> have negatively impacted your mental health within the last 12 months?															
Strongly agree	15.7	14.8	17.4	12.5	14.3	17.8	17.9	14.4	15.8	14.9	23.8	-	19.3	14.8	8.1
Agree	21.2	20.5	22.5	20.0	21.3	21.5	23.1	24.4	20.7	21.4	20.6	-	26.1	17.4	14.8
Somewhat agree	24.4	26.1	22.7	27.0	25.6	22.6	30.8	28.9	23.9	25.3	20.6	-	25.4	26.4	20.7
Somewhat disagree	11.9	12.1	11.2	12.5	10.6	13.5	10.3	5.6	12.4	11.3	15.9	-	11.3	12.2	13.3
Disagree	14.7	14.8	14.7	15.5	13.8	15.2	7.7	16.7	14.5	14.7	11.1	-	10.6	17.1	18.5
Strongly disagree	12.0	11.7	11.6	12.5	14.3	9.4	10.3	10.0	12.6	12.5	7.9	-	7.3	12.2	24.4
How much do you agree or disagree that <u>lack of childcare</u> has negatively impacted your mental health within the last 12 months?															
Strongly agree	6.7	7.1	7.4	4.0	5.6	8.8	5.3	10.8	6.1	6.6	9.7	-	10.4	4.7	0.8
Agree	8.7	7.5	9.3	9.1	9.1	9.1	5.3	10.8	9.2	9.9	1.6	-	13.8	7.4	0.8
Somewhat agree	8.6	9.8	7.6	9.1	8.9	8.4	13.2	8.4	8.4	9.1	4.8	-	10.9	9.4	0.8
Somewhat disagree	5.3	6.3	4.9	5.1	5.1	3.9	7.9	2.4	4.9	4.3	6.5	-	6.0	4.4	3.1
Disagree	18.9	23.5	15.9	20.2	19.8	15.1	13.2	22.9	18.6	19.2	17.7	-	15.6	22.4	19.8
Strongly disagree	51.9	45.9	54.8	52.5	51.5	54.7	55.3	44.6	52.8	50.9	59.7	-	43.4	51.6	74.8
How much do you agree or disagree that <u>the inability to return to your pre-COVID routine at work</u> has negatively impacted your mental health within the last 12 months?															
Strongly agree	6.7	8.0	6.2	6.5	6.8	4.8	0.0	10.1	6.3	6.3	4.8	-	6.8	6.7	6.0
Agree	14.3	12.5	15.8	13.1	13.3	17.3	23.1	18.0	14.0	14.9	15.9	-	16.4	15.7	8.2
Somewhat agree	21.5	19.4	23.4	19.6	20.6	25.2	30.8	20.2	21.9	21.9	23.8	-	22.0	21.5	25.4
Somewhat disagree	11.0	11.4	10.6	11.1	11.1	10.9	10.3	5.6	11.6	10.1	14.3	-	11.1	11.6	9.7
Disagree	22.6	25.1	21.8	21.1	21.4	22.1	10.3	25.8	21.8	22.0	19.0	-	21.2	21.8	21.6
Strongly disagree	23.8	23.6	22.2	28.6	26.8	19.7	25.6	20.2	24.4	24.8	22.2	-	22.5	22.7	29.1
How much do you agree or disagree that <u>natural disasters</u> (e.g., flooding, hurricanes, wildfires) impacting your community have negatively impacted your mental health within the last 12 months?															
Strongly agree	0.3	0.0	0.0	1.5	0.5	0.0	2.6	0.0	0.3	0.4	0.0	-	0.0	0.6	0.8
Agree	2.0	1.2	2.5	2.0	1.8	1.7	2.6	5.7	1.3	1.7	3.2	-	2.8	1.2	0.8
Somewhat agree	4.9	3.8	6.7	1.5	4.5	6.8	12.8	5.7	4.7	4.8	6.3	-	4.1	7.2	3.0
Somewhat disagree	6.8	3.8	7.9	8.0	5.8	8.5	5.1	9.2	6.4	6.8	7.9	-	8.9	5.8	3.8
Disagree	28.4	28.8	27.5	30.2	26.5	30.0	25.6	25.3	28.2	28.5	22.2	-	30.6	25.5	24.8
Strongly disagree	57.7	62.3	55.4	56.8	60.8	52.9	51.3	54.0	59.0	57.9	60.3	-	53.6	59.7	66.9

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2022 NCAA Coach Well-Being Survey
Division II Head Coach Respondents by Subgroup

	All	Sport Gender			Gender Identity		Race/Ethnicity			Sexual Orientation		Generation			
		Men's Team	Women's Team	Men's and Women's Team	Man	Woman	Black	Other	White	Straight	Queer-Spectrum	Gen Z 18-25 yrs	Millennial 26-41 yrs	Gen X 42-57 yrs	Baby Boomer 58-76 yrs
Division II Respondents, N	958	265	485	200	560	297	39	90	754	765	63	8	398	346	136
How much do you agree or disagree that <u>personal experiences of racism or racial trauma</u> have negatively impacted your mental health within the last 12 months?															
Strongly agree	0.5	0.4	0.4	1.0	0.5	0.7	7.9	1.1	0.1	0.7	0.0	-	0.5	0.9	0.0
Agree	2.1	2.7	2.1	1.5	1.8	2.4	15.8	4.4	0.8	1.6	6.3	-	1.8	2.3	1.5
Somewhat agree	7.0	5.3	8.8	5.0	5.8	11.2	21.1	14.4	5.9	7.7	6.3	-	9.6	5.5	6.8
Somewhat disagree	7.4	6.1	8.6	6.5	6.1	9.2	10.5	13.3	6.3	6.9	9.5	-	9.1	6.1	4.5
Disagree	27.1	27.3	26.7	28.0	25.0	28.9	18.4	24.4	27.3	26.0	30.2	-	27.9	26.9	24.1
Strongly disagree	55.8	58.3	53.4	58.0	60.8	47.6	26.3	42.2	59.6	57.3	47.6	-	51.0	58.4	63.2
How much do you agree or disagree that <u>political disagreements with family or friends</u> have negatively impacted your mental health within the last 12 months?															
Strongly agree	1.7	0.8	1.9	2.5	1.4	2.4	2.6	2.2	1.6	1.8	1.6	-	1.5	2.3	0.8
Agree	5.3	3.8	6.4	4.5	3.6	8.5	0.0	12.2	4.9	5.1	6.3	-	6.3	6.4	1.5
Somewhat agree	13.1	10.3	13.9	14.5	12.4	15.3	20.5	14.4	12.7	12.0	23.8	-	13.6	10.4	18.8
Somewhat disagree	11.8	11.4	13.3	8.5	10.8	15.9	5.1	15.6	12.2	12.3	15.9	-	13.6	10.1	13.5
Disagree	27.2	31.2	24.7	28.0	27.5	25.1	33.3	27.8	26.5	26.7	25.4	-	25.8	29.9	24.8
Strongly disagree	41.0	42.6	39.7	42.0	44.2	32.9	38.5	27.8	42.1	42.0	27.0	-	39.1	40.9	40.6
Compared to pre-pandemic levels (2019), how much have the <u>efforts spent talking about mental health with student-athletes</u> changed during the 2021-22 academic year?															
Much more than before the pandemic	49.2	43.0	53.0	49.4	42.8	62.9	57.1	60.5	47.9	49.0	55.7	-	52.1	49.7	41.6
A little more	35.5	37.6	34.7	33.5	39.3	27.2	22.9	22.2	37.3	35.4	31.1	-	33.4	36.4	39.2
About the same	13.3	16.5	10.9	15.3	15.9	7.7	14.3	16.0	12.8	13.7	9.8	-	12.6	11.7	17.6
Somewhat less	1.1	1.3	1.0	0.6	1.0	1.1	0.0	1.2	1.1	1.0	1.6	-	1.3	0.9	0.0
Much less than before the pandemic	1.0	1.7	0.5	1.2	1.0	1.1	5.7	0.0	0.9	0.8	1.6	-	0.5	1.3	1.6
Compared to pre-pandemic levels (2019), how much have the <u>efforts spent talking about mental health with your staff/colleagues</u> changed during the 2021-22 academic year?															
Much more than before the pandemic	27.5	22.8	29.3	30.0	24.0	35.1	28.6	40.7	26.0	27.5	27.9	-	30.3	27.8	21.0
A little more	37.4	39.7	35.5	38.8	40.3	31.4	17.1	28.4	39.4	37.9	27.9	-	33.4	40.8	41.1
About the same	30.5	34.6	30.2	25.9	31.7	28.8	42.9	25.9	30.4	30.4	39.3	-	32.4	26.3	33.9
Somewhat less	3.0	1.7	3.3	3.5	2.5	3.0	8.6	2.5	2.9	2.7	3.3	-	2.9	3.2	2.4
Much less than before the pandemic	1.6	1.3	1.7	1.8	1.5	1.8	2.9	2.5	1.4	1.6	1.6	-	1.1	1.9	1.6
Compared to pre-pandemic levels (2019), how much has the <u>time spent on the road recruiting prospects</u> changed during the 2021-22 academic year?															
Much more than before the pandemic	5.7	4.6	7.6	2.9	5.8	5.2	2.9	11.1	5.1	5.8	3.3	-	3.4	8.3	6.4
A little more	12.2	13.9	13.1	7.1	11.7	13.7	20.0	12.3	12.0	11.8	14.8	-	13.4	10.8	12.0
About the same	36.3	35.4	34.0	42.4	36.9	35.1	28.6	30.9	37.4	36.6	39.3	-	35.5	36.2	36.0
Somewhat less	27.4	29.5	26.2	28.2	28.2	24.7	22.9	21.0	28.1	27.4	29.5	-	29.2	24.4	32.0
Much less than before the pandemic	18.3	16.5	19.0	19.4	17.5	21.4	25.7	24.7	17.4	18.4	13.1	-	18.4	20.3	13.6
Compared to pre-pandemic levels (2019), how much has the <u>use of virtual recruiting activities</u> changed during the 2021-22 academic year?															
Much more than before the pandemic	37.6	34.0	39.0	37.1	34.7	45.4	37.1	42.5	37.5	38.1	34.4	-	42.1	33.9	36.8
A little more	38.9	43.0	37.9	37.6	40.3	35.1	40.0	35.0	39.1	38.3	49.2	-	40.2	39.6	33.6
About the same	18.6	19.1	18.1	19.4	19.8	14.8	17.1	13.8	18.8	18.5	14.8	-	13.2	21.2	24.8
Somewhat less	3.4	2.6	3.6	3.5	3.5	3.3	5.7	6.3	3.0	3.6	1.6	-	3.4	3.2	3.2
Much less than before the pandemic	1.6	1.3	1.4	2.4	1.7	1.5	0.0	2.5	1.6	1.6	0.0	-	1.1	2.2	1.6
Compared to pre-pandemic levels (2019), how much has the <u>time spent working from home</u> changed during the 2021-22 academic year?															
Much more than before the pandemic	25.1	19.9	29.6	21.8	21.2	32.8	25.7	32.1	24.5	24.3	30.0	-	24.8	25.4	27.4
A little more	36.3	35.6	35.6	37.6	38.0	32.8	34.3	34.6	36.5	35.2	41.7	-	38.0	35.2	34.7
About the same	34.0	40.3	30.3	35.3	36.6	29.2	22.9	27.2	35.1	35.5	26.7	-	32.7	33.3	36.3
Somewhat less	2.9	2.1	3.8	1.2	2.3	3.3	2.9	4.9	2.7	3.1	1.7	-	3.2	3.8	0.0
Much less than before the pandemic	1.8	2.1	0.7	4.1	1.9	1.8	14.3	1.2	1.3	1.8	0.0	-	1.3	2.2	1.6

Notes: Use caution when interpreting data from subgroups with <50 respondents. Percentages for subgroups with <30 are suppressed. Respondents who selected "another gender identity" and "77 or older" are not shown in their respective gender identity and generation groupings due to low numbers. "Other" includes those who selected American Indian/Alaska Native, Asian, Hispanic/Latino/a/x, Native Hawaiian/Pacific Islander, Middle Eastern/North African, other, and multiple identities. "Queer-spectrum" includes those who self-identified as gay, lesbian, bisexual, pansexual, queer, questioning/unsure or another identity.

2022 NCAA Coach Well-Being Survey

Division II Head Coach Respondents by Subgroup

	All	Sport Gender			Gender Identity		Race/Ethnicity			Sexual Orientation		Generation			
		Men's Team	Women's Team	Men's and Women's Team	Man	Woman	Black	Other	White	Straight	Queer-Spectrum	Gen Z 18-25 yrs	Millennial 26-41 yrs	Gen X 42-57 yrs	Baby Boomer 58-76 yrs
Division II Respondents, N	958	265	485	200	560	297	39	90	754	765	63	8	398	346	136
Compared to pre-pandemic levels (2019), how much has the time spent with family or close friends changed during the 2021-22 academic year?															
Much more than before the pandemic	5.3	5.5	5.5	3.6	5.6	5.2	11.4	5.0	5.0	5.7	5.0	-	3.9	7.0	5.6
A little more	19.1	21.3	19.3	15.4	20.1	16.6	20.0	15.0	19.2	18.9	21.7	-	19.2	19.5	19.4
About the same	41.2	46.8	39.3	39.1	41.7	39.9	25.7	35.0	42.5	40.3	41.7	-	37.1	43.1	44.4
Somewhat less	22.1	16.6	23.8	25.4	21.8	22.5	25.7	26.3	21.7	23.0	18.3	-	24.2	19.5	23.4
Much less than before the pandemic	12.3	9.8	12.1	16.6	10.8	15.9	17.1	18.8	11.6	12.1	13.3	-	15.5	10.9	7.3
Compared to pre-pandemic levels (2019), how much has the time spent away from work doing something you enjoy (e.g., hobbies, vacation, etc.) changed during the 2021-22 academic year?															
Much more than before the pandemic	3.4	3.0	3.6	3.0	3.1	3.7	5.9	6.2	3.0	3.6	4.9	-	4.0	2.5	4.0
A little more	10.6	10.2	11.0	9.5	10.4	11.8	11.8	6.2	11.1	10.2	14.8	-	11.4	9.5	11.3
About the same	34.3	40.7	33.6	27.8	38.0	26.6	29.4	25.9	35.0	34.3	27.9	-	29.1	34.8	44.4
Somewhat less	31.0	30.1	29.8	34.9	29.5	32.8	23.5	40.7	30.1	31.2	26.2	-	32.3	32.9	24.2
Much less than before the pandemic	20.8	16.1	22.1	24.9	19.1	25.1	29.4	21.0	20.7	20.8	26.2	-	23.3	20.3	16.1
This year (2021-22), what is your level of concern about managing your roster due to additional eligibility?															
Very concerned	23.0	26.6	22.0	20.0	23.1	22.9	25.6	25.8	22.7	23.8	18.0	-	21.4	27.1	18.7
Somewhat concerned	42.8	41.9	43.7	42.2	43.1	40.8	38.5	47.2	42.3	42.1	41.0	-	39.3	44.6	47.0
Not concerned	34.2	31.5	34.3	37.8	33.8	36.3	35.9	27.0	34.9	34.1	41.0	-	39.3	28.3	34.3
This year (2021-22), what is your level of concern about preventing the athletes on your roster from leaving?															
Very concerned	31.4	37.8	27.4	31.9	33.2	28.1	43.6	36.0	30.5	32.5	24.6	-	32.4	35.2	20.1
Somewhat concerned	38.2	34.9	40.8	36.2	36.6	39.7	20.5	42.7	38.5	37.0	45.9	-	41.8	35.2	36.6
Not concerned	30.4	27.3	31.8	31.9	30.3	32.2	35.9	21.3	31.0	30.5	29.5	-	25.8	29.7	43.3
This year (2021-22), what is your level of concern about recruiting high school athletes?															
Very concerned	29.4	25.0	26.8	40.5	29.2	30.6	35.9	30.3	29.2	30.3	29.5	-	31.6	29.4	24.1
Somewhat concerned	40.0	37.5	44.6	32.4	40.6	39.5	33.3	40.4	40.5	39.8	41.0	-	39.5	40.2	39.1
Not concerned	30.6	37.5	28.6	27.0	30.1	29.9	30.8	29.2	30.3	29.9	29.5	-	28.8	30.3	36.8
This year (2021-22), what is your level of concern about recruiting 2-year transfer athletes?															
Very concerned	15.2	16.5	13.4	16.8	14.3	17.1	25.6	22.5	14.0	15.5	16.4	-	18.6	13.4	9.7
Somewhat concerned	35.2	40.3	33.4	33.0	37.4	29.5	38.5	39.3	34.5	34.9	32.8	-	35.7	37.6	29.1
Not concerned	49.7	43.1	53.2	50.3	48.4	53.4	35.9	38.2	51.5	49.6	50.8	-	45.7	49.0	61.2
This year (2021-22), what is your level of concern about recruiting 4-year transfer athletes?															
Very concerned	18.3	22.6	17.4	14.1	18.1	18.8	17.9	20.2	18.5	18.8	18.0	-	21.2	17.8	11.9
Somewhat concerned	39.2	37.9	41.4	35.7	38.6	39.7	46.2	41.6	38.6	39.0	39.3	-	40.8	38.8	38.1
Not concerned	42.5	39.5	41.2	50.3	43.3	41.4	35.9	38.2	42.9	42.2	42.6	-	38.0	43.4	50.0
This year (2021-22), what is your level of concern about advocating for gender equity within your athletics department?															
Very concerned	16.6	3.2	25.5	12.4	10.0	29.3	10.3	17.8	17.0	15.3	31.7	-	18.9	15.4	14.0
Somewhat concerned	32.5	24.3	36.9	32.4	31.0	37.0	46.2	26.7	32.8	32.6	41.3	-	32.0	34.8	30.1
Not concerned	50.9	72.5	37.6	55.1	59.0	33.7	43.6	55.6	50.1	52.0	27.0	-	49.1	49.9	55.9
This year (2021-22), what is your level of concern about creating an inclusive environment among your team?															
Very concerned	17.9	13.1	20.7	17.3	14.5	24.9	17.9	22.2	17.6	17.3	28.6	-	22.4	16.2	8.8
Somewhat concerned	35.9	29.1	39.8	35.7	33.5	41.8	48.7	35.6	35.6	36.6	36.5	-	37.3	35.9	33.8
Not concerned	46.2	57.8	39.6	47.0	52.0	33.3	33.3	42.2	46.8	46.1	34.9	-	40.3	47.8	57.4
This year (2021-22), what is your level of concern about helping student-athletes navigate name, image and likeness opportunities?															
Very concerned	5.7	6.0	5.3	5.9	5.8	5.7	7.7	6.7	5.3	5.5	6.3	-	5.8	6.4	2.9
Somewhat concerned	29.0	31.9	26.3	33.0	30.0	26.4	30.8	32.6	28.8	29.6	23.8	-	30.6	28.2	27.2
Not concerned	65.3	62.2	68.4	61.1	64.2	67.9	61.5	60.7	65.9	64.9	69.8	-	63.5	65.4	69.9
This year (2021-22), what is your level of concern about navigating changes to the NCAA structure/constitution?															
Very concerned	8.9	12.7	7.3	7.6	10.2	4.4	2.6	12.2	8.7	8.5	4.8	-	6.8	11.3	9.6
Somewhat concerned	40.1	35.5	41.6	42.9	37.3	46.3	46.2	50.0	38.9	40.3	36.5	-	41.9	40.4	35.3
Not concerned	50.9	51.8	51.1	49.5	52.4	49.3	51.3	37.8	52.4	51.1	58.7	-	51.3	48.3	55.1

Notes: Use caution when interpreting data from subgroups with <50 respondents. Percentages for subgroups with <30 are suppressed. Respondents who selected "another gender identity" and "77 or older" are not shown in their respective gender identity and generation groupings due to low numbers. "Other" includes those who selected American Indian/Alaska Native, Asian, Hispanic/Latino/a/x, Native Hawaiian/Pacific Islander, Middle Eastern/North African, other, and multiple identities.

"Queer-spectrum" includes those who self-identified as gay, lesbian, bisexual, pansexual, queer, questioning/unsure or another identity.

2022 NCAA Coach Well-Being Survey

Division II Head Coach Respondents by Subgroup

	All	Sport Gender			Gender Identity		Race/Ethnicity			Sexual Orientation		Generation			
		Men's Team	Women's Team	Men's and Women's Team	Man	Woman	Black	Other	White	Straight	Queer-Spectrum	Gen Z 18-25 yrs	Millennial 26-41 yrs	Gen X 42-57 yrs	Baby Boomer 58-76 yrs
Division II Respondents, N	958	265	485	200	560	297	39	90	754	765	63	8	398	346	136
This year (2021-22), what is your level of concern about navigating COVID-19 health restrictions/protocols?															
Very concerned	25.3	26.4	25.8	23.2	24.3	26.3	36.8	23.3	24.8	25.1	19.0	-	25.8	24.9	23.5
Somewhat concerned	47.8	49.6	46.0	48.6	48.6	47.8	36.8	57.8	47.5	47.4	57.1	-	46.8	47.8	54.4
Not concerned	26.9	24.0	28.2	28.1	27.2	25.9	26.3	18.9	27.7	27.5	23.8	-	27.3	27.2	22.1
This year (2021-22), what is your level of concern about maintaining a safe environment for your team?															
Very concerned	24.1	20.8	25.6	25.5	21.8	28.7	35.9	22.2	23.6	23.8	25.8	-	26.0	23.2	20.1
Somewhat concerned	37.8	30.8	41.9	37.0	36.2	43.6	43.6	44.4	37.2	38.2	45.2	-	39.6	36.5	38.8
Not concerned	38.1	48.4	32.6	37.5	42.1	27.7	20.5	33.3	39.1	38.1	29.0	-	34.3	40.3	41.0
This year (2021-22), what is your level of concern about supporting the mental health of the student-athletes on your team?															
Very concerned	49.8	35.9	58.9	46.5	42.1	65.7	56.4	51.1	49.9	49.3	65.1	-	55.7	48.4	37.5
Somewhat concerned	37.2	44.2	32.3	38.9	41.0	27.9	38.5	33.3	37.1	37.0	28.6	-	34.0	38.3	44.1
Not concerned	13.0	19.9	8.8	14.6	16.8	6.4	5.1	15.6	13.0	13.8	6.3	-	10.3	13.3	18.4
This year (2021-22), what is your level of concern about supporting the physical health of the student-athletes on your team?															
Very concerned	39.5	30.7	46.6	34.1	32.4	54.5	46.2	35.6	40.0	39.3	44.4	-	46.3	35.9	27.9
Somewhat concerned	39.9	37.5	38.5	47.0	42.7	33.7	41.0	41.1	39.2	40.0	38.1	-	37.0	42.9	44.1
Not concerned	20.6	31.9	14.9	18.9	24.9	11.8	12.8	23.3	20.7	20.7	17.5	-	16.6	21.2	27.9
How much do you agree or disagree that your athletics department takes into account your voice (e.g., opinions, perspectives) when it comes to important decisions that impact your profession?															
Strongly agree	12.6	12.0	14.2	9.1	11.4	16.3	12.8	9.1	13.2	12.4	19.7	-	11.1	12.8	16.9
Agree	28.0	32.7	26.3	25.3	29.7	25.5	28.2	28.4	28.3	29.2	21.3	-	26.6	30.1	26.5
Somewhat agree	26.4	25.1	28.3	24.7	24.7	27.9	33.3	31.8	24.9	25.7	24.6	-	29.1	22.6	27.2
Somewhat disagree	11.1	8.8	12.2	11.8	11.8	9.2	15.4	4.5	11.7	11.5	4.9	-	12.7	9.0	13.2
Disagree	13.0	11.2	11.3	19.4	14.0	11.9	5.1	10.2	13.8	13.0	19.7	-	11.4	15.1	11.8
Strongly disagree	8.8	10.4	7.7	9.7	8.4	9.2	5.1	15.9	8.1	8.2	9.8	-	9.1	10.4	4.4
How much do you agree or disagree that your school takes into account your voice (e.g., opinions, perspectives) when it comes to important decisions that impact your profession?															
Strongly agree	6.3	6.8	6.9	4.3	5.9	7.8	7.9	5.7	6.4	6.6	4.8	-	6.1	6.1	8.1
Agree	14.0	13.6	14.7	13.5	14.2	14.7	10.5	10.2	14.8	14.4	17.7	-	10.2	15.5	19.1
Somewhat agree	27.4	24.4	27.3	30.8	25.9	30.4	39.5	36.4	25.9	28.1	19.4	-	27.0	27.4	27.2
Somewhat disagree	17.0	16.4	19.1	12.4	16.6	16.4	18.4	10.2	17.5	16.2	19.4	-	17.6	15.7	19.9
Disagree	19.4	18.4	16.7	27.0	21.4	15.0	21.1	23.9	18.7	19.3	21.0	-	21.7	19.5	14.7
Strongly disagree	15.9	20.4	15.3	11.9	15.9	15.7	2.6	13.6	16.6	15.4	17.7	-	17.3	15.7	11.0
How much do you agree or disagree that your athletics conference takes into account your voice (e.g., opinions, perspectives) when it comes to important decisions that impact your profession?															
Strongly agree	5.1	3.6	5.5	6.5	4.7	5.8	5.3	3.4	5.3	4.8	3.2	-	4.3	4.9	8.1
Agree	18.1	13.1	20.8	17.8	17.4	21.7	21.1	13.6	18.9	18.9	17.7	-	17.4	17.4	19.9
Somewhat agree	36.3	36.7	33.8	42.2	34.9	38.3	44.7	38.6	35.7	35.8	41.9	-	38.1	34.6	35.3
Somewhat disagree	16.5	16.7	16.8	15.7	16.7	15.3	7.9	17.0	16.6	17.0	8.1	-	15.4	16.9	19.1
Disagree	14.2	17.5	13.5	10.8	15.8	11.5	15.8	15.9	14.1	14.7	16.1	-	15.2	15.7	8.8
Strongly disagree	9.8	12.4	9.7	7.0	10.6	7.5	5.3	11.4	9.4	8.8	12.9	-	9.6	10.5	8.8
How much do you agree or disagree that the NCAA takes into account your voice (e.g., opinions, perspectives) when it comes to important decisions that impact your profession?															
Strongly agree	3.6	4.4	3.8	2.2	3.4	4.1	7.9	3.4	3.3	3.3	4.8	-	3.0	3.5	4.4
Agree	9.4	5.6	9.5	14.6	9.5	10.5	23.7	9.1	8.9	10.4	4.8	-	8.3	8.4	14.7
Somewhat agree	33.3	28.7	34.9	35.7	30.6	41.0	34.2	29.5	34.4	33.9	35.5	-	31.3	32.0	41.9
Somewhat disagree	22.3	23.9	20.5	24.3	23.5	18.0	10.5	12.5	23.5	22.4	12.9	-	22.2	23.8	19.1
Disagree	16.8	16.3	19.0	11.4	16.7	18.0	13.2	22.7	16.6	16.8	25.8	-	18.9	18.3	8.8
Strongly disagree	14.6	21.1	12.4	11.9	16.3	8.5	10.5	22.7	13.3	13.2	16.1	-	16.2	14.0	11.0

Notes: Use caution when interpreting data from subgroups with <50 respondents. Percentages for subgroups with <30 are suppressed. Respondents who selected "another gender identity" and "77 or older" are not shown in their respective gender identity and generation groupings due to low numbers. "Other" includes those who selected American Indian/Alaska Native, Asian, Hispanic/Latino/a/x, Native Hawaiian/Pacific Islander, Middle Eastern/North African, other, and multiple identities. "Queer-spectrum" includes those who self-identified as gay, lesbian, bisexual, pansexual, queer, questioning/unsure or another identity.

2022 NCAA Coach Well-Being Survey
Division II Assistant and Associate Coach Respondents by Subgroup

	All	Sport Gender			Gender Identity		Race/Ethnicity			Sexual Orientation		Generation			
		Men's Team	Women's Team	Men's and Women's Team	Man	Woman	Black	Other	White	Straight	Queer-Spectrum	Gen Z 18-25 yrs	Millennial 26-41 yrs	Gen X 42-57 yrs	Baby Boomer 58-76 yrs
Division II Respondents, N	261	83	106	71	149	82	17	35	183	205	20	39	144	37	19
In general, how would you rate your mental health, including your mood and your ability to think?															
Excellent	15.4	19.5	9.4	18.3	21.6	2.4	-	11.4	14.3	15.7	-	7.7	10.5	18.9	-
Very Good	34.2	39.0	34.0	29.6	38.5	28.0	-	28.6	35.7	36.8	-	25.6	37.1	43.2	-
Good	32.3	30.5	38.7	25.4	27.7	42.7	-	40.0	31.3	30.9	-	38.5	33.6	29.7	-
Fair	16.2	9.8	16.0	23.9	10.8	24.4	-	20.0	16.5	14.7	-	28.2	16.1	8.1	-
Poor	1.9	1.2	1.9	2.8	1.4	2.4	-	0.0	2.2	2.0	-	0.0	2.8	0.0	-
Within the last month, have you felt things were hopeless?															
Constantly	0.8	1.2	0.0	1.4	1.4	0.0	-	0.0	1.1	1.0	-	0.0	0.7	2.7	-
Most every day	5.0	6.1	1.9	8.6	4.8	4.9	-	0.0	6.1	4.9	-	5.1	6.3	0.0	-
Occasionally	34.4	29.3	34.0	41.4	33.3	41.5	-	48.6	33.1	35.0	-	51.3	34.0	29.7	-
Never	59.8	63.4	64.2	48.6	60.5	53.7	-	51.4	59.7	59.1	-	43.6	59.0	67.6	-
Within the last month, have you felt overwhelmed by all you had to do?															
Constantly	5.0	1.2	3.8	10.0	3.4	8.5	-	8.6	5.0	4.4	-	10.3	5.6	0.0	-
Most every day	20.1	13.4	25.5	20.0	15.6	31.7	-	22.9	22.7	20.2	-	28.2	20.8	16.2	-
Occasionally	56.4	56.1	55.7	58.6	59.2	50.0	-	57.1	54.1	58.1	-	53.8	56.9	62.2	-
Never	18.5	29.3	15.1	11.4	21.8	9.8	-	11.4	18.2	17.2	-	7.7	16.7	21.6	-
Within the last month, have you felt exhausted (not from physical activity)?															
Constantly	4.6	2.4	3.8	8.6	4.8	4.9	-	8.6	4.4	4.9	-	7.7	4.2	5.4	-
Most every day	22.4	22.0	22.6	22.9	20.4	26.8	-	28.6	23.2	21.2	-	30.8	22.2	16.2	-
Occasionally	60.6	57.3	62.3	61.4	59.9	63.4	-	48.6	64.1	62.1	-	61.5	63.2	59.5	-
Never	12.4	18.3	11.3	7.1	15.0	4.9	-	14.3	8.3	11.8	-	0.0	10.4	18.9	-
Within the last month, have you felt very lonely?															
Constantly	0.8	0.0	0.9	1.4	0.0	1.2	-	0.0	0.5	0.5	-	2.6	0.0	0.0	-
Most every day	6.5	3.6	5.7	11.3	6.0	8.5	-	8.6	7.1	7.8	-	7.7	7.6	2.7	-
Occasionally	33.7	32.5	32.1	38.0	29.5	42.7	-	45.7	34.4	32.2	-	53.8	34.7	21.6	-
Never	59.0	63.9	61.3	49.3	64.4	47.6	-	45.7	57.9	59.5	-	35.9	57.6	75.7	-
Within the last month, have you felt sad?															
Constantly	0.4	0.0	0.0	1.4	0.7	0.0	-	0.0	0.6	0.5	-	0.0	0.7	0.0	-
Most every day	7.3	3.7	6.6	12.9	4.8	9.8	-	8.6	6.6	6.9	-	5.1	7.6	2.7	-
Occasionally	44.8	42.7	46.2	45.7	42.2	53.7	-	42.9	49.7	45.8	-	74.4	41.7	45.9	-
Never	47.5	53.7	47.2	40.0	52.4	36.6	-	48.6	43.1	46.8	-	20.5	50.0	51.4	-
Within the last month, have you felt so depressed that it was difficult to function?															
Constantly	0.0	0.0	0.0	0.0	0.0	0.0	-	0.0	0.0	0.0	-	0.0	0.0	0.0	-
Most every day	3.5	0.0	4.7	5.7	3.4	2.4	-	8.6	2.2	3.4	-	0.0	4.2	2.7	-
Occasionally	15.4	14.6	12.3	21.4	15.0	18.3	-	5.7	18.2	15.8	-	15.4	17.4	8.1	-
Never	81.1	85.4	83.0	72.9	81.6	79.3	-	85.7	79.6	80.8	-	84.6	78.5	89.2	-
Within the last month, have you felt overwhelming anxiety?															
Constantly	3.5	0.0	3.8	7.1	2.7	4.9	-	5.7	3.3	2.9	-	2.6	4.9	0.0	-
Most every day	7.3	3.6	9.4	8.6	3.4	15.9	-	11.4	7.1	6.9	-	12.8	8.3	2.7	-
Occasionally	36.2	33.7	39.6	34.3	31.1	46.3	-	40.0	37.4	35.8	-	43.6	36.1	35.1	-
Never	53.1	62.7	47.2	50.0	62.8	32.9	-	42.9	52.2	54.4	-	41.0	50.7	62.2	-
Within the last month, have you felt overwhelming anger?															
Constantly	0.8	1.2	0.0	1.4	1.4	0.0	-	0.0	1.1	1.0	-	2.6	0.7	0.0	-
Most every day	5.8	4.9	6.6	5.7	4.8	6.1	-	5.7	5.5	5.4	-	5.1	4.2	2.7	-
Occasionally	31.3	34.1	23.6	40.0	32.7	35.4	-	22.9	34.8	35.0	-	35.9	34.0	32.4	-
Never	62.2	59.8	69.8	52.9	61.2	58.5	-	71.4	58.6	58.6	-	56.4	61.1	64.9	-
Within the last month, have you felt a sense of loss?															
Constantly	0.8	0.0	1.0	1.4	1.4	0.0	-	3.0	0.5	1.0	-	0.0	1.4	0.0	-
Most every day	5.1	0.0	4.8	11.4	4.1	8.6	-	6.1	6.0	6.0	-	15.4	4.2	2.8	-
Occasionally	26.8	24.4	24.0	34.3	28.1	27.2	-	30.3	27.5	27.9	-	30.8	27.5	22.2	-
Never	67.3	75.6	70.2	52.9	66.4	64.2	-	60.6	65.9	65.2	-	53.8	66.9	75.0	-
Within the last month, have you experienced sleep difficulties (e.g., trouble falling asleep, waking too early)?															
Constantly	5.0	1.2	8.5	4.2	3.4	8.5	-	8.6	4.9	5.4	-	12.8	3.5	2.7	-
Most every day	17.2	15.7	18.9	16.9	15.4	22.0	-	14.3	18.6	19.0	-	12.8	20.8	13.5	-
Occasionally	43.7	45.8	45.3	38.0	45.0	42.7	-	37.1	44.3	42.4	-	33.3	44.4	54.1	-
Never	34.1	37.3	27.4	40.8	36.2	26.8	-	40.0	32.2	33.2	-	41.0	31.3	29.7	-

Notes: Use caution when interpreting data from subgroups with <50 respondents. Percentages for subgroups with <30 are suppressed. Respondents who selected "another gender identity" and "77 or older" are not shown in their respective gender identity and generation groupings due to low numbers. "Other" includes those who selected American Indian/Alaska Native, Asian, Hispanic/Latino/a/x, Native Hawaiian/Pacific Islander, Middle Eastern/North African, other, and multiple identities. "Queer-spectrum" includes those who self-identified as gay, lesbian, bisexual, pansexual, queer, questioning/unsure or another identity.

2022 NCAA Coach Well-Being Survey
Division II Assistant and Associate Coach Respondents by Subgroup

	All	Sport Gender			Gender Identity		Race/Ethnicity			Sexual Orientation		Generation			
		Men's Team	Women's Team	Men's and Women's Team	Man	Woman	Black	Other	White	Straight	Queer-Spectrum	Gen Z 18-25 yrs	Millennial 26-41 yrs	Gen X 42-57 yrs	Baby Boomer 58-76 yrs
Division II Respondents, N	261	83	106	71	149	82	17	35	183	205	20	39	144	37	19
How much do you agree or disagree that <u>family worries</u> have negatively impacted your mental health within the last 12 months?															
Strongly agree	5.7	4.8	4.7	8.5	6.7	6.1	-	2.9	7.1	6.3	-	7.7	5.6	5.4	-
Agree	14.2	16.9	13.2	12.7	14.8	14.6	-	20.0	13.7	16.6	-	5.1	16.0	24.3	-
Somewhat agree	27.2	25.3	27.4	29.6	25.5	26.8	-	22.9	26.2	25.4	-	28.2	22.9	35.1	-
Somewhat disagree	11.1	7.2	10.4	16.9	8.7	11.0	-	11.4	9.3	8.8	-	12.8	8.3	8.1	-
Disagree	22.6	24.1	27.4	14.1	22.1	28.0	-	22.9	25.7	24.4	-	30.8	25.7	13.5	-
Strongly disagree	19.2	21.7	17.0	18.3	22.1	13.4	-	20.0	18.0	18.5	-	15.4	21.5	13.5	-
How much do you agree or disagree that <u>work-related worries</u> have negatively impacted your mental health within the last 12 months?															
Strongly agree	16.2	16.9	13.3	19.7	13.5	20.7	-	14.3	18.1	15.2	-	12.8	20.1	8.1	-
Agree	27.7	21.7	32.4	26.8	23.0	36.6	-	31.4	28.6	27.5	-	30.8	26.4	27.0	-
Somewhat agree	26.5	24.1	27.6	28.2	29.1	26.8	-	25.7	26.4	29.4	-	33.3	28.5	29.7	-
Somewhat disagree	10.4	14.5	11.4	4.2	10.1	8.5	-	11.4	9.3	9.3	-	7.7	9.0	13.5	-
Disagree	11.2	13.3	8.6	12.7	14.2	3.7	-	8.6	9.9	10.8	-	2.6	11.1	13.5	-
Strongly disagree	8.1	9.6	6.7	8.5	10.1	3.7	-	8.6	7.7	7.8	-	12.8	4.9	8.1	-
How much do you agree or disagree that <u>COVID-19 health concerns</u> have negatively impacted your mental health within the last 12 months?															
Strongly agree	6.9	6.1	3.8	12.9	6.8	6.2	-	5.9	6.0	6.4	-	2.6	7.0	8.1	-
Agree	12.7	11.0	16.0	10.0	13.5	14.8	-	8.8	14.3	13.3	-	15.4	12.7	16.2	-
Somewhat agree	24.7	22.0	25.5	27.1	23.0	24.7	-	23.5	23.6	24.6	-	15.4	26.8	24.3	-
Somewhat disagree	9.3	9.8	11.3	5.7	6.8	13.6	-	11.8	8.8	8.9	-	10.3	7.7	10.8	-
Disagree	25.1	23.2	29.2	21.4	22.3	25.9	-	20.6	24.7	22.7	-	28.2	21.1	27.0	-
Strongly disagree	21.2	28.0	14.2	22.9	27.7	14.8	-	29.4	22.5	24.1	-	28.2	24.6	13.5	-
How much do you agree or disagree that <u>financial worries</u> have negatively impacted your mental health within the last 12 months?															
Strongly agree	17.0	15.7	12.5	23.9	17.4	19.8	-	26.5	15.8	17.6	-	23.1	19.6	16.2	-
Agree	21.2	22.9	20.2	21.1	20.8	24.7	-	20.6	22.4	21.6	-	30.8	19.6	21.6	-
Somewhat agree	22.8	24.1	24.0	19.7	21.5	21.0	-	20.6	21.3	22.1	-	15.4	23.1	21.6	-
Somewhat disagree	15.1	7.2	22.1	14.1	12.1	17.3	-	8.8	16.4	13.2	-	10.3	14.7	18.9	-
Disagree	13.5	15.7	11.5	14.1	15.4	11.1	-	17.6	13.1	14.7	-	15.4	14.0	10.8	-
Strongly disagree	10.4	14.5	9.6	7.0	12.8	6.2	-	5.9	10.9	10.8	-	5.1	9.1	10.8	-
How much do you agree or disagree that <u>lack of childcare</u> has negatively impacted your mental health within the last 12 months?															
Strongly agree	3.9	4.8	1.0	7.1	5.4	1.3	-	0.0	4.4	4.5	-	2.6	5.7	0.0	-
Agree	7.1	7.2	5.9	8.6	8.1	6.3	-	0.0	8.3	8.4	-	2.6	8.6	5.6	-
Somewhat agree	5.5	3.6	5.0	8.6	4.1	5.1	-	8.8	4.4	5.4	-	2.6	5.7	8.3	-
Somewhat disagree	3.5	6.0	3.0	1.4	4.1	1.3	-	2.9	3.3	3.5	-	0.0	3.6	5.6	-
Disagree	13.7	14.5	11.9	15.7	14.2	13.9	-	11.8	14.4	14.4	-	12.8	13.6	22.2	-
Strongly disagree	66.3	63.9	73.3	58.6	64.2	72.2	-	76.5	65.0	63.9	-	79.5	62.9	58.3	-
How much do you agree or disagree that <u>the inability to return to your pre-COVID routine at work</u> has negatively impacted your mental health within the last 12 months?															
Strongly agree	4.6	8.4	0.0	7.0	6.0	2.5	-	2.9	5.5	5.4	-	0.0	6.3	8.1	-
Agree	6.5	9.6	6.7	2.8	8.1	4.9	-	0.0	7.7	7.8	-	5.1	6.3	8.1	-
Somewhat agree	20.4	15.7	19.0	28.2	22.8	13.6	-	20.6	19.1	20.6	-	12.8	18.2	32.4	-
Somewhat disagree	11.2	8.4	11.4	14.1	9.4	11.1	-	2.9	12.6	9.3	-	17.9	9.8	8.1	-
Disagree	20.8	21.7	19.0	22.5	18.8	25.9	-	23.5	19.7	20.6	-	15.4	22.4	16.2	-
Strongly disagree	36.5	36.1	43.8	25.4	34.9	42.0	-	50.0	35.5	36.3	-	48.7	37.1	27.0	-
How much do you agree or disagree that <u>natural disasters</u> (e.g., flooding, hurricanes, wildfires) impacting your community have negatively impacted your mental health within the last 12 months?															
Strongly agree	0.4	0.0	1.0	0.0	0.0	1.2	-	0.0	0.5	0.5	-	2.6	0.0	0.0	-
Agree	2.3	3.6	1.0	2.8	3.4	1.2	-	0.0	3.3	2.9	-	0.0	3.5	0.0	-
Somewhat agree	3.9	3.6	1.0	8.5	4.7	1.2	-	8.8	2.7	3.4	-	5.1	3.5	2.8	-
Somewhat disagree	3.9	2.4	4.8	4.2	3.4	6.2	-	5.9	4.4	4.9	-	5.1	4.9	0.0	-
Disagree	23.2	22.9	26.9	18.3	18.8	29.6	-	26.5	21.9	22.1	-	7.7	27.3	27.8	-
Strongly disagree	66.4	67.5	65.4	66.2	69.8	60.5	-	58.8	67.2	66.2	-	79.5	60.8	69.4	-

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2022 NCAA Coach Well-Being Survey
Division II Assistant and Associate Coach Respondents by Subgroup

	All	Sport Gender			Gender Identity		Race/Ethnicity			Sexual Orientation		Generation			
		Men's Team	Women's Team	Men's and Women's Team	Man	Woman	Black	Other	White	Straight	Queer-Spectrum	Gen Z 18-25 yrs	Millennial 26-41 yrs	Gen X 42-57 yrs	Baby Boomer 58-76 yrs
Division II Respondents, N	261	83	106	71	149	82	17	35	183	205	20	39	144	37	19
How much do you agree or disagree that <u>personal experiences of racism or racial trauma</u> have negatively impacted your mental health within the last 12 months?															
Strongly agree	1.2	1.2	1.0	1.4	2.0	0.0	-	2.9	0.5	1.5	-	0.0	0.7	0.0	-
Agree	1.9	3.6	0.0	2.8	3.4	0.0	-	0.0	1.1	2.5	-	2.6	1.4	5.6	-
Somewhat agree	6.2	3.6	6.8	8.5	4.7	8.8	-	14.7	3.3	4.4	-	10.3	4.2	11.1	-
Somewhat disagree	6.2	7.2	3.9	8.5	7.4	3.8	-	8.8	3.8	6.9	-	0.0	7.7	8.3	-
Disagree	22.9	20.5	26.2	21.1	19.5	27.5	-	23.5	23.1	22.2	-	10.3	26.1	22.2	-
Strongly disagree	61.6	63.9	62.1	57.7	63.1	60.0	-	50.0	68.1	62.6	-	76.9	59.9	52.8	-
How much do you agree or disagree that <u>political disagreements with family or friends</u> have negatively impacted your mental health within the last 12 months?															
Strongly agree	1.6	1.2	1.0	2.8	2.0	1.3	-	2.9	1.1	1.5	-	0.0	0.7	2.8	-
Agree	5.4	3.6	2.9	11.3	7.4	2.5	-	0.0	7.1	5.4	-	7.7	7.0	2.8	-
Somewhat agree	14.7	10.8	16.5	16.9	13.4	18.8	-	17.6	14.3	14.3	-	12.8	15.5	16.7	-
Somewhat disagree	9.7	9.6	10.7	8.5	9.4	10.0	-	5.9	10.4	10.8	-	2.6	8.5	13.9	-
Disagree	26.0	28.9	24.3	25.4	25.5	25.0	-	26.5	25.8	26.1	-	12.8	31.0	27.8	-
Strongly disagree	42.6	45.8	44.7	35.2	42.3	42.5	-	47.1	41.2	41.9	-	64.1	37.3	36.1	-
Compared to pre-pandemic levels (2019), how much have the efforts spent talking about mental health with <u>student-athletes</u> changed during the 2021-22 academic year?															
Much more than before the pandemic	40.0	37.3	39.5	44.6	38.2	44.3	-	30.8	41.2	40.5	-	43.8	41.5	33.3	-
A little more	37.5	32.8	44.7	33.9	35.9	41.0	-	34.6	38.6	37.0	-	37.5	37.7	36.1	-
About the same	19.0	26.9	11.8	17.9	22.9	11.5	-	30.8	17.6	19.1	-	18.8	17.7	27.8	-
Somewhat less	1.0	1.5	1.3	0.0	1.5	0.0	-	0.0	0.7	1.2	-	0.0	0.8	2.8	-
Much less than before the pandemic	2.5	1.5	2.6	3.6	1.5	3.3	-	3.8	2.0	2.3	-	0.0	2.3	0.0	-
Compared to pre-pandemic levels (2019), how much have the efforts spent talking about mental health with <u>your staff/colleagues</u> changed during the 2021-22 academic year?															
Much more than before the pandemic	25.0	23.9	21.1	32.1	24.4	23.0	-	42.3	19.6	26.0	-	18.8	25.4	22.2	-
A little more	30.5	23.9	40.8	25.0	26.7	41.0	-	15.4	34.6	30.1	-	43.8	28.5	22.2	-
About the same	39.5	47.8	30.3	41.1	45.8	26.2	-	34.6	41.2	39.3	-	37.5	38.5	55.6	-
Somewhat less	3.0	3.0	3.9	1.8	2.3	4.9	-	3.8	3.3	2.9	-	0.0	4.6	0.0	-
Much less than before the pandemic	2.0	1.5	3.9	0.0	0.8	4.9	-	3.8	1.3	1.7	-	0.0	3.1	0.0	-
Compared to pre-pandemic levels (2019), how much has the time spent on the road recruiting prospects changed during the 2021-22 academic year?															
Much more than before the pandemic	6.0	13.4	2.7	1.8	8.4	1.7	-	8.0	6.5	7.0	-	0.0	5.4	11.1	-
A little more	7.0	9.0	6.7	3.6	6.1	8.3	-	8.0	7.2	5.8	-	25.0	4.7	5.6	-
About the same	47.7	35.8	53.3	55.4	46.6	51.7	-	56.0	45.8	48.8	-	50.0	48.8	38.9	-
Somewhat less	26.1	23.9	26.7	28.6	24.4	30.0	-	24.0	25.5	25.0	-	18.8	25.6	36.1	-
Much less than before the pandemic	13.1	17.9	10.7	10.7	14.5	8.3	-	4.0	15.0	13.4	-	6.3	15.5	8.3	-
Compared to pre-pandemic levels (2019), how much has the use of virtual recruiting activities changed during the 2021-22 academic year?															
Much more than before the pandemic	30.7	41.8	29.3	19.6	35.1	23.3	-	28.0	30.1	32.0	-	25.0	29.5	36.1	-
A little more	39.7	26.9	48.0	42.9	34.4	50.0	-	40.0	39.9	38.4	-	50.0	41.9	25.0	-
About the same	24.6	25.4	18.7	32.1	24.4	23.3	-	24.0	24.8	23.8	-	18.8	22.5	36.1	-
Somewhat less	4.5	4.5	4.0	5.4	5.3	3.3	-	8.0	4.6	5.2	-	6.3	5.4	2.8	-
Much less than before the pandemic	0.5	1.5	0.0	0.0	0.8	0.0	-	0.0	0.7	0.6	-	0.0	0.8	0.0	-
Compared to pre-pandemic levels (2019), how much has the time spent working from home changed during the 2021-22 academic year?															
Much more than before the pandemic	18.7	16.9	23.7	14.3	19.4	19.7	-	24.0	19.0	18.6	-	0.0	20.2	11.4	-
A little more	32.3	30.8	34.2	30.4	32.6	32.8	-	24.0	32.0	33.1	-	25.0	30.2	42.9	-
About the same	41.4	49.2	34.2	42.9	41.9	37.7	-	40.0	43.8	41.3	-	68.8	44.2	31.4	-
Somewhat less	5.1	3.1	5.3	7.1	5.4	4.9	-	12.0	2.6	4.7	-	6.3	3.1	14.3	-
Much less than before the pandemic	2.5	0.0	2.6	5.4	0.8	4.9	-	0.0	2.6	2.3	-	0.0	2.3	0.0	-

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2022 NCAA Coach Well-Being Survey
Division II Assistant and Associate Coach Respondents by Subgroup

	All	Sport Gender			Gender Identity		Race/Ethnicity			Sexual Orientation		Generation			
		Men's Team	Women's Team	Men's and Women's Team	Man	Woman	Black	Other	White	Straight	Queer-Spectrum	Gen Z 18-25 yrs	Millennial 26-41 yrs	Gen X 42-57 yrs	Baby Boomer 58-76 yrs
Division II Respondents, N	261	83	106	71	149	82	17	35	183	205	20	39	144	37	19
Compared to pre-pandemic levels (2019), how much has the time spent with family or close friends changed during the 2021-22 academic year?															
Much more than before the pandemic	4.5	4.5	5.3	3.6	3.1	8.2	-	0.0	5.9	4.0	-	0.0	5.4	0.0	-
A little more	18.5	14.9	21.1	17.9	16.8	21.3	-	23.1	19.0	17.3	-	25.0	13.8	22.2	-
About the same	41.0	49.3	35.5	39.3	45.8	29.5	-	53.8	37.9	40.5	-	31.3	41.5	50.0	-
Somewhat less	23.0	19.4	28.9	19.6	22.9	24.6	-	7.7	25.5	23.7	-	37.5	23.1	22.2	-
Much less than before the pandemic	13.0	11.9	9.2	19.6	11.5	16.4	-	15.4	11.8	14.5	-	6.3	16.2	5.6	-
Compared to pre-pandemic levels (2019), how much has the time spent away from work doing something you enjoy (e.g., hobbies, vacation, etc.) changed during the 2021-22 academic year?															
Much more than before the pandemic	7.5	3.0	8.0	12.5	6.9	8.3	-	8.0	7.8	6.4	-	0.0	6.2	8.3	-
A little more	15.6	14.9	17.3	14.3	13.0	20.0	-	12.0	15.0	13.4	-	25.0	14.0	5.6	-
About the same	39.7	40.3	41.3	35.7	42.7	30.0	-	32.0	42.5	38.4	-	37.5	37.2	58.3	-
Somewhat less	21.1	23.9	22.7	16.1	19.8	26.7	-	36.0	18.3	23.8	-	25.0	22.5	16.7	-
Much less than before the pandemic	16.1	17.9	10.7	21.4	17.6	15.0	-	12.0	16.3	18.0	-	12.5	20.2	11.1	-
This year (2021-22), what is your level of concern about managing your roster due to additional eligibility?															
Very concerned	11.4	10.7	13.8	9.0	12.2	11.1	-	2.9	12.2	10.9	-	5.1	12.7	8.1	-
Somewhat concerned	42.6	54.7	37.2	35.8	44.2	38.3	-	35.3	42.5	43.1	-	41.0	40.1	51.4	-
Not concerned	46.0	34.7	48.9	55.2	43.5	50.6	-	61.8	45.3	46.0	-	53.8	47.2	40.5	-
This year (2021-22), what is your level of concern about preventing the athletes on your roster from leaving?															
Very concerned	23.8	20.0	21.1	32.4	26.4	18.3	-	22.9	23.1	26.0	-	17.9	23.1	24.3	-
Somewhat concerned	33.5	41.3	28.4	30.9	36.5	30.5	-	31.4	33.5	31.9	-	35.9	29.4	51.4	-
Not concerned	42.7	38.7	50.5	36.8	37.2	51.2	-	45.7	43.4	42.2	-	46.2	47.6	24.3	-
This year (2021-22), what is your level of concern about recruiting high school athletes?															
Very concerned	22.2	14.7	15.8	39.7	25.0	17.1	-	22.9	19.8	23.0	-	17.9	23.8	18.9	-
Somewhat concerned	38.9	36.0	37.9	42.6	39.2	39.0	-	42.9	41.2	40.2	-	46.2	34.3	37.8	-
Not concerned	38.9	49.3	46.3	17.6	35.8	43.9	-	34.3	39.0	36.8	-	35.9	42.0	43.2	-
This year (2021-22), what is your level of concern about recruiting 2-year transfer athletes?															
Very concerned	8.4	12.0	6.3	7.4	10.1	4.9	-	8.6	6.6	8.3	-	10.3	8.4	5.4	-
Somewhat concerned	33.9	37.3	29.5	35.3	35.1	31.7	-	31.4	33.5	33.8	-	20.5	36.4	37.8	-
Not concerned	57.7	50.7	64.2	57.4	54.7	63.4	-	60.0	59.9	57.8	-	69.2	55.2	56.8	-
This year (2021-22), what is your level of concern about recruiting 4-year transfer athletes?															
Very concerned	13.0	12.0	17.9	7.5	12.8	13.4	-	17.1	10.5	11.8	-	17.9	11.2	10.8	-
Somewhat concerned	36.1	40.0	32.6	35.8	37.2	34.1	-	31.4	37.6	36.8	-	25.6	37.8	40.5	-
Not concerned	50.8	48.0	49.5	56.7	50.0	52.4	-	51.4	51.9	51.5	-	56.4	51.0	48.6	-
This year (2021-22), what is your level of concern about advocating for gender equity within your athletics department?															
Very concerned	16.7	5.3	25.3	17.6	8.1	31.7	-	22.9	14.8	14.2	-	25.6	16.7	11.1	-
Somewhat concerned	32.2	20.0	40.0	33.8	27.7	39.0	-	37.1	33.0	30.4	-	35.9	31.9	25.0	-
Not concerned	51.0	74.7	34.7	48.5	64.2	29.3	-	40.0	52.2	55.4	-	38.5	51.4	63.9	-
This year (2021-22), what is your level of concern about creating an inclusive environment among your team?															
Very concerned	23.4	9.3	30.5	29.4	16.2	37.8	-	25.7	23.6	21.1	-	25.6	25.7	11.1	-
Somewhat concerned	31.8	30.7	35.8	26.5	32.4	29.3	-	28.6	31.9	31.4	-	35.9	25.7	38.9	-
Not concerned	44.8	60.0	33.7	44.1	51.4	32.9	-	45.7	44.5	47.5	-	38.5	48.6	50.0	-
This year (2021-22), what is your level of concern about helping student-athletes navigate name, image and likeness opportunities?															
Very concerned	7.9	3.9	9.5	10.3	6.0	9.8	-	14.3	5.5	5.9	-	12.8	7.6	2.7	-
Somewhat concerned	28.3	25.0	30.5	27.9	28.9	30.5	-	40.0	25.1	29.3	-	33.3	25.7	32.4	-
Not concerned	63.7	71.1	60.0	61.8	65.1	59.8	-	45.7	69.4	64.9	-	53.8	66.7	64.9	-
This year (2021-22), what is your level of concern about navigating changes to the NCAA structure/constitution?															
Very concerned	7.1	5.3	8.4	7.4	6.0	8.5	-	8.6	4.9	5.9	-	7.7	4.9	5.4	-
Somewhat concerned	36.7	39.5	31.6	39.7	37.6	36.6	-	42.9	35.0	36.1	-	35.9	35.4	45.9	-
Not concerned	56.3	55.3	60.0	52.9	56.4	54.9	-	48.6	60.1	58.0	-	56.4	59.7	48.6	-

Notes: Use caution when interpreting data from subgroups with <50 respondents. Percentages for subgroups with <30 are suppressed. Respondents who selected "another gender identity" and "77 or older" are not shown in their respective gender identity and generation groupings due to low numbers. "Other" includes those who selected American Indian/Alaska Native, Asian, Hispanic/Latino/a/x, Native Hawaiian/Pacific Islander, Middle Eastern/North African, other, and multiple identities. "Queer-spectrum" includes those who self-identified as gay, lesbian, bisexual, pansexual, queer, questioning/unsure or another identity.

2022 NCAA Coach Well-Being Survey
Division II Assistant and Associate Coach Respondents by Subgroup

	All	Sport Gender			Gender Identity		Race/Ethnicity			Sexual Orientation		Generation			
		Men's Team	Women's Team	Men's and Women's Team	Man	Woman	Black	Other	White	Straight	Queer-Spectrum	Gen Z 18-25 yrs	Millennial 26-41 yrs	Gen X 42-57 yrs	Baby Boomer 58-76 yrs
Division II Respondents, N	261	83	106	71	149	82	17	35	183	205	20	39	144	37	19
This year (2021-22), what is your level of concern about navigating COVID-19 health restrictions/protocols?															
Very concerned	21.3	19.7	16.8	29.4	22.1	18.3	-	20.0	18.0	19.0	-	12.8	18.1	35.1	-
Somewhat concerned	42.9	38.2	50.5	36.8	40.9	45.1	-	31.4	46.4	42.9	-	41.0	40.3	48.6	-
Not concerned	35.8	42.1	32.6	33.8	36.9	36.6	-	48.6	35.5	38.0	-	46.2	41.7	16.2	-
This year (2021-22), what is your level of concern about maintaining a safe environment for your team?															
Very concerned	27.5	15.8	29.5	38.2	23.5	35.4	-	31.4	25.7	25.9	-	30.8	26.4	18.9	-
Somewhat concerned	32.9	32.9	36.8	26.5	32.9	31.7	-	28.6	33.3	32.7	-	30.8	29.2	45.9	-
Not concerned	39.6	51.3	33.7	35.3	43.6	32.9	-	40.0	41.0	41.5	-	38.5	44.4	35.1	-
This year (2021-22), what is your level of concern about supporting the mental health of the student-athletes on your team?															
Very concerned	42.9	31.6	47.4	50.0	34.9	57.3	-	42.9	43.2	42.4	-	53.8	38.9	40.5	-
Somewhat concerned	38.3	39.5	40.0	33.8	44.3	28.0	-	34.3	37.7	39.0	-	33.3	38.2	45.9	-
Not concerned	18.8	28.9	12.6	16.2	20.8	14.6	-	22.9	19.1	18.5	-	12.8	22.9	13.5	-
This year (2021-22), what is your level of concern about supporting the physical health of the student-athletes on your team?															
Very concerned	38.8	28.9	38.9	50.0	34.2	46.3	-	42.9	38.3	38.0	-	48.7	36.1	35.1	-
Somewhat concerned	36.3	40.8	37.9	27.9	40.9	28.0	-	31.4	36.6	37.6	-	28.2	34.0	51.4	-
Not concerned	25.0	30.3	23.2	22.1	24.8	25.6	-	25.7	25.1	24.4	-	23.1	29.9	13.5	-
How much do you agree or disagree that your athletics department takes into account your voice (e.g., opinions, perspectives) when it comes to important decisions that impact your profession?															
Strongly agree	8.4	10.7	5.4	10.3	10.1	5.0	-	8.8	8.2	8.4	-	7.7	7.8	8.1	-
Agree	24.1	24.0	29.0	17.6	22.3	27.5	-	26.5	23.6	23.3	-	23.1	27.0	13.5	-
Somewhat agree	32.9	34.7	33.3	29.4	33.8	31.3	-	38.2	33.5	32.2	-	33.3	29.8	43.2	-
Somewhat disagree	13.5	10.7	15.1	14.7	13.5	13.8	-	8.8	13.7	13.9	-	15.4	12.8	18.9	-
Disagree	9.3	6.7	7.5	14.7	8.1	11.3	-	5.9	9.3	9.9	-	5.1	10.6	5.4	-
Strongly disagree	11.8	13.3	9.7	13.2	12.2	11.3	-	11.8	11.5	12.4	-	15.4	12.1	10.8	-
How much do you agree or disagree that your school takes into account your voice (e.g., opinions, perspectives) when it comes to important decisions that impact your profession?															
Strongly agree	5.9	8.0	2.2	8.8	8.2	1.3	-	5.9	5.5	6.0	-	2.6	5.0	8.3	-
Agree	16.5	20.0	19.6	8.8	17.0	17.5	-	17.6	17.1	17.4	-	17.9	14.9	16.7	-
Somewhat agree	27.5	24.0	37.0	19.1	23.8	36.3	-	29.4	27.6	26.9	-	33.3	28.4	22.2	-
Somewhat disagree	19.1	16.0	17.4	23.5	17.7	20.0	-	17.6	19.9	17.9	-	17.9	19.9	22.2	-
Disagree	8.5	6.7	8.7	10.3	8.2	7.5	-	8.8	8.3	9.0	-	5.1	9.2	11.1	-
Strongly disagree	22.5	25.3	15.2	29.4	25.2	17.5	-	20.6	21.5	22.9	-	23.1	22.7	19.4	-
How much do you agree or disagree that your athletics conference takes into account your voice (e.g., opinions, perspectives) when it comes to important decisions that impact your profession?															
Strongly agree	5.9	8.0	1.1	10.3	8.2	1.3	-	2.9	5.5	5.5	-	2.6	5.0	11.1	-
Agree	16.1	13.3	18.5	16.2	14.3	21.3	-	17.6	14.9	17.4	-	23.1	14.9	11.1	-
Somewhat agree	33.1	29.3	39.1	29.4	32.7	32.5	-	32.4	34.3	31.8	-	30.8	36.9	22.2	-
Somewhat disagree	17.8	17.3	18.5	17.6	15.0	21.3	-	20.6	18.8	17.4	-	15.4	15.6	25.0	-
Disagree	12.3	13.3	9.8	14.7	11.6	15.0	-	8.8	14.4	12.9	-	15.4	12.1	13.9	-
Strongly disagree	14.8	18.7	13.0	11.8	18.4	8.8	-	17.6	12.2	14.9	-	12.8	15.6	16.7	-
How much do you agree or disagree that the NCAA takes into account your voice (e.g., opinions, perspectives) when it comes to important decisions that impact your profession?															
Strongly agree	4.3	5.3	1.1	7.4	5.4	1.3	-	5.9	2.8	4.0	-	2.6	2.9	8.3	-
Agree	10.2	8.0	12.1	10.3	9.5	12.7	-	5.9	11.1	9.5	-	12.8	10.7	5.6	-
Somewhat agree	29.4	16.0	40.7	29.4	23.1	40.5	-	29.4	28.3	29.0	-	33.3	27.1	30.6	-
Somewhat disagree	14.5	17.3	13.2	13.2	14.3	15.2	-	14.7	16.1	14.5	-	10.3	15.7	11.1	-
Disagree	16.6	20.0	14.3	16.2	16.3	16.5	-	20.6	16.7	18.0	-	20.5	17.1	11.1	-
Strongly disagree	25.1	33.3	18.7	23.5	31.3	13.9	-	23.5	25.0	25.0	-	20.5	26.4	33.3	-

Notes: Use caution when interpreting data from subgroups with <50 respondents. Percentages for subgroups with <30 are suppressed. Respondents who selected "another gender identity" and "77 or older" are not shown in their respective gender identity and generation groupings due to low numbers. "Other" includes those who selected American Indian/Alaska Native, Asian, Hispanic/Latino/a/x, Native Hawaiian/Pacific Islander, Middle Eastern/North African, other, and multiple identities. "Queer-spectrum" includes those who self-identified as gay, lesbian, bisexual, pansexual, queer, questioning/unsure or another identity.

2022 NCAA Coach Well-Being Survey
Division II Head and Assistant/Associate Coach Respondents by Subgroup

	Head Coach				Assistant/Associate Coach			
	Man		Woman		Man		Woman	
	Do you have any children in your household that require childcare?							
	Yes	No	Yes	No	Yes	No	Yes	No
Division II Respondents, N	190	369	84	213	34	115	8	74
In general, how would you rate your mental health, including your mood and your ability to think?								
Excellent	19.0	19.6	4.8	7.0	17.7	22.8	-	2.7
Very Good	29.5	36.5	25.0	27.2	38.2	38.6	-	28.4
Good	29.0	29.4	40.5	33.8	26.5	28.1	-	40.5
Fair	18.4	12.3	27.4	24.4	17.7	8.8	-	25.7
Poor	4.2	2.2	2.4	7.5	0.0	1.8	-	2.7
Within the last month, have you felt things were hopeless?								
Constantly	1.1	0.5	1.2	2.8	2.9	0.9	-	0.0
Most every day	4.9	6.3	4.8	5.7	2.9	5.3	-	5.4
Occasionally	40.0	34.1	42.2	49.3	35.3	32.7	-	40.5
Never	54.1	59.1	51.8	42.2	58.8	61.1	-	54.1
Within the last month, have you felt overwhelmed by all you had to do?								
Constantly	9.0	5.4	13.1	18.5	0.0	4.4	-	9.5
Most every day	23.4	19.8	33.3	28.9	17.7	15.0	-	29.7
Occasionally	55.9	53.3	48.8	44.6	58.8	59.3	-	50.0
Never	11.7	21.5	4.8	8.1	23.5	21.2	-	10.8
Within the last month, have you felt exhausted (not from physical activity)?								
Constantly	12.1	7.6	14.3	16.0	2.9	5.3	-	5.4
Most every day	26.8	20.6	38.1	36.3	26.5	18.6	-	27.0
Occasionally	52.1	50.1	41.7	41.5	58.8	60.2	-	62.2
Never	9.0	21.7	6.0	6.1	11.8	15.9	-	5.4
Within the last month, have you felt very lonely?								
Constantly	4.3	2.7	0.0	2.8	0.0	0.0	-	1.4
Most every day	9.6	5.4	8.3	11.3	8.8	5.2	-	9.5
Occasionally	34.6	35.0	35.7	45.8	23.5	31.3	-	44.6
Never	51.6	56.9	56.0	40.1	67.7	63.5	-	44.6
Within the last month, have you felt sad?								
Constantly	1.6	1.6	1.2	3.3	0.0	0.9	-	0.0
Most every day	10.6	4.9	8.3	9.0	5.9	4.4	-	9.5
Occasionally	50.3	49.6	52.4	65.1	47.1	40.7	-	52.7
Never	37.6	43.9	38.1	22.6	47.1	54.0	-	37.8
Within the last month, have you felt so depressed that it was difficult to function?								
Constantly	1.6	0.5	0.0	1.9	0.0	0.0	-	0.0
Most every day	3.7	3.3	2.4	2.8	0.0	4.4	-	2.7
Occasionally	23.3	20.3	24.1	29.7	17.7	14.2	-	20.3
Never	71.4	75.9	73.5	65.6	82.4	81.4	-	77.0
Within the last month, have you felt overwhelming anxiety?								
Constantly	5.3	2.4	7.1	4.3	0.0	3.5	-	5.4
Most every day	12.1	7.9	7.1	16.5	2.9	3.5	-	16.2
Occasionally	43.7	41.7	50.0	50.9	44.1	27.2	-	43.2
Never	39.0	48.0	35.7	28.3	52.9	65.8	-	35.1
Within the last month, have you felt overwhelming anger?								
Constantly	2.1	0.5	3.6	2.4	2.9	0.9	-	0.0
Most every day	6.4	7.6	9.5	7.6	5.9	4.4	-	6.8
Occasionally	46.0	36.1	40.5	41.7	35.3	31.9	-	35.1
Never	45.5	55.7	46.4	48.3	55.9	62.8	-	58.1
Within the last month, have you felt a sense of loss?								
Constantly	2.1	1.4	1.2	1.9	0.0	1.8	-	0.0
Most every day	7.4	6.3	7.1	7.7	3.1	4.4	-	9.5
Occasionally	35.5	32.7	38.1	46.4	46.9	22.8	-	29.7
Never	55.0	59.7	53.6	44.0	50.0	71.1	-	60.8
Within the last month, have you experienced sleep difficulties (e.g., trouble falling asleep, waking too early)?								
Constantly	9.5	8.4	15.5	12.3	5.9	2.6	-	9.5
Most every day	24.2	19.6	20.2	24.1	17.7	14.8	-	20.3
Occasionally	44.2	50.0	51.2	48.6	50.0	43.5	-	41.9
Never	22.1	22.0	13.1	15.1	26.5	39.1	-	28.4

Notes: Use caution when interpreting data from subgroups with <50 respondents. Percentages for subgroups with <30 are suppressed. Respondents who selected other coaching staff roles (e.g., director of operations, graduate assistant, etc.) and "another gender identity" are not shown due to low numbers.



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