

National
Study on
Collegiate
Wagering
and Social

Environments

Thank you for your participation in this very important study.

The NCAA Research Staff

#### Dear Student:

Thank you for your willingness to participate in the NCAA's National Study on Collegiate Sports Wagering and Social Environments. The first part of this study seeks to assess opinions toward gambling and sports wagering among current student-athletes. The second part asks questions about the social environments of student-athletes. Your opinions and experiences will be used to develop programming and educational initiatives that will assist all of us associated with college sports. For this study to help future student-athletes, it is important that you read all questions carefully and give thoughtful and honest responses.

This information is being collected <u>anonymously</u>. We will not ask you to identify yourself or your school. That means nobody, including the NCAA and its researchers, will know your identity or be able to match your responses to your team or your school. The study protocols were designed specifically to help you maintain complete anonymity. Results that are reported will be in terms of national and subgroup (for example, sport, division, whether your state has legalized sports wagering) averages and trends, and items with small response sizes will not be reported to protect anonymity.

Your participation in this study is completely voluntary so you may choose not to answer specific questions, or to discontinue your participation at any time without penalty. The information about the study provided to you by your campus faculty athletics representative is intended to inform you of the purpose, benefits and risks associated with the study. Your voluntary completion of this survey indicates that you are consenting to participate in this study.

If you are under 18 years of age, or below the age of legal consent to participate in this study in your state, you are excused from further participation in this research study <u>and should leave at this time</u>.

If you have questions regarding the study or survey instrument, please contact the survey administrator, **Kelsey Gurganus-Wright**, at **317-917-6566** or **kgurganus@ncaa.org**. For questions regarding the study procedures, please contact the NCAA Research Review Board administrator at **317-917-6409** or **rrbadmin@ncaa.org**.

	MARKING INSTRUCTION	Use Blue or Black ink pen or Black Lead Pencil Only	Inco	rrect Mark:	<b>ØØ</b> •••	Correct Mark:	
PART 1: INTRODUCTION TO YOU  1. Are you playing on a men's or women's team(s)?  Men's Women's			3.	In what N  Division  Division  Division	n I n II	does your team co	mpete?
○ A B B B B B C C C F F C G G G C L C C C C C C C C C C C C C C	A sport(s) you are playing corobatics & Tumbling gaseball (assketball geach Volleyball gowling cross Country equestrian fencing field Hockey football gowling (assketball geach volleyball geach volleyball gootball gootball gootball gootball gootball geach geach gaseball geach geach gootball	g: (Mark all that apply)  Rowing Rugby Skiing Soccer Softball Swimming & Diving Tennis Track (Indoor or Outdoor) Triathlon Volleyball (Indoor) Water Polo Wrestling	4.	Freshr Sopho Junior Senior	nan more	cademic standing?	

5.	What is your age?  18 19 20 21 22 or older
6.	How do you describe yourself? (Mark all that apply)  American Indian or Alaska Native Asian  Black or African American Hispanic or Latino/a/x Middle Eastern or North African Native Hawaiian or Pacific Islander White Other
7.	With whom do you currently live during the school year? (Mark one)  I live alone With parents, family or a significant other With teammates or other student-athletes only With a mix of student-athletes and others Only with other students who are not athletes Other living arrangement
8.	Where did you attend high school?  In the United States In Canada In another country





### **PART 2: YOUR GAMBLING ACTIVITIES**

In the following questions, the terms "GAMBLING," "WAGERING" and "BETTING" refer to any activity in which one risks money in an attempt to win money.

 Listed below are several types of gambling activities. How often have you done each of the listed activities <u>during the past 12 months</u> for <u>money</u>? Enter <u>one</u> response for <u>each</u> type of activity.

Frequency (in the past 12 months)

At least once a month
At least once a month
At least once a month
as

A	ctivities	Mone	Mone	Mee	Dall	Ż
a.	Played cards for money (such as poker)		0	0	0	0
b.	Gambled in a casino for money	0	0	0	0	0
C.	Bet on horses, dogs or other animals for money	0	0	0	0	0
d.	Bet on sports for money (in any form such as betting on individual games, sport pools, fantasy leagues with money involved, etc.)	0	0	0	0	0
e.	Bet on games of personal skill (e.g., pool, golf, bowling, video games) with friends for money	0	0	0	0	0
f.	Played dice games or craps for money	0	0	0	0	0
g.	Played slots or other gambling machines	0	0	0	0	$\circ$
h.	Played casino games (including poker) on the Internet for money	0	0	0	0	$\bigcirc$
i.	Bought lottery or scratch tickets	0	0	0	0	0
j.	Traded on the stock market for money (e.g., day trading)	0	0	0	0	$\bigcirc$
k.	Played bingo for money			0	0	$\bigcirc$

10.	Have you engaged in any of these forms of sports
	betting for money during the past 12 months?

	297	70
a. Bets on individual games (e.g., point spread, moneyline, over/under)	0	0
<ul> <li>b. Online daily or weekly fantasy sports contests (e.g., via DraftKings,</li> </ul>		
FanDuel, etc.)	0	0
c. Season-long fantasy sports contests	0	0
d. Parlays or teasers	0	0
e. Pools or bracket contests	0	0
f. Prop bets	0	0
g. Live in-game or in-play betting	0	0
h Futures bets	$\bigcirc$	



11. If you indicated in Questions 9d or 10 that you bet on sports for money during the past 12 months, on what sports did you bet? If you did not bet on sports for money in the past 12 months, mark "Not at all" on each row below. Betting on a sport includes brackets, pools and fantasy contests (daily or season-long) in which entry fees are paid and prizes/money given.

Frequency (in the past 12 months)

**Sports** a. NFL..... b. NBA..... c. WNBA..... d. Major League Baseball ..... e. NHL ..... f. Soccer g. College football..... h. NCAA men's basketball (including pools or bracket contests with an entry fee) ..... i. NCAA women's basketball (including pools or bracket contests with an entry fee) ..... j. Other college sports (e.g., college baseball, lacrosse) ..... k. Auto racing ..... l. Golf ..... m. Horse racing..... n. Tennis..... o. UFC / MMA or Boxing ..... p. High school or youth sports.....

12.	Listed below are several ways to place bets on sports. If you indicated in <u>Questions 9d or 10</u> that you have bet on sports for money <u>during the past 12 months</u> , how did you typically place your bets?			
	Methods for Placing Bets			
	a. In-person at a casino, sportsbook or other authorized location in the USA (or Canada)			
	b. Mobile wagering (using an app or website) through a legal online sportsbook based in the USA (or Canada)			
	c. Mobile wagering (using an app or website) through a sportsbook based <u>outside of the</u> <u>USA</u> (or Canada)			
	d. With a local (non-student) bookie			
	e. With a student bookie			
	f. Among family or friends			
13.	What is the total largest amount of money you have ever lost wagering on sports in a single day?  I've never bet on sports for money  Less than \$10  \$10 to \$49  \$50 to \$99  \$100 to \$299  \$300 to \$499  \$500 to \$999  \$1,000 or more			
14.	What is the total largest amount of money you have ever lost gambling in any form in a single day?  I've never gambled for money  Less than \$10  \$10 to \$49  \$50 to \$99  \$100 to \$299  \$300 to \$499			

\$500 to \$999 \$1,000 or more

	sports and NCAA men's basketball tournament (including bracket contests):	ро	ols
	(moraumy praemot contests).	_	_
	A. Have you ever participated in a free fantasy sports league?	es O	100
	b. Do you consider participation in a fantasy		
	sports league with an entry fee and a prize		
	to be gambling?	0	0
	c. Have you ever participated in a free NCAA		
	men's basketball tournament pool?	0	0
	d. Have you ever participated in an NCAA		
	men's basketball tournament pool with an		
	entry fee and a prize offered?	0	0
	e. Do you consider participation in an NCAA		
	men's basketball tournament pool with an		
	entry fee and a prize to be gambling?	$\bigcirc$	0
16.	What is the highest entry fee you have ever paid for an NCAA men's basketball tournament pool bracket contest?  I've never participated in such a pool There was no fee Less than \$10 \$10 to \$49 \$50 to \$99 More than \$100		
17.	When did you first wager on sports?		
	Before high school		
	High school		
	College		
	l've never wagered on sports		
18.	When did you gamble in any form for money for first time?	r th	е
	Before high school		
	High school		
	College		
	l've never gambled for money		

15. The following questions are specifically about fantasy

19.	When you gambled that first time for money, which of the following did you do? (Mark one)  Played cards (including poker)  Bet on horses, dogs or other animals  Bet on sports (including pools or fantasy leagues)  Bet on a game of personal skill (e.g., bowling or video games)  Played dice games or craps  Played slots or other gambling machines  Bought/received lottery or scratch tickets  Traded on the stock market (e.g., day trading)  Played bingo  Other  I've never gambled for money
20.	Have you ever:
	a. Bet on a college game that involved your team?
21.	Who are you most likely to gamble with? (Mark one)  I have never gambled Alone (including online gambling) Boyfriend, girlfriend, spouse or family member(s) Teammates or other people I know through sports Friends outside of sports

22.	nave you ever.	
	a. Been contacted by an outside source to share inside information about your team?	)
	b. Received negative or threatening messages from someone who bet on your game (e.g., via social media)?	)
	c. Had another student on campus tell you that they won or lost a bet that they placed on your team?	)
	d. Been asked to influence the outcome of a game in which you played?	)
	e. Been asked by a team member for help in influencing the outcome of a game?	)
	f. Known of a teammate who has been asked to try to influence the outcome of a game in which they played?	)
	g. Known of a teammate who accepted money or other reward for playing poorly?	)
	h. Known a bookie?	)
	i. Known of a student-athlete at your school who was a bookie?	)
	j. Been aware of a sportsbook offering a prop bet related to your individual performance?	)
23.	Have you ever:	
	a. Provided confidential (inside) information about a college game to an outside source?	)
	b. Asked a teammate to influence the outcome of a game?	)
	c. Accepted money or other reward for playing poorly in a game?	)
	d. Been helped by anyone to pay a gambling debt?	)
	e. Received help for a gambling problem?	)

The next question is a standard measurement scale that is used in wagering studies throughout North America. There are no right or wrong answers to the questions that follow. Please try to be as honest as possible, and remember that all information is anonymous.

24.	In	the past 12 months
	a.	Have there been periods in the past year where you spent a lot of time thinking about past gambling experiences, thinking about future
		gambling experiences or thinking about ways of getting money with which to gamble?
	b.	During the past year, have you needed to gamble with larger amounts of money or with larger bets in order to obtain the same feeling of excitement?
	C.	Have you tried to cut down or stop your gambling several times in the past year and been unsuccessful?
	d.	Did you feel quite restless or irritable after you tried to cut down or stop gambling?
	e.	Do you feel that you gamble as a way to run away from personal problems, or to relieve uncomfortable emotions such as nervousness or sadness?
	f.	After you lose money gambling, do you often return another day to try to win back your losses?
	g.	Have you lied to family members, friends or others in order to hide your gambling?
	h.	Have you committed any illegal acts (such as theft, forgery, embezzlement or fraud) to finance your gambling?
	i.	Have you almost lost, or actually lost, a relationship with someone important to you, or a job, school or career opportunity because of your gambling?
	j.	Have you relied on others to bail you out and pay your gambling debts, or to pay your bills when you have financial problems because of gambling?
	k.	Have you ever felt you had a problem with gambling?
	I.	Do you know where to go on campus if somebody wants help for a gambling problem?

	concerning gambling?						
	○ Yes ○ No						
26.	Would your coaches generally be averyour teammates are gambling on sport of the second			f w	het	the	r
27.	Would your <u>teammates</u> generally be a particular teammate was gambling  Yes  No						hei
28.	Do you agree or disagree that the fo educational initiatives or events can influencing student-athletes not to wager on sports?	be	ef	fec	tive	in	1
	a. Coach	0	0	0	0	0	0
	b. Athletics department presentation or information	0	0	0	0	0	0
	c. Teammates	0	0	0	0	0	0
	d. NCAA presentation or educational materials	0	0	0	0	0	0
	e. NCAA penalties	0	0	0	0	0	0
	f. Law enforcement presentation	0	0	0	0	0	0
	g. Former bookie / gambler presentation	0	0	0	0	0	0
	h. Presentation from former athlete who had a gambling problem	0	0	0	0	0	0
	i. Parents	0	0	0	0	0	0

25. Have you received information on the NCAA rules

in which sports wagering was legal while you were there?	PART 3: YOUR SOCIAL ENVIRONMENTS
<ul><li>Yes</li><li>No</li><li>I don't know</li></ul>	<ul> <li>32. Are you currently attending a Historically Black College or University (HBCU)?</li> <li>No</li> <li>Yes</li> </ul>
30. Is sports wagering currently legal in the state where your college is located?  Yes No I don't know	33. Did you transfer into your current school?  No Yes, from a 2-year college Yes, from a 4-year college
31. How much do you agree or disagree with each statement?  Strongly Disagree Strongly Disagree with each statement?	34. What were your reasons for transferring? (Mark all that apply)  I did not transfer Academics Additional eligibility due to COVID extension Conflict with coach or teammates Family or personal reasons Financial reasons Name, image and likeness (NIL) opportunities Playing time or participation opportunities
<ul> <li>a. Most college student-athletes violate NCAA rules that prohibit sports wagering</li></ul>	Your mental health  35. How comfortable do you feel in each of these environments (that is, you feel respected and cared about; you fit in)?
e. Coaches take NCAA rules against sports wagering seriously	a. With your team
f. It makes me uncomfortable that people bet on college sports	c. With other students at your college who aren't athletes
g. If approached, I would consider endorsing a gambling venue (e.g., casino, sportsbook) for money	d. Among members of the off-campus community near your school
h. I enjoy videos, podcasts or TV shows that talk about sports specifically from a betting perspective	f. In your classes

36. How much do you agree or disagree with the following statements about how <u>other students</u> perceive student-athletes?

Strongly Disagree Somewhat Disagree Somewhat Agree Somewhat Agree

- a. I feel like I can be myself around other students on this campus .......
- b. Students on this campus assume
  I'm not a good student because
  I'm also an athlete......
- c. Generally, students at this college hold stereotypes about athletes that negatively impact my daily experiences here......
- d. I want other students to know I am a student-athlete ......
- 37. How much do you agree or disagree with the following statements about how <u>professors</u> perceive student-athletes?

Strongly Pares

- a. Professors at this school are understanding of my dual roles as student and athlete......
- b. Professors on this campus assume I'm not a good student because I'm also an athlete .......
- c. Generally, professors at this college hold stereotypes about athletes that negatively impact my daily experiences here.................

38. How much do you agree or disagree with the following statements?

Strongly Disagree Somewhat Disagree Somewhat Agree Somewhat Agree

- a. Professors are accessible to me when I need their help......
- b. I am satisfied with my current living situation.....
- c. I am satisfied with my current social environment at this school ......
- d. I would like to be more involved on campus outside of athletics ......
- e. I have friends here who share my interests and values ......
- f. I am sometimes lonely at this school......
- g. It is easy to find people on campus with similar cultural backgrounds as me ......
- h. In general, people on campus
  value the experiences of people in
  my cultural community......
- i. This school's traditions and celebrations play an important role in my life as a student-athlete .......
- j. I am proud of this school's history and culture
- k. I have felt discriminated against at this institution because of my identity.....



# 39. How much do you agree or disagree with the following statements?

off-field behavior.....

## 40. How much do you agree or disagree with the following statements?

have mental health concerns ........

41.	How much do you agree or disagree with the
	following statements about social media?

Strongly Agree	ewhat por	Disagi	ongly hisagine	Disagi	agy.
a. I pay a lot of attention to what's said about me and my team on social media		0	0	0	0
b. Social media distracts me from doing the things I need to do each day		0	0	0	0
c. My social media use often makes it hard for me to get to sleep at night			$\bigcirc$	$\bigcirc$	$\bigcirc$
d. Social media has connected me to peers with shared identities who can support me through tough times		0	0	0	0
e. Social media has given me ideas or opportunities related to name, image and likeness (NIL)		0	0	0	0
f. I am able to connect with student-athletes on other campuses through social media		0	0	0	0
g. I use social media to enhance my training (e.g., ideas for workouts, drills, etc.)		0	0	0	0
How often does social media make you	ı fe	el			
a. Worse about the way your body looks					
a. Worse about the way your body looks		0	0	0	
b. Overwhelmed because of all the drama	ì	0	0	0	
c. Pressure to only post content that makes you look good to others					

d. Motivated to do more in life ......

42.

		I	
43.	Have you posted on social media to fulfill an NIL agreement?	47.	Within the last 12 months, have you felt you needed mental health care?
	○ No		○ No
	Yes		Yes
44.	How many hours each week do you spend gaming (e.g., video games, mobile games, tabletop RPGs)?	48.	Within the last 12 months, have you sought mental health care?
	None at all		○ No
	Less than 1 hour a week		Yes
	1-2 hours a week		
	3-4 hours a week		
	5-7 hours a week	49.	How much do you agree or disagree with the
	8-12 hours a week		following statements about accessing mental
	13-20 hours a week		health services if or when you need support?
	More than 20 hours a week		
			v <sub>o</sub>
45.	I typically play games:		S. Some
			ton lewit not
	Sog		NP PARPOIS
	Sometimes Offen		ally Adverse to the state of th
	Net all the state of the state		
	a. In person with friends		a. I would prefer to see a mental
	a. III person with mends		health provider via video chat
	b. Online with friends		b. It is essential that nobody know I
			am seeking care
	c. Online with people I may not know		
	d. Alone		c. I will only see a mental health
	d. Alone		provider who understands the
			college athletics experience
46.	How much do you agree or disagree with the		d. I will only see a provider who
	following statements?		identifies similarly to me (same
	.0		race, religion, sexual orientation,
	Somewhat Somewhat Strongs		or gender identity)
	Stro		1
	May a do o do d		e. I will only seek care if it is free
	Z Z Z Z Z Z Z Z Z Z Z Z Z Z Z Z Z Z Z		f. I will only seek care if my coaches
	8 8 8 8 6		are supportive
	a. Gaming is an effective way to		
	relieve stress in college		g. I will only seek care if my
	h Osmiran halas was 64 in assisting at		teammates are supportive
	b. Gaming helps me fit in socially at this college		h. I feel that my athletics department
	uns conege		should help me find care
	c. Gaming is an important way for our		
	team to build togetherness		
	d Carabas summas as		
	d. Coaches express concern over		
	how much time members of my team spend gaming		
	toa opona garring		
	e. I have at least one teammate who		
	can't seem to control the amount of		
	time they spend gaming		

## 50. How much do you agree or disagree with the following statements?

	Strongly Age	Somewi Agi	OWNAT POL	Si Disagio	Trongly Stagree	Disagr	age.
a.	It is important to me to be an active and engaged citizen	0	0	0	0	0	0
b.	I keep up with current political and social issues	0	0	0	0	0	0
C.	I would be comfortable taking a public stance on a social issue	0	0	0	0	0	0
d.	My teammates would support me for taking a public stance on a social issue	0	0	0	0	0	0
e.	My coaches would support me for taking a public stance on a social issue	0	0	0	0	0	0
f.	My athletics department would support me for taking a public stance on a social issue	0	0	0	0	0	0
g.	Student-athletes have a responsibility to participate in volunteer or service activities within the local community	0	0	0	0	0	0
h.	I intend to vote in the November 2024 U.S. presidential election	0	0	0	0		0
i.	I have or intend to volunteer in the 2024 elections (e.g., assist with voter registration)		0	0	0	0	0

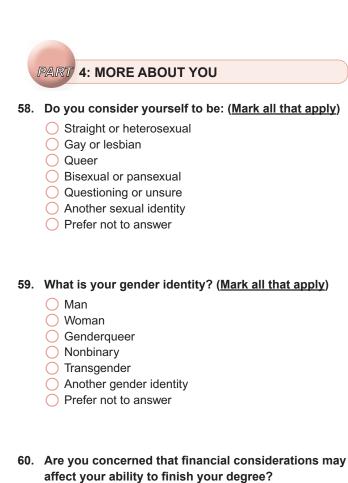
51. In the past year, how often have you:

	and	2	
	a. Demonstrated for a cause (e.g., boycott, rally, protest)		
	b. Performed volunteer work		
	c. Discussed politics		
	d. Publicly communicated your opinion about a cause (e.g., social media post, email, petition)		
52.	Are you currently a member of any of the follow groups or organizations on your campus:	/ing	J
	V	165	20
	a. Student-Athlete Advisory Committee (SAAC)	$\bigcirc$	0
	b. Academic club or pre-professional society	0	0
	c. Club, intramural or recreational sports	0	0
	d. Club for the arts (e.g., art, music, literature, etc.)	0	0
	e. Faith-based campus organization	0	0
	f. Fraternity/sorority	0	0
	g. Gaming club	0	0
	h. Internship program	0	0
	i. LGBTQ+ student organization	0	0
	j. Political engagement group		0

k. Race/ethnicity-based student organization ......

I. Women's advocacy group ......

53.	Do you currently hold a leadership role in a student group on your campus?  No	56. How much do you agree or disagree with the following statements about <u>your family?</u>
54.	How often do you typically communicate with your parents/guardians (talk, text, use social media)? (Mark one)	Sumewhat Disagree Somewhat Agree
	Multiple times daily Once a day A few times a week Once a week Less than weekly	a. Giving back to my family is a priority to me
55.	How often do you ask a family member	c. My family is very interested in my academic progress
	Sometimes	d. My family and I struggle to make ends meet  e. My family can relate to my experiences as a college
	a. To contact one of your professors?	student-athlete
	<ul> <li>b. To contact one of your coaches?</li> <li>c. For help with a bill or money problem?</li> <li>d. To help you make academic decisions (e.g., choose classes)?</li> <li>e. For advice on athletics issues (e.g.,</li> </ul>	57. How interested are you in receiving additional education/resources about the following topics from your athletics department?
	advice on training or how to deal with coaches)?	a. Activism, advocacy and civic engagement
		c. Fostering a more inclusive environment on your team
		d. Financial and tax literacy
		e. Hazing prevention
		f. Managing your personal brand
		g. Managing time demands
		h. Navigating NIL opportunities  i. Professional opportunities in your sport
		j. Transfer portal and process



Yes, I'm very concerned

Yes, I'm somewhat concerned

No, I'm not concerned



61. Do you rely on the following to help pay for college? (Please respond to <u>each</u> item)

	S	30
a. Family contribution	. 🔾	0
b. Personal contribution or job	. 🔾	0
c. Pell Grant	. 🔾	0
d. Need-based financial aid (including state or institutional grants)	. 🔾	0
e. Academic scholarship	. 🔾	0
f. Athletics scholarship	. 🔾	0
g. Loans	. 🔾	0

62. Do you have a disability or condition that impacts your learning, working or living activities?

$\sim$	
( )	Nια

O Prefer not to answer

63. Do you have a parent/guardian who graduated from a four-year college?

O Yes

O No

Thank you for your participation in this important study on student experiences!

Results of previous student-athlete surveys are available on the NCAA Research website:

http://www.ncaa.org/research