

NCAA NATIONAL STUDY ON COLLEGIATE WAGERING AND SOCIAL ENVIRONMENTS

For information about the study, its administration or results, contact:

Kelsey Gurganus-Wright
NCAA Research
317-917-6566 or kgurganus@ncaa.org

Visit the NCAA Research Website at:
www.ncaa.org/research

NCAA Research Review Board Administrator
317-917-6409 or rrbadmin@ncaa.org

Resources and Recommendations

For information or support related to any of the survey topics, please contact your campus student health office or visit the following sites:

National Council of Problem Gambling

- The National Council of Problem Gambling provides 24/7, free and confidential support related to problem gambling or treatment. Call **1-800-GAMBLER**, text **800GAM**, chat at www.1800gamblerchat.org.

NCAA Sports Wagering

- For NCAA-related sports wagering information, visit: <https://on.ncaa.com/wagering>.

NCAA Sport Science Institute

- For health and safety resources and recommendations, visit www.ncaa.org/ssi.

Substance Abuse and Mental Health Services

- The Substance Abuse and Mental Health Services Administration (SAMHSA) Behavioral Health Treatment Services Locator provides help to those seeking treatment facilities for substance use/addiction and/or mental health problems. For more information, visit: www.findtreatment.samhsa.gov/.
- The SAMHSA Disaster Distress Helpline provides 24/7 crisis counseling and support to individuals experiencing emotional distress related to natural or human-caused disasters. Call **800-985-5990** or text **TalkWithUs** to **66746**.

Suicide Prevention

- The 988 Suicide and Crisis Lifeline provides 24/7, free and confidential support for individuals in distress. Call or text **988** or chat at 988lifeline.org/chat/.
- A list of international suicide hotlines is available at <https://ibpf.org/resource/list-of-international-suicide-hotlines/>.

Mental Health Support for Students of Color

- For students of color, The Steve Fund and Crisis Text Line provide 24/7, free and confidential support for mental health and well-being. Text **STEVE** to **741741**.

Mental Health Support for LGBTQ+ Students

- For the LGBTQ+ community, The Trevor Project provides 24/7 counseling for crisis intervention and suicide prevention. Call **866-488-7386**, text **START** to **678678** or message a counselor online at www.thetrevorproject.org/get-help/.



RESEARCH