Thank you for your participation in this very important study.

The NCAA Research Staff
Dear Student:

Thank you for your willingness to participate in the NCAA’s National Study on Collegiate Sports Wagering and Social Environments. The first part of this study seeks to assess opinions toward gambling and sports wagering among current student-athletes. The second part asks questions about the social environments of student-athletes. Your opinions and experiences will be used to develop programming and educational initiatives that will assist all of us associated with college sports. For this study to help future student-athletes, it is important that you read all questions carefully and give thoughtful and honest responses.

This information is being collected anonymously. We will not ask you to identify yourself or your school. That means nobody, including the NCAA and its researchers, will know your identity or be able to match your responses to your team or your school. The study protocols were designed specifically to help you maintain complete anonymity. Results that are reported will be in terms of national and subgroup (for example, sport, division, whether your state has legalized sports wagering) averages and trends; an individual’s responses will never be reported in isolation.

Your participation in this study is completely voluntary so you may choose not to answer specific questions, or to discontinue your participation at any time without penalty. The information about the study provided to you by your campus faculty athletics representative is intended to inform you of the purpose, benefits and risks associated with the study. Your voluntary completion of this survey indicates that you are consenting to participate in this study.

If you are under 18 years of age, or below the age of legal consent to participate in this study in your state, you are excused from further participation in this research study.

If you have questions regarding the study, survey instrument or the survey procedures, please contact the survey administrator, Kelsey Gurganus, at 317-917-6566 or kgurganus@ncaa.org.

Thank you for your participation in this important study on student experiences!

Part 1: Demographics

1. Are you playing on men’s or women’s team(s)?
   - Men’s
   - Women’s

2. NCAA sport(s) you are playing: (Mark all that apply)
   - Baseball
   - Basketball
   - Bowling
   - Cross Country
   - Fencing
   - Field Hockey
   - Football
   - Golf
   - Gymnastics
   - Ice Hockey
   - Lacrosse
   - Rifle
   - Rowing
   - Skiing
   - Soccer
   - Softball
   - Swimming/Diving
   - Tennis
   - Track (Indoor or Outdoor)
   - Volleyball (Indoor)
   - Volleyball (Beach)
   - Water Polo
   - Wrestling

3. In what NCAA division does your team compete?
   - Division I
   - Division II
   - Division III

4. What is your current academic standing?
   - Freshman
   - Sophomore
   - Junior
   - Senior
   - Completed bachelor’s degree
5. How do you describe yourself?  (Mark all that apply)
   ○ American Indian or Alaskan Native
   ○ Asian
   ○ Black or African American
   ○ Hispanic or Latino
   ○ Native Hawaiian or Pacific Islander
   ○ White
   ○ Other

6. Do you rely on the following to help pay for college?  (Please respond to each item)
   a. Family contribution ........................................
   b. Personal contribution or job.............................
   c. Pell Grant ....................................................
   d. Need-based financial aid (including state or institutional grants)...........................................
   e. Academic scholarship ......................................
   f. Athletics scholarship ........................................
   g. Loans ..........................................................

7. Are you concerned that financial considerations may affect your ability to finish your degree?
   ○ Yes, I’m very concerned
   ○ Yes, I’m somewhat concerned
   ○ No, I’m not concerned

8. With whom do you currently live during the school year? (Choose one best response)
   ○ I live alone
   ○ With parents, family or a significant other
   ○ With teammates or other student-athletes only
   ○ With a mix of student-athletes and others
   ○ Only with other students who are not athletes
   ○ Other living arrangement

9. Where did you attend high school?
   ○ In the United States
   ○ In Canada
   ○ In another country

10. Listed below are several types of gambling activities. How often have you done each of the listed activities during the past 12 months for money?  Enter one response for each type of activity.

   **Activities**
   a. Played cards for money (such as poker) ........................................
   b. Gambled in a casino for money ........................................
   c. Bet on horses, dogs or other animals for money ..........................
   d. Bet on sports for money (in any form such as betting on individual games, sport pools, fantasy leagues with money involved, etc.) ........................................
   e. Bet on games of personal skill (e.g., pool, golf, bowling, video games) with friends for money ........................................
   f. Played dice games or craps for money ........................................
   g. Played slots or other gambling machines ........................................
   h. Played casino games (including poker) on the Internet for money ....
   i. Bought lottery or scratch tickets ........................................
   j. Traded on the stock market for money (e.g., day trading) ............
   k. Played bingo for money ........................................
11. Have you engaged in any of these forms of sports betting for money during the past 12 months?

<table>
<thead>
<tr>
<th>Form of Betting</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Bets on individual games (e.g., point spread, win/loss, over/under)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Online daily or weekly fantasy sports contests (e.g., via DraftKings, FanDuel, etc.)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Season-long fantasy sports contests</td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Parlays</td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Pools or bracket contests</td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Prop bets</td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. Live in-game or in-play betting</td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. Betting on eSports</td>
<td></td>
<td></td>
</tr>
<tr>
<td>i. Futures bets</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

12. If you indicated in Questions 10d or 11 that you bet on sports for money during the past 12 months, on what sports did you bet? If you did not bet on sports for money in the past 12 months, mark “Not at all” on each row below. **Betting on a sport includes brackets, pools and fantasy contests (daily or season-long) in which entry fees are paid and prizes/money given.**

**Frequency**

*(in the past 12 months)*

<table>
<thead>
<tr>
<th>Sports</th>
<th>Yes</th>
<th>Yes but less than once a month when the sport is in-season</th>
<th>No at all</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. NFL</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. NBA</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Major League Baseball</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>d. College football</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. NCAA men’s basketball (including pools or bracket contests with an entry fee)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. NHL</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. Soccer</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. UFC / MMA or Boxing</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>i. Golf</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>j. Tennis</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>k. Auto racing</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>l. Other pro sports (e.g., WNBA)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>m. Other college sports (e.g., college baseball, lacrosse)</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>n. High school or youth sports</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Listed below are several ways to place bets on sports. If you indicated in Questions 10d or 11 that you have bet on sports for money during the past 12 months, how did you typically place your bets?

**Methods for Placing Bets**

- a. In-person at a sportsbook or other authorized location in the USA
- b. Mobile wagering through a legal online sportsbook based in the USA
- c. Mobile or online wagering through a sportsbook based outside of the USA
- d. With a local or student bookie
- e. Among family or friends

14. What is the total largest amount of money you have ever lost wagering on sports in a single day?
   - I've never bet on sports for money
   - Less than $10
   - $10 to $49
   - $50 to $99
   - $100 to $299
   - $300 to $499
   - $500 to $999
   - $1,000 or more

15. What is the total largest amount of money you have ever lost gambling in any form in a single day?
   - I've never gambled for money
   - Less than $10
   - $10 to $49
   - $50 to $99
   - $100 to $299
   - $300 to $499
   - $500 to $999
   - $1,000 or more

16. The following questions are specifically about fantasy sports and NCAA men's basketball tournament pools (including bracket contests):
   - a. Have you ever participated in a free fantasy sports league?
   - b. Do you consider participation in a fantasy sports league with an entry fee and a prize to be gambling?
   - c. Have you ever participated in a free NCAA men's basketball tournament pool?
   - d. Have you ever participated in an NCAA men's basketball tournament pool with an entry fee and a prize offered?
   - e. Do you consider participation in an NCAA men's basketball tournament pool with an entry fee and a prize to be gambling?

17. What is the highest entry fee you have ever paid for an NCAA men's basketball tournament pool or bracket contest?
   - I've never participated in such a pool
   - There was no fee
   - Less than $10
   - $10 to $49
   - $50 to $99
   - More than $100

18. When did you first wager on sports?
   - Before high school
   - High school
   - College
   - I've never wagered on sports

19. When did you gamble in any form for money for the first time?
   - Before high school
   - High school
   - College
   - I've never gambled for money
20. When you gambled that first time for money, which of the following did you do? (Mark one)
   - Played cards (including poker)
   - Bet on horses, dogs or other animals
   - Bet on sports (including pools or fantasy leagues)
   - Bet on a game of personal skill (e.g., bowling or video games)
   - Played dice games or craps
   - Played slots or other gambling machines
   - Bought/received lottery or scratch tickets
   - Traded on the stock market (e.g., day trading)
   - Played bingo
   - Other
   - I’ve never gambled for money

21. Have you ever:
   a. Bet on a college game that involved your team? .................................................. 
   b. Bet on a college game that involved another team at your school? ......................... 
   c. Bet on a college game in your sport, but not involving your school? ....................... 

22. Who are you most likely to gamble with? (Mark one)
   - I have never gambled
   - Alone (including online gambling)
   - Boyfriend, girlfriend, spouse or family member(s)
   - Teammates or other people I know through sports
   - Friends outside of sports

23. Have you ever:
   a. Been contacted by an outside source to share inside information about your team?  
   b. Been asked to influence the outcome of a game in which you played? ................... 
   c. Been asked by a team member for help in influencing the outcome of a game? ........... 
   d. Known of a teammate who has been asked to try to influence the outcome of a game in which he or she played? ................
   e. Known of a teammate who accepted money or other reward for playing poorly?  
   f. Known a bookie? ........................................................................................................ 
   g. Known of a student-athlete at your school who was a bookie? ................................. 
   h. Been aware of a sportsbook offering a prop bet related to your individual performance? .

24. Have you ever:
   a. Provided confidential (inside) information about a college game to an outside source? 
   b. Asked a teammate to influence the outcome of a game? ........................................ 
   c. Accepted money or other reward for playing poorly in a game? ............................. 
   d. Been helped by anyone to pay a gambling debt? .................................................. 
   e. Received help for a gambling problem? ..................................................................... 
   f. Been told by someone that they won or lost money betting on your team? ............. 
   g. Been told by a coach not to post certain information about you or your team on social media? ..........................................................
25. Below is a list of reasons why some people gamble. Please indicate how often you gamble for each of the following reasons. If you have never gambled, mark almost never/never for each item:

- a. Because you enjoy thinking about what you would do if you won a jackpot
- b. Because you like the feeling
- c. To win money
- d. Because it's what most of your friends do when you get together
- e. To forget your worries
- f. Because it's exciting
- g. To be sociable
- h. Because you feel more self-confident or sure of yourself
- i. Because winning would change your lifestyle
- j. Because it helps when you are feeling nervous or depressed
- k. Because it makes a social gathering more enjoyable
- l. Because it makes you feel good

The next question is a standard measurement scale that is used in wagering studies throughout North America. There are no right or wrong answers to the questions that follow. Please try to be as honest as possible, and remember that all information is anonymous.

26. In the past 12 months...

- a. Have there been periods in the past year where you spent a lot of time thinking about past gambling experiences, thinking about future gambling experiences or thinking about ways of getting money with which to gamble?
- b. During the past year, have you needed to gamble with larger amounts of money or with larger bets in order to obtain the same feeling of excitement?
- c. Have you tried to cut down or stop your gambling several times in the past year and been unsuccessful?
- d. Did you feel quite restless or irritable after you tried to cut down or stop gambling?
- e. Do you feel that you gamble as a way to run away from personal problems, or to relieve uncomfortable emotions such as nervousness or sadness?
- f. After you lose money gambling, do you often return another day to try to win back your losses?
- g. Have you lied to family members, friends or others in order to hide your gambling?
- h. Have you committed any illegal acts (such as theft, forgery, embezzlement or fraud) to finance your gambling?
- i. Have you almost lost, or actually lost, a relationship with someone important to you, or a job, school or career opportunity because of your gambling?
- j. Have you relied on others to bail you out and pay your gambling debts, or to pay your bills when you have financial problems because of gambling?
- k. Have you ever felt you had a problem with gambling?
27. Have you received information on the NCAA rules concerning gambling?
- Yes
- No

28. Would your coaches generally be aware of whether your teammates are gambling on sports?
- Yes
- No

29. Would your teammates generally be aware of whether a particular teammate was gambling on sports?
- Yes
- No

30. Do you agree or disagree that the following people, educational initiatives or events can be effective in influencing student-athletes not to wager on sports?
- Strongly Agree
- Somewhat Agree
- Agree
- Disagree
- Strongly Disagree

a. Coach
b. Athletics department presentation or information
c. Teammates
d. NCAA presentation or educational materials
e. NCAA penalties
f. Law enforcement presentation
g. Former bookie / gambler presentation
h. Presentation from former athlete who had a gambling problem
i. Parents

31. Is sports wagering currently legal in the state where your college is located?
- Yes
- No
- I don’t know

32. If sports wagering is currently legal in the state where your college is located, are you old enough to participate?
- Yes, I meet the age requirement
- No
- I don’t know
- Sport wagering is not legal in this state

33. How much do you agree or disagree with each statement?
- Strongly Agree
- Somewhat Agree
- Agree
- Disagree
- Strongly Disagree

a. Most college student-athletes violate NCAA rules that prohibit sports wagering
b. Sports wagering is acceptable so long as you wager on a sport other than the one in which you participate
c. I think sports wagering is a harmless pastime
d. If I chose to wager on sports, I could consistently make a lot of money
e. Coaches take NCAA rules against sports wagering seriously
f. It makes me uncomfortable that people bet on college sports
g. I enjoy watching sports telecasts and other shows (e.g., ESPN’s “Daily Wager”) that talk about sports specifically from a betting perspective
34. How comfortable do you feel in each of these environments (that is, you feel respected and cared about; you fit in)?

a. With my team ..........................................

b. Among other student-athletes at the school..........................................

c. With other students at this college who aren’t athletes..................................

d. Among members of the off-campus community near your school...................

e. With fans of your team..........................................

f. In your classes ..........................................

g. In social areas on campus outside of athletic facilities (e.g., at the dining hall or student union) .....................................

35. How much do you agree or disagree with the following statements about how other students perceive student-athletes?

a. I feel like I can be myself around other students on this campus ...........

b. Students on this campus assume I’m not a good student because I’m also an athlete ..................

c. Generally, students at this college hold stereotypes about athletes that negatively impact my daily experiences here ..........

d. I want other students to know I am a student-athlete ...........................

36. How much do you agree or disagree with the following statements about how professors perceive student-athletes?

a. Professors at this school are understanding of my dual roles as student and athlete ..................

b. Professors on this campus assume I’m not a good student because I’m also an athlete ...........

c. Generally, professors at this college hold stereotypes about athletes that negatively impact my daily experiences here ..........

37. Do you consider yourself to be:

- Heterosexual or straight
- Gay, lesbian or homosexual
- Bisexual or pansexual
- Questioning or unsure
- Prefer not to answer
38. How much do you agree or disagree with the following statements?

a. Faculty are accessible to me when I need their help
   - Strongly Agree
   - Agree
   - Somewhat Agree
   - Somewhat Disagree
   - Disagree
   - Strongly Disagree

b. I am satisfied with my current living situation
   - Strongly Agree
   - Agree
   - Somewhat Agree
   - Somewhat Disagree
   - Disagree
   - Strongly Disagree

c. I am satisfied with my current social environment at this school
   - Strongly Agree
   - Agree
   - Somewhat Agree
   - Somewhat Disagree
   - Disagree
   - Strongly Disagree

d. I would like to be more involved on campus outside of athletics
   - Strongly Agree
   - Agree
   - Somewhat Agree
   - Somewhat Disagree
   - Disagree
   - Strongly Disagree

e. I have friends here who share my interests and values
   - Strongly Agree
   - Agree
   - Somewhat Agree
   - Somewhat Disagree
   - Disagree
   - Strongly Disagree

f. I am sometimes lonely at this school
   - Strongly Agree
   - Agree
   - Somewhat Agree
   - Somewhat Disagree
   - Disagree
   - Strongly Disagree

g. It is easy to find people on campus with similar cultural backgrounds as me
   - Strongly Agree
   - Agree
   - Somewhat Agree
   - Somewhat Disagree
   - Disagree
   - Strongly Disagree

h. In general, people on campus value the experiences of people in my cultural community
   - Strongly Agree
   - Agree
   - Somewhat Agree
   - Somewhat Disagree
   - Disagree
   - Strongly Disagree

i. This school’s traditions and celebrations play an important role in my life as a student-athlete
   - Strongly Agree
   - Agree
   - Somewhat Agree
   - Somewhat Disagree
   - Disagree
   - Strongly Disagree

j. I am proud of this school’s history and culture
   - Strongly Agree
   - Agree
   - Somewhat Agree
   - Somewhat Disagree
   - Disagree
   - Strongly Disagree

39. How much do you agree or disagree with the following statements about social media and fans?

a. I am active on social media (e.g., Instagram, Facebook, Twitter, Snapchat, etc.)
   - Strongly Agree
   - Agree
   - Somewhat Agree
   - Somewhat Disagree
   - Disagree
   - Strongly Disagree

b. I pay a lot of attention to what’s said about me and my team on social media
   - Strongly Agree
   - Agree
   - Somewhat Agree
   - Somewhat Disagree
   - Disagree
   - Strongly Disagree

c. I sometimes receive negative or threatening messages from fans via social media
   - Strongly Agree
   - Agree
   - Somewhat Agree
   - Somewhat Disagree
   - Disagree
   - Strongly Disagree

d. Social media distracts me from doing the things I need to do each day
   - Strongly Agree
   - Agree
   - Somewhat Agree
   - Somewhat Disagree
   - Disagree
   - Strongly Disagree

e. I feel pressure to live up to the expectations of my team’s fans
   - Strongly Agree
   - Agree
   - Somewhat Agree
   - Somewhat Disagree
   - Disagree
   - Strongly Disagree

40. How much do you agree or disagree with the following statements about your smartphone use?

a. At times, I find myself using my phone instead of spending time with people who are important to me
   - Strongly Agree
   - Agree
   - Somewhat Agree
   - Somewhat Disagree
   - Disagree
   - Strongly Disagree

b. I use my phone first thing when I wake up in the morning
   - Strongly Agree
   - Agree
   - Somewhat Agree
   - Somewhat Disagree
   - Disagree
   - Strongly Disagree

c. My phone use often makes it hard for me to get to sleep at night
   - Strongly Agree
   - Agree
   - Somewhat Agree
   - Somewhat Disagree
   - Disagree
   - Strongly Disagree

d. Coaches should set limits on our phone use when we’re with our team
   - Strongly Agree
   - Agree
   - Somewhat Agree
   - Somewhat Disagree
   - Disagree
   - Strongly Disagree
### How much do you agree or disagree with the following statements?

**a.** I am willing to admit that I feel I am due more in life than other people.

- Strongly Disagree
- Somewhat Disagree
- Agree
- Strongly Agree

**b.** I deserve more success in my life than other people who have had it easy.

- Strongly Disagree
- Somewhat Disagree
- Agree
- Strongly Agree

**c.** I am entitled to get into the career that I want.

- Strongly Disagree
- Somewhat Disagree
- Agree
- Strongly Agree

**d.** I deserve the best things in life.

- Strongly Disagree
- Somewhat Disagree
- Agree
- Strongly Agree

**e.** If I am struggling in a class, the professor should approach me and offer to help.

- Strongly Disagree
- Somewhat Disagree
- Agree
- Strongly Agree

**f.** Grades in a class often have more to do with how much a professor likes you than with how much work you do.

- Strongly Disagree
- Somewhat Disagree
- Agree
- Strongly Agree

**g.** If I miss a class, it is my responsibility to get the notes.

- Strongly Disagree
- Somewhat Disagree
- Agree
- Strongly Agree

**h.** The professor is responsible for how well I do in class.

- Strongly Disagree
- Somewhat Disagree
- Agree
- Strongly Agree

**i.** It's a professor's obligation to be flexible when student-athletes have conflicts due to games or practices.

- Strongly Disagree
- Somewhat Disagree
- Agree
- Strongly Agree

**j.** This school provides me with the resources I need to succeed academically here.

- Strongly Disagree
- Somewhat Disagree
- Agree
- Strongly Agree

### How many hours each week do you spend gaming?

(a. e.g., video games, mobile games, tabletop RPGs)

<table>
<thead>
<tr>
<th>Option</th>
<th>None at all</th>
<th>Less than 1 hour a week</th>
<th>1–2 hours a week</th>
<th>3–4 hours a week</th>
<th>5–7 hours a week</th>
<th>8–12 hours a week</th>
<th>13–20 hours a week</th>
<th>More than 20 hours a week</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>21.</strong> How many hours each week do you spend gaming? (e.g., video games, mobile games, tabletop RPGs)</td>
<td></td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

**22.** I typically play games:

- In person with friends
- Online with friends
- Online with people I may not know
- Alone

**24.** How much do you agree or disagree with the following statements?

**25.** How much do you agree or disagree with the following statements?

**26.** How much do you agree or disagree with the following statements?

**27.** How much do you agree or disagree with the following statements?
45. How much do you agree or disagree with the following statements?

<table>
<thead>
<tr>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Somewhat Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
</table>
   a. I always feel safe in my team locker room .......... 
   b. I always feel safe on campus .......... 
   c. I always feel safe when my teammates and I socialize out in the community .......... 
   d. My coach would strongly discipline my teammates and I for poor off-field behavior .......... 

46. How much do you agree or disagree with the following statements?

<table>
<thead>
<tr>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Somewhat Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
</table>
   a. If you’re not careful, people will take advantage of you .......... 
   b. People mostly just look out for themselves .......... 
   c. I trust my teammates as much as anybody in my life .......... 
   d. My teammates have my back regardless of the situation .......... 
   e. My coaches can be trusted .......... 
   f. I’m satisfied with my friendships on my team .......... 
   g. I’m satisfied with my friendships outside of athletics .......... 
   h. There are people on campus I can trust to give me support when I need it .......... 
   i. I know where to go on campus if I have mental health concerns .......... 

47. If the following situations came up, how likely do you think you would be to engage in the following behaviors?

<table>
<thead>
<tr>
<th>Extremely Likely</th>
<th>Somewhat Likely</th>
<th>Somewhat Unlikely</th>
<th>Not at all likely</th>
</tr>
</thead>
</table>
   a. Accompany a teammate home if they’ve had a lot to drink at a party .......... 
   b. Seek help to stop a fight that involves a teammate .......... 
   c. Walk away from a confrontation even if your toughness is being questioned .......... 
   d. Confront a teammate if you think they are treating a boyfriend/girlfriend inappropriately .......... 
   e. Report a teammate’s involvement in academic misconduct .......... 
   f. Stop a teammate from driving after consuming alcohol .......... 
   g. Intervene in a situation that could lead to unwanted sexual behavior .......... 

48. Have you participated in bystander intervention training (e.g., StepUP! or Green Dot training) on your campus?
   − Yes
   − No

49. How much do you agree or disagree: As a result of bystander intervention training I received on campus, I feel prepared to intervene when necessary?
   − Strongly agree
   − Agree
   − Somewhat agree
   − Somewhat disagree
   − Disagree
   − Strongly disagree
   − I haven’t had this training
### 50. How much do you agree or disagree with the following statements?

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Somewhat Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. It is important to me to be an active and engaged citizen</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. I would be comfortable taking a public stance on a social issue</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. My athletics department would support me for taking a public stance on a social issue</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. I keep up with current political and social issues</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Student-athletes have a responsibility to participate in volunteer or service activities within the local community</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### 51. How often do you typically communicate with your parents/guardians (talk, text, use social media)?

- [ ] Multiple times daily
- [ ] Once a day
- [ ] A few times a week
- [ ] Once a week
- [ ] Less than weekly

### 52. How often do you ask a family member...

- [ ] a. To contact one of your professors?............
- [ ] b. To contact one of your coaches?............
- [ ] c. For help with a bill or money problem? ........................................
- [ ] d. To help you make academic decisions (e.g., choose classes)? .............
- [ ] e. For advice on athletics issues (e.g., advice on training or how to deal with coaches)? ........................................
- [ ] f. For help dealing with stress or other mental well-being issues? ............

### 53. How much do you agree or disagree with the following statements about your family?

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Somewhat Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Giving back to my family is a priority to me</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>b. I feel a lot of pressure to live up to my family’s expectations of me</td>
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<td></td>
<td></td>
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</tr>
<tr>
<td>c. My family is very interested in my academic progress</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. My family and I struggle to make ends meet</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. My family can relate to my experiences as a college student-athlete</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
54. How strongly do you personally agree or disagree with the following statements about mental well-being?

a. I would feel inadequate if I went to a therapist for psychological help.
   - Strongly Disagree
   - Somewhat Disagree
   - Agree
   - Strongly Agree

b. Seeking psychological help would make me feel less intelligent.
   - Strongly Disagree
   - Somewhat Disagree
   - Agree
   - Strongly Agree

c. My self-esteem would increase if I talked to a therapist.
   - Strongly Disagree
   - Somewhat Disagree
   - Agree
   - Strongly Agree

d. I feel that student-athletes’ mental health is a priority to our athletics department.
   - Strongly Disagree
   - Somewhat Disagree
   - Agree
   - Strongly Agree

e. My coaches take mental health concerns of student-athletes seriously.
   - Strongly Disagree
   - Somewhat Disagree
   - Agree
   - Strongly Agree

f. Student-athletes take mental health concerns of their teammates seriously.
   - Strongly Disagree
   - Somewhat Disagree
   - Agree
   - Strongly Agree

g. I know how to help a teammate who is experiencing a mental health issue.
   - Strongly Disagree
   - Somewhat Disagree
   - Agree
   - Strongly Agree

h. I would feel comfortable talking to someone on this campus about my mental health.
   - Strongly Disagree
   - Somewhat Disagree
   - Agree
   - Strongly Agree

55. What is the highest level of education your parent(s) have completed? (Mark one circle per column)

a. Did not finish high school
   - Parent 1
   - Parent 2

b. Graduated from high school
   - Parent 1
   - Parent 2

c. Attended college but did not complete degree
   - Parent 1
   - Parent 2

d. Completed an associate’s degree (A.A., A.S., etc.)
   - Parent 1
   - Parent 2

e. Completed a bachelor’s degree (B.A., B.S., etc.)
   - Parent 1
   - Parent 2

f. Completed a master’s degree (M.A., M.S., etc.)
   - Parent 1
   - Parent 2

g. Completed a doctoral degree (PhD., J.D., M.D., etc.)
   - Parent 1
   - Parent 2

h. Don’t know
   - Parent 1
   - Parent 2

Thank you for your participation in this important study on student experiences!

Results of previous student-athlete surveys are available on the NCAA Research website:

http://www.ncaa.org/research