



*National  
Study on  
Collegiate  
Wagering  
and Social  
Environments*

*Thank you for your  
participation in this very  
important study.*

The NCAA Research Staff



# National Study on Collegiate Wagering and Social Environments

Dear Student:

Thank you for your willingness to participate in the NCAA's National Study on Collegiate Sports Wagering and Social Environments. The first part of this study seeks to assess opinions toward gambling and sports wagering among current student-athletes. The second part asks questions about the social environments of student-athletes. Your opinions and experiences will be used to develop programming and educational initiatives that will assist all of us associated with college sports. For this study to help future student-athletes, it is important that you read all questions carefully and give thoughtful and honest responses.

**This information is being collected anonymously. We will not ask you to identify yourself or your school. That means nobody, including the NCAA and its researchers, will know your identity or be able to match your responses to your team or your school. The study protocols were designed specifically to help you maintain complete anonymity.** Results that are reported will be in terms of national and subgroup (for example, sport, division, whether your state has legalized sports wagering) averages and trends; an individual's responses will never be reported in isolation.




Your participation in this study is completely voluntary so you may choose not to answer specific questions, or to discontinue your participation at any time without penalty. The information about the study provided to you by your campus faculty athletics representative is intended to inform you of the purpose, benefits and risks associated with the study. Your voluntary completion of this survey indicates that you are consenting to participate in this study.

**If you are under 18 years of age, or below the age of legal consent to participate in this study in your state, you are excused from further participation in this research study.**

If you have questions regarding the study, survey instrument or the survey procedures, please contact the survey administrator, Kelsey Gurganus, at 317-917-6566 or [kgurganus@ncaa.org](mailto:kgurganus@ncaa.org).

## MARKING INSTRUCTIONS

Use Blue or Black ink pen or Black Lead Pencil Only

Incorrect Mark:   

Correct Mark: 

*Thank you for your participation in this important study on student experiences!*

## PART 1: DEMOGRAPHICS

### 1. Are you playing on men's or women's team(s)?

- ☐ Men's
- ☐ Women's

### 2. NCAA sport(s) you are playing: (Mark all that apply)

- |                                     |   |
|-------------------------------------|---|
| <input type="radio"/> Baseball      | <input type="radio"/> Rifle                     |
| <input type="radio"/> Basketball    | <input type="radio"/> Rowing                    |
| <input type="radio"/> Bowling       | <input type="radio"/> Skiing                    |
| <input type="radio"/> Cross Country | <input type="radio"/> Soccer                    |
| <input type="radio"/> Fencing       | <input type="radio"/> Softball                  |
| <input type="radio"/> Field Hockey  | <input type="radio"/> Swimming/Diving           |
| <input type="radio"/> Football      | <input type="radio"/> Tennis                    |
| <input type="radio"/> Golf          | <input type="radio"/> Track (Indoor or Outdoor) |
| <input type="radio"/> Gymnastics    | <input type="radio"/> Volleyball (Indoor)       |
| <input type="radio"/> Ice Hockey    | <input type="radio"/> Volleyball (Beach)        |
| <input type="radio"/> Lacrosse      | <input type="radio"/> Water Polo                |
|                                     | <input type="radio"/> Wrestling                 |

### 3. In what NCAA division does your team compete?

- ☐ Division I
- ☐ Division II
- ☐ Division III

### 4. What is your current academic standing?

- ☐ Freshman
- ☐ Sophomore
- ☐ Junior
- ☐ Senior
- ☐ Completed bachelor's degree

5. How do you describe yourself? (Mark all that apply)

- ☐ American Indian or Alaskan Native
- ☐ Asian
- ☐ Black or African American
- ☐ Hispanic or Latino
- ☐ Native Hawaiian or Pacific Islander
- ☐ White
- ☐ Other

6. Do you rely on the following to help pay for college? (Please respond to each item)

|   | Yes                   | No                    |
|---|-----------------------|-----------------------|
| a. Family contribution .....  | <input type="radio"/> | <input type="radio"/> |
| b. Personal contribution or job.....  | <input type="radio"/> | <input type="radio"/> |
| c. Pell Grant .....   | <input type="radio"/> | <input type="radio"/> |
| d. Need-based financial aid (including state or institutional grants) ..... | <input type="radio"/> | <input type="radio"/> |
| e. Academic scholarship .....   | <input type="radio"/> | <input type="radio"/> |
| f. Athletics scholarship .....  | <input type="radio"/> | <input type="radio"/> |
| g. Loans .....  | <input type="radio"/> | <input type="radio"/> |

7. Are you concerned that financial considerations may affect your ability to finish your degree?

- ☐ Yes, I'm very concerned
- ☐ Yes, I'm somewhat concerned
- ☐ No, I'm not concerned

8. With whom do you currently live during the school year? (Choose one best response)

- ☐ I live alone
- ☐ With parents, family or a significant other
- ☐ With teammates or other student-athletes only
- ☐ With a mix of student-athletes and others
- ☐ Only with other students who are not athletes
- ☐ Other living arrangement

9. Where did you attend high school?

- ☐ In the United States
- ☐ In Canada
- ☐ In another country



PART 2: GAMBLING ACTIVITIES

In the following questions, the terms "**GAMBLING**," "**WAGERING**" and "**BETTING**" refer to any activity in which one risks money in an attempt to win money.

10. Listed below are several types of gambling activities. How often have you done each of the listed activities during the past 12 months for money? Enter one response for each type of activity.

|  | Frequency<br>(in the past 12 months) |                       |                       |                       |                       |
|--|--------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
|  | Less than once a month               | At least once a month | At least once a week  | Daily                 |                       |
| <b>Activities</b>  |                                      |                       |                       |                       |                       |
| a. Played cards for money (such as poker) .....  | <input type="radio"/>                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Gambled in a casino for money .....   | <input type="radio"/>                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. Bet on horses, dogs or other animals for money .....  | <input type="radio"/>                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. Bet on sports for money (in any form such as betting on individual games, sport pools, fantasy leagues with money involved, etc.) . | <input type="radio"/>                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. Bet on games of personal skill (e.g., pool, golf, bowling, video games) with friends for money .....                                | <input type="radio"/>                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f. Played dice games or craps for money .....  | <input type="radio"/>                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| g. Played slots or other gambling machines .....   | <input type="radio"/>                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| h. Played casino games (including poker) on the Internet for money ....  | <input type="radio"/>                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| i. Bought lottery or scratch tickets .....   | <input type="radio"/>                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| j. Traded on the stock market for money (e.g., day trading) .....  | <input type="radio"/>                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| k. Played bingo for money .....  | <input type="radio"/>                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

11. Have you engaged in any of these forms of sports betting for money during the past 12 months?

- |  | Yes                   | No                    |
|--|-----------------------|-----------------------|
| a. Bets on individual games (e.g., point spread, win/loss, over/under) .....                 | <input type="radio"/> | <input type="radio"/> |
| b. Online daily or weekly fantasy sports contests (e.g., via DraftKings, FanDuel, etc.)..... | <input type="radio"/> | <input type="radio"/> |
| c. Season-long fantasy sports contests .....   | <input type="radio"/> | <input type="radio"/> |
| d. Parlays .....   | <input type="radio"/> | <input type="radio"/> |
| e. Pools or bracket contests .....   | <input type="radio"/> | <input type="radio"/> |
| f. Prop bets.....  | <input type="radio"/> | <input type="radio"/> |
| g. Live in-game or in-play betting .....   | <input type="radio"/> | <input type="radio"/> |
| h. Betting on eSports .....  | <input type="radio"/> | <input type="radio"/> |
| i. Futures bets .....  | <input type="radio"/> | <input type="radio"/> |

12. If you indicated in Questions 10d or 11 that you bet on sports for money during the past 12 months, on what sports did you bet? If you did not bet on sports for money in the past 12 months, mark "Not at all" on each row below. Betting on a sport includes brackets, pools and fantasy contests (daily or season-long) in which entry fees are paid and prizes/money given.

| Sports  | Frequency<br>(in the past 12 months) |  |   |
|---|--------------------------------------|--|---|
|   | Not at all                           | Yes, at least once a month when the sport is in-season | Yes, but less than once a month when the sport is in-season |
| a. NFL .....  | <input type="radio"/>                | <input type="radio"/>                                  | <input type="radio"/>                                       |
| b. NBA.....   | <input type="radio"/>                | <input type="radio"/>                                  | <input type="radio"/>                                       |
| c. Major League Baseball .....  | <input type="radio"/>                | <input type="radio"/>                                  | <input type="radio"/>                                       |
| d. College football .....   | <input type="radio"/>                | <input type="radio"/>                                  | <input type="radio"/>                                       |
| e. NCAA men's basketball (including pools or bracket contests with an entry fee)..... | <input type="radio"/>                | <input type="radio"/>                                  | <input type="radio"/>                                       |
| f. NHL .....  | <input type="radio"/>                | <input type="radio"/>                                  | <input type="radio"/>                                       |
| g. Soccer .....   | <input type="radio"/>                | <input type="radio"/>                                  | <input type="radio"/>                                       |
| h. UFC / MMA or Boxing .....  | <input type="radio"/>                | <input type="radio"/>                                  | <input type="radio"/>                                       |
| i. Golf .....   | <input type="radio"/>                | <input type="radio"/>                                  | <input type="radio"/>                                       |
| j. Tennis.....  | <input type="radio"/>                | <input type="radio"/>                                  | <input type="radio"/>                                       |
| k. Auto racing .....  | <input type="radio"/>                | <input type="radio"/>                                  | <input type="radio"/>                                       |
| l. Other pro sports (e.g., WNBA) .....  | <input type="radio"/>                | <input type="radio"/>                                  | <input type="radio"/>                                       |
| m. Other college sports (e.g., college baseball, lacrosse).....                       | <input type="radio"/>                | <input type="radio"/>                                  | <input type="radio"/>                                       |
| n. High school or youth sports.....   | <input type="radio"/>                | <input type="radio"/>                                  | <input type="radio"/>                                       |



13. Listed below are several ways to place bets on sports. If you indicated in Questions 10d or 11 that you have bet on sports for money during the past 12 months, how did you typically place your bets?

#### Methods for Placing Bets

- |   | Yes                   | No                    |
|---|-----------------------|-----------------------|
| a. In-person at a sportsbook or other authorized location <u>in the USA</u> .....       | <input type="radio"/> | <input type="radio"/> |
| b. Mobile wagering through a legal online sportsbook based <u>in the USA</u> .....      | <input type="radio"/> | <input type="radio"/> |
| c. Mobile or online wagering through a sportsbook based <u>outside of the USA</u> ..... | <input type="radio"/> | <input type="radio"/> |
| d. With a local or student bookie .....   | <input type="radio"/> | <input type="radio"/> |
| e. Among family or friends .....  | <input type="radio"/> | <input type="radio"/> |

14. What is the total largest amount of money you have ever lost wagering on sports in a single day?

- ☐ I've never bet on sports for money  
☐ Less than \$10  
☐ \$10 to \$49  
☐ \$50 to \$99  
☐ \$100 to \$299  
☐ \$300 to \$499  
☐ \$500 to \$999  
☐ \$1,000 or more

15. What is the total largest amount of money you have ever lost gambling in any form in a single day?

- ☐ I've never gambled for money  
☐ Less than \$10  
☐ \$10 to \$49  
☐ \$50 to \$99  
☐ \$100 to \$299  
☐ \$300 to \$499  
☐ \$500 to \$999  
☐ \$1,000 or more

16. The following questions are specifically about fantasy sports and NCAA men's basketball tournament pools (including bracket contests):

- |   | Yes                   | No                    |
|---|-----------------------|-----------------------|
| a. Have you ever participated in a free fantasy sports league? .....  | <input type="radio"/> | <input type="radio"/> |
| b. Do you consider participation in a fantasy sports league with an entry fee and a prize to be gambling?.....                  | <input type="radio"/> | <input type="radio"/> |
| c. Have you ever participated in a free NCAA men's basketball tournament pool?.....   | <input type="radio"/> | <input type="radio"/> |
| d. Have you ever participated in an NCAA men's basketball tournament pool with an entry fee and a prize offered? .....          | <input type="radio"/> | <input type="radio"/> |
| e. Do you consider participation in an NCAA men's basketball tournament pool with an entry fee and a prize to be gambling?..... | <input type="radio"/> | <input type="radio"/> |

17. What is the highest entry fee you have ever paid for an NCAA men's basketball tournament pool or bracket contest?

- ☐ I've never participated in such a pool  
☐ There was no fee  
☐ Less than \$10  
☐ \$10 to \$49  
☐ \$50 to \$99  
☐ More than \$100

18. When did you first wager on sports?

- ☐ Before high school  
☐ High school  
☐ College  
☐ I've never wagered on sports

19. When did you gamble in any form for money for the first time?

- ☐ Before high school  
☐ High school  
☐ College  
☐ I've never gambled for money

**20. When you gambled that first time for money, which of the following did you do? (Mark one)**

- ☐ Played cards (including poker)
- ☐ Bet on horses, dogs or other animals
- ☐ Bet on sports (including pools or fantasy leagues)
- ☐ Bet on a game of personal skill (e.g., bowling or video games)
- ☐ Played dice games or craps
- ☐ Played slots or other gambling machines
- ☐ Bought/received lottery or scratch tickets
- ☐ Traded on the stock market (e.g., day trading)
- ☐ Played bingo
- ☐ Other
- ☐ I've never gambled for money

**21. Have you ever:**

- |  | Yes                   | No                    |
|--|-----------------------|-----------------------|
| a. Bet on a college game that involved your team? .....                      | <input type="radio"/> | <input type="radio"/> |
| b. Bet on a college game that involved another team at your school?.....     | <input type="radio"/> | <input type="radio"/> |
| c. Bet on a college game in your sport, but not involving your school? ..... | <input type="radio"/> | <input type="radio"/> |

**22. Who are you most likely to gamble with? (Mark one)**

- ☐ I have never gambled
- ☐ Alone (including online gambling)
- ☐ Boyfriend, girlfriend, spouse or family member(s)
- ☐ Teammates or other people I know through sports
- ☐ Friends outside of sports

**23. Have you ever:**

- |  | Yes                   | No                    |
|--|-----------------------|-----------------------|
| a. Been contacted by an outside source to share inside information about your team? ...                              | <input type="radio"/> | <input type="radio"/> |
| b. Been asked to influence the outcome of a game in which you played? .....  | <input type="radio"/> | <input type="radio"/> |
| c. Been asked by a team member for help in influencing the outcome of a game? .....                                  | <input type="radio"/> | <input type="radio"/> |
| d. Known of a teammate who has been asked to try to influence the outcome of a game in which he or she played? ..... | <input type="radio"/> | <input type="radio"/> |
| e. Known of a teammate who accepted money or other reward for playing poorly? ....                                   | <input type="radio"/> | <input type="radio"/> |
| f. Known a bookie? .....   | <input type="radio"/> | <input type="radio"/> |
| g. Known of a student-athlete at your school who was a bookie? .....   | <input type="radio"/> | <input type="radio"/> |
| h. Been aware of a sportsbook offering a prop bet related to your individual performance? ..                         | <input type="radio"/> | <input type="radio"/> |

**24. Have you ever:**

- |   | Yes                   | No                    |
|---|-----------------------|-----------------------|
| a. Provided confidential (inside) information about a college game to an outside source? .....        | <input type="radio"/> | <input type="radio"/> |
| b. Asked a teammate to influence the outcome of a game? .....   | <input type="radio"/> | <input type="radio"/> |
| c. Accepted money or other reward for playing poorly in a game? .....                                 | <input type="radio"/> | <input type="radio"/> |
| d. Been helped by anyone to pay a gambling debt? .....  | <input type="radio"/> | <input type="radio"/> |
| e. Received help for a gambling problem? .....  | <input type="radio"/> | <input type="radio"/> |
| f. Been told by someone that they won or lost money betting on your team? .....                       | <input type="radio"/> | <input type="radio"/> |
| g. Been told by a coach not to post certain information about you or your team on social media? ..... | <input type="radio"/> | <input type="radio"/> |



25. Below is a list of reasons why some people gamble. Please indicate how often you gamble for each of the following reasons. If you have never gambled, mark almost never/never for each item:

|  | Almost Never/Never    | Sometimes             | Often                 | Almost Always         |
|--|-----------------------|-----------------------|-----------------------|-----------------------|
| a. Because you enjoy thinking about what you would do if you won a jackpot ..... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Because you like the feeling.....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. To win money .....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. Because it's what most of your friends do when you get together .....         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. To forget your worries.....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f. Because it's exciting.....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| g. To be sociable .....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| h. Because you feel more self-confident or sure of yourself .....                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| i. Because winning would change your lifestyle .....                             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| j. Because it helps when you are feeling nervous or depressed .....              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| k. Because it makes a social gathering more enjoyable.....                       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| l. Because it makes you feel good .....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

The next question is a standard measurement scale that is used in wagering studies throughout North America. There are no right or wrong answers to the questions that follow. Please try to be as honest as possible, and remember that all information is anonymous.

26. In the past 12 months...

|  | Yes                   | No                    |
|--|-----------------------|-----------------------|
| a. Have there been periods in the past year where you spent a lot of time thinking about past gambling experiences, thinking about future gambling experiences or thinking about ways of getting money with which to gamble? ..... | <input type="radio"/> | <input type="radio"/> |
| b. During the past year, have you needed to gamble with larger amounts of money or with larger bets in order to obtain the same feeling of excitement? .....   | <input type="radio"/> | <input type="radio"/> |
| c. Have you tried to cut down or stop your gambling several times in the past year and been unsuccessful? .....  | <input type="radio"/> | <input type="radio"/> |
| d. Did you feel quite restless or irritable after you tried to cut down or stop gambling? .....  | <input type="radio"/> | <input type="radio"/> |
| e. Do you feel that you gamble as a way to run away from personal problems, or to relieve uncomfortable emotions such as nervousness or sadness? .....   | <input type="radio"/> | <input type="radio"/> |
| f. After you lose money gambling, do you often return another day to try to win back your losses?.....   | <input type="radio"/> | <input type="radio"/> |
| g. Have you lied to family members, friends or others in order to hide your gambling? .....  | <input type="radio"/> | <input type="radio"/> |
| h. Have you committed any illegal acts (such as theft, forgery, embezzlement or fraud) to finance your gambling? .....   | <input type="radio"/> | <input type="radio"/> |
| i. Have you almost lost, or actually lost, a relationship with someone important to you, or a job, school or career opportunity because of your gambling? .....  | <input type="radio"/> | <input type="radio"/> |
| j. Have you relied on others to bail you out and pay your gambling debts, or to pay your bills when you have financial problems because of gambling?.....  | <input type="radio"/> | <input type="radio"/> |
| k. Have you ever felt you had a problem with gambling?..   | <input type="radio"/> | <input type="radio"/> |

27. Have you received information on the NCAA rules concerning gambling?

- ☐ Yes  
☐ No

28. Would your coaches generally be aware of whether your teammates are gambling on sports?

- ☐ Yes  
☐ No

29. Would your teammates generally be aware of whether a particular teammate was gambling on sports?

- ☐ Yes  
☐ No

30. Do you agree or disagree that the following people, educational initiatives or events can be effective in influencing student-athletes not to wager on sports?

|  | Strongly Agree        | Somewhat Agree        | Disagree              | Strongly Disagree     |
|--|-----------------------|-----------------------|-----------------------|-----------------------|
| a. Coach.....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Athletics department presentation or information .....            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. Teammates.....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. NCAA presentation or educational materials.....                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. NCAA penalties.....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f. Law enforcement presentation.....                                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| g. Former bookie / gambler presentation .....                        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| h. Presentation from former athlete who had a gambling problem ..... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| i. Parents .....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

31. Is sports wagering currently legal in the state where your college is located?

- ☐ Yes  
☐ No  
☐ I don't know

32. If sports wagering is currently legal in the state where your college is located, are you old enough to participate?

- ☐ Yes, I meet the age requirement  
☐ No  
☐ I don't know  
☐ Sport wagering is not legal in this state

33. How much do you agree or disagree with each statement?

|   | Strongly Agree        | Somewhat Agree        | Disagree              | Strongly Disagree     |
|---|-----------------------|-----------------------|-----------------------|-----------------------|
| a. Most college student-athletes violate NCAA rules that prohibit sports wagering.....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Sports wagering is acceptable so long as you wager on a sport other than the one in which you participate.....                                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. I think sports wagering is a harmless pastime.....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. If I chose to wager on sports, I could consistently make a lot of money.....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. Coaches take NCAA rules against sports wagering seriously .....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f. It makes me uncomfortable that people bet on college sports.....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| g. I enjoy watching sports telecasts and other shows (e.g., ESPN's "Daily Wager") that talk about sports specifically from a betting perspective..... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |



## PART 3: SOCIAL ENVIRONMENTS

34. How comfortable do you feel in each of these environments (that is, you feel respected and cared about; you fit in)?

|   | Extremely Comfortable | Somewhat Comfortable  | Not at all Comfortable |
|---|-----------------------|-----------------------|------------------------|
| a. With my team .....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>  |
| b. Among other student-athletes at the school.....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>  |
| c. With other students at this college who aren't athletes.....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>  |
| d. Among members of the off-campus community near your school .....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>  |
| e. With fans of your team.....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>  |
| f. In your classes .....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>  |
| g. In social areas on campus outside of athletic facilities (e.g., at the dining hall or student union) ..... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>  |

35. How much do you agree or disagree with the following statements about how other students perceive student-athletes?

|  | Strongly Agree        | Somewhat Agree        | Strongly Disagree     |
|--|-----------------------|-----------------------|-----------------------|
| a. I feel like I can be myself around other students on this campus .....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Students on this campus assume I'm not a good student because I'm also an athlete .....                                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. Generally, students at this college hold stereotypes about athletes that negatively impact my daily experiences here..... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. I want other students to know I am a student-athlete .....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

36. How much do you agree or disagree with the following statements about how professors perceive student-athletes?

|  | Strongly Agree        | Somewhat Agree        | Strongly Disagree     |
|--|-----------------------|-----------------------|-----------------------|
| a. Professors at this school are understanding of my dual roles as student and athlete.....                                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Professors on this campus assume I'm not a good student because I'm also an athlete .....                                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. Generally, professors at this college hold stereotypes about athletes that negatively impact my daily experiences here..... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

37. Do you consider yourself to be:

- ☐ Heterosexual or straight
- ☐ Gay, lesbian or homosexual
- ☐ Bisexual or pansexual
- ☐ Questioning or unsure
- ☐ Prefer not to answer

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38. How much do you agree or disagree with the following statements?

|   | Strongly Agree        | Somewhat Agree        | Disagree              | Strongly Disagree     |
|---|-----------------------|-----------------------|-----------------------|-----------------------|
| a. Faculty are accessible to me when I need their help .....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. I am satisfied with my current living situation.....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. I am satisfied with my current social environment at this school.....                                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. I would like to be more involved on campus outside of athletics .....                                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. I have friends here who share my interests and values .....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f. I am sometimes lonely at this school.....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| g. It is easy to find people on campus with similar cultural backgrounds as me.....                       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| h. In general, people on campus value the experiences of people in my cultural community.....             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| i. This school's traditions and celebrations play an important role in my life as a student-athlete ..... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| j. I am proud of this school's history and culture.....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

39. How much do you agree or disagree with the following statements about social media and fans?

|  | Strongly Agree        | Somewhat Agree        | Disagree              | Strongly Disagree     |
|--|-----------------------|-----------------------|-----------------------|-----------------------|
| a. I am active on social media (e.g., Instagram, Facebook, Twitter, Snapchat, etc.)..... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. I pay a lot of attention to what's said about me and my team on social media .....    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. I sometimes receive negative or threatening messages from fans via social media.....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. Social media distracts me from doing the things I need to do each day.....            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. I feel pressure to live up to the expectations of my team's fans.....                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

40. How much do you agree or disagree with the following statements about your smartphone use?

|  | Strongly Agree        | Somewhat Agree        | Disagree              | Strongly Disagree     |
|--|-----------------------|-----------------------|-----------------------|-----------------------|
| a. At times, I find myself using my phone instead of spending time with people who are important to me ..... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. I use my phone first thing when I wake up in the morning .....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. My phone use often makes it hard for me to get to sleep at night.....                                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. Coaches should set limits on our phone use when we're with our team .....                                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |



41. How many hours each week do you spend gaming (e.g., video games, mobile games, tabletop RPGs)?

- ☐ None at all
- ☐ Less than 1 hour a week
- ☐ 1–2 hours a week
- ☐ 3–4 hours a week
- ☐ 5–7 hours a week
- ☐ 8–12 hours a week
- ☐ 13–20 hours a week
- ☐ More than 20 hours a week

42. I typically play games:

- |   | Never                 | Sometimes             | Often                 |
|---|-----------------------|-----------------------|-----------------------|
| a. In person with friends .....           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Online with friends.....               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. Online with people I may not know..... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. Alone .....                            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

43. How much do you agree or disagree with the following statements?

- |  | Strongly Agree        | Somewhat Agree        | Disagree              | Strongly Disagree     |
|--|-----------------------|-----------------------|-----------------------|-----------------------|
| a. Gaming is an effective way to relieve stress in college .....                                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Gaming helps you fit in socially at this college .....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. Gaming is an important way for our team to build togetherness.....                                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. Coaches express concern over how much time members of my team spend gaming.....                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. I have at least one teammate who can't seem to control the amount of time they spend gaming ..... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

44. How much do you agree or disagree with the following statements?

- |  | Strongly Agree        | Somewhat Agree        | Disagree              | Strongly Disagree     |
|--|-----------------------|-----------------------|-----------------------|-----------------------|
| a. I am willing to admit that I feel I am due more in life than other people .....                                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. I deserve more success in my life than others who have had it easy.....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. I am entitled to get into the career that I want .....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. I deserve the best things in life.....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. If I am struggling in a class, the professor should approach me and offer to help .....                           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f. Grades in a class often have more to do with how much a professor likes you than with how much work you do .....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| g. If I miss a class, it is my responsibility to get the notes.....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| h. The professor is responsible for how well I do in class .....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| i. It's a professor's obligation to be flexible when student-athletes have conflicts due to games or practices ..... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| j. This school provides me with the resources I need to succeed academically here .....                              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

45. How much do you agree or disagree with the following statements?

- |  | Strongly Agree        | Somewhat Agree        | Disagree              | Strongly Disagree     |
|--|-----------------------|-----------------------|-----------------------|-----------------------|
| a. I always feel safe in my team locker room.....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. I always feel safe on campus .....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. I always feel safe when my teammates and I socialize out in the community .....         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. My coach would strongly discipline my teammates and I for poor off-field behavior ..... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

46. How much do you agree or disagree with the following statements?

- |  | Strongly Agree        | Somewhat Agree        | Disagree              | Strongly Disagree     |
|--|-----------------------|-----------------------|-----------------------|-----------------------|
| a. If you're not careful, people will take advantage of you.....                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. People mostly just look out for themselves .....                              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. I trust my teammates as much as anybody in my life.....                       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. My teammates have my back regardless of the situation.....                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. My coaches can be trusted .....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f. I'm satisfied with my friendships on my team .....                            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| g. I'm satisfied with my friendships outside of athletics .....                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| h. There are people on campus I can trust to give me support when I need it..... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| i. I know where to go on campus if I have mental health concerns .....           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

47. If the following situations came up, how likely do you think you would be to engage in the following behaviors?

- |   | Extremely Likely      | Somewhat Likely       | Not at all likely     |
|---|-----------------------|-----------------------|-----------------------|
| a. Accompany a teammate home if they've had a lot to drink at a party .....                       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Seek help to stop a fight that involves a teammate.....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. Walk away from a confrontation even if your toughness is being questioned.....                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. Confront a teammate if you think they are treating a boyfriend/girlfriend inappropriately..... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. Report a teammate's involvement in academic misconduct.....                                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f. Stop a teammate from driving after consuming alcohol .....                                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| g. Intervene in a situation that could lead to unwanted sexual behavior .....                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

48. Have you participated in bystander intervention training (e.g., StepUP! or Green Dot training) on your campus?

- ☐ Yes  
☐ No

49. How much do you agree or disagree: As a result of bystander intervention training I received on campus, I feel prepared to intervene when necessary?

- ☐ Strongly agree  
☐ Agree  
☐ Somewhat agree  
☐ Somewhat disagree  
☐ Disagree  
☐ Strongly disagree  
☐ I haven't had this training

50. How much do you agree or disagree with the following statements?

|  | Strongly Agree        | Somewhat Agree        | Strongly Disagree     |
|--|-----------------------|-----------------------|-----------------------|
| a. It is important to me to be an active and engaged citizen .....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. I would be comfortable taking a public stance on a social issue .....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. My athletics department would support me for taking a public stance on a social issue .....                               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. I keep up with current political and social issues .....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. Student-athletes have a responsibility to participate in volunteer or service activities within the local community ..... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

51. How often do you typically communicate with your parents/guardians (talk, text, use social media)? (Fill only one circle)

- ☐ Multiple times daily
- ☐ Once a day
- ☐ A few times a week
- ☐ Once a week
- ☐ Less than weekly

52. How often do you ask a family member...

|   | Sometimes Never       | Often                 |
|---|-----------------------|-----------------------|
| a. To contact one of your professors? .....   | <input type="radio"/> | <input type="radio"/> |
| b. To contact one of your coaches? .....  | <input type="radio"/> | <input type="radio"/> |
| c. For help with a bill or money problem? .....   | <input type="radio"/> | <input type="radio"/> |
| d. To help you make academic decisions (e.g., choose classes)? .....                            | <input type="radio"/> | <input type="radio"/> |
| e. For advice on athletics issues (e.g., advice on training or how to deal with coaches)? ..... | <input type="radio"/> | <input type="radio"/> |
| f. For help dealing with stress or other mental well-being issues? .....                        | <input type="radio"/> | <input type="radio"/> |

53. How much do you agree or disagree with the following statements about your family?

|  | Strongly Agree        | Somewhat Agree        | Strongly Disagree     |
|--|-----------------------|-----------------------|-----------------------|
| a. Giving back to my family is a priority to me .....                          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. I feel a lot of pressure to live up to my family's expectations of me ..... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. My family is very interested in my academic progress .....                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. My family and I struggle to make ends meet .....                            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. My family can relate to my experiences as a college student-athlete .....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |



54. How strongly do you personally agree or disagree with the following statements about mental well-being?

|   | Strongly Agree        | Somewhat Agree        | Disagree              | Strongly Disagree     |
|---|-----------------------|-----------------------|-----------------------|-----------------------|
| a. I would feel inadequate if I went to a therapist for psychological help....                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Seeking psychological help would make me feel less intelligent .....                       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. My self-esteem would increase if I talked to a therapist.....                              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. I feel that student-athletes' mental health is a priority to our athletics department..... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. My coaches take mental health concerns of student-athletes seriously .....                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f. Student-athletes take mental health concerns of their teammates seriously .....            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| g. I know how to help a teammate who is experiencing a mental health issue.....               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| h. I would feel comfortable talking to someone on this campus about my mental health.....     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

55. What is the highest level of education your parent(s) have completed? (Mark one circle per column)

|   | Parent 1              | Parent 2              |
|---|-----------------------|-----------------------|
| a. Did not finish high school .....                           | <input type="radio"/> | <input type="radio"/> |
| b. Graduated from high school.....                            | <input type="radio"/> | <input type="radio"/> |
| c. Attended college but did not complete degree .....         | <input type="radio"/> | <input type="radio"/> |
| d. Completed an associate's degree (A.A., A.S., etc.) .....   | <input type="radio"/> | <input type="radio"/> |
| e. Completed a bachelor's degree (B.A., B.S., etc.) .....     | <input type="radio"/> | <input type="radio"/> |
| f. Completed a master's degree (M.A., M.S., etc.) .....       | <input type="radio"/> | <input type="radio"/> |
| g. Completed a doctoral degree (PhD., J.D., M.D., etc.) ..... | <input type="radio"/> | <input type="radio"/> |
| h. Don't know.....  | <input type="radio"/> | <input type="radio"/> |



**Thank you for your participation in this important study on student experiences!**

Results of previous student-athlete surveys are available on the NCAA Research website:

<http://www.ncaa.org/research>



