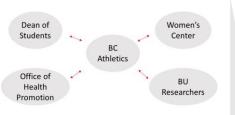
## **Evaluation of an Innovative Approach to Sexual Violence Bystander Training for Student-Athletes:** Leveraging Coaches as Key Influencers

The Opportunity for Intervention:

Athletic Departments can support proactive prevention approaches that harness the power of studentathletes as leaders on campus and coaches as caring and involved adults to promote bystander behavior and sexual violence prevention

## The Intervention:



Athletics acts as hub, bringing together campus partners

Facts & Myths Student-**Bystander** Athlete Rehavior Campus Campus Training Culture Resources

Campus partners collaborate to update and tailor training for student-athletes. Earmark sections for coach facilitation

Sexual Assault Prevention Training CONTRO INTERVENTION Same-sex mixed teams led by two Individual teams led by one trainer and 3 teams with full-time head coaches &

Intervention teams receive the training with coach; control teams with other teams of the same sex without coaches

Dean of Women's Students Center BC Athletics Office of Health Researchers Promotion

Evaluate the intervention. Survey student-athletes and coaches before/after training

## The Findings:

Finding

Intervention group significantly more likely to agree with the following statements compared to control:

- Training was relevant to my personal experience
- Training was helpful
- Training made me think
- I started to think differently after the training
- · It was easy to engage with the presentation and materials of the training
- I would recommend the training
- I would participate again in the training

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Finding

Intervention group significantly more likely to indicate that their coach(es) have talked with their team about the following topics compared to control group:

- Sexual violence
- Speaking up when you see situations that could lead to sexual violence
- Relationship violence
- Appropriate treatment of a dating partner

in the training agreed with the following statements: 3 Finding

· Student-athletes need the training

On average, coaches who participated

- The training was relevant to their personal experience as a coach
- They would recommend that other coaches participate with their teams
- · They would participate again in the training

## The Implications:



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