

**DIRECTIONS FOR ONLINE ADMINISTRATION OF SURVEY INSTRUMENT  
FOR THE 2024-25 NCAA STUDY OF GROWTH, OPPORTUNITIES, ASPIRATIONS, AND  
LEARNING OF STUDENTS IN COLLEGE (GOALS)**

1. The Faculty Athletics Representative (FAR) at each NCAA member school participating in this study has received the following materials:
  - Notification of study approval by NCAA Research Review Board (RRB);
  - A guide for preparation of campus Institutional Review Board (IRB) applications;
  - Notification of the sports to be surveyed at each school (see cover memo);
  - Directions for administration of the survey instrument with a scripted statement for the FAR; and
  - A resource contact information sheet for distribution to the student-athletes.
2. The Faculty Athletics Representative (FAR) at each NCAA member school who has opted into online study administration will receive the following additional materials:
  - Cover memo that includes the unique institutional ID to be posted during survey administration;
  - Copies of an information sheet for each student-athlete taking the survey online with the survey URL, study information, and contact information;
  - Directions for online administration of the survey instrument with a scripted statement for the FAR.
3. This study has been reviewed and approved for human subject considerations by the NCAA RRB. Individual campuses may still require that this study be reviewed by their institutional review board (IRB). It is the responsibility of the FAR on each campus to ensure that institutional policies are followed. In addition to reporting any unanticipated problems to their own campus IRB, FARs are responsible for reporting any such incidents to the NCAA RRB.

The FAR is asked to make arrangements with the athletics department to schedule a session to survey all student-athletes on the team(s) selected for participation in the study.

The survey should be administered by the FAR in a group setting, with all members of the team(s) who are participating in the study present. If, however, sufficient computer terminals are not available to administer to the entire team in one setting, the survey may be administered in shifts or members of the team may use their personal devices (laptop or tablet) to complete the survey. It must, however, take place in a proctored setting and not via an email distribution of the Web link.

If the FAR is being asked to survey more than one team, they may survey each team separately or combine the teams into one group. The time, date and location of the survey administration session should be made known to all student-athletes on the team(s) being

surveyed. Most student-athletes should be able to complete the survey within approximately 30 minutes, but FARs should secure a room for 45 to 60 minutes.

**ALL SURVEYS SHOULD BE ADMINISTERED BY June 1, 2025.**

4. Sufficient copies of the handouts should be included in each packet. **Lydia Bell (lbell@ncaa.org; 317-917-6268)** at the NCAA national office should be notified if additional copies are needed.
5. Before administering the online survey, the FAR should obtain a contact phone number for a campus or local counseling service that will offer free or low-cost counseling to any student-athlete who may wish to speak with a counseling professional. This contact information should be clearly posted in the room where the surveys are administered to supplement the national resource contact information sheet that is to be distributed to the student-athletes.
6. The FAR and any assistants from their staff will administer the survey to the student-athletes. All staff from the athletics department (e.g., coaches) are required as part of the protocol to leave the room before student-athletes begin taking the survey. The FAR will read the attached scripted statement to the student-athletes detailing the purpose of the study and directions for completing the online survey. Student-athletes who are not yet 18 years of age (or the age of consent in the state the institution is located) should be thanked for their time but excused from study participation and asked to leave the room.

The FAR's script will explain the survey instrument to the student-athletes, describe the purpose of the national study and note that responses will be confidential. The student-athletes must be informed that participation in the survey is entirely voluntary and that they are free to stop participation at any time during the process. Student-athletes who do not wish to complete the survey in its entirety may complete only those questions they wish to answer (if any) and then close the web browser. Student-athletes should be advised that the NCAA will begin publishing aggregate results of the study in fall 2025. Those results, reports from previous NCAA studies and other student-athlete survey data are available to them via the NCAA website at [www.ncaa.org/research](http://www.ncaa.org/research).

The FAR will inform the student-athletes that as they progress through the survey, selecting the "Next" button at the bottom of the page will move them to the next section and will automatically submit their responses to the questions on that page. Once surveys are submitted, they cannot be deleted. Surveys also cannot be saved and returned to for completion at a later time. The FAR should remain in the room to answer any questions that may arise.

7. Questions regarding administration of the surveys or RRB concerns should be referred to:

**NCAA Research Review Board Administrator, [rrbadmin@ncaa.org](mailto:rrbadmin@ncaa.org) (317-917-6409)**

The NCAA research department thanks you for your assistance with this important research project!

**2024-25 NCAA STUDY OF GROWTH, OPPORTUNITIES, ASPIRATIONS,  
AND LEARNING OF STUDENTS IN COLLEGE (GOALS)**

**SCRIPTED STATEMENT FOR FACULTY ATHLETICS REPRESENTATIVE**

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*Please pass out the instruction sheet and other materials. Instruct the students not to begin the survey until you finish reading the following statement:*

Thank you for your participation in the NCAA Study of Growth, Opportunities, Aspirations, and Learning of Students in College (GOALS). This is the most comprehensive study ever conducted on the experiences of student-athletes, and your participation is greatly appreciated. The questions in this survey have been designed based on conversations with college presidents, athletics administrators, faculty and national student-athlete representatives who are interested in understanding in detail the issues you face and aspirations you hold as a student and an athlete on your campus. The results of this project will be used to inform college presidents and others who set NCAA policy of your experiences and will enable them to craft policies and educational programs that will benefit you and future student-athletes in your sport.

If there is anyone here who is under 18 years of age (*or the age of consent in your state*), you are excused from participation in this study and should leave at this time. Thank you for your time.

Participation in this study is completely voluntary. You may choose not to answer any question, or to discontinue your participation at any time without penalty. Your voluntary completion of this study constitutes your informed consent to participate. This survey should take about 30 minutes, on average, to complete. To begin the survey, simply type in the URL provided on your handout. You'll then be prompted to provide your consent to participate in this study. After consenting, you will be required to enter the institutional ID, which I have posted here [gesture to where the ID has been posted in the room]. When you have finished your survey, please select the "Submit" button located at the bottom of the last page. After this, you may close your web browser. Please note that you may choose to not answer certain questions. Once a question is answered and the "Next" button at the bottom of the page is selected, your responses will be recorded. You can use the "Back" button to change your answers as you go through the survey. However, when you click "Submit" at the end of the survey or close the browser, all survey responses will be recorded.

Nobody from the school, including me, will view your responses or be able to match them back to you. This confidentiality is important so that you feel free to completely speak your mind on these topics. **As part of the NCAA's research on the student-athlete experience, they would like to link the results of this survey to other NCAA data on academic performance. This will be accomplished through a combination of variables that may include sport, ZIP code and birth month/year. If you prefer not to have your data linked, you can indicate that in the item at the end of the survey.** Regardless, neither your identity nor your school's identity will ever be tied to your survey responses in any publicly accessible data file, analysis or write-up of these data. Results will only be reported in terms of national and subgroup (for example, sport, division, gender, race/ethnicity, etc.) averages and trends. National reports from previous student-athlete surveys are available on the NCAA's website; the address is listed at the end of your survey. We hope you will take a look at these interesting data provided by previous student-athlete participants.

Some of the questions in this survey deal with personal topics. You do not have to answer any question that you do not wish to answer. You have received a resource sheet with contact information on national support organizations. I have also posted the contact number for a local counseling center in case you should feel the need to discuss any issues raised by this survey. Thank you again for your participation in this very important study. Please take a few minutes now to complete the survey. If you have any questions, I will remain in this room until the last student leaves.