Directions for <u>On-Line Administration</u> of Survey Instrument for the Growth, Opportunities, Aspirations, and Learning of Students in College (GOALS) Study

- 1. The faculty athletics representative (FAR) at each NCAA member school participating in the 2018-19 study will receive from the NCAA the following materials:
 - a. Notification of approval by NCAA Research Review Board (RRB);
 - b. A guide for preparation of campus Institutional Review Board (IRB) applications;
 - c. Notification of the sports to be surveyed at each school (see cover memo);
 - d. Copies of an information sheet for each student-athlete with the survey URL as well as contact information;
 - e. Directions for administration of survey instrument with a scripted statement for FAR; and
 - f. Information on national mental health support agencies.
- 2. This study has been reviewed and approved for human subject considerations by the NCAA Research Review Board, an independent panel of faculty and community members with previous research experience. Individual campuses may still ask that this study be reviewed by the local IRB. It is the responsibility of the FAR on each campus to ensure that institutional policies are followed. The NCAA research staff is prepared to provide any supplemental materials necessary for local review.

The FAR should make arrangements with the athletics department to schedule a session to survey all student-athletes on teams selected for participation in the study.

The survey should be administered by the FAR in a group setting with all members of the team present. Institutions that are being asked to survey more than one team may survey each team separately or combine the teams into one group. The time, date and location of the survey administration session should be made known to all student-athletes on the team being surveyed. Student-athletes should be able to complete the survey in approximately 30 minutes.

Information derived from this study has been requested by college presidents and others in the NCAA governance structure and will be used to inform subsequent policy discussions on the welfare of college student-athletes. Your participation and the participation of student-athletes is completely voluntary; however, the success of this project depends upon our collaboration with you and your student-athletes.

ALL SURVEYS SHOULD BE ADMINISTERED BY June 1, 2019.

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- 3. Sufficient copies of the handouts should be included in each packet. Please notify Michael Miranda at mmiranda@ncaa.org or 317-917-6304 if additional copies are needed.
- 4. The FAR and any assistants from his/her staff will administer the survey to the studentathletes. Any staff from the athletics department (e.g., coaches) should leave the room before student-athletes begin taking the survey. At no time should coaches or athletics personnel enter the room while student-athletes are taking the on-line survey. The FAR should read the attached scripted statement to the student-athletes detailing the purpose of the study and directions for the completion of the survey.

The FAR should explain the survey instrument to the student-athletes and the purpose of the national study and should note that responses will be confidential. The student-athletes must be informed that participation in the survey is entirely voluntary and that they are free to stop participation at any time during the process. Student-athletes who do not wish to complete the survey in its entirety may complete only those questions they wish to answer (if any) and then close the Web browser. Student-athletes should be advised that the NCAA will publish aggregate results of the survey later in the year.

The FAR should inform the student-athletes that as they progress through the survey, selecting the "Next" button at the bottom of the page will move them to the next section and will automatically submit their responses to the questions on that page. Once surveys are submitted, they cannot be deleted. Surveys also cannot be saved and returned to for completion at a later time.

5. Questions regarding administration of the surveys or RRB concerns should be referred to:

Michael Miranda, NCAA Research mmiranda@ncaa.org 317-917-6304

Scripted Statement for Faculty Athletics Representative

Please pass out the instruction sheet and other materials. Instruct the students not to begin the survey until you finish reading the following statement:

Thank you for your participation in the NCAA's study of Growth, Opportunities, Aspirations, and Learning of Students in college (GOALS). This is the most comprehensive study ever conducted on the experiences of student-athletes, and your participation is greatly appreciated. The questions in this survey have been designed based on conversations with college presidents, athletics administrators, faculty and national student-athlete representatives who are interested in understanding in detail the issues you face and aspirations you hold as a student and an athlete on your campus. The results of this project will be used to inform college presidents and others who set NCAA policy of your experiences and will enable them to craft policies and educational programs that will benefit you and future student-athletes in your sport.

Participation in this study is completely voluntary; however, you may not participate if you are under 18 years of age. If you are under 18, please leave now.

You can stop participating in the survey and leave at any point. However, we really do want your opinions on these topics and hope that you'll take the time to share them with us. This survey should take no more than 30 minutes to complete. To begin the survey, simply type in the URL provided on your handout. Then, enter the institutional ID number that has been provided to you. You'll then be prompted to provide your consent to participate in this study. When you have finished your survey please select the "Submit" button located at the bottom of the last page. After this, you may close your Web browser. Please note that you may choose to not answer certain questions. Once a question is answered and the "Next" button at the bottom of the page is selected, your responses will be recorded. You can use the "Back" button to change your answers as you go through the survey. However, when you click "Submit" at the end of the survey or close the browser, all survey responses will be recorded.

Nobody from the school, including me, will view your responses or be able to match them back to you. This confidentiality is important so that you feel free to completely speak your mind on these topics. As part of the NCAA's research on the student-athlete experience, they would like to link the results from this survey to other NCAA data on your academic performance. This will be accomplished through a combination of variables that may include sport, ZIP Code and birth month/year. If you prefer not to have your data linked, you can indicate that in the item at the end of the survey.

Under no circumstances will data ever be reported as coming from you or your team. Published study results will only describe sport, divisional and national trends.

Again, thank you. We look forward to hearing what you have to say.

NCAA December 12, 2018