



# Activism for the Student-Athlete

## ACTION STRATEGIES FOR STUDENT-ATHLETE ACTIVISM

Action Strategy #1: Become an expert on the topic you are passionate about.

Action Strategy #2: Be vocal & show up. (Remember that silence speaks loudly!)

Action Strategy #3: Establish clear lines of communication.

Action Strategy #4: Utilize resources on campus (Office of Multicultural Affairs, student organizations, faculty, etc.).

Action Strategy #5: Utilize SAAC on campus/at the conference level to form a collective voice.

Action Strategy #6: Focus on infrastructure as much as the message.

Action Strategy #7: Find allies, mentors, and sponsors.

Action Strategy #8: Practice radical self-care.

*NCAA Leadership  
Development*

#NCAALearnLead