



NCAA TRANSGENDER STUDENT-ATHLETE PARTICIPATION POLICY
SPORT-SPECIFIC TESTOSTERONE THRESHOLDS AND CHAMPIONSHIP ELIGIBILITY DEADLINES
SPRING SPORTS
(Updated May 2024)

This document provides Phase Two spring sport testosterone thresholds and championship submission deadlines applicable until further notice. Total serum testosterone thresholds apply to any transgender woman competing on an NCAA women’s team.

Note: Established eligibility requirements apply to all NCAA competition, including competition in both the traditional and nontraditional segments and NCAA championships. It is important to understand that this may require the submission of eligibility documentation on multiple occasions. Please see the [eligibility documentation review process](#) for additional information.

Note Also: In addition to meeting applicable threshold eligibility requirements, a transgender student-athlete receiving gender-affirming care that includes an NCAA banned substance is required to comply with the [NCAA Medical Exception Policy](#).

Sport	Approved Testosterone Threshold	Policy Benchmark	Deadline for Championship Eligibility
Acrobatics and Tumbling	<10 nmol/L (<288.18 ng/dL)	2015 IOC (NGB/IF policy not available)	NCAA emerging sport for women.

Sport	Approved Testosterone Threshold	Policy Benchmark	Deadline for Championship Eligibility	
Women’s Beach Volleyball	<10 nmol/L (<288.18 ng/dL)	USA Volleyball	NC	04/20/2025

Sport	Approved Testosterone Threshold	Policy Benchmark	Deadline for Championship Eligibility	
Women's Golf	<10 nmol/L (<288.18 ng/dL)	2015 IOC (NGB/IF policy not available)	Division I	04/16/2025
			Division II	04/21/2025
			Division III	04/28/2025

Sport	Approved Testosterone Threshold	Policy Benchmark	Deadline for Championship Eligibility	
Women's Lacrosse	<10 nmol/L (<288.18 ng/dL)	USA Lacrosse	Division I	04/27/2025
			Division II	05/04/2025
			Division III	04/28/2025

Sport	Approved Testosterone Threshold	Policy Benchmark	Deadline for Championship Eligibility	
Rowing	<2.5 nmol/L (<72.05 ng/dL)	US Rowing	Division I	05/13/2025
			Division II	05/12/2025
			Division III	05/05/2025

Sport	Approved Testosterone Threshold	Policy Benchmark	Deadline for Championship Eligibility	
Softball	<10 nmol/L (<288.18 ng/dL)	WBSC	Division I	05/04/2025
			Division II	04/28/2025
			Division III	05/05/2025

Sport	Approved Testosterone Threshold	Policy Benchmark	Submission Deadline for Championship Eligibility
Stunt	<10 nmol/L (<288.18 ng/dL)	2015 IOC (NGB/IF policy not available)	NCAA emerging sport for women. No NCAA championship.

Sport	Approved Testosterone Threshold	Policy Benchmark	Deadline for Championship Eligibility	
Women's Tennis	<5 nmol/L (<144.09 ng/dL)	ITF	Division I	04/21/2025
			Division II	04/29/2025
			Division III	04/28/2025

Sport	Approved Testosterone Threshold	Policy Benchmark	Deadline for Championship Eligibility	
Women's Outdoor Track & Field	<10 nmol/L (<288.18 ng/dL)	USATF	Division I	05/15/2025
			Division II	05/06/2025
			Division III	05/11/2025

Sport	Approved Testosterone Threshold	Policy Benchmark	Deadline for Championship Eligibility	
Women's Water Polo	<2.5 nmol/L (<72.05 ng/dL)	FINA	NC	04/21/2025

DOCUMENT KEY:

Approved Total Serum Testosterone Threshold: This is the threshold, approved by the NCAA Committee on Competitive Safeguards and Medical Aspects of Sports, that will be used by its CSMAS Medical Review Panel to evaluate the eligibility of a transgender student-athlete intending to compete in a spring sport.

Policy Benchmark: This is the applicable sport-specific policy benchmark considered by CSMAS in the development of corresponding NCAA sport-by-sport total serum testosterone threshold levels. Consistent with NCAA Board of Governors' direction, transgender student-athlete eligibility is to be determined in accordance with the policy established by the national governing body of the applicable sport in which the student-athlete intends to compete. If there is no NGB policy for that sport, eligibility requirements consider the policy established by that sport's international

federation. If there is no international federation policy, eligibility requirements will consider the guidelines developed as part of the [November 2015 International Olympic Committee Consensus Meeting on Sex Reassignment and Hyperandrogenism](#).

Deadline for Championship Eligibility: This is the last date (one week prior to the championship selection date) by which the NCAA must receive all required championship eligibility documentation for review by the Medical Review Panel. Please note that annual eligibility documentation must be received not later than one week prior to the student-athlete's initial competition in the traditional or nontraditional segment. This allows the Medical Review Panel sufficient time for review.