



**NCAA TRANSGENDER STUDENT-ATHLETE PARTICIPATION POLICY  
SPORT-SPECIFIC TESTOSTERONE THRESHOLDS AND CHAMPIONSHIP ELIGIBILITY DEADLINES  
2023 FALL SPORTS**

This document provides Phase Two fall sport testosterone thresholds and championship submission deadlines applicable to the 2023-24 academic year. Total serum testosterone thresholds apply to any transgender woman competing on an NCAA women’s team.

**Note:** For academic year 2023-24, established eligibility requirements apply to all NCAA competition, including competition in both the traditional and nontraditional segments and NCAA championships. It is important to understand that this may require the submission of eligibility documentation on multiple occasions. Please see the [eligibility documentation review process](#) for additional information.

**Note Also:** In addition to meeting applicable threshold eligibility requirements, a transgender student-athlete receiving gender-affirming care that includes an NCAA banned substance is required to comply with the [NCAA Medical Exception Policy](#).

Sport	Approved Testosterone Threshold	Policy Benchmark	Submission Deadline for Championship Eligibility	
Women’s Cross Country	<10 nmol/L (<288.18 ng/dL)	<a href="#">USATF</a>	Division I	11/04/2023
			Division II	10/30/2023
			Division III	11/05/2023

Sport	Approved Testosterone Threshold	Policy Benchmark	Submission Deadline for Championship Eligibility	
Field Hockey	<10 nmol/L (<288.18 ng/dL)	<a href="#">2015 IOC</a> (NGB/IF policy not available)	Division I	10/29/2023
			Division II	10/30/2023
			Division III	10/29/2023

Sport	Approved Testosterone Threshold	Policy Benchmark	Submission Deadline for Championship Eligibility
Rugby	<10 nmol/L (<288.18 ng/dL)	<a href="#">USA Rugby</a>	NCAA emerging sport for women. No NCAA championship.

Sport	Approved Testosterone Threshold	Policy Benchmark	Submission Deadline for Championship Eligibility	
Women's Soccer	<10 nmol/L (<288.18 ng/dL)	<a href="#">2015 IOC</a> (NGB/IF policy not available)	Division I	10/30/2023
			Division II	11/06/2023
			Division III	10/30/2023

Sport	Approved Testosterone Threshold	Policy Benchmark	Submission Deadline for Championship Eligibility	
Triathlon	<2.5 nmol/L (<288.18 ng/dL)	<a href="#">World Triathlon</a>	NCAA emerging sport for women. No NCAA championship.	

Sport	Approved Testosterone Threshold	Policy Benchmark	Submission Deadline for Championship Eligibility	
Women's Volleyball	<10 nmol/L (<288.18 ng/dL)	<a href="#">USA Volleyball</a>	Division I	11/19/2023
			Division II	11/13/2023
			Division III	11/05/2023

**DOCUMENT KEY:**

**Approved Total Serum Testosterone Threshold:** This is the threshold, approved by the NCAA Committee on Competitive Safeguards and Medical Aspects of Sports, that will be used by its CSMAS Medical Review Panel to evaluate the eligibility of a transgender student-athlete intending to compete in a fall sport.

**Policy Benchmark:** This is the applicable sport-specific policy benchmark considered by CSMAS in the development of corresponding NCAA sport-by-sport total serum testosterone threshold levels. Consistent with NCAA Board of Governors' direction, transgender student-athlete eligibility is to be determined in accordance with the policy established by the national governing body of the applicable sport in which the student-athlete intends to compete. If there is no NGB policy for that sport, eligibility requirements consider the policy established by that sport's international federation. If there is no international federation policy, eligibility requirements will consider the guidelines developed as part of the [November 2015 International Olympic Committee Consensus Meeting on Sex Reassignment and Hyperandrogenism](#).

**Deadline for Championship Eligibility:** This is the last date (one week prior to the championship selection date) by which the NCAA must receive all required championship eligibility documentation for review by the Medical Review Panel. Please note that annual eligibility documentation must be received not later than one week prior to the student-athlete's initial competition in the traditional or nontraditional segment. This allows the Medical Review Panel sufficient time for review.