### 2022 Updates to NCAA Transgender Student-Athlete Participation Policy

**Dates, Deadlines and Total Serum Testosterone Thresholds for Phase One**

**2022 NCAA Winter Championships**

**January 27, 2022**

(Updated 2/10/2022)

**Note:** This document provides dates, deadlines, testosterone thresholds and other details specific to the application of Phase One of the 2022 NCAA Board of Governors’ updates to the NCAA Transgender Student-Athlete Participation Policy for 2022 NCAA winter championship events. Information related to 2022 NCAA spring championship events will be released in February 2022. Click [here](#) for more information regarding the updates and related eligibility documentation requirements.

Additionally, note that a trans student-athlete receiving gender affirming care that includes a NCAA banned substance (e.g., testosterone therapy) must follow the [NCAA Medical Exception Policy](#).

<table>
<thead>
<tr>
<th>Winter Sport</th>
<th>Championship Selection Start Date</th>
<th>Open Window for Lab Testing</th>
<th>Deadline for Submission of Documentation</th>
<th>United States NGB Policy</th>
<th>International Federation Policy</th>
<th>Policy Benchmark Considered by CSMAS</th>
<th>Approved Testosterone Threshold Applicable to Trans SAs</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Men’s Basketball</strong></td>
<td>N/A. The updates to the NCAA transgender student-athlete participation policy do not require a trans man intending to compete in a 2022 NCAA winter championship event to meet a specific total serum testosterone threshold.</td>
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<tr>
<td><strong>Women’s Basketball</strong></td>
<td></td>
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</tr>
<tr>
<td>DI</td>
<td>9-Mar</td>
<td>9-Feb</td>
<td>2-Mar</td>
<td>no policy / policy not available</td>
<td>no policy / policy not available</td>
<td>2015 IOC</td>
<td>&lt;10 nmol/L. (&lt;288.18 ng/dL)</td>
</tr>
<tr>
<td>DII</td>
<td>6-Mar</td>
<td>6-Feb</td>
<td>27-Feb</td>
<td>no policy / policy not available</td>
<td>no policy / policy not available</td>
<td>2015 IOC</td>
<td>&lt;10 nmol/L. (&lt;288.18 ng/dL)</td>
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<tr>
<td>DIII</td>
<td>27-Feb</td>
<td>30-Jan</td>
<td>20-Feb</td>
<td>no policy / policy not available</td>
<td>no policy / policy not available</td>
<td>2015 IOC</td>
<td>&lt;10 nmol/L. (&lt;288.18 ng/dL)</td>
</tr>
<tr>
<td><strong>Women’s Bowling</strong></td>
<td>30-Mar</td>
<td>2-Mar</td>
<td>23-Mar</td>
<td>no policy / policy not available</td>
<td>no policy / policy not available</td>
<td>2015 IOC</td>
<td>&lt;10 nmol/L. (&lt;288.18 ng/dL)</td>
</tr>
<tr>
<td><strong>Men’s Fencing</strong></td>
<td>N/A. The updates to the NCAA transgender student-athlete participation policy do not require a trans man intending to compete in a 2022 NCAA winter championship event to meet a specific total serum testosterone threshold.</td>
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<tr>
<td><strong>Women’s Fencing (NC)</strong></td>
<td>15-Mar</td>
<td>15-Feb</td>
<td>8-Mar</td>
<td>2015 IOC</td>
<td>NA</td>
<td>2015 IOC</td>
<td>&lt;10 nmol/L. (&lt;288.18 ng/dL)</td>
</tr>
<tr>
<td><strong>Men’s Gymnastics</strong></td>
<td>N/A. The updates to the NCAA transgender student-athlete participation policy do not require a trans man intending to compete in a 2022 NCAA winter championship event to meet a specific total serum testosterone threshold.</td>
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</tbody>
</table>
### Women's Gymnastics (NC)
- Phase: 2015 IOC
- Testosterone Threshold: <10 nmol/L (<288.18 ng/dL)
- Note: No policy or policy not available

### Men's Ice Hockey
- Phase: N/A
- Note: The updates to the NCAA transgender student-athlete participation policy do not require a trans man intending to compete in a 2022 NCAA winter championship event to meet a specific total serum testosterone threshold.

### Women's Ice Hockey
- NC Phase: 6-Mar
- DIII Phase: 6-Mar
- Testosterone Threshold: <5 nmol/L
- Note: No policy or policy not available

### Men's Indoor Track & Field
- Phase: N/A
- Note: The updates to the NCAA transgender student-athlete participation policy do not require a trans man intending to compete in a 2022 NCAA winter championship event to meet a specific total serum testosterone threshold.

### Women's Indoor Track & Field
- DI Phase: 27-Feb
- DII Phase: 27-Feb
- DIII Phase: 6-Mar
- Testosterone Threshold: <5 nmol/L
- Note: No policy or policy not available

### Rifle (Mixed Teams)
- Phase: 22-Feb
- Note: Mixed Team Status negates need for level

### Men's Skiing
- Phase: N/A
- Note: The updates to the NCAA transgender student-athlete participation policy do not require a trans man intending to compete in a 2022 NCAA winter championship event to meet a specific total serum testosterone threshold.

### Women's Skiing (NC)
- Phase: 1-Mar
- Testosterone Threshold: <10 nmol/L (<288.18 ng/dL)
- Note: No policy or policy not available

### Men's Swimming & Diving
- Phase: N/A
- Note: The updates to the NCAA transgender student-athlete participation policy do not require a trans man intending to compete in a 2022 NCAA winter championship event to meet a specific total serum testosterone threshold.

### Women's Swimming & Diving
- DI Phase: 28-Feb
- DII Phase: 22-Feb
- DIII Phase: 21-Mar
- Testosterone Threshold: <10 nmol/L (<288.18 ng/dL)
- Note: No policy or policy not available
Men's Wrestling

N/A. The updates to the NCAA transgender student-athlete participation policy do not require a trans man (FTM) intending to compete in a 2022 NCAA winter championship event to meet a specific total serum testosterone threshold.

*Phase One policy updates for winter sports only apply to those with NCAA championships (listed above). Phase One policy updates do not apply to emerging sports without NCAA championships (e.g., women's wrestling), so they are not included in the table.

**DOCUMENT KEY:**

**Championship Selections Date:** The first date the NCAA sport committee meets to make 2022 winter and spring championship selections in their sport. For eligibility purposes, documentation of laboratory tests for total serum testosterone levels must reflect a date that is no earlier than four weeks (28 days) before this date.

**Open Window for Lab Testing:** This is the earliest date of testing for total serum testosterone level that will be accepted for transgender eligibility review purposes pursuant to the Phase One 2022 winter and spring championship eligibility review procedures.

**Deadline for Submission of Documentation:** This is the last date (one week prior the championship selection date) by which the NCAA must receive all required eligibility documentation for review by the Medical Review Panel.

**Policy Benchmark Considered By CSMAS:** This is the applicable sport-specific policy benchmark established as part of the Olympic movement and considered by CSMAS in the development of corresponding NCAA sport-by-sport total serum testosterone threshold levels. Consistent with NCAA Board of Governors’ direction, transgender student-athlete eligibility is to be determined in accordance with the policy established by the national governing body of the applicable sport in which the student-athlete intends to compete. If there is no NGB policy for that sport, eligibility requirements would consider the policy established by that sport's international federation. If there is no international federation policy, eligibility requirements will consider the guidelines developed as part of the [November 2015 International Olympic Committee Consensus Meeting on Sex Reassignment and Hyperandrogenism](https://www.olympic.org/12536).

**Approved Total Serum Testosterone Threshold Applicable to Trans SAs:** This is the threshold, approved by the CSMAS, that will be used by the CSMAS Medical Review Panel to evaluate the eligibility of a transgender student-athlete intending to compete in a 2022 NCAA winter championship event.