

Acrobatics and Tumbling

Sport's Governing Body: **National Collegiate Acrobatics & Tumbling Association**. USA Gymnastics governs Youth A&T.
Season of competition: Spring.

SPORT SPONSORSHIP BY DIVISION

	2023-24 SPORT SPONSORSHIP	2024-25 PROJECTED SPORT SPONSORSHIP
DIVISION I	6	9
DIVISION II	28	29
DIVISION III	9	10
TOTAL	43	48

Note: Sport sponsorship numbers as of October 2024 are derived from data submitted by NCAA member schools each year and are only as accurate as the information provided. The data are refreshed each fall and will remain static until the next annual release.

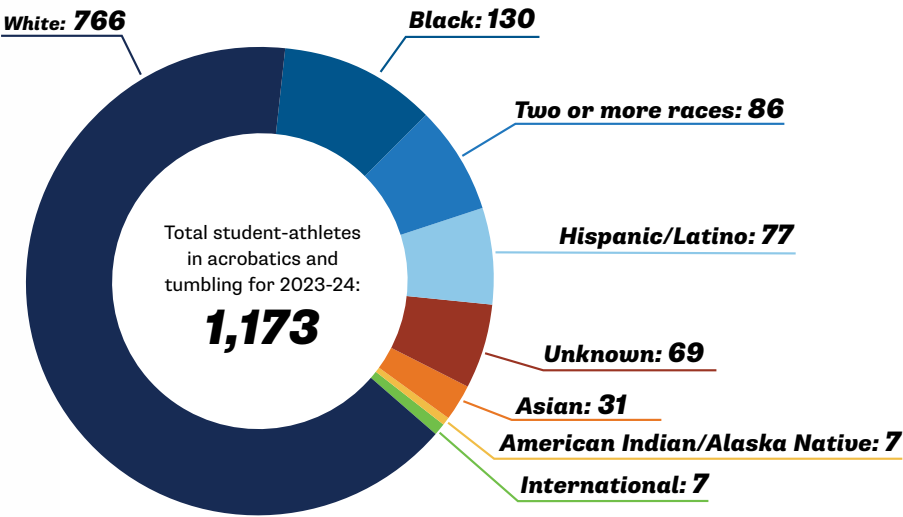


AVERAGE ROSTER REPORTED BY THE NATIONAL GOVERNING BODY

The average roster varies by division:

- Division I: 36 student-athletes.
- Division II: 28 student-athletes.
- Division III: 20 student-athletes.

STUDENT-ATHLETE DEMOGRAPHICS



Student-athlete demographics as of October 2024 are submitted by NCAA member schools to NCAA research.

Photo credit to Cole Tompkins

COMPETITION FORMAT

- Teams participate in six to 10 meets throughout the year.
- Each meet involves two to three teams competing in six events, totaling 20 heats. Meets are between 90 and 120 minutes.
- Teams compete head-to-head, away team competing first and then the home team, executing skills at various levels of difficulty based on each teams' specific strengths.
- Start values are listed in the Code of Points and determined by the difficulty of each skill. Skills are scored on execution and totaled by event, similar to a track & field meet.

CHAMPIONSHIP STRUCTURE

- Tournament features eight teams in a single-elimination format.
- In each of 15 event final heats, five individuals/groups qualify.
- Championship tournament is held in late April on a member campus.
- In addition, two Division II conference championships are held by the Mountain East Conference and Conference Carolinas.
- Division III also hosts a postseason invitational tournament.

FACILITIES NEEDED

- Arena type: Competitions are usually held in standard basketball or volleyball arenas.
- Practice facilities: Include competition arena, practice courts, and other athletic or recreational center facilities with appropriate ceiling clearance.
- Required equipment: Thirteen 2-inch foam bonded mats are needed for practice and competition areas.

PROSPECTIVE STUDENT-ATHLETES

- Developmental acrobatics and tumbling is expanding under USA Gymnastics.
 - Youth participation in gymnastics and cheerleading remains high.
 - Recruiting pools also include interest from athletes competing in gymnastics, cheerleading, diving, dance and weightlifting.
- Recruiting pools include:
 - Gymnastics disciplines: artistic (JO and Xcel), acrobatic, trampoline and tumbling, youth acrobatics and tumbling.
 - Cheer disciplines: All-Star (competitive cheer), high school cheer and stunt, sideline cheerleading.
 - Track and field, power lifting, dance, diving, multi-sport athletes.
- Out-of-state students make up almost 60% of teams' rosters.

Acrobatics and tumbling is an NCAA Emerging Sport for Women. For more information about the program, visit ncaa.org/emerging-sports-for-women.

To learn more about acrobatics and tumbling, visit thencata.org.

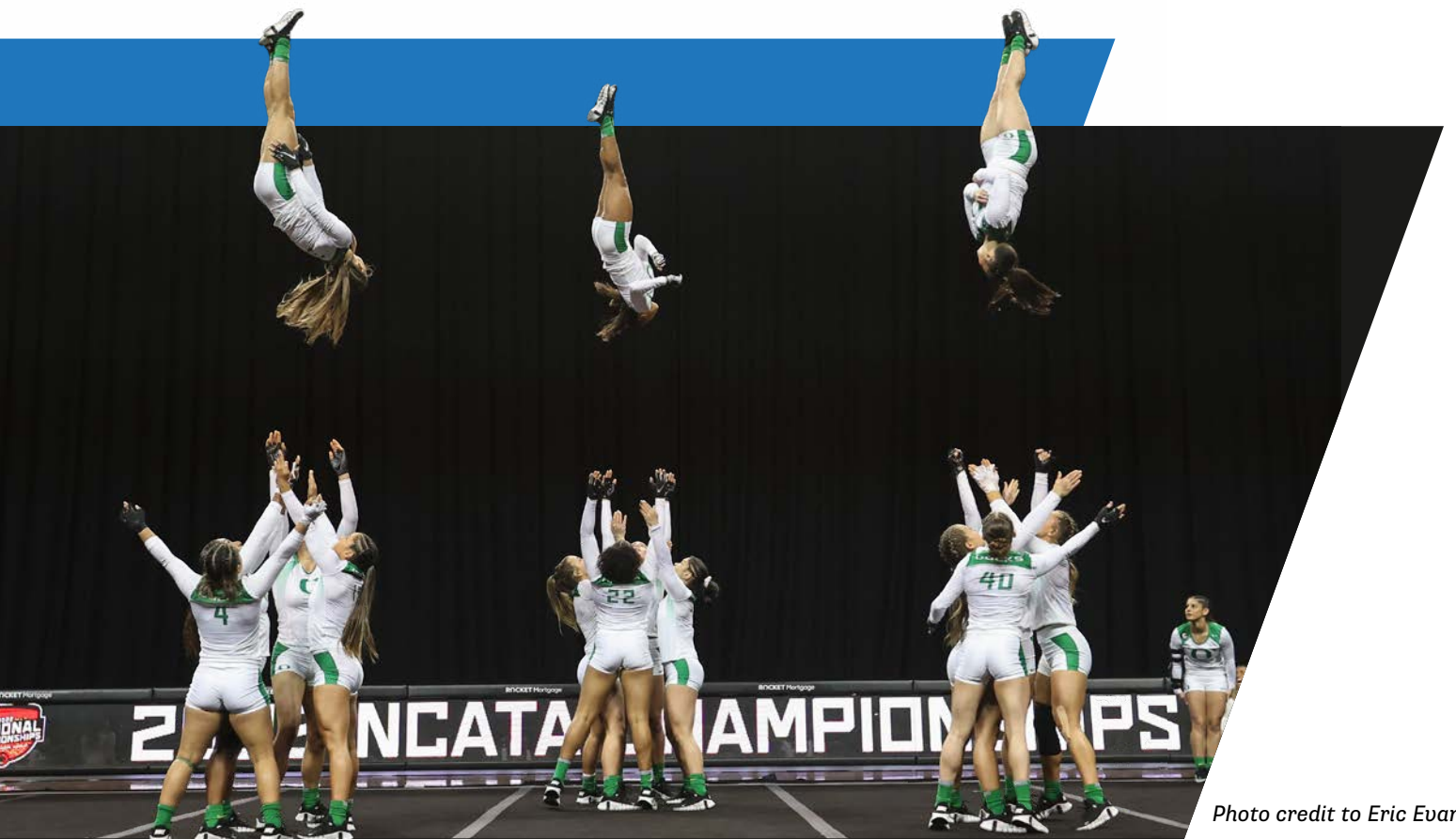


Photo credit to Eric Evans