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Sport Science Institute Overview

John Parsons, Ph.D., ATC
Managing Director

Paul Roetert, Ph.D.
Director, Education & Strategic Engagement

Webinar Instructions

1. If using a computer, click on the audio link at the top of the screen. Choose audio connection and then select call using computer. Turn off the computer video and make sure the sound is off.
2. If your computer audio isn't working, please call 1-844-621-3956 and enter access code: 806 705 463. Passcode is Division3Rocks
3. Please mute your phone.
4. The PowerPoint is posted on the Division III homepage, DIII Webinars Link, on ncaa.org.





SSI MISSION

To promote and develop safety, excellence, and wellness in college student-athletes, and to foster life-long physical and mental development.

SSI VISION

To be the pre-eminent sport science voice for all student-athletes and NCAA member institutions, and to be the steward of best practices for youth and intercollegiate sports.





STRATEGIC PRIORITIES

1. Cardiac health
2. Concussion
3. Doping and substance abuse
4. Mental health
5. Nutrition, sleep and performance
6. Overuse injuries and periodization
7. Sexual assault and interpersonal violence
8. Athletics health care administration
9. Data-driven decisions



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Webinar Objectives

1. Arrington Class Settlement.
2. Concussion management plans.
3. Interassociation recommendations: Catastrophic injury.
4. Sexual violence prevention.



1. Arrington Settlement

Jessica Feibelkorn-Kerr, JD

Director of Legal Affairs & Associate General Counsel



Arrington Settlement


Certifications must be submitted by May 18, 2020

- The settlement agreement provides NCAA member institutions with an opportunity to benefit from a release from certain legal claims that might otherwise be brought by members of the settlement class.
- To benefit from the release, member institutions must certify in writing that they have put in place a concussion management plan that meets the requirements of Section IX.A. of the settlement agreement.



Arrington Settlement

- 2 FAQ documents:
- <http://www.ncaa.org/about/arrington-class-settlement-information>



**FREQUENTLY ASKED QUESTIONS
NOVEMBER 2019**

**MEDICAL MONITORING CLASS SETTLEMENT AGREEMENT:
ARRINGTON V. NCAA**

This document is a companion piece to the recent membership notice of final approval of the class action settlement agreement in *In re: National Collegiate Athletic Association Student-Athlete Concussion Injury Litigation* (Arrington Matter). This document addresses some of the frequently asked questions regarding the settlement agreement in the Arrington Matter and related member obligations. The content of this document is being provided for informational purposes only and should not be construed as legal advice or a substitute for legal advice. We encourage you to review the content, including the materials accessible by hyperlink below, with applicable legal advisors and other school staff who might assist you in appropriately evaluating this information as it applies to your individual institutional risk and practices.

1. What is the Arrington Matter?

The Arrington Matter was initiated in 2011 as a putative class action concussion lawsuit against the NCAA by plaintiffs that participated in men's and women's NCAA college sports at NCAA member schools. In 2013, the parties began negotiating toward a settlement agreement that would, among other things, relieve NCAA member schools from certain potential liability in the future.

In 2016, the Court granted preliminary approval of the settlement terms and, since that time, the parties have provided the required notifications to settlement class members and taken other steps as required by the Court and/or settlement while awaiting formal and final judicial approval. Final approval of the settlement terms occurred on August 13, 2019 and, pursuant to Court order, the effective date of the Settlement Agreement is November 18, 2019. A copy of the final Settlement Agreement can be found [here](#).

2. What are the primary outcomes of the Settlement Agreement?

The primary outcomes are twofold.

a. Medical Monitoring. The NCAA will provide \$70 million in funding to make free medical screening and testing, known as "medical monitoring," available to student-athletes who played an NCAA sport at an NCAA member school prior to July 15, 2016. The details related to the medical monitoring services are described in the Settlement Agreement. Information about the process through which student-athletes can access the monitoring services will be made available on the NCAA Student-Athlete Concussion Injury Litigation Website at: <http://collegeathletecoconussionsettlement.com/>

b. Member Obligations. The description of member obligations can be found in Section IX of the Settlement Agreement. While the settlement agreement was



2. Concussion Management Plans



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DIII Constitution 3.2.4.17: Concussion Management Plan

An active member institution shall have a concussion management plan for its student-athletes. The plan shall adhere to the **process and format** (e.g., the concussion protocol checklist) prescribed by the Board of Governors **or designee** and include, but is not limited to, the following...

Process & format = Concussion safety protocol checklist.

Designee = Committee on Competitive Safeguards and Medical Aspects of Sports.



Concussion Safety Protocol Template

The template includes all components of the NCAA Concussion Safety Protocol Checklist and provides highlighted text that schools may use to personalize their protocol.

Schools may also choose to edit the template to fit the individual needs of their institution.

<http://www.ncaa.org/sport-science-institute/topics/concussion-safety-protocol-template>





3. Preventing Catastrophic Injury and Death in Collegiate Athletes



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Preventing Catastrophic Injury and Death in Collegiate Athletes

- May 2019 NCAA Board of Governors endorsed guidelines as **association-wide policy** to effectively prevent injury in six areas:
 - Sportsmanship.
 - Protective equipment.
 - Acclimatization and conditioning.
 - Emergency action plans.
 - Strength and conditioning personnel.
 - Education and training.



Preventing Catastrophic Injury and Death in Collegiate Athletes

www.ncaa.org/ssi

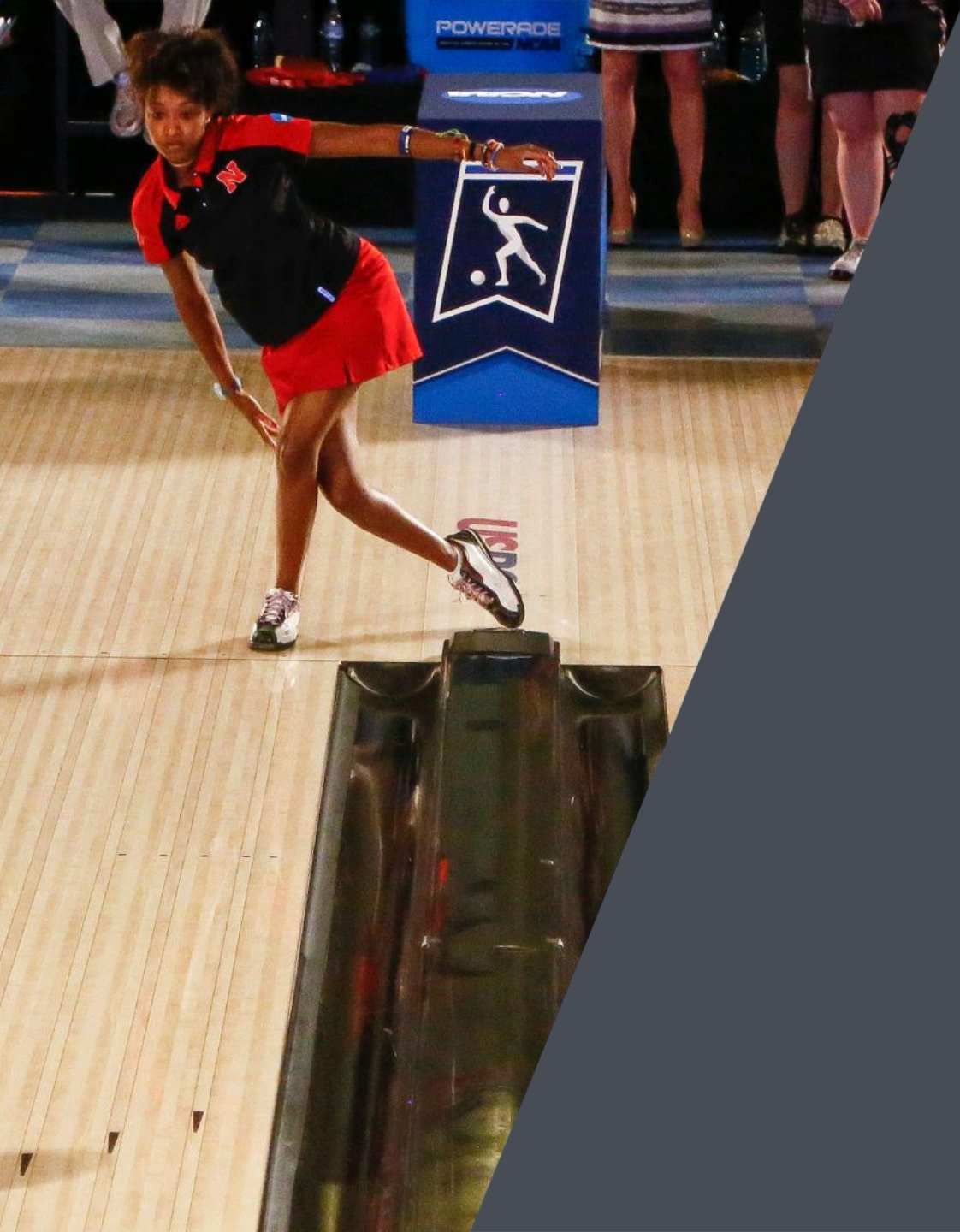
- Preventing Catastrophic Injury Booklet.
- Checklist.
- FAQs.



INTERASSOCIATION RECOMMENDATIONS

PREVENTING CATASTROPHIC INJURY AND DEATH IN COLLEGIATE ATHLETES





4. Sexual Violence Prevention



Sexual Violence Attestation Process

NCAA Board of Governors adopted Association-wide policy in Aug. 2017 that requires school chancellor/president, athletics directors and campus Title IX coordinators to attest annually that:

- Athletics department is informed on, integrated in, and compliant with sexual violence prevention policies and processes.
- The institutional policies and processes, including Title IX name and contact information are provided to student-athletes.
- All student-athletes, coaches and staff have been educated on sexual violence prevention.



Sexual Violence Attestation Process

- March 1 – May 15, 2020. No extensions will be granted.
- ***A change in the process for 2019-20:*** The athletics director, or his or her designee from the athletics department, should access the form for download and secure the required signatures. The completed form **must be uploaded by the athletics director** in the NCAA Learning Portal module.

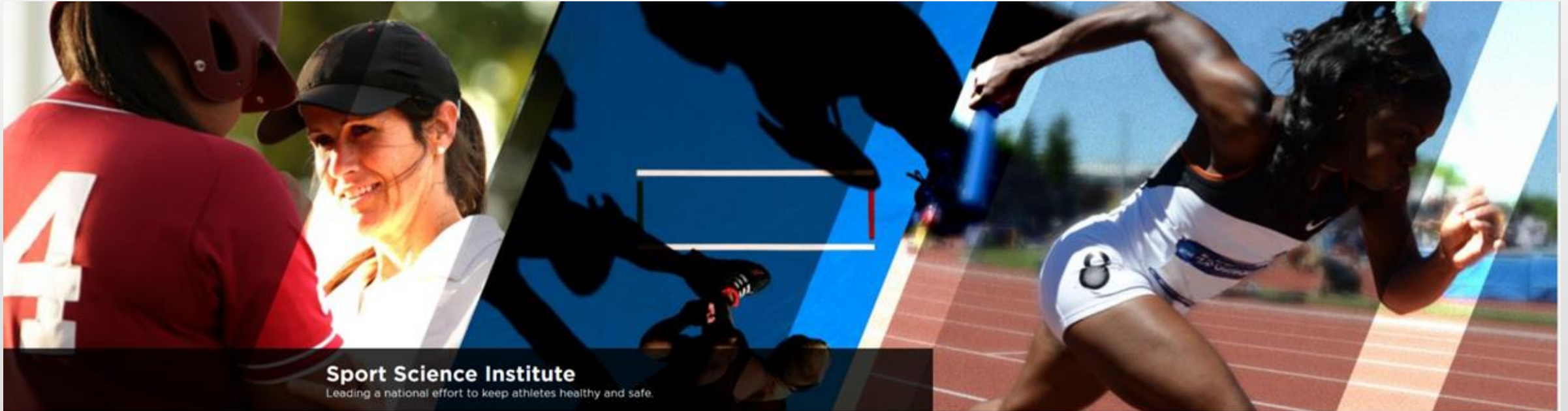


Sexual Violence Prevention Survey Data

- Survey provides feedback from nearly 300 members schools across all three divisions.
- Includes key takeaways from each core commitment: leadership; collaboration; compliance and accountability; education; student-athlete engagement.
- Available at ncaa.org/sport-science-institute/sexual-violence-prevention-tool-kit.



www.ncaa.org/ssi



Sport Science Institute

Leading a national effort to keep athletes healthy and safe.

Student-athlete well-being is a foundational component of the NCAA mission and has been a priority for the NCAA for more than 100 years.

As the Association's national center of excellence, the NCAA Sport Science Institute works closely with the [Committee on Competitive Safeguards and Medical Aspects of Sports](#) and is committed to serving and educating student-athletes and our membership. The SSI aims to provide college athletes with the best environment for safety, excellence and wellness through research, education, best practices, and collaboration with member schools, national governing bodies, key medical and youth sport organizations, and the public and private sectors.



[Health and Safety Topics](#)

[Health Education Center](#)

[Solar Eclipse Safety](#)

Questions

1. If you are on your phone, unmute your line and ask a question.
2. All questions, via your computer, should be typed using the following instructions:
3. Click on the chat icon – near the top of your screen. It will open a text box at the bottom of your computer screen.
4. Type in message and click on send.





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Thank you.