



Division III  
DISCOVER | DEVELOP | DEDICATE

# **DIVISION III ISSUES FORUM**

**Friday, January 25, 2019**

**DIVISION III**  
#whyd3



# Student-Athlete Health and Safety

2019 CONVENTION  
ORLANDO

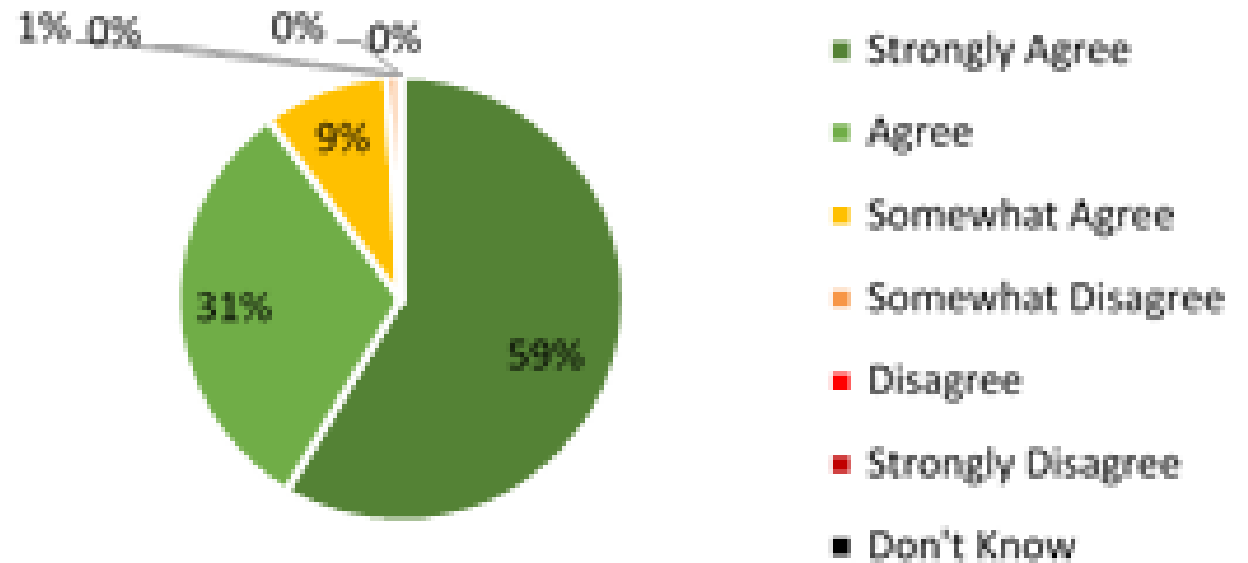


# Presenters

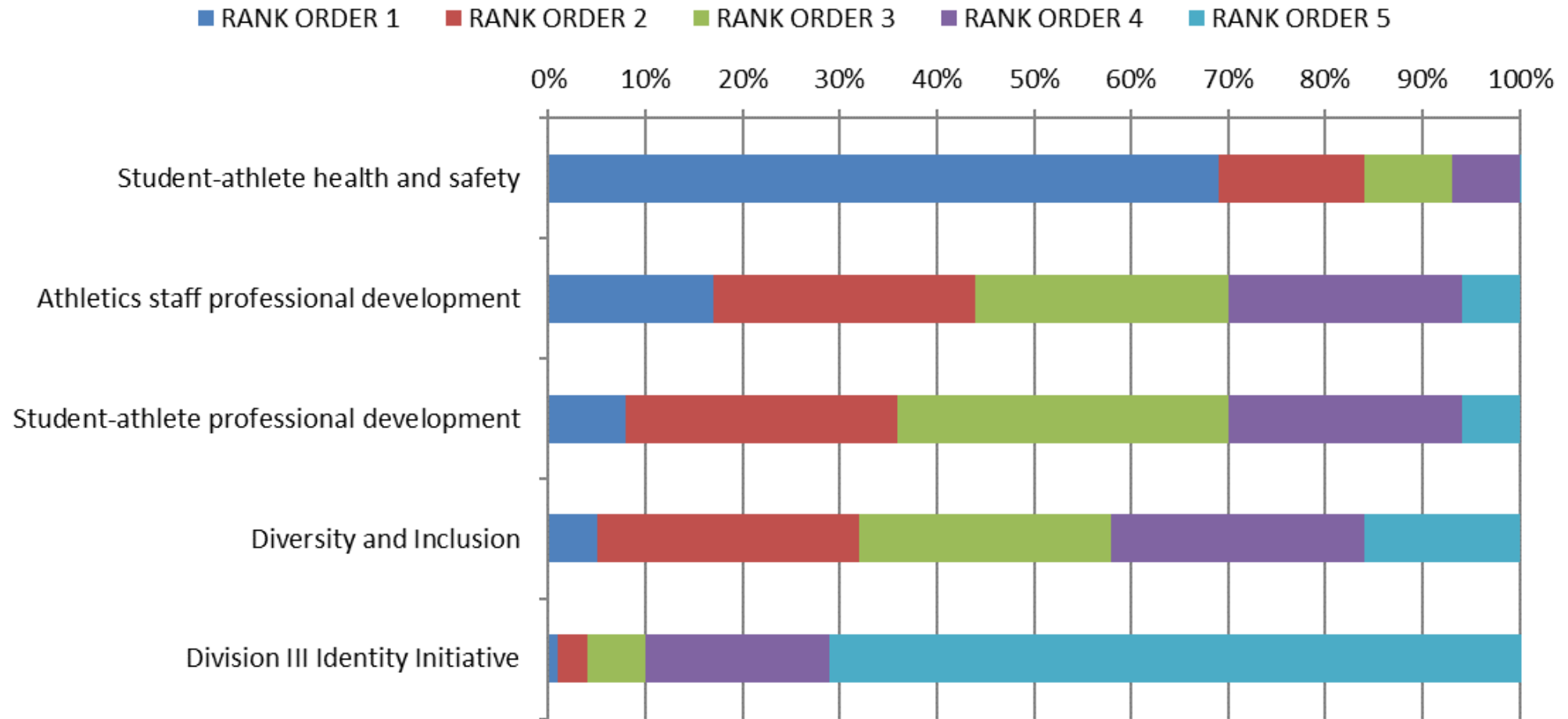
- Kellen Wells-Mangold, Assistant Athletics Director, University of Wisconsin – River Falls.
- Greg Johnson, Director of Athletics, North Central University.

# Health and Safety

It is beneficial for Division III to have national standards (e.g. guidelines, policies) in the areas of health and safety for student-athletes.



# Health and Safety



DIVISION III  
#whyd3

# Session Agenda

- The Sport Science Institute resources.
- Roundtable discussions about how the resources are being used on campus.
- Town Hall Forum to share successes and challenges with using the resources on campus.

# Sport Science Institute Priorities

- Cardiac Health.
- Concussion.
- Nutrition, Sleep and Performance.
- Overuse Injuries and Periodization.
- Athletics Healthcare Administration.
- Data-Driven Decisions.

DIVISION III  
#whyd3



# Sport Science Institute Priorities

- Doping and Substance Abuse.
- Mental Health.
- Sexual Assault and Interpersonal Violence.

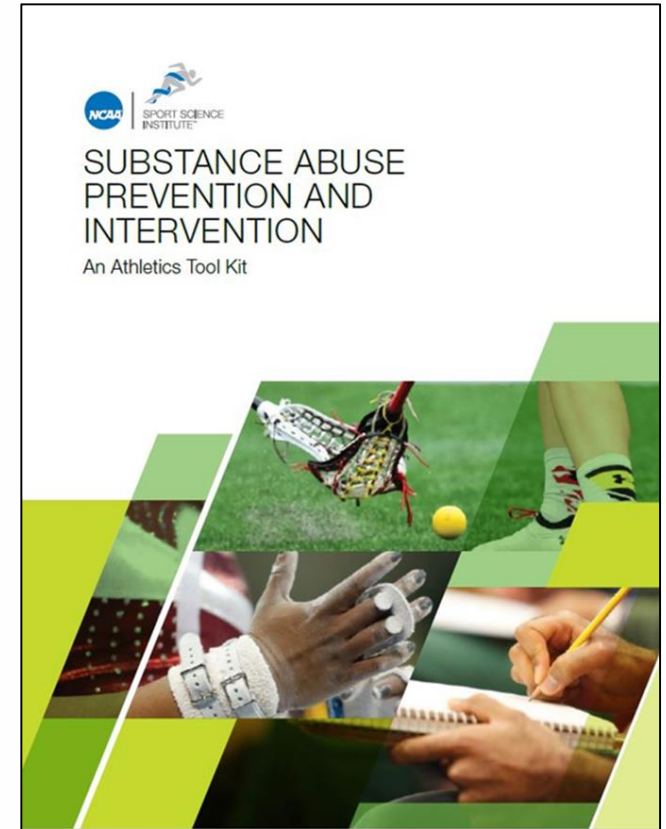
# Sport Science Institute Resources

- Substance Abuse Prevention Tool Kit.
- 360 Proof.
- Interassociation Consensus: Mental Health Best Practices.
- Mental Health Workshop Planning Kit
- Sexual Violence Prevention Tool Kit.

DIVISION III  
#whyd3

# Substance Abuse Prevention

- A tool kit to assist schools in their efforts to reduce substance abuse to promote healthy choices and a positive environment for college athletes.
- Includes checklist for comprehensive alcohol and other drug prevention.



2019 CONVENTION  
ORLANDO

# 360 Proof



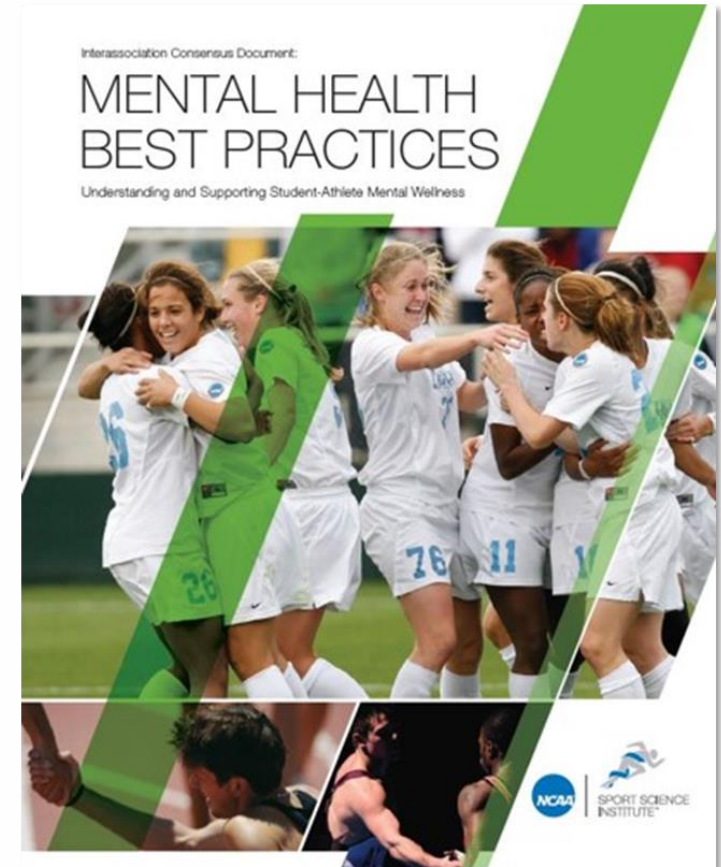
- An evidence-based, online prevention platform for NCAA Division III and NASPA Small Colleges and Universities Division Institutions.
- Reduces consequences of alcohol use and enhances collaboration on campus.

# Mental Health Best Practices

- Best practice guidance for schools to support and promote student-athlete mental health in partnership with campus stakeholders.
- To assure availability and accessibility of appropriate mental health care for all student-athletes, independent of institutional resources.

# Mental Health Best Practices

- To create and maintain an environment within the athletics department that destigmatizes and promotes help-seeking.



2019 CONVENTION  
ORLANDO

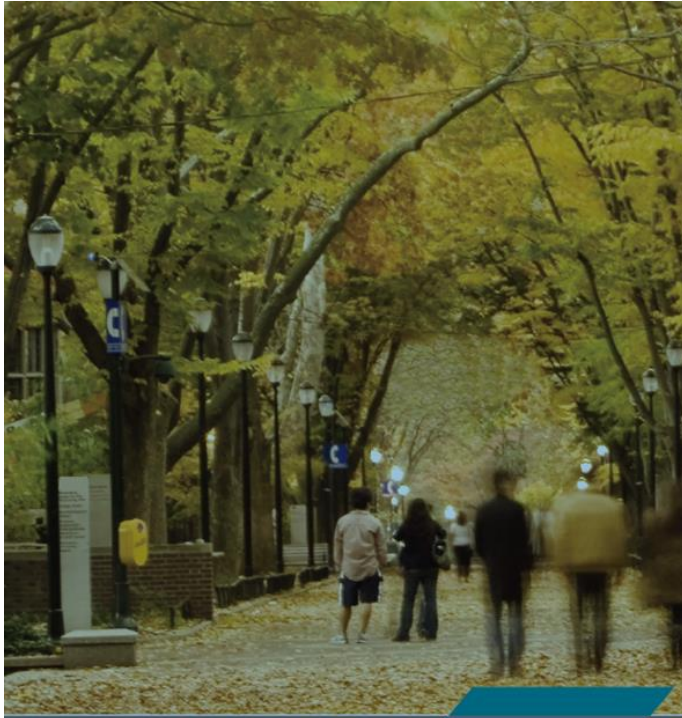
# Mental Health Workshop Planning Kit

- Assists conference offices in planning and implementing a mental health workshop for member schools.
- Tool to support implementation of the Mental Health Best Practices.



2019 CONVENTION  
ORLANDO

# Sexual Violence Prevention



## SEXUAL VIOLENCE PREVENTION

An Athletics Tool Kit for a Healthy and Safe Culture

- This resource contains strategies and resources to support campus sexual violence prevention.

DIVISION III  
#whyd3



# Sexual Violence Prevention

- Checklists and implementation tools to advance five core commitments:
  - **Leadership** – from the highest levels in athletics and the institution as a whole.
  - **Collaboration** – between athletics, campus colleagues, and community services.
  - **Compliance and Accountability** – with federal and state laws, and campus policies.

DIVISION III  
#whyd3

# Sexual Violence Prevention

- Checklists and implementation tools to advance five core commitments:
  - **Education** -- to promote respect of, by and for all students, staff and coaches.
  - **Student-Athlete Engagement** – to provide true opportunities for campus involvement.

# Roundtable Discussion

- For each resource:
  - Have you used the resource?
  - If so, how?
  - If so, has it been helpful?
  - If so, what challenges have you experienced?
  - If you haven't used the resource, why?

# Roundtable Discussion

**Countdown Clock**  
**20 Minutes**

**2019 CONVENTION**  
ORLANDO



# Town Hall Forum

- Please step to the microphones and share:
  - Examples of success you've had with these resources on your campus.
  - Reasons you haven't used these resources.

# Division III University

- Online learning environment for Head Coaches, ADs, SWAs and Commissioners.
- Will contain student-athlete health and well-being, NCAA overview, and compliance modules.
- Accessed via [ncaa.org/MyApps](https://ncaa.org/MyApps).

DIVISION III  
#whyd3

# Thank You

DIVISION III  
#whyd3