

NCAA Division I Student-Athlete Benefits and Expenses

New rules provide more flexibility to schools, further accommodate student-athletes and align with recent changes to the NCAA constitution.

Changes include:

Establishing a guiding principle in Bylaw 16 that:

- Enhances flexibility to support student-athletes during emergencies (i.e., it is no longer necessary to apply interpretive flexibility for urgent issues related to SA benefits and expenses).
- Reinforces that schools are best positioned to decide how to support immediate needs of SAs when extenuating circumstances occur.
- No established timeline for when provided benefits and expenses must start or end.





INSURANCE, HEALTH, SAFETY AND WELL-BEING

- Schools may buy insurance based on a SA's participation in college sports.
- **Includes but not limited to:** disabling or critical injury or illness, loss of value insurance/policies. Note: This may help preserve the Student Assistance Fund.



HOUSING AND MEALS

- Schools may provide food to SAs at any time. This includes any meals or snacks for basic nutritional needs. SAs living off-campus may continue to receive a board stipend.
- Boosters may pay for a team meal at restaurants on special occasions.
- Schools may provide SAs with cash to cover meal expenses incurred while they are required to be at school during a vacation period, consistent with how expenses are covered for staff.

Note: The athletics compliance office is responsible for working with its school's financial aid office to ensure food provided to SAs does not impact the SA's cost of attendance.



ACADEMIC SUCCESS

- Schools may cover additional expenses related to academics (e.g., parking, cap/gown expenses, transportation to school).

Note: Schools may not provide a car or use of a car. Federal regulations protect against the excessive provision of benefits.



COMPETITION-RELATED EXPENSES

- A SA may receive expenses to travel with their team to competition, so long as they are eligible to practice.
- Schools may cover expenses for SAs to participate in elite-level training, tryouts and competition.



COMPLIMENTARY ADMISSIONS

- No requirement to provide identification to receive comp tickets.
- Schools may issue digital comp tickets to those designated by SA.
- School may allow SAs to buy tickets at face value for any athletics event.

PROHIBITION REMAINS. SAs are not allowed to resell comp or purchased tickets.



ENTERTAINMENT

- Schools may provide reasonable entertainment to SAs at any time during the year. Examples of entertainment expenses that are typically provided by schools include mini golf, ropes courses, go kart, movies.