



2018-19 NCAA Division I Autonomy Legislative Proposals Question and Answer Document

NCAA Division I Proposal No. 2018-110 (Autonomy Proposal -- Athletics Personnel -- Graduate Assistant Coach -- Women's Rowing and Swimming and Diving -- Incidental Meals).

Question: How is this proposal related to Proposal No. 2018-75 (Personnel, Recruiting and Financial Aid -- Eliminate Training Table Meals)?

Answer: This proposal is intended as a companion to Proposal No. 2018-75, which would modify legislation regarding training table meals for student-athletes and graduate assistant coaches in Football Bowl Subdivision. (However, this proposal could be adopted independently of Proposal No. 2018-75.) This proposal would address Autonomy legislation specific to training table meals. Specifically, it would allow a graduate assistant coach to participate in meals incidental to organized team activities (rather than training table meals).

Proposal No. 2018-117 (Autonomy Proposal -- Recruiting -- Unofficial Visit -- Parking).

Question: What does it mean to "arrange" special parking for a prospective student-athlete?

Answer: Arranging includes reserving and/or paying for a prospective student-athlete's parking. The legislation is intended to apply in the same manner as NCAA Bylaw 13.6.7.3, which permits an institution to arrange parking for official visits.

Proposal No. 2018-118 (Autonomy Proposal -- Awards, Benefits and Expenses -- Medical Expenses -- Mental Health Services and Resources).

Question No. 1: Currently, an institution has broad discretion to determine how it makes mental health services and resources available to student-athletes (e.g., through the athletics department, institutional health services and/or counseling services department). Would the adoption of this proposal infringe upon current institutional discretion related to how mental health services and resources are made available to student-athletes?

Answer: No. This proposal would require each institution to make these resources and services available to student-athletes, but the institution maintains the discretion to determine how it will make them available. For example, an institution could use a model that provides resources and services entirely through the athletics department or it could use a hybrid approach (e.g., rely on resources in athletics and institutional health services).

Question No. 2: Does this proposal require institutions to adhere to all the recommendations in the *Interassociation Consensus: Mental Health Best Practices*?

Answer: No. The proposal requires an institution to make mental health services and resources available to its student-athletes. It recommends that the provision of those services and resources should be consistent with the best practices document.

Question No. 3: As part of the requirement to make mental health services and resources available to student-athletes, may an institution use a licensed mental health practitioner who is located off campus and not employed by the athletics department or institution?

Answer: Yes. The licensed practitioner may be an individual located off campus who is not employed by the institution (e.g., established referral source). Each institution has the discretion to make mental health services available to student-athletes in the manner that it deems appropriate.

Question No. 4: What type of information should be included in the mental health educational materials and resources provided to student-athletes, coaches, athletic administrators and other athletics personnel?

Answer: Institutions have broad discretion to include information that pertains to student-athlete mental wellness within the educational materials and resources they provide to these groups. As indicated in the proposal, institutions must, at a minimum, provide a guide to the mental health resources and services available, with specific details regarding how to access them. Please note that such materials and resources may be distributed through a variety of media, including, but not limited to, social media, websites, web-based apps, posters, pamphlets, student-athlete handbooks, etc.

Question No. 5: How often must an institution distribute mental health educational materials and resources to its student-athletes, coaches, athletic administrators and other athletics personnel?

Answer: The proposal requires that institutions provide such information throughout the year. While the proposal does not prescribe the frequency with which

an institution must disseminate this information, student-athletes, coaches and athletics staff members should have regular access to the information.

Question No. 6: Which student-athletes are "transitioning out of their sport"?

Answer: Transitioning student-athletes include, but are not limited to, student-athletes who have recently exhausted eligibility, who are medically retired or who are no longer participating in their sport for any other reason.

Question No. 7: Who should be considered "other athletics personnel"?

Answer: In addition to student-athletes, coaches and athletics administrators, institutions have the discretion to determine which individuals should receive the mental health educational materials and resources.

Question No. 8: Where can more information on the *Interassociation Consensus: Mental Health Best Practices* be found?

Answer: On the NCAA Sport Science Institute website: <https://www.ncaa.org/sport-science-institute/mental-health-best-practices>

Proposal No. 2018-120 (Autonomy Proposal -- Playing and Practice Seasons -- Time Limits for Athletically Related Activities -- Team Meeting During Postseason Discretionary Period).

Question No. 1: Is it permissible to conduct separate meetings for groups of student-athletes (e.g., position groups, upperclassmen)?

Answer: It would be permissible to conduct multiple team meetings provided no individual student-athlete participates in more than one end-of-season team meeting.

Question No. 2: Would it remain permissible for a student-athlete to have an individual meeting with a coaching staff member as permitted in the July 13, 2017, Educational Column?

Answer: Yes. The team meeting would not replace a permissible individual meeting.