

2026 NCAA Regional Rules Seminar
Division II Daily Schedule

* **Note: All Division II sessions will take place in Atrium Ballroom A.**

SESSION KEY

Introductory: These sessions will provide attendees with basic, introductory information about the topic(s) listed in the session description. Presenters will primarily use introductory language, concepts and examples in these sessions.

Mid-level: These sessions will provide attendees with information that is above a basic level of understanding of the topic(s) listed in the session description. Presenters will apply more advanced language in these sessions compared to introductory-level sessions but will not display an abundance of complex language, examples or concepts.

Advanced: These sessions will provide attendees with information that is more advanced in nature. Presenters will use advanced and complex language, concepts, and examples throughout these sessions.

THURSDAY, MAY 14

9 to 10:15 a.m.

Welcome and Division II Committee Updates – Introductory

During this session, staff will welcome participants with introductions and a short ice breaker activity. Additionally, participants will receive an update on the recent work of the committees within the Division II governance structure.

10:30 to 11:30 a.m.

Division II Seasons of Competition: Exceptions and Waivers – Introductory

During this session, participants will receive an overview of the seasons of competition legislation with an emphasis on commonly used exceptions. Additionally, participants will receive an overview of the waiver process. Finally, participants will have the opportunity to test their knowledge with interactive case studies throughout the session.

1 to 2 p.m.

Division II Progress-Toward-Degree – Introductory

During this session, participants will receive an overview of progress-toward-degree legislation. Participants will learn how student-athletes can rectify deficiencies and will gain practical certification experience through numerous hypothetical scenarios.



2:15 to 3:15 p.m.

Division II The Wonderful World of Recruiting – Introductory

During this session, participants will receive an overview of the recent changes to Bylaw 13 (recruiting). Additionally, participants will have the opportunity to test their knowledge through interactive case studies during the presentation.

3:30 to 4:30 p.m.

Division II Awards and Benefits: A New Age – Introductory

During this session, staff will engage in an interactive review and conversation regarding the recent changes to the awards and benefits legislation for student-athletes.

FRIDAY, MAY 15

9 to 10 a.m.

Division II Two-Year College Transfer Requirements, What's That? – Introductory

During this session, participants will receive an overview of two-year college transfer requirements and will have an opportunity to work through interactive case studies. Additionally, this session will include an overview of the waiver process and applicable guidelines.

10:15 to 11:30 a.m.

Division II Four-Year College Transfers and Closing – Introductory

During this session, participants will receive an overview of the four-year college transfer legislation, regaining eligibility and other commonly asked questions. Additionally, the session will provide an overview of the waiver process. With a focus on interactive case studies, this session will also provide participants with an opportunity to interact with the legislation and directly assess their understanding. Finally, this session will provide a high-level overview of recent Transfer Portal data.

