



Regional Rules

Division I Hot Topics

Bylaw 11/13/17 Team

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Agenda

Discussion Topics with Request/Self-Reports Online case studies.

1. Bylaw 11 – Noncoaching staff members with sport-specific responsibilities.
2. Bylaw 13
 - Virtual recruiting.
 - Camps/clinics and tryouts.
3. Bylaw 17
 - Wearable tech.
 - Days off waivers.



Noncoaching Staff Members with Sport-Specific Responsibilities



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Noncoaching Staff Members with Sport-Specific Responsibilities – Definition

- Not a countable coach.
- Not a coach who is exempt from the countable coach limits (e.g., graduate assistant, strength and conditioning coach).
- Performs **sport-specific** duties.



Noncoaching Staff Members: Recruiting, Practice and Game Day

Permissible.



- Send general or electronic correspondence to prospective student-athletes.
- Meet with prospective student-athletes on campus.
- Review film and share analysis with coaches.
- Observe practice or game day activities.
- Perform administrative duties during practice and game day.

Not Permissible.



- Engage in **off-campus** recruiting.
- Review film with student-athletes.
- Provide technical or tactical instruction to student-athletes.
- Make or assist in tactical decisions during practice or competition.
- Participate in on-field or on-court practice activities.



Noncoaching Staff Members: Assisting vs. Participating

Assisting.

- Prepare for practice or game day (e.g., arranging equipment).
- Setting up equipment for a drill.
- Chart plays.
- Run a clock for a practice scrimmage.
- Sit on the bench or standing on the sideline.
- Wear a headset during a contest.

Participating.

- Assist student-athletes with stretching or warm-up activities.
- Assist with drills (e.g., rebound) or demonstrate how to complete a drill.
- Signal plays.
- Officiate a practice scrimmage.
- Hold a whiteboard with assignments in a huddle.
- Assist with play calls or strategy.

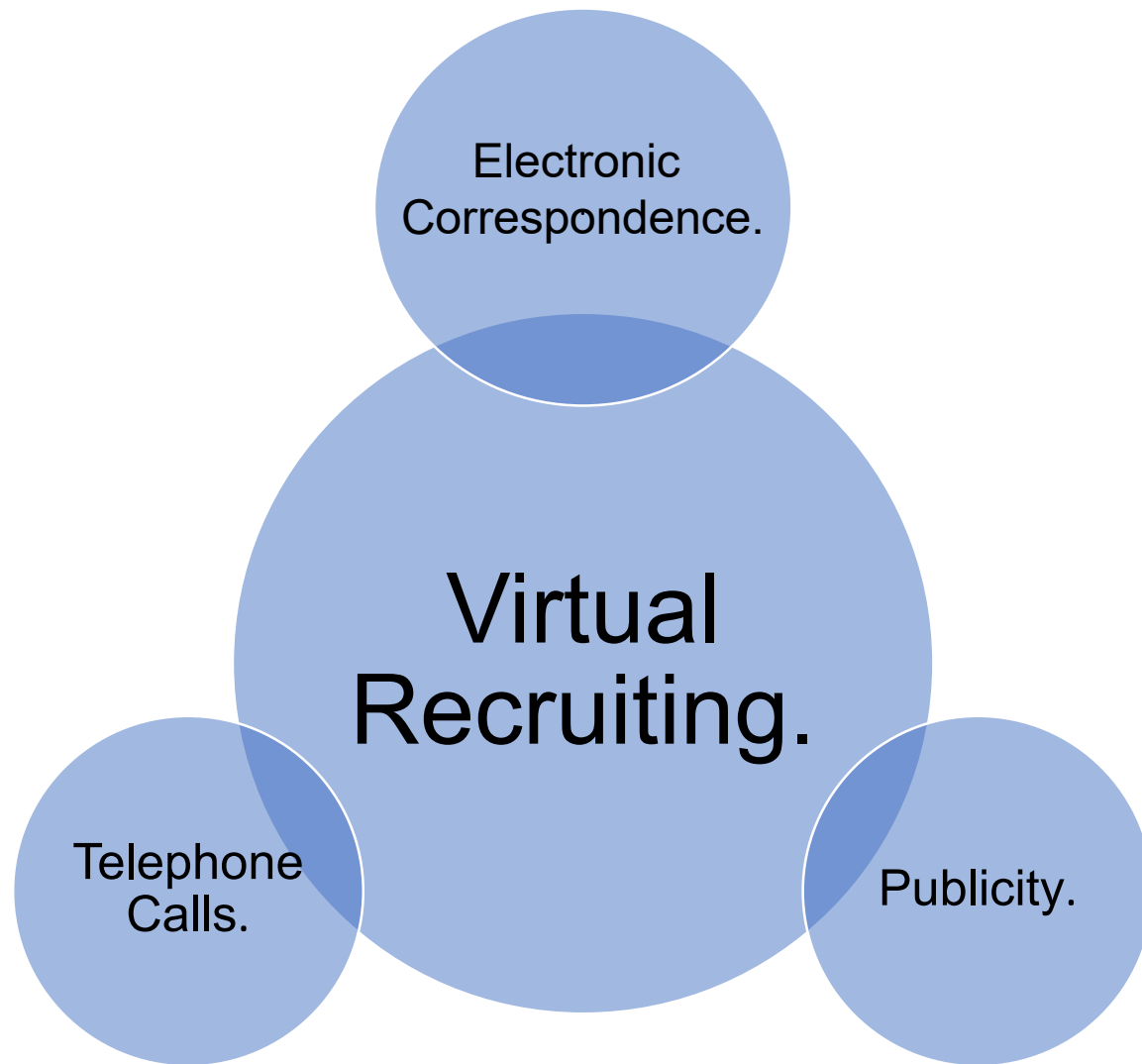
NOTE: It is permissible for **student managers** to perform these activities if no technical instruction is provided.



Questions?



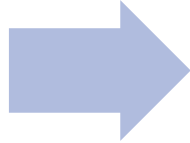
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Electronic Correspondence

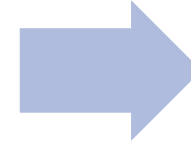
Bylaw 13.4.1.7- Electronic Correspondence.

- No restrictions on content or attachments except for audio/visual attachments.



Bylaw 13.4.1.10 Audio/Visual Attachments.

- May not be personalized to include PSA's name, picture or likeness.
- May not be created by an entity outside the institution.



Private between PSA (and family members) and Coaching Staff.

- Who is participating/receiving the communication?

Commitment to the Institution.



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Publicity

Prospective Student-athletes.

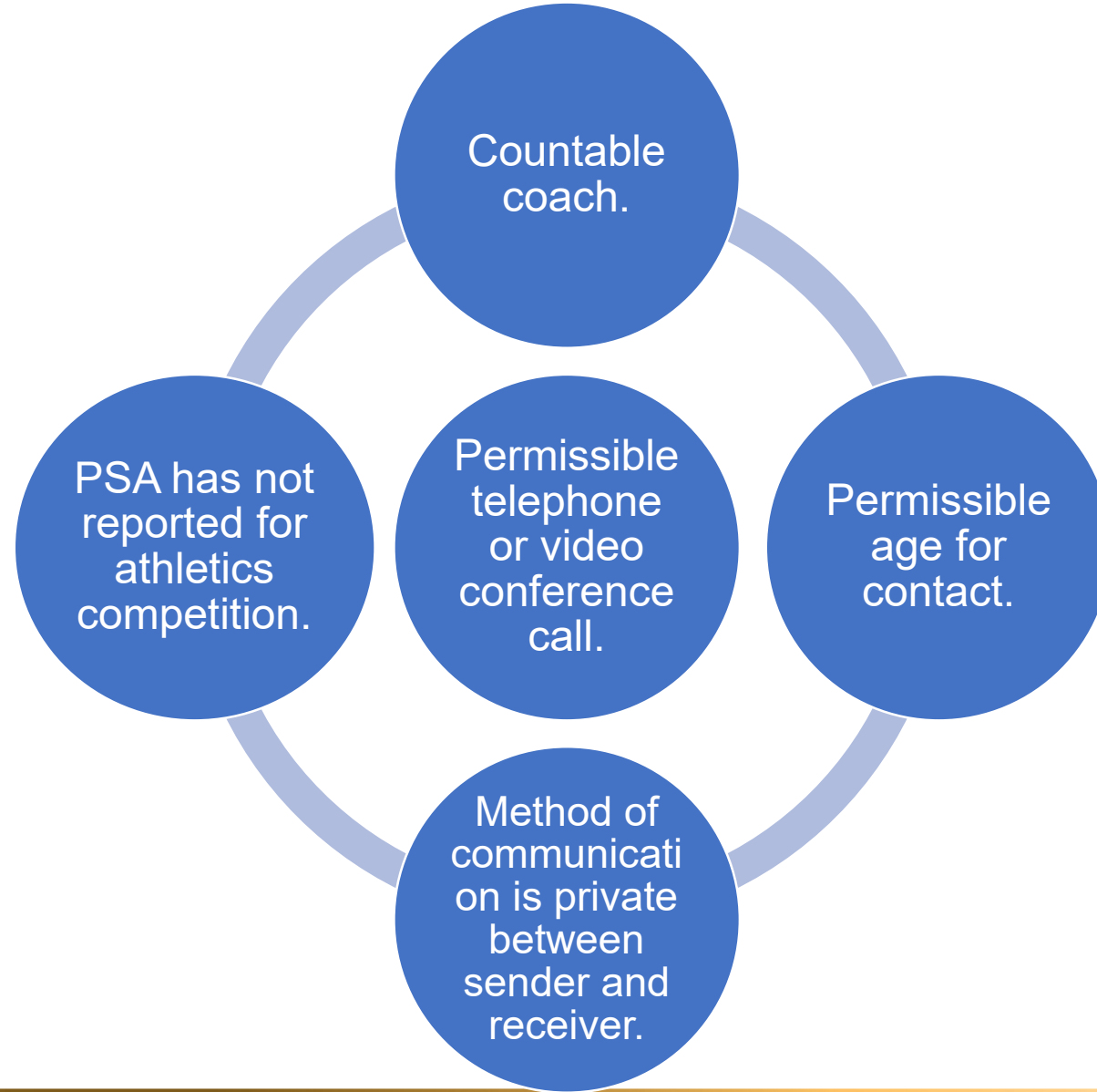
- Reference of PSA's intent to sign with the institution.
 - Nicknames.
 - Location.
- Confirmation of recruitment.
- Enrolled student-athletes.

Recruiting Activity.

- Permit or provide information that would allow a media entity to be present during a contact or evaluation.
- Actions of approval.
- Podcasts and broadcasts.

Publicity after Commitment.





Questions?



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Camps/ Clinics.

- Special emphasis on a sport with specialized instruction (may include practice or competition).
- Activities designed to improve skills and knowledge in the sport.
- Diversified experience without emphasis on instruction, practice or competition in any sport.
- Open to any and all entrants (limited only by number, age, grade level and/or gender).
- Sports specific legislation.

Tryouts.

- PSAs reveal, demonstrate and display their athletics abilities.
 - 7on7 activities;
 - Strength and agility tests; and
 - Pick up basketball games.
- Designed for prospective student-athletes to showcase their athletics skills.
- Not permissible.

Instruction to prospective student-athletes.



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Questions?



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Wearable Technology



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Wearable Technology – When is it Countable Athletically Related Activities?

- Use of wearable technology must be either:
 - Counted within CARA hours (maximum of 20 hours in-season/eight hours out of season); or
 - Voluntary athletically related activities (Bylaw 17.02.19).
 - Not be required to be reported back to a coach or other athletics department staff member by a student-athlete; or
 - Be reported back (recorded) to the coach through the use of the device;
 - Initiated by student-athlete; and
 - No penalties for non-participation.



Common Questions from Institutions and Conference Offices

- If data (e.g., heart rate and steps taken) collected by a wearable fitness device that is related to voluntary athletically related activity is viewed by a countable coach or a noncoaching staff member with sport specific responsibilities, does it trigger countable athletically related activity?
- What if the above information is viewed by an athletic trainer?
- Can a student-athlete report wearable technology data information on Facebook?



Wearable Tech Case Study No. 1

Question:

Is it permissible for an institution's head women's soccer coach to monitor her student-athletes summer conditioning activities using the technology and resources we have as long as these activities are truly voluntary and the request for feedback on their activities is at the student-athlete's request?



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Wearable Tech Case Study No. 1

Answer:

No. The legislation does not permit coaches to engage in countable athletically related activities outside the playing season and the women's soccer coach monitoring summer coaching activities would trigger CARA.



Wearable Tech Case Study No. 2

Fact Scenario:

The softball coach would like the athletic trainer to assist her in suggesting the intensity of the softball player's workouts (e.g. number of sprints for team, distance runs for pitchers, number of swings per workout) based on the data the athletic trainer is gathering from the wearable technology.

Question:

If softball student-athletes were to utilize wearable technology during the summer, could the trainer provide guidance on how strenuous the workout should be?



Wearable Tech Case Study No. 2

Answer:

No. The data must remain private between the SAs and the athletic training staff. While it is permissible for SAs to wear heart rate monitors or other health monitoring devices and have data collected by a member of the medical staff for medical purposes, the results may only be shared with the coach if the coach could permissibly conduct the workout (permissible CARA) or unless there is a specific health and safety issue that is identified during a workout.

Further, the member of the medical staff may not make any tactical or technical recommendations to be implemented by SAs based upon the data.



Wearable Tech Case Study No. 3

Question:

Can a student-athlete report wearable technology data information on Facebook?



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Wearable Tech Case Study No. 3

Answer:

Yes, legislation does not preclude a student-athlete from posting (e.g. taking a picture of a workout notification on an Apple watch, discussing times or distance run) on a public forum such as Facebook for the student-athlete's followers.

However, the institution should keep in mind that this posting may not be at the request of the coaching staff. In order for an activity to be voluntary, there can be no reporting, recording, of the activities to the coaching staff and the institution and its coaching staff may not recognize the student-athlete for participating in these activities or cause any student-athlete who chooses not to participate in these activities to face repercussions for not participating.



Other Considerations

- Is the compliance office monitoring teams' use of wearable technology (e.g. use during CARA and VARA activities)?
- Is the institution allowing third parties (e.g. in apparel contracts) access and use of SA data?
- Does the institution have an approval process for use of student-athlete data by third parties?



Questions?



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Day Off Waivers



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Bylaw 17.1.7.6 (Autonomy)

Note: This legislation only applies to institutions in autonomy conferences and those that have chosen to opt-in to this specific legislation.

- One day off per calendar week.
- Conference and postseason championships (including postseason bowl games, National Invitation Tournament and NCAA championships) are excluded.
- Health and safety activities (ex. rehab) and academic meetings (those with academic counselor and tutoring sessions) may be held on the day off.
- A travel day may not be used unless the team is returning from an away from home competition, the team returns to campus between midnight and 5am, and no required athletically-related activities occur for a continuous 2-hours after the team is released following the return to campus.



Other Exceptions

Other exceptions include:

- **Bylaw 17.1.7.4.8 Exception -- Three Contests in Seven-Day Period.** If an institution's team participates in three contests or dates of competition in a seven-day period, an institution is not subject to the one-day-off-per-week requirement, provided the student-athletes do not engage in any countable athletically related activities for two days during either the preceding or the following week.
- **Bylaw 17.1.7.6.1.2 Exception -- Travel To or From Hawaii or Alaska.** An institution may use an athletically related travel day to or from Hawaii or Alaska as a day off.
- **Bylaw 17.1.7.6.2 Canceled Competition.** When an institution's competition is canceled prior to the start of competition or canceled prior to the competition being considered a completed event in accordance with the playing rules of that sport, an institution may use that day as its required day off, provided the institution does not engage in any further required athletically related activities during that day.



Waivers

Previously Approved Waiver

Bylaw 17.1.7.6 [A]: Required day off while away from campus for seven or more days.

Waivers have a high bar for approval. The institution should include information that demonstrates:

- A health or safety concern and/or;
- Forces that were beyond an institution's control and could not have been anticipated (e.g. extreme weather circumstances); and
- Provide a detailed plan of how the student-athletes will be made whole for time off that is not provided during the period requested in the waiver.



Questions?



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