

# Division I Women's Lacrosse



## Aug. 1, 2025-July 31, 2026

Aug. 1-14, 2025	RECRUITING SHUTDOWN
Aug. 15-27	QUIET PERIOD
Aug. 28 through Sept. 3	DEAD PERIOD
Sept. 4 through Nov. 30, except as noted below:	CONTACT PERIOD (See Bylaw 13.1.7.3.1)
<ul style="list-style-type: none"> <li>• Nov. 7-9, 14-16 and 21-23 (5 p.m. Friday-Sunday)</li> </ul> <p>The evaluation period begins immediately following the adjournment of the Intercollegiate Women's Lacrosse Coaches Association Convention.</p>	EVALUATION PERIOD
<ul style="list-style-type: none"> <li>• Nov. 10-13</li> <li>• The official first day of the Intercollegiate Women's Lacrosse Coaches Association Convention through the adjournment of the convention.</li> </ul>	DEAD PERIOD
<ul style="list-style-type: none"> <li>• Nov. 25-30</li> </ul>	RECRUITING SHUTDOWN
Dec. 1-30, except as noted below:	CONTACT PERIOD (See Bylaw 13.1.7.3.1)
<ul style="list-style-type: none"> <li>• Dec. 22-26</li> </ul>	RECRUITING SHUTDOWN
Dec. 31 through Jan. 2, 2026	RECRUITING SHUTDOWN

## Recruiting periods defined

### QUIET PERIOD

A quiet period is that period of time when it is permissible to make in-person recruiting contacts only on the member institution's campus. No in-person, off-campus recruiting contacts or evaluations may be made during the quiet period.

### DEAD PERIOD

A dead period is that period of time when it is not permissible to make in-person recruiting contacts or evaluations on or off the member institution's campus or to permit official or unofficial visits by prospective student-athletes to the institution's campus.

### EVALUATION PERIOD

An evaluation period is that period of time when it is permissible for authorized athletics department staff members to be involved in off-campus activities designed to assess the academic qualifications and playing ability of prospective student-athletes. No in-person, off-campus recruiting contacts shall be made with the prospective student-athlete during an evaluation period.

### CONTACT PERIOD

A contact period is that period of time when it is permissible for authorized athletics department staff members to make in-person, off-campus recruiting contacts and evaluations.

### RECRUITING SHUTDOWN

A recruiting shutdown is a period of time when no form of recruiting (e.g., contacts, evaluations, official or unofficial visits, correspondence or making or receiving telephone calls) is permissible.

# Division I Women's Lacrosse



## Aug. 1, 2025-July 31, 2026

Jan. 3 through May 21

**CONTACT PERIOD**  
(See Bylaw 13.1.7.3.1)

May 22-24, except as noted below:

**DEAD PERIOD**

- One event conducted during the weekend of the Women's Lacrosse Championship, provided it is conducted within a 100-mile radius of the site of the championship. (Note: Coaches may not attend the event two hours before through two hours after the semifinals competition and two hours before through two hours after the final game.)

**EVALUATION PERIOD**

May 25 through June 11

**CONTACT PERIOD**  
(See Bylaw 13.1.7.3.1)

June 12 through July 31, except as noted below:

**EVALUATION PERIOD**

- July 2-6

**DEAD PERIOD**

## Recruiting periods defined

### QUIET PERIOD

A quiet period is that period of time when it is permissible to make in-person recruiting contacts only on the member institution's campus. No in-person, off-campus recruiting contacts or evaluations may be made during the quiet period.

### DEAD PERIOD

A dead period is that period of time when it is not permissible to make in-person recruiting contacts or evaluations on or off the member institution's campus or to permit official or unofficial visits by prospective student-athletes to the institution's campus.

### EVALUATION PERIOD

An evaluation period is that period of time when it is permissible for authorized athletics department staff members to be involved in off-campus activities designed to assess the academic qualifications and playing ability of prospective student-athletes. No in-person, off-campus recruiting contacts shall be made with the prospective student-athlete during an evaluation period.

### CONTACT PERIOD

A contact period is that period of time when it is permissible for authorized athletics department staff members to make in-person, off-campus recruiting contacts and evaluations.

### RECRUITING SHUTDOWN

A recruiting shutdown is a period of time when no form of recruiting (e.g., contacts, evaluations, official or unofficial visits, correspondence or making or receiving telephone calls) is permissible.

# Division I Women's Lacrosse



QUIET PERIOD
DEAD PERIOD
CONTACT PERIOD  
EVALUATION PERIOD
RECRUITING SHUTDOWN

## AUG 2025

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## SEP

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

## OCT

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## NOV

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## DEC

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## JAN 2026

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## FEB

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

## MAR

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## APR

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

## MAY

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## JUN

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

## JUL

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

➤ Indicates evaluation period begins at 5 p.m.