**Aug. 1, 2024–July 31, 2025**

**Aug. 1-31, 2024, except as noted below:**

- Forty-eight hours before a home contest (on the institution’s campus or in a facility normally used for its home games) that occurs in August or on Sept. 1 or 2 through 48 hours after the conclusion of the contest.

**Sept. 1 through Dec. 1**
- Thirty-three (42 for U.S. service academies) evaluation days during the fall evaluation period.

**Dec. 2-8**

**Dec. 9-22**

**Dec. 23 through Jan. 5, 2025, except as noted below:**

- Jan. 1-5, 2025
  - Quiet period for two- and four-year college transfer prospective student-athletes who intend to enroll midyear.

**Jan. 6 through Feb. 1, except as noted below:**

- Jan. 12
  - Quiet period

- Jan. 13-15
  - Dead period

**Feb. 2**

**Recruiting periods defined**

**QUIET PERIOD**

A quiet period is that period of time when it is permissible to make in-person recruiting contacts only on the member institution’s campus. No in-person, off-campus recruiting contacts or evaluations may be made during the quiet period.

**DEAD PERIOD**

A dead period is that period of time when it is not permissible to make in-person recruiting contacts or evaluations on or off the member institution’s campus or to permit official or unofficial visits by prospective student-athletes to the institution’s campus.

**EVALUATION PERIOD**

An evaluation period is that period of time when it is permissible for authorized athletics department staff members to be involved in off-campus activities designed to assess the academic qualifications and playing ability of prospective student-athletes. No in-person, off-campus recruiting contacts shall be made with the prospective student-athlete during an evaluation period.

**CONTACT PERIOD**

A contact period is that period of time when it is permissible for authorized athletics department staff members to make in-person, off-campus recruiting contacts and evaluations.
2024-25 NCAA RECRUITING CALENDAR

Division I Football Bowl Subdivision

Aug. 1, 2024–July 31, 2025

Feb. 3 through March 2
- For National Service Academies, Feb. 7 through March 2 shall be a quiet period.

March 3 through April 14

April 15 through May 24
- One hundred forty (180 for U.S. service academies) recruiting-person days during the spring contact period.

May 25-28

May 29 through June 22

June 23 through July 31

Recruiting periods defined

QUIET PERIOD
A quiet period is that period of time when it is permissible to make in-person recruiting contacts only on the member institution’s campus. No in-person, off-campus recruiting contacts or evaluations may be made during the quiet period.

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## 2024-25 NCAA Recruiting Calendar

### Division I Football

#### Bowl Subdivision

<table>
<thead>
<tr>
<th>Month</th>
<th>Quiet Period</th>
<th>Dead Period</th>
<th>Evaluation Period</th>
<th>Contact Period</th>
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