NCAA Division I Cross Country/Track and Field Recruiting Calendar

August 1, 2019, through July 31, 2020

(See NCAA Division I Bylaw 13.17.10 for Cross Country/Track and Field Calendar Formula)

(a) August 1-21, 2019: Evaluation Period

(b) August 22 through December 8, 2019 [except (1) and (2) below]: Contact Period

   (1) November 11-14, 2019: Dead Period

   (2) November 23, 2019: Dead Period

(c) December 9, 2019, through January 1, 2020: Dead Period

(d) January 2 through July 31, 2020 [except for (1) and (2) below]: Contact Period

   (1) March 13-14, 2020: Dead Period

   (2) June 10-13, 2020: Dead Period
A quiet period is that period of time when it is permissible to make in-person recruiting contacts only on the member institution's campus. No in-person, off-campus recruiting contacts or evaluations may be made during the quiet period.

A dead period is that period of time when it is not permissible to make in-person recruiting contacts or evaluations on or off the member institution's campus or to permit official or unofficial visits by prospective student-athletes to the institution's campus.

An evaluation period is that period of time when it is permissible for authorized athletics department staff members to be involved in off-campus activities designed to assess the academic qualifications and playing ability of prospective student-athletes. No in-person, off-campus recruiting contacts shall be made with the prospective student-athlete during an evaluation period.

A contact period is that period of time when it is permissible for authorized athletics department staff members to make in-person, off-campus recruiting contacts and evaluations.