

Division II Activities Summer 2020

Please note, the following chart and list of permissible activities is only applicable to summer 2020 due to relief provided as a result of COVID-19 by the Division II Administrative Committee. This list is not exhaustive and is meant to assist in the application of the legislation and blanket waivers issued in spring 2020. Please consult LSDBi and the COVID-19 Question and Answer Guide for additional information.

Type of Activity	Committed# Prospective Student-Athletes	Team Sport Student-Athletes	Individual Sport Student-Athletes
Voluntary* activities or workouts at institutional facilities.	Yes. (NCAA Bylaw 13.2.9)	Yes. (Bylaw 17.02.17)	Yes. (Bylaw 17.02.17)
Voluntary* physical workouts or skill instruction with sport-specific coaching staff.	No.	Yes. (Division II Proposal No. NC-2021-14)	Yes. (See sport-specific legislation in Bylaw 17)
Voluntary* workouts monitored by strength and conditioning coach for all sports.	Yes. (Bylaw 13.2.9 and 12/16/08 official interpretation Item Ref 7)	Yes. (Bylaw 17.02.14)	Yes. (Bylaw 17.02.14)
Voluntary* workouts designed and conducted by strength and conditioning coach for fall championship sports.	Yes. (Bylaw 13.2.9 and 12/16/08 official interpretation Item Ref 7)	Yes. (Bylaw 17.1.6.3.5.1)	Yes. (Bylaw 17.1.6.3.5.1)
Voluntary* workouts designed and conducted by strength and conditioning coach for winter and spring championship sports.	No.	No.	No.
Voluntary* team meetings that do not include countable athletically related activities (CARA) (e.g., team discussions on mental health, check-ins on well-being).	Yes. (Blanket waiver issued 4/15/20)	Yes. (Proposal No. NC- 2021-14)	Yes. (See sport-specific legislation in Bylaw 17)
Team meetings that include CARA.	No.	No.	No.
Film review.	No.	Yes.* (Proposal No. NC- 2021-14)	Yes.* (See sport-specific legislation in Bylaw 17)
Full team practice scheduled by coaching staff.	No.	No.	No.
Voluntary team entertainment activities that do not include physical components at the direction of a coaching staff member.	Yes. (Blanket waiver issued 5/13/20)	Yes. (Blanket waiver issued 5/13/20)	Yes. (Blanket waiver issued 5/13/20)
Voluntary team entertainment activities that include physical components.	No.	No.^	No.^

*At the request of the student-athlete(s). It is permissible for multiple individuals to participate in these activities at a time, provided each individual makes the request.

Prospective student-athlete has signed a National Letter of Intent or written offer of admission and/or financial aid or the institution has received his or her financial deposit in response to its offer of admission.

^ Team entertainment activities that include physical components are permissible for current student-athletes if the activities are organized by the student-athletes. Coaching staff members may not be involved.