NCAA Division I Education Resource

Recruiting Essentials: Contacts and Evaluations

OFF-CAMPUS RECRUITING OPPORTUNITIES

Any activity designed to assess the academic and athletic qualifications of a prospect.



CONTACTS

A face-to-face encounter in excess of an exchange of a greeting, including when a staff member takes a position where contact is possible.



EVALUATIONS

Any off-campus activity designed to assess the academic qualifications or athletics ability of a prospect, including any visit to a prospect's school.

SPORT	ANNUAL RECRUITING OPPORTUNITIES (CONTACTS AND EVALUATIONS COMBINED)	ADDITIONAL RESTRICTIONS
Men's Basketball	Seven (Sept. 1-May 31)	Contact may only occur at a prospect's school during their junior year.
Women's Basketball	Seven (Aug. 1-May 31) Contact may only occur at a prospect's school or home.	
Football	Two per contact period (Does not include fall evaluation period)	Junior Year • One visit at the prospect's school, one at any location. Senior Year • Two per contact period.
All Other Sports	Seven (Sept. 1-May 31)	Maximum of three contacts. In lacrosse, contacts may only occur at a prospect's school or home.

^{*}For information regarding the first permissible date to contact a prospect, refer to the Recruiting 101 educational document.



SPORT	DAY LIMITS	ADDITIONAL SPORT-SPECIFIC RESTRICTIONS
Men's Basketball	100 recruiting person days (Sept. 1-April 30)	ACADEMIC YEAR CONTACT PERIOD (Sept. 1-April 30) Regularly scheduled scholastic practice and competition. Regular scholastic activities involving PSAs at their school. Regularly scheduled international scholastic or nonscholastic practice and competition. MAY EVALUATION PERIOD Only nonscholastic events certified by the NCAA. JUNE EVALUATION PERIODS Scholastic and intercollegiate events that: Are approved by the NFSHSA, NCAA or applicable two-year college governing body. Organized and conducted exclusively by the applicable high school or two-year college athletics or coaches association. Occur at any location other than an NCAA Division I institution. Two days of the NBPA Top 100 Camp. JULY EVALUATION PERIODS Institutional basketball camps. Events certified by the NCAA. Events approved and conducted by an applicable state, national or international governing body not organized for recruiting.
Women's Basketball	MONTHS OTHER THAN JUNE OR JULY Regularly scheduled scholastic practice and competition. Regular scholastic activities involving PSAs at their school International scholastic or nonscholastic practice and competition. APRIL/MAY EVALUATION PERIODS Events certified by the NCAA. JUNE Scholastic and intercollegiate events that: Are approved by the NFSHSA, NCAA or applicable two-year governing body. Are organized and conducted exclusively by the applicable hit two-year college athletics or coaches association. Occur at any location other than an NCAA DI institution. JULY Institutional basketball camps. Events certified by the NCAA. Events approved and conducted by an applicable state, natio international governing body not organized for recruiting.	

SPORT	DAY LIMITS	ADDITIONAL SPORT-SPECIFIC RESTRICTIONS
Football	Fall evaluation days: 33 (42 for service academies) Spring recruiting person days: 140 (180 for service academies)	FALL EVALUATION PERIOD Only one evaluation per prospect each year. FBS Regularly scheduled scholastic practice and competition. Regular scholastic activities involving PSAs at their school. Events organized and conducted exclusively by the applicable high school or two-year college athletics association. FCS Scholastic or nonscholastic athletics activities, provided there is no institutional involvement in arranging the activity.
Women's Lacrosse	None	DURING CONTACT PERIODS • Regularly scheduled scholastic practice and competition. • Regular scholastic activities involving PSAs at their school.
All Other Sports	Men's Golf 45 evaluation days Women's Golf 55 evaluation days Women's Volleyball 80 evaluation days Women's Beach Volleyball 50 evaluation days	WOMEN'S VOLLEYBALL Involvement outside the contact or evaluation period with a local sports club counts toward the evaluation days limit. Involvement with noninstitutional camps or clinics outside a 50-mile radius of the institution counts toward the evaluation days limit. WOMEN'S BEACH VOLLEYBALL Involvement outside the contact or evaluation period with a local sports club counts toward the evaluation days limit.