



**REPORT OF THE
NCAA COMMITTEE ON COMPETITIVE SAFEGAURDS AND MEDICAL
ASPECTS OF SPORTS
SEPTEMBER 19, 2018, TELECONFERENCE**

ACTION ITEMS.

- None.

INFORMATIONAL ITEMS.

- 1. Approval of report from June 13-14, 2018, meeting.** The committee approved the report of its June 2018 meeting.
- 2. Update on white paper to address issues related to visiting team health care.** The committee received an update on the progress of a white paper recommended by the CSMAS ad hoc working group to address issues related to the provision of athletic health care services to visiting teams when they travel without a primary athletics health care provider. In June, the CSMAS ad hoc working group recommended, and the committee endorsed, the development of a white paper. An initial draft of the white paper has been completed and will be reviewed by the ad hoc working group and appropriate NCAA staff. CSMAS will receive a final draft at its December meeting for review and approval.
- 3. Standing Review Committee recommendations on interassociation catastrophic injury document.** In June 2018, the committee charged the standing review subcommittee to develop recommendations on the interassociation document on the prevention of catastrophic injury. Over the summer, the document was reviewed by the membership in all three divisions, including the NCAA Division I Strategic Vision and Planning Committee and the NCAA Divisions II and III Management Councils and Presidents Councils. Membership feedback was reviewed by the subcommittee and incorporated into the document, as appropriate. The subcommittee recommended a package of edits to the full committee that were based on its own review, as well as the collective input of the membership. The committee accepted the recommended package of edits. SSI staff will amend the document to reflect those edits, and then pending NCAA Board of Governors' approval in October, the document will undergo external review by partner organizations present at the 2016 Safety and College Football Summit until February 2019. Final consideration by the committee and the Board of Governors will occur in March and April of 2019.
- 4. Review and approval of 2018 Division I Institutional Performance Program health and safety survey.** CSMAS has oversight of the Division I Institutional Performance Program Health and Safety Survey, which was distributed for the first time in November 2017. CSMAS annually approves the survey, which will be distributed in late November 2018. The committee was provided with a package of recommended changes to the survey, which it approved, along with several additional recommendations aimed at clarifying terminology and reducing confusion. SSI staff will make the edits ahead of survey distribution in November.

5. Legislative proposals.

- a. Division I. The committee received an update on upcoming Division I legislative proposals. Division I proposals are due November 1, and CSMAS will have an opportunity to review the proposals during its December meeting.
- b. Division II. The Division II Presidents Council and Management Council referred the following membership proposals to CSMAS for review. The committee took the following positions on the proposals:
 - (1) Proposal No. 2-5 (1-2) Eligibility -- Outside Competition, Effects on Eligibility -- Competition as Individual/Not Representing Institution -- Exception -- Medical Services. The committee took no position on this proposal.
 - (2) Proposal No. 2-8 (1-3) Playing and Practice Seasons -- General Playing-Season Regulations -- Time Limits for Athletically Related Activities -- Weekly Hour Limitations -- Outside of Playing Season -- Sports other than Football -- Four hours of Team Activities. The committee took no position on this proposal.
 - (3) Proposal No. 2-9 (1-4) Playing and Practice Seasons -- Football -- Out-of-Season Athletically Related Activities -- Spring Practices -- 36-Consecutive Calendar Days. The committee took no position on this proposal.
- c. Division III.
 - (1) Playing and Practice Seasons -- Field Hockey and Soccer Preseason -- Establishing a Three-Day Acclimatization Period. The committee opposed this proposal. The proposal is in conflict with existing legislation and interassociation recommendations that define the acclimatization period as five days. The health and safety benefits of a three-day acclimatization period also are not supported by scientific literature.
 - (2) Playing and Practice Seasons -- Football -- Establishing Preseason Start Date 23 Days Before the Institution's First Permissible Contest. The committee had no comment on this proposal.

6. Informational updates.

Due to timing of the meeting, the committee received the following informational updates via email following the teleconference.

- a. Update on drug testing penalty. During its June 2018 meeting, the committee approved a recommendation to change existing bylaws that legislate penalties for student-athletes that

test positive for NCAA banned drugs (other than illicit drugs). The intent behind the recommendation is to create consistency in the application of the penalty so that student-athletes who incur a violation receive the same penalty regardless of whether the violation occurs in-season or out-of-season. Staff will prepare a draft of the updated legislation as well as a draft educational column (to include various scenarios) for the committee to review during its December meeting.

- b. Update on December 2017 CSMAS legislative recommendations. In December 2017, the committee recommended legislative action to align NCAA banned drug classes with the World Anti-Doping Agency list of prohibited classes, with the exception of the glucocorticoid class. Each of the three divisions will act on the recommendation during this legislative cycle. Specifically, Divisions II and III are scheduled to approve the recommendation as noncontroversial in October. Division I will review the recommendation and may act on the proposal in either October or January. Finally, the proposal will have an August 1, 2019, effective date in all three divisions.
- c. NCAA Summit on Pain Management in the Collegiate Athlete update. On July 10-11, 2018, the SSI hosted the NCAA Summit on Pain Management in College Athletes in Indianapolis. Divisions I, II and III administrators, sports medicine staff and student-athletes – as well as pain management experts and researchers – attended the summit. The purpose of the summit was: (1) to review consensus- and evidence-based strategies on pain management in elite college athletes; (2) to present original data on pain management trends in college athletes; (3) to present Department of Defense perspectives and strategies on pain management in the military; and (4) to develop consensus-based foundational statements that will serve as a springboard for a peer-reviewed publication and educational tools. During the summit, the attendees reviewed and approved for further consideration 36 foundational statements. These statements will be voted on and prioritized this fall through a consensus-building process which will inform the development of educational resources related to pain management. Membership engagement is expected to take place in spring 2019, with final materials being released fall 2019.
- d. Request for volunteers for appeals committee panel. Due to an increase in NCAA drug-testing appeals, the SSI staff is requesting additional volunteers to represent CSMAS on appeal calls. Appeal calls are initiated by an institution on behalf of a student-athlete that has tested positive for a banned substance during year-round or championship NCAA drug testing. The calls are scheduled by the Drug Free Sport staff and typically begin Tuesday, Wednesday or Thursday at 4 or 5 p.m. Eastern Time. Committee members are not required to participate in all calls and may participate in only those calls that best fit their schedules. Committee members interested in participating on the drug appeal panel should email LaGwyn Durden.

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Committee Chair: Doug Ramos, Creighton University, Big East Conference
Staff Liaisons: Dawn Buth, NCAA
John Parsons, NCAA
Anne Rohlman, NCAA

Committee on Competitive Safeguards and Medical Aspects of Sports September 19, 2018, Teleconference
Attendees:
Shawn Arent, Rutgers, The State University of New Jersey, New Brunswick.
Stevie Baker-Watson, DePauw University.
Randy Bird, University of Virginia.
Stephanie Chu, University of Colorado, Boulder
Jeffrey Dugas, Troy University.
Dave Eavenson, Methodist University.
Joshua Ellow, Swarthmore College.
R.T. Floyd, University of West Alabama.
Aja Grant, Winston-Salem State University.
Samantha Kastner, Notre Dame of Maryland University.
Jessica Mohler, U.S. Naval Academy.
Steve Murray, Pennsylvania State Athletic Conference.
Douglas Ramos, Creighton University.
Enna Selmanovic, University of Cincinnati.
Mark Stovak, University of Nevada, Reno.
Buddy Teevens, Dartmouth College.
Kim Terrell, University of Oregon.
Jeffrey Williams, East Central University.
Absentees:
Grace Calhoun, University of Pennsylvania.
Bob Colgate, National Federation of State High School Associations.
Joseph Hannant, University of North Carolina, Pembroke.
Gabe Feldman, Tulane University.
Maureen White, U.S. Merchant Marine Academy.
Guests in Attendance:
None.
NCAA Staff Liaisons in Attendance:
Dawn Buth, John Parsons and Anne Rohlman.

Other NCAA Staff Members in Attendance:
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Laura Arnett, Brian Burnsed, Jackie Campbell, Amanda Dickey, LaGwyn Durden, Brian Hainline, Cassie Langdon, Jeff Myers, Jared Tidemann and Karen Wolf.
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