



**REPORT OF THE
NCAA COMMITTEE ON COMPETITIVE SAFEGUARDS AND MEDICAL
ASPECTS OF SPORTS
MARCH 20, 2019, TELECONFERENCE**

ACTION ITEMS.

1. Legislative items.

- **Noncontroversial Legislation - NCAA Bylaw 16.4 - Awards and Benefits - Medical Services - Mental Health Services and Resources - Division II and Division III.**

(1) Recommendation. Recommend NCAA Division II and Division III Management Councils adopt noncontroversial legislation to require that an institution shall make mental health services and resources available to its student-athletes. Such services and resources may be provided by the department of athletics and/or the institution's health services or counseling services department. Provision of services and resources should be consistent with the Interassociation Consensus: Mental Health Best Practices. In addition, an institution must distribute mental health educational materials and resources to student-athletes, including those transitioning out of their sport, coaches, athletics administrators and other athletics personnel throughout the year. Such educational materials and resources must include a guide to the mental health services and resources available at the institution and information regarding how to access them.

(2) Effective date. August 1, 2019.

(3) Rationale. The NCAA Committee on Competitive Safeguards and Medical Aspects of Sports acknowledges the legislative action taken by the autonomy conferences in Division I; however, it notes that mental health is an issue that impacts student-athletes across all divisions. Therefore, the committee recommends that Divisions II and III act to ensure mental health services and resources are available to all student-athletes, regardless of division. Further, the proposal permits such services and resources to be made available through the institution's health services or counseling department, which mitigates additional financial or resource burden within the athletics department.

(4) Estimated budget impact. Will vary depending on existing mental health services and resources.

(5) Student-athlete impact. A commitment to provide mental health services and resources, as well as educational materials and information regarding how to access them, will ensure student-athletes are informed of the support their institutions offer regarding the unique pressures and difficulties they face as student-athletes.

2. Nonlegislative items.

a. NCAA Division I Process to Identify and Act on Autonomy Health and Safety/Wellness Legislation for Nonautonomy Conferences - Mental Health Services and Resources.

(1) Recommendation. The Committee respectfully recommends that the NCAA Division I Strategic Vision and Planning Committee recommend the NCAA Division I Council to review Autonomy Proposal No. 2018-118 (mental health services and resources) and consider a recommendation to the NCAA Division I Board of Directors to adopt the legislation for the 27 nonautonomy conferences.

(2) Effective date. April 2019.

(3) Rationale. The NCAA Committee on Competitive Safeguards and Medical Aspects of Sports acknowledges the legislative action taken by the autonomy conferences in Division I; however, it notes that mental health is an issue that impacts student-athletes across all of Division I. Therefore, the committee recommends that Division I act to ensure mental health services and resources are available to all student-athletes, regardless of subdivision. Finally, this recommendation supports the committee's recommendation that the provisions of the autonomy mental health legislation should be made available to all three divisions.

(4) Estimated budget impact. Should the Division I Board of Directors adopt the legislation for the 27 nonautonomy conferences, the impact will vary depending on existing mental health services and resources.

(5) Student-athlete impact. A commitment to provide mental health services and resources, as well as educational materials and information regarding how to access them, will ensure student-athletes are informed of the support their institutions offer regarding the unique pressures and difficulties they face as student-athletes.

b. Uniform Standards of Care - NCAA Interassociation Recommendations: Preventing Catastrophic Injury and Death in College Student-Athletes.

(1) Recommendation. The committee asks the NCAA Board of Governors to review the Interassociation Recommendations: Preventing Catastrophic Injury and Death in College Student-Athletes and consider adopting them as Association-wide policy.

(2) Effective date. May 2019

- (3) Rationale. Under the Uniform Standard of Care procedures, the committee has overseen a lengthy process of membership and external organizational review, resulting in a document endorsed by 13 external scientific and medical organizations. Board of Governors review is the last step in those procedures.
- (4) Estimated budget impact. The impact will vary depending on existing campus-based services and resources.
- (5) Student-athlete impact. These recommendations are intended to assist the membership in implementing policies and procedures aimed at decreasing the probability of catastrophic injury and death in student-athletes.

INFORMATIONAL ITEMS.

1. **Approval of report of December 10-11, 2018, meeting.** The committee approved the report of its December 2018 meeting.
2. **NCAA Interassociation Recommendations: Preventing Catastrophic Injury and Death in College Student-Athletes document.** See Action Item 2b. The committee reviewed and accepted a recommended package of edits on the NCAA Interassociation Recommendations: Preventing Catastrophic Injury and Death in College Student-Athletes document, as provided by the NCAA Committee on Competitive Safeguards and Medical Aspects of Sports Review Subcommittee. Specifically, the subcommittee reviewed feedback provided by external organizations and created a package of edits for the committee's consideration. The committee accepted the package of edits and endorsed the final document. In its endorsement of the document, the committee noted the endorsement or affirmation of value from 13 external scientific and medical organizations and thorough feedback received from the NCAA membership through the Uniform Standards of Care process. The final, endorsed document will be presented to the NCAA Board of Governors in April.
3. **Drug-testing penalty for banned drug classes other than illicit drugs --impact on Division III and use of postseason contents to satisfy penalty.** The committee discussed two issues related to drug-testing penalties:
 - a. Impact of drug testing penalty recommendation on Division III. The committee reviewed its recommended changes to the drug-testing penalty for banned drug classes other than illicit drugs to consider the impact on Division III student-athletes. In December 2019, the committee recommended clarification of the drug-testing penalty for banned drug classes other than illicit drugs to all three Divisions to limit inconsistent application of the legislation for transfer scenarios and for student-athletes that test

- positive during the playing season. In January 2019, the NCAA Division III Management Council reviewed the recommendation, noted several issues related to Division III and elected not to move the recommendation. The committee discussed the issues noted by the Division III Management Council, including timing of testing (only championship testing occurs in Division III), scheduling concerns and season of competition legislation in Division III. After review, the committee agreed that a change to the drug-testing penalty for banned drug classes other than illicit drugs is not necessary in Division III. As the Division III Management Council did not move the committee's original recommendation, no additional action was necessary.
- b. Use of postseason contests to satisfy penalty. The committee confirmed that postseason contests may be used to satisfy a drug-testing penalty. Specifically, the committee updated language in the educational column it recommended accompany its drug-testing penalty recommendation from December 2018. The committee noted that this outcome ensures consistency in application for all drug-testing penalties, aligns with current guidance provided to the membership, maintains the intent of the drug-testing penalty and would best support the student-athlete experience.
4. **Update on athletic team travel without primary athletic health care providers - whitepaper.** The committee received an update on the progress of a white paper recommended by the CSMAS ad hoc working group to address the issues related to the provision of athletic health care services to visiting teams when they travel without a primary athletics health care provider. The issue will be discussed with the Board of Governors during its April 2019 meeting. Results of that discussion will inform the completion of the document.
5. **CSMAS election update.** The committee reviewed its election policy. At the June 2019 meeting, the committee will elect a new vice-chair. Staff will release a timeline and nominating and election procedures by mid-April.

Committee Chair: Doug Ramos, Creighton University, Big East Conference
Staff Liaisons: John Parsons, NCAA Sport Science Institute
Anne Rohlman, NCAA Academic and Membership Affairs
Jessica Wagner, NCAA Sport Science Institute

Committee on Competitive Safeguards and Medical Aspects of Sports March 20, 2019, Teleconference
Attendees:
Shawn Arent, Rutgers, The State University of New Jersey, New Brunswick.
Stevie Baker-Watson, DePauw University.

Randy Bird, University of Virginia.
John Chandler, Coe College.
Stephanie Chu, University of Colorado, Boulder.
Jeff Dugas, Troy University.
Joshua Ellow, Swarthmore College.
Dave Eavenson, USA South Athletic Association.
Gabe Feldman, Tulane University.
R.T. Floyd, University of West Alabama.
Samantha Kastner, Bloomfield College.
Jessica Mohler, U.S. Naval Academy.
Steve Murray, Pennsylvania State Athletic Conference.
Doug Ramos, Creighton University.
Enna Selmanovic, University of Cincinnati.
LaRee Sugg, University of Richmond.
Buddy Teevens, Dartmouth College.
Kim Terrell, University of Oregon.
Mark Stovak, University of Nevada, Reno.
Mo White, U.S. Merchant Marine Academy.
Jeff Williams, East Central University.
Mariah Wysocki, Bloomfield College.
Absentees:
Samantha Kastner, Bloomfield College.
Guests in Attendance:
None
NCAA Staff Liaison in Attendance:
John Parson, Anne Rohlman and Jessica Wagner.
Other NCAA Staff Members in Attendance:
Amanda Dickey, LaGwyn Durden, Kimberly Shea and Jared Tidemann.