



**REPORT OF THE  
NCAA COMMITTEE ON COMPETITIVE SAFEGUARDS  
AND MEDICAL ASPECTS OF SPORTS  
JUNE 21-22, MEETING**

ACTION ITEMS.

**1. Legislative items.**

- **NCAA Division I Bylaw 20.2.4.2.1 -- Concussion Safety Protocol – Eliminate Submission Requirement.**
  - (1) Recommendation. That the Division I Board of Directors (or appropriate governance body and/or process) adopt legislation to eliminate the requirement that a Division I autonomy institution shall (and a non-autonomy institution may) submit its Concussion Safety Protocol to the Concussion Safety Protocol Committee for review each year; and to eliminate the corresponding role and responsibility of the Concussion Safety Protocol Review Committee.
  - (2) Effective date. Immediate.
  - (3) Rationale. Since the adoption of this legislation, a variety of resources (e.g., Concussion Safety Protocol Checklist, Concussion Safety Protocol Template) have been developed to assist schools in creating, maintaining and evaluating their concussion safety protocols. With these resources, Division I school have access to all the tools and education necessary to comply with applicable concussion protocol management legislation such that the annual protocol submission process is not necessary to mitigate concussion-related risk to student-athletes. This has been formally recognized in Divisions II and III, where schools already rely on existing tools in lieu of a submission process. Based on this rationale and in light of COVID-related impacts on institutional resources, waivers of the legislative requirement were granted for academic years 2020-21, 2021-22 and 2022-23. Rather than continuing to extend previous waivers of the submission process, the Division should act to formally remove the legislated requirement.
  - (4) Estimated budget impact. Anticipated reduction in costs historically associated with administering the NCAA Concussion Safety Protocol Review Committee.
  - (5) Student-athlete impact. None.

**2. Nonlegislative items.**

- None.

INFORMATIONAL ITEMS.

1. **Approval of meeting report.** The CSMAS approved its February 22-23, 2022, videoconference report.
2. **COVID-19 and infection control update.** The CSMAS received an operational update about the work of the NCAA COVID-19 Medical Advisory Group, including a review of the [Infection Control in Sport](#) document.
3. **Legislative update.** The CSMAS received an update on relevant legislation (e.g., legislation sponsored by or developed with input from the committee, or legislation on which the committee previously provided feedback). Specifically, all three divisions adopted legislation recommended by the CSMAS at its February 2022 meeting to revise the drug-testing penalty for cannabinoids. Further, final action on CSMAS' recommendation to increase the size and amend the composition of the committee is expected later this summer.
4. **Governance updates.** The CSMAS received a governance update from each of the divisions.
5. **Litigation updates.** The CSMAS received a briefing on ongoing litigation relevant to its work.
6. **Membership responsibilities and strategic priorities for student-athlete health and safety.** The CSMAS began a review of the membership's nine health and safety strategic priorities in response to Association responsibilities outlined in the new NCAA Constitution. The CSMAS referred the continued review to its NCAA Committee on Competitive Safeguards and Medical Aspects of Sports Administrative Subcommittee. The CSMAS directed the AdCom, in collaboration with the membership, to explore options to align the priorities with the Association's commitment to student-athlete physical and mental health, safety and performance as described in the new constitution. The CSMAS noted the opportunity to explore organizing the priorities around functional areas (e.g., physical health) rather than specific health topics (e.g., cardiac).

Additionally, the CSMAS approved standardizing a process to identify and maintain evidence and consensus-based health, safety and performance guidance when requested by relevant committees or the membership. The CSMAS noted that it should leverage previous examples of advisory group processes (e.g., Mental Health Advisory Group) as it standardizes this work.

7. **National Federation of State High School Associations Sports Medicine Advisory Committee.** The CSMAS received an update about the National Federation of State High School Associations' Sports Medicine Advisory Committee.
8. **Drug Free Sport International report.** The CSMAS received an update from Drug-Free Sport International on the NCAA year-round and championship drug testing programs for the 2021-22 academic year. As in previous years, the update noted that there continues to be a high number of positive tests due to hormone and metabolic modulators. Additionally, an increasing number of protocol violations were committed by student-athletes during year-round testing, contributing to an increase in the total number of positives for the academic year.
9. **Subcommittee reports.**
  - a. **Drug-Testing Subcommittee.**
    - (1) Review of subcommittee activity. The CSMAS received the March, April and May reports of its Drug-Testing Subcommittee.
    - (2) Isotope Ratio Mass Spectrometry testing. CSMAS approved a recommendation from the Drug-Testing Subcommittee to permanently adopt the following Isotope Ratio Mass Spectrometry testing protocol:
      - (a) Apply established drug-testing program percentages to atypical T/E samples;
      - (b) Base IRMS tests per month on percentage of samples tested each month; and
      - (c) Atypical T/E results designated for IRMS testing will be based on Drug Free Sport International receipt of results reported from the World Anti-Doping Agency lab.

The topic of IRMS testing was originally referred to the Drug-Testing Subcommittee in February for further evaluation after the CSMAS was informed about the unexpected volume of IRMS testing (a process used to determine if an atypical testosterone to epitestosterone ratio is due to exogenous steroid used) that occurred during the 2021-22 academic year.

- (3) Drug Testing Manual. The CSMAS granted the Drug-Testing Subcommittee authority to review and approve the Drug-Testing Program Manual on an annual basis.
- (4) Divisions II and III drug testing referral. The CSMAS discussed referrals from Divisions II and III to continue its discussion on whether cannabinoid testing should remain part of the NCAA Drug-Testing Program. The referrals suggested that NCAA regulation be limited to performance enhancing substances and that other substances subject to potential student-athlete misuse be managed at the conference or institutional level. Further, Division II requested the CSMAS consider recommending moving drug-testing legislation to CSMAS policy.

CSMAS referred this item to its Drug-Testing Subcommittee and noted discussion will be further informed by an anticipated NCAA Cannabis Summit which is expected to occur later this year.

- b. **Prevention and Performance Subcommittee**. The CSMAS received the February and April reports of its Prevention and Performance Subcommittee.
  - c. **Administrative Subcommittee**. The CSMAS received the May and June reports of its Administrative Subcommittee.
10. **Transgender Student-Athlete Participation Policy**. The CSMAS approved the following clarifications related to the operationalization of the NCAA transgender student-athlete participation policy. It was noted in the discussion that, while CSMAS has been granted authority to make decisions necessary to operationalize the policy, the NCAA Board of Governors retains ultimate authority over the policy and the discretion to review and revisit any of the below.
- a. Sport-specific testosterone thresholds and deadlines for championship competition. The CSMAS approved sport-specific testosterone thresholds for all competition and approved deadlines to establish eligibility for championship competition during the 2022-23 academic year (Phase 2) (See Attachments A, B and C). The approved thresholds align with sport-specific governing body policies. Further, the CSMAS granted AdCom the authority to approve testosterone thresholds and deadlines for NCAA emerging sports.
  - b. Mid-cycle changes to eligibility requirements. The CSMAS approved the following process by which it will manage situations when a national governing body or international federation changes its transgender athlete participation policy after the NCAA publishes its eligibility requirements for a given academic year:

*NCAA transgender student-athlete eligibility requirements shall be reviewed annually and shall be published not later than May 1 each year for the next/upcoming academic year. Should a national governing body or international federation change its transgender athlete participation policy after the release of the NCAA eligibility requirements for that academic year, the published eligibility requirements will not be reconsidered for that academic year. Such changes will be considered as part of the following annual review of NCAA transgender student-athlete eligibility requirements.*

- c. Eligibility documentation. The CSMAS clarified eligibility documentation submission requirements for Phase 2, which will require a school to submit “annual eligibility documentation” prior to the student-athlete’s initial competition in both the traditional and nontraditional segment and “championship eligibility documentation” prior to NCAA championship competition.

For multi-sport student-athletes, submission of annual eligibility documentation must occur at least twice per academic year: (1) Prior to the student-athlete’s initial contest in the fall term; and (2) Prior to the student-athlete’s initial contest of a different sport in the following academic term. A multi-sport student-athlete must submit championship eligibility documentation prior to each NCAA championship in which they compete.

- d. Policy exclusions. Looking to Phase 3 of policy implementation, the CSMAS agreed that it will not support the adoption of components of sport-governing transgender athlete policies that are fundamentally inconsistent with the NCAA’s commitment to fairness, inclusion and student-athlete well-being. For example, the CSMAS agreed, as part of Phase 3, it would not support the adoption of any policy component that:

- (1) Completely prohibits the eligibility of a transgender athlete to compete in an NCAA sport that aligns with their gender identity;
- (2) Requires a transgender athlete to undergo gender-affirming surgery (or related surgical procedures) to become or remain eligible;
- (3) Requires gender determinations based on:
  - i. The opinion of a review panel.
  - ii. Alignment of gender identity with federal or state identification documents.
  - iii. Physical evaluation.

- (4) Allows the policy or any part of the process (e.g., the NCAA Drug-Testing Program) to be used in support of or response to inquiries or challenges related to a student-athlete's gender identity or eligibility.

CSMAS clarified that the above is not a comprehensive list but could be used to provide clarity to student-athletes and schools preparing for Phase 3 implementation. It will continue to evaluate sport-specific policies and adopt components that support the NCAA's commitment to fairness, inclusion and student-athlete well-being.

- e. Simplification of Policy. The CSMAS directed its AdCom to reevaluate the transgender student-athlete participation policy as part of its upcoming work to support Phase 3 implementation. Specifically, the CSMAS noted that the evaluation should consider emerging evidence, national governing body and international federation policies, and sport classification, with an aim to prioritize policy simplification for NCAA student-athletes while balancing the commitment to inclusion, fairness and student-athlete well-being.
11. **NCAA Injury Surveillance Program**. The CSMAS received an update on the NCAA Injury Surveillance Program.
  12. **Election of CSMAS vice chair**. The CSMAS elected James Houle of The Ohio State University to the position of vice-chair. His term will begin September 1, 2022. His term as committee chair will begin September 1, 2023.
  13. **Comprehensive health and safety survey**. The CSMAS received an update on the comprehensive health and safety survey that it was informed about and stated support for in September 2021. The consolidated well-being survey will examine relevant health and safety topics including, but not limited to, substance use, sleep, mental health, sexual violence, injury and pain, nutrition and weight management. The survey was designed by NCAA Research and survey results will be used by the NCAA membership and its governing bodies for the purpose of further evaluating and better understanding the health and well-being aspects of the student-athlete experience. The quadrennial survey will be administered by Faculty Athletics Representatives on campus. The first iteration of the survey will open October 2022 to June 2023 and results are expected in late 2023.
  14. **Mental health**.
    - a. Mental Health Advisory Group update. The CSMAS received an update on the status of the development of the Mental Health Advisory Group. It is expected that the group will begin work in the coming months.

- b. Mental health resources and education. The CSMAS reaffirmed the importance of supporting student-athlete mental health and discussed [resources available](#) to the membership. The CSMAS supported further collaboration with divisional Student-Athlete Advisory Committees to identify and deploy relevant educational materials and consider alternative ways that member schools can support their student-athletes.
  - c. Coach COVID-19 Survey. The CSMAS received a report of the Coach COVID-19 Survey, which examined coach mental well-being, as well as how coaches are adapting to current recruiting and roster management challenges. The survey was designed and distributed by NCAA research and was available to coaches March 2 through April 17, 2022. More than 6,000 NCAA coaching staff members took the survey. The results of the study will be available in summer 2022.
- 15. Sexual violence prevention.**
- a. 2021-22 attestation update. The CSMAS received an update on the 2021-22 sexual violence prevention attestation process.
  - b. Educational materials updates and future plans. The CSMAS received an update on recently updated sexual violence prevention educational materials. Specifically, on May 16, 2022, the third edition of the [“Sexual Violence Prevention: An Athletics Tool Kit for a Healthy and Safe Culture”](#) was released to the membership. The third edition was revised to reflect material revisions to the [NCAA Board of Governors Policy on Campus Sexual Violence](#) (last updated April 2021) and to reflect changes to related federal regulations and guidance. It is expected that additional updates will be considered and incorporated during the 2022-23 academic year.
- 16. Cannabis summit.** The CSMAS was informed that the Cannabis Summit it commissioned in September 2021 is expected to occur late 2022.

*Committee Chair:* Stephanie Chu, University of Colorado, Boulder  
*Staff Liaisons:* Leilani Hubbard, NCAA Academic and Membership Affairs  
John Parsons, NCAA Sport Science Institute  
Anne Rohlman, NCAA Sport Science Institute

<b>Committee on Competitive Safeguards and Medical Aspects of Sports June 21-22, 2022, Meeting</b>
<b>Attendees:</b>
Pam Hinton-Bruzina, University of Missouri, Columbia
Pat Chun, Washington State University
Bob Colgate, National Federation High School Associations
N. Jeremi Duru, American University
Luis Feigenbaum, University of Miami (Florida)
Alan Hirahara, California State University, Sacramento
James Houle, The Ohio State University
Yolanda Malone-Gilbert, Genesis Behavioral Health and Collaborative, Svc, Inc.
Nadine Mastroleo, Binghamton University
Nicole Pieart, Lake Forest College
Leshlie Ramirez, University of Puerto Rico, Mayaguez
Julie Rochester, Northern Michigan University
Cody Shimp, St. Bonaventure University
Kim Terrell, University of Oregon
Michelle Walsh, Vassar College
Auburn Weisensale, University of Pittsburgh
Talia Williams, Carleton University
Douglas Zipp, Ohio Wesleyan University
<b>Absentees:</b>
Tim Singleton, Wingate University
Buddy Teevens, Dartmouth College
<b>Guests in Attendance:</b>
Adrian Boltz, Avinash Chandran, Michelle Dorsey, Crystal Gibson, Sue Henderson and Carey Wheelhouse.
<b>NCAA Staff Liaison (or Staff Support if subcommittee) in Attendance:</b>
Leilani Hubbard, John Parsons and Anne Rohlman
<b>Other NCAA Staff Members in Attendance:</b>
Lydia Bell, Jackie Campbell, Amana Conklin, Amanda Dickey, LaGwyn Durden, President Mark Emmert, Abigail Edwards, Ryan Jones, Brian Hainline, Jessica Kerr, Louise McCleary, Mallory Mickus, Jean Merrill, Gretchen Miron, Crystal Rogers, Justin Whitaker, Stan Wilcox and Kelsey Gurganus-Wright.