



**REPORT OF THE
NCAA COMMITTEE ON COMPETITIVE SAFEGUARDS AND
MEDICAL ASPECTS OF SPORTS
FEBRUARY 20-21, 2023, VIDEOCONFERENCE**

ACTION ITEMS.

1. **Legislative Items.**

- None.

2. **Non-legislative action item.**

a. **NCAA Division I Bylaw 20.2.4.20.1 – Concussion Safety Protocol - Waiver Request for 2023 Institutional Submissions.**

- (1) Recommendation. That the NCAA Division I Council Coordination Committee waive the part of Division I Bylaw 20.2.4.20.1 (concussion safety protocol) requiring an institution to submit its concussion safety protocol to the NCAA Concussion Safety Protocol Committee by May 1, 2023.
- (2) Effective date. Immediate, for 2023 submissions only.
- (3) Rationale. The waiver was first adopted for submission of concussion safety protocols during 2020 due to the impacts of COVID-19. During 2020-21, COVID-19 concerns continued, but the Association also identified the need for both membership and committee input on continuing the annual submission process, specifically considering institutional impacts and availability of the NCAA Concussion Safety Protocol Checklist, corresponding template and other NCAA educational resources. Since the waiver was extended for 2021 and 2022, the NCAA Committee on Competitive Safeguards and Medical Aspects of Sports recommended legislative action to remove the requirement for an institution to annually submit its concussion safety protocol. Division I has been involved in a significant effort to transform its governance structure and process. In January 2023, the final report of the NCAA Division I Transformation Committee was publicly released and contains a comprehensive series of recommendations to modernize Division I, including recommendations around health and safety. It is expected that the annual protocol submission process will be further evaluated as part of effectuating the Transformation Committee's recommendations and likely will be addressed through legislation in the coming year.

As noted with the previous waivers, this waiver would not change an institution's obligation to maintain an appropriate concussion management plan, including a concussion safety protocol that is consistent with the NCAA

Concussion Safety Protocol Checklist. Considering the availability of the Concussion Safety Protocol Checklist, a corresponding template and other educational resources, it is believed that institutions have access to all the tools necessary to comply with applicable concussion protocol management legislation such that the annual protocol submission process is not necessary to mitigate concussion-related risk to student-athletes. This idea has been formally recognized in Divisions II and III where institutions have historically relied on diligent use of the template and other available tools in lieu of an annual submission process.

(4) Estimated budget impact. None.

(5) Student-athlete impact. None.

INFORMATIONAL ITEMS.

1. Governance updates.

- a. Divisional updates. CSMAS received a governance update from each of the divisions.
- b. Convention update. CSMAS received an update on education provided and action taken at the 2023 NCAA Convention. Specifically, CSMAS was informed of action on proposals in which it provided feedback, and it was provided an overview of health and safety related educational sessions.
- c. Division I Transformation Committee report. CSMAS discussed the final report of the NCAA Division I Transformation Committee with an emphasis on the health and safety concepts referred to CSMAS. It also provided feedback to be considered by a joint subgroup of the NCAA Division I Strategic Planning and Vision Committee and CSMAS, which was charged to develop legislative language to effectuate the Transformation Committee's health and safety concepts. The Health and Safety Subgroup will aim to provide final language to be considered by the NCAA Division I Council at its June meeting.

2. Subcommittee reports.

- a. **Administrative Subcommittee.**
 - Review of subcommittee activity. CSMAS received the reports of its Administrative Subcommittee videoconferences since December 2022.

b. Prevention and Performance Subcommittee.

- (1) Review of subcommittee activity. CSMAS received the reports of its Prevention and Performance Subcommittee videoconferences since December 2022.
- (2) Statement on wearable technology. The Prevention and Performance Subcommittee provided an update on its review of CSMAS' 2016 statement on wearable technologies, which was referred to it by CSMAS in December 2022. It is expected that the Prevention and Performance Subcommittee will provide recommendations to update the statement for CSMAS to consider at its June meeting. Further, the Prevention and Performance Subcommittee supported additional discussion of this topic and recommended the AdCom support a summit on the topic.

c. Research Subcommittee.

- (1) Review of subcommittee activity. CSMAS received the reports of its Research Subcommittee videoconferences since December 2022.
- (2) 2022-23 Institutional Performance Program Health and Safety Survey update. CSMAS received an update on submission rates for the 2022-23 Institutional Performance Program Health and Safety Survey. Both NCAA Divisions I and II, which are required by legislation to complete the survey, had 100% completion rates. Division III, which submits the survey voluntarily, had a 56% completion rate. The survey data is expected to be provided to the membership by June.

d. Drug-Testing Subcommittee.

- (1) Review of subcommittee activity. CSMAS received the reports of its Drug-Testing Subcommittee videoconferences since December 2022.
- (2) Drug-testing program review. CSMAS was informed by the Drug-Testing Subcommittee that after additional consideration of further policy and procedural alignment with the U.S. Anti-Doping Agency related to human growth hormone, the Drug-Testing Subcommittee will not make a recommendation to change existing NCAA hgH testing protocols. Specifically, dried blood spot testing is not an approved World Anti-Doping Agency collection method, there is a lack of sensitivity in lab analysis and data indicates low prevalence of use within collegiate sport.

- (3) 2024 World Anti-Doping Agency banned substances list. On January 1, 2024, Tramadol will be added to the WADA banned substance list. As the NCAA banned substance list is aligned with WADA, Tramadol will also become a banned substance for the NCAA on the same date. Schools may pursue medical exception pre-approvals should a student-athlete be prescribed Tramadol for legitimate medical reasons.
3. **Drug Free Sport International update.** CSMAS received an update from Drug-Free Sport International on the NCAA year-round, fall and championship drug testing programs for the 2022-23 academic year. The program summary included the rate of NCAA banned substances detected, the number of appeals conducted, and the number of administrative reviews conducted for student-athlete exit tests.
4. **National Federation of State High School Association update.** CSMAS received an update about the National Federation of State High School Associations' Sports Medicine Advisory Committee.
5. **Litigation updates.** CSMAS received a briefing on ongoing litigation relevant to its work.
6. **Concussion.**
 - a. NCAA Concussion Safety Advisory Group. CSMAS supported the addition of a representative from the U.S. Department of Defense as an ex officio member of the NCAA Concussion Safety Advisory Group.
 - b. NCAA-U.S. Department of Defense CARE-SALTOS Integrated Study update. CSMAS received an update regarding the CARE-SALTOS Integrated Study, which will study the long-term effects of concussion and/or head impact exposure among student-athletes and cadets.
7. **NCAA Injury Surveillance Program update.** CSMAS received an update on the NCAA Injury Surveillance Program and a vendor update for the electronic medical records systems.
8. **Mental health.**
 - a. Mental Health Advisory Group update. The Mental Health Advisory Group is scheduled to meet in-person on March 8-9 in Indianapolis. Anticipated outcomes include development of recommendations for CSMAS to consider updating the Mental Health Best Practices document, as well as future direction related to the

MHBP and checklists. Preliminary recommendations will be considered by CSMAS at its June meeting with additional review and socialization to the membership before any final action is taken.

CSMAS also supported the addition of additional organizations (JED Foundation and the U.S. Department of Defense) to include in the MHAG.

- b. SAAC statement on mental health. In January, the NCAA Student-Athlete Advisory Committees and NCAA Board of Governors Student-Athlete Engagement Committee released a statement on student-athlete mental health. As developed by AdCom, CSMAS sent a complementary statement (see Attachment) to the membership to further amplify the student-athlete voice and provide additional information about requirements of NCAA schools and available resources.
9. **CSMAS vice-chair election schedule and procedures.** CSMAS policy establishes that a new vice-chair will be selected at the annual June CSMAS meeting. In advance of that meeting, CSMAS members may submit nominations for vice-chair candidates.

Committee Chair: *Nicole Pieart, Lake Forest College*
Staff Liaisons: *Leilani Hubbard, NCAA Academic and Membership Affairs*
 John Parsons, NCAA Sport Science Institute
 Anne Rohlman, NCAA Sport Science Institute

Committee on Competitive Safeguards and Medical Aspects of Sports February 20-21, 2023, Videoconference	
Attendees:	
Brad Anawalt, University of Washington	
Matt Barany, University of Richmond	
Pam Hinton-Bruzina, University of Missouri, Columbia	
Deena Casiero, University of Connecticut	
Timothy Coffey, Longwood University	
Bob Colgate, National Federation High School Association	
Sarah Dowd, Michigan Technological University	
N. Jeremi Duru, American University	
Jack Enriken, Kutztown University of Pennsylvania	
Luis Feigenbaum, University of Miami (Florida)	
Alan Hirahara, California State University, Sacramento	
Richard Hendricks, Shorter University	
Yolanda Malone-Gilbert, Genesis Behavioral Health & Collaborative, SVC., Inc.	
Nadine Mastroleo, Binghamton University	

Austin Mondello, Colorado Mesa University
Amanda Phillips, University of Louisiana at Lafayette
Nicole Pieart, Lake Forest College
Sarah Ramey, West Texas A&M University
Cody Shimp, St. Bonaventure University
Kim Terrell, University of Oregon
Michelle Walsh, Vassar College
Rich Wanninger, Patriot League
Auburn Weisensale, University of Pittsburgh
Absentees:
James Houle, The Ohio State University
Guests in Attendance:
Adrian Boltz, Avinash Chandran, Michelle Dorsey and Neel Rao
NCAA Staff Liaison (or Staff Support if subcommittee) in Attendance:
Leilani Hubbard, John Parsons and Anne Rohlman
Other NCAA Staff Members in Attendance:
Laura Arnett, Amanda Conklin, Amanda Dickey, LaGwyn Durden, Brian Hainline, Ryan Jones, Mallory Mickus, Greg Pottorff, Stephanie Quigg, Chris Radford, Bill Regan, Crystal Rogers, Carey Wheelhouse and Justin Whitaker