

REPORT OF THE NCAA COMMITTEE ON COMPETITIVE SAFEGUARDS AND MEDICAL ASPECTS OF SPORTS DECEMBER 9, 2024, VIDEOCONFERENCE

ACTION ITEMS.

- 1. Legislative items.
 - None.
- 2. Nonlegislative items.
 - None.

INFORMATIONAL ITEMS.

- 1. Approval of Sept. 16-17, 2024, meeting report. The NCAA Committee on Competitive Safeguards and Medical Aspects of Sports approved the report of its September 2024 meeting.
- 2. NCAA Chief Medical Officer briefing. The CMO provided an overview of the Sport Science Institute's recent activities.
- **3. Government Relations briefing.** CSMAS received a briefing about NCAA government relations, including an update on issues related to name, image and likeness.
- 4. NCAA divisional governance updates. CSMAS received a governance update from each of the divisions. CSMAS noted the final recommendations from the Division III Athletic Training Working Group and supported future efforts to amplify the recommendations.

5. CSMAS subcommittee reports.

a. Administrative Subcommittee.

- (1) <u>Subcommittee activity review</u>. CSMAS received the reports of its Administrative Subcommittee videoconferences since September 2024.
- (2) <u>Sickle cell solubility testing</u>. CSMAS noted recent issues discussed by the Administrative Subcommittee related to sickle cell solubility testing. Specifically, CSMAS received an update on the following discussions:
 - (a) In September, CSMAS referred the development of a response to an inquiry from the Association of Public Health Laboratories' Ethical, Legal, Social and Policy Issues Subcommittee regarding the use of

> newborn screening results for documentation of sickle cell trait status to AdCom. In late fall, AdCom completed the response, and the APHL acknowledged receipt.

- (b) CSMAS noted AdCom's review of and determination that no additional action was necessary in response to a letter advocating for the NCAA to consider several initiatives in response to the recent death of a student-athlete with sickle cell trait. Specifically, it was noted that the NCAA has existing policy and legislation, guidance and reporting mechanisms for sickle cell trait that align with its constitutional responsibility. Additionally, CSMAS supported continued efforts around timely education of the membership on health, safety and performance topics and to continue discussing the best way CSMAS can support sports medicine professionals as they oversee healthcare administration and delivery on campus.
- (c) CSMAS noted AdCom's work to review existing NCAA educational columns on the application of sickle cell legislation. It is expected that AdCom will make a final recommendation, including a request for each of the divisions to issue a clarifying interpretation, for CSMAS to consider at its February 2025 meeting.

b. Drug-Testing Subcommittee.

- (1) <u>Subcommittee activity review</u>. CSMAS received the reports of its Drug-Testing Subcommittee videoconferences since September 2024.
- (2) <u>Drug-test appeal process Administrative review pathway and internal</u> <u>operating procedures</u>. CSMAS approved revisions to the Drug-Test Appeal Subcommittee's internal operating procedures to clarify the scope and pathway for an administrative review following a student-athlete's positive drug test. Specifically, administrative review requests involving matters other than the student-athlete's responsibility for testing positive (e.g., misadvisement, eligibility status related to transferring, application of penalty, etc.) shall not qualify for a drug-test appeal reconsideration.
- (3) <u>Drug-Testing Subcommittee charter</u>. CSMAS approved an updated charter for the Drug-Testing Subcommittee.

c. **Prevention and Performance Subcommittee.** CSMAS received the reports of its Prevention and Performance Subcommittee videoconferences since September 2024.

d. Research Subcommittee.

- (1) <u>Subcommittee activity review</u>. CSMAS received the reports of its Research Subcommittee videoconferences since September 2024.
- (2) <u>Injury Surveillance Data Request Program Areas of emphasis 2024-25</u>. CSMAS approved the areas of emphasis for research proposals submitted during phase one of the ISP Data Requests pilot, as recommended by the Research Subcommittee. The approved areas of emphasis are: (1) Elbow injuries in NCAA sports; (2) Non-contact injuries in NCAA sports; and (3) Lower-leg injuries in NCAA sports.

Phase one of the pilot program will open in January 2025 with several communications planned in advance of the opening (e.g., membership memo, NCAA.org story, SSI Newsletter, SSI Spotlight).

6. Sports betting.

<u>Student-Athlete Sports Wagering Survey results</u>. CSMAS received a preview of survey results from the 2024 NCAA National Study on Collegiate Wagering, which was administered during the 2023-24 academic year. Informed by the survey results, CSMAS continued its discussion of health, safety and wellbeing issues related to sports betting and the potential for deregulation of NCAA legislation. Specifically, CSMAS emphasized findings from the survey that demonstrated student-athletes are less likely to wager on sports if they receive education on the topic. CSMAS agreed that these findings support the importance of harm reduction strategies like providing resources and education on sports betting.

Additionally, CSMAS emphasized the importance of using stigma-reducing language when discussing sports betting, as significant stigma exists around self-reporting problem gambling, which can exacerbate harm.

a. <u>Legislative update</u>. CSMAS received an update on the expected timeline of legislative recommendations on sports betting. It is expected the divisions will continue their discussions on deregulation during their January 2025 meetings.

7. NCAA Advisory Groups.

<u>Training and Performance</u>. CSMAS received an update on plans to hold a Performance Technology Summit during 2025. Specifically, CSMAS noted that outcomes from the summit would likely include the development of non-binding statements for consideration rather than binding recommendations like the recently updated Mental Health Best Practices. Notably, such considerations would not require membership attestation per the Division I Core Guarantees legislation.

- a. <u>Mental Health</u>. CSMAS noted its Mental Health Advisory Group will have its next videoconference on January 30, 2025. The Mental Health Advisory Group will discuss research and literature, review resources for consideration and begin review of the Substance Misuse Prevention Tool Kit, as directed by CSMAS.
- b. <u>Concussion Safety</u>. CSMAS noted its Concussion Safety Advisory Group will not meet in 2025, as there are no new developments warranting an update to the concussion safety protocol resources. Therefore, there will be no updates to the Concussion Safety Protocol Checklist for the 2025-26 academic year.

8. Publication updates.

- a. <u>Substance Misuse Prevention and Intervention: An Athletics Tool Kit</u>. CSMAS received an update regarding editorial changes to the Substance Misuse Prevention and Intervention: An Athletics Tool Kit. Specifically, editorial changes were made to update graphics and visuals, update terminology, remove outdated resources and transition access to current resources to the NCAA website.
- b. <u>NCAA Sports Medicine Handbook</u>. CSMAS received an update on the progress of revisions to the Sports Medicine Handbook. Specifically, it is expected the updated handbook will be available to the membership by summer 2025.
- 9. **Future meeting schedule**. CSMAS reviewed its future meeting dates.
- 10. **Adjournment**. The meeting was adjourned at approximately 4 p.m. Eastern time.

Committee Chair:	Nadine Mastroleo, Binghamton University.
Staff Liaisons:	LaGwyn Durden, NCAA Sport Science Institute.
	Leilani Hubbard, NCAA Academic and Membership Affairs.
	Anne Rohlman, NCAA Sport Science Institute.

NCAA Committee on Competitive Safeguards and Medical Aspects or Sports December 9, 2024, Videoconference	
Attendees:	
Matt Barany, University of Richmond.	
Rhonda Beemer, Northwest Missouri State University.	
Leah Carey, Brown University.	
Timothy Coffey, Longwood University.	
Lee Dorpfeld, University of South Florida.	
Sarah Dowd, Michigan Technological University.	
Jack Entriken, Kutztown University of Pennsylvania.	
Deanna Hand, Houghton University.	
Richard Hendricks, Shorter University.	
Alan Hirahara, California State University, Sacramento.	
Josey Johnson, Otterbein University.	
Marybeth Lamb, Bridgewater State University.	
Nadine Mastroleo, Binghamton University.	
Austin Mondello, Colorado Mesa University.	
Amanda Phillips, University of Louisiana at Lafayette.	
Jaime Potter, University of California, Irvine.	
Sarah Ramey, University of Texas Permian Basin	
Marie Schaefer, Cleveland State University.	
Leah Thomas, Georgia Institute of Technology.	
Jack Turban, University of California, San Francisco.	
Rich Wanninger, Patriot League.	
Absentees:	
Brad Anawalt, University of Washington.	
Bob Colgate, National Federation of State High School Association.	
Kenneth Ferguson, University of Missouri-Kansas City.	
Ryan Kelly, Rochester Institute of Technology.	
Guests in Attendance:	
None.	
NCAA Staff Liaison (or Staff Support if subcommittee) in Attendance:	
LaGwyn Durden, Leilani Hubbard and Anne Rohlman.	
Other NCAA Staff Members in Attendance:	
Laura Arnett, Geoff Bentzel, Dawn Buth, Deena Casiero, Amanda Dickey, Alicia Fine,	
Greg Johnson, Mallory Mickus, Leilyn Miles, John Parsons, Tom Paskus, Alex Purcell,	

Stephanie Quigg, Bill Regan, Michelle Robison, Crystal Rogers and Carey Wheelhouse.