



**REPORT OF THE
NCAA WRESTLING RULES COMMITTEE
APRIL 11-12, 2022, ANNUAL MEETING VIDEOCONFERENCE**

ACTION ITEMS.

- None.

INFORMATIONAL ITEMS.

1. **Welcome, introductions and announcements.** The staff liaison of the Wrestling Rules Committee welcomed the committee and invited guests and thanked them for their time.
2. **Review meeting schedule, agenda, committee operations manual and NCAA Playing Rules Oversight Panel directives.** The Wrestling Rules Committee reviewed the meeting schedule and agenda. The Wrestling Rules Committee also reviewed the operations manual, which included the NCAA conflict of interest policy, guidance for committee members regarding meeting reports, notes and email, voting procedures, principles for rules writing, and experimental playing rules guidelines. The Wrestling Rules Committee was reminded of the directives of PROP from 2009 and 2014. These directives outline the two-year rules process and reasons a rules committee could propose a rules change in a non-rules change year, and encourage all rules committees to strongly consider providing at least a one-year delay for Division II and Division III institutions before implementing any rules changes that have financial or facility implications.
3. **Approval of March 22 videoconference report.** The Wrestling Rules Committee reviewed and approved the report as written.
4. **Playing Rules Oversight Panel report.** The Wrestling Rules Committee heard a report from David Hicks, PROP liaison to the Wrestling Rules Committee, which reviewed topics of discussion from PROP's annual meeting in January. This report focused on PROP's directive to rules committees on the prohibition of tobacco products, uniform trends and the NCAA staff's goal to foster and promote equity, diversity and inclusion through the rules process. The Wrestling Rules Committee agreed the current penalty for use of tobacco products outlined in the rules book (flagrant misconduct) is appropriate.
5. **Secretary-rules editor/weight management liaison report.** The Wrestling Rules Committee heard a report from the secretary-rules editor and weight management liaison. The secretary-rules editor report included a recap of the feedback on the rules changes from the 2021-22 season and a review of interpretations, corrections, waivers and sanctions issued. The weight management liaison report focused on the two reported weight management violations from the 2021-22 season. The liaison will consult with the appropriate NCAA committees to consider the inclusion of the DEXA Scan as an acceptable method for determining body composition when conducting NCAA weight certifications.

6. **National coordinator of officials report.** The Wrestling Rules Committee heard a report from the national coordinator, which included a recap of the season and areas to address moving forward.
7. **Active official report.** The Wrestling Rules Committee heard a report from the active official, which included a need for additional postseason officials and concerns with how coaches are using social media to interact and engage with officials.
8. **National Athletic Trainers' Association liaison report.** The Wrestling Rules Committee heard a report from the NATA liaison, which included an update on their research of what it means to be in a hydrated state as part of the NCAA weight certification process. Currently, to determine a wrestler's hydrated weight, the urine specific gravity level must be less than or equal to 1.020 on the day the certification is conducted. The liaison is in the process of collecting current and specific research that will be shared with the Wrestling Rules Committee soon. This new research may result in a request to the Committee on Competitive Safeguards and Medical Aspects of Sports (CSMAS) to provide feedback on a potential modification to the specific gravity level used in the NCAA Wrestling Weight Management Program.
9. **National Federation of State High School Associations report.** The Wrestling Rules Committee heard a report from Elliot Hopkins, liaison to the NFHS Wrestling Rules Committee. The committee met April 3-5 and is currently in the process of finalizing its rules changes for the 2022-23 season. It was noted 40 states sponsor girls wrestling with 33,000 participants. The NFHS has launched a national effort to recruit officials in all sports.
10. **NCAA Injury Surveillance Program data and report.** The Wrestling Rules Committee heard a presentation on the wrestling injury data provided by the Datalys Center for Sports Injury Research and Prevention in conjunction with the NCAA's Injury Surveillance Program and Sport Science Institute. As in years past, the committee noted concerns with the effectiveness and usability of historical athlete exposure calculation methodologies in individual multi-event sports like wrestling. The Wrestling Rules Committee once again requests CSMAS review current Injury Surveillance Program data collection methodologies related to athlete exposure.
11. **Wrestling Championships scoring, video review and violations data.** The Wrestling Rules Committee reviewed scoring data from the DI, DII and DIII Wrestling Championships since 2013. The Wrestling Rules Committee also reviewed the video review and violations data from the DI Wrestling Championships. A further breakdown of video review data will be provided for discussion on the July 12 videoconference. It was noted there were seven team violations resulting in six team point deductions at the DI Wrestling Championships. Both questioning a rules application and delay in coach's video review challenge (control of mat violation) were identified as future discussion topics.
12. **Review 2021-22 rules survey results and future discussion topics.** The Wrestling Rules Committee reviewed the 2021-22 rules survey results. It was noted all previous rules changes

had either a positive impact on the game or no impact on the game. The Wrestling Rules Committee identified the following preliminary topics for future discussion: 1) Two-hour weigh-ins for all competition types; 2) Possible parameters on extra countable matches; 3) Questioning a rules application rule; 4) The penalty for a delayed coach's video review challenge request; 5) Tournament advancement points and bonus points provided in the consolation bracket; 6) Medical forfeits and their impact on the win/loss record; and 7) Coaches' attire.

13. 2021-22 and 2022-23 Wrestling Case Book. The Wrestling Rules Committee reviewed and approved all approved rulings in the case book.

14. Future annual meeting and videoconference schedule. The Wrestling Rules Committee scheduled its 2023 annual meeting for April 17-19, 2023. The Wrestling Rules Committee scheduled its next videoconference for noon Eastern time on Tuesday, July 12, and will review the further breakdown of video review data from the DI Wrestling Championships and the future discussion topics.

15. Selection of chair. The Wrestling Rules Committee tabled its selection of chair for the 2022-23 academic year until the July 12 videoconference.

16. Other business. The outgoing committee members and active official were recognized and thanked for their service to the committee and the Association.

17. Adjournment. The Wrestling Rules Committee adjourned at 1 p.m. Eastern time on Tuesday, April 12.

Committee Chair: Brad Bruhn, State University of New York at Cortland, State University of New York Athletic Conference
Staff Liaison(s): Ashlee Follis, Championships and Alliances

NCAA Wrestling Rules Committee April 11-12, 2022, Annual Meeting Videoconference	
Attendees:	
Chuck Barbee, secretary-rules editor.	
Chris Bono, University of Wisconsin-Madison.	
Deral Brown, Newberry College.	
Austin DeVoe, Colorado School of Mines.	
Robert Fox, Waynesburg University.	
John Hangey, Rider University.	
Jonathan Reeder, Appalachian State University.	
John W. Smith, Oklahoma State University.	
Absentees:	
Brad Bruhn, State University of New York at Cortland.	
Guests in Attendance:	
Adrian Boltz, Datalys Center for Sports Injury Research and Prevention.	
Avinash Chandran, Datalys Center for Sports Injury Research and Prevention.	
David Hicks, King University.	
Elliot Hopkins, National Federation of State High School Associations.	
Tim Shiels, national coordinator of officials.	
Matt Sorochinsky, active official.	
Jim Thornton, National Athletic Trainers' Association liaison.	
NCAA Staff Liaison in Attendance:	
Ashlee Follis.	
Other NCAA Staff Members in Attendance:	
Greg Johnson.	