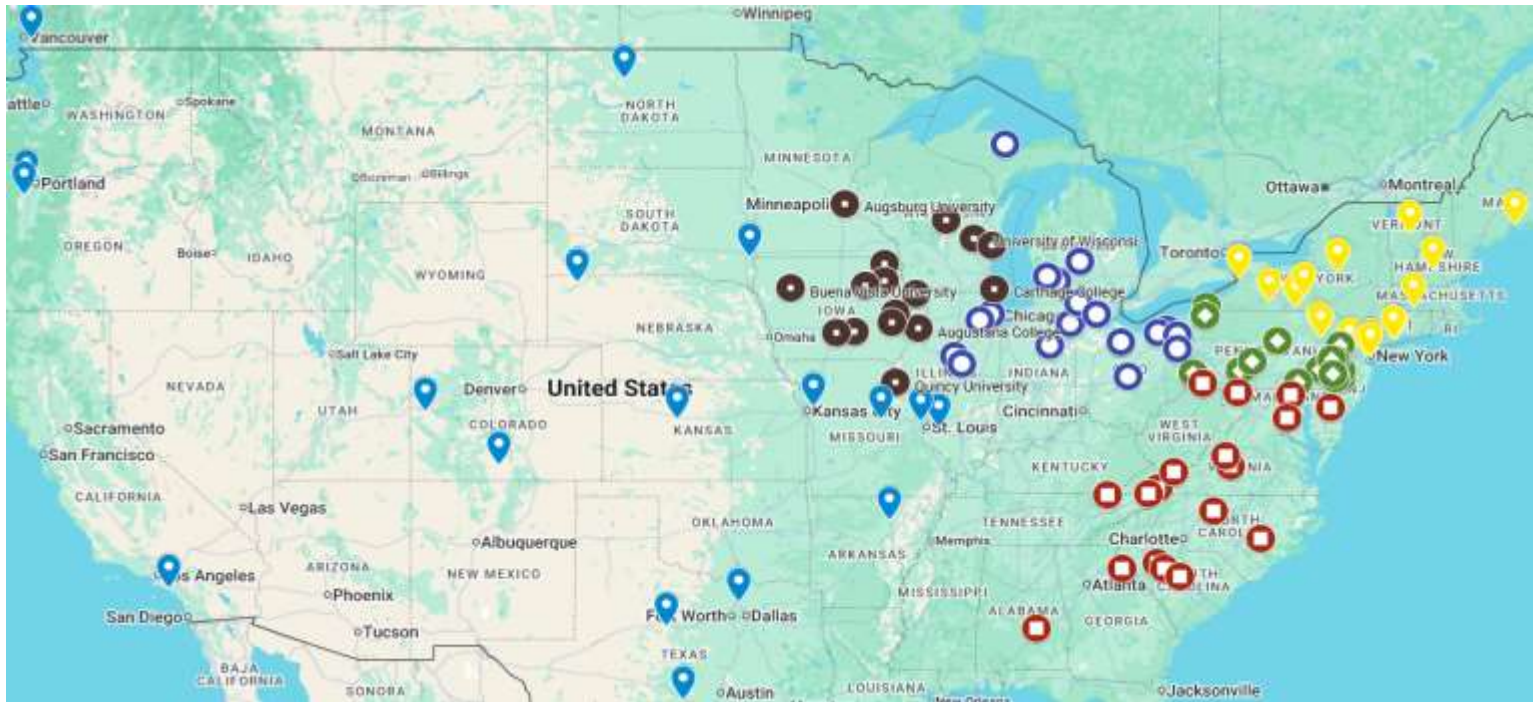


2026 National Collegiate Women's Wrestling Regional Alignment

Updated 10/2/25



	Region One	Region Two	Region Three	Region Four	Region Five	Region Six
1	Alfred State	Alverno	Allen	Adrian	Augsburg	Adams St.
2	Bridgeport	Arcadia	Bluefield St.	Albion	Augustana (IL)	Chadron St.
3	Buffalo State	Bethany (WV)	Delaware St.	Alma	Buena Vista	Colorado Mesa
4	Centenary (NJ)	Cedar Crest	Emmanuel (GA)	Aurora	Carthage	Fort Hays St.
5	D'Youville	Delaware Valley	Emory & Henry	Baldwin Wallace	Central (IA)	Lindenwood
6	Elmira	East Stroudsburg	Frostburg St.	Davenport	Cornell College	Linfield
7	Felician	Eastern	Greensboro	Elmhurst	Dubuque	Lyon
8	Ithaca	Edinboro	Huntingdon	Eureka	Iowa	McKendree
9	Kean	Gannon	King (TN)	Grand Valley St.	Lakeland	McMurry
10	Maine Maritime	Lehigh	Lincoln Memorial	Heidelberg	Loras	Minot St.
11	Misericordia	Lock Haven	Marymount (VA)	Hiram	Luther	Pacific (OR)
12	New England Col.	Muhlenberg	McDaniel	Ill. Wesleyan	Quincy	Schreiner
13	New Jersey City	Penn St.-Altoona	Mount Olive	John Carroll	Simpson	Simon Fraser
14	Norwich	Pitt.-Johnstown	Newberry	Manchester	Upper Iowa	Sioux Falls
15	Sacred Heart	Ursinus	Presbyterian	Mount Union, OH	Wartburg	Texas Woman's
16	Utica	West Liberty	Randolph	North Central (IL)	Wis.-Oshkosh	Vanguard
17	Western New Eng.	York (PA)	Southern Va.	Northern Mich.	Wis.-Stevens Point	Westminster (MO)
18	Wilkes		Waynesburg	Otterbein		William Jewell
19				Tiffin		
20				Trine		