



All times are Central (Local) unless noted
Schedule may be subject to change

MONDAY, MARCH 2, 2026

8 a.m. (Eastern time) Hotel reservations portal opens for teams

TUESDAY, MARCH 3, 2026

12 a.m. (Eastern time) Download/Upload institutional Content

WEDNESDAY, MARCH 4, 2026

Noon (Eastern time) Hotel reservations portal closes

FRIDAY, MARCH 6, 2026

1 p.m. (Eastern time) Brackets released on NCAA.com (not final until replacement deadline)

TUESDAY, MARCH 10, 2026

11 a.m. (Eastern time) Replacement deadline.

1 p.m. (Eastern time) Final Brackets released on NCAA.com

WEDNESDAY, MARCH 11, 2026

4 – 5 p.m. NCAA Committee facility walk through

5 – 8 p.m. Wrestling facilities open/mats open, Alliant Energy PowerHouse

5 – 8 p.m. Registration and Verification, Alliant Energy PowerHouse

5 – 8 p.m. NCAA Merchandise available for sale, Alliant Energy PowerHouse

THURSDAY, MARCH 12, 2026

9 a.m. – 2 p.m. Registration and Verification, Alliant Energy PowerHouse

9 a.m. – 2 p.m. NCAA Merchandise available for sale, Alliant Energy PowerHouse

9 a.m. – 6 p.m. Wrestling facilities open/mats open, Alliant Energy PowerHouse

12:30 - 1:30 p.m. Media Day - Press Conference

- Regional champion head coaches and most outstanding wrestlers

2 – 3 p.m. Mandatory Coaches Meeting, Taft A & B

3 p.m. Future Championship Host Meeting, Taft A & B

6 – 9 p.m. Wrestling scales open/mats closed, Alliant Energy PowerHouse

8 – 9 p.m. Officials Meeting, Doubletree, Officials Suite

FRIDAY, MARCH 13, 2026

6 a.m. Wrestling facilities open for practice/weight check, Alliant Energy PowerHouse

6 a.m. Hospitality Room opens, Alliant Energy PowerHouse

6:40 a.m. Assembly of student-athletes, Exhibit Hall B & C warm-up area

7:45 a.m. Medical/skin checks, Exhibit Hall B & C warm-up area

8 a.m. Weigh-Ins, Exhibit Hall B & C warm-up area

8:30 a.m. Table Worker Orientation Meeting

SESSION I

8 a.m. NCAA Merchandise available for sale, Alliant Energy PowerHouse

8:30 a.m. Doors Open, Alliant Energy PowerHouse

9:30 a.m. Arena mats closed for cleaning

9:35 a.m. Opening Ceremonies Video

10 a.m. Preliminary Rounds One and Two (Six mats) Consolation First (Six mats)
3 p.m. Hospitality Room Closes & Alliant Energy PowerHouse closes after the last match

SESSION II

3:30 p.m. Wrestling facilities open for student-athletes/coaches
4:30 – 7 p.m. Hospitality room opens, Alliant Energy PowerHouse
4:00 p.m. Doors Open, Alliant Energy PowerHouse
4:30 p.m. NCAA Merchandise available for sale, Alliant Energy PowerHouse
5 p.m. Championships Quarterfinals (Three mats)
Consolation Second and Third Rounds (Three mats)
10 p.m. Session II ends Facilities close 1 hour following the end of the last match, Alliant Energy PowerHouse, and warm-up area

SATURDAY, MARCH 14, 2026

6:30 a.m. Wrestling facilities open for practice/weight check, Alliant Energy PowerHouse
6:30 a.m. Hospitality room opens, Alliant Energy PowerHouse
7:40 a.m. Assembly of student-athletes, Exhibit Hall B & C warm-up area
7:45 a.m. Medical/skin checks, Exhibit Hall B & C warm-up area
8:00 a.m. Weigh-Ins, Exhibit Hall B & C warm-up area

SESSION III

8:30 a.m. Doors Open, Alliant Energy PowerHouse
9 a.m. NCAA Merchandise available for sale, Alliant Energy PowerHouse
10:00 a.m. Championships Semifinals (Two mats) and Consolation Quarterfinals (Two mats)
Consolation Semifinals (Four mats)
Consolation matches for 3rd, 5th and 7th places (Three mats)
3 p.m. Session III Ends Facilities close at the conclusion of the last match, Alliant Energy PowerHouse and warm-up area

SESSION IV

5:00 p.m. Wrestling facilities open for student-athletes/coaches, Alliant Energy PowerHouse, and warm-up area
5:30 p.m. Doors Open, Alliant Energy PowerHouse
5:30 p.m. NCAA Merchandise available for sale, Alliant Energy PowerHouse
6:15 p.m. Line up of All-Americans, Exhibit Hall B & C warm-up area
6:30 p.m. Parade of All-Americans, Alliant Energy PowerHouse
7:00 p.m. Finals (One Mat)
9:00 p.m. Awards presentation immediately following completion of all wrestling for team. awards and final two matches. Individual weight class awards will be presented between finals matches