2019-20 NCAA DIII Wrestling Region Alignment							
Upper Midwest Region - 17 teams			Lower Midwest Region - 18 teams			Central Region - 18 teams	
1 Augsburg University	IND	1	Augustana College (Illinois)	CCIW	-	1 Adrian College	MIA
2 University of Chicago	UAA	2	Buena Vista University	ARC	2	2 Alma College	MIA
3 Concordia College, Moorhead	MIAC	3	Central College (Iowa)	ARC	3	Baldwin Wallace University	OAG
4 Concordia University Wisconsin	CCIW	4	Coe College	ARC	4	4 Case Western Reserve University	UA
5 Elmhurst College	CCIW	5	Cornell College	IND	Ţ	Defiance Collge	INE
6 Lakeland University	CCIW	6	University of Dubuque	ARC		Heidelberg University	OA
7 Milwaukee School of Engineering	CCIW	7	Fontbonne University	IND	-	7 John Carroll University	OA
Pacific University (Oregon)	IND	8	Huntingdon College	IND	8	Manchester University	HEA
St. John's University (Minnesota)	MIAC	9	Loras College	ARC	9	Mount St. Joseph University	HEA
St. Olaf College	MIAC	10	Luther College	ARC	1	0 University of Mount Union	OA
Wheaton College (Illinois)	CCIW	11	MacMurray College	IND	1	1 Muskingum University	OA
University of Wisconsin-Eau Claire	WIAC		Millikin University	CCIW		2 Ohio Northern University	OA
University of Wisconsin-La Crosse	WIAC		Nebraska Wesleyan University	ARC		3 Ohio Wesleyan University	IN
University of Wisconsin-Oshkosh	WIAC		North Central College	CCIW		4 Olivet College	MI
University of Wisconsin-Platteville	WIAC		University of the Ozarks (Arkansas)	IND		5 Otterbein University	O/
University of Wisconsin-Stevens Point	WIAC		Simpson College	ARC		6 Trine University	IN
University of Wisconsin-Whitewater	WIAC		Wartburg College	ARC		7 Wabash College	IN
			Westminster College (Missouri)	IND		8 Wilmington College (OH)	O/
Southeast Region - 20 teams			Mideast Region - 19 teams			Northeast Region - 17 teams	
Alvernia University	MAC		Alfred State College	EMPIRE			
Averett University	IND		Centenary University (New Jersey)	IND		Bridgewater State University	IN
Delaware Valley University	MAC		College at Brockport, State University of New York	EMPIRE		2 Castleton University	NC
Ferrum College	IND		State University of New York at Cortland	EMPIRE		U.S. Coast Guard Academy	IN
Gettysburg College	CENT		Elizabethtown College	IND		Johnson & Wales University (Rhode Island)	NC
Greensboro College	IND		Hunter College	IND		New England College	NC
Johns Hopkins University	CENT	7	Ithaca College	EMPIRE	(New York University	UA
King's College (Pennsylvania)	MAC	8	Keystone College	IND	-	Norwich University	NC
Lycoming College	MAC	9	U.S. Merchant Marine Academy	CENT	8	Plymouth State University	NC
McDaniel College	CENT	10	College of Mount St. Vincent	IND	9	Rhode Island College	NC'
Messiah College	MAC	11	Muhlenberg College	CENT	1	0 Roger Williams University	NC
Pennsylvania State University Erie, the Behrend College	IND	12	The College of New Jersey	IND	1	1 University of Southern Maine	NC
Southern Virginia University	IND	13	State University of New York at Oneonta	EMPIRE	1	2 Springfield College	NC
Stevens Institute of Technology	MAC	14	State University of New York at Oswego	EMPIRE	1	3 Trinity College (Connecticut)	NC
Thiel College	PAC	15	Pennsylvania College of Technology	IND	1	4 Wesleyan University (Connecticut)	NC
Thier College	CENT	16	University Pittsburg - Bradford	IND	1	5 Western New England University	NC
•			De also atom to attache af Tarabaraham.	EMPIRE	1	6 Williams College	NC
Washington and Lee University	PAC	1/	Rochester Institute of Technology	LIVII IIVL			
Washington and Lee University Washington and Jefferson College	PAC PAC		University of Scranton	IND		7 Worcester Polytechnic Institute	NC
Washington and Lee University Washington and Jefferson College Waynesburg University Wilkes University		18	- '			•	NCV

Key for Conference Affiliations:

Upper Midwest Lower Midwest Central

Mideast

College Conference of Illinois & Wisconsin (CCIW); Minnesota Intercollegiate Athletic Association (MIAC); University Athletic Association (UAA); Wisconsin Intercollegiate Athletic Conference (WIAC) American Rivers Conference (ARC); College Conference of Illinois & Wisconsin (CCIW)

Heartland Collegiate Athletic Conference (HEART); Michigan Intercollegiate Athletic Association (MIAA); Ohio Athletic Conference (OAC); University Athletic Association (UAA) Southeast Centennial Conference (CENT); Middle Atlantic Conference (MAC); Presidents' Athletic Conference (PAC)

Centennial Conference (CENT); Empire Collegiate Wrestling Conference (EMPIRE);

New England College Wrestling Association (NCWA); University Athletic Association (UAA) Northeast