



***PARTICIPANT
2021-22 MANUAL***

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Team contact information shall be submitted within the *Team Registration Portal*. The below information is required to be submitted from all institutions sponsoring Division I Wrestling:

1. Team contact information for primary Sport Administrator, Head Coach, Assistant Coach(s), Sports Information Director, Athletic Trainer, and wrestling support staff.
2. Projected hotel arrival/departure dates.
3. Hotel room block needs per the qualifier formula (doubles vs. kings). All student-athletes will need to be listed under the qualifier section.
4. Names for credentials.

**TEAM REGISTRATION AND ALL REQUESTED FORMS ARE DUE
BY NOON (ET) ON THURSDAY, MARCH 10, 2022**

[2022 DI Wrestling Championship Registration](#)

[Elite 90 Award Nomination](#)

If you have any questions, please contact:

Sadie Foster
Assistant Coordinator, NCAA
Phone 317-917-6468
E-mail sfoster@ncaa.org

NCAA DIVISION I WRESTLING COMMITTEE

Mr. Matt Azevedo	Drexel University	moa26@drexel.edu
Mr. Bob Burda	Big 12 Conference	bob@big12sports.com
Ms. Jennifer Tuscano	University of Pittsburgh	jtuscano@athletics.pitt.edu
Mr. Ashley Offermann	California Polytechnical State University	aofferma@calpoly.edu
Mr. Andy Noel	Cornell University	Jan16@cornell.edu
Mr. Kyle Ruschell	University of Tennessee at Chattanooga	Kyle-ruschell@utc.edu

NCAA DIVISION I WRESTLING - NCAA STAFF

Anthony Holman	Championships and Alliances	aholman@ncaa.org
Sadie Foster	Championships and Alliances	sfoster@ncaa.org

DETROIT LOCAL ORGANIZING COMMITTEE

Alma Davila-Toro	Co-Tournament Director	adavilatoro@detroitssports.org
Larry Martin	Co-Tournament Director	lrmartin@umich.edu
Nolan Ducharme	LCA Facility Liaison/Comp Floor Ops	Nolan.Ducharme@OlyEnt.com
Jessica Bryant	LCA Facility Liaison	jessica.bryant@313presents.com
Marty Dobek	Marketing/Media	mdobek@detroitssports.org
Brett McWethy	Media/SID Coordination	Brett.McWethy@olyent.com
Kurt Svoboda	Media/SID Coordination	kurtk@umich.edu
Darryl Conway	Athletic Training Services	dcatc@umich.edu
Dr. Robert Kiningham	Tournament Physician	rkinigh@med.umich.edu
Paul Schmidt	Drug Testing Coordinator	pschmidt@umich.edu
Kevin Fisher	Game Management/In-Venue	Kevin.Fisher@hockeytown.com
Pete Skorich	Entertainment/Broadcast	pete.skorich@olyent.com
Jaclyn Crummey	Entertainment/In-Venue/Awards	jcrummey@umich.edu
Jake Stocker	Entertainment/In-Venue/Awards	jbstocke@umich.edu
	Team Services	
	Practice Mats Supervisor	
Brad Hayes	Competition Floor Operations	bhay@umich.edu
	Weigh-Ins Coordinator	
Jason Carlborn	Merchandise	JCarlborn@delawarenorth.com
Aaron Ford	Team Parking	Aaron.Ford@olydev.com
Mark Hjelmstad	Hospitality	mhjelmstad@delawarenorth.com
Dave Siwicki	Tickets	Dave.Siwicki@OlyEnt.com
Dean Seaver	Marketing	Dean.Seaver@313Presents.com
Mike Gibson	Security	michael.gibson@olyent.com
John Francis	Lodging/Transportation	jfrancis@visitdetroit.com
Michelle Rosen	Detroit Marriott Ren Cen	michelle.rosen@marriott.com
Nicole Smith	Hotel Indigo	dttwb.sales@griffinm.com
Marie Konyha	Westin Book Cadillac Detroit	Marie.Konyha@westin.com

SCHEDULE OF EVENTS

All Times Eastern Time

DATE	TIME	EVENT	LOCATION
Tuesday, March 15	9 a.m. – 5 p.m.	Team Registration	Little Caesars Arena (Huntington Entrance)
Tuesday, March 15	2 p.m.	Athletic Training Room Opens	Little Caesars Arena
Tuesday, March 15	3 p.m. – 9 p.m.	Competition and Practice Mats Open	Little Caesars Arena
Wednesday, March 16	9 a.m. – 5 p.m.	Assigned team practice times on competition mats	Little Caesars Arena
Wednesday, March 16	3 p.m.	Medical Skin Checks	Little Caesars Arena Athletic Training Area
Wednesday, March 16	4 – 5 p.m.	Physicians & Trainers Meeting	Athletic Training Area
Wednesday, March 16	5 – 6 p.m.	Mandatory Coaches/Administrators Meeting	Virtual
Thursday, March 17	7 a.m.	Participant Doors Open Athletic Training Room Opens	Little Caesars Arena
Thursday, March 17	7 - 11 a.m.	Coaches & Administrators Hospitality	Players Club (South)
Thursday, March 17	9 a.m. – 7 p.m.	Student-Athlete Hospitality	Chair Cart Room
Thursday, March 17	9:45 a.m.	Student-Athletes must be in line for grooming checks and weigh-ins	Little Caesars Arena Competition Floor
Thursday, March 17	10 a.m.	Weigh-ins	Little Caesars Arena Competition Floor
Thursday, March 17	12:00 p.m.	Session 1	Little Caesars Arena
Thursday, March 17	5 - 7 p.m.	Coaches & Administrators Hospitality	Players Club (South)
Thursday, March 17	7 p.m.	Session 2	Little Caesars Arena
Friday, March 18	7 a.m.	Participant Doors Open Athletic Training Room Opens	Little Caesars Arena
Friday, March 18	8 - 11 a.m.	Coaches & Administrators Hospitality	Players Club (South)
Friday, March 18	8:45 a.m.	Student-athletes must be in line for grooming checks and weigh-ins	Little Caesars Arena Competition Floor
Friday, March 18	9 a.m. – 7 p.m.	Student-Athlete Hospitality	Chair Cart Room
Friday, March 18	9 a.m.	Weigh-ins	Little Caesars Arena Competition Floor
Friday, March 18	11 a.m.	Session 3	Little Caesars Arena
Friday, March 18	6 - 8 p.m.	Coaches & Administrators Hospitality	Players Club (South)
Friday, March 18	8 p.m.	Session 4	Little Caesars Arena
Saturday, March 19	7 a.m.	Participant Doors Open Athletic Training Room Opens	Little Caesars Arena
Saturday, March 19	8 - 11 a.m.	Coaches & Administrators Hospitality	Players Club (South)
Saturday, March 19	8:45 a.m.	Student-athletes must be in line for grooming checks and weigh-ins	Little Caesars Arena Competition Floor
Saturday, March 19	9 a.m. – 7 p.m.	Student-Athlete Hospitality	Chair Cart Room
Saturday, March 19	9 a.m.	Weigh-ins	Little Caesars Arena Competition Floor
Saturday, March 19	11:03:30 a.m.	Session 5	Little Caesars Arena
Saturday, March 19	5 - 7 p.m.	Coaches & Administrators Hospitality	Players Club (South)
Saturday, March 19	6 p.m.	All-Americans line up for Parade of All-Americans	Little Caesars Arena
Saturday, March 19	6:35 p.m.	Grand March/Parade of All-Americans	Little Caesars Arena
Saturday, March 19	7:04 p.m.	Session 6	Little Caesars Arena

AWARDS

Awards in each weight class will be presented after each weight class championship match beginning with the second weight class championship match. The top eight finishers in each weight class will be recognized. The champions in each weight class should also report back to the finals mat for a group champions photograph after all team awards have been presented. Statistical leader awards, as well as team awards, will also be presented. Coaches are reminded to instruct all award winners to wear their official team warm-up to the awards stand. No hats or signs are permissible.

NCAA Academic Recognition Program

The Elite 90 is presented to the student-athlete with the highest cumulative grade-point average participating at the finals site for each of the NCAA's 90 championships. It is a tremendous opportunity to honor the academic accomplishments of the top student-athletes during our championships.

Each institution with at least one student-athlete qualifier for the finals site of any NCAA championship is eligible to submit an Elite 90 nomination. The web page is located at www.ncaa.org, click on student-athlete programs and then recognition and awards. Here you will find the nomination form that is to be used for all the championships along with the deadlines for each. The criteria for award eligibility are included on the nomination form. The link to the website is located at [Elite 90 Submission Forms](#).

If you have any questions concerning this program, please contact elite90@ncaa.org.

CREENTIALS

Each institution will be awarded four (4) coaches' credentials, if requested, regardless of the number of competing student-athletes. Coaches' credentials will be issued only to those coaches listed via the registration portal. Each coach must be a recognized member of the coaching staff authorized by the institution.

Credentials may be used only by eligible competing student-athletes and recognized members of the coaching staff authorized by the respective institution. Only credentialed participating student-athletes and coaches shall be permitted to take part in practice and warmups.

FILMING

The NCAA reserves all commercial and non-commercial rights to the use of still photographs, films and videotapes of its championships. The filming or videotaping of NCAA championships by parties (i.e., participating institutions), and for commercial film purposes may be permitted only with the advance written consent of the NCAA. All commercial film requests should be directed to:

Kristen Jacob Smith

NCAA - Associate Director, Championships and Alliances, Broadcast Services

P.O. Box 6222, Indianapolis, Indiana 46206-6222

Phone: 317-917-6584

Email: kjsmith@ncaa.org

Accessing Video of Matches

Following the Championships matches can be retrieved through the Optimal Performance Calculator (OPC).

1. Log into your OPC account
2. Click on the NCAA Championships event from the schedule page
3. Click the [Videos] button (you may need to click 'More' first)
4. A new window will open with a camera icon that links to each of your videos
5. Click the camera icon to view the video
6. Right-click and click 'Save link as' to download to your device

GROCERY CARDS

Teams will receive their Meijer grocery cards at team registration. Each card is valued at \$30.00. Rivertown Market is a new neighborhood grocery store opened by Meijer. They focus on bringing fresh products at great prices to customers in Detroit and the surrounding areas. The 41,000-square-foot store offers a unique shopping experience featuring a full assortment of fresh food, local, artisan groceries, and Meijer and national brand products. For more information visit <https://www.rivertownmarket.com/>

HOTEL NAME	DISTANCE FROM MEIJER RIVERTOWN MARKET
Detroit Marriott at the Renaissance Center	0.7 mile (3 mins)
Westin Book Cadillac Detroit	1.2 miles (5 mins)
Hotel Indigo	1.2 miles (5 mins)

STORE ADDRESS

1475 E Jefferson Avenue
Detroit, MI 48207
(313) 259-6200

STORE HOURS

Sunday-Monday 7AM-10PM

SERVICE OPTIONS

In-store shopping
Curbside pickup
Delivery via partners *Shipt, Doordash, and Instacart*

HOSPITALITY

Coaches & Administrator Hospitality

A Coach/Team Medical/Team Administrator hospitality area is available inside the Players Club South on the event level of Little Caesars Arena. This hospitality area is available throughout the championships by credential only.

Student-Athlete Hospitality & Lounge

The student-athlete hospitality and lounge are located inside the chair cart room (see 'Event Level Map'). Hours of operation are 9:00 am until 7:00pm on each day of competition. Bagels with several different varieties, (no poppy seed bagels); margarine; regular cream cheese; peanut butter; and jelly with plenty of plastic utensils, plates and napkins will be available. In addition, a variety of fruit will be provided, granola bars, cereal; and hydration (e.g., PowerAde). This area will be equipped with multiple toasters and monitored by event staff and is to be used only by the student athletes competing in the championships.

HOTEL INFORMATION

The NCAA has contracted with the Detroit Marriott at the Renaissance Center, Hotel Indigo® Detroit Downtown, and the Westin Book Cadillac Detroit as the official team hotels for the 2022 NCAA Division I Wrestling Championships. Arrangements have been made to ensure housing accommodations, based on the NCAA allocation formula below, for participants, coaches, and institution's official travel party for the championships.

In making housing arrangements, NCAA rules state once the teams/qualifiers have been determined and assigned to their hotel, the reservations should be confirmed within 48 hours in the names of the institutions; and thereafter, the institutions shall be responsible for the reservations. Participating institutions are responsible for payment for the rooms reserved by the NCAA.

*NOTE: All teams **MUST** use the rooms requested and assigned at the designated property. Failure to use the assigned rooms may result in penalties, including but not limited to forfeiture of per diem and travel reimbursement. By clicking or entering the below link, you will be prompted to the registration site.

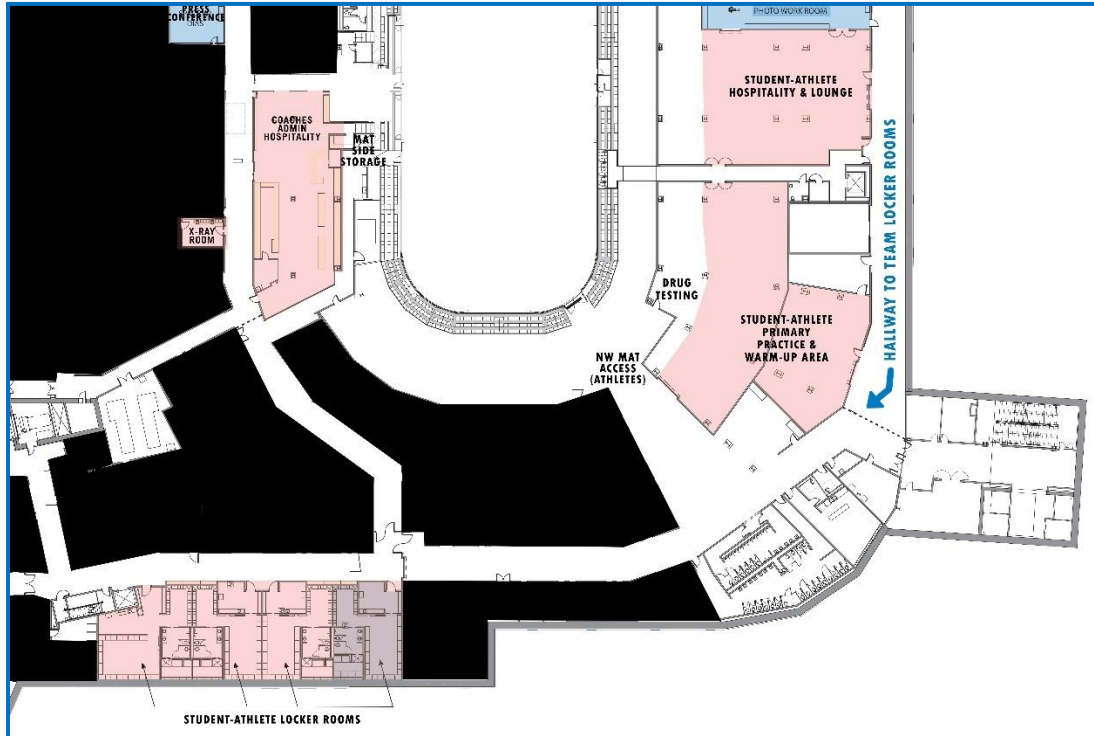
[2022 DI Wrestling Championship Registration](#)

NUMBER OF QUALIFIERS	NUMBER OF HOTEL ROOMS
1	3
2 – 3	4
4 – 5	5
6 – 7	6
8 – 9	7
10	8

NOTE: One (1) additional room shall be provided, if requested, for a team administrator. The additional room is outside of the qualifier formula but is not guaranteed to be at the same hotel property as the team.

LOCKER ROOMS

Participant locker rooms will be available inside the Belfor Locker Rooms 1-4 at Little Caesars Arena



LOCKER ROOM HOURS OF OPERATION	
Tuesday, March 15	2 p.m. to 9 p.m.
Wednesday, March 16	8 a.m. to 5 p.m.
Thursday, March 17	7 a.m. to 10:30 p.m.
Friday, March 18	7 a.m. to 10:30 p.m.
Saturday, March 19	7 a.m. to 10:30 p.m.

MEDICAL

HIPAA Rules

In accordance with the HIPAA rules and guidelines, each student-athlete competing in the NCAA DI Wrestling Championships may choose, but is not required, to submit the signed HIPAA form. Please refer to the form contained within this document. If the student-athlete chooses to sign the HIPAA form, it must be submitted to Sadie Foster via e-mail at sfoster@ncaa.org or at on-site team registration.

Medical Meeting

There will be a meeting for **ALL** medical personnel (physicians and athletic trainers) to discuss medical procedures and policies. This meeting will be held Wednesday, March 16, at 4 p.m. ET in the Athletic Training Area of Little Caesars Arena. Tournament physician Dr. Robert Kiningham; lead athletic trainer Darryl Conway; and athletic training liaison to the NCAA, Jim Thornton, will make brief remarks. Please plan to attend this short but important meeting.

Medical Credential Information

If an institution's team physician and/or certified athletic trainer plans on attending the championships and desires a medical credential, the institution must request these credentials via the registration portal.

If an institution wants an athletic training student to use one of its medical credentials, then the following action must take place:

- The athletic training student must show a school photo ID.
- The institution's certified athletic trainer/athletic trainer program director must write a letter in advance stating this student is enrolled in an accredited athletic training education program and is deserving of receiving a medical credential.

Please send a letter via email to the attention of Jim Thornton at jthornton@clarion.edu.

Medical credentials will be available at Huntington Entrance at the Medical Registration Table.

MEDICAL REGISTRATION TABLE SCHEDULE	
Tuesday, March 15	9 a.m. to 5 p.m. ET
Wednesday, March 16	9 a.m. to 5 p.m. ET

Please adhere to the following procedures to obtain medical credentials:

- All athletic trainers and team physicians must pick up their own credential during registration.
- Team physicians must provide photo identification to receive their credential.
- Athletic trainers must display their board of certification card and photo identification to receive their credential.

No medical credential will be provided in the packet distributed to each head coach at registration. Please note that coaches, student-athletes, and team personnel will not be able to enter Little Caesars Arena for competition, medical treatment, or practice until all have registered at the Team Registration.

Athletic Training Area

Throughout the week of the championships, an athletic training room on the event level of Little Caesars Arena staffed by local organizing committee with treatment and taping tables, ice, hot packs, therapeutic modalities, wound care supplies, and other pertinent medical supplies. All medical/athletic training areas will be available at the following times:

HOURS OF OPERATION	
Tuesday, March 15	2 p.m. to 9 p.m.
Wednesday, March 16	8 a.m. to 5 p.m.
Thursday, March 17	7 a.m. to 10:30 p.m.
Friday, March 18	7 a.m. to 10:30 p.m.
Saturday, March 19	7 a.m. to 10:30 p.m.

A Primary Care Sports Medicine Physician will be always on-site for practice and competition. A dermatologist will be on site for skin check sessions. An orthopedic surgeon will be on-site during competition. Various consulting physicians across numerous medical specialties will be on call throughout the duration of the event.

X-Ray equipment and trained technicians will be on-site during sessions only. The x-ray room is located on the event level #EL 06.7. If there are any additional special requests or needs, please contact in advance of the championships.

Dr. Robert Kiningham	Tournament Physician	734-417-7650	rkiningh@med.umich.edu
Darryl Conway	Athletic Training Services	734-619-9337	dcatc@umich.edu

Medical skin-Checks/Weigh-Ins

Medical skin checks/weigh-ins will be conducted daily at Little Caesars Arena. Only authorized personnel will be admitted to the medical check/weigh-in area.

Reporting for medical skin check/weigh-ins

All student-athletes wishing to compete are required to report to skin checks/weigh-ins at the designated time, wearing a suitable garment and no weight loss activity taking place. The penalty for failure to report on time and/or not discontinuing any weight-loss activities during medical exams is disqualification. Grooming checks will be performed at the same time as medical skin checks. All participants must have their nails clipped, facial hair must be suitable for a skin check, and hair must be within the rule's guidelines. **Participants not groomed properly will not be allowed to proceed to weigh-ins until the grooming check has been satisfied.**

Please note: the championship will adhere to all rules related to medical exam/weigh ins found in Chapter 9 of the NCAA Wrestling Rules Book, including those related to prohibited weight loss practices, which will be strictly enforced.

MEDICAL SKIN CHECK/WEIGH IN TIMES		
DATE	LINE UP	GROOMING/MEDICAL CHECK-WEIGH-IN
Thursday, March 17	9:45 a.m.	10:00 a.m.
Friday, March 18	8:45 a.m.	9:00 a.m.
Saturday, March 19	8:45 a.m.	9:00 a.m.

Scales

There will be ten (10) official digital scales available in the weigh-in area. The official scales will close 15 minutes prior to the start of medical skin check/weigh-ins each day. Unofficial scales will be available throughout the championships and will be in the locker rooms at Little Caesars Arena.

Mandatory skin-check for pre-existing conditions

There will be a separate skin-check for all those student-athletes with PRE-EXISTING skin conditions. They shall meet at 3 p.m. Wednesday, March 16 in the athletic training area on the event level at Little Caesars Arena. If you have a student-athlete with a pre-existing skin condition, it is mandatory that they attend this skin-check. The only acceptable form will be the NCAA Skin Evaluation and Participation Status Form which can be found in the NCAA wrestling rules book.

The tournament physician and a dermatologist will review the pre-existing skin condition and determine whether the student-athlete will be able to participate. It is encouraged that these student-athletes be accompanied by their athletic trainer. The student-athlete, not the athletic trainers or coaches, should keep their forms with them and have them ready to provide to the dermatologist and medical staff of the championships at this meeting and again each morning. This pre-existing skin-check does not exempt any student-athlete from the regularly scheduled skin check and weigh-ins occurring each morning of the competition, but is a mandatory, additional skin check.

The championships' dermatologists, physicians and certified athletic trainers will conduct the exams. All student-athletes will be checked according to their weight. The championships' physician shall report the results of the examination to the chair of the wrestling committee or a designated representative, who shall then be responsible for the administrative enforcement of the medical recommendation, if it involves disqualification from the championships.

Please refer to NCAA Rules found in section 9.1 for all information regarding medical examination/skin checks. "A physician or a certified athletic trainer shall examine all contestants for communicable diseases before all tournaments and meets. It is recommended that this examination be made at the time of weigh-in. The presence of a communicable skin disease (or any other condition that, in the opinion of the examining physician or athletic trainer, makes the participation of that individual inadvisable), shall be full and sufficient reason for disqualification.

If the student-athlete has been diagnosed as having such a condition and is currently being treated by a physician (ideally a dermatologist) who has determined that is safe for that individual to compete without jeopardizing the health of the opponent, the student-athlete may be considered for competition. However, the student-athlete, coach or athletic trainer shall provide current written documentation from the treating physician to the medical professional at the medical examination with the approved NCAA Skin Evaluation and Participation Status Form, describing: (1) the diagnosed skin disease or condition; (2) the prescribed treatment and the time necessary for it to take effect; and (3) that the skin disease or condition would not be communicable or harmful to the opponent at the time of competition. Such documentation shall be furnished at the medical examination."

Regardless of institutional documentation per rule 9.11 in the rules book, the final medical determination on whether a student-athlete passes skin checks resides with the host site's physician. Decisions made by the championship physician are final.

If there are any questions regarding identification or proper treatment, please feel free to contact Dr. Kinningham or Darryl Conway at the previously listed telephone numbers.

Injury Information

All participating student-athletes currently receiving modality treatment for an existing injury prior to the 2022 NCAA Division I Wrestling Championships can continue their treatment in the championships athletic training area. No treatment shall be allowed by athletic training students unless accompanied by and in direct supervision of the team's certified athletic trainer.

Evaluation/Treatment of Injuries during the Championships

Any student-athlete injured during competition will be examined by his team's physician and/or athletic trainer. In the absence of a physician or athletic trainer, a championships physician or Certified Athletic Trainer will be available to assist the injured student-athlete in any way possible. If the injury is of an obvious serious nature, the championships physician will complete the mat side evaluation. After completion of an evaluation, the physician or athletic trainer will make recommendations to the student-athlete and head coach regarding the advisability of continued participation. All procedures and resulting decisions will be in accordance with NCAA concussion management protocol and health and safety plan.

Procedure to Medically Disqualify a Student-Athlete during an NCAA Championship

As the event sponsor, the NCAA seeks to ensure that all student-athletes are physically fit to participate in its championships and have valid medical clearance to participate in the competition. The NCAA championships physician, as designated by the host school, has the unchallengeable authority to determine whether a student-athlete with an injury, illness, or other medical condition (e.g., skin infection) may expose others to significantly enhanced risk of harm, and, if so, to disqualify the student-athlete from continued participation.

The student-athlete's team physician can determine whether an individual with an injury or illness should continue to participate or is disqualified. In the absence of a team physician, the NCAA championships physician will examine the student-athlete and has valid medical authority to disqualify him if the student-athlete's injury, illness, or medical condition poses a potentially life-threatening risk to himself.

The chair of the governing sports committee (or a designated representative) shall be responsible for administrative enforcement of the medical judgment if it involves disqualification.

Student-athletes who sustain serious injuries as determined by the examining physician (e.g., significant head trauma, spinal cord injury etc.) will be transferred to one of the medical facilities shown earlier by ambulance. One ambulance will be on site throughout the course of the championships with back-up standing by.

Please note NCAA Rule 6, Section 2: "If a contestant is rendered unconscious, that wrestler shall not be permitted to continue the match after regaining consciousness without approval of a physician. A contestant who receives a temporary injury to the head, neck or spinal column that does not render that contestant unconscious shall not be permitted to continue the match without approval of a physician or certified athletic trainer."

Finally, for medical personnel, please review the [NCAA Sports Medicine Handbook](#) guideline on concussions.

Hospitals and Emergency Services

In the event of an emergency that requires hospitalization, the following hospitals will be used:

DMC Harper Hospital
3990 John R. St
Detroit, MI 48201

Detroit Receiving Hospital
4201 St. Antoine
Detroit, MI 48201

Urgent Care

CONCENTRA URGENT CARE is an urgent care center in Detroit and is open from 12:00AM to 11:59PM. They are located at 2630 E Jefferson Ave and open 24 hours, 7 days per week. They accept Medicare, PPO, Self-Pay, TRICARE, Triwest. *BMC URGENT CARE MI* is an urgent care center in Detroit open Monday – Friday 9:00am – 5:00pm but closed on Saturday and Sunday. They are located at 8282 Woodward Avenue, Detroit, MI 48202.

PARTICIPATION AWARDS

After the championship, MainGate will send the head coach an email providing ordering process details, along with a unique Certificate Code (valid for one participation awards per member of your travel party) which can be redeemed only at www.NCAA-Awards.com. To ensure that each participant receives his or her award, a member of your administration must place your team's order, including size information, at www.NCAA-Awards.com using your certificate code. If you would like to purchase additional awards, you will have the opportunity to do so online via personal credit card at the end of the checkout process.

Participation award items will be sent to your institution for distribution to your student-athletes within four to six weeks after your order is placed. If you do not receive information for ordering awards within two weeks of the conclusion of the championship, please contact Erin Hannoy (ehannoy@maingateinc.com), Customer Service (866-945-7267) or Anthony Holman (aholman@ncaa.org).

PREORDER OF CHAMPIONSHIP MERCHANDISE

Event 1, Inc., the official souvenir merchandiser for the NCAA, is offering participating teams and individuals the opportunity to preorder shirts for the 2022 NCAA Division I Wrestling Championships.

Please visit <http://www.event1teamstore.com>. Click on the NCAA icon and then select your division and sport. Complete the order form by selecting the quantities and sizes needed. Credit card information is mandatory to process the order immediately. **University purchase orders cannot be accepted. Please select that this is a team order.**

Please note that institutions placing orders by the deadline will have their orders shipped directly to their campuses the week after competition is complete.

**The deadline for submitting orders is 11:00 p.m. ET, on Friday, March 25, 2022.
Orders submitted after this time will not be accepted.**

As a point of information, these shirts also will be available for sale at your competition site. However, we cannot guarantee that your sizes will be available at the event.

Please contact Gina Hummer at Event 1 at gina.hummer@hanes.com if you have any questions.

PROGRAM & BRACKET SHEETS

Programs will be provided to coaches at registration. Updated bracket sheets will be available through the Wrestling App as well as hard copies will be placed in the Team Services / Coaches Hospitality area prior to each session.

SAFETY & SECURITY

The arena has taken enhanced health and safety measures intended to mitigate the risk of exposure to COVID-19. Currently, there is not an overarching mask mandate for guests entering Little Caesars Arena. Hand sanitizer is available to guests throughout our venue. LCA provides an experienced security staff inside the arena, as well as police officers outside the arena to provide security before, during and after events. Due to increased security, all participants, coaches, team administrators, personnel and medical staff entering LCA are subject to search of their person and/or possessions (including bags of normal size which may be allowed entry after search). Enforcement will be without exceptions. NCAA issued credentials are required for every individual to enter LCA and for access within the venue and must be always worn except for when student-athletes are practicing or competing.

The Emergency Evacuation Plan will go as follows:

NOTIFICATION

- Notification of an onsite emergency will usually come from a guest, colleague, or fire detection system.
- Notification of an offsite emergency that may threaten Little Caesars Arena could come from any of the following sources:
 - Corporate Security Command Center
 - Police/Fire Department
 - Emergency Management Agency
 - Weather radio (National Weather Service)
 - Emergency Alert System (WJR AM-760; WWJ AM-950)
 - Commercial Radio and Television
 - Additional Law Enforcement agencies
 - Off-site venues, Olympia Entertainment and IHI officials
- The Command Center will be notified of emergency situations that have come to the attention of the Detroit Police Department and/or Fire Department(s).
- Colleagues will notify their manager/supervisor and if necessary, the Command Center whenever they receive information or detect an emergency. The following information will be provided:
 - Type of problem (smoke, fire, water, weather, bomb threat, etc.)
 - Location of problem (outside building, bathroom, office area, lab, etc.)
 - Time reported or detected and name of person providing the information.
 - Apparent injury, damage, or illness.
- The Command Center will be notified of emergency situations that have come to the attention of venue management.
- The Command Center will notify the Situation Assessment Group (SAG) and key officials of the situation as indicated in the Plan and Command Center procedures.
- When activated and operational, the Emergency Coordination Center (ECC) will notify key officials of the situation. The Primary ECC is in the Command Center.
- As necessary, guests will be provided emergency information and instructions via the P.A. and video display systems.

COMMAND CENTER

The Command Center is located on the Northwest Club Level of the Arena.

The Arena Command Center will provide security and safety services for the arena proper, surrounding buildings, parking garage, practice rink, retail stores, residential, restaurants, as well as the adjacent streets. The design includes the latest technology available to monitor video security systems, such as interior/exterior video monitoring and response to critical life safety functions within the Arena and surrounding buildings. The Command Center is staffed 24 hours a day. There is a conference room

adjacent to the Command Center that will serve as the ECC. There are adjacent offices for law enforcement and other officials.

Ilitch Holdings has adopted the Incident Command System as its means of ensuring an effective inter-face with responding emergency services; Incident Management positions have been adapted to fit within business operations descriptions. ICS is a management system that sets forth standardized procedures for managing communications, facilities, resources, accountability, and unified command in the event of a coordinated emergency response. Used throughout the United States and is how major incidents are managed by the Detroit, as well as by all other response agencies in Southeastern Michigan.

COMMUNICATIONS

The primary method of communications is by portable radio. All radio communications are monitored in the Arena Command Center as well as the Corporate Security Command Center. Redundant communications via landline telephone and cellphones are utilized as well. Any time the Emergency Plan is put into effect all personnel responsible for carrying out the Emergency Plan will turn to designated radio channels: Any time the Emergency Plan is activated, personnel responsible for carrying out the Emergency Plan will turn to the Arena Emergency Channel E-1.

Medstar Ambulance Services	MERS Radio
Detroit Fire Department	DFD Radio
Detroit Police Department	DPD Radio
Little Caesars Arena	Security Radio

HARDENED PERIMETER

A 100-foot hardened perimeter has been established around the Arena.

EVACUATION - SHELTER IN PLACE – STAGING - ROUTING

All Video Monitors will show evacuation routes. All P.A. will direct to evacuation routes.

All Video Monitors will show shelter locations. All P.A. will direct to shelter locations.

VIP's - Teams, NCAA officials, high ranking government officials, etc. evacuate competition area to dressing room to loading dock to team buses, load everyone and proceed to Comerica Park, Auxiliary Room, Service Level. Guests will be assisted with evacuation or shelter by first responders, security, guest services. Colleagues/employees will evacuate to Chevy Plaza and/or Cass Park.

North & South bound Woodward Avenue & North & South bound Cass Avenue will be used for evacuation routes.

SPORTS INFORMATION & PRESS CONFERENCES

Sports information and media relations for the championships will be under the direction of:

Matthew Holmes
Assistant Director, Media Coordination
Phone: 317-917-6385
Email: mholmes@ncaa.org

Pre-championship press conferences featuring selected student-athletes and coaches will be on Wednesday, March 16 and held on the "Via", the arena's central concourse and temperature-controlled public space that opens to the street and into the arena. The student-athlete portion of the press conference will begin at 1 p.m. ET and the coaches will follow. Each press conference will be 30 minutes in length. Coaches and student-athletes taking part in the Wednesday press conferences may also be asked to take part in green screen shoots and individual interviews for the television broadcast and in-venue production.

Student-athletes winning their semifinal matches on Friday, March 18 will be immediately escorted by championship personnel to the interview room (DWR Press Room) for a brief press conference. Following the press conference student-athletes must report to the ESPN interview area within Little Caesars Arena for video headshots and the NCAA production room for green screen shoots in preparation for the championship match introductions. Coaches are asked to ensure student-athletes wear official school warm-ups for the headshots.

Coaches of the top 3-5 institutions in the team standings will hold a press conference Friday, March 18 at the conclusion of Session IV. The number of coaches participating will be determined by championship personnel.

Student-athletes winning their national championship match Saturday, March 19 will be immediately escorted by championship personnel to the interview room for a brief press conference.

The head coach of the national championship team will participate in a press conference following the conclusion of Session VI competition on Saturday, March 19.

Per the NCAA's policy student-athlete and coach participation in NCAA championship press conferences, broadcast and in-venue presentation interviews is mandatory. All requested coaches and student-athletes are expected to participate as requested by NCAA personnel.

WORKOUTS

The primary workout area / practice mats will be available inside Storage Room 3 of Little Caesars Arena. A secondary warm-up area will be available near the loading dock. Please refer to the maps in the back of this manual. Exercise equipment and scales will be provided for participants during practice times. Hours for the workout area (practice mats) are as follows:

Tuesday, March 15	Noon to 9:00 p.m. (Competition mats are not available until 3:00 p.m.)
Wednesday, March 16	9:00 a.m. to 5:00 p.m.
Thursday, March 17	7:00 a.m. to 10:30 p.m.
Friday, March 18	7:00 a.m. to 10:30 p.m.
Saturday, March 19	7:00 a.m. to 9:00 p.m.

STUDENT-ATHLETE AUTHORIZATION
CONSENT FOR
DISCLOSURE OF PROTECTED HEALTH INFORMATION

I, _____, hereby authorize _____,
(Name of Student-Athlete) (Name of My Institution)

and its physicians, athletic trainers, and health care personnel to disclose my protected health information and any related information regarding any injury or illness during my training for and participation in intercollegiate athletics to the NCAA, the University of Michigan and its employees or agents.

I understand that my protected health information will be used by the NCAA and the University of Michigan for the purpose of handling any media inquiries in conjunction with the 2022 NCAA Division I Wrestling Championships.

I understand that my injury/illness information is protected by federal regulations under either the Health Information Portability and Accountability Act (HIPAA) or the Family Educational Rights and Privacy Act of 1974 (the Buckley Amendment) and may not be disclosed without either my authorization under HIPAA or my consent under the Buckley Amendment. I understand that my signing of this authorization/consent is voluntary and that my institution will not condition any health care treatment or payment, enrollment in a health plan or receipt of any benefits (if applicable) on whether I provide the consent or authorization requested for this disclosure. I also understand that I am not required to sign this authorization/consent to be eligible for participation in NCAA or conference athletics.

I also understand that the NCAA and the University of Michigan are not covered by the Buckley Amendment or HIPAA and that these regulations will not apply to the NCAA and the University of Michigan's use or disclosure of my injury/illness information.

This authorization/consent expires 380 days from the date of my signature below, but I have the right to revoke it in writing at any time by sending written notification to the director of athletics at my institution. I understand that a revocation is not effective to the extent action has already been taken in reliance on this authorization/consent.

_____ Printed Name of Student-Athlete	_____ Signature	_____ Date
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_____ Printed Name of Guardian (If student-athlete is under the age of 18)	_____ Signature	_____ Date
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National Collegiate Athletic Association

SKIN EVALUATION AND PARTICIPATION STATUS (Physician Release for Student-Athlete to Participate with Skin Lesion)

Student-Athlete: _____

Date of Exam: ____ / ____ / ____

Institution: _____

Please Mark Location of Lesion(s):

Dual(s)/Tournament: _____

Number of Lesion(s): _____

Cultured: No Yes _____

Diagnosis: _____

Medication(s) used to treat lesion(s): _____

Date Treatment Started: ____ / ____ / ____ Time: _____

Earliest Date student-athlete may return to participation: ____ / ____ / ____

Physician Name (Printed): _____

Physician Signature: _____

(M.D. or D.O.)

Specialty: _____

Office Address: _____

Contact #: _____

Institution Certified Athletic Trainer Notified: No Yes Signature: _____

Note to Physician: Non-contagious lesions do not require treatment prior to return to participation (e.g. eczema, psoriasis, etc.). Please familiarize yourself with NCAA Wrestling Rules which state: (refer to the NCAA Wrestling Rules and Interpretations publication for complete information)

"9.6.4 ... The presence of a communicable skin disease ... shall be full and sufficient reason for disqualification."

"9.6.5 ... If a student-athlete has been diagnosed as having such a condition, and is currently being treated by a physician (ideally a dermatologist) who has determined that it is safe for that individual to compete without jeopardizing the health of the opponent, the student-athlete may compete. However, the student-athlete or his/her coach or athletic trainer shall provide current written documentation from the treating physician to the medical professional at the medical examination, ..."

"9.6.6 ... Final determination of the participant's ability to compete shall be made by the host site's physician or certified athletic trainer who conducts the medical examination after review of any such documentation and the completion of the exam."

Below are some treatment guidelines that suggest **MINIMUM TREATMENT** before return to wrestling: (please refer to the NCAA Sports Medicine Handbook for complete information)

Bacterial Infections (Furuncles, Carbuncles, Folliculitis, Impetigo, Cellulitis or Erysipelas, Staphylococcal disease, CA-MRSA): Wrestler must have been without any new skin lesion for 48 hours before the meet or tournament; completed 72 hours of antibiotic therapy and have no moist, exudative or draining lesions at meet or tournament time. Gram stain of exudate from questionable lesions (if available). Active bacterial infections shall not be covered to allow participation.

Herpetic Lesions (Simplex, fever blisters/cold sores, Zoster, Gladiatorum): Skin lesions must be surmounted by a FIRM ADHERENT CRUST at competition time, and have no evidence of secondary bacterial infection. For primary (first episode of Herpes Gladiatorum) infection, the wrestler must have developed no new blisters for 72 hours before the examination; be free of signs and symptoms like fever, malaise, and swollen lymph nodes; and have been on appropriate dosage of systemic antiviral therapy for at least 120 hours before and at the time of the competition. Recurrent outbreaks require a minimum of 120 hours of oral anti-viral treatment, again so long as no new lesions have developed and all lesions are scabbed over. Active herpetic infections shall not be covered to allow participation.

Tinea Lesions (ringworm): Oral or topical treatment for 72 hours on skin and 14 days on scalp. Wrestlers with solitary, or closely clustered, localized lesions will be disqualified if lesions are in a body location that cannot be adequately covered.

Molluscum Contagiosum: Lesions must be curetted or removed before the meet or tournament and covered.

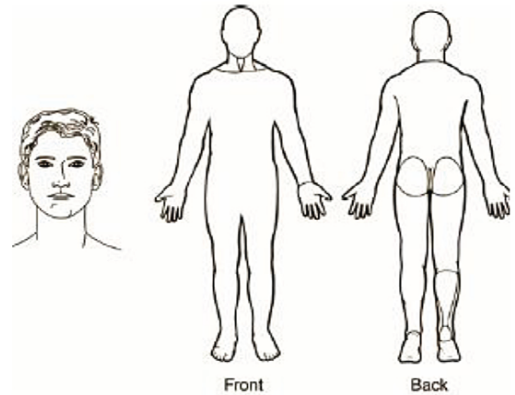
Verrucae: Wrestlers with multiple digitate verrucae of their face will be disqualified if the infected areas cannot be covered with a mask. Solitary or scattered lesions can be curetted away before the meet or tournament. Wrestlers with multiple verrucae plana or verrucae vulgaris must have the lesions adequately covered.

Hidradenitis Suppurativa: Wrestler will be disqualified if extensive or purulent draining lesions are present; covering is not permissible.

Pediculosis: Wrestler must be treated with appropriate pediculicide and re-examined for completeness of response before wrestling.

Scabies: Wrestler must have negative scabies prep at meet or tournament time.

DISCLAIMER: The National Collegiate Athletic Association shall not be liable or responsible, in any way, for any diagnosis or other evaluation made herein, or exam performed in connection therewith, by the above named physician/provider, or for any subsequent action taken, in whole or in part, in reliance upon the accuracy or veracity of the information provided herein.



TRANSPORTATION FROM DETROIT METRO AIRPORT

RENTAL CAR SERVICES

Rental car shuttle bus stops can be found in the Ground Transportation Centers of both the McNamara Terminal Parking Garage and the Big Blue Deck of the North Terminal. Here are the on-airport rental car agencies:

Alamo	800-327-9633
Avis	800-331-1212
Budget	800-527-0700
Dollar	800-421-6878
Enterprise	800-325-8007
Hertz	800-654-3131
National	800-227-7368
Thrifty	800-367-2277

Note: If you are renting from an off-airport rental car agency, shuttle pickup may be at a separate location. Please follow signs for Off-Airport Rental Car Shuttles.

TAXIS & LUXURY SEDANS To make a reservation, contact Metro Cars or Metro Cab or visit the Metro Cars/Metro Cab kiosks located in the Ground Transportation Centers at each terminal. Handicap accessible vehicles are available upon request. Upon arrival in Detroit, and once all baggage has been claimed, follow signs to Ground Transportation on Level 4 to catch a ride.

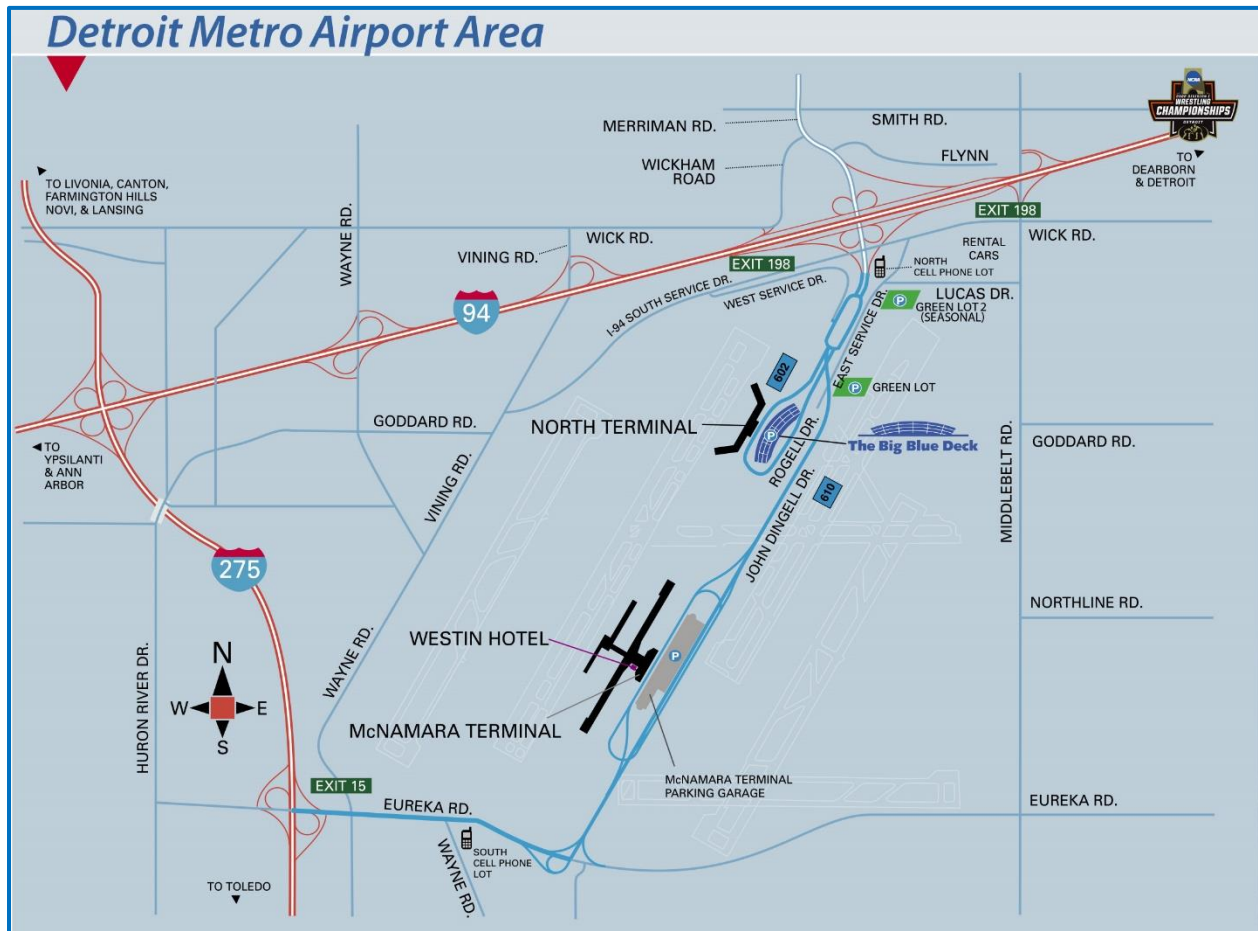
Metro Cab (Taxi Service)	734-997-6500
Metro Cars (Luxury Sedans)	800-456-1701

RIDESHARE Use Rideshare service apps to book a ride to and from Detroit Metro Airport. Passengers can only meet their driver within the designated Rideshare area that is located inside the Big Blue Deck, Level 1 (North Terminal) or McNamara Parking Garage, Level 4. **North Terminal:** Once across the Skybridge, continue through the sliding glass doors. Take the elevator or escalator on the right, down to Level 1 to locate the Rideshare staging area. **McNamara Terminal:** Once across the Skybridge, continue to the bank of elevators located on Level 6 of the Ground Transportation Center. Take the elevator down to Level 4 to locate the Rideshare staging area.

PUBLIC TRANSPORTATION If traveling by public transportation, SMART provides service to and from Detroit Metro Airport. SMART currently serves both terminals with Route 125 <https://www.smartbus.org/>. SMART also now offers a high-frequency service called FAST, which has limited stops and connects Downtown Detroit with the suburbs quickly. FAST Route 261 (Michigan Avenue) makes stops at both Detroit Metro Airport terminals <https://www.smartbus.org/ridesmart-fast>

PREARRANGED Customers with prearranged ground transportation, other than one of Detroit Metropolitan Airport's official providers, may meet their driver in designated areas of their terminal's baggage claim area or Ground Transportation Center. Please be sure to arrange a meeting location with your transportation provider directly in advance of your arrival. Only customers with advanced reservations may use unauthorized ground transportation services; soliciting is strictly prohibited.

DIRECTIONS FROM AIRPORT TO HOTEL



DETROIT MARRIOTT AT THE RENAISSANCE CENTER

400 Renaissance Dr. W, Detroit, MI 48243

Take I-94 East, exit Lodge Freeway (M10) South. Lodge Freeway becomes Jefferson Avenue East. Turn right on Beaubien Street - just past the GM Renaissance Center building. Self-parking is available at both the Beaubien Place Garage and the Port Atwater Parking Garage on Beaubien Street. Skywalk access to the Renaissance Center is available from either garage. For Valet Parking, turn right on Atwater. Turn right at Renaissance Drive and the hotel valet and motor lobby is on the right. Additional self-parking is also available in the Center Garage located across from the hotel main entrance on Renaissance Drive. A skywalk is available from the parking garage to the Renaissance Center.

HOTEL INDIGO DETROIT DOWNTOWN

1020 Washington Blvd, Detroit, MI 48226

Take I-94 East, exit the Lodge Freeway (M10) South. Proceed southbound and take Exit 1B (left side of the freeway) onto Larned Street. At the first traffic light, turn left onto Washington Boulevard. Proceed straight through three lights and the Hotel Indigo is located on the right side just past Lafayette Boulevard before you reach Michigan Avenue. Parking is available in the hotel valet on Washington Boulevard or at Eladio Parking adjacent to the hotel.

THE WESTIN BOOK CADILLAC DETROIT

1114 Washington Blvd, Detroit, MI 48226

Take I-94 East, exit the Lodge Freeway (M10) South. Proceed southbound and take Exit 1B (left side of the freeway) onto Larned Street. At the first traffic light, turn left onto Washington Boulevard. Proceed straight through four lights and The Westin Book Cadillac is located on the right side as you cross Michigan Avenue. Parking is available in the hotel valet on Washington Boulevard or nearby parking structures.

GROUND TRANSPORTATION

RIDE COMPANIES

Ride App companies Lyft and Uber are available in Metro Detroit. For more information, please visit their app or website.

- Lyft <https://www.lyft.com>
- Uber <https://www.uber.com>

QLINE & THE PEOPLE MOVER

QLine is a streetcar system that runs parallel with Woodward Ave, starting at Grand Blvd. and running to Congress Street. It is a free to use transportation system that connects you with exciting destinations activities and attractions in Detroit.

- You can find their website and more information at <https://qlinedetroit.com>
- Little Caesars Arena is located at the Adelaide & Sproat street stop.
- Hotels are located near Congress and Campus Martius stops.
- Face masks are required in accordance with TSA policy.
- Hours of Operation: Sunday-Thursday: 8AM-8PM; Friday-Saturday: 8AM-10PM

The People Mover is an automated guideway transit system that runs on an elevated railway and circles around the downtown sector of Detroit. It allows for riders to move around the city fast and effectively, while also taking in great vantage points of the city.

- You can find their website and more information at <https://www.thepeoplemover.com/>
- Has stop locations at Grand Circus Park, The Renaissance Center, Greektown among others.
- Cost is a flat rate of \$0.75 to ride.

RENTAL SCOOTERS & BIKES

Rental scooters are located on sidewalks throughout the Detroit. Download or visit the website of one of the following to get started.

- **Bird** - <https://www.bird.co/how/>
- **Lime** - <https://www.li.me/electric-scooter>
- **Link** - <https://www.link.city>
- **Spin** - <https://www.spin.app>

MoGo is a nonprofit bike share system where you can rent at one of their 75 Metro Detroit bike station or on the Transit app. For more information and help renting visit <https://mogodetroit.org> .

DOWNTOWN DETROIT



DOWNTOWN DETROIT

New is a word familiar in Detroit. New restaurants, entertainment districts, retailers and businesses are everywhere. All this exciting development is a sign that it's GO time in Detroit — an IT place to visit with its own take on renewal that's inspiring. This is the city where the deep-dish square pizza reigns supreme and the Coney dog was first assembled. This is the city American media now call a food mecca with countless new restaurants, many serving locally grown ingredients. It's also where premium bike makers, celebrity clothing designers and athletic gear mega-retailer Nike have bustling storefronts. For more information go to www.visitdetroit.com.

AMERICAN

7 Greens Detroit Salad Co.
1222 Library St.
313-964-9005

American Coney Island
114 W. Lafayette Blvd.
313-961-7758

Aretha's Jazz Cafe at Music Hall
350 Madison Ave.
313-887-8501

Avalon Cafe & Bakery
1049 Woodward Ave.
313-285-8006

Baltimore Bar & Grill
1234 Randolph St.
313-964-2728

Beyond Juicery + Eatery
2501 Russell St.
313-818-3502

Big City Bar & Grill
1020 Washington Blvd.
313-963-8808

Bistro 555
555 E. Lafayette Blvd.
313-223-2999

Bobcat Bonnie's
1800 Michigan Ave.
313-962-1383

Bookies Bar & Grille
2208 Cass Ave.
313-962-0319

Brooklyn Street Local
1266 Michigan Ave.
313-262-6547

Cass Café
4620 Cass Ave.
313-831-1400

Central Kitchen & Bar
660 Woodward Ave., Ste. 4A
313-963-9000

Chili Mustard Onions
Vegan/Vegetarian Options
3411 Brush St
313-462-4949

Cliff Bell's
2030 Park Ave.
313-961-2543

Dime Store
719 Griswold St., Ste. 180
313-962-9106

Downtown Louie's Lounge
30 Clifford St.
313-961-1600

Freshii
1001 Woodward Ave., Ste. 105
313-237-0700

Grand Trunk Pub
612 Woodward Ave.
313-961-3043

Hockeytown Cafe
2301 Woodward Ave.
313-471-3400

Hudson Cafe
1241 Woodward Ave.
313-237-1000

Jolly Pumpkin
441 W. Canfield St., Ste. 9
313-262-6115

Lafayette Coney Island
118 W. Lafayette Blvd.
313-964-8198

Mercury Burger & Bar
2163 Michigan Ave.
313-964-5000

Mom's Spaghetti
Inside Union Assembly
2131 Woodward Ave.
313-888-8388

Rusted Crow - Detroit
78 W. Adams Ave.
313-782-4751

Shake Shack
First National Building
313-672-0501

Slows Bar BBQ
2138 Michigan Ave.
313-962-9828

Sweet Water Tavern
400 E. Congress St.
313-962-2210

The Kitchen by Cooking w Que
Vegan/Vegetarian Options
6529 Woodward Ave Suite A
313-462-4184

Tin Roof
47 E. Adams Ave.
313-362-6114

Union Assembly
2131 Woodward Ave.
313-636-6000

Wahlburgers
569 Monroe St.
313-209-4499

Woodbridge Pub
5169 Trumbull Ave.
313-833-2701

BAKED GOODS & SWEETS

Astoria Pastry Shop
541 Monroe St.
313-963-9603

Avalon International Breads
422 W. Willis St.
313-832-0008

Detroit Water Ice Factory
1014 Woodward Ave.
313-888-9106

For the Love of Sugar
Vegan/Vegetarian Options
100 Erskine St
313-788-7111

MexicanTown Bakery
4300 W. Vernor Hwy.
313-554-0001

Milano Bakery
3500 Russell St.
313-833-3500

Ochre Bakery/Astro Coffee
4884 Grand River Ave
313-686-5694

BRAZILIAN

Texas de Brazil
1000 Woodward Ave.
313-964-4333

CAJUN

Louisiana Creole Gumbo
2051 Gratiot Ave.
313-567-1200

The Turkey Grill
8290 Woodward Ave.
313-872-4624

CHINESE

China House
550 E. Warren Ave.
313-831-8888

Midtown Shangri-La
4710 Cass Ave.
313-974-7669

COFFEE & TEA HOUSES

Anthology Coffee
1948 Division St.
313-355-4040

Cannelle Coffee & Pastries
45 W Grand River Ave
313-694-9767

Dessert Oasis Coffee Roasters
1220 Griswold St.
313-338-3515

Roasting Plant
660 Woodward Ave.
313-782-4291

The Congregation
9321 Rosa Parks Blvd.
313-307-5518

Tim Hortons
333 E. Jefferson Ave.
313-502-5877

FRENCH-AMERICAN

Le Petit Dejeuner
6470 E. Jefferson Ave.
313-725-0257

Parc
Campus Martius Park
313-922-PARC

FUSION

The Detroit Club
712 Cass Ave.
313-338-3222

Detroit Shipping Co.
474 Peterboro St.
313-462-4973

Selden Standard
3921 Second Ave.
313-438-5055

Vertical Detroit
1538 Centre St.
313-732-9463

GREEK

Athens Souvlaki
645 Griswold St.
248-730-6463

Pegasus Taverna Restaurant
558 Monroe St.
313-964-6800

ITALIAN

Amore da Roma
3401 Riopelle St.
313-831-5940

Andiamo Detroit Riverfront
400 GM Renaissance Center
313-567-6700

Buddy's Pizza - Detroit
17125 Conant St.
313-892-9001

Mike's Pizza Bar
2515 Woodward Ave
313-782-4589

Mootz Pizzeria
1230 Library St.
313-243-1230

Ottava Via
1400 Michigan Ave.
313-962-5500

Pie-Sci Pizza
Vegan/Vegetarian Options
5163 Trumbull
313-818-0290

Supinos Pizzeria *Carryout Only*
2457 Russell St.
313-567-7879

Supinos Pizzeria *Dine-In & Carryout*
6519 Woodward Ave
313-314-7400

JAPANESE

Ima *Vegan/Vegetarian Options*
2015 Michigan Ave.
313-502-5959

Johnny Noodle King
2601 W. Fort St.
313-309-7946

Maru
160 W. Fort St.
313-315-3100

PAO Detroit
114 W. Adams Ave.
313-816-0000

MEDITERRANEAN

2941 Street Food
4219 Woodward Ave.
313-338-3466

Bucharest Grill - Corktown
1623 Michigan Ave.
313-965-3111

Bucharest Grill - Midtown
110 Piquette Ave.
313-965-3111

MEXICAN

Armando's Mexican Restaurant
4242 W. Vernor Hwy.
313-554-0666

Evie's Tamales
3454 Bagley Ave.
313-843-5056

La Gloria Bakery
3345 Bagley Ave.
313-842-5722

Los Galanes
3362 Bagley Ave.
313-554-4444

Salsarita's Fresh Mexican Grill
100 GM Renaissance Center, A106
313-567-3701

NEW AMERICAN

Apparatus Room
250 W. Larned St.
313-800-5600

Green Dot Stables
2200 W. Lafayette Blvd.
313-962-5588

Seva *Vegan/Vegetarian Options*
66 E. Forest Ave.
313-974-6661

Standby
225 Gratiot Ave.
313-736-5533

Townhouse
500 Woodward Ave.
313-723-1000

Wright & Co.
1500 Woodward Ave.
313-962-7711

POLISH

Polonia Polish Restaurant
2934 Yemans St.
313-873-8432

SEAFOOD

Al's Fish, Chicken & Seafood
2935 Russell St.
313-393-1722

Fishbone's - Detroit
400 Monroe St.
313-965-4600

PHARMACY

CVS - Downtown
1037 Woodward Ave.
313-963-1007

CVS – WSU *Open 24 hours*
350 E Warren Ave
313-833-0201

Griswold Pharmacy
1411 Washington Blvd.
313-237-9000

Rite Aid
4612 Woodward Ave.
313-832-3247

Harbor House
440 Clinton St.
313-967-9900

Joe Muer Seafood
400 GM Renaissance Center
313-567-6837

SOUL FOOD

Bert's Market Place
2727 Russell St.
313-567-2030

Detroit Vegan Soul
Vegan/Vegetarian Options
19614 Grand River Ave.
313-766-5728

Savannah Blue
1431 Times Square
313-926-0783

STEAKHOUSE

Grey Ghost Detroit
47 E. Watson St.
313-262-6534

CVS – Rivertown
3200 E Jefferson Ave.
313-396-5481

PharMor Pharmacy
3169 Woodward Ave.
313-832-4810

London Chop House
155 W. Congress St.
313-962-0277

Prime + Proper
1145 Griswold St.
313-636-3100

THAI

Go Sy Thai
4240 Cass Ave., Ste. 103
313-638-1467

Orchid Thai
115 Monroe St.
313-962-0225

Sala Thai
3400 Russell St.
313-831-1302

Takoi *Vegan/Vegetarian Options*
2520 Michigan Ave.
313-855-2864

T N Thai Bistro
17100 Kercheval Ave
313-885-2695

MEIJER GROCERY STORES

Meijer Rivertown Market
1475 E Jefferson
313-259-6200
Distance from LCA 5 min (2.0 miles)

Meijer Allen Park
3565 Fairlane Circle
313-253-1100
Distance from LCA 15 min (11 miles)

Meijer Lincoln Park
313-294-1700
Distance from LCA 15 min (12 miles)

Meijer Grand River
21431 Grand River Ave
313-778-7700
Distance from LCA 21 min (15 miles)

DOWNTOWN DETROIT

CENTRAL BUSINESS DISTRICT



- DETROIT PEOPLE MOVER STATIONS**
- A Times Square
 - B Grand Circus Park
 - C Broadway
 - D Cadillac Center
 - E Greektown
 - F Bricktown
 - G Renaissance Center
 - H Millender Center
 - I Financial District
 - J Joe Louis Arena
 - K Huntington Place
 - L Fort/Cass Michigan Avenue
- Trains arrive every four minutes.*

- QLINE STATIONS**
- A Grand Blvd. CONNECT TO SMART
 - B Baltimore St. CONNECT TO SMART
 - C Amsterdam St.
 - D Ferry St.
 - E Warren Ave. CONNECT TO SMART
 - F Canfield St.
 - G Martin Luther King Jr. Blvd./ Mack Ave.
 - H Sproat St./Adelaide St.
 - I Montcalm St.
 - J Grand Circus CONNECT TO DETROIT PEOPLE MOVER
 - K Campus Martius
 - L Congress St.

DOWNTOWN HOTELS

- | | | |
|--|--|---|
| <ul style="list-style-type: none"> 1 Aloft Detroit at the David Whitney
1 Park Ave., Detroit, MI 48226 2 The Atheneum Suite Hotel & Conference Center
1000 Brush St., Detroit, MI 48226 3 Courtyard by Marriott - Detroit Downtown
333 E. Jefferson Ave., Detroit, MI 48226 4 Crowne Plaza - Detroit Downtown Riverfront
Convention Center Hotel
2 Washington Blvd., Detroit, MI 48226 5 Detroit Foundation Hotel
250 W. Larned, Detroit, MI 48226 6 Detroit Marriott at the Renaissance Center
400 GM Renaissance Center, Detroit, MI 48243 | <ul style="list-style-type: none"> 7 DoubleTree Suites by Hilton - Detroit Downtown
525 W. Lafayette Blvd., Detroit, MI 48226 8 Element Detroit Hotel
33 John R, Detroit, MI 48226 9 Greektown Casino-Hotel
1200 St. Antoine St., Detroit, MI 48226 10 Hilton Garden Inn - Detroit Downtown
351 Gratiot Ave., Detroit, MI 48226 11 Hotel Indigo
1020 Washington Blvd., Detroit, MI 48226 12 MGM Grand Detroit
1777 Third Ave., Detroit, MI 48226 | <ul style="list-style-type: none"> 13 MotorCity Casino Hotel
2901 Grand River Ave., Detroit, MI 48201 14 Shinola Hotel
1400 Woodward Ave., Detroit, MI 48226 15 The Siren Hotel
1509 Broadway 16 The Westin Book Cadillac Detroit
1114 Washington Blvd., Detroit, MI 48226 <p>★ TEAM ENTRANCE</p> |
|--|--|---|

TEAM HOTEL PARKING OPTIONS

DETROIT MARRIOTT AT THE RENAISSANCE CENTER

Valet Parking

\$30 < 8 hours; \$40 8-24 hours (In/Out privileges)

— [Port Atwater](#)

\$25 weekday max./\$12 weekend max.
Phone 313-259-3595

Parking Near Hotel (NO In/Out Privileges)

— [Center Parking Garage](#)

\$27 daily max.
Phone 844-472-7577

— [Beaubien Garage](#)

\$25 weekday max./\$15 weekend max.
Phone 313-568-5676

Team Bus Parking

Michelle Rosen (Senior Event Manager)
E-mail michelle.rosen@marriott.com
Phone 313-568-8731

Cost is \$80 per bus per night at the GM lot along the riverfront. Must be arranged in advance



WESTIN BOOK CADILLAC DETROIT

Valet Parking

\$25 daily; \$35 overnight (in/out privileges)

Parking Near Hotel (NO In/Out Privileges)

- Metered parking on the surface streets
<https://www.parkdetroit.us/>
- Park Rite Lots
<https://parkriteparking.com/detroit-parking-locations>

Team Bus Parking

Marie Konyha (Event Manager)

E-mail marie.konyha@westin.com

Phone 313-442-1617

Cost is \$200 per bus per night (limited availability).
Must be arranged in advance.

HOTEL INDIGO DETROIT DOWNTOWN

Valet Parking

\$35 (in/out privileges)

Parking Near Hotel (NO In/Out Privileges)

Self-Park next to the hotel up to \$30 per night.

Park Rite Lots <https://parkriteparking.com/detroit-parking-locations>

Metered parking on the surface streets

<https://www.parkdetroit.us/>

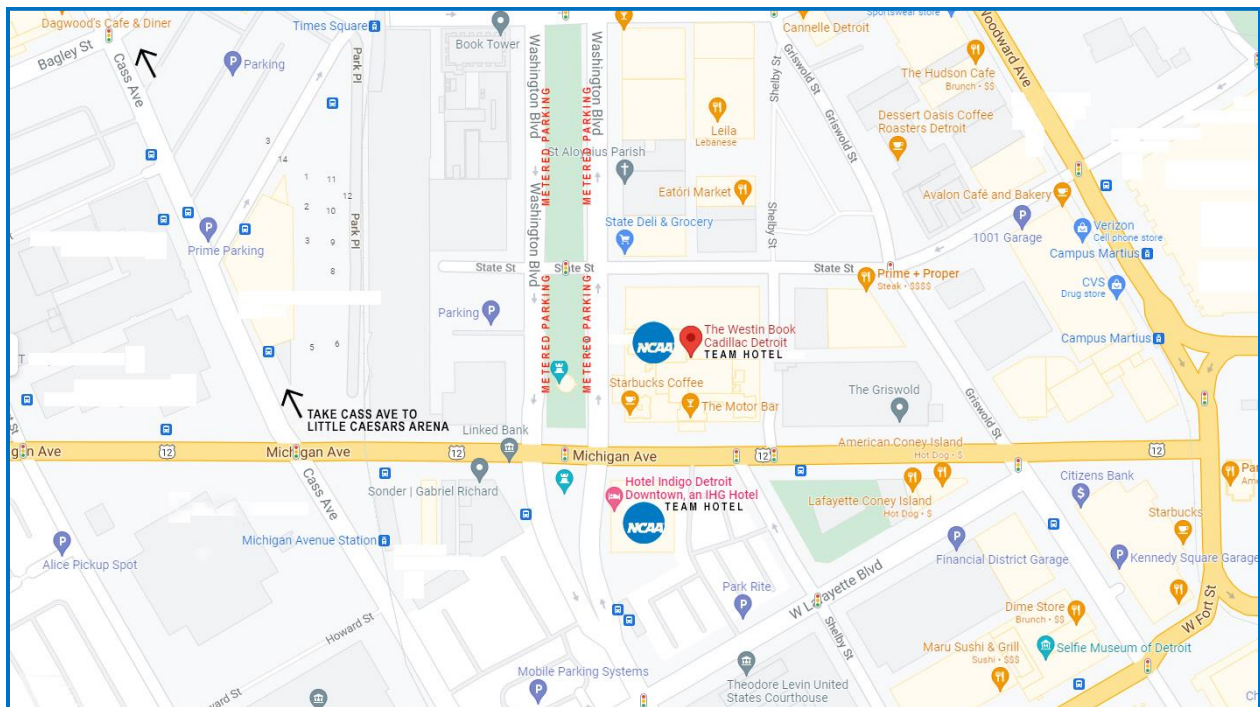
Team Bus Parking

Nicole Smith (Sales Manager)

E-mail DTTWB.sales@griffinhm.com

Phone 313-887-7000 x3601

Cost is \$200 per bus per night (2 bus maximum).
Seven-day advance notice is required.



LITTLE CAESARS ARENA – TEAM PARKING & ENTRANCE



DIRECTIONS FROM DETROIT MARRIOTT AT RENAISSANCE CENTER

Head northwest toward E Jefferson Avenue. Turn right toward I-375N, follow signs for I-75/Flint. Take the I-75 S exit. Continue onto Fisher Fwy and take exit 50 toward Grand River Ave. Keep left at the fork and merge onto W Fisher Service Dr. Turn left onto Cass Ave and in 0.2 miles turn right onto Temple Street.

DIRECTIONS FROM WESTIN BOOK CADILLAC DETROIT/HOTEL INDIGO

Head west on Michigan Avenue toward Washington Boulevard. In 0.7 miles, turn right on Cass Avenue. In 0.2 miles turn right onto Temple Street.

TEMPLE WEST GARAGE

123 TEMPLE ST, DETROIT, MI 48201

Teams will be given one parking pass (QR code) when they arrive for the championship. Once you turn right onto Temple Street, you'll turn right into the *Temple West Garage* (see photo below). When you reach the gate, use your QR code for In/Out Access into the garage. Use the SE circulation to Street Level to exit. The Huntington Entrance will be directly across the street.



TEMPLE WEST GARAGE ENTRANCE - TEMPLE ST.

TEAM BUS PARKING INSTRUCTIONS AT VENUE

Buses will be directed to spaces along Park Street which will be on a first come, first serve basis. Remaining team buses will be instructed to park along Eastbound/Westbound I-75 Service Drive between Woodward Avenue and Brush Street. See parking map on next page for location.



LITTLE CAESARS ARENA

LITTLE CAESARS ARENA PARKING OPTIONS

KEY

- TEAM DROP-OFF/PICK-UP VIA SPROAT STREET
- ENTRANCE - OFFICIALS, PARTICIPANTS, VOLUNTEERS
- MEDIA ENTRANCE & CREDENTIAL PICK-UP
- ONLINE STOPS



*PARKING FACILITIES NOT LABELED AS GARAGES ARE SURFACE PARKING LOTS

LITTLE CAESARS ARENA EVENT LEVEL MAP



LITTLE CAESARS ARENA

FACILITY GUIDE | LITTLE CAESARS ARENA





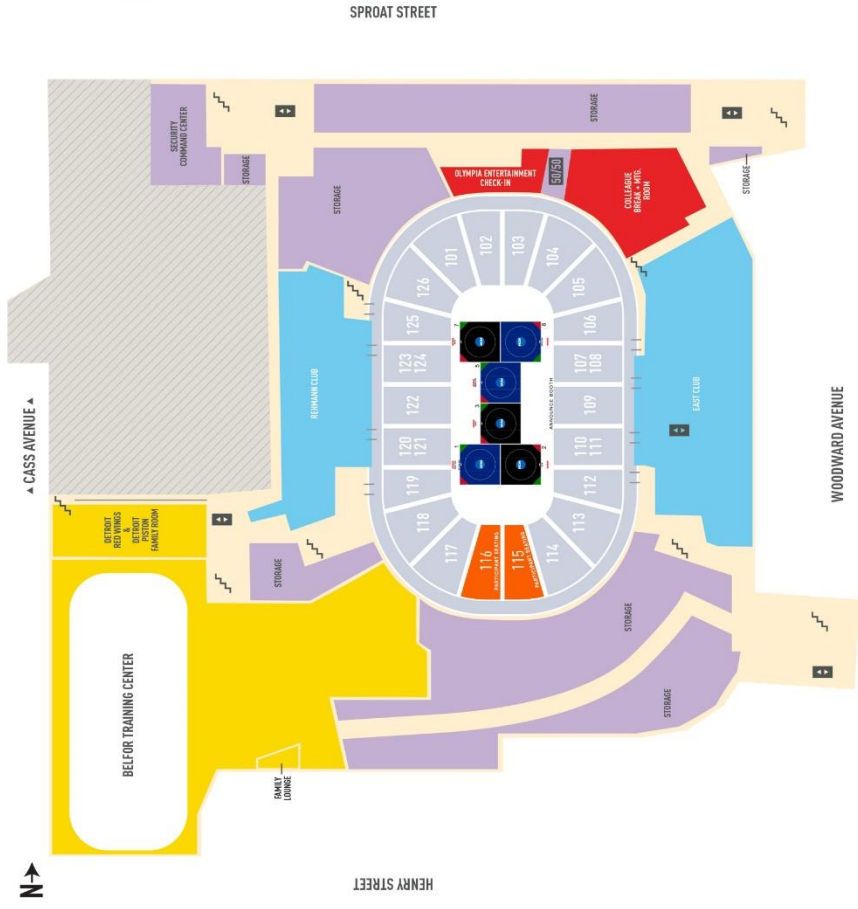
LITTLE CAESARS ARENA

FACILITY GUIDE | LITTLE CAESARS ARENA

3- MICHIGAN FIRST GONDOLAS
 4- LABATT BLUE CLUB
 1- UPPER CONCOURSE
 2- BLUE CROSS SUITES
 1- STREET LEVEL CONCOURSE
C1- CLUB LEVEL
 EL- EVENT LEVEL

KEY

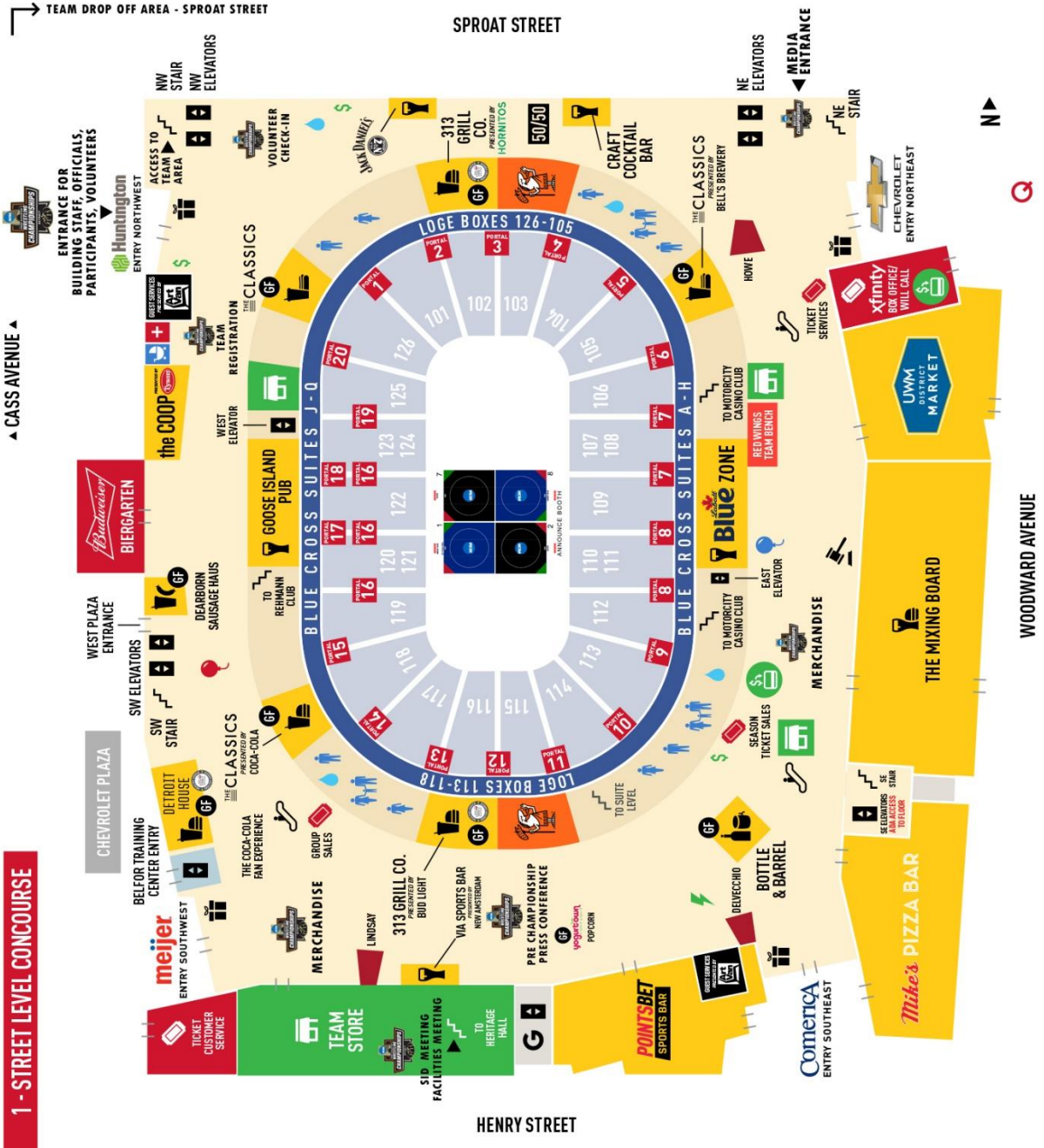
- STORAGE/OFFICES
- CLUB
- STAIRS
- ELEVATOR
- SOUSO DRIVE/SOIR D'AFFALE



LITTLE CAESARS ARENA TEAM ENTRANCE – STREET LEVEL CONCOURSE

KEY

- TICKET SALES/SERVICES
- CONCESSIONS
- BAR
- GLUTEN-FREE OPTIONS
- ST. JOE'S HEALTHY CHOICE OPTIONS
- LITTLE CAESARS PIZZA
- RESTROOM
- FAMILY RESTROOM
- MOTHERS ROOM
- STAIRS
- ESCALATOR
- ELEVATOR
- ATM
- REVERSE ATM
- PHONE CHARGING STATION
- DRINKING FOUNTAIN
- FIRST AID
- SILENT AUCTION
- GIVEAWAYS
- RED WINGS STATUES
- TEAM STORE
- Q-LINE STOP
- GOOGLE LOBBY
- DETROIT PISTONS KIDS CLUB
- DETROIT RED WINGS KIDS CLUB
- MICHIGAN EDUCATION SAVINGS PROGRAM
- 50/50 RAFFLE
- MICHIGAN FIRST CREDIT UNION



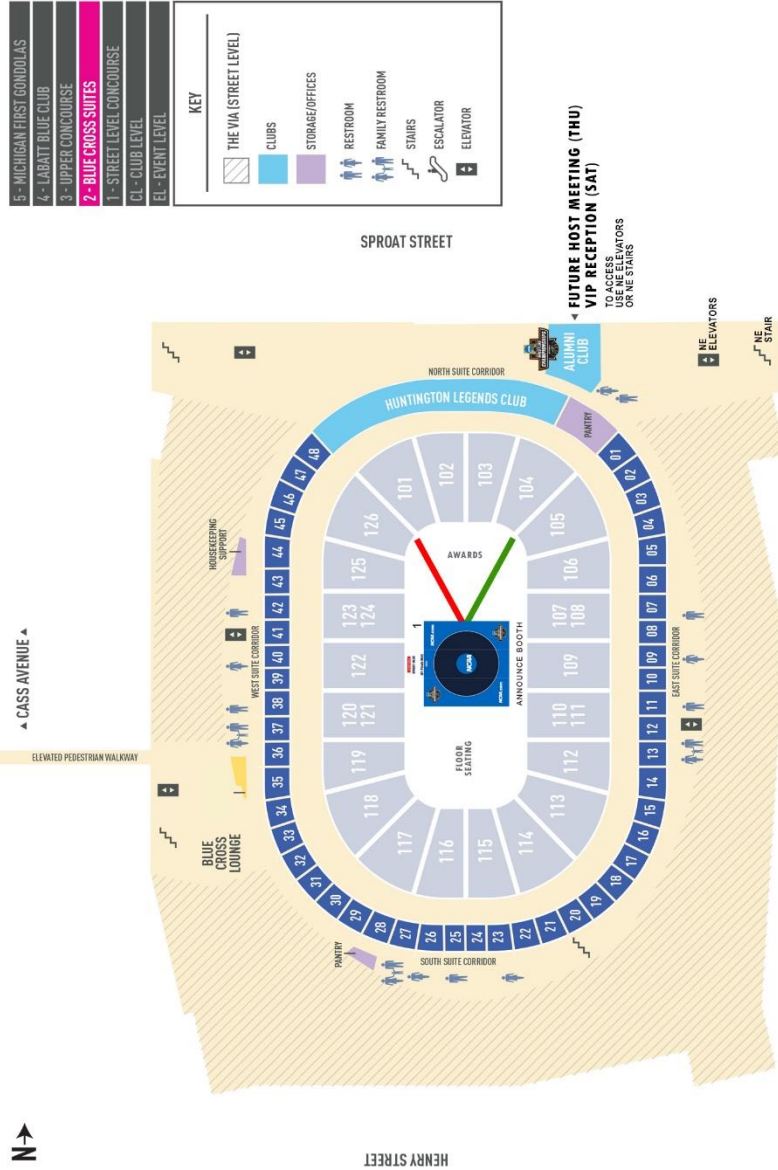
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LITTLE CAESARS ARENA

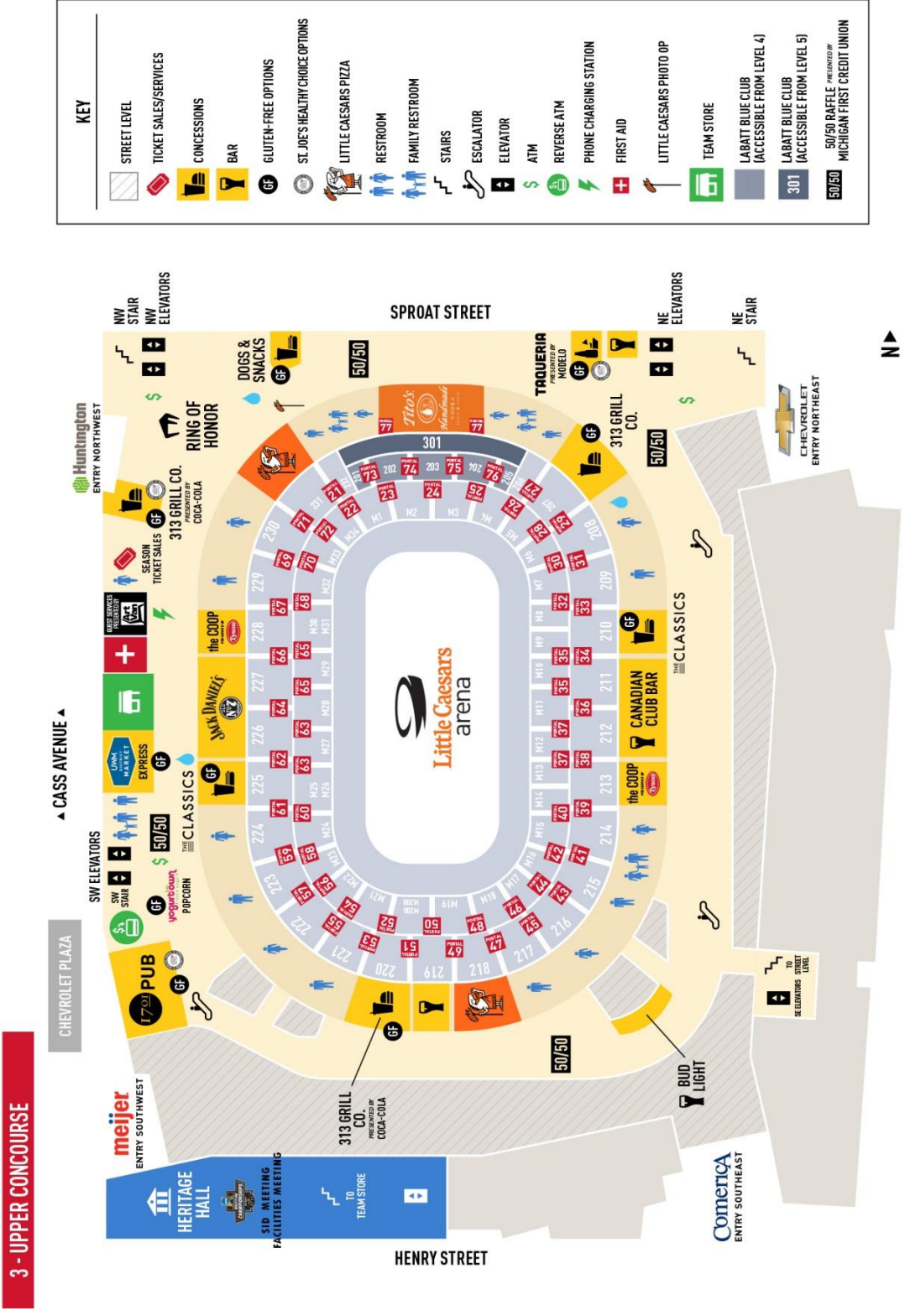
FACILITY GUIDE | LITTLE CAESARS ARENA

LITTLE CAESARS ARENA BLUE CROSS SUITES



LITTLE CAESARS ARENA UPPER CONCOURSE

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LITTLE CAESARS ARENA

FACILITY GUIDE | LITTLE CAESARS ARENA

LITTLE CAESARS ARENA – MICHIGAN FIRST GONDOLAS

5 - MICHIGAN FIRST GONDOLAS

4 - LABATT BLUE CLUB

3 - UPPER CONCOURSE

2 - BLUE CROSS SUITES

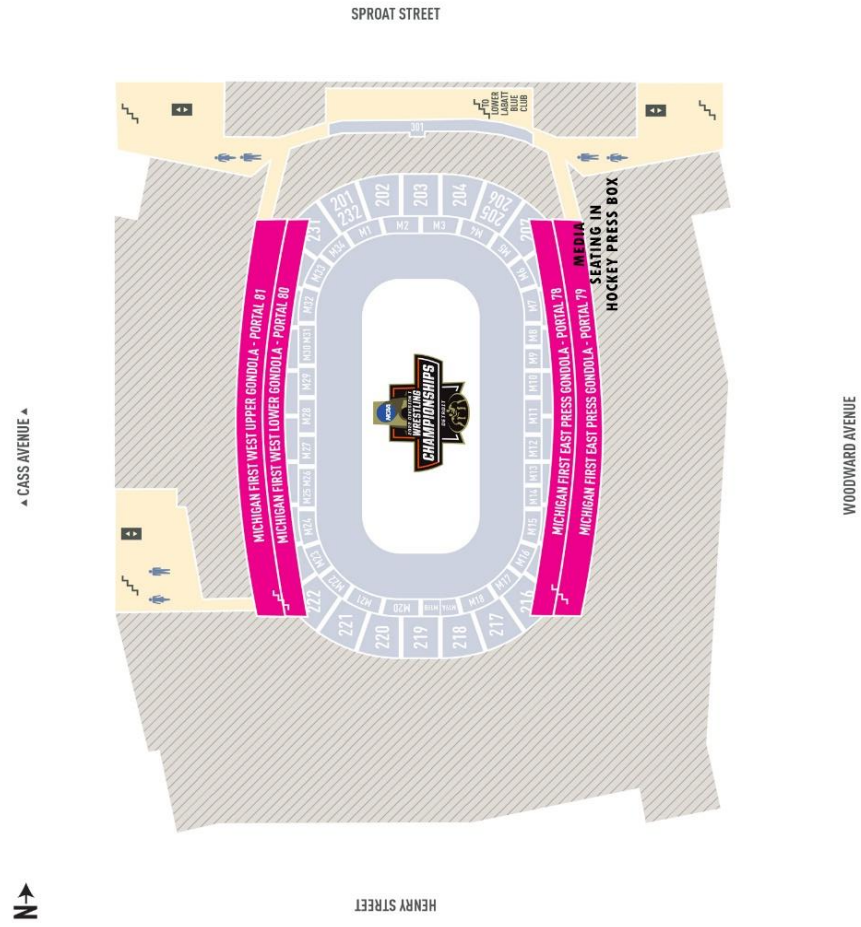
1 - STREET LEVEL CONCOURSE

CL - CLUB LEVEL

EL - EVENT LEVEL

KEY

- BAR
- RESTROOM
- FAMILY RESTROOM
- STAIRS
- ESCALATOR
- ELEVATOR





NCAA-Awards.com

HOW TO GET YOUR **Student-Athlete Participation Awards**

For 2021-2022, an online gift-suite will serve as the participation awards provided to members of the official travel party of institutions that advance to the championship final sites.



After the championship, Legends will send the head coach an email providing ordering process details, along with a unique Certificate Code (valid for one participation award per member of your official travel party) that can be redeemed only at www.NCAA-Awards.com. In order to ensure that each participant receives an award, a member of your administration must place your team's order, including size information, at NCAA-Awards.com using your Certificate Code.

Your institution may select different items per participant; men's and women's sizes are available for apparel items. If you would like to purchase additional awards, you will have the opportunity to do so online via personal credit card at the end of the checkout process.

Participation award items will be sent to your institution for distribution to your student-athletes within four to six weeks after your order is placed. If you do not receive information for ordering awards within two weeks of the conclusion of the championship please contact Erin Hannoy ehannoy@legends.net, Legends Customer Service (866-945-7267) or the NCAA championship manager.

Please add ehannoy@legends.net to your address book to allow us to send you emails.



Place your order at NCAA-Awards.com



Spec Seats, the official bench chair of the NCAA, is providing special exclusive championship chair pricing to NCAA staff, local organizing committee administration and participating travel parties of membership institutions. Please access the site via <https://www.specseats.com/ncaa> and use the passcode to NC@@2022 order your commemorative chair today.

