

PARTICIPANT 2020-21 MANUAL

Content Page No.

Important Dates	2
NCAA Elite 90 Award	2
Schedule of Events	3
Credentials	4
Housing	4
Medical	5 - 8
Awards	9
Hospitality	9
Filming	9
Ground Transportation	10
Locker Rooms	10
Participation Awards	10
Player Pass List/Will Call Tickets	11
Preorder of Final Shirts	11
Program and Bracket Sheets	11
Security	12
Sports Information and Press Conferences	12
Workouts	13
Committee/Staff/LOC Contacts	14
Health Consent	15
Skin Evaluation Form	16
Transportation Options	17
Downtown Services	18
Downtown St. Louis Map	19
Hotel to Enterprise Center & Team Parking Map	20
Enterprise Center Aerial Map – Entrances	21
Enterprise Center Student-Athlete Entrance	22
Enterprise Center Event Level Map	23
Practice Mats and Athlete Lounge – Union Station	24
Practice Mats and Athlete Lounge – Union Station	25
Student-Athlete Participation Awards	26
Spec Seats Championship Chair Order Information	27

The Team Registration Portal includes information you need to complete to facilitate the registration process. Please make sure to direct your attention to all the requested information. Important items that must be completed include*:

Team Housing and Credential Request (online)

HIPAA Forms (One for each Student-Athlete – included in this document)

*TEAM REGISTRATION AND ALL REQUESTED FORMS ARE DUE BY NOON EASTERN TIME, THURSDAY, MARCH 11: 2021 Division I Wrestling Championships Registration
Should you have any questions, please contact:

Laura Klee Assistant Coordinator, NCAA 317-917-6535 Iklee@ncaa.org

Important Dates and Deadlines

NOON EASTERN, THURSDAY, MARCH 11

Deadline for:

- 1 Team Housing Information
- 2 Registration, Non-Student-Athlete Credential Information

6 P.M. EASTERN, THURSDAY, MARCH 11

- 3 Championship Travel Information
- 4 Replacement Deadline

5 P.M. EASTERN, MONDAY, MARCH 15

5 – Elite 90 Award Nomination

The Elite 90 is presented to the student-athlete with the highest cumulative grade-point average participating at the finals site for each of the NCAA's 90 championships. It is a tremendous opportunity to honor the academic accomplishments of the top student-athletes during our championships.

Each institution with at least one student-athlete qualifier for the finals site of any NCAA championship is eligible to submit an Elite 90 nomination. The web page is located at www.ncaa.org, click on student-athlete programs and then recognition and awards. Here you will find the nomination form that is to be used for all the championships along with the deadlines for each. The criteria for award eligibility are included on the nomination form. The link to the website is located at Elite 90 Submission Forms.

If you have any questions concerning this program, please contact elite90@ncaa.org.

Schedule of Events (All Times Central)

Date	Time	Event	Location
Monday, March 15	9 a.m. – 5 p.m.	COVID Testing	Union Station
Monday, March 15	Noon – 8 p.m.	Team Registration	Union Station
Tuesday, March 16	9 a.m. – 5 p.m.	COVID Testing	Union Station
Tuesday, March 16	9 a.m. – 5 p.m.	Team Registration	Union Station
Tuesday, March 16	Noon – 9 p.m.	Practice mats open	Union Station
Tuesday, March 16	5 p.m. – 9 p.m.	Mats Open	Enterprise Center
Wednesday, March 17	9 a.m. – 5 p.m.	COVID Testing	Union Station
Wednesday, March 17	9 a.m. – 5 p.m.	Competition and Practice mats open	Union Station and Enterprise Center
Wednesday, March 17	3 p.m.	Medical Skin Checks	Athletic Training Area
Wednesday, March 17	4 – 5 p.m.	Physicians and Trainers Meeting	Athletic Training Area
Wednesday, March 17	5 – 6 p.m.	Mandatory Coaches/Administrators Meeting	Virtual
Thursday, March 18	7 – 11 a.m. 1 – 5 p.m.	COVID Testing	Union Station
Thursday, March 18	8:45 a.m.	Student-Athletes must be in line for grooming checks and weigh-ins	Union Station Grand Ballroom Enterprise Center Competition Floor
Thursday, March 18	9 a.m.	Weigh-ins	Union Station Grand Ballroom Enterprise Center Competition Floor
Thursday, March 18	10 a.m.	Session 1A	Enterprise Center
Thursday, March 18	1 p.m.	Session 1B	Enterprise Center
Thursday, March 18	5 p.m.	Session 2A	Enterprise Center
Thursday, March 18	8 p.m.	Session 2B	Enterprise Center
Friday, March 19	7 – 11 a.m. 1 – 5 p.m.	COVID Testing	Enterprise Center
Friday, March 19	8:45 a.m.	Student-athletes must be In line for grooming checks and weigh-ins	Union Station Grand Ballroom Enterprise Center Competition Floor
Friday, March 19	9 a.m.	Weigh-ins	Union Station Grand Ballroom Enterprise Center Competition Floor
Friday, March 19	10 a.m.	Session 3	Enterprise Center
Friday, March 19	2 p.m.	Session 4	Enterprise Center
Friday, March 19	7 p.m.	Session 5	Enterprise Center
Saturday, March 20	7 – 11 a.m. 1 – 5 p.m.	COVID Testing	Union Station Enterprise Center
Saturday, March 20	8:45 a.m.	Student-athletes must be in line for grooming checks and weigh-ins	Enterprise Center Competition Floor
Saturday, March 20	9 a.m.	Weigh-ins	Enterprise Center Competition Floor
Saturday, March 20	10 a.m.	Session 6	Enterprise Center
Saturday, March 20	5 p.m.	All-Americans line up for Parade of All-Americans	Enterprise Center
Saturday, March 20	5:35 p.m.	Grand March/Parade of All-Americans	Enterprise Center
Saturday, March 20	6 p.m.	Session 7	Enterprise Center

Credentials

To most effectively manage physical distancing in compliance with NCAA and local protocols, the credential policy has been modified for the 2021 Championships. The following formula will be used to allocate credentials.

Number of Wrestlers	Coaches Credentials	Additional	Total
1-3	1	3	4
4 – 5	2	3	5
6 – 7	3	3	6
8 – 9	4	3	7
10	4	4	8

The additional credentials may be used at the institution's discretion, however all credentials will be tier 1, so all those individuals will need to be compliant with all testing protocols, as well as code of conduct behavior during the championships and thus shall have limited to no contact with individuals outside of the tested community for the duration of the championships

Housing Information for Teams

The NCAA has contracted with the St. Louis Union Station Hotel, Curio Collection and Drury Inn St. Louis at Union Station Hotel as the official team hotels for the 2021 NCAA Division I Wrestling Championships. Arrangements have been made to ensure housing accommodations, based on the NCAA allocation formula below, for participants, coaches, and institution's official travel party for the championships.

In making housing arrangements, NCAA rules state once the teams/qualifiers have been determined and assigned to their hotel, the reservations should be reconfirmed within 48 hours in the names of the institutions; and thereafter, the institutions shall be responsible for the reservations. Participating institutions are responsible for payment for the rooms reserved by the NCAA.

*NOTE: All teams <u>MUST</u> use the rooms requested and assigned at the designated property. Failure to use the assigned rooms may result in penalties, including but not limited to forfeiture of per diem and travel reimbursement.

By clicking or entering the below link, you will be prompted to the registration site.

2021 Division I Wrestling Championships Registration Maximum number of occupants per room is two
(2).

Number of Qualifiers	Number of Hotel Rooms
1	3
2 – 3	4
4 – 5	5
6 – 7	6
8 – 9	7
10	8

HIPAA Rules

In accordance with the HIPAA rules and guidelines, each student-athlete competing in the NCAA Division I Wrestling Championships may choose, but is not required, to submit the signed HIPAA form. Please refer to the form contained within this document.

If the student-athlete chooses to sign the HIPAA form, it must be submitted to:

Laura Klee

Email: Iklee@ncaa.org or at on-site team registration

Medical Meeting

There will be a meeting for <u>ALL</u> medical personnel (physicians and athletic trainers) to discuss medical procedures and policies. This meeting will be held Wednesday, March 17, at 4 p.m. Central time in the Athletic Training Room of the Enterprise Center. Tournament physician Dr. Scott Kaar; lead athletic trainer Mike Heffner; and athletic training liaison to the NCAA, Jim Thornton, will make brief remarks. Please plan to attend this short but important meeting.

Medical Credential Information

If an institution's team physician and/or certified athletic trainer plans on attending the championships and desires a medical credential, the institution must request these credentials via the registration portal.

If an institution wants an athletic training student to use one of its medical credentials, then the following action must take place:

- The athletic training student must show a school photo ID.
- The institution's certified athletic trainer/athletic trainer program director must write a letter in advance stating this student is enrolled in an accredited athletic training education program and is deserving of receiving a medical credential.

Please send a letter via email to the attention of:

Jim Thornton

Email: jthornton@clarion.edu

Medical credentials, that **MUST** be included in the credential policy formula, will be available at Team Medical Registration located in the Pegram Room at Union Station. There will **NOT** be additional credentials beyond what is outlined in the credential policy formula for medical personnel.

Monday, March 15 Noon to 8 p.m. Central time Tuesday, March 16 9 a.m. to 5 p.m. Central time

Please adhere to the following procedures to obtain medical credentials:

- All athletic trainers and team physicians must pick up their own credential during registration.
- Team physicians must provide photo identification to receive their credential.
- Athletic trainers must display their board of certification card and photo Identification to receive their credential.

No medical credential will be provided in the packet distributed to each head coach at registration. Please note that coaches, student-athletes and team personnel will not be able to enter Enterprise Center for competition, medical treatment or practice until all have registered at the Team Registration.

Athletic Training Facility

Throughout the week of the championships, an athletic training room on the event level of Enterprise Center will be staffed by the local organizing committee with heating packs, electrical stimulation, ultrasound, ice, taping stations and other medical supplies. All medical/athletic training areas will be available at the following times:

 Date
 Hours

 Tuesday, March 16
 5 p.m. – 9 p.m.

 Wednesday, March 17
 9 a.m. – 5 p.m.

 Thursday, March 18
 8 a.m. – 10:30 p.m.

 Friday, March 19
 8 a.m. – 10:30 p.m.

 Saturday, March 20
 8 a.m. – 10:30 p.m.

X-Ray imaging will also be available at Enterprise Center. If there are any additional special requests or needs, please contact in advance of the championships.

Dr. Scott	Kaar	Medical Services	314-791-7227	scott.kaar@health.slu.edu
Mike	Heffner	Athletic Training Services	314-960-3812	mike@stlats.com

Medical Skin-Checks/Weigh-Ins

Medical skin checks/weigh-ins will be conducted daily at Enterprise Center and Union Station, depending on weight class. Only authorized personnel will be admitted to the medical check/weigh-in area. The following schedule should be followed for each weight class reporting for weigh-ins:

Thursday, March 18

- Weight classes 125, 133, 141, 149, and 157 weigh-in at Enterprise Center Competition Floor
- Weight classes 165, 174, 184, 197, and 285 weigh-in at Union Station Grand Ballroom

Friday, March 19

- Weight classes 125, 133, 141, 149, and 157 weigh-in at Enterprise Center Competition Floor
- Weight classes 165, 174, 184, 197, and 285 weigh-in at Union Station Grand Ballroom

Saturday, March 20

• All weight classes weigh-in at Enterprise Center Competition Floor

Reporting for medical skin check/weigh-ins

All student-athletes wishing to compete are required to report to medical check/weigh-ins at the designated time, wearing a suitable garment and no weight loss activity taking place. The penalty for failure to report on time and/or engaging in weight-loss activities during medical exams is disqualification. Grooming checks will be performed at the same time as medical checks. All participants must have their nails clipped, facial hair must be suitable for a skin check, and hair must be within the rule's guidelines. Participants not groomed properly will not be allowed to proceed to weigh-ins until the grooming check has been satisfied.

Please note: the championship will adhere to all rules related to medical exam/weigh ins found in chapter 9 of the NCAA wrestling rules book, including those related to prohibited weight loss practices, which will be strictly enforced.

Medical skin check/weigh in times:

<u>Date</u>	<u>Line Up</u>	Grooming/Medical Check/Weigh-in
Thursday, March 18	8:45 a.m.	9 a.m.
Friday, March 19	8:45 a.m.	9 a.m.
Saturday, March 20	8:45 a.m.	9 a.m.

Scales

There will be up to 10 official digital scales available in the weigh-in area. The official scales will close 15 minutes prior to the start of medical skin check/weigh-ins each day. Unofficial scales will be available throughout the championships and will be in the locker rooms at Enterprise Center and the practice mats at Union Station.

Mandatory skin-check for pre-existing conditions

There will be a separate skin-check for all those student-athletes with PRE-EXISTING skin conditions. They shall meet at 3 p.m. Wednesday, March 17 in the athletic training facility on the event level at Enterprise Center. If you have a student-athlete with a pre-existing skin condition, it is **MANDATORY** that they attend this skin-check. The only acceptable form will be the NCAA Skin Evaluation and Participation Status Form which can be found in the NCAA wrestling rules book.

The tournament physician and a dermatologist will review the pre-existing skin condition and determine whether the student-athlete will be able to participate. It is encouraged that these student-athletes be accompanied by their athletic trainer. The student-athlete, not the athletic trainers or coaches, should keep their forms with them and have them ready to provide to the dermatologist and medical staff of the championships at this meeting and again each morning. This pre-existing skin-check does not exempt any student-athlete from the regularly scheduled skin check and weigh-ins occurring each morning of the competition, but is a mandatory, additional skin check.

The championships' dermatologists, physicians and certified athletic trainers will conduct the exams. All student-athletes will be checked according to their weight. The championships' physician shall report the results of the examination to the chair of the wrestling committee or a designated representative, who shall then be responsible for the administrative enforcement of the medical recommendation, if it involves disqualification from the championships.

Please refer to NCAA Rules found in section 9.1 for all information regarding medical examination/skin checks. "A physician or a certified athletic trainer shall examine all contestants for communicable diseases before all tournaments and meets. It is recommended that this examination be made at the time of weighin. The presence of a communicable skin disease (or any other condition that, in the opinion of the examining physician or athletic trainer, makes the participation of that individual inadvisable), shall be full and sufficient reason for disqualification.

If the student-athlete has been diagnosed as having such a condition and is currently being treated by a physician (ideally a dermatologist) who has determined that is safe for that individual to compete without jeopardizing the health of the opponent, the student-athlete may be considered for competition. However, the student-athlete, coach or athletic trainer shall provide current written documentation from the treating physician to the medical professional at the medical examination with the approved NCAA Skin Evaluation and Participation Status Form, describing: (1) the diagnosed skin disease or condition; (2) the prescribed treatment and the time necessary for it to take effect; and (3) that the skin disease or condition would not be communicable or harmful to the opponent at the time of competition. Such documentation shall be furnished at the medical examination."

Regardless of institutional documentation per rule 9.11 in the rules book, the final medical determination on whether a student-athlete passes skin checks resides with the host site's physician. Decisions made by the championship physician are final.

If there are any questions regarding identification or proper treatment, please feel free to contact Dr. Scott Kaar or Mike Heffner at the previously listed telephone numbers.

Injury Information

All participating student-athletes currently receiving modality treatment for an existing injury prior to the 2021 NCAA Division I Wrestling Championships can continue their treatment in the championships athletic training facility. No treatment shall be allowed by athletic training students unless accompanied by and in direct supervision of the team's certified athletic trainer.

Evaluation/Treatment of Injuries during the Championships

Any student-athlete injured during competition will be examined by his team's physician and/or athletic trainer. In the absence of a physician or athletic trainer, a championships physician or Certified Athletic Trainer will be available to assist the injured student-athlete in any way possible. If the injury is of an obvious serious nature, the championships physician will complete the mat side evaluation. After completion of an evaluation, the physician or athletic trainer will make recommendations to the student-athlete and head coach regarding the advisability of continued participation. All procedures and resulting decisions will be in accordance with NCAA concussion management protocol and health and safety plan.

Procedure to Medically Disqualify a Student-Athlete during an NCAA Championship

As the event sponsor, the NCAA seeks to ensure that all student-athletes are physically fit to participate in its championships and have valid medical clearance to participate in the competition. The NCAA championships physician, as designated by the host school, has the unchallengeable authority to determine whether a student-athlete with an <u>injury</u>, illness or other medical condition (e.g., skin infection) may expose others to significantly enhanced risk of harm, and, if so, to disqualify the student-athlete from continued participation.

The student-athlete's team physician can determine whether an individual with an <u>injury or illness</u> should continue to participate or is disqualified. In the absence of a team physician, the NCAA championships physician will examine the student-athlete and has valid medical authority to disqualify him if the student-athlete's injury, illness or medical condition poses a potentially life-threatening risk to himself.

The chair of the governing sports committee (or a designated representative) shall be responsible for administrative enforcement of the medical judgment, if it involves disqualification.

Student-athletes who sustain serious injuries as determined by the examining physician (e.g. significant head trauma, spinal cord injury etc.) will be transferred to a medical facility by ambulance. One ambulance will be on site throughout the course of the championships with back-up standing by.

Please note NCAA Rule 6, Section 2: "If a contestant is rendered unconscious, that wrestler shall not be permitted to continue the match after regaining consciousness without approval of a physician. A contestant who receives a temporary injury to the head, neck or spinal column that does not render that contestant unconscious shall not be permitted to continue the match without approval of a physician or certified athletic trainer."

Finally, for medical personnel, please review the <u>NCAA Sports Medicine Handbook</u> guideline on concussions.

Awards

Awards in each weight class will be presented after each weight class championship match beginning with the second weight class championship match. The top eight finishers in each weight class will be recognized. The champions in each weight class should also report back to the finals mat for a group champions photograph after all team awards have been presented. Statistical leader awards, as well as team awards, will also be presented.

Coaches are reminded to instruct all award winners to wear their official team warm-up and **MASK/FACECOVERING** to the awards stand. No hats, jewelry or signs are permissible.

Coach/Medical/Team Staff Hospitality

A Coach/Team Medical/Team Staff hospitality area is available in "Tier 1 Hospitality", located in the Rinkside Club on the Enterprise Center event level. This hospitality area is available throughout the championships by credential only and is designed to be grab-and-go only. Please review the coaches' handbook that will be provided at on-site team registration and in-venue signage for the hours of operation.

Filming

The NCAA reserves all commercial and non-commercial rights to the use of still photographs, films and videotapes of its championships. The filming or videotaping of NCAA championships by parties (i.e., participating institutions), and for commercial film purposes may be permitted only with the advance written consent of the NCAA. All commercial film requests should be directed to:

Kristen Jacob Smith
Associate Director, Championships and Alliances, Broadcast Services
NCAA
P.O. Box 6222
Indianapolis, Indiana 46206-6222

Phone: 317-917-6584 Email: kjsmith@ncaa.org

Ground Transportation

Charter Bus Companies		
Best Transportation St. Louis Transportation Vandalia Bus Lines		
Christine Grassham	Dennis Scanlan	Dale Streif
www.besttransportation.com	www.stlouistransportation.com	www.vandaliabuslines.com
1-866-272-1200	1-888-344-1975	1-800-542-4287

On-Call Cab Companies		
ABC/Checker Cab Co.	Harris Cab Co.	Laclede Cab Co.
314-725-2111	314-371-7111	314-652-3456
Metropolitan/Midwest Cab Co.	St. Louis American Cab Co.	St. Louis County Yellow Cab
314-773-1000	314-531-8766	314-991-5300

Rental Car Companies		
		,
Avis	Budget Car Rental	Enterprise Rent-A-Car
811 Spruce Street	811 Spruce Street	115 N. 6 th Street
St. Louis, MO 63102	St. Louis, MO 63102	St. Louis, MO 63101
314-588-9452	314-241-5497	314-436-7100

MetroLink - Light Rail System

MetroLink is the St. Louis metropolitan region's light rail system and is operated by Metro as part of a fully integrated regional transportation system. The red line starts at Lambert Airport Terminal 1, stops at Terminal 2, and takes passengers into Downtown St. Louis. Stations at Union Station, Civic Center and Stadium are the nearest to the team and headquarter hotels. Advance fare required.

- Metrolink Station Terminal 1 is at Exit Door 1, Ticketing Level, east of all ticket counters.
- Metrolink Station Terminal 2 is at Exit Door 12, through the parking garage.

Locker Rooms

Participant locker rooms will be available at Enterprise Center for lavatory use **ONLY**. To ensure physical distancing a limited number of individuals will be allowed into the locker rooms at a time. The hours of operation are as follows:

<u>Date</u>	<u> Hours (Central time)</u>
Tuesday, March 16	5 to 9 p.m.
Wednesday, March 17	9 a.m. to 5 p.m.
Thursday, March 18	8 a.m. to 10:30 p.m.
Friday, March 19	8 a.m. to 10:30 p.m.
Saturday, March 20	8 a.m. to 10:30 p.m.

Participation Awards

After the championship, MainGate will send the head coach an email providing ordering process details, along with a unique Certificate Code (valid for one participation awards per member of your travel party) which can be redeemed only at www.NCAA-Awards.com. In order to ensure that each participant receives his or her award, a member of your administration must place your team's order, including size information, at www.NCAA-Awards.com using your certificate code. If you would like to purchase additional awards, you will have the opportunity to do so online via personal credit card at the end of the checkout process.

Participation award items will be sent to your institution for distribution to your student-athletes within four to six weeks after your order is placed. If you do not receive information for ordering awards within two weeks of the conclusion of the championship, please contact Erin Hannoy (ehannoy@maingateinc.com), Customer Service (866-945-7267) or Anthony Holman (aholman@ncaa.org).

Player Pass List/Will Call Tickets

Teams that wish to coordinate their own Player Pass List or Will Call may contact:

Lori Wolf

Coordinator, Championships and Alliances, Marketing and Ticketing

Phone: 317-917-6534 Email: lwolf@ncaa.org

Pre-order of Final Shirts

Event 1, Inc., the official souvenir merchandiser for the NCAA, is offering participating teams and individuals the opportunity to pre-order shirts for the 2021 NCAA Division I Wrestling Championships.

Please visit http://www.event1teamstore.com. Click on the NCAA icon and then select your division and sport. Complete the order form by selecting the quantities and sizes needed. Credit card information is mandatory to process the order immediately. University purchase orders cannot be accepted. Please select that this is a team order.

Please note that institutions placing orders by the deadline will have their orders shipped directly to their campuses the week after competition is complete.

The deadline for submitting orders is 11 p.m. Eastern time, Wednesday, March 17. Orders submitted after this time will not be accepted.

Please contact Gina Taylor at Event 1 (gina.taylor@hanes.com) if you have any questions.

Program and Bracket Sheets

Program and updated bracket sheets will be on sale throughout the championships. Updated bracket sheets will be available to coaches before each session based on the following formula:

<u>Qualifiers</u>	# of Bracket Sheets
1-5	1
6-10	2

Please collect your bracket sheets in the Team Services / Coaches Hospitality Area prior to each session.

Security

Our goal is to ensure a safe and comfortable environment for student-athletes, guests, and staff. Enterprise Center provides an experienced security staff inside the arena, as well as police officers outside the arena to provide security before, during and after events. Due to increased security, all participants, coaches, team administrators, personnel and medical staff entering Enterprise Center are subject to search of their person and/or possessions (including bags of normal size which may be allowed entry after search). Enforcement will be without exceptions. NCAA issued credentials are required for every individual to enter Enterprise Center and for access within the venue and must always be worn except for when student-athletes are practicing or competing.

Sports Information and Press Conferences

Sports information and media relations for the championships will be under the direction of: Matthew Holmes
Assistant Director, Media Coordination

Phone: 317-917-6385

Email: mholmes@ncaa.org

A pre-championship press conference featuring selected student-athletes and coaches will be held virtually on Thursday, March 11. Each selected coach and student-athlete will have an individual session with media logging into the virtual press conference for approximately 10 minutes.

With no in-person interaction on-site between media and participants, we will be conducting virtual press conferences during every session of the championships in the interview room on the event level of the Enterprise Center with select coaches and student-athletes.

All student-athletes winning their semifinal matches on Friday, March 19 and national championship matches on Saturday, March 20 will be immediately escorted by championship personnel to the interview room for a brief virtual press conference.

Coaches of the top 2-5 institutions in the team standings will hold a virtual press conference Friday, March 19 during or at the conclusion of Session V based on availability. The number of coaches participating will be determined by championship personnel.

The head coach of the national championship team will participate in a virtual press conference following the conclusion of Session VII on Saturday, March 20.

NCAA championships personnel with work with covering media and participating school media contacts to identify student-athletes and coaches for potential press conferences during the first round, second round, quarterfinals and medal round.

Prior to and/or during the championships, student-athletes and coaches may also be requested to take part in physically distanced or virtual interviews with NCAA broadcast partner ESPN.

Per NCAA policy, student-athlete and coach participation in NCAA championship press conferences, broadcast and in-venue presentation interviews are mandatory. All requested coaches and student-athletes are expected to participate as requested by NCAA personnel.

Workouts

The primary workout area / practice mats will be available at Union Station with some warm-up space on the event level of Enterprise Center. Exercise equipment and scales will be provided for participants during practice times. Hours for the workout area (practice mats) are as follows:

Tuesday, March 16 Noon to 9 p.m. (mats at Enterprise Center not available until 5 p.m.)

Wednesday, March 17 9 a.m. to 5 p.m.
Thursday, March 18 8 a.m. to 10:30 p.m.
Friday, March 19 8 a.m. to 10:30 p.m.

Saturday, March 20 8 a.m. to 9 p.m. (mats at Union Station will close at 4 p.m.)

NCAA DIVISION I WRESTLING COMMITTEE

Mr. Matt Azevedo	Drexel University	moa26@drexel.edu
Mr. Bob Burda	Big 12 Conference	bob@big12sports.com
Ms. Jennifer Tuscano	University of Pittsburgh	jtuscano@athletics.pitt.edu
Ms. Karen Langston, chair	California State University, Bakersfield	klangston@csub.edu
Mr. Andy Noel	Cornell University	Jan16@cornell.edu
Mr. Kyle Ruschell	University of Tennessee at Chattanooga	Kyle-ruschell@utc.edu

NCAA DIVISION I WRESTLING - NCAA STAFF

Anthony Holman	Championships and Alliances	aholman@ncaa.org
Laura Klee	Championships and Alliances	lklee@ncaa.org

ST. LOUIS LOCAL ORGANIZING COMMITTEE

Chris Roseman	Tournament Director	croseman@stlsports.org
Tim Ryan	Event Operations Manager	tryan@stlsports.org
Brent Shulman	Media/SID Coordination	bshulman@stlsports.org
Dr. Scott Kaar	Medical Director	Scott.kaar@health.slu.edu
Mike Heffner	Athletic Training Director	mike@stlats.com
Dan Stephens	Drug Testing Coordinator	Dan_stephens@quoromhealth.com
Kyle Worman	Enterprise Center Operations	kworman@enterprisecenter.com
Adrian Silverstein	Enterprise Center Event Manager	asilverstein@stlblues.com
Chip Allison	Team Services	Chip.1957@att.net
Marcus Hoehn	Practice Mats Supervisor	twamissouri@gmail.com
Mark Sifrig	Competition Floor Operations	Mark.sifrig@att.net
Jeremy Paschedag	Competition Floor Operations	jdpaschedag@hotmail.com
Michael Hagan	Weigh-Ins Coordinator	Mhagan317@outlook.com
Kristina Flowers	St. Louis Union Station Hotel	kflowers@stlouisunionstationhotel.com
Stephanie Roy	Drury Inn – Union Station	Stephanie.roy@druryhotels.com
Tim Ryan	Team Parking	tryan@stlsports.org
Amanda Lutz	Hospitality	alutz@stlsports.org
Coeli O'Connell	Tickets / Event Marketing	coconnell@stlsports.org

STUDENT-ATHLETE AUTHORIZATION CONSENT FOR

DISCLOSURE OF PROTECTED HEALTH INFORMATION

I,, hereby auth	norize .	
(Name of Student-Athlete)	(N	ame of My Institution)
and its physicians, athletic trainers and hand its physicians, athletic trainers and hand in regarding ntercollegiate athletics to the NCAA, th	any injury or illness during my	training for and participation in
understand that my protected healt Minnesota for the purpose of handling Wrestling Championships.	•	•
understand that my injury/illness infor nformation Portability and Accountabil 1974 (the Buckley Amendment) and mater my consent under the Buckley Amends voluntary and that my institution will in a health plan or receipt of any benefit requested for this disclosure. I also under norder to be eligible for participation in also understand that the NCAA and Amendment or HIPAA and that these Minnesota's use or disclosure of my injusticipation/consent expires 380	ity Act (HIPAA) or the Family Educy not be disclosed without either diment. I understand that my sign not condition any health care the sign (if applicable) on whether I properstand that I am not required to NCAA or conference athletics. the University of Minnesota aregulations will not apply to the ury/illness information.	cational Rights and Privacy Act of car my authorization under HIPAA sing of this authorization/consenseatment or payment, enrollment vide the consent or authorization osign this authorization/consensers are not covered by the Buckley the NCAA and the University of
revoke it in writing at any time by sendir understand that a revocation is not efthis authorization/consent.	ng written notification to the dire	ctor of athletics at my institution
Printed Name of Student-Athlete	Signature	Date
Printed Name of Guardian (if student-athlete is under the age of	Signature 18)	Date

National Collegiate Athletic Association

SKIN EVALUATION AND PARTICIPATION STATUS (Physician Release for Student-Athlete to Participate with Skin Lesion)

Student-Athlete:	Date of Exam: / /
Institution:	Please Mark Location of Lesion(s):
Dual(s)/Tournament:	
Number of Lesion(s):	
Cultured: No Yes	
Diagnosis:	
Medication(s) used to treat lesion(s):	
Date Treatment Started:/ Time:	TIC AM
Earliest Date student-athlete may return to participation://	Front Back
Physician Name (Printed):	
Physician Signature:	Specialty:
Office Address:	
Institution Certified Athletic Trainer Notified: ☐ No ☐ Yes Signature:	
Note to Physician: Non-contagious lesions do not require treatment prior to return t	
NCAA Wrestling Rules which state: (refer to the NCAA Wrestling Rules and Interpreta	
"9.6.4 The presence of a communicable skin disease shall be full and sufficient	reason for disqualification."
"9.6.5 If a student-athlete has been diagnosed as having such a condition, a determined that it is safe for that individual to compete without jeopardizing the h whilete or his/her coach or athletic trainer shall provide current written documen examination"	realth of the opponent, the student-athlete may compete. However, the student
*9.6.6 Final determination of the participant's ability to compete shall be made examination after review of any such documentation and the completion of the exam."	by the host site's physician or certified athletic trainer who conducts the medica
Below are some treatment guidelines that suggest MINIMUM TREATMENT before for complete information)	return to wrestling: (please refer to the NCAA Sports Medicine Handbook
Bacterial Infections (Fururcles, Carbuncles, Folliculitis, Impetigo, Cellulitis or Erysipelas, 5 skin lesion for 48 hours before the meet or tournament; completed 72 hours of antibiotic the Gram stain of exudate from questionable lesions (if available). Active bacterial infections shall	rapy and have no moist, exudative or draining lesions at meet or tournament time
Herpetic Lesions (Simplex, fever blisters/cold sores, Zoster, Gladiatorum): Skin lesions in have no evidence of secondary bacterial infection. For primary (first episode of Herpes Gladibefore the examination; be free of signs and symptoms like fever, malaise, and swollen lympt less: 120 hours before and at the time of the competition. Recurrent outbreaks require a minhave developed and all lesions are scabbed over. Active berpetic infections shall not be covered.	iatorum) infection, the wrestler must have developed no new blisters for 72 hours in nodes; and have been on appropriate dosage of systemic antivital therapy for a minum of 120 hours of oral anti-viral treatment, again so long as no new lesions
Tinea Lesions (ringworm): Oral or topical treatment for 72 hours on skin and 14 days disqualified if lesions are in a body location that cannot be adequately covered.	on scalp. Wrestlers with solitary, or closely clustered, localized lesions will be
Molluscum Contagiosum: Lesions must be curetted or removed before the meet or tourname	enc and covered.
Verrucae: Wrestlers with multiple digitate vertucae of their face will be disqualsfied if the is curetted away before the meet or tournament. Wrestlers with multiple vertucae plana or vertu	
Hidradenitis Suppurativa: Wrestler will be disqualified if extensive or purulent draining lesio	ons are present; covering is not permissible.
Pediculosis: Wrestler must be treated with appropriate pediculicide and re-examined for com	pleteness of response before wrestling.
Scabies: Wrestler must have negative scabies prep at meet or cournament time.	
DISCLAIMER: The National Collegiate Arhietic Association shall not be liable or responsible, connection therewith, by the above sumed physician/provider, or for any subsequent action tak provided between	

TRANSPORTATION FROM ST. LOUIS LAMBERT INTERNATIONAL AIRPORT

Rental Car services are available for teams and athletes to schedule. Free shuttle service is provided 24/7 by all rental car companies to off-airport facilities. Please return vehicles directly to off-site locations.

Shuttle Pick-up locations are:

- Terminal 1 outside exit 17
- Terminal 2 outside exit 12

Services Include:

Alamo: (800) 462-5266
Avis: (800) 831-2847
Budget: (800) 527-0700
Enterprise: (800) 325-8007
Hertz: (800) 654-3131
National: (800) 227-7368
Thrifty: (800) 367-2277

Ride App companies Lyft and Uber are able to pick-up/drop off at St. Louis Lambert International Airport. Travelers are to schedule their rides through the app and the pick-up zones are:

Terminal 1: Exit 6 (Ticketing Level)

• Terminal 2: Exit 15

MetroLink is the St. Louis metropolitan region's light rail system and is operated by Metro as part of a fully integrated regional transportation system. The red line starts at Lambert Airport Terminal 1, stops at Terminal 2, and takes passengers into Downtown St. Louis. Stations at Union Station, Civic Center and Stadium are the nearest to the team and headquarter hotels. Advance fare required.

- Metrolink Station Terminal 1 is at Exit Door 1, Ticketing Level, east of all ticket counters.
- Metrolink Station Terminal 2 is at Exit Door 12, through the parking garage.

Ground Transportation Providers: St. Louis Lambert International Airport offers access to a number of local bus, limo, sedan and van services to accommodate the unique needs of our travelers.

Best Transportation, Inc: 314-989-1500Corporate Transportation: 314-423-1516

Dollar Rent-A-Car: 314-423-4004
Elite Transportation: 314-274-6317
Express Car Service: 314-579-9399

Jed Limousine Service, Inc.: 314-429-2200

MO-X: 573-256-1991

• Premium Transportation Services, Inc.: 314-750-1177

• St. Louis Transportation, LLC: 314-344-1975

STL Shuttle Service: 314-450-6453USA Express: 800-872-9399

DOWNTOWN ST. LOUIS

Enjoy a compact, connected, walkable and accessible Downtown St. Louis. Recent renovations to the Arch Grounds, Ballpark Village and St. Louis Union Station have transformed the city and created new attractions and unique dining options that were not available the last time NCAA Wrestling visited the Gateway City. Just two blocks from Enterprise Center, Union Station boasts several new renovations including the 200-foot St. Louis Wheel, the stunning St. Louis Aquarium, several new dining areas, all while being family-friendly and affordable.

ST. LOUIS GENERAL INFORMATION AND SOCIAL MEDIA HANDLES

Explore St. Louis Information: https://explorestlouis.com/ | Twitter: @explorestlouis

St. Louis Union Station: https://www.stlouisunionstation.com/ | Twitter: @UnionStationSTL

Restaurants: https://explorestlouis.com/discover/feast-on-st-louis/

Parking Information: https://explorestlouis.com/travel-tools/get-around-st-louis/downtown-parking/

Enterprise Center: http://www.enterprisecenter.com/plan-your-visit

MetroLink Schedule: https://www.metrostlouis.org/metrolink-schedule/

DOWNTOWN ST. LOUIS MAP

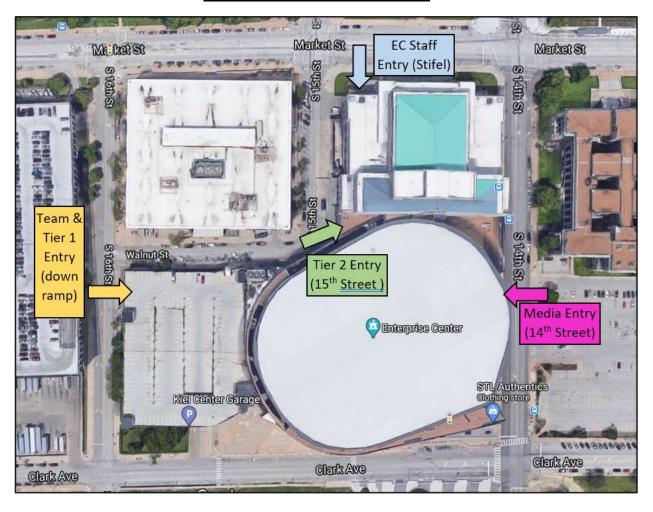


HOTEL ROUTES TO ENTERPRISE CENTER AND TEAM PARKING



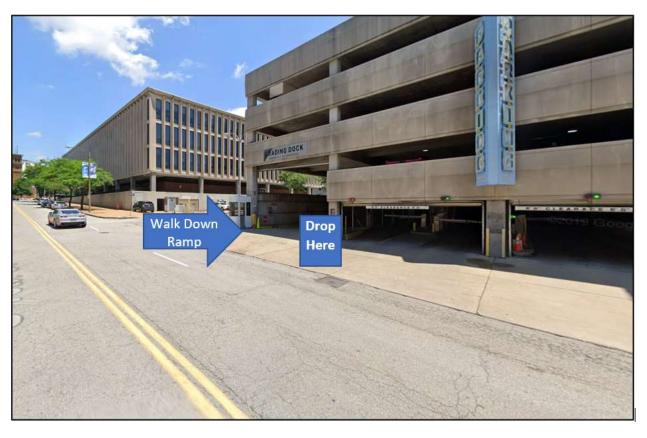
Teams will stay at either the St. Louis Union Station Hotel or the Drury Inn Union Station, both located just west of Enterprise Center. All Tier 1 personnel, including athletes and coaches, will enter Enterprise Center from the 16th Street ramp, shown by the star on the map above. The ramp leads down directly to the event level of the venue. Team vehicles may park on Chestnut Street, between 14th Street and 15th Street as shown on the map. This street parking will be secured and can only be accessed by pass. Team parking passes will be distributed at team registration.

Enterprise Center - Entrances



- All Tier 1 personnel, including athletes and coaches, will enter the venue from the 16th Street ramp, as shown on the map above. Tier 1 personnel should plan to be dropped off at the top of the ramp, walking down the ramp to the security checkpoint. After processing through security, athletes will be on the event level near locker rooms and the athletic training room.
- All Tier 2 personnel will enter the venue from the 15th Street security entrance.
- All Tier 3 media/SID personnel will enter the venue from the 14th Street public entrance a set of doors will be dedicated to media only. If you are a credentialed member of the media in a different tier, you should enter at the appropriate tier location.

Enterprise Center Tier 1 / Athletes Entry – Ground Level



Enterprise Center Event Level Map

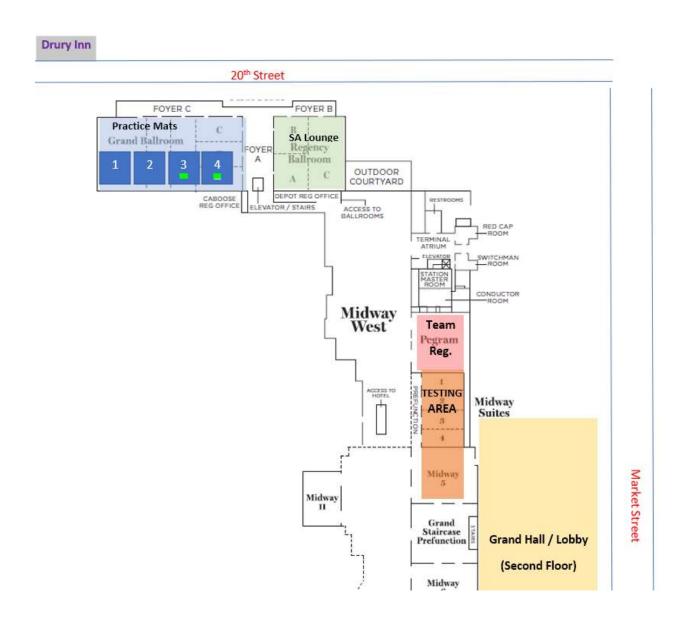


<u>Practice Mats / Student Athlete Lounge Location – Union Station</u>



Practice mats will be in the Grand Ballroom at St. Louis Union Station. For student-athletes staying at St. Louis Union Station Hotel, this is accessed under the same roof as the hotel, located under the blue shaded area on the map. For athletes staying at Drury Inn Union Station, there is a short walk down 20th Street to enter Union Station and then the Grand Ballroom for practice mats. Located across the hall from the Grand Ballroom is the Regency Ballroom, which provides ample space for a student-athlete lounge.

Practice Mats / Student Athlete Lounge Location – Union Station



Practice mats will be in the Grand Ballroom at Union Station, shaded in blue in the above diagram. A student-athlete lounge will be located in the Regency Ballroom, shaded in green. Team Registration will be located in the Pegram Room at Union Station, shaded in pink. The COVID testing area will be in Midway Suites 1-5, shaded in orange.



Student-Athlete Participation Awards

For 2020-2021, an online gift-suite will serve as the participation awards provided to members of the official travel party of institutions that advance to the championship final sites.



Place your order at NCAA-Awards.com



Spec Seats, the official bench chair of the NCAA, is providing special exclusive championship chair pricing to NCAA staff, local organizing committee administration and participating travel parties of membership institutions. Please access the site via https://www.specseats.com/ncaa and use the passcode NC@@2021 to order your commemorative chair today.

