



PARTICIPANT

2019-20 MANUAL

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The Team Registration Portal includes information you need to complete to facilitate the registration process. Please make sure to direct your attention to all the requested information. Important items that must be completed include*:

[Team Housing and Credential Request](#) (online)

HIPAA Forms (One for each Student-Athlete – included in this document)

*TEAM REGISTRATION AND ALL REQUESTED FORMS ARE DUE BY NOON EASTERN TIME, THURSDAY, MARCH 12: <https://go.planningpoint.net/Registration/2019DIWRESTLINGMINNEAPOLIS>

Should you have any questions, please contact:

Trina Simerly

Assistant Coordinator, NCAA

317-917-6516

tsimerly@ncaa.org

Important Dates and Deadlines

Noon P.M. EASTERN, THURSDAY, MARCH 12

Deadline for:

1 – [Team Housing Information](#)

2 – [Registration, Non-Student-Athlete Credential Information](#)

3 – [Elite 90 Award Nomination](#)

NCAA Academic Recognition Program

The Elite 90 is presented to the student-athlete with the highest cumulative grade-point average participating at the finals site for each of the NCAA's 90 championships. It is a tremendous opportunity to honor the academic accomplishments of the top student-athletes during our championships.

Each institution with at least one student-athlete qualifier for the finals site of any NCAA championship is eligible to submit an Elite 90 nomination. The web page is located at www.ncaa.org, click on student-athlete programs and then recognition and awards. Here you will find the nomination form that is to be used for all the championships along with the deadlines for each. The criteria for award eligibility are included on the nomination form. The link to the website is located at [Elite 90 Submission Forms](#).

If you have any questions concerning this program, please contact elite90@ncaa.org.

Schedule of Events (All Times Central)

Date	Time	Event	Location
Tuesday, March 17	Noon – 9 p.m.	On-site team registration	Mills Fleet Farm Skyway
Tuesday, March 17	3 – 9 p.m.	Competition and Practice mats open	U.S. Bank Stadium - Event Level
Wednesday, March 18	8 a.m. – 5 p.m.	Competition and practice mats open	U.S. Bank Stadium – Event Level
Wednesday, March 18	8 a.m. – 5 p.m.	Team Registration	Mills Fleet Farm Skyway
Wednesday, March 18	1 – 2 p.m.	Selected Coaches and Student-athlete press conferences	Press interview room
Wednesday, March 18	3 p.m.	Sports Information Directors Meeting	Press interview room
Wednesday, March 18	3 p.m.	Medical Skin Checks	Athletic Training Area
Wednesday, March 18	4 – 5 p.m.	Physicians and Trainers Meeting	Athletic Training Area
Wednesday, March 18	5 – 6 p.m.	Mandatory Coaches/Administrators Meeting	Polaris Club
Thursday, March 19	7 a.m. – 10 p.m.	All practice mats open	Practice areas – Event Level
Thursday, March 19	8:45 a.m.	Student-Athletes must be in line for grooming checks and weigh-ins	Visiting team locker rooms 1 - 4
Thursday, March 19	9 a.m.	Weigh-ins	Visiting team locker rooms 1 - 4
Thursday, March 19	11 a.m.	Session I begins	U.S. Bank Stadium- Event Level (Competition Floor)
Thursday, March 19	6 p.m.	Session II begins	U.S. Bank Stadium-Event Level (Competition Floor)
Friday, March 20	7 a.m. – 10 p.m.	All practice mats open	Practice areas – Event Level
Friday, March 20	8:45 a.m.	Student-athletes must be in line for grooming checks and weigh-ins	Visiting team locker rooms 1 - 4
Friday, March 20	9 a.m.	Weigh-ins	Visiting team locker rooms 1 - 4
Friday, March 20	10 a.m.	Session III begins	U.S. Bank Stadium– Event Level (Competition Floor)
Friday, March 20	7 p.m.	Session IV begins	U.S. Bank Stadium – Event Level (Competition Floor)
Saturday, March 21	7 a.m. – 10 p.m.	Practice mats open	Practice areas – Event Level
Saturday, March 21	8:45 a.m.	Student-athletes must be in line for grooming checks and weigh-ins	Visiting team locker rooms 1 - 4
Saturday, March 21	9 a.m.	Weigh-ins	Visiting team locker rooms 1 - 4
Saturday, March 21	10 a.m.	Session V begins	U.S. Bank Stadium – Event Level (Competition Floor)
Saturday, March 21	5:15 p.m.	All-Americans line up for Parade of All-Americans	U.S. Bank Stadium Event Level Southwest Tunnel
Saturday, March 21	5:35 p.m.	Grand March/Parade of All-Americans	U.S. Bank Stadium – Event Level (Competition Floor)
Saturday, March 21	6 p.m.	Session VI begins	U.S. Bank Stadium – Event Level (Competition Floor)

Credentials

Credentials will be issued **ONLY** to the participating student-athletes, coaches, athletic trainers and institution administrators that you list via the registration portal and that were included on the team contact forms. If your institution's authorized athletic trainer and/or physician is accompanying the team, please provide their names via the registration portal and please ask them to bring their medical certification cards and institution identification that will be needed to pick up the credentials. If the sports information contact from your institution is traveling with your team, they should have already obtained the necessary media credential through the NCAA Credential Application <https://www.ncaa.com/media-center/credentials>.

Coaches/Staff Credentials

Each institution will be awarded up to four (4) coaches' credentials, if requested, regardless of the number of competing student-athletes. Coaches' credentials will only be issued to verified coaches. Each coach **MUST** be a recognized member of the coaching staff authorized by the institution and included on the team registration. Coaches credentials must include a headshot photo to gain access to the competition floor.

In addition, teams can purchase a maximum of two (2) additional support staff credentials for non-coaches. These support staff credentials are \$200. The support staff credentials are **NOT COACHES** credentials and **WILL NOT** provide access to the competition floor or be permitted to take part in warm-ups and practice. The support staff credentials are intended for director of operations, nutritionist, weight/conditioning coordinator, etc. The support staff credentials are **NOT** intended to be provided for additional coaches or warm-up partners. **Only those support staff credentials requested by the deadline, with a photo headshot will be issued.**

Administrator Credentials

One complimentary administrator credential will be provided to each institution that has a qualifier. This credential must be for your director of athletics or person who has oversight for the wrestling program at your institution. One additional hotel room (subject to availability with no guarantee that it will be at the team hotel) from the NCAA room block, separate from the qualifier formula used to allocate hotel rooms, will be made available to the institution administrator.

A maximum of two (2) additional administrator credentials may be purchased for \$200 each. The administrator credential(s) provide for seating within the participant seating sections (if available). The administrator credential will allow access to the facility and back-of-house areas only but not the competition floor. Administrator credentials may be obtained at team registration at U.S. Bank Stadium. Administrators will need to show a business card and photo identification to prove identity. In lieu of requesting a credential, a ticket may be purchased through your institution's block, but will not be permitted in back-of-house areas.

Violators are subject to misconduct provisions, as well as revocation of the credential.

The fee for replacement of each credential is \$200.

Housing Information for Teams

The NCAA has contracted with the DoubleTree Hotel Minneapolis - University Area, Hampton Inn Suites Minneapolis Downtown, Minneapolis Marriott City Center and Radisson Blu Minneapolis Downtown as the official team hotels for the 2020 NCAA Division I Wrestling Championships. Arrangements have been made to ensure housing accommodations, based on the NCAA allocation formula below, for participants, coaches, and institution's official travel party for the championships.

In making housing arrangements, NCAA rules state once the teams/qualifiers have been determined and assigned to their hotel, the reservations should be reconfirmed within 48 hours in the names of the institutions; and thereafter, the institutions shall be responsible for the reservations. Participating institutions are responsible for payment for the rooms reserved by the NCAA.

*NOTE: All teams **MUST** use the rooms requested and assigned at the designated property. Failure to use the assigned rooms may result in penalties, including but not limited to forfeiture of per diem and travel reimbursement.

By clicking or entering the below link, you will be prompted to the registration site.

<https://go.planningpoint.net/Registration/2019DIWRESTLINGMINNEAPOLIS>

Maximum number of occupants per room is four (4).

Number of Qualifiers	Number of Hotel Rooms
1	3
2 – 3	4
4 – 5	5
6 – 7	6
8 – 9	7
10	8

HIPAA Rules

In accordance with the HIPAA rules and guidelines, each student-athlete competing in the NCAA Division I Wrestling Championships may choose, but is not required, to submit the signed HIPAA form. Please refer to the form contained within this document.

If the student-athlete chooses to sign the HIPAA form, it must be submitted to:

Trina Simerly

Email: tsimerly@ncaa.org or at on-site team registration

Medical Meeting

There will be a meeting for **ALL** medical personnel (physicians and athletic trainers) to discuss medical procedures and policies. This meeting will be held Wednesday, March 18, at 4p.m. Central time in the Athletic Training Room of U.S. Bank Stadium. Emily Wendolek host medical coordinator; and athletic training liaison to the NCAA, Jim Thornton, will make brief remarks. Please plan to attend this short but important meeting.

Medical Credential Information

If an institution's team physician and/or certified athletic trainer plans on attending the championships and desires a medical credential, the institution must request these credentials via the registration portal.

If an institution wants an athletic training student to use one of its medical credentials, then the following action must take place:

- The athletic training student must show a school photo ID.
- The institution's certified athletic trainer/athletic trainer program director must write a letter in advance stating this student is enrolled in an accredited athletic training education program and is deserving of receiving a medical credential.

Please send a letter via email to the attention of:

Jim Thornton
Email: jthornton@clarion.edu

The athletic training student must also show their National Athletic Trainers' Association (NATA) membership card at registration.

If the student is not yet a member of NATA, please include that information in the letter. Medical credentials will be available at Team Medical Registration located in the Mills Fleet Farm Skyway of U.S. Bank Stadium.

Tuesday, March 17	Noon to 9 p.m. Central time
Wednesday, March 18	8 a.m. to 5 p.m. Central time

Please adhere to the following procedures to obtain medical credentials:

- All athletic trainers and team physicians must pick up their own credential during registration.
- Team physicians must provide photo identification to receive their credential.
- Athletic trainers must display their board of certification card and photo Identification to receive their credential.

No medical credential will be provided in the packet distributed to each head coach at registration. Please note that coaches, student-athletes and team personnel will not be able to enter U.S. Bank Stadium for competition, medical treatment or practice until all have registered at the Team Medical Registration.

Athletic Training Facility

Throughout the week of the championships, an athletic training room will be staffed by the local organizing committee with heating packs, electrical stimulation, ultrasound, ice, taping stations and other medical supplies. All medical/athletic training areas will be available at the following times:

<u>Date</u>	<u>Hours</u>
Tuesday, March 17	noon - 9 p.m.
Wednesday, March 18	8 a.m. – 5 p.m.
Thursday, March 19	8 a.m. – 11 p.m.
Friday, March 20	8 a.m. – 11 p.m.
Saturday, March 21	8 a.m. – 11 p.m.

X-Ray imaging will also be available at U.S. Bank Stadium. If there are any additional special requests or needs, please contact in advance of the championships.

Emily	Wendolek	Medical Services	612-590-6541	whitt106@umn.edu
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Medical Skin-Checks/Weigh-Ins

Medical skin checks/weigh-ins will be conducted daily at U.S. Bank Stadium. Only authorized personnel will be admitted to the medical check/weigh-in area.

Reporting for medical skin check/weigh-ins

All student-athletes wishing to compete are required to report to medical check/weigh-ins at the designated time, wearing a suitable garment and no weight loss activity taking place. The penalty for

failure to report on time and/or engaging in weight-loss activities during medical exams is disqualification. Grooming checks will be performed at the same time as medical checks. All participants must have their nails clipped, facial hair must be suitable for a skin check, and hair must be within the rule's guidelines. **Participants not groomed properly will not be allowed to proceed to weigh-ins until the grooming check has been satisfied.**

Please note: the championship will adhere to all rules related to medical exam/weigh ins found in chapter 9 of the NCAA wrestling rules book, including those related to prohibited weight loss practices, which will be strictly enforced.

Medical skin check/weigh in times:

<u>Date</u>	<u>Line Up</u>	<u>Grooming/Medical Check/Weigh-in</u>
Thursday, March 19	8:45 a.m.	9 a.m.
Friday, March 20	8:45 a.m.	9 a.m.
Saturday, March 21	8:45 a.m.	9 a.m.

Scales

There will be 10 official digital scales available in the weigh-in area. The official scales will close 15 minutes prior to the start of medical skin check/weigh-ins each day. Unofficial scales will be available throughout the championships and will be in the locker rooms at U.S. Bank Stadium.

Mandatory skin-check for pre-existing conditions

There will be a separate skin-check for all those student-athletes with PRE-EXISTING skin conditions. They shall meet at 3 p.m. Wednesday, March 18 in the athletic training facility on the event level at U.S. Bank Stadium. If you have a student-athlete with a pre-existing skin condition, it is mandatory that they attend this skin-check. The only acceptable form will be the NCAA Skin Evaluation and Participation Status Form which can be found in the NCAA wrestling rules book.

The tournament physician and a dermatologist will review the pre-existing skin condition and determine whether the student-athlete will be able to participate. It is encouraged that these student-athletes be accompanied by their athletic trainer. The student-athlete, not the athletic trainers or coaches, should keep their forms with them and have them ready to provide to the dermatologist and medical staff of the championships at this meeting and again each morning. This pre-existing skin-check does not exempt any student-athlete from the regularly scheduled skin check and weigh-ins occurring each morning of the competition, but is a mandatory, additional skin check.

The championships' dermatologists, physicians and certified athletic trainers will conduct the exams. All student-athletes will be checked according to their weight. The championships' physician shall report the results of the examination to the chair of the wrestling committee or a designated representative, who shall then be responsible for the administrative enforcement of the medical recommendation, if it involves disqualification from the championships.

Please refer to NCAA Rules found in section 9.1 for all information regarding medical examination/skin checks. "A physician or a certified athletic trainer shall examine all contestants for communicable diseases before all tournaments and meets. It is recommended that this examination be made at the time of weigh-in. The presence of a communicable skin disease (or any other condition that, in the opinion of the examining physician or athletic trainer, makes the participation of that individual inadvisable), shall be full and sufficient reason for disqualification.

If the student-athlete has been diagnosed as having such a condition and is currently being treated by a physician (ideally a dermatologist) who has determined that is safe for that individual to compete without jeopardizing the health of the opponent, the student-athlete may be considered for competition. However, the student-athlete, coach or athletic trainer shall provide current written documentation from the treating physician to the medical professional at the medical examination with the approved NCAA Skin Evaluation and Participation Status Form, describing: (1) the diagnosed skin disease or condition; (2) the prescribed treatment and the time necessary for it to take effect; and (3) that the skin disease or condition would not be communicable or harmful to the opponent at the time of competition. Such documentation shall be furnished at the medical examination."

Regardless of institutional documentation per rule 9.11 in the rules book, the final medical determination on whether a student-athlete passes skin checks resides with the host site's physician. Decisions made by the championship physician are final.

If there are any questions regarding identification or proper treatment, please feel free to contact Emily Wendolek at the previously listed telephone numbers.

Injury Information

All participating student-athletes currently receiving modality treatment for an existing injury prior to the 2020 NCAA Division I Wrestling Championships can continue their treatment in the championships athletic training facility. No treatment shall be allowed by athletic training students unless accompanied by and in direct supervision of the team's certified athletic trainer.

Evaluation/Treatment of Injuries during the Championships

Any student-athlete injured during competition will be examined by his team's physician and/or athletic trainer. In the absence of a physician or athletic trainer, a championships physician or Certified Athletic Trainer will be available to assist the injured student-athlete in any way possible. If the injury is of an obvious serious nature, the championships physician will complete the mat side evaluation. After completion of an evaluation, the physician or athletic trainer will make recommendations to the student-athlete and head coach regarding the advisability of continued participation. All procedures and resulting decisions will be in accordance with the NCAA concussion management plan and health and safety protocol.

Procedure to Medically Disqualify a Student-Athlete during an NCAA Championship

As the event sponsor, the NCAA seeks to ensure that all student-athletes are physically fit to participate in its championships and have valid medical clearance to participate in the competition. The NCAA championships physician, as designated by the host school, has the unchallengeable authority to determine whether a student-athlete with an injury, illness or other medical condition (e.g., skin infection) may expose others to significantly enhanced risk of harm, and, if so, to disqualify the student-athlete from continued participation.

The student-athlete's team physician can determine whether an individual with an injury or illness should continue to participate or is disqualified. In the absence of a team physician, the NCAA championships physician will examine the student-athlete and has valid medical authority to disqualify him if the student-athlete's injury, illness or medical condition poses a potentially life-threatening risk to himself.

The chair of the governing sports committee (or a designated representative) shall be responsible for administrative enforcement of the medical judgment, if it involves disqualification.

Student-athletes who sustain serious injuries as determined by the examining physician (e.g. significant head trauma, spinal cord injury etc.) will be transferred to one of the medical facilities shown earlier by

ambulance. One ambulance will be on site throughout the course of the championships with back-up standing by.

Please note NCAA Rule 6, Section 2: "If a contestant is rendered unconscious, that wrestler shall not be permitted to continue the match after regaining consciousness without approval of a physician. A contestant who receives a temporary injury to the head, neck or spinal column that does not render that contestant unconscious shall not be permitted to continue the match without approval of a physician or certified athletic trainer."

Finally, for medical personnel, please review the [NCAA Sports Medicine Handbook](#) guideline on concussions.

Awards

Awards in each weight class will be presented after each weight class championship match beginning with the second weight class championship match. The top eight finishers in each weight class will be recognized. The champions in each weight class should also report back to the finals mat for a group champions photograph after all team awards have been presented. Statistical leader awards, as well as team awards, will also be presented.

Coaches are reminded to instruct all award winners to wear their official team warm-up to the awards stand. No hats, jewelry or signs are permissible.

Coach/Medical/Administrator Hospitality

A Coach/Team Medical/Team Administrator hospitality area is available in "Coaches Hospitality", located in the Warm Up Room. This hospitality area is available throughout the championships and is accessed by credential only. Please review the coaches' handbook that will be provided at on-site team registration and in-venue signage for the hours of operation.

Alumni, Fan and Team Hospitality

Numerous hospitality options exist within Minneapolis for alumni groups, fans and teams.

For help finding great places to eat, things to do, or suggestions on hospitality options you can contact [Tyler Boike \(612\) 767-8182 tylerb@sportsminneapolis.org](mailto:Tyler.Boike@sportsminneapolis.org)

For more information on fan hospitality options, please visit <https://www.minneapolis.org/>.

Filming

The NCAA reserves all commercial and non-commercial rights to the use of still photographs, films and videotapes of its championships. The filming or videotaping of NCAA championships by parties (i.e., participating institutions), and for commercial film purposes may be permitted only with the advance written consent of the NCAA. All commercial film requests should be directed to:

Kristen Jacob Smith
Associate Director, Championships and Alliances, Broadcast Services
NCAA
P.O. Box 6222
Indianapolis, Indiana 46206-6222
Phone: 317-917-6584
Email: kjsmith@ncaa.org

Ground Transportation

Charter Bus Companies		
Eclipse Global Transportation 612-341-9999 eclipsecars.com	Lorenz Bus Service 763-784-7196 Lorenzbus.com	Jefferson Lines 612-359-3400 Jeffersononlines.com
Minnesota Coaches 651-288-3055 Minnesotacoaches.com	Voigt's 612-339-0612 Voigtbus.com	Northfield Lines 651-203-8888 Northfieldlines.com

On-Call Cab Companies		
Airport Taxi www.tplusride.com	Executive Transportation executivecarmn.com	Yellow Taxi Cab www.yellowtaxicabmn.com/

Rental Car Companies
www.mspairport.com/directions/ground-transportation/car-rentals

Metro Transit – Light Rail System
<p>The Minneapolis Local Organizing Committee is distributing (2) two complimentary light rail tokens for all student athletes, coaches and team administrators. Teams can pick up these tokens on Tuesday, March 17 at MSP Airport Terminal 1 Baggage Claim at a welcome desk. The desk is located near Carousel #6 and Exit Door #5. You can also pick up these tokens at the registration at U.S. Bank Stadium where team packets are distributed.</p> <p>The light rail trains have a blue and green line that run between Downtown Minneapolis, Downtown St. Paul, MSP Airport and the Mall of America. A signal ride fare is \$2.00 (good for 2.5 hours) and day passes are available for \$5.00. You can purchase these at any kiosk located at every light rail station.</p> <p>https://www.metrotransit.org/</p>

Locker Rooms

Participant locker rooms will be available at U.S. Bank Stadium. The hours of operation are as follows:

<u>Date</u>	<u>Hours (Central time)</u>
Tuesday, March 17	3 to 9 p.m.
Wednesday, March 18	7 a.m. to 5 p.m.
Thursday, March 19	7 a.m. to 11 p.m.
Friday, March 20	7 a.m. to 11 p.m.
Saturday, March 21	7 a.m. to 11 p.m.

Participation Awards

After the championship, MainGate will send the head coach an email providing ordering process details, along with a unique Certificate Code (valid for one participation awards per member of your travel party) which can be redeemed only at www.NCAA-Awards.com. In order to ensure that each participant receives his or her award, a member of your administration must place your team's order, including size information, at www.NCAA-Awards.com using your certificate code. If you would like to purchase additional awards, you will have the opportunity to do so online via personal credit card at the end of the checkout process.

Participation award items will be sent to your institution for distribution to your student-athletes within four to six weeks after your order is placed. If you do not receive information for ordering awards within two weeks of the conclusion of the championship, please contact Erin Hannoy (ehannoy@maingateinc.com), Customer Service (866-945-7267) or Anthony Holman (aholman@ncaa.org).

Player Pass List/Will Call Tickets

Teams that wish to coordinate their own Player Pass List or Will Call may contact:

Lori Wolf

Coordinator, Championships and Alliances, Marketing and Ticketing

Phone: 317-917-6534

Email: lwolf@ncaa.org

Player-Guest tickets may be picked up at the Player-Guest windows inside U.S. Bank Stadium, located at the box office near the Polaris Gate.

Preorder of Final Shirts

Event 1, Inc., the official souvenir merchandiser for the NCAA, is offering participating teams and individuals the opportunity to preorder shirts for the 2020 NCAA Division I Wrestling Championships.

Please visit <http://www.event1teamstore.com>. Click on the NCAA icon and then select your division and sport. Complete the order form by selecting the quantities and sizes needed. Credit card information is mandatory to process the order immediately. **University purchase orders cannot be accepted. Please select that this is a team order.**

Please note that institutions placing orders by the deadline will have their orders shipped directly to their campuses the week after competition is complete.

The deadline for submitting orders is 11 p.m. Eastern time, Thursday, March 19. Orders submitted after this time will not be accepted.

As a point of information, these shirts also will be available for sale at your competition site. However, we cannot guarantee that your sizes will be available at the event.

Please contact Gina Taylor at Event 1 at 913-693-2104 if you have any questions.

Program and Bracket Sheets

Program and updated bracket sheets will be on sale throughout the championships. Updated bracket sheets will be available to coaches before each session based on the following formula:

<u>Qualifiers</u>	<u># of Bracket Sheets</u>
1-5	1
6-10	2

Please collect your bracket sheets in the Coaches Hospitality Area prior to each session.

Security

Our goal is to ensure a safe and comfortable environment for student-athletes, guests, and staff. U.S. Bank Stadium provides an experienced security staff inside the arena, as well as police officers outside the arena to provide security before, during and after events. Due to increased security, all participants, coaches, team administrators, personnel and medical staff entering U.S. Bank Stadium are subject to search of their

person and/or possessions (including bags of normal size which may be allowed entry after search). Enforcement will be without exceptions. NCAA issued credentials are required for every individual to enter U.S. Bank Stadium and for access within the venue and must be worn at all times except for when student-athletes are practicing or competing.

Sports Information and Press Conferences

Sports information and media relations for the championships will be under the direction of:

Matthew Holmes

Assistant Director, Media Coordination

Phone: 317-917-6385

Email: mholmes@ncaa.org

Pre-championship press conferences featuring selected student-athletes and coaches will be held Wednesday, March 18 inside U.S. Bank Stadium in the press interview room. The student-athlete portion of the press conference will begin at 1 p.m. Central and the coaches will follow. Each press conference will be 30 minutes in length. Coaches and student-athletes taking part in the Wednesday press conferences may also be asked to take part in green screen shoots and individual interviews for the television broadcast and in-venue production.

Student-athletes winning their semifinal matches on Friday, March 20 will be immediately escorted by championship personnel to the interview room for a brief press conference. Following the press conference student-athletes must report to the ESPN interview area within U.S. Bank Stadium for video headshots and the NCAA production room for green screen shoots in preparation for the championship match introductions. Coaches are asked to ensure student-athletes wear official school warm-ups for the headshots.

Coaches of the top 3-5 institutions in the team standings will hold a press conference Friday, March 20 at the conclusion of Session IV. The number of coaches participating will be determined by championship personnel.

Student-athletes winning their national championship match Saturday, March 21 will be immediately escorted by championship personnel to the interview room for a brief press conference.

The head coach of the national championship team will participate in a press conference following the conclusion of Session VI competition on Saturday, March 21.

Per the NCAA's policy student-athlete and coach participation in NCAA championship press conferences, broadcast and in-venue presentation interviews is mandatory. All requested coaches and student-athletes are expected to participate as requested by NCAA personnel.

Workouts

The primary workout area / practice mats will be available on the event level of U.S. Bank Stadium. Exercise equipment and scales will be provided for participants during practice times. Hours for the workout area (practice mats) are as follows:

Tuesday, March 10	3 p.m. to 9 p.m.
Wednesday, March 11	8 a.m. to 5 p.m.
Thursday, March 12	7 a.m. to 11 p.m.
Friday, March 13	7 a.m. to 11 p.m.
Saturday, March 14	7 a.m. to 10 p.m.

NCAA DIVISION I WRESTLING COMMITTEE

Mr. Matt Azevedo	Drexel University	moa26@drexel.edu
Mr. Bob Burda	Big 12 Conference	bob@big12sports.com
Mr. Rob Hjerling	The Citadel	hjerlingr@citadel.edu
Ms. Karen Langston, chair	California State University, Bakersfield	klangston@csub.edu
Mr. Andy Noel	Cornell University	Jan16@cornell.edu
Mr. Matt Whisenant	University of Wyoming	mwhise@uwyo.edu

NCAA DIVISION I WRESTLING - NCAA STAFF

Anthony Holman	Championships and Alliances	aholman@ncaa.org
Trina Simerly	Championships and Alliances	tsimerly@ncaa.org

MINNEAPOLIS LOCAL ORGANIZING COMMITTEE

Stephanie Davis	Tournament Manager	daviss@umn.edu
Paul Rovnak	Media	psrovnak@umn.edu
Michelle Traen Traversie	Media	traen001@umn.edu
Emily Wendolek	Medical Director	whitt106@umn.edu
Travis Hornik	U.S. Bank Stadium Operations	thornik@usbankstadium.com
Tyler Boike	Hotels & Transportation	tylerb@sportsminneapolis.org

STUDENT-ATHLETE AUTHORIZATION
CONSENT FOR
DISCLOSURE OF PROTECTED HEALTH INFORMATION

I, _____, hereby authorize _____,
(Name of Student-Athlete) (Name of My Institution)

and its physicians, athletic trainers and health care personnel to disclose my protected health information and any related information regarding any injury or illness during my training for and participation in intercollegiate athletics to the NCAA, the University of Minnesota and its employees or agents.

I understand that my protected health information will be used by the NCAA and the University of Minnesota for the purpose of handling any media inquiries in conjunction with the 2020 NCAA Division I Wrestling Championships.

I understand that my injury/illness information is protected by federal regulations under either the Health Information Portability and Accountability Act (HIPAA) or the Family Educational Rights and Privacy Act of 1974 (the Buckley Amendment) and may not be disclosed without either my authorization under HIPAA or my consent under the Buckley Amendment. I understand that my signing of this authorization/consent is voluntary and that my institution will not condition any health care treatment or payment, enrollment in a health plan or receipt of any benefits (if applicable) on whether I provide the consent or authorization requested for this disclosure. I also understand that I am not required to sign this authorization/consent in order to be eligible for participation in NCAA or conference athletics.

I also understand that the NCAA and the University of Minnesota are not covered by the Buckley Amendment or HIPAA and that these regulations will not apply to the NCAA and the University of Minnesota's use or disclosure of my injury/illness information.

This authorization/consent expires 380 days from the date of my signature below, but I have the right to revoke it in writing at any time by sending written notification to the director of athletics at my institution. I understand that a revocation is not effective to the extent action has already been taken in reliance on this authorization/consent.

Printed Name of Student-Athlete	Signature	Date
---------------------------------	-----------	------

Printed Name of Guardian	Signature	Date
(if student-athlete is under the age of 18)		

National Collegiate Athletic Association

SKIN EVALUATION AND PARTICIPATION STATUS

(Physician Release for Student-Athlete to Participate with Skin Lesion)

Student-Athlete: _____

Date of Exam: ____ / ____ / ____

Institution: _____

Please Mark Location of Lesion(s):

Dual(s)/Tournament: _____

Number of Lesion(s): _____

Cultured: ☐ No ☐ Yes _____

Diagnosis: _____

Medication(s) used to treat lesion(s): _____

Date Treatment Started: ____ / ____ / ____ Time: _____

Earliest Date student-athlete may return to participation: ____ / ____ / ____

Physician Name (Printed): _____

Physician Signature: _____

(M.D. or D.O.)

Specialty: _____

Office Address: _____

Contact #: _____

Institution Certified Athletic Trainer Notified: ☐ No ☐ Yes Signature: _____

Note to Physician: Non-contagious lesions do not require treatment prior to return to participation (e.g. eczema, psoriasis, etc.). Please familiarize yourself with NCAA Wrestling Rules which state: (refer to the NCAA Wrestling Rules and Interpretations publication for complete information)

"9.6.4 ... The presence of a communicable skin disease ... shall be full and sufficient reason for disqualification."

"9.6.5 ... If a student-athlete has been diagnosed as having such a condition, and is currently being treated by a physician (ideally a dermatologist) who has determined that it is safe for that individual to compete without jeopardizing the health of the opponent, the student-athlete may compete. However, the student-athlete or his/her coach or athletic trainer shall provide current written documentation from the treating physician to the medical professional at the medical examination, ..."

"9.6.6 ... Final determination of the participant's ability to compete shall be made by the host site's physician or certified athletic trainer who conducts the medical examination after review of any such documentation and the completion of the exam."

Below are some treatment guidelines that suggest **MINIMUM TREATMENT** before return to wrestling: (please refer to the NCAA Sports Medicine Handbook for complete information)

Bacterial Infections (Furuncles, Carbuncles, Folliculitis, Impetigo, Cellulitis or Erysipelas, Staphylococcal disease, CA-MRSA): Wrestler must have been without any new skin lesion for 48 hours before the meet or tournament; completed 72 hours of antibiotic therapy and have no moist, exudative or draining lesions at meet or tournament time. Gram stain of exudate from questionable lesions (if available). Active bacterial infections shall not be covered to allow participation.

Herpetic Lesions (Simplex, fever blisters/cold sores, Zoster, Gladiatorum): Skin lesions must be surmounted by a FIRM ADHERENT CRUST at competition time, and have no evidence of secondary bacterial infection. For primary (first episode of Herpes Gladiatorum) infection, the wrestler must have developed no new blisters for 72 hours before the examination; be free of signs and symptoms like fever, malaise, and swollen lymph nodes; and have been on appropriate dosage of systemic antiviral therapy for at least 120 hours before and at the time of the competition. Recurrent outbreaks require a minimum of 120 hours of oral anti-viral treatment, again so long as no new lesions have developed and all lesions are scabbed over. Active herpetic infections shall not be covered to allow participation.

Tinea Lesions (ringworm): Oral or topical treatment for 72 hours on skin and 14 days on scalp. Wrestlers with solitary, or closely clustered, localized lesions will be disqualified if lesions are in a body location that cannot be adequately covered.

Molluscum Contagiosum: Lesions must be curetted or removed before the meet or tournament and covered.

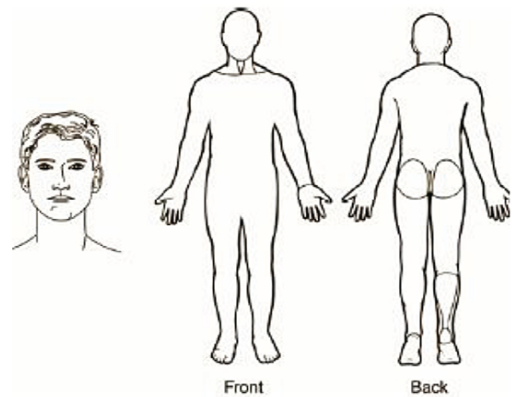
Verrucae: Wrestlers with multiple digitate verrucae of their face will be disqualified if the infected areas cannot be covered with a mask. Solitary or scattered lesions can be curetted away before the meet or tournament. Wrestlers with multiple verrucae plana or verrucae vulgaris must have the lesions adequately covered.

Hidradenitis Suppurativa: Wrestler will be disqualified if extensive or purulent draining lesions are present; covering is not permissible.

Pediculosis: Wrestler must be treated with appropriate pediculicide and re-examined for completeness of response before wrestling.

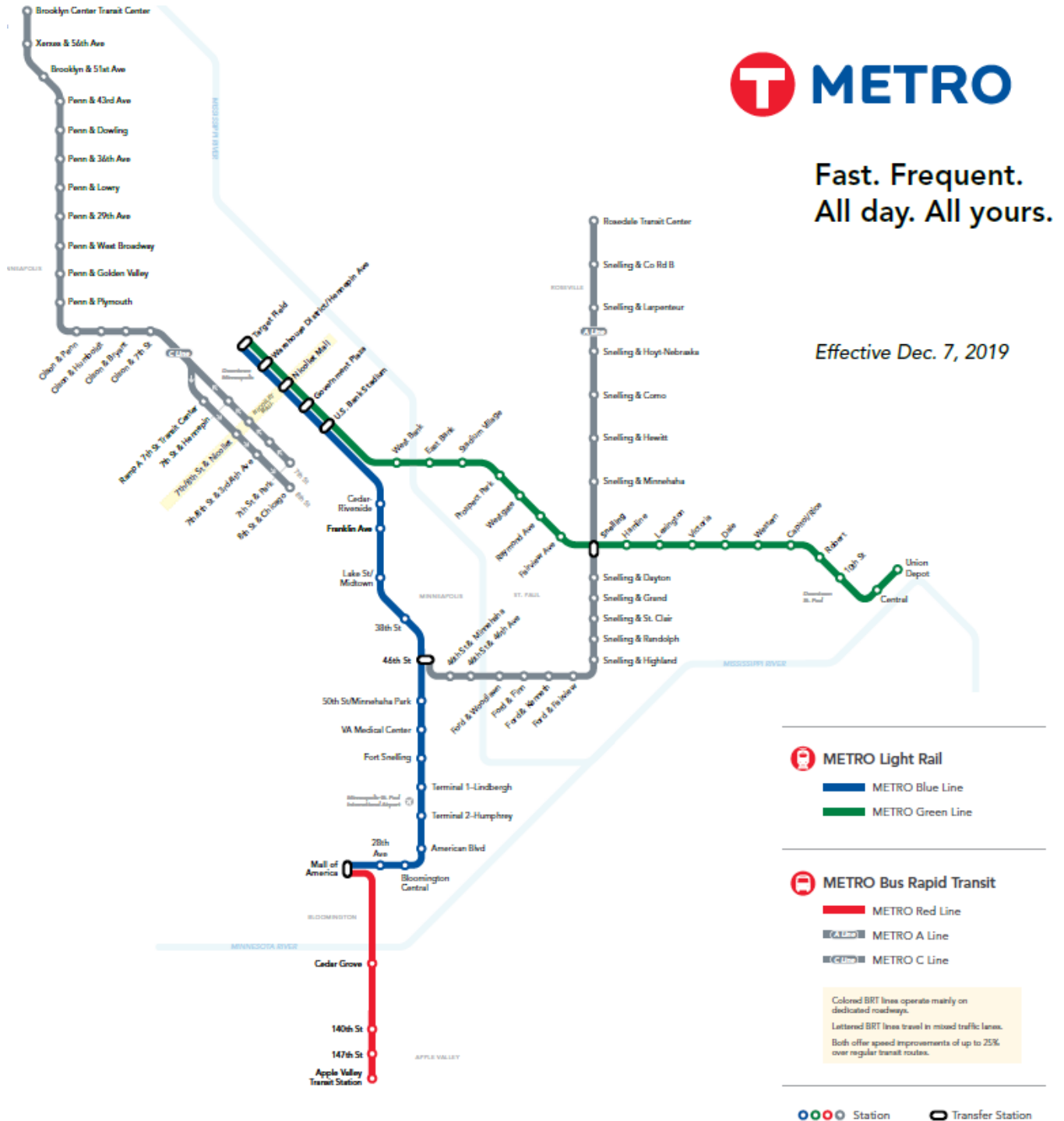
Scabies: Wrestler must have negative scabies prep at meet or tournament time.

DISCLAIMER: The National Collegiate Athletic Association shall not be liable or responsible, in any way, for any diagnosis or other evaluation made herein, or exam performed in connection therewith, by the above named physician/provider, or for any subsequent action taken, in whole or in part, in reliance upon the accuracy or veracity of the information provided herein.



TRANSPORTATION FROM MINNEAPOLIS-ST. PAUL INTERNATIONAL AIRPORT

The Minneapolis Local Organizing Committee is distributing (2) two complimentary light rail tokens for all student athletes, coaches and team administrators. Teams can pick up these tokens on Tuesday, March 17 at MSP Airport Terminal 1 Baggage Claim at a welcome desk. The desk is located near Carousel #6 and Exit Door #5. There will be a NCAA Wrestling Championship Welcome Sign to highlight the location. You can also pick up these tokens at registration at U.S. Bank Stadium where team packets are distributed.



DOWNTOWN MINNEAPOLIS RESTAURANTS & FAN HOUSING

For more information on restaurants and fan housing in Minneapolis, please contact Tyler Boike (tylerb@sportsminneapolis.org).

MINNEAPOLIS GENERAL INFORMATION AND HELP SOCIAL MEDIA HANDLES

City Information- www.minneapolis.org Twitter- @MeetMinneapolis

Parking Information- <https://mplsparking.com/>

Minneapolis Partnership- <https://www.minneapolis.org/partners/>

Highway and Construction Information- @MnDOT

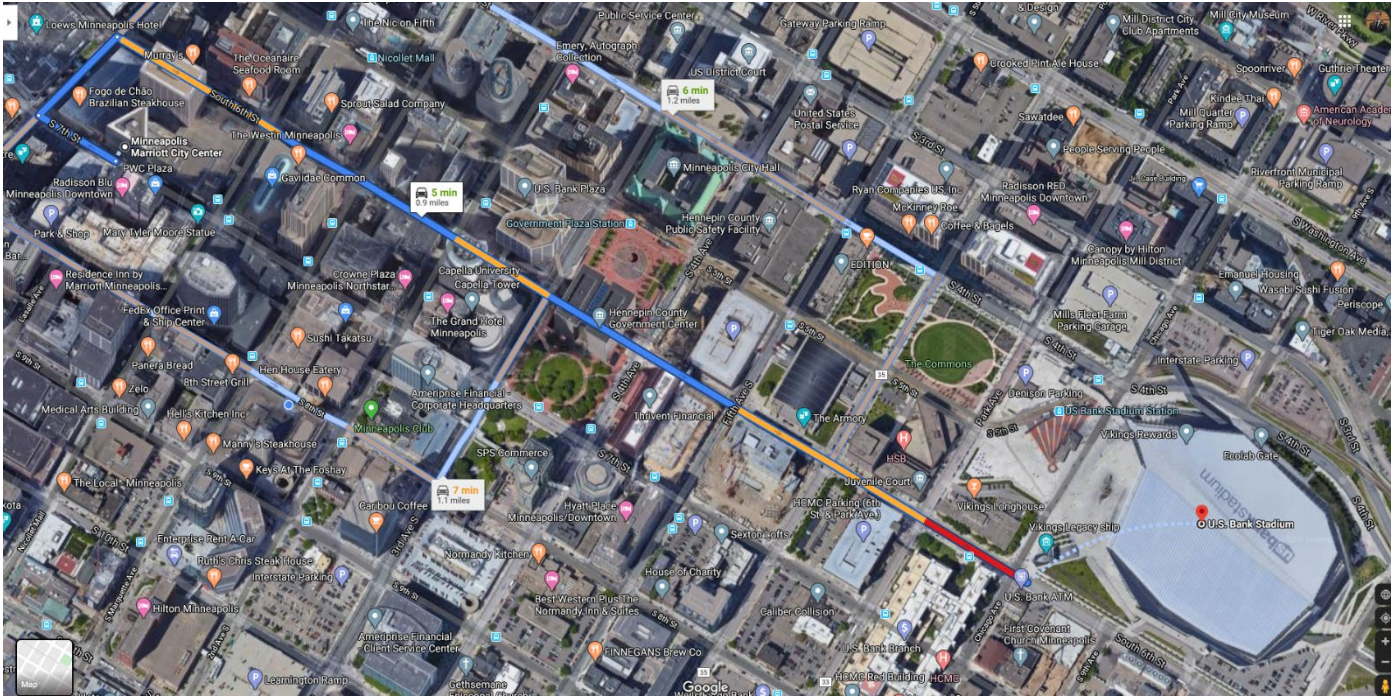
City Busses & Light Rail Information- <https://www.metrotransit.org/> Twitter- @MetroTransitMN

Minneapolis Police- <http://www.ci.minneapolis.mn.us/police/> Twitter-@pghpolice

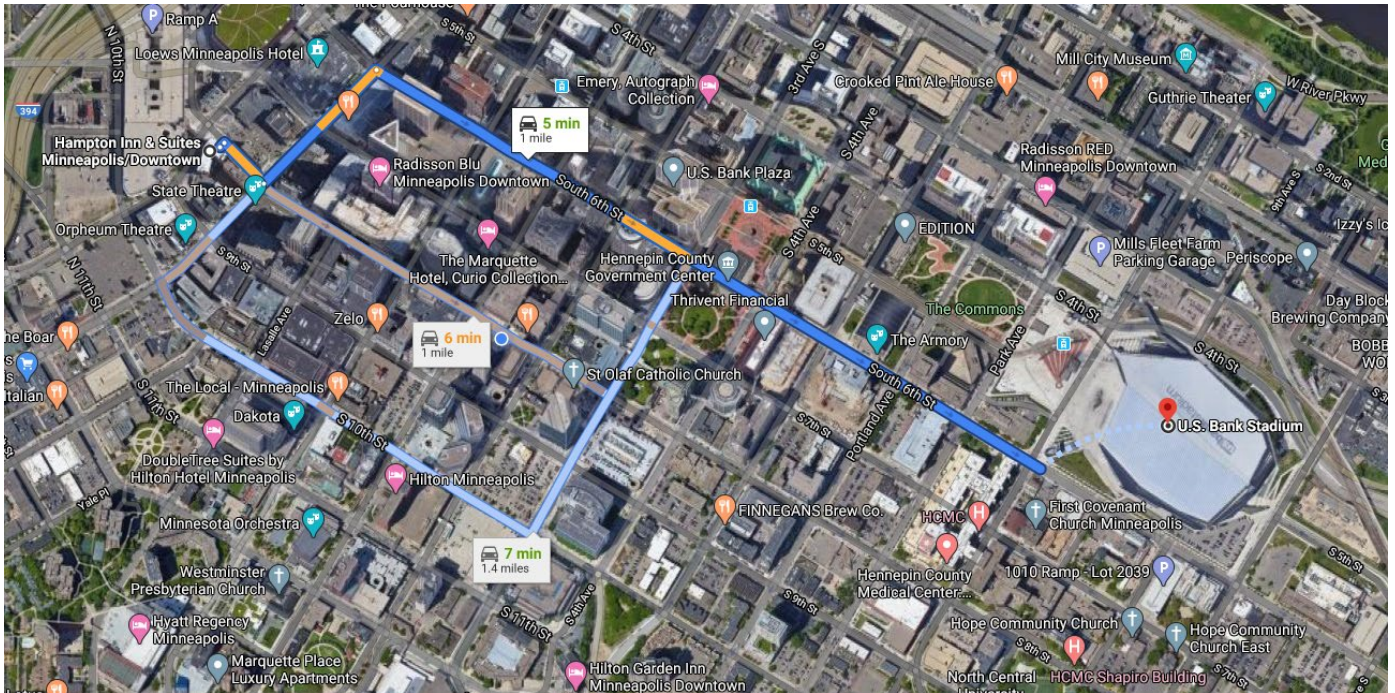
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HOTEL ROUTES TO U.S. BANK STADIUM

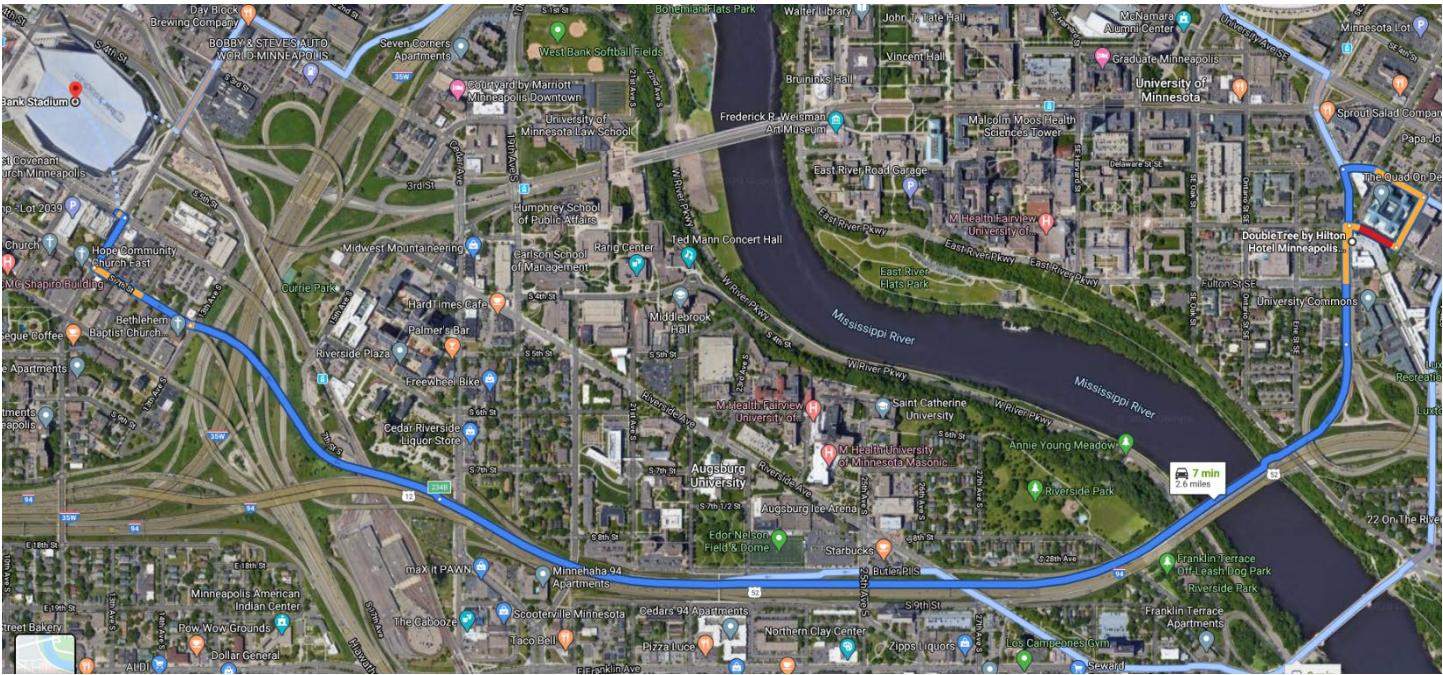
MINNEAPOLIS MARRIOTT CITY CENTER RADISSON BLU MINNEAPOLIS DOWNTOWN



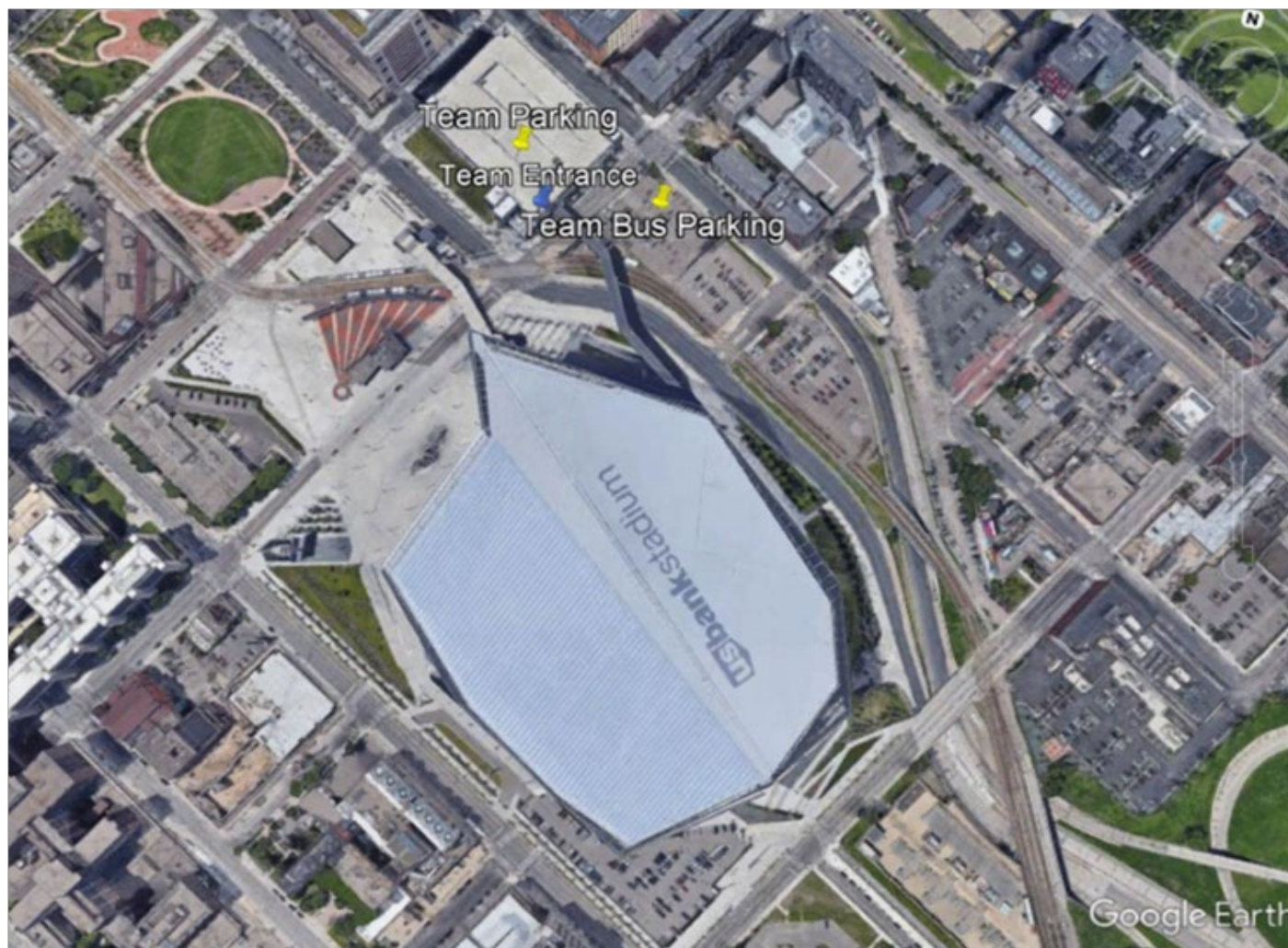
HAMPTON INN & SUITES MINNEAPOLIS DOWNTOWN



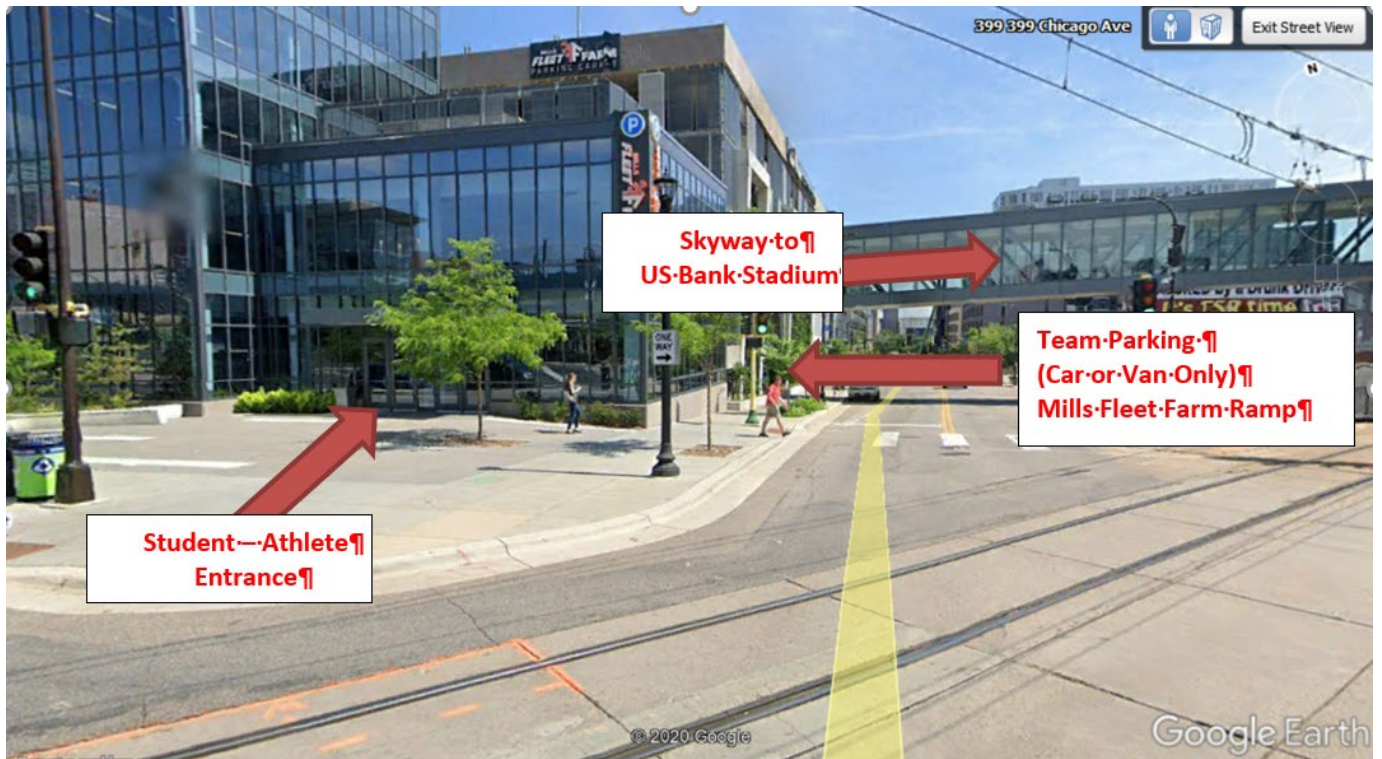
DOUBLETREE BY HILTON HOTEL MINNEAPOLIS - UNIVERSITY AREA



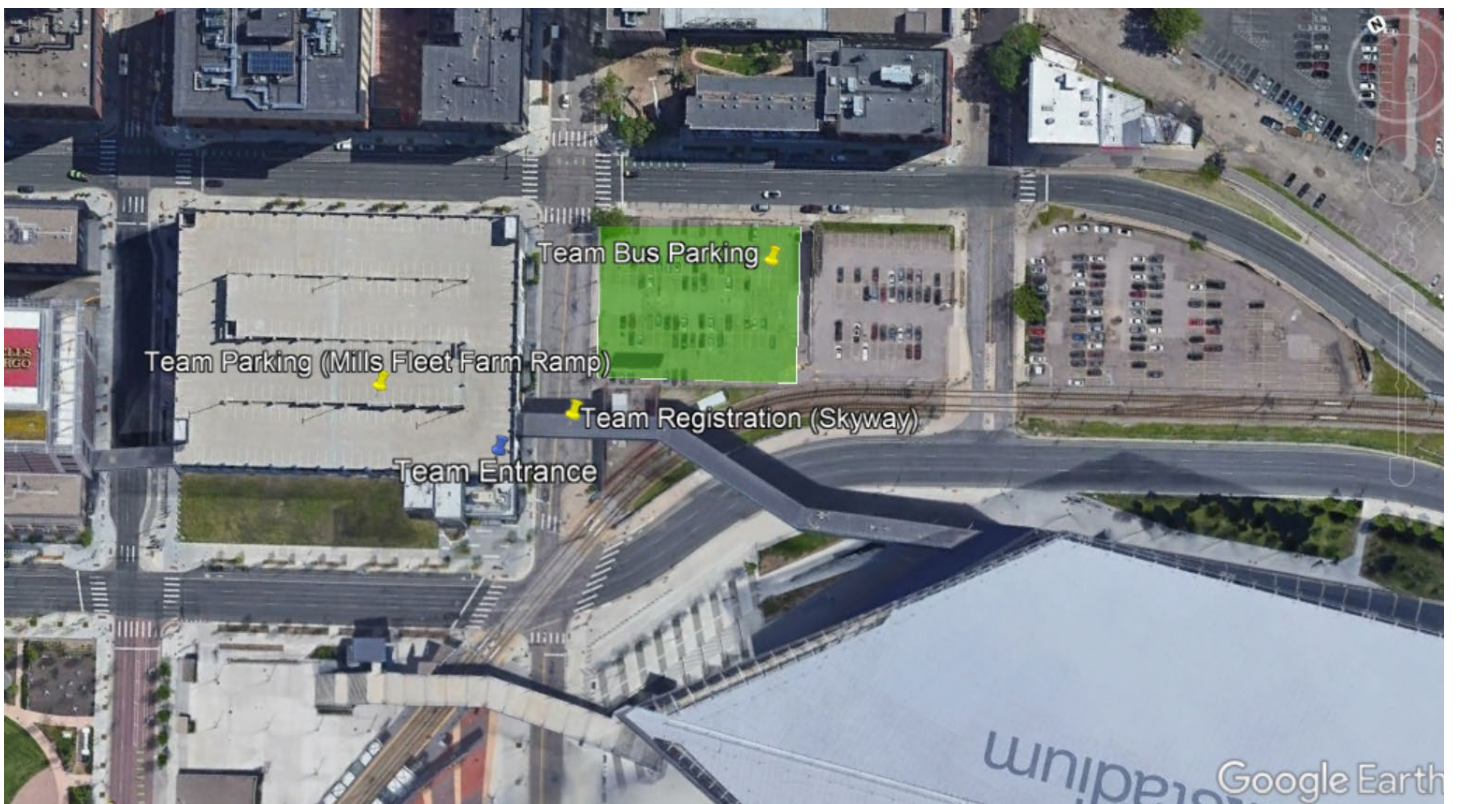
U.S. BANK STADIUM-AERIAL VIEW



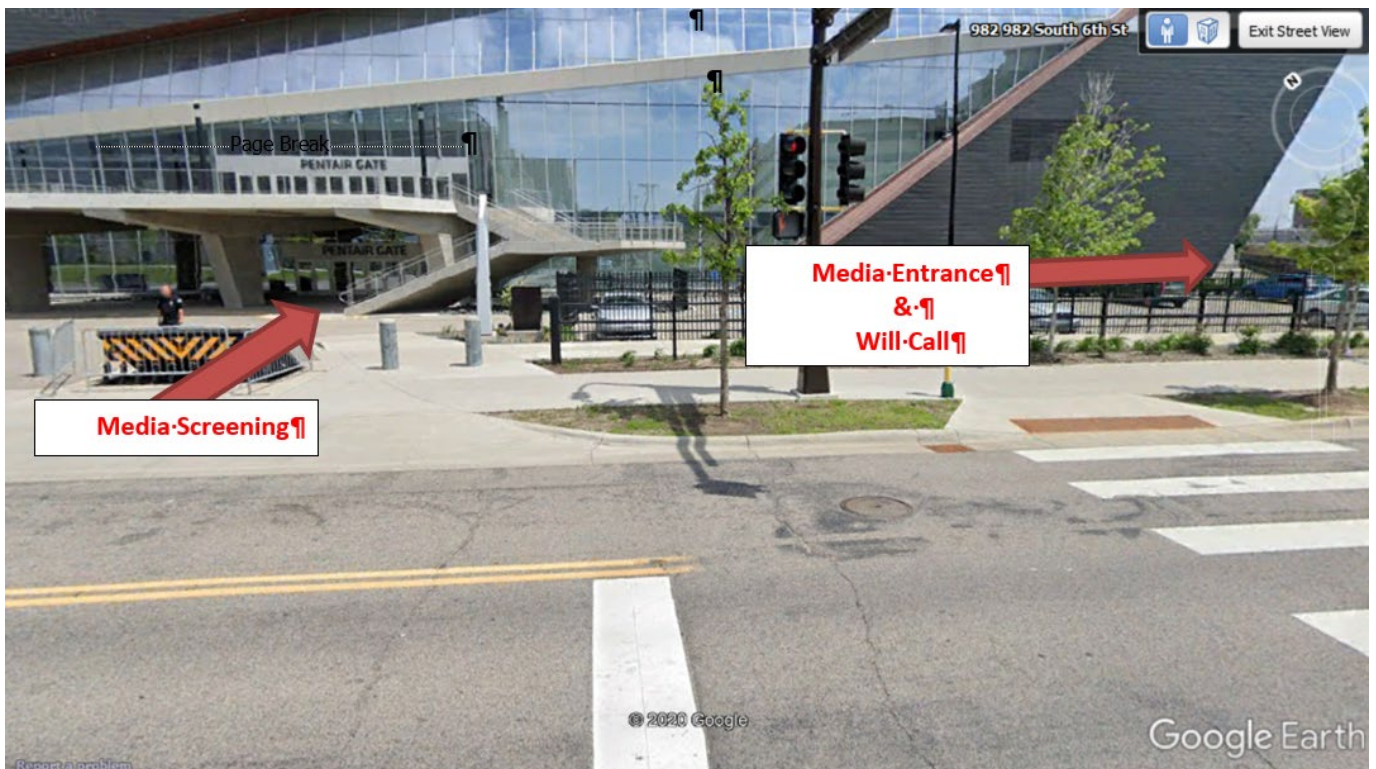
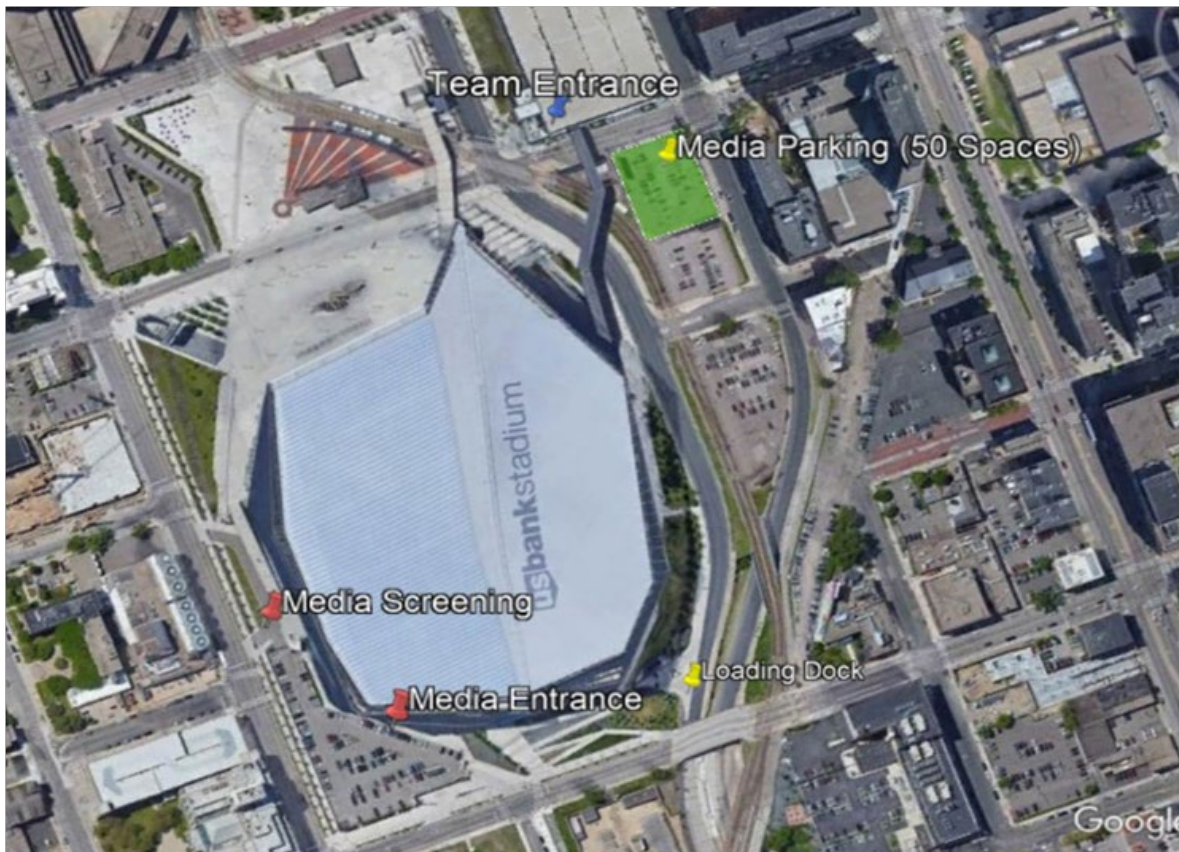
STUDENT-ATHLETE ENTRANCE – CHICAGO & 4TH STREET



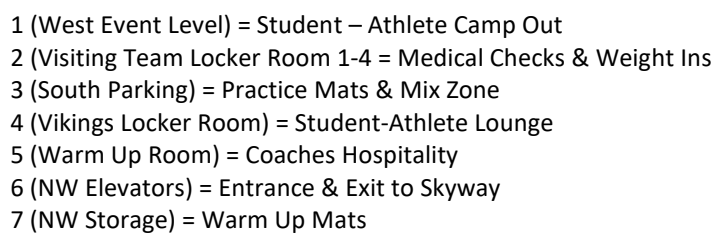
TEAM BUS PARKING CORNER OF CHICAGO & 4TH/5TH STREET (ENTRANCE ON CHICAGO)



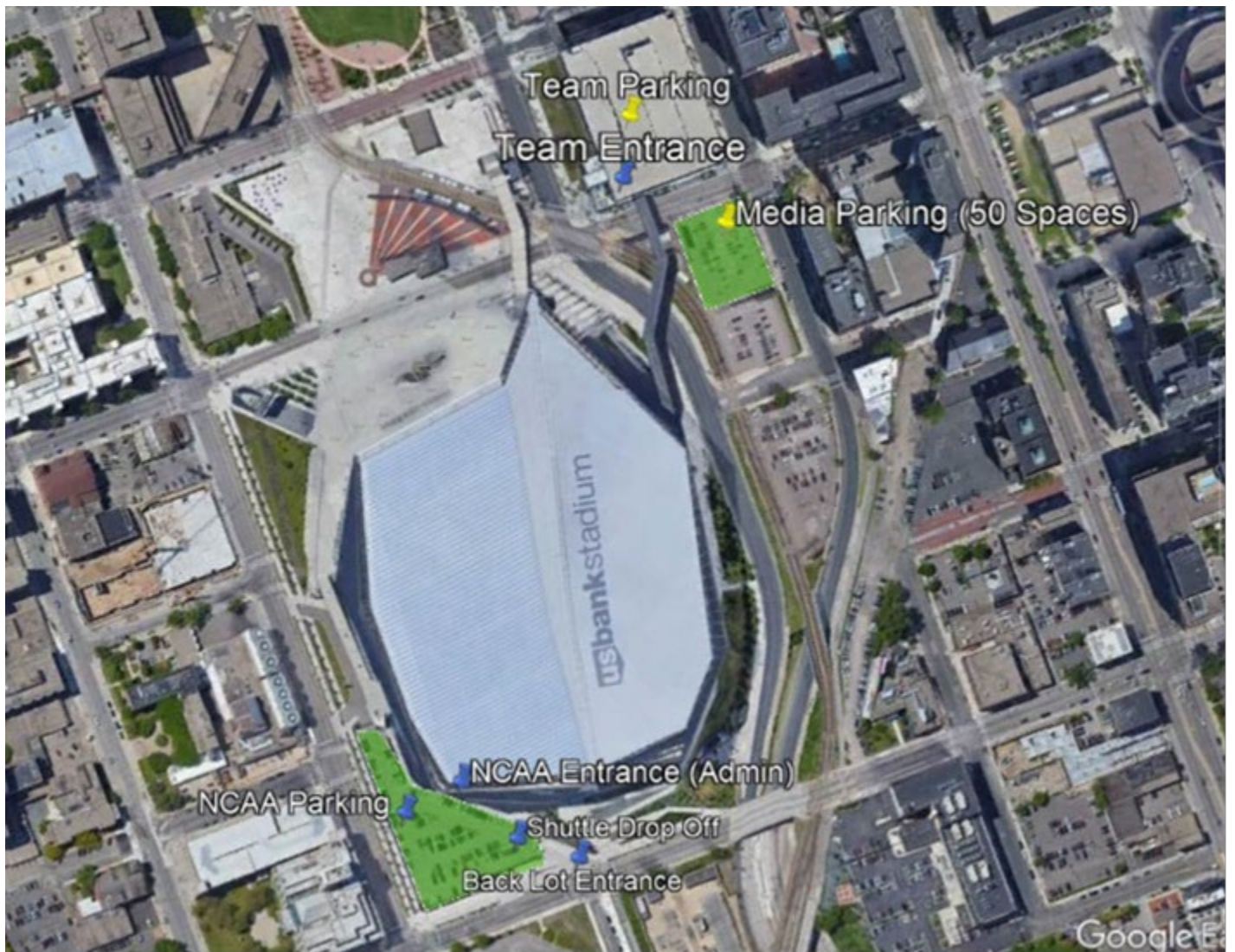
MEDIA ENTRANCE



EVENT LEVEL MAP



U.S. BANK STADIUM PARKING OPTIONS



TARGET GIFT CARD

The Minneapolis Local Organizing Committee and its partnership with Target Corporation are providing each participating student athlete with a gift card valued at \$30.00 to use at the downtown location. This Target store will have a designated area near their grocery department with food and beverages specifically picked out for NCAA Wrestling participants. Gift Cards will be available in the team packets at registration.



Address: 900 Nicollet Mall, Minneapolis, MN 55403

- 3 blocks from Radisson Blu & Marriott hotels
- 4 blocks from Hampton Inn hotel
- 10 minute drive from DoubleTree hotel
- Less than 1 mile from U.S. Bank Stadium



NCAA-Awards.com

HOW TO GET YOUR **Student-Athlete Participation Awards**

For 2019-2020, an online gift-suite will serve as the participation awards provided to members of the official travel party of institutions that advance to the championship final sites.



After the championship, MainGate will send the head coach an email providing ordering process details, along with a unique Certificate Code (valid for one participation award per member of your official travel party) that can be redeemed only at www.NCAA-Awards.com. In order to ensure that each participant receives an award, a member of your administration must place your team's order, including size information, at NCAA-Awards.com using your Certificate Code.

Your institution may select different items per participant; men's and women's sizes are available for apparel items. If you would like to purchase additional awards, you will have the opportunity to do so online via personal credit card at the end of the checkout process.

Participation award items will be sent to your institution for distribution to your student-athletes within four to six weeks after your order is placed. If you do not receive information for ordering awards within two weeks of the conclusion of the championship please contact Erin Hannoy ehannoy@maingateinc.com, MainGate Customer Service (866-945-7267) or the NCAA championship manager.

Please add ehannoy@maingateinc.com to your address book to allow us to send you emails.



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