



PARTICIPANT

2018-19 MANUAL

| | |
|------------------------------------------|-------|
| Important Dates | 2 |
| NCAA Elite 90 Award | 2 |
| Schedule of Events | 3 |
| Credentials | 4 |
| Housing | 4 |
| Medical | 5 - 8 |
| Awards | 9 |
| Hospitality | 9 |
| Filming | 9 |
| Ground Transportation | 10 |
| Locker Rooms | 10 |
| Participation Awards | 10 |
| Player Pass List/Will Call Tickets | 10 |
| Preorder of Final Shirts | 11 |
| Program and Bracket Sheets | 11 |
| Security | 11 |
| Sports Information and Press Conferences | 11 |
| Workouts | 12 |
| Committee/Staff/LOC Contacts | 13 |
| Health Consent | 14 |
| Skin Evaluation Form | 15 |
| Transportation Options | 16 |
| Downtown Services | 17 |
| Downtown Pittsburgh Map | 18 |
| Hotel to Arena Map | 19 |
| PPG Paints Arena Outdoor Maps | 20-23 |
| PPG Paints Arena Indoor Map | 24-26 |
| PPG Paints Arena Parking Options | 27 |
| Student-Athlete Participation Awards | 28 |
| Spec Seats Championship Chair Order Form | 29 |

The Team Registration Portal includes information you need to complete to facilitate the registration process. Please make sure to direct your attention to all of the requested information. Important items that must be completed include*:

[Team Housing Request](#) (online)

[Non-Student-Athlete Credential Request](#) (online)

HIPAA Forms (One for each Student-Athlete – included in this document)

*TEAM REGISTRATION AND ALL REQUESTED FORMS ARE DUE BY 5 P.M. EASTERN TIME, THURSDAY, MARCH 14: <https://go.planningpoint.net/Registration/2019DIWRESTLINGPITTSBURGH>

Should you have any questions, please contact:

Trina Simerly
Assistant Coordinator, NCAA
317-917-6516
tsimerly@ncaa.org

Important Dates and Deadlines (All Times are Eastern)

5 P.M. EASTERN, THURSDAY, MARCH 14

Deadline for:

- 1 – [Team Housing Information](#)
- 2 – [Registration, Non-Student-Athlete Credential Information](#)
- 3 – [Elite 90 Award Nomination](#)

NCAA Academic Recognition Program

The Elite 90 is presented to the student-athlete with the highest cumulative grade-point average participating at the finals site for each of the NCAA's 90 championships. It is a tremendous opportunity to honor the academic accomplishments of the top student-athletes during our championships.

Each institution with at least one student-athlete qualifier for the finals site of any NCAA championship is eligible to submit an Elite 90 nomination. The web page is located at www.ncaa.org, click on student-athlete programs and then recognition and awards. Here you will find the nomination form that is to be used for all the championships along with the deadlines for each. The criteria for award eligibility are included on the nomination form. The link to the website is located at [Elite 90 Submission Forms](#).

If you have any questions concerning this program, please contact elite90@ncaa.org.

Schedule of Events (All Times Eastern)

| Date | Time | Event | Location |
|---------------------|------------------|--------------------------------------------------------------------|-----------------------------------------------------------------------------------------|
| Tuesday, March 19 | Noon – 9 p.m. | On-site team registration | Highmark stage area main concourse |
| Tuesday, March 19 | 3 – 9 p.m. | Competition and Practice mats open | Competition floor and practice areas PPG Paints Arena – Event Level (Competition Floor) |
| Wednesday, March 20 | 8 a.m. – 5 p.m. | Competition and practice mats open | PPG Paints Arena – Event Level (Competition Floor) |
| Wednesday, March 20 | 8 a.m. – 5 p.m. | Team Registration | Highmark stage area main concourse |
| Wednesday, March 20 | 1 – 2 p.m. | Selected Coaches and Student-athlete press conferences | Lexus Club |
| Wednesday, March 20 | 3 p.m. | Sports Information Directors Meeting | Press interview room |
| Wednesday, March 20 | 3 p.m. | Medical Skin Checks | Athletic Training Area |
| Wednesday, March 20 | 4 – 5 p.m. | Physicians and Trainers Meeting | Athletic Training Area |
| Wednesday, March 20 | 5 – 6 p.m. | Mandatory Coaches/Administrators Meeting | Robert Morris Conference Rooms |
| Thursday, March 21 | 8 a.m. – 11 p.m. | All practice mats open | Practice areas – Event Level |
| Thursday, March 21 | 9:45 a.m. | Student-Athletes must be in line for grooming checks and weigh-ins | PPG Paints Arena – Event Level (Competition Floor) |
| Thursday, March 21 | 10 a.m. | Weigh-ins | PPG Paints Arena – Event Level (Competition Floor) |
| Thursday, March 21 | Noon | Session I begins | PPG Paints Arena- Event Level (Competition Floor) |
| Thursday, March 21 | 7 p.m. | Session II begins | PPG Paints Arena-Event Level (Competition Floor) |
| Friday, March 22 | 8 a.m. – 11 p.m. | All practice mats open | Practice areas – Event Level |
| Friday, March 22 | 9:45 a.m. | Student-athletes must be in line for grooming checks and weigh-ins | PPG Paints Arena – Event Level (Competition Floor) |
| Friday, March 22 | 10 a.m. | Weigh-ins | PPG Paints Arena – Event Level (Competition Floor) |
| Friday, March 22 | 11 a.m. | Session III begins | PPG Paints Arena– Event Level (Competition Floor) |
| Friday, March 22 | 8 p.m. | Session IV begins | PPG Paints Arena – Event Level (Competition Floor) |
| Saturday, March 23 | 8 a.m. – 10 p.m. | Practice mats open | Practice areas – Event Level |
| Saturday, March 23 | 9:45 a.m. | Student-athletes must be in line for grooming checks and weigh-ins | PPG Paints Arena– Event Level (Competition Floor) |
| Saturday, March 23 | 10 a.m. | Weigh-ins | PPG Paints Arena – Event Level (Competition Floor) |
| Saturday, March 23 | 11 a.m. | Session V begins | PPG Paints Arena – Event Level (Competition Floor) |
| Saturday, March 23 | 6:15 p.m. | All-Americans line up for Parade of All-Americans | PPG Paints Arena Event Level |
| Saturday, March 23 | 6:35 p.m. | Grand March/Parade of All-Americans | PPG Paints Arena – Event Level (Competition Floor) |
| Saturday, March 23 | 7 p.m. | Session VI begins | PPG Paints Arena – Event Level (Competition Floor) |

Credentials

Credentials will be issued **ONLY** to the participating student-athletes, coaches, athletic trainers and institution administrators that you list via the registration portal and that were included on the team contact forms. If your institution's authorized athletic trainer and/or physician is accompanying the team, please provide their names via the registration portal and please ask them to bring their medical certification cards and institution identification that will be needed to pick up the credentials. If the sports information contact from your institution is traveling with your team, they should have already obtained the necessary media credential through the NCAA Credential Application <https://www.ncaa.com/media-center/credentials>.

Coaches/Staff Credentials

Each institution will be awarded up to four (4) coaches' credentials, if requested, regardless of the number of competing student-athletes. Coaches' credentials will only be issued to verified coaches. Each coach **MUST** be a recognized member of the coaching staff authorized by the institution and included on the team contact form.

In addition, teams can purchase a maximum of two (2) additional support staff credentials for non-coaches. These support staff credentials are \$200. The support staff credentials are **NOT COACHES** credentials and **WILL NOT** provide access to the competition floor or be permitted to take part in warm-ups and practice. The support staff credentials are intended for director of operations, nutritionist, weight/conditioning coordinator, etc. The support staff credentials are **NOT** intended to be provided for additional coaches or warm-up partners.

Administrator Credentials

One complimentary administrator credential will be provided to each institution that has a qualifier. This credential must be for your director of athletics or person who has oversight for the wrestling program at your institution. One additional hotel room (subject to availability and may not be at the team hotel) from the NCAA room block, separate from the qualifier formula used to allocate hotel rooms, will be made available to the institution administrator.

A maximum of two (2) additional administrator credentials may be purchased for \$200 each. The administrator credential(s) provide for seating within the participant seating sections (if available). The administrator credential will allow access to the facility and back-of-house areas only but not the competition mats. Administrator credentials may be obtained at team registration at PPG Paints Arena. Administrators will need to show a business card and photo identification to prove identity. In lieu of requesting a credential, a ticket may be purchased through your institution's block, but will not be permitted in back-of-house areas.

Violators are subject to misconduct provisions, as well as revocation of the credential.

The fee for replacement of each credential is \$200.

Housing Information for Teams

The NCAA has contracted with the DoubleTree Hotel & Suites Pittsburgh Downtown, the Omni William Penn Hotel and the Pittsburgh Marriott City Center as the official team hotels for the 2019 NCAA Division I Wrestling Championships. Arrangements have been made to ensure housing accommodations, based on the NCAA allocation formula below, for participants, coaches, and institution's official travel party for the championships.

In making housing arrangements, NCAA rules state once the teams/qualifiers have been determined and assigned to their hotel, the reservations should be reconfirmed within 48 hours in the names of the institutions; and thereafter, the institutions shall be responsible for the reservations. Participating institutions are responsible for payment for the rooms reserved by the NCAA.

*NOTE: All teams are **MUST** use the rooms assigned at the designated property. Failure to use the assigned rooms may result in penalties, including but not limited to forfeiture of per diem and travel reimbursement.

By clicking or entering the below link, you will be prompted to the registration site.

<https://go.planningpoint.net/Registration/2019DIWRESTLINGPITTSBURGH>

Maximum number of occupants per room is four (4).

| Number of Qualifiers | Number of Hotel Rooms |
|----------------------|-----------------------|
| 1 | 3 |
| 2 – 3 | 4 |
| 4 – 5 | 5 |
| 6 – 7 | 6 |
| 8 – 9 | 7 |
| 10 | 8 |

HIPAA Rules

In accordance with the HIPAA rules and guidelines, each student-athlete competing in the NCAA Division I Wrestling Championships may choose, but is not required, to submit the signed HIPAA form. Please refer to the form contained within this document.

If the student-athlete chooses to sign the HIPAA form, it must be submitted to:

Trina Simerly

Email: tsimerly@ncaa.org or at on-site team registration

Medical Meeting

There will be a meeting for **ALL** medical personnel (physicians and athletic trainers) to discuss medical procedures and policies. This meeting will be held Wednesday, March 20, at 4p.m. Eastern time in the Athletic Training Room of PPG Paints Arena. Jennifer Brown host medical coordinator; and athletic training liaison to the NCAA, Jim Thornton, will make brief remarks. Please plan to attend this short but important meeting.

Medical Credential Information

If an institution's team physician and/or certified athletic trainer plans on attending the championships and desires a medical credential, the institution must request these credentials via the registration portal.

If an institution wants an athletic training student to use one of its medical credentials, then the following action must take place:

- The athletic training student must show a school photo ID.
- The institution's certified athletic trainer/athletic trainer program director must write a letter in advance stating this student is enrolled in an accredited athletic training education program and is deserving of receiving a medical credential.

Please send a letter via email to the attention of:

Jim Thornton

Email: jthornton@clarion.edu

The athletic training student must also show their National Athletic Trainers' Association (NATA) membership card at registration.

If the student is not yet a member of NATA, please include that information in the letter. Medical credentials will be available at Team Medical Registration located in the Highmark Stage Area of PPG Paints Arena.

Tuesday, March 19
Wednesday, March 20

Noon to 9 p.m. Eastern time
8 a.m. to 5 p.m. Eastern time

Please adhere to the following procedures to obtain medical credentials:

- All athletic trainers and team physicians must pick up their own credential during registration.
- Team physicians must provide photo identification to receive their credential.
- Athletic trainers must display their board of certification card and photo Identification to receive their credential.

No medical credential will be provided in the packet distributed to each head coach at registration. Please note that coaches, student-athletes and team personnel will not be able to enter PPG Paints Arena for competition, medical treatment or practice until all have registered at the Team Medical Registration.

Athletic Training Facility

Throughout the week of the championships, an athletic training room will be staffed by the local organizing committee with moist heating packs, electrical stimulation, ultrasound, ice, taping stations and other medical supplies. All medical / athletic training areas will be available at the following times:

| <u>Date</u> | <u>Hours</u> |
|---------------------|------------------|
| Tuesday, March 19 | noon - 9 p.m. |
| Wednesday, March 20 | 8 a.m. – 5 p.m. |
| Thursday, March 21 | 8 a.m. – 11 p.m. |
| Friday, March 22 | 8 a.m. – 11 p.m. |
| Saturday, March 23 | 8 a.m. – 11 p.m. |

X-Ray imaging will also be available at PPG Paints Arena. If there are any additional special requests or needs, please contact Jennifer Brown 847-942-4291 jbrown@athletics.pitt.edu in advance of the championships.

Medical Skin-Checks/Weigh-Ins

Medical skin checks/weigh-ins will be conducted daily at PPG Paints Arena. Only authorized personnel will be admitted to the medical check/weigh-in area.

Reporting for medical skin check/weigh-ins

All student-athletes wishing to compete are required to report to medical check/weigh-ins at the designated time, wearing a suitable garment and no weight loss activity taking place. The penalty for failure to report on time and/or engaging in weight-loss activities during medical exams is disqualification. Grooming checks will be performed at the same time as medical checks. All participants must have their nails clipped, facial hair must be suitable for a skin check, and hair must be within the rule's guidelines. **Participants not groomed properly will not be allowed to proceed to weigh-ins until the grooming check has been satisfied.**

Please note: the championship will adhere to all rules related to medical exam/weigh ins found in chapter 9 of the NCAA wrestling rules book, including those related to prohibited weight loss practices, which will be strictly enforced.

Medical skin check/weigh in times:

| <u>Date</u> | <u>Line Up</u> | <u>Grooming/Medical Check/Weigh-in</u> |
|--------------------|----------------|----------------------------------------|
| Thursday, March 21 | 9:45 a.m. | 10 a.m. |
| Friday, March 22 | 9:45 a.m. | 10 a.m. |
| Saturday, March 23 | 9:45 a.m. | 10 a.m. |

Scales

There will be 10 digital and official scales available in the official weigh-in area. The official scales will close 15 minutes prior to the start of medical skin check/weigh-ins each day. Unofficial scales will be available throughout the championships and will be in the locker rooms at PPG Paints Arena.

Mandatory skin-check for pre-existing conditions

There will be a separate skin-check for all those student-athletes with PRE-EXISTING skin conditions. They shall meet at 3 p.m. Wednesday, March 20 in the athletic training facility on the event level at PPG Paints Arena. If you have a student-athlete with a pre-existing skin condition, it is mandatory that they attend this skin-check. The only acceptable form will be the NCAA Skin Evaluation and Participation Status Form which can be found in the NCAA wrestling rules book.

The tournament physician and a dermatologist will review the pre-existing skin condition and determine whether the student-athlete will be able to participate. It is encouraged that these student-athletes be accompanied by their athletic trainer. The student-athlete, not the athletic trainers or coaches, should keep their forms with them and have them ready to provide to the dermatologist and medical staff of the championships at this meeting and again each morning. This pre-existing skin-check does not exempt any student-athlete from the regularly scheduled skin check and weigh-ins occurring each morning of the competition, but is a mandatory, additional skin check.

The championships' dermatologists, physicians and certified athletic trainers will conduct the exams. All student-athletes will be checked according to their weight. The championships' physician shall report the results of the examination to the chair of the wrestling committee or a designated representative, who shall then be responsible for the administrative enforcement of the medical recommendation, if it involves disqualification from the championships.

Please refer to NCAA Rules found in section 9.1 for all information regarding medical examination/skin checks. "A physician or a certified athletic trainer shall examine all contestants for communicable diseases before all tournaments and meets. It is recommended that this examination be made at the time of weigh-in. The presence of a communicable skin disease (or any other condition that, in the opinion of the examining physician or athletic trainer, makes the participation of that individual inadvisable), shall be full and sufficient reason for disqualification.

If the student-athlete has been diagnosed as having such a condition and is currently being treated by a physician (ideally a dermatologist) who has determined that is safe for that individual to compete without jeopardizing the health of the opponent, the student-athlete may be considered for competition. However, the student-athlete, coach or athletic trainer shall provide current written documentation from the treating physician to the medical professional at the medical examination with the approved NCAA Skin Evaluation and Participation Status Form, describing: (1) the diagnosed skin disease or condition; (2) the prescribed treatment and the time necessary for it to take effect; and (3) that the skin disease or condition would not be communicable or harmful to the opponent at the time of competition. Such documentation shall be furnished at the medical examination."

Regardless of institutional documentation per rule 9.11 in the rules book, the final medical determination on whether a student-athlete passes skin checks resides with the host site's physician. Decisions made by the championship physician are final.

If there are any questions regarding identification or proper treatment, please feel free to contact Jennifer Brown at the previously listed telephone numbers.

Injury Information

All participating student-athletes currently receiving modality treatment for an existing injury prior to the 2019 NCAA Division I Wrestling Championships can continue their treatment in the championships athletic training facility. No treatment shall be allowed by athletic training students unless accompanied by and in direct supervision of the team's certified athletic trainer.

Evaluation/Treatment of Injuries during the Championships

Any student-athlete injured during competition will be examined by his team's physician and/or athletic trainer. In the absence of a physician or athletic trainer, a championships physician or Certified Athletic Trainer will be available to assist the injured student-athlete in any way possible. If the injury is of an obvious serious nature, the championships physician will complete the mat side evaluation. After completion of an evaluation, the physician or athletic trainer will make recommendations to the student-athlete and head coach regarding the advisability of continued participation. All procedures and resulting decisions will be in accordance with the NCAA concussion management plan and health and safety protocol.

Procedure to Medically Disqualify a Student-Athlete during an NCAA Championship

As the event sponsor, the NCAA seeks to ensure that all student-athletes are physically fit to participate in its championships and have valid medical clearance to participate in the competition. The NCAA championships physician, as designated by the host school, has the unchallengeable authority to determine whether a student-athlete with an injury, illness or other medical condition (e.g., skin infection) may expose others to significantly enhanced risk of harm, and, if so, to disqualify the student-athlete from continued participation.

The student-athlete's team physician can determine whether an individual with an injury or illness should continue to participate or is disqualified. In the absence of a team physician, the NCAA championships physician will examine the student-athlete and has valid medical authority to disqualify him if the student-athlete's injury, illness or medical condition poses a potentially life-threatening risk to himself.

The chair of the governing sports committee (or a designated representative) shall be responsible for administrative enforcement of the medical judgment, if it involves disqualification.

Student-athletes who sustain serious injuries as determined by the examining physician (e.g. significant head trauma, spinal cord injury etc.) will be transferred to one of the medical facilities shown earlier by ambulance. One ambulance will be on site throughout the course of the championships with back-up standing by.

Please note NCAA Rule 6, Section 2: "If a contestant is rendered unconscious, that wrestler shall not be permitted to continue the match after regaining consciousness without approval of a physician. A contestant who receives a temporary injury to the head, neck or spinal column that does not render that contestant unconscious shall not be permitted to continue the match without approval of a physician or certified athletic trainer."

Finally, for medical personnel, please review the [NCAA Sports Medicine Handbook](#) guideline on concussions.

Awards

Awards in each weight class will be presented after each weight class championship match beginning with the second weight class championship match. The top eight finishers in each weight class will be recognized. The champions in each weight class should also report back to the finals mat for a group champions photograph after all team awards have been presented. Statistical leader awards, as well as team awards, will also be presented.

Coaches are reminded to instruct all award winners to wear their official team warm-up to the awards stand. No hats, jewelry or signs are permissible.

Coach/Medical/Administrator Hospitality

A Coach/Team Medical/Team Administrator hospitality area is available in "Coaches Hospitality", located in the Robert Morris Conference Rooms on the PNC Legends Level 4 of the arena. This hospitality area is available throughout the championships and is accessed by credential only. Please review the coaches' handbook that will be provided at on-site team registration and in-venue signage for the hours of operation.

Alumni, Fan and Team Hospitality

Numerous hospitality options exist within Pittsburgh for alumni groups, fans and teams.

For help finding great places to eat, things to do, or suggestions on hospitality options you can contact Mike Robertson 412-325-0288 mike.robertson@visitpittsburgh.com.

For more information on fan hospitality options, please visit www.visitpittsburgh.com.

Filming

The NCAA reserves all commercial and non-commercial rights to the use of still photographs, films and videotapes of its championships. The filming or videotaping of NCAA championships by parties (i.e., participating institutions), and for commercial film purposes may be permitted only with the advance written consent of the NCAA. All commercial film requests should be directed to:

Kristen Jacob Smith
Associate Director, Championships and Alliances, Broadcast Services
NCAA
P.O. Box 6222
Indianapolis, Indiana 46206-6222
Phone: 317-917-6584
Email: kjsmith@ncaa.org

Ground Transportation

| Charter Bus Companies | | |
|--------------------------------------------------------------------|---------------------------------------------------------------------|-------------------------------------------------------------------------|
| Andersen Coach and Travel 724-588-8310 www.goandersen.com | Elite Coach 724-325-2626 www.elite-corporation.com | First Student Charter Bus 855-272-3222 www.firstcharterbus.com |
| Lenzner Coach Lines/Coach USA 412-749-4156 www.coachride.com | Pittsburgh Transportation Group 412-322-8507 www.pghtrans.com | Regency Transportation 412-321-6800 www.regencytransportation.com |

| On-Call Cab Companies | | |
|-----------------------------|------------------------------|--------------------------------------------------------|
| ZTrip Taxi www.Ztrip.com | City Cab www.pghtrans.com | Star Transportation www.startransportationgroup.com |

| Rental Car Companies |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| http://www.flypittsburgh.com/parking-transport/parking-transport-car-rental |

Locker Rooms

Participant locker rooms will be available at PPG Paints Arena. The hours of operation are as follows:

| <u>Date</u> | <u>Hours (Eastern time)</u> |
|---------------------|-----------------------------|
| Tuesday, March 19 | Noon to 9 p.m. |
| Wednesday, March 20 | 8 a.m. to 5 p.m. |
| Thursday, March 21 | 8 a.m. to 11 p.m. |
| Friday, March 22 | 8 a.m. to 11 p.m. |
| Saturday, March 23 | 8 a.m. to 11 p.m. |

Participation Awards

After the championship, MainGate will send the head coach an email providing ordering process details, along with a unique Certificate Code (valid for one participation awards per member of your travel party) which can be redeemed only at www.NCAA-Awards.com. In order to ensure that each participant receives his or her award, a member of your administration must place your team's order, including size information, at www.NCAA-Awards.com using your certificate code. If you would like to purchase additional awards, you will have the opportunity to do so online via personal credit card at the end of the checkout process.

Participation award items will be sent to your institution for distribution to your student-athletes within four to six weeks after your order is placed. If you do not receive information for ordering awards within two weeks of the conclusion of the championship, please contact Erin Hannoy (ehannoy@maingateinc.com), Customer Service (866-945-7267) or Anthony Holman (aholman@ncaa.org).

Player Pass List/Will Call Tickets

Teams that wish to coordinate their own Player Pass List or Will Call may contact:

Lori Wolf
Coordinator, Championships and Alliances, Marketing and Ticketing
Phone: 317-917-6534
Email: lwolf@ncaa.org

Player-Guest tickets may be picked up at the Player-Guest windows inside PPG Paints Arena, located at the box office.

Preorder of Final Shirts

Event 1, Inc., the official souvenir merchandiser for the NCAA, is offering participating teams and individuals the opportunity to preorder shirts for the 2019 NCAA Division I Wrestling Championships.

Please visit <http://www.event1teamstore.com>. Click on the NCAA icon and then select your division and sport. Complete the order form by selecting the quantities and sizes needed. Credit card information is mandatory to process the order immediately. **University purchase orders cannot be accepted. Please select that this is a team order.**

Please note that institutions placing orders by the deadline will have their orders shipped directly to their campuses the week after competition is complete.

The deadline for submitting orders is 11 p.m. Eastern time, Thursday, March 21. Orders submitted after this time will not be accepted.

As a point of information, these shirts also will be available for sale at your competition site. However, we cannot guarantee that your sizes will be available at the event.

Please contact Gina Taylor at Event 1 at 913-693-2104 if you have any questions.

Program and Bracket Sheets

Program and updated bracket sheets will be on sale throughout the championships. Updated bracket sheets will be available to coaches before each session based on the following formula:

| <u>Qualifiers</u> | <u># of Bracket Sheets</u> |
|-------------------|----------------------------|
| 1-5 | 1 |
| 6-10 | 2 |

Please collect your bracket sheets in the Coaches Hospitality Area prior to each session.

Security

Our goal is to ensure a safe and comfortable environment for student-athletes, guests, and staff. PPG Paints Arena provides an experienced security staff inside the arena, as well as police officers outside the arena to provide security before, during and after events. Due to increased security, all participants, coaches, team administrators, personnel and medical staff entering PPG Paints Arena are subject to search of their person and/or possessions (including bags of normal size which may be allowed entry after search). Enforcement will be without exceptions. NCAA issued credentials are required for every individual to enter PPG Paints Arena and for access within the venue and must be worn at all times except for when student-athletes are practicing or competing.

Sports Information and Press Conferences

Sports information and media relations for the championships will be under the direction of:

Matthew Holmes

Assistant Director, Media Coordination

Phone: 317-917-6385

Email: mholmes@ncaa.org

Pre-championship press conferences featuring selected student-athletes and coaches will be held Wednesday, March 20 inside PPG Paints Arena in the Lexus Club. The student-athlete portion of the press conference will begin at 1 p.m. Eastern and the coaches will follow. Each press conference will be 30 minutes

in length. Coaches and student-athletes taking part in the Wednesday press conferences may also be asked to take part in green screen shoots and individual interviews for the television broadcast and in-venue production.

Student-athletes winning their semifinal matches on Friday, March 22 will be immediately escorted by championship personnel to the interview room for a brief press conference. Following the press conference student-athletes must report to the ESPN interview area within PPG Paints Arena for video headshots and the NCAA production room for green screen shoots in preparation for the championship match introductions. Coaches are asked to ensure student-athletes wear official school warm-ups for the headshots.

Coaches of the top 3-5 institutions in the team standings will hold a press conference Friday, March 22 at the conclusion of Session IV. The number of coaches participating will be determined by championship personnel.

Student-athletes winning their national championship match Saturday, March 23 will be immediately escorted by championship personnel to the interview room for a brief press conference.

The head coach of the national championship team will participate in a press conference following the conclusion of Session VI competition on Saturday, March 23.

Per the NCAA's policy student-athlete and coach participation in NCAA championship press conferences, broadcast and in-venue presentation interviews is mandatory. All requested coaches and student-athletes are expected to participate as requested by NCAA personnel.

Workouts

The primary workout area / practice mats will be available on the event level of PPG Paints Arena. Exercise equipment and scales will be provided for participants during practice times. Hours for the workout area (practice mats) are as follows:

| | |
|---------------------|-------------------|
| Tuesday, March 13 | 3 p.m. to 9 p.m. |
| Wednesday, March 14 | 8 a.m. to 5 p.m. |
| Thursday, March 15 | 8 a.m. to 11 p.m. |
| Friday, March 16 | 8 a.m. to 11 p.m. |
| Saturday, March 17 | 8 a.m. to 8 p.m. |

NCAA Division I Wrestling Committee Roster

| | | |
|---------------------------|------------------------------------------|------------------------------------------------------------------|
| Mr. Rob Hjerling | The Citadel | hjerlingr@citadel.edu |
| Ms. Karen Langston, chair | California State University, Bakersfield | klangston@csub.edu |
| Mr. Andy Noel | Cornell University | Jan16@cornell.edu |
| Mr. Tom Ryan | The Ohio State University | Ryan.998@osu.edu |
| Mr. Brian Smith | University of Missouri, Columbia | smithbq@missouri.edu |
| Mr. Phillip Wille | University of Wyoming | pwille@uwyo.edu |

NCAA Division I Wrestling NCAA Staff

| | | |
|----------------|-----------------------------|----------------------------------------------------------|
| Anthony Holman | Championships and Alliances | aholman@ncaa.org |
| Trina Simerly | Championships and Alliances | tsimerly@ncaa.org |

Pittsburgh LOC

| Name | Organization | Role | Title | Phone | Email |
|------------------|--------------------------|------------------------|-------------------------------------|--------------|--------------------------------------------------------------------------------------------------|
| Jen Tuscano | University of Pittsburgh | Co-Tournament Director | Assoc. A.D. /SWA | 412-874-793 | jtuscano@athletics.pitt.edu |
| Jennifer Hawkins | SportsPITTSBURGH | Co-Tournament Director | Executive Director | 412-215-2864 | Jennifer.hawkins@sportspittsburgh.com |
| Paul Klaczak | University of Pittsburgh | Tournament Manager | Assoc. A.D. | 412-400-3998 | pklaczak@athletics.pitt.edu |
| Jennifer Brown | University of Pittsburgh | Athletic Training | Sr. Assoc. A.D. for Sports Medicine | 847-942-4291 | jbrown@athletics.pitt.edu |
| Gary Desjardins | PPG Paints Arena | | Arena General Manager | 412-496-1444 | gdesjardins@ppgpaintsarena.com |
| Michael Stuever | PPG Paints Arena | | Director of Operations | 412-496-4958 | mstuever@ppgpaintsarena.com |
| Max Benner | PPG Paints Arena | | Event Manager | 412-977-8339 | mbenner@ppgpaintsarena.com |

Student-Athlete Authorization
Consent for
Disclosure of Protected Health Information

I, _____, hereby authorize _____,
(Name of Student-Athlete) (Name of My Institution)

and its physicians, athletic trainers and health care personnel to disclose my protected health information and any related information regarding any injury or illness during my training for and participation in intercollegiate athletics to the NCAA, the Mid-American Conference and its employees or agents.

I understand that my protected health information will be used by the NCAA and the Mid-American Conference for the purpose of handling any media inquiries in conjunction with the 2019 NCAA Division I Wrestling Championships.

I understand that my injury/illness information is protected by federal regulations under either the Health Information Portability and Accountability Act (HIPAA) or the Family Educational Rights and Privacy Act of 1974 (the Buckley Amendment) and may not be disclosed without either my authorization under HIPAA or my consent under the Buckley Amendment. I understand that my signing of this authorization/consent is voluntary and that my institution will not condition any health care treatment or payment, enrollment in a health plan or receipt of any benefits (if applicable) on whether I provide the consent or authorization requested for this disclosure. I also understand that I am not required to sign this authorization/consent in order to be eligible for participation in NCAA or conference athletics.

I also understand that the NCAA and the Mid-American Conference are not covered by the Buckley Amendment or HIPAA and that these regulations will not apply to the NCAA and the Mid-American Conference's use or disclosure of my injury/illness information.

This authorization/consent expires 380 days from the date of my signature below, but I have the right to revoke it in writing at any time by sending written notification to the director of athletics at my institution. I understand that a revocation is not effective to the extent action has already been taken in reliance on this authorization/consent.

Printed Name of Student-Athlete

Signature

Date

Printed Name of Guardian
(if student-athlete is under the age of 18)

Signature

Date

National Collegiate Athletic Association

SKIN EVALUATION AND PARTICIPATION STATUS (Physician Release for Student-Athlete to Participate with Skin Lesion)

Student-Athlete: _____

Date of Exam: ____ / ____ / ____

Institution: _____

Please Mark Location of Lesion(s):

Dual(s)/Tournament: _____

Number of Lesion(s): _____

Cultured: ☐ No ☐ Yes _____

Diagnosis: _____

Medication(s) used to treat lesion(s): _____

Date Treatment Started: ____ / ____ / ____ Time: _____

Earliest Date student-athlete may return to participation: ____ / ____ / ____

Physician Name (Printed): _____

Physician Signature: _____
(M.D. or D.O.)

Specialty: _____

Office Address: _____

Contact #: _____

Institution Certified Athletic Trainer Notified: ☐ No ☐ Yes Signature: _____

Note to Physician: Non-contagious lesions do not require treatment prior to return to participation (e.g. eczema, psoriasis, etc.). Please familiarize yourself with NCAA Wrestling Rules which state: (refer to the NCAA Wrestling Rules and Interpretations publication for complete information)

"9.6.4 ... The presence of a communicable skin disease ... shall be full and sufficient reason for disqualification."

"9.6.5 ... If a student-athlete has been diagnosed as having such a condition, and is currently being treated by a physician (ideally a dermatologist) who has determined that it is safe for that individual to compete without jeopardizing the health of the opponent, the student-athlete may compete. However, the student-athlete or his/her coach or athletic trainer shall provide current written documentation from the treating physician to the medical professional at the medical examination, ..."

"9.6.6 ... Final determination of the participant's ability to compete shall be made by the host site's physician or certified athletic trainer who conducts the medical examination after review of any such documentation and the completion of the exam."

Below are some treatment guidelines that suggest **MINIMUM TREATMENT** before return to wrestling: (please refer to the NCAA Sports Medicine Handbook for complete information)

Bacterial Infections (Furuncles, Carbuncles, Folliculitis, Impetigo, Cellulitis or Erysipelas, Staphylococcal disease, CA-MRSA): Wrestler must have been without any new skin lesion for 48 hours before the meet or tournament; completed 72 hours of antibiotic therapy and have no moist, exudative or draining lesions at meet or tournament time. Gram stain of exudate from questionable lesions (if available). Active bacterial infections shall not be covered to allow participation.

Herpetic Lesions (Simplex, fever blisters/cold sores, Zoster, Gladiatorum): Skin lesions must be surmounted by a FIRM ADHERENT CRUST at competition time, and have no evidence of secondary bacterial infection. For primary (first episode of Herpes Gladiatorum) infection, the wrestler must have developed no new blisters for 72 hours before the examination; be free of signs and symptoms like fever, malaise, and swollen lymph nodes; and have been on appropriate dosage of systemic antiviral therapy for at least 120 hours before and at the time of the competition. Recurrent outbreaks require a minimum of 120 hours of oral anti-viral treatment, again so long as no new lesions have developed and all lesions are scabbed over. Active herpetic infections shall not be covered to allow participation.

Tinea Lesions (ringworm): Oral or topical treatment for 72 hours on skin and 14 days on scalp. Wrestlers with solitary, or closely clustered, localized lesions will be disqualified if lesions are in a body location that cannot be adequately covered.

Molluscum Contagiosum: Lesions must be curetted or removed before the meet or tournament and covered.

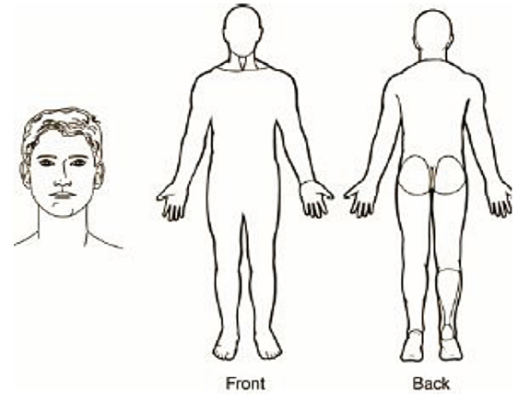
Verrucae: Wrestlers with multiple digitate verrucae of their face will be disqualified if the infected areas cannot be covered with a mask. Solitary or scattered lesions can be curetted away before the meet or tournament. Wrestlers with multiple verrucae plana or verrucae vulgaris must have the lesions adequately covered.

Hidradenitis Suppurativa: Wrestler will be disqualified if extensive or purulent draining lesions are present; covering is not permissible.

Pediculosis: Wrestler must be treated with appropriate pediculicide and re-examined for completeness of response before wrestling.

Scabies: Wrestler must have negative scabies prep at meet or tournament time.

DISCLAIMER: The National Collegiate Athletic Association shall not be liable or responsible, in any way, for any diagnosis or other evaluation made herein, or exam performed in connection therewith, by the above named physician/provider, or for any subsequent action taken, in whole or in part, in reliance upon the accuracy or veracity of the information provided herein.



Transportation from Pittsburgh International Airport

Uber/Lyft:

Transportation Network companies Uber and Lyft are now authorized to pick up and drop off passengers at Pittsburgh International Airport. These popular ride-share services are accessed through smartphone or tablet apps.

By Taxi:

One-way fare between Pittsburgh International Airport and Downtown is about \$40. Upon arrival at the airport, proceed to the landside terminal, lower level, exit through the "commercial" doors and head toward the taxi stand area on the curb where cabs are waiting.

Checker Cab 412-664-5600

People's Cab 412-441-3200

Yellow Cab 412-321-8100

By Shuttle:

SuperShuttle

One-way fare between the airport and Downtown is about \$27. Reservations can be made online at supershuttle.com or call 800-258-3826. After claiming luggage, proceed to the SuperShuttle customer service counter located on the baggage claim level by the rental car area near Door 4.

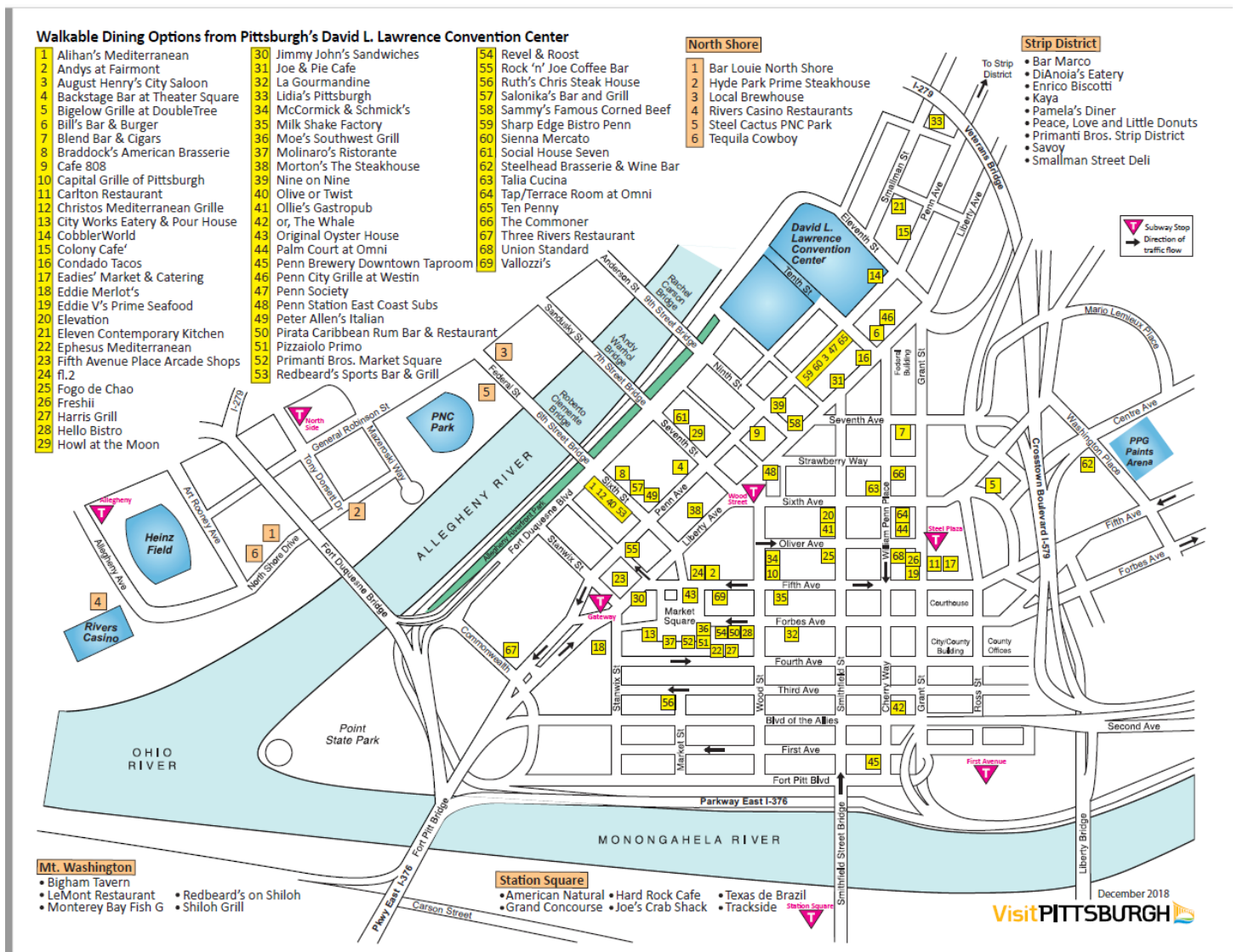
By Bus:

Port Authority Transit 28X Airport Flyer

The fare between the airport and Downtown is \$2.75 each way. (Note: Exact change is required.) Passengers are responsible for handling their bags when getting on and off the vehicle. Tipping the bus driver is not permitted.

For more information on Pittsburgh International Airport, please visit VisitPITTSBURGH and the [Pittsburgh International Airport](http://PittsburghInternationalAirport).

Downtown Pittsburgh Restaurants



For more information on restaurants in Pittsburgh, please contact Mike Robertson (Mike.Robertson@visitpittsburgh.com).

Pittsburgh General Information and Help Social Media handles:

City Information- www.visitpittsburgh.com Twitter- @vstpgh

Parking Information- <http://parkpgh.org/>

Pittsburgh Downtown Parntership- <https://downtownpittsburgh.com>

Highway and Construction Information- @PennDOTNews

City Busses & Light Rail Information- <http://www.portauthority.org/paac/> Twitter- @PGHTransit

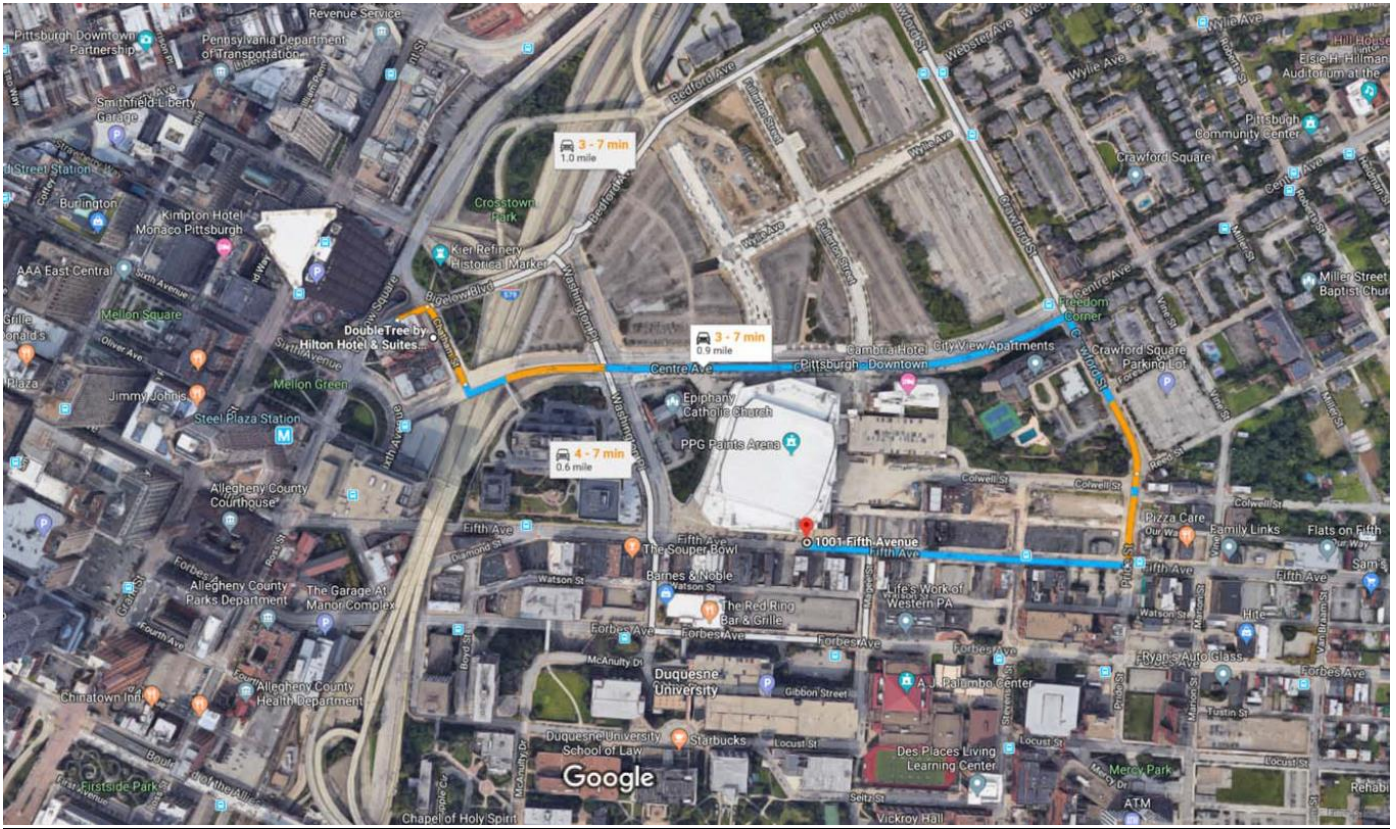
Pittsburgh Police- <http://pittsburghpa.gov/police/> Twitter-@pghpolice

City of Pittsburgh Downtown Map

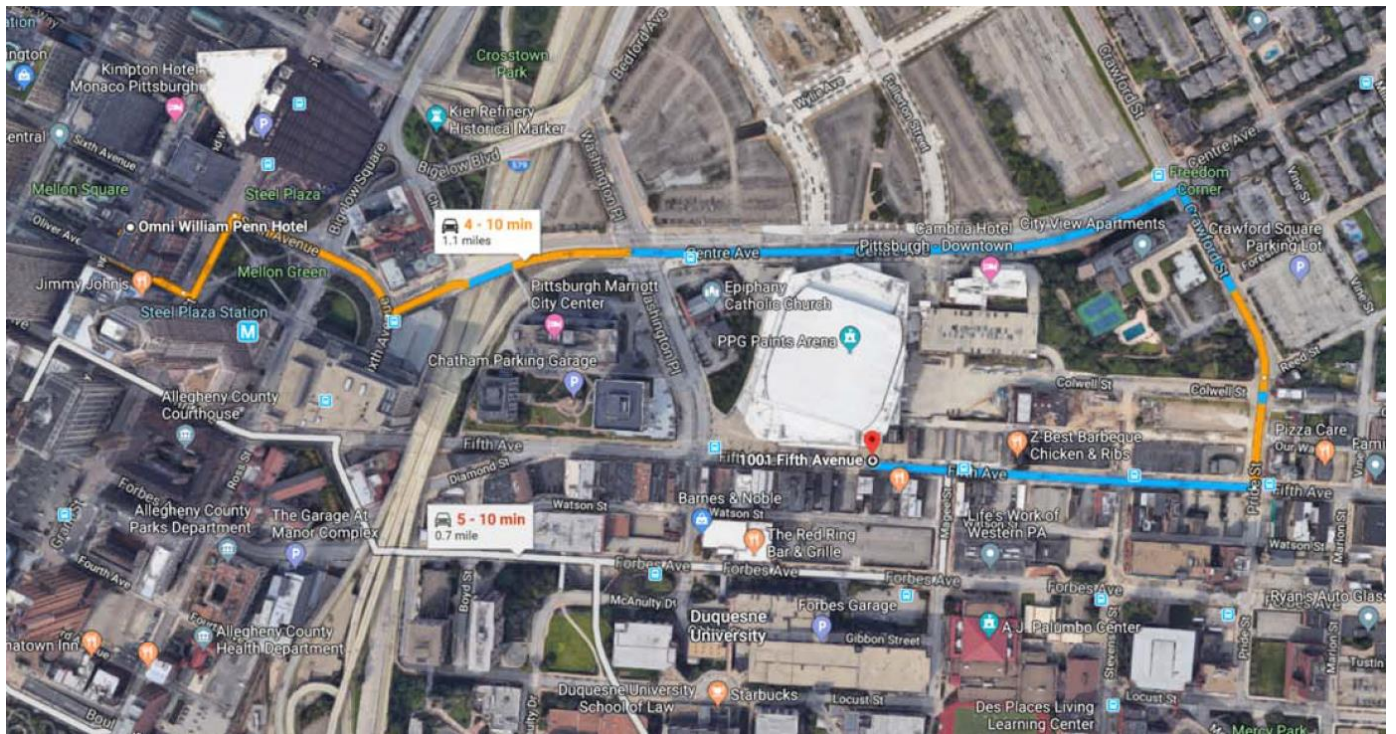


Hotel Routes to PPG Paints Arena

Doubletree Hotel & Suites Pittsburgh Downtown Pittsburgh Marriott City Center



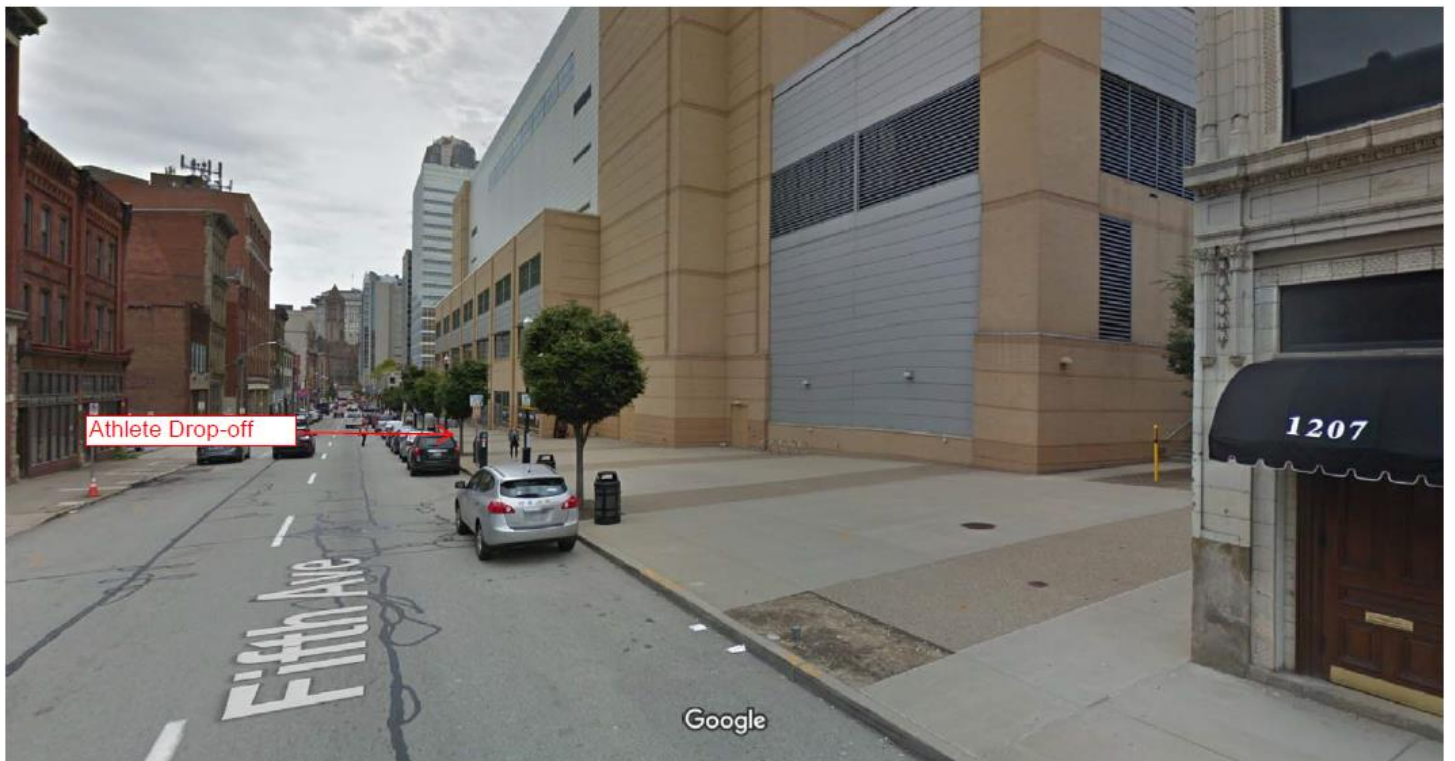
Omni William Penn Hotel

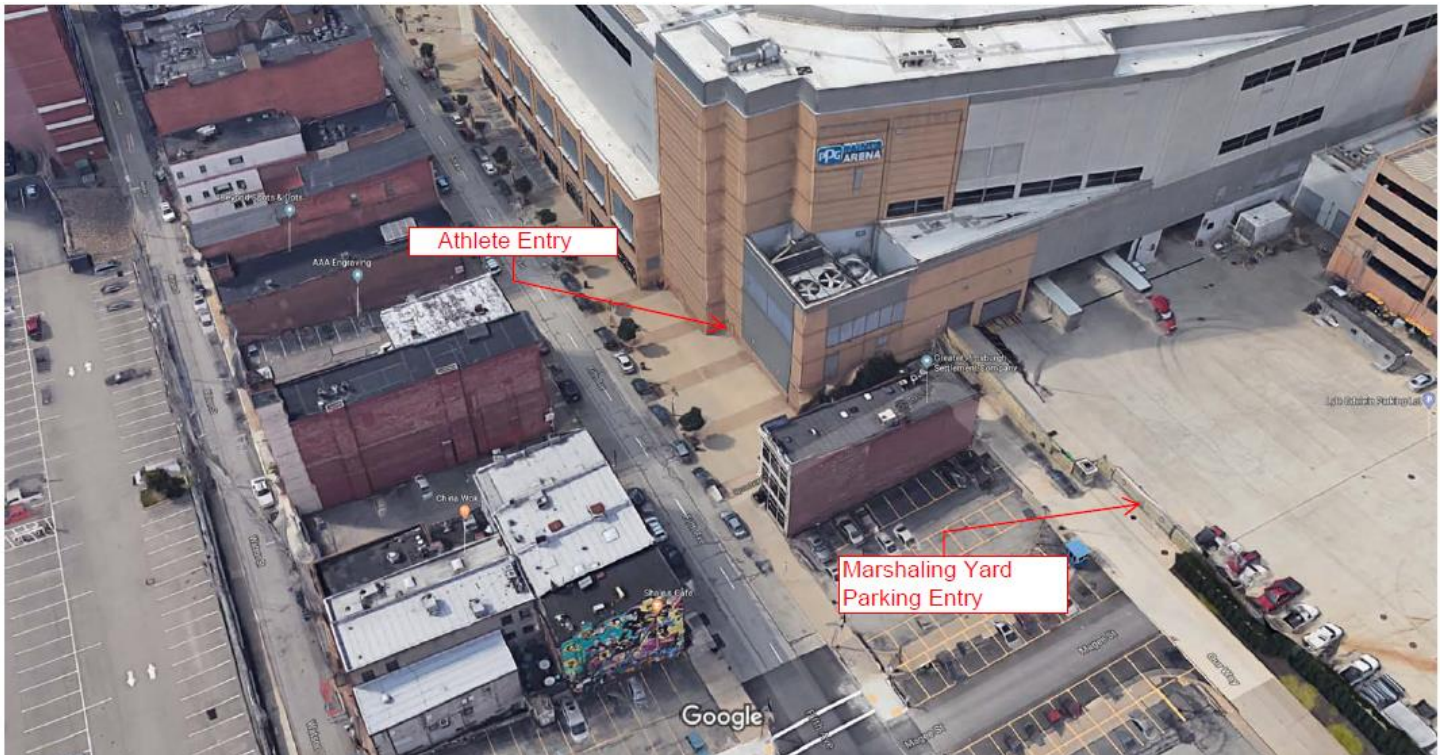


PPG Paints Arena-Aerial View

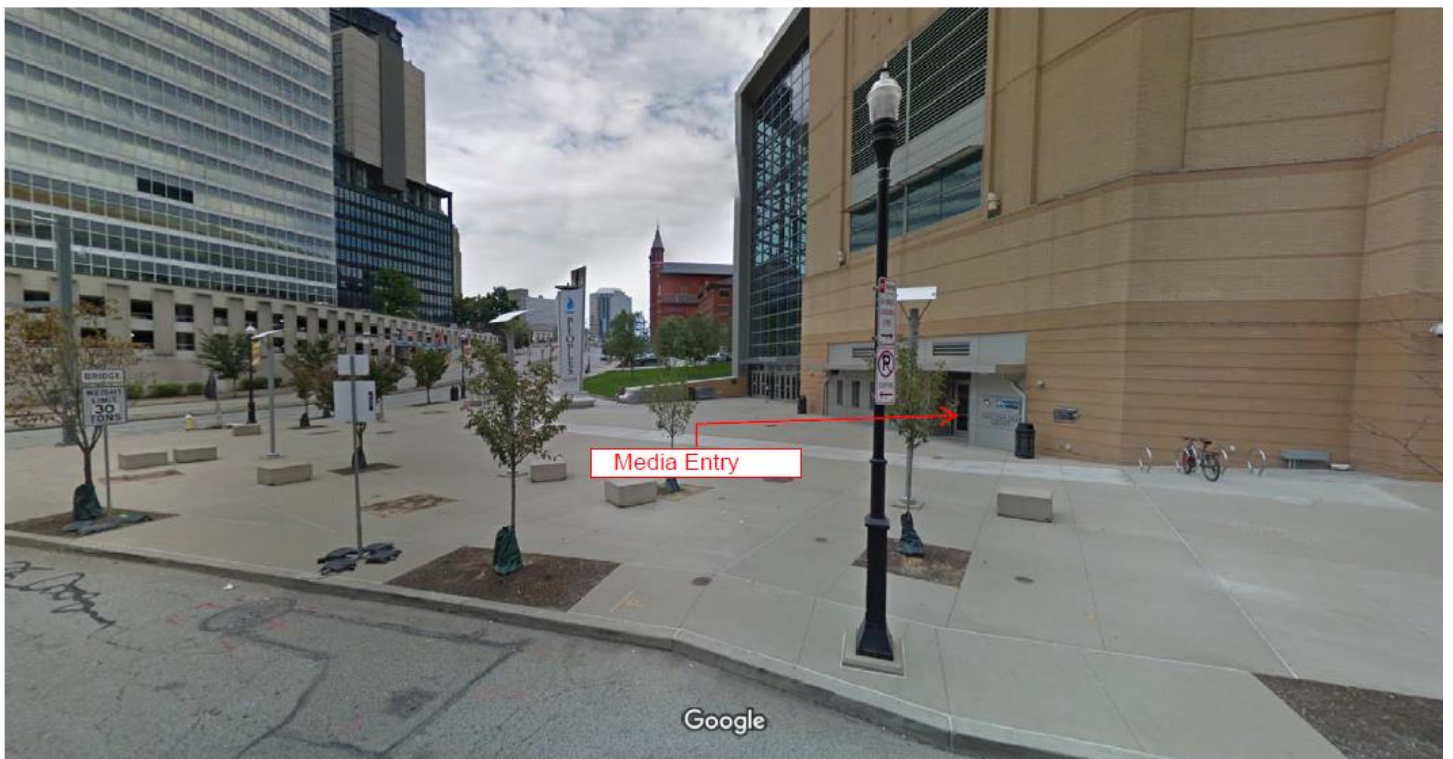
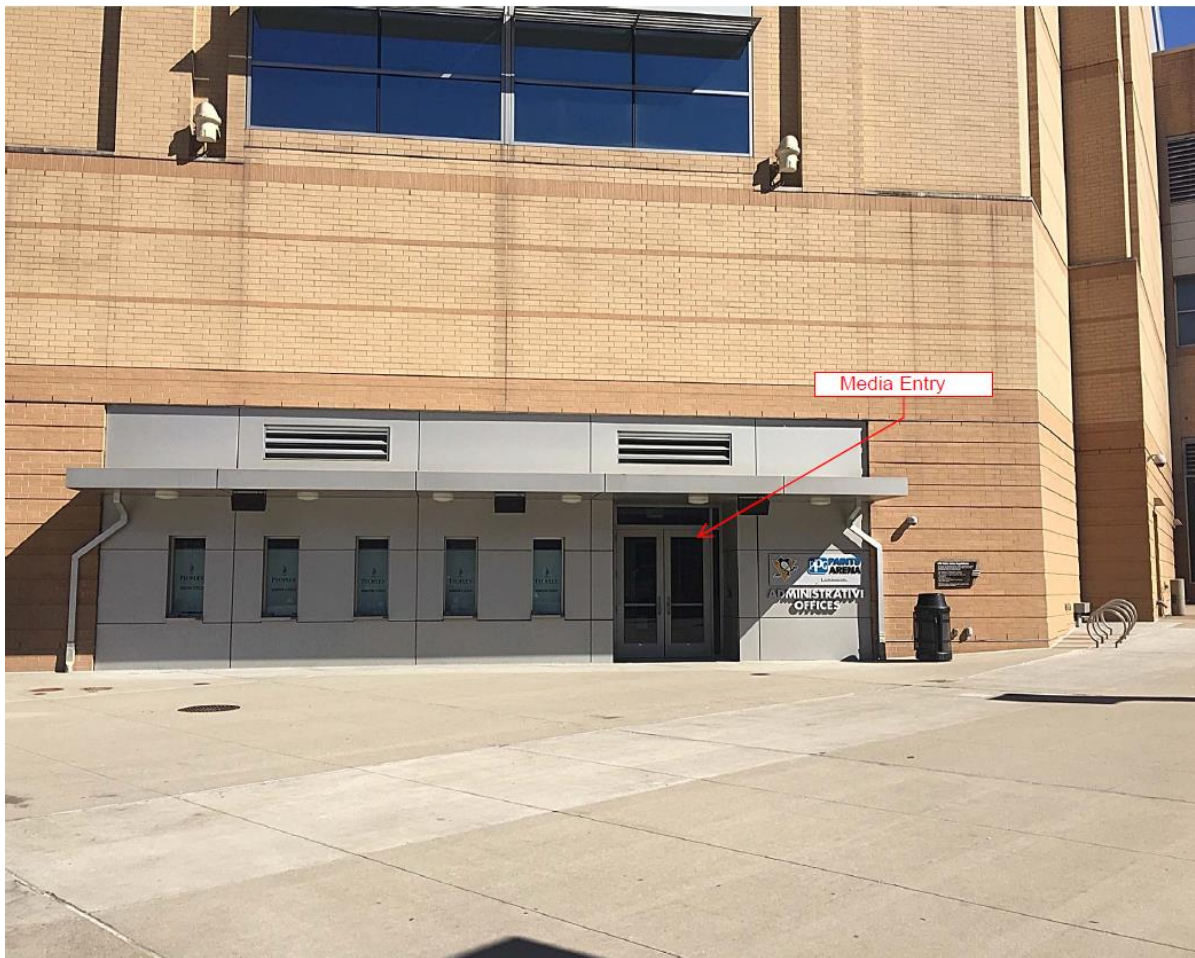


Athlete Entry-Fifth Avenue

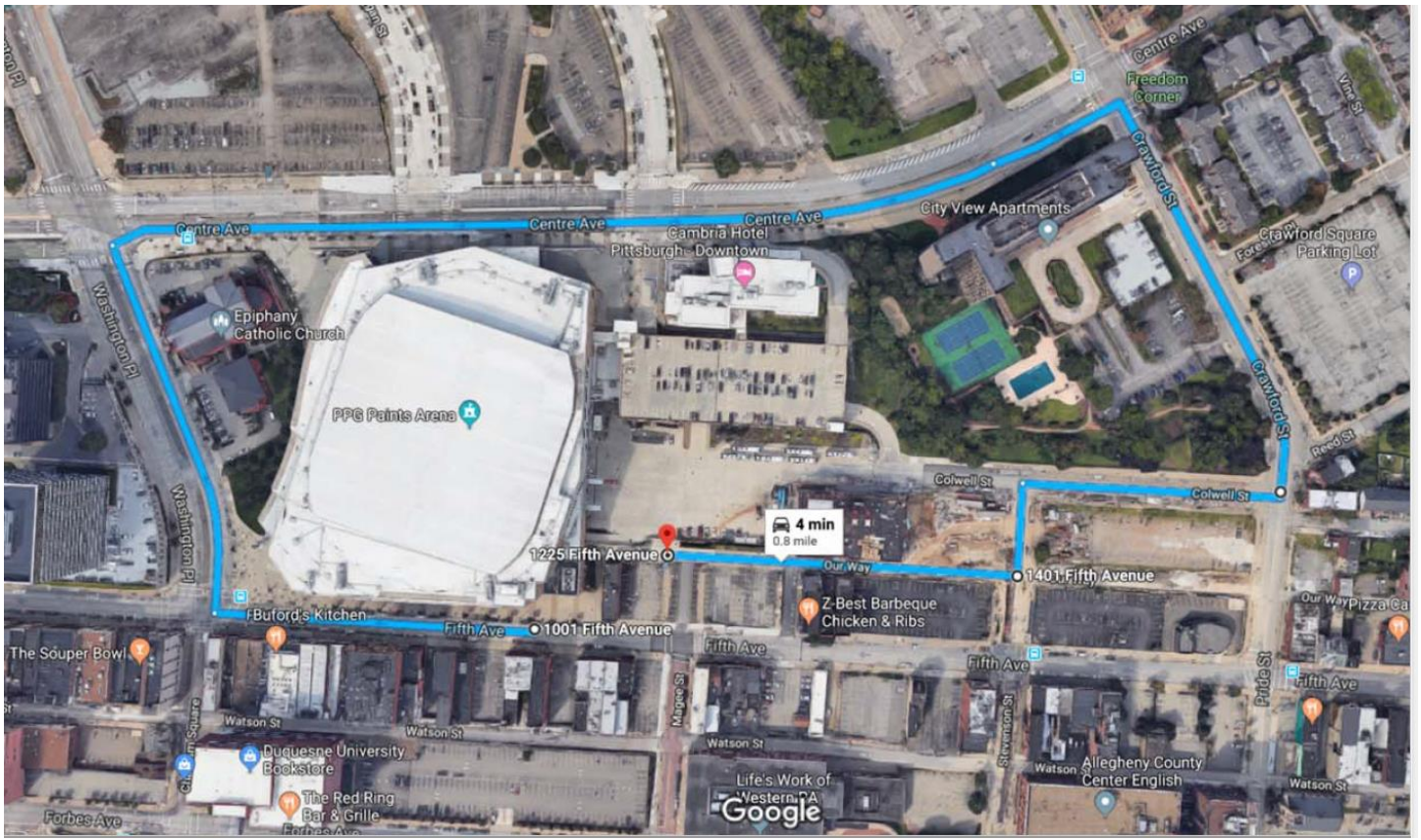




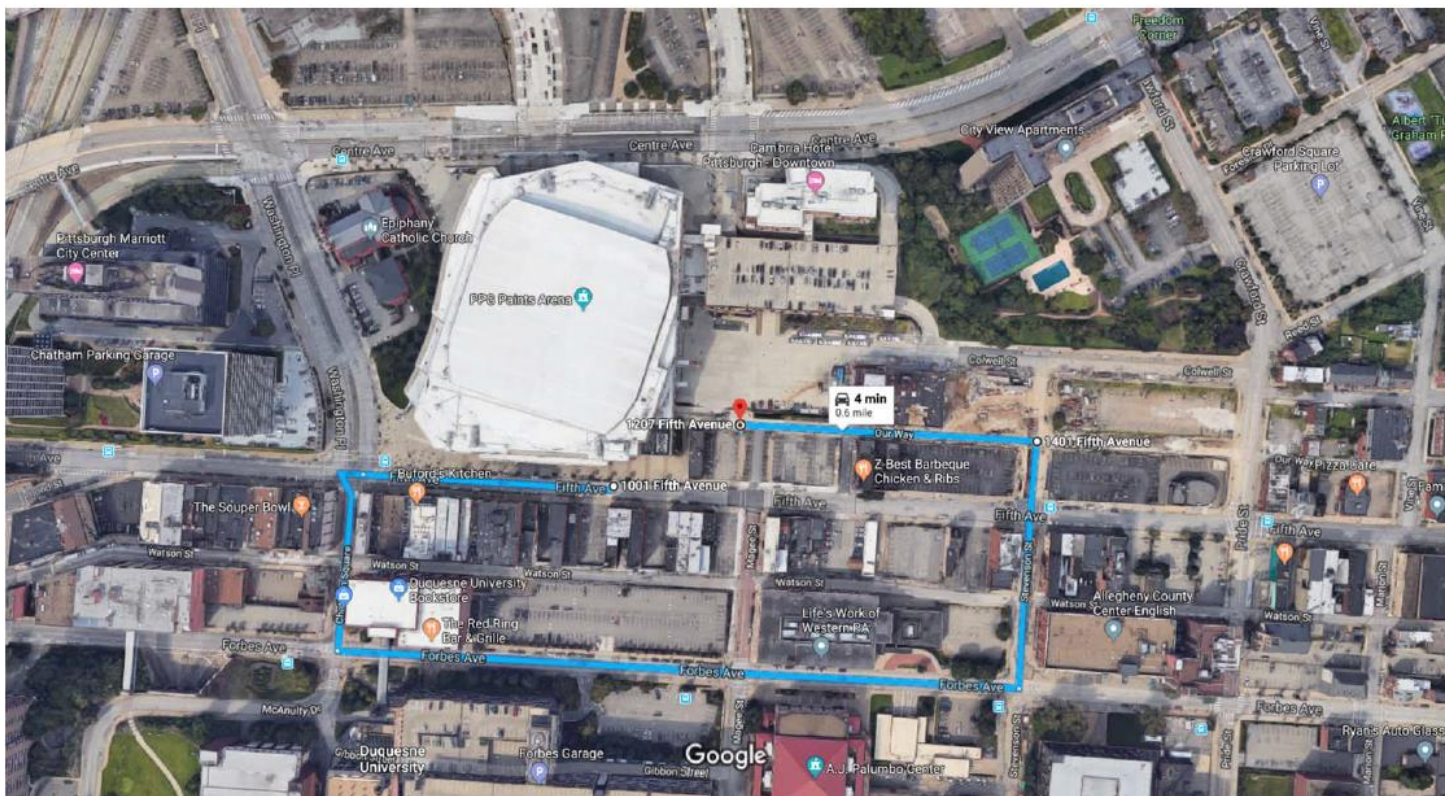
Media Entry



Morning Session-Athlete Entry to Marshalling Yard

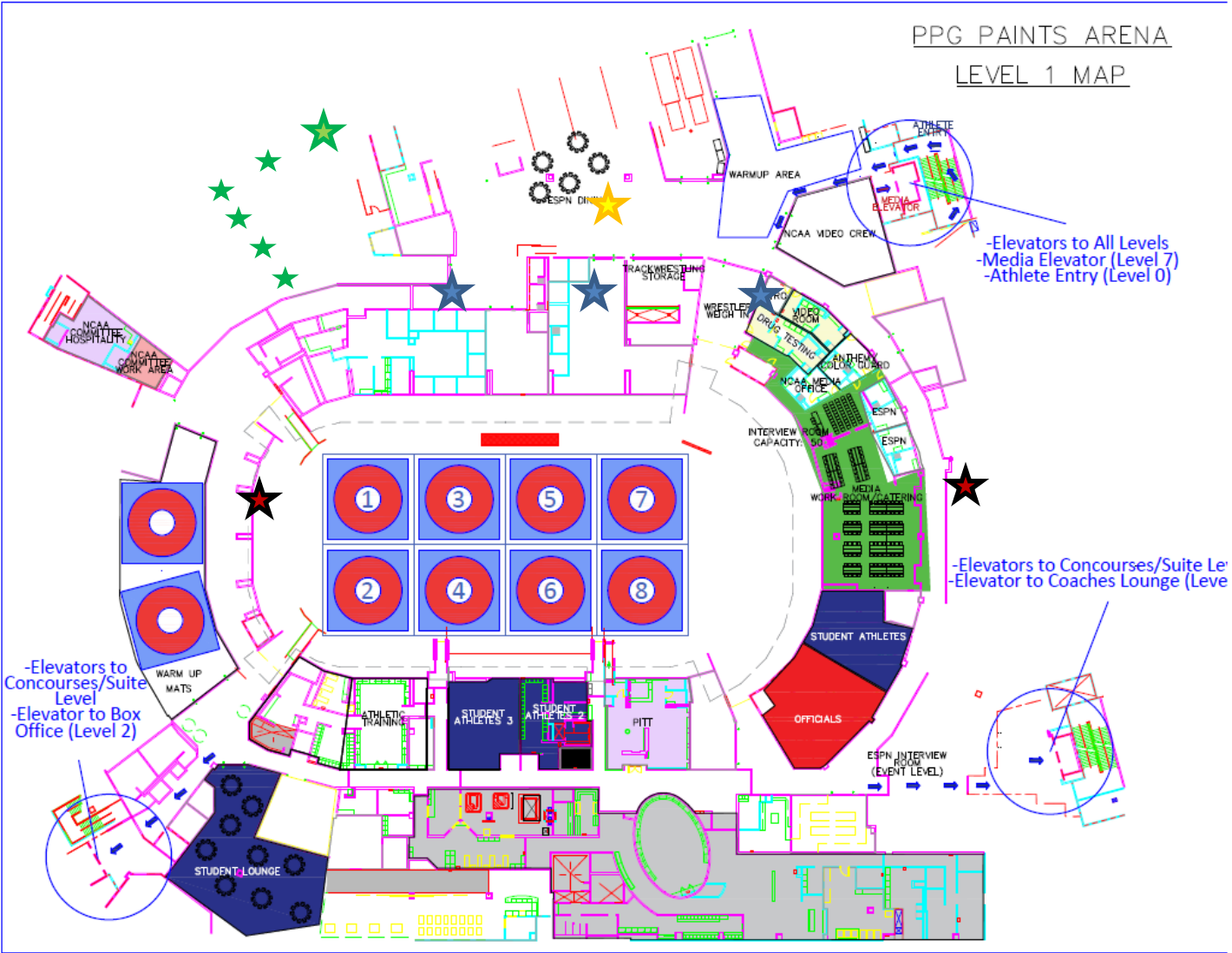


Evening Sessions-Athlete Entry to Marshalling Yard



PPG Paints Arena

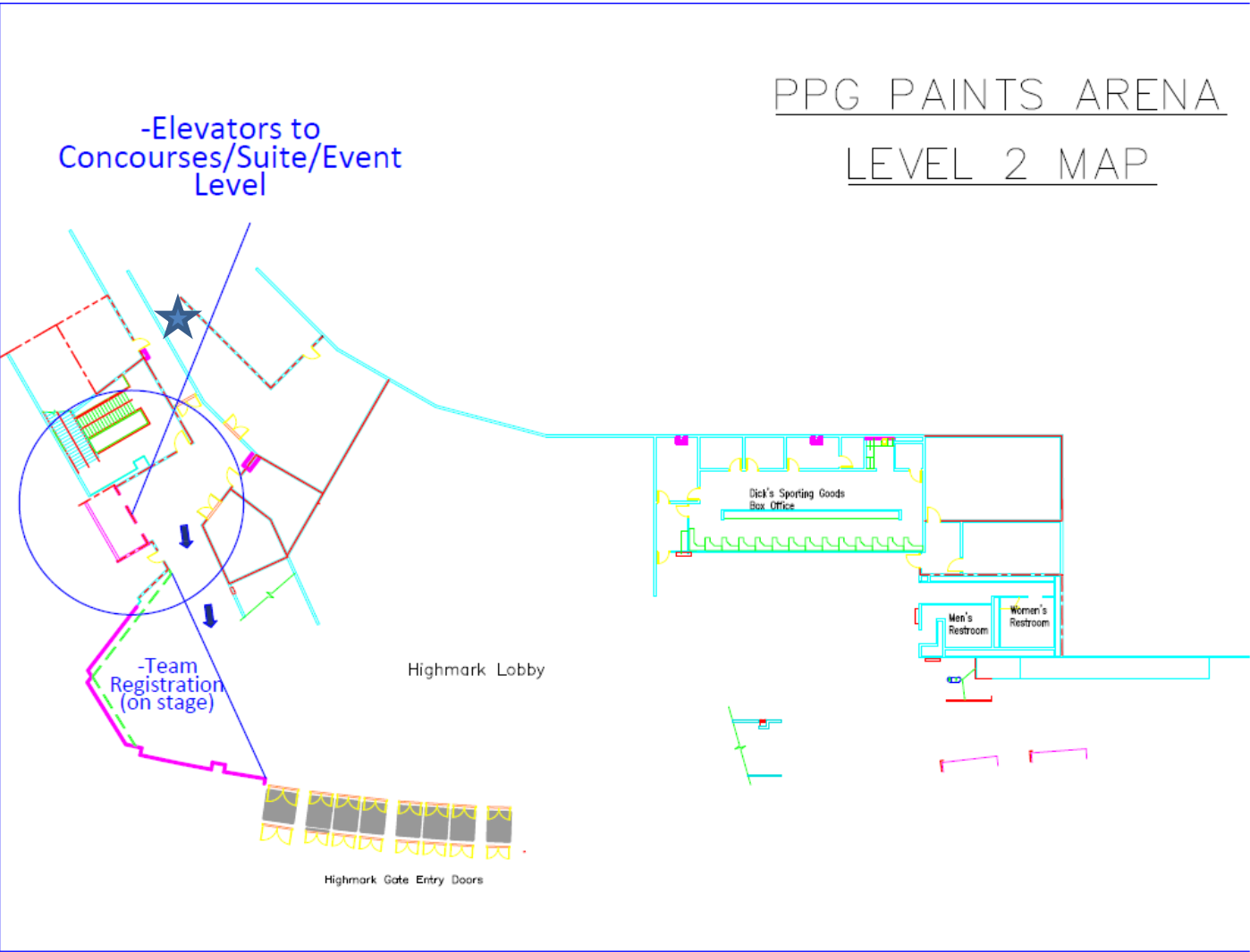
Level 1 Map



PPG Paints Arena

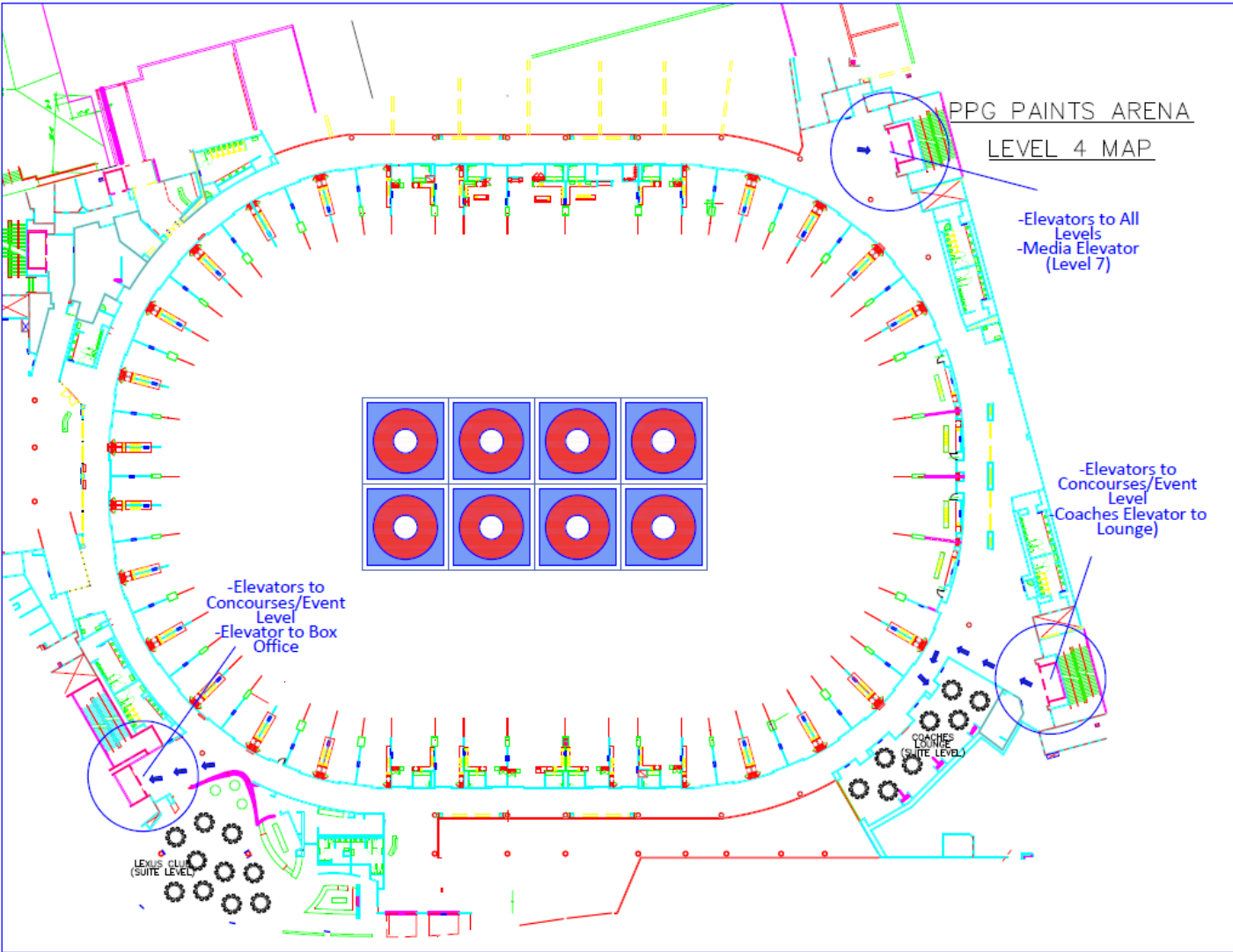
Level 2 Map

PPG PAINTS ARENA
LEVEL 2 MAP



PPG Paints Arena

Level 4 Map



PPG Paints Arena Parking Options



ARENA PARKING LOTS

- A** - Jim Shorkey **RAM** Melody Tent Lot
- B** - Jim Shorkey **Chrysler** East Lot
- C** - Jim Shorkey **Dodge** South Lot
- D** - Jim Shorkey **Jeep** North Lot
- E** - Jim Shorkey **FIAT** West Lot

DOWNTOWN PARKING

- 1** - Chatham Center Garage
- 2** - U. S. Steel Building Garage
- 3** - BNY Mellon Center Garage
- 4** - Manor Complex Garage
- 5** - Duquesne University Garage

DRIVING DIRECTIONS

From the NORTH

Via 79S or 28S: Take 279S to 579S, follow signs to PPG Arena (Veterans/Liberty Bridge), take PPG Arena/6th Avenue exit, turn left at light to PPG Paints Arena.

From the SOUTH

Via 51N or 19N: Take West Liberty Ave through Liberty Tunnel to Liberty Bridge to Centre Ave. Take the Centre Ave on right exit from 579N. Merge onto Centre Ave to PPG Paints Arena.

From the EAST

Take 22W to 376W (Monroeville), through Squirrel Hill Tunnel, take Grant Street exit to 7th Avenue, turn right to PPG Paints Arena.

From the WEST

Take Route 22E to 376 Business, through Ft. Pitt Tunnel, bear right (towards Monroeville) and take first exit on left (Grant Street) to 7th Avenue, turn right to PPG Paints Arena.

*HOV Lane
Unrestricted
After Events

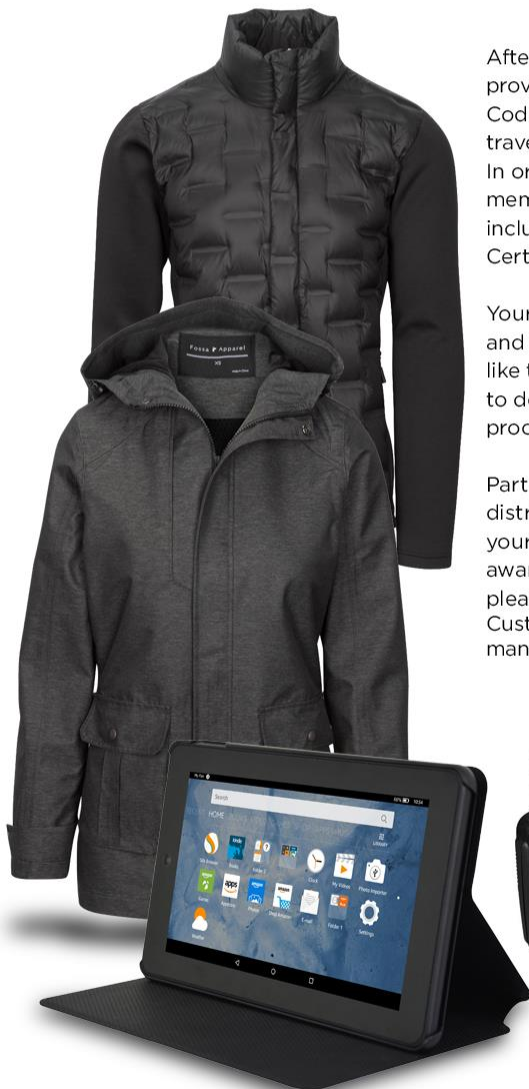
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NCAA-Awards.com

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For 2018-2019, an online gift-suite will serve as the participation awards provided to members of the official travel party of institutions that advance to the championship final sites.



After the championship, MainGate will send the head coach an email providing ordering process details, along with a unique Certificate Code (valid for one participation award per member of your official travel party) that can be redeemed only at www.NCAA-Awards.com. In order to ensure that each participant receives his or her award, a member of your administration must place your team's order, including size information, at NCAA-Awards.com using your Certificate Code.

Your institution may select different items per participant; men's and women's sizes are available for apparel items. If you would like to purchase additional awards, you will have the opportunity to do so online via personal credit card at the end of the checkout process.

Participation award items will be sent to your institution for distribution to your student-athletes within four to six weeks after your order is placed. If you do not receive information for ordering awards within two weeks of the conclusion of the championship please contact Erin Hannoy ehannoy@maingateinc.com, MainGate Customer Service (866-945-7267) or the NCAA championship manager.



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TYPE OF CC _____ CC NUMBER _____

NAME ON CC _____ SECURITY CODE _____

BILLING ADDRESS _____

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