



## 2026 Division III Men's and Women's Diving Regional Schedule

### ORDER OF EVENTS

DAY 1 Men's 3M First & Women's 1M Second

DAY 2 Men's 1M First & Women's 3M Second

(All times are local unless otherwise stated)

#### **Friday, February 27**

10 a.m.	Coach meeting (Flight and judge selections, safety, rule clarifications)
10:30 a.m.	Boards open for warm-up
2 p.m.	Event 1 competition begins
5 p.m.*	Event 2 competition begins

#### **Saturday, February 28**

8:30 a.m.	Boards open for warm-up
Noon	Event 1 competition begins
3 p.m.*	Event 2 competition begins

#### ***Simultaneous Events Schedule (if applicable)***

#### **Friday, February 27**

10 a.m.	Coach meeting (Flight and judge selections, safety, rule clarifications)
10:30 – 11:30 a.m.	Open warm-up
11:30 a.m. – Noon	Flight one
Noon – 12:30 p.m.	Flight two
12:30 – 1 p.m.	Flight three
1 – 1:45 p.m.	Open warm-up
1:45 – 2 p.m.	Boards closed
2 p.m.	Men's 3M & women's 1M event starts
4 p.m.*	Men's 3M & women's 1M event ends

#### **Saturday, February 28**

8 a.m.	Deck opens
8:30 – 9:30 a.m.	Open warm-up
9:30 – 10 a.m.	Flight one
10 – 10:30 a.m.	Flight two
10:30 – 11 a.m.	Flight three
11 – 11:45 a.m.	Open warm-up
11:45 a.m. – Noon	Boards closed
Noon	Men's 1M & Women's 3M event starts
2 p.m.*	Men's 1M & Women's 3M event ends

\*Approximations made on an event time of two hours per 20 divers.

When running events simultaneously, the host MUST have two (2) diving recording tables running simultaneously with two judging panels and two referees. This will require a total of six table workers, and a minimum of 12 judges.

**Access to the pool for practice is not allowed prior to the event beginning.**

**WARM-UP SCHEDULE**

**Participants – 21 or more divers**

Friday	Saturday	
10 a.m.	Not Applicable	Coaches meeting
10:30 - 11:30 a.m.	8:30 - 9:30 a.m.	Open warm-up ^
11:30 a.m. - Noon	9:30 - 10 a.m.	Flight one warm-up~
Noon - 12:30 p.m.	10 - 10:30 a.m.	Flight two warm-up~
12:30 - 1 p.m.	10:30 - 11 a.m.	Flight three warm-up~
1 - 1:45 p.m.	11 - 11:45 a.m.	Event 1 open warm-up ^
1:45 - 2 p.m.	11:45 - Noon	Boards closed
2 p.m.	Noon	Event 1 competition starts
4 - 4:45 p.m.*	2 - 2:45 p.m.*	Event 2 open warm-up ^
5 p.m.*	3 p.m.*	Event 2 competition starts

**Participants – 20 or fewer divers**

Friday	Saturday	
10 a.m.	Not Applicable	Coaches meeting <i>This may be moved to 10:30 a.m. if notice is given before Thursday of Regionals week</i>
11 a.m. - Noon	9 - 10 a.m.	Open warm-up ^
Noon - 12:30 p.m.	10 - 10:30 a.m.	Flight one warm-up~
12:30 - 1 p.m.	10:30 - 11 a.m.	Flight two warm-up~
1 - 1:45 p.m.	11 - 11:45 a.m.	Open warm-up
1:45 - 2 p.m.	11:45 a.m. - Noon	Boards closed
2 p.m.	Noon	Event 1 competition start
4 - 4:45 p.m.*	2 - 2:45 p.m.*	Event 2 open warm-up ^
5 p.m.*	3 p.m.*	Event 2 competition starts

\*Approximations made on an event time of two hours per 20 divers.

~This is the only flighted warm-up of the day. Both events and genders participate concurrently. On the second day of competition, the warmup flights rotate (e.g., group 1 becomes group 2, group 2 becomes group 3 and group 3 becomes group 1).

^ Rules for open warm-up are determined during the coach meeting.