



PARTICIPANT 2024-25 MANUAL

2025 NCAA Division III Men's and Women's Swimming and Diving Championships PARTICIPANT MANUAL TABLE OF CONTENTS

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2025 NCAA Division III Men's and Women's Swimming and Diving Championships GENERAL INFORMATION

FACILITIES

The Greensboro Coliseum Complex is proud to host the 2025 NCAA Division III Men's and Women's Swimming and Diving Championships at the Greensboro Aquatic Center (GAC) in Greensboro, North Carolina. The facility address is 1921 W. Gate City Blvd., Greensboro, North Carolina 27403. Additional information about the aquatic center can be located at <https://greensboroaquaticcenter.com>.

Located on the campus of the Greensboro Coliseum Complex, the GAC has evolved into the largest indoor aquatic center in the country (105,323-sq. feet). The competition pool is an eight lane, 50-meter Olympic pool with two moveable bulkheads. The dive-well has two, 1-meter and two, 3-meter springboards as well as a 5-meter, 7.5-meter and 10-meter platform. The GAC has an Omega timing system with Omega starting blocks. The facility has two Daktronics scoreboards with audio and visual capabilities. The GAC has multiple locker rooms throughout the facility. The GAC has extensive permanent seating for just over 2,000 spectators. Since its opening in 2011, the state-of-the-art, multi-purpose, four-pool facility has compiled an impressive national event hosting resume including numerous USA Swimming, U.S. Masters, USA Diving, USA Synchro, NCAA, ACC and YMCA National Championships.

NCAA DIVISION III MEN'S AND WOMEN'S SWIMMING AND DIVING COMMITTEE

Christopher Sykes – Illinois College, Head Men's and Women's Swimming and Diving Coach

Nancy Carney-DeBord – Denison University, Director of Athletics

Andrew Brabson – California Institute of Technology, Head Men's and Women's Swimming and Diving Coach

Doug Milliken – Case Western Reserve University, Head Men's and Women's Swimming and Diving Coach

Shawn Austin – State University of New York at Geneseo, Diving Coach

Carolyn Miles – Williams College, Associate Director of Athletics

Kiki Jacobs (chair) – Roger Williams University, Director of Athletics

Dean Brownley – Centre College, Head Men's and Women's Swimming and Diving Coach

MEET OPERATIONS STAFF

NCAA Championship Manager – Corey Bray

NCAA Assistant Coordinator, Championships and Alliances – Sadie Redburn

NCAA Secretary Rules Editor – Greg Lockard

Coordinator of Meet Entries/Times – Michelle Chaffin

Coordinator of Diving Entries – Lewis Fellingner

Meet Coordinator – Keith Beckett

Assistant Meet Coordinator – Peggy Carl

Meet Director – David Hoover

Marketing – Scott Lecnar

Ticket Sales – Will Greene

Media/Sports Information Contact – J.J. Nekoloff

Swimming Meet Announcer – Tom Whittemore

Diving Meet Announcer – Lynn Schweizer

Head Athletic Trainer – Etan Michael

MEET OFFICIALS

Meet Referee – Rob Stevens

Assistant Referee – R.J. Van Almen

Head Starter – Rebecca Thomas

Assistant Starter – Scott Morrison

Stroke and Turn Judges – Tara Maxey, Shaunna Tobin, William Vey, Tom Donahue

Diving Referee – Jeff Arnold

Diving Judges – Julian Krug, Thomas Quinn, Donna O'Brien, Richard Wetzel, Susan Braid, John Wolsh

GREENSBORO AQUATIC CENTER PERSONNEL

Director – David Hoover

Event Manager – Andrew Niemiec

Event Coordinator – Aleksey Tarasenko

Lead Meet Technician – Alan Moffitt

Registration/Meet Tech – Nan Stevens

PARTICIPANT ENTRANCE

All credentialed participants should enter the GAC through the Training Pool doors. Credentials must be visible to gain entry to the GAC.

ATHLETIC TRAINING ROOM

Certified athletic trainers will be available for the entire meet. Murphy Wainer Orthopedics will provide a physician that will be on call for all scheduled practices and competitions. Guilford College will provide athletic training coverage for this event.

Head Athletic Trainer: Ethan Michael – ethan.williams@greensboro.edu – (O): 336-217-7254

Team Physician: Dr. Bailey Meccariello (Murphy Wainer Orthopedics) – (P): 336-375-2300

The athletic training room will be open during and after practice and competition. An athletic training area will be available to all student-athletes including heat, ice bags and electric modalities. Those student-athletes requiring the use of modalities must provide written documentation from their team athletic trainer and/or team physician. Student-athletes who require special needs should contact Ethan Michael ahead of time to help arrange such services. If your team is not traveling with a certified athletic trainer and/or team physician, prior notification is appreciated to communicate any care. Additionally, an area located off deck outside of the locker rooms and athletic training area is designated for teams to use as a student-athlete rub-down area (see facility map). Tables and/or massage therapists will not be provided by the hosts.

Water, POWERADE and cups will be available for all student-athletes on the pool deck as well as in the athletic training area. The athletic training area hours of operation are:

| | |
|---------------------|---------------------------------|
| Monday, March 17 | 4 p.m. – 8 p.m. |
| Tuesday, March 18 | 8 a.m. – 8 p.m. |
| Wednesday, March 19 | 7 a.m. – ½ hour after last race |
| Thursday, March 20 | 7 a.m. – ½ hour after last race |
| Friday, March 21 | 7 a.m. – ½ hour after last race |
| Saturday, March 22 | 7 a.m. – ½ hour after last race |

The meet physician will be on call throughout the meet through communication with the athletic trainers. Student-athletes with specific questions or preexisting conditions should contact the athletic trainer on site.

LOCKER ROOMS

Locker rooms are located on the East side of the GAC under the spectator stands as well as off the training pool deck. There are four locker rooms – two for men and two for women. There are also three gender neutral changing rooms, located near the training pool. Only participants are permitted in the locker rooms. Restrooms are available in the on-deck classrooms and concourse area of the GAC. No towels and/or locker combinations will be provided.

STUDENT-ATHLETE HOSPITALITY

POWERADE product as well as snacks will be provided throughout the championships beginning Monday night through Saturday evening.

VALUABLES

The GAC and the NCAA swimming and diving committee assume no responsibility for loss of personal articles. Each competitor and coach are responsible for their own property.

MASSAGE AREA

Massage tables can be set up on the shallow end of the training pool deck in the designated spots. Space is first-come, first-served. Massage therapists must have a deck pass as part of the team travel party.

TICKET INFORMATION

All-session tickets for the 2025 NCAA Division III Women's and Men's Swimming and Diving Championships are available at: <https://am.ticketmaster.com/greensborocoliseum/buy?id=NjE=>

Ticketmaster.com Sales Pricing

- Adult: (13 years old to 64 years old)
 - All Session: \$90.00
 - Daily: \$50.00
 - Single Session Prelims: \$25.00
 - Single Session Finals: \$30.00
- Youth*: (3 years old to 12 years old)
 - All Session: \$85.00
 - Daily: \$40.00
 - Single Session Prelims: \$20.00
 - Single Session Finals: \$25.00
- Senior: (65+)
 - All Session: \$85.00
 - Daily: \$40.00
 - Single Session Prelims: \$20.00
 - Single Session Finals: \$25.00

*Age 2 and under will be admitted free.

Ticket Office and Guest Services Hours of Operations

The ticket office and guest services are located at the GAC box Office.

| Date | Session | Hours of Operation | Doors Open | Event Start Time |
|------------------------|---------|-----------------------|------------|------------------|
| Wed., March 19 | Prelims | 7:30 a.m. – 1:30 p.m. | 8:30 a.m. | 10 a.m. |
| | Finals | 3:30 p.m. – 8 p.m. | 4:30 p.m. | 6 p.m. |
| Thur., March 20 | Prelims | 7:30 a.m. – 1:30 p.m. | 8:30 a.m. | 10 a.m. |
| | Finals | 3:30 p.m. – 8 p.m. | 4:30 p.m. | 6 p.m. |
| Fri., March 21 | Prelims | 7:30 a.m. – 1:30 p.m. | 8:30a.m. | 10 a.m. |
| | Finals | 3:30 p.m. – 8 p.m. | 4:30 p.m. | 6 p.m. |
| Sat., March 22 | Prelims | 7:30 a.m. – 1:30 p.m. | 8:30 a.m. | 10 a.m. |
| | Finals | 3:30 p.m. – 8 p.m. | 4:30 p.m. | 6 p.m. |

PROGRAMS AND HEAT SHEETS

Digital programs can be viewed online or downloaded to mobile devices at no charge. Fans, participants, and spectators are encouraged to download the program prior to the championships at www.ncaa.com/gameprograms.

TEAM BANNERS POLICY

Teams are permitted to bring a single institutional banner or sign to display at the GAC. No sheet banners are permitted. Please attempt to limit the size of the banner to no bigger than 5' X 8' if possible. Spectators are **not permitted** to hang any banners or signs around the pool or in the stands. Team banners should be turned into the host staff at registration. The host staff will be responsible for hanging each team's banner above or near the designated team seating area on deck. Teams that would like to retrieve their banners before the end of the championships should arrange to do so at the administration table (located on deck next to the head table) at least one hour prior to departure. Near the conclusion of the championships on Saturday evening, the host staff will take down all remaining banners for teams to pick up as they exit the pool deck.

VIDEORECORDING

Institutions are permitted to videotape championships competition by their teams or their individual student-athletes for archival, coaching, or instructional purposes. Each institution is permitted to use one camera and may videotape only that portion of the competition in which it participates. The videotapes may not be used for any commercial purposes. Limited space will be available in a marked area at the top of the grandstands with those area(s) being designated by the Division III Men's and Women's Swimming and Diving Committee. Coaches wishing to videotape performances should do so using only battery power. **Coaches will not be allowed to plug in any cameras or battery chargers in the GAC.**

WARM-UP/WARM-DOWN

Both the warm-up and competition pools will be open at the scheduled times on practice days and during the meet. The competition pool will close after the last race. The training pool will be available for cool down for one hour after the last race.

RESULTS

Final results of each session's competition will be posted in the mailboxes located directly behind the administration table. Results will be available on the main concourse for spectators. An NCAA championship webpage on NCAA.com will also post live results, team scores, and a recap after each session.

COACHES MAILBOXES – INFORMATION DISTRIBUTION

There will be mailboxes labeled with each event located on the tables behind the administration table riser.

EVENT MERCHANDISE

Event merchandise will be on sale during the championships located in the pro shop at the GAC.

Merchandise Hours of Operation

| | |
|---------------------|---------------------------------------|
| Monday, March 17 | 4 p.m. – 8 p.m. |
| Tuesday, March 18 | 7 a.m. – 8 p.m. |
| Wednesday, March 19 | 8:30 a.m. – completion of competition |
| Thursday, March 20 | 8:30 a.m. – completion of competition |
| Friday, March 21 | 8:30 a.m. – completion of competition |
| Saturday, March 22 | 8:30 a.m. – completion of competition |

CONCESSIONS

Concessions offering food and beverages will be located on the main concourse of the GAC. The GAC operates a cashless concessions area.

MEDIA

Media members may request credentials in advance of the championships at <http://www.ncaa.com/media>. Please find Division III Swimming and Diving under the Winter Sports heading. Media credential questions should be directed to J.J. Nekoloff at jnekoloff@oldaonline.com.

CHAMPIONSHIPS MATERIALS

The NCAA developed a website to retain key information from every member institution which may participate in an NCAA championship. The NCAA and its partners (i.e. Turner/CBS, ESPN, IMG College, Van Wagner Sports & Entertainment, etc.) are required to use the site to access all logos, fight songs, rosters, photos of student-athletes, teams, coaches, administrators and campus for use on selection shows, game programs, banquet videos and video boards at NCAA championships. For this site to be completely effective, it requires full cooperation from participating institutions. Please log on to www.ncaachampionship.info (username: ncaaschools; password: ncaafpt) to upload logo and photos of participating student-athletes for your institution.

NCAA ACADEMIC RECOGNITION PROGRAM

The Elite 90 award is presented to the student-athlete with the highest cumulative grade-point average competing at the finals site for each of the NCAA's 90 championships. Each institution that has at least one student-athlete qualify for the finals round/site is eligible to nominate a student-athlete to win the award for that championship. All ties are broken by number of credits completed. For more information regarding this program, please contact Cameron Schuh at elite90@ncaa.org. All documents, including deadlines and nomination forms, can be obtained at the following location: <http://www.ncaa.org/about/resources/events/awards/elite-90-academic-recognition-award-program>.

The submission deadline for nomination for NCAA Division III Men's and Women's Swimming and Diving is **5 p.m. (Eastern) on Friday, March 14.**

MEDICAL SERVICES

Student-athletes requiring physician evaluation, medications, etc., should make requests through one of the on-site athletic trainers if assistance is needed. Student-athletes must complete the medical information sheets and have them available in the event treatment is needed during the championships. An EMT will be on site throughout the championships.

PARKING

Coaches, officials, and committee members will receive parking passes. All other parking will be sold by the parking attendants stationed in the parking lot. All-session parking passes will be sold on Tuesday, March 18 and Wednesday, March 19 for \$30. A daily pass is available at the rate of \$10. There will be no parking charges for the practice day on Monday, March 17.

WEB CAST

These championships can be viewed via a live web cast at NCAA.com.

CONFIRMATION OF ENTRIES

Registration and packet pick-up will be in Meeting Room 2 located in the adjacent Special Event Center. Upon arrival, the coach or an official representative of the institution must register and pick up an entry list and other pertinent championships materials. The coach or representative must sign an official receipt form indicating a correct entry of the individual(s)/team as listed on the entry list.

DECK PASSES/CREDENTIALS

Admittance to the Venue. (For championship ticket information, see **page 5** of this manual.) All institutional personnel not included in the official travel party must purchase a ticket for admittance to the venue. Only members of an institution's official travel party will be issued deck passes. The official travel party is determined by the following formula:

| Women's Swimming and Diving | | Men's Swimming and Diving | |
|--|---|--|---|
| Number of Participating Swimming and Diving Student-Athletes | Number of Deck Passes per Gender for Non-Student-Athletes | Number of Participating Swimming and Diving Student-Athletes | Number of Deck Passes per Gender for Non-Student-Athletes |
| 1-5 Swimmers | 1 | 1-5 Swimmers | 1 |
| 6-10 Swimmers | 2 | 6-10 Swimmers | 2 |
| 11-15 Swimmers | 3 | 11-15 Swimmers | 3 |
| 16 + Swimmers | 4 | 16 + Swimmers | 4 |
| Any Diver(s) | 1 | Any Diver(s) | 1 |

Access to the Deck. All individuals must have a deck pass to gain admittance to the deck. **One deck pass per team (one per men's and/or one per women's teams) are available for purchase at a fee of \$55 each (cash or credit card accepted).** Institutional personnel must provide photo identification and sign the deck pass at the time of pick-up. The cost to replace a lost deck pass will be \$75. Student-athletes, coaches and institutional personnel must visibly wear deck passes on deck at all times. Deck passes are non-transferable. Institutions that provide deck passes to unauthorized personnel during the championships will be fined \$100 and may be subject to additional sanctions by the NCAA Division III Swimming and Diving Committee. Athletic trainers not included in the official travel party are subject to the same restrictions.

No one is allowed to enter the facility without proper identification.

CHAMPIONSHIP MEETINGS

Thursday, March 13

| | | |
|---------------------------|-----------|-----------------------------------|
| Diving coaches meeting* | 2 p.m. ET | Virtual (Microsoft Teams Meeting) |
| Swimming coaches meeting* | 3 p.m. ET | Virtual (Microsoft Teams Meeting) |

*Attendance Required

NCAA SENIOR RECOGNITION PRESENTATION

Coaches and/or university sports information staff are encouraged to submit high resolution head shots of qualified senior student-athletes to J.J. Nekoloff at jnekoloff@odaconline.com. The photos will be used in the senior recognition presentation at the competition venue on Friday evening. Photos will be accepted from now until March 14. Any photos sent after this deadline are subject to exclusion from the recognition.

TEAM SEATING SELECTION PROCESS

- Institutions qualifying 10 or more student-athletes will be given the opportunity to select seating prior to the coaches meeting. Corey Bray will contact each coach to select their seating locations.
- The institution qualifying the greatest number of student-athletes will select first, and selections will continue from

highest down, in order, until all teams qualifying 10 or more student-athletes have selected. Ties will be broken based on the previous year's combined institutional points scored.

SCRATCH DEADLINES

Scratches are to be made by the coach or official representative by depositing scratch slips in the scratch box by the designated deadlines. A receipt form will be used for scratch verification. All entries not scratched will become official entries. Each coach or official representative must also submit a list of dives by the scratch deadline.

The scratch box will be located at the meet administration table on deck next to the meet operations room on the pool deck. Scratch deadlines are as follows:

| | | |
|-----------|--------|----------------------|
| Tuesday | 5 p.m. | All Wednesday events |
| Wednesday | 5 p.m. | All Thursday events |
| Thursday | 5 p.m. | All Friday events |
| Friday | 5 p.m. | All Saturday events |

MEET SCHEDULE

| <u>Monday, March 17</u> | <u>Time</u> | <u>Location</u> |
|----------------------------|---------------------------------|------------------------------|
| Swimming practice | 4 p.m. – 8 p.m. | Greensboro Aquatic Center |
| Diving practice | 4 p.m. – 8 p.m. | Greensboro Aquatic Center |
| Athletic training room | 4 p.m. – 8 p.m. | Greensboro Aquatic Center |
| Registration | 4 p.m. – 8 p.m. | Special Events Center Room 2 |
| <u>Tuesday, March 18</u> | | |
| Swimming practice | 8 a.m. – 8 p.m. | Greensboro Aquatic Center |
| Diving practice | 8 a.m. – 8 p.m. | Greensboro Aquatic Center |
| Athletic training room | 8 a.m. – 8 p.m. | Greensboro Aquatic Center |
| Registration | 8 a.m. – 8 p.m. | Special Events Center Room 2 |
| Scratch deadline | 5 p.m. | Greensboro Aquatic Center |
| <u>Wednesday, March 19</u> | | |
| Athletic training room | 7 a.m. – ½ hour after last race | Greensboro Aquatic Center |
| Swimming warm up | 7 a.m. – 9:45 a.m. | Greensboro Aquatic Center |
| Diving warm up | 7 a.m. – 10 a.m. (open boards) | Greensboro Aquatic Center |
| | 10 a.m. – 12:15 p.m. (flighted) | Greensboro Aquatic Center |
| | 12:15 – 12:45 p.m. (event only) | Greensboro Aquatic Center |
| Swimming preliminaries | 10 a.m. | Greensboro Aquatic Center |
| Diving preliminaries | 1 p.m. | Greensboro Aquatic Center |
| Diving consolation finals | 30 minutes after prelims | Greensboro Aquatic Center |
| Swimming warm up | 4:30 p.m. – 5:45 p.m. | Greensboro Aquatic Center |
| Scratch deadline | 5 p.m. | Greensboro Aquatic Center |
| Diving warm up | 5:30 – 6:30 p.m. (open boards) | Greensboro Aquatic Center |
| Finals | 6 p.m. | Greensboro Aquatic Center |

Thursday, March 20

Athletic training room
Swimming warm up
Diving warmups

Swimming preliminaries
Diving preliminaries
Diving consolation finals
Swimming warm up
Scratch deadline
Diving warm up
Special Olympics relay
Finals

Time

7 a.m. – ½ hour after last race
7 a.m. – 9:45 a.m.
7 a.m. – 9:45 a.m. (open boards)
9:45 a.m. – 12 p.m. (flighted)
12 – 12:30 p.m. (event only)
10 a.m.
12:45 p.m.
30 minutes after prelims
4:30 p.m. – 5:45 p.m.
5 p.m.
5:30 p.m. – 6:30 p.m. (open boards)
5:45 p.m.
6 p.m.

Location

Greensboro Aquatic Center
Greensboro Aquatic Center
Greensboro Aquatic Center
Greensboro Aquatic Center
Greensboro Aquatic Center
Greensboro Aquatic Center
Greensboro Aquatic Center
Greensboro Aquatic Center
Greensboro Aquatic Center
Greensboro Aquatic Center

Friday, March 21

Athletic training room
Swimming warm up
Diving warmups

Swimming preliminaries
Diving preliminaries
Diving consolation finals
Swimming warm up
Scratch deadline
Diving warm up
Senior recognition parade
Finals

7 a.m. – ½ hour after last race
7 a.m. – 9:45 a.m.
7 a.m. – 10 a.m. (open boards)
10 a.m. – 12:15 p.m. (flighted)
12:15 – 12:45 p.m. (event only)
10 a.m.
1 p.m.
30 minutes after prelims
4:30 p.m. – 5:45 p.m.
5 p.m.
5:30 p.m. – 6:30 p.m. (open boards)
5:45 p.m.
6 p.m.

Greensboro Aquatic Center
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Greensboro Aquatic Center

Saturday, March 22

Athletic training room
Swimming warm up
Diving warm up

Swimming preliminaries
Diving preliminaries
Diving consolation finals
Swimming warm up
Diving warm up
Finals

7 a.m. – ½ hour after last race
7 a.m. – 9:45 a.m.
7 a.m. – 9:45 a.m. (open boards)
9:45 a.m. – 12 p.m. (flighted)
12 – 12:30 p.m. (event only)
10 a.m.
12:45 p.m.
30 minutes after prelims
4:30 p.m. – 5:45 p.m.
5:30 p.m. – 6:30 p.m. (open boards)
6 p.m.

Greensboro Aquatic Center
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Greensboro Aquatic Center

WARM-UP PROCEDURES**Monday, March 17**

General swimming practice
General diving practice

4 p.m. – 8 p.m.
4 p.m. – 8 p.m.

Tuesday, March 18

General swimming practice
General diving practice

8 a.m. – 8 p.m.
8 a.m. – 8 p.m.

Wednesday, March 19 - Saturday, March 22**Preliminaries**

| | |
|-----------------------|--|
| 7 a.m. – 9:15 a.m. | General warm up |
| 9:15 a.m. – 9:30 a.m. | Sprint lanes 2 and 8 (one way only) |
| | General lanes 1 and 7 |
| | Pace lanes 3, 4, 5, and 6 |
| 9:30 a.m. – 9:45 a.m. | Sprint lanes 2, 3, 7, and 8 (one way only) |
| | Pace lanes 1, 4, 5, and 6 |
| 9:45 a.m. | Clear competition pool |

Finals

| | |
|-----------------------|--|
| 4:30 p.m. – 5:15 p.m. | General warm up |
| 5:15 p.m. – 5:30 p.m. | Sprint lanes 2 and 8 (one way only) |
| | General lanes 1 and 7 |
| | Pace lanes 3, 4, 5, and 6 |
| 5:30 p.m. – 5:45 p.m. | Sprint lanes 2, 3, 7, and 8 (one way only) |
| | Pace lanes 1, 4, 5, and 6 |
| 5:45 p.m. | Clear competition pool |

The competition pool will be closed during breaks, and before and after relays. **The lane designations and times on the warm-up schedule above are subject to change.** Signage will be used, and officials will work to make sure any changes are known during warmups.

The competition pool will close after the last race. The training pool will be available for cool down for one hour after the last race. Use of stretch cords will be restricted to Lane eight in the warm-up pool and only made available upon request of a meet official or deck marshal.

NO EQUIPMENT USE IN THE COMPETITION COURSE POOL.**ORDER OF EVENTS****Preliminary sessions begin at 10 a.m.****Finals sessions begin at 6 p.m.**

| DAY 1: WEDNESDAY, MARCH 19 | | |
|---|-------------------------------------|----------------|
| WOMEN | PRELIMINARY SESSION | MEN |
| EVENT # | EVENT | EVENT # |
| 1 | 500-YARD FREESTYLE | 2 |
| 3 | 200-YARD INDIVIDUAL MEDLEY | 4 |
| 5 | 50-YARD FREESTYLE | 6 |
| <i>20-Minute Break – Starts at the conclusion of each respective gender's 50-yd freestyle event.</i> | | |
| 8 | 400-YARD MEDLEY RELAY | 9 |
| | 3-METER DIVING TRIALS (M) | 7 |
| WOMEN | FINALS SESSION | MEN |
| EVENT # | EVENT | EVENT # |
| 1 | 500-YARD FREESTYLE | 2 |
| <i>AWARDS: WOMEN'S 500-YD FREESTYLE AND MEN'S 500-YD FREESTYLE</i> | | |
| 3 | 200-YARD INDIVIDUAL MEDLEY | 4 |
| <i>AWARDS: WOMEN'S 200-YD INDIVIDUAL MEDLEY AND MEN'S 200-YD INDIVIDUAL MEDLEY</i> | | |
| 5 | 50-YARD FREESTYLE | 6 |
| <i>PRESENTATION OF DIVING FINALISTS FOLLOWED BY AWARDS: WOMEN'S 50-YD FREESTYLE AND MEN'S 50-YD FREESTYLE</i> | | |
| | 3-METER DIVING FINALS (M) | 7 |
| | <i>AWARDS: MEN'S 3-METER DIVING</i> | |
| 8 | 400-YARD MEDLEY RELAY | 9 |
| <i>AWARDS: WOMEN'S 400-YD MEDLEY RELAY AND MEN'S 400-YD MEDLEY RELAY</i> | | |

Preliminary sessions begin at 10 a.m.

Finals sessions begin at 6 p.m.

| DAY 2: THURSDAY, MARCH 20 | | |
|---|----------------------------|---------|
| WOMEN | PRELIMINARY SESSION | MEN |
| EVENT # | EVENT | EVENT # |
| 10 | 400-YARD INDIVIDUAL MEDLEY | 11 |
| 12 | 100-YARD BUTTERFLY | 13 |
| 14 | 200-YARD FREESTYLE | 15 |
| <i>20-Minute Break – Starts at the conclusion of each respective gender's 200-yd freestyle event.</i> | | |
| 17 | 200-YARD FREESTYLE RELAY | 18 |
| 16 | 1-METER DIVING TRIALS (W) | |
| WOMEN | FINALS SESSION | MEN |
| EVENT # | EVENT | EVENT # |
| 10 | 400-YARD INDIVIDUAL MEDLEY | 11 |
| <i>AWARDS: WOMEN'S 400-YD INDIVIDUAL MEDLEY AND MEN'S 400-YD INDIVIDUAL MEDLEY</i> | | |
| 12 | 100-YARD BUTTERFLY | 13 |
| <i>AWARDS: WOMEN'S 100-YD BUTTERFLY AND MEN'S 100-YD BUTTERFLY</i> | | |
| 14 | 200-YARD FREESTYLE | 15 |
| <i>PRESENTATION OF DIVING FINALISTS FOLLOWED BY AWARDS: WOMEN'S 200-YD FREESTYLE AND MEN'S 200-YD FREESTYLE</i> | | |
| 16 | 1-METER DIVING FINALS (W) | |
| <i>AWARDS: WOMEN'S 1-METER DIVING</i> | | |
| 17 | 200-YARD FREESTYLE RELAY | 18 |
| <i>AWARDS: WOMEN'S 200 FREESTYLE RELAY AND MEN'S 200 FREESTYLE RELAY</i> | | |

Preliminary sessions begin at 10 a.m.

Finals sessions begin at 6 p.m.

| DAY 3: FRIDAY, MARCH 21 | | |
|---|--|---------|
| WOMEN | PRELIMINARY SESSION | MEN |
| EVENT # | EVENT | EVENT # |
| 19 | 200-YARD MEDLEY RELAY | 20 |
| <i>10-Minute Break – Starts at the conclusion of each respective gender's 200-yd medley relay event.</i> | | |
| 21 | 200-YARD BUTTERFLY | 22 |
| 23 | 100-YARD BACKSTROKE | 24 |
| 25 | 100-YARD BREASTSTROKE | 26 |
| <i>20-Minute Break – Starts at the conclusion of each respective gender's 100-yd breaststroke event.</i> | | |
| 28 | 800-YARD FREESTYLE RELAY* | 29 |
| | <i>*Timed final event. All heats except the fastest heat. Swum slow to fast.</i> | |
| | 1-METER DIVING TRIALS (M). | 27 |
| WOMEN | FINALS SESSION | MEN |
| EVENT # | EVENT | EVENT # |
| 19 | 200-YARD MEDLEY RELAY | 20 |
| <i>AWARDS: WOMEN'S 200-YD MEDLEY RELAY AND MEN'S 200-YD MEDLEY RELAY</i> | | |
| <i>10-Minute Break – Starts at the conclusion of each gender's 200-yd medley relay event.</i> | | |
| 21 | 200-YARD BUTTERFLY | 22 |
| <i>AWARDS: WOMEN'S 200-YD BUTTERFLY AND MEN'S 200-YD BUTTERFLY</i> | | |
| 23 | 100-YARD BACKSTROKE | 24 |
| <i>AWARDS: WOMEN'S 100-YD BACKSTROKE AND MEN'S 100-YD BACKSTROKE</i> | | |
| 25 | 100-YARD BREASTSTROKE | 26 |
| <i>PRESENTATION OF DIVING FINALISTS FOLLOWED BY AWARDS: WOMEN'S 100-YD BREASTSTROKE AND MEN'S 100-YD BREASTSTROKE</i> | | |
| | 1-METER DIVING FINALS (M) | 27 |
| <i>AWARDS: MEN'S 1-METER DIVING</i> | | |
| 28 | 800-YARD FREESTYLE RELAY* | 29 |
| | <i>*Fastest seeded heat. Timed final event.</i> | |
| <i>AWARDS: WOMEN'S 800-YD FREESTYLE RELAY AND MEN'S 800-YD FREESTYLE RELAY</i> | | |

Preliminary sessions begin at 10 a.m.

Finals sessions begin at 6 p.m.

| DAY 4: SATURDAY, MARCH 22 | | |
|--|---|---------|
| WOMEN | PRELIMINARY SESSION | MEN |
| EVENT # | EVENT | EVENT # |
| 32 | 100-YARD FREESTYLE | 33 |
| 34 | 200-YARD BACKSTROKE | 35 |
| 36 | 200-YARD BREASTSTROKE | 37 |
| 20-Minute Break – Starts at the conclusion of each respective gender's 200-yd breaststroke event. | | |
| 39 | 400-YARD FREESTYLE RELAY | 40 |
| 30 | 1650-YARD FREESTYLE* <i>*Timed final event. All heats except the fastest heat. Swum fastest to slowest, alternating genders.</i> | 31 |
| 38 | 3-MEETING DIVING TIRALS (W) | |
| WOMEN | FINALS SESSION | MEN |
| EVENT # | EVENT | EVENT # |
| 30 | 1650-YARD FREESTYLE* <i>*Fastest seeded heat. Timed final event.</i> | 31 |
| AWARDS: WOMEN'S 1650-YD FREESTYLE AND MEN'S 1650-YD FREESTYLE | | |
| 32 | 100-YARD FREESTYLE | 33 |
| AWARDS: WOMEN'S 100-YD FREESTYLE AND MEN'S 100-YD FREESTYLE | | |
| 34 | 200-YARD BACKSTROKE | 35 |
| AWARDS: WOMEN'S 200-YD BACKSTROKE AND MEN'S 200-YD BACKSTROKE | | |
| 36 | 200-YARD BREASTSTROKE | 37 |
| PRESENTATION OF DIVING FINALISTS FOLLOWED BY AWARDS: WOMEN'S 200-YD BREASTSTROKE AND MEN'S 200-YD BREASTSTROKE | | |
| 38 | 3-METER DIVING FINALS (W) | |
| AWARDS: WOMEN'S 3-METER DIVING | | |
| 39 | 400-YARD FREESTYLE RELAY | 40 |
| AWARDS: WOMEN'S 400-YD FREESTYLE RELAY AND MEN'S 400-YD FREESTYLE RELAY | | |

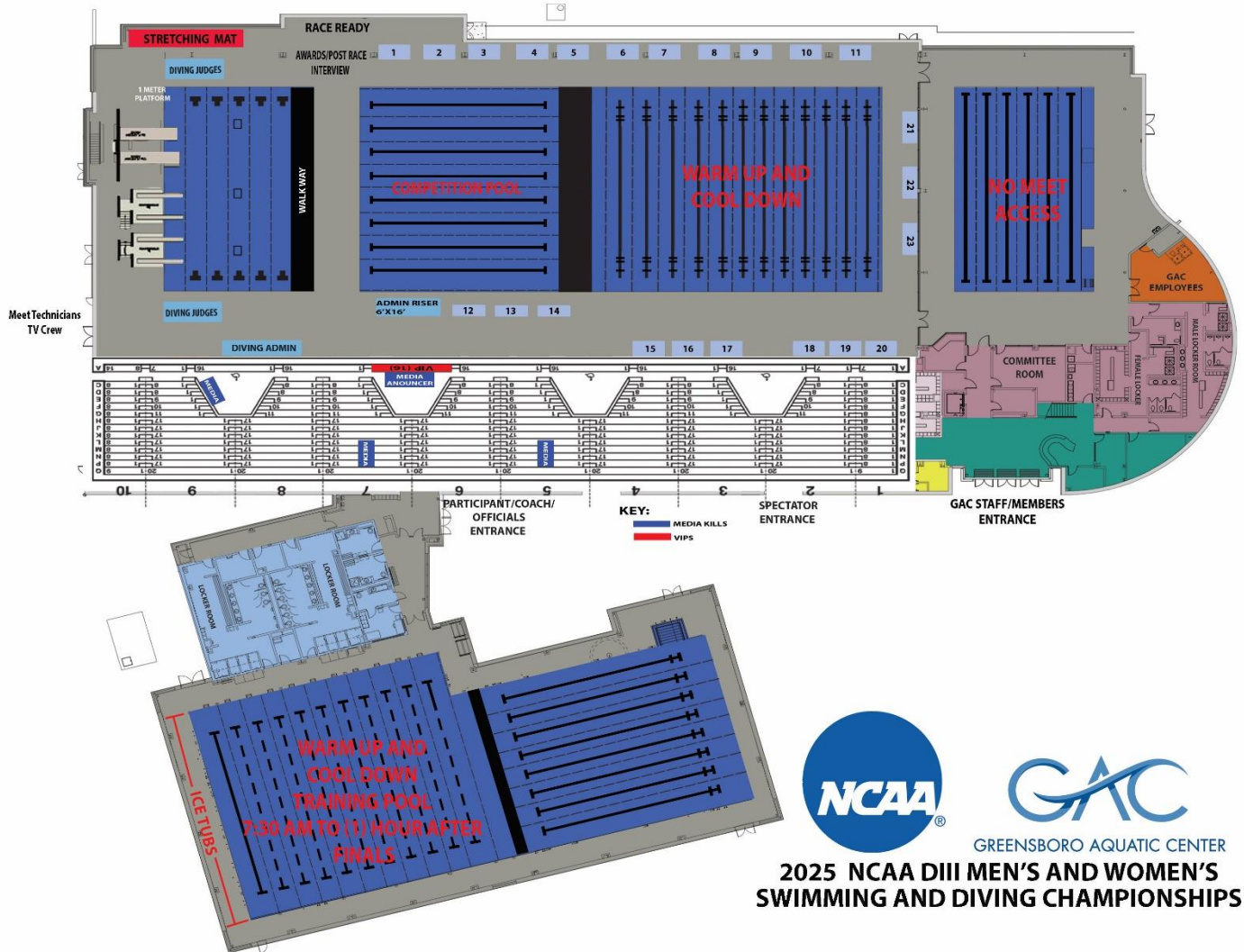
LODGING

The Hyatt Place Greensboro Downtown will serve as the host hotel for the 2025 NCAA Division III Men's and Women's Swimming and Diving Championships. The Hyatt Place Greensboro Downtown is located at 300 North Eugene Street Greensboro, North Carolina 27401.

Team lodging options are available at the following hotel properties and all room bookings are first come, first serve; the number of rooms available per location is limited.

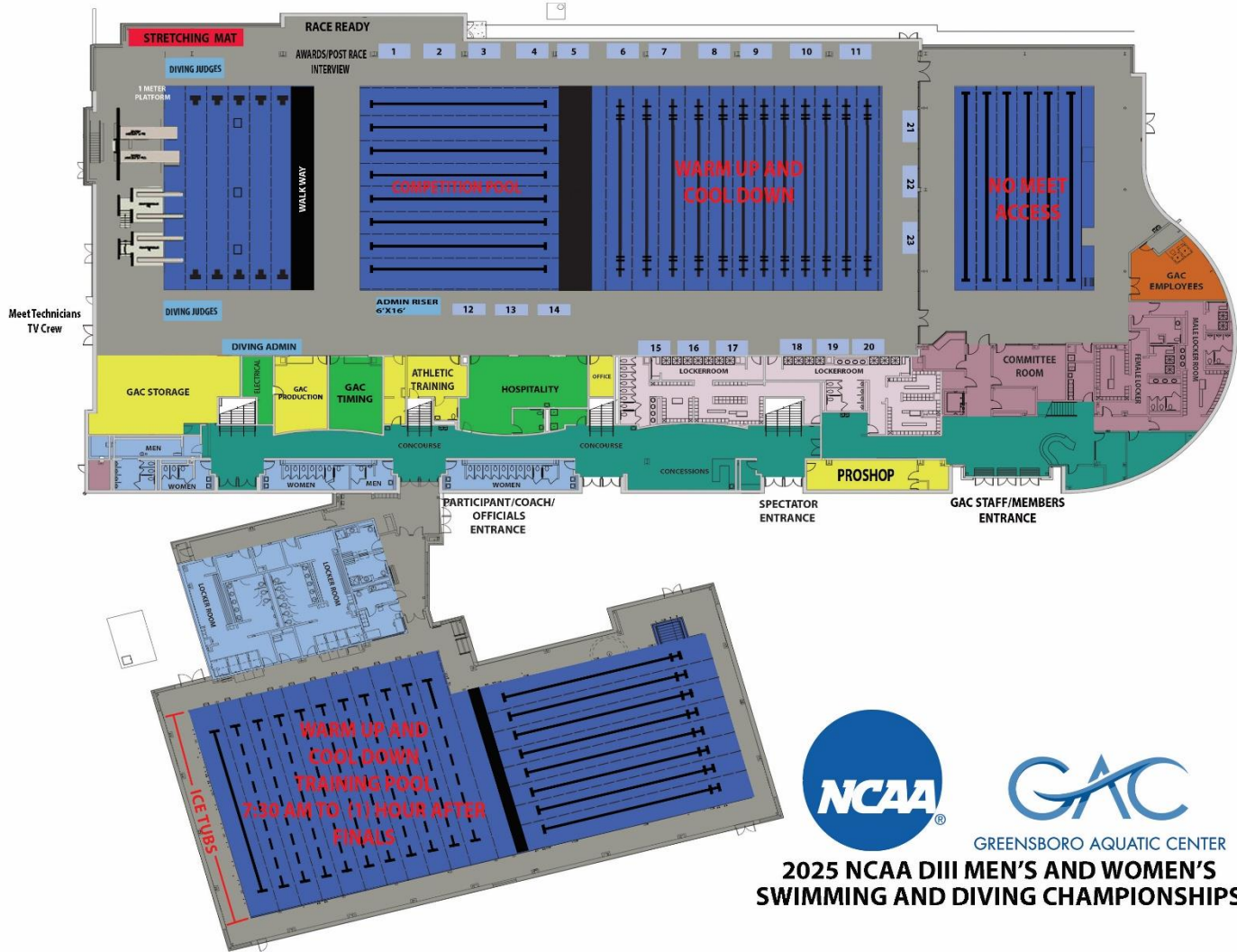
- Holiday Inn Greensboro Coliseum
- Sheraton Greensboro at Four Seasons

[CLICK HERE TO VIEW ALL HOTEL INFORMATION ON NCAA.ORG](https://www.ncaa.org/sportsworld/2025/03/22/2025-ncaa-division-iii-swimming-and-diving-championships-lodging-information)



GREENSBORO AQUATIC CENTER

2025 NCAA DIII MEN'S AND WOMEN'S SWIMMING AND DIVING CHAMPIONSHIPS



GREENSBORO AQUATIC CENTER

**2025 NCAA DIII MEN'S AND WOMEN'S
SWIMMING AND DIVING CHAMPIONSHIPS**

2025 NCAA DIII MEN'S AND WOMEN'S SWIMMING AND DIVING CHAMPIONSHIPS

Adjacent Special Events Center (SEC)

Special Event Center



AREA PARKING

NCAA Division III Swimming and Diving Championships



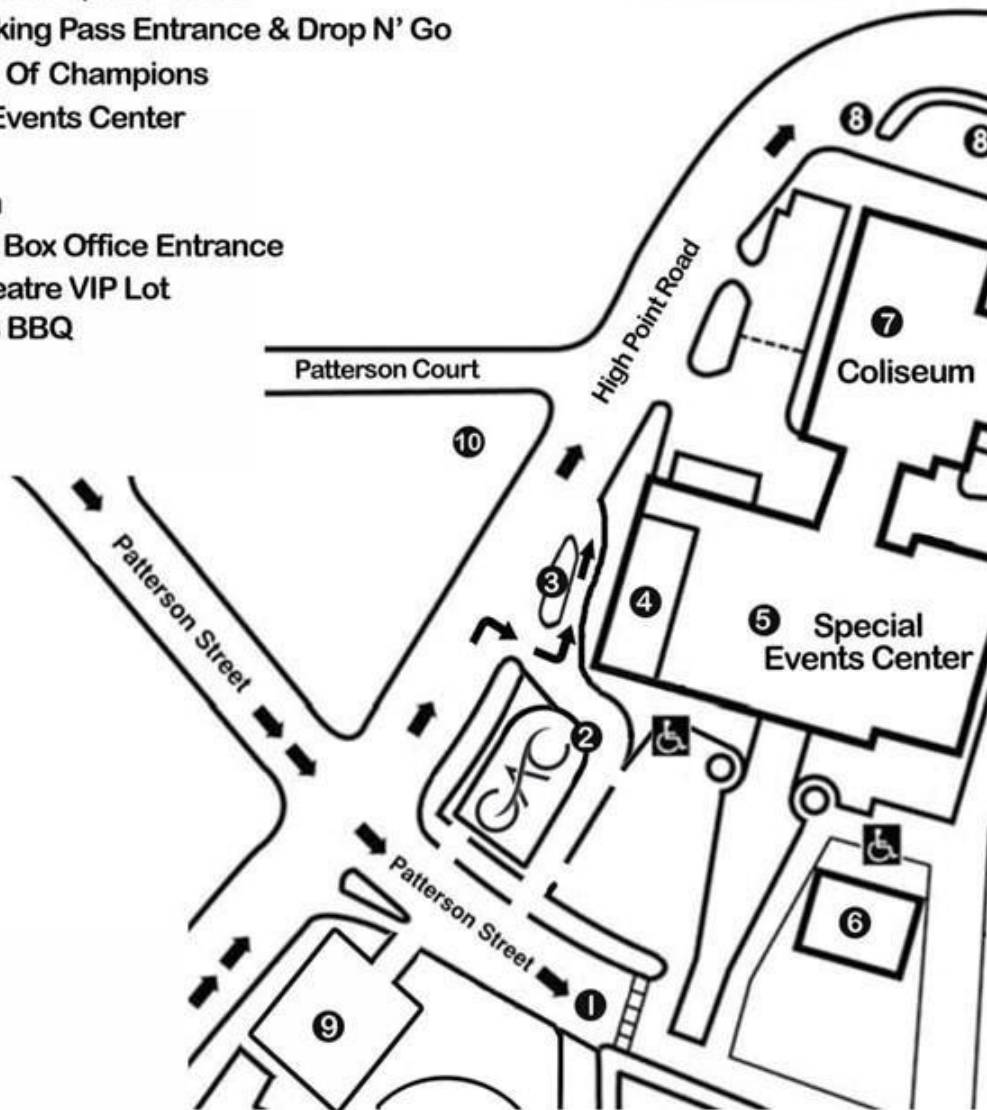
Greensboro Coliseum

PARKING



GREENSBORO AQUATIC CENTER

- ❶ GAC Parking Entrance for Parents & Spectators
- ❷ Greensboro Aquatic Center
- ❸ GAC Parking Pass Entrance & Drop N' Go
- ❹ ACC Hall Of Champions
- ❺ Special Events Center
- ❻ Pavilion
- ❼ Coliseum
- ❽ Advance Box Office Entrance
- ❾ Amphitheatre VIP Lot
- ❿ Stamey's BBQ



MEDICAL INFORMATION SHEET

Name of Athlete: _____ Birth Date: _____

Sport: _____

Social Security #: _____ Phone: _____

Home Address: _____

Father's Name: _____ Mother's Name: _____

Social Security #: _____ Social Security #: _____

Address: _____ Address: _____

Phone: _____ Phone: _____

Employer: _____ Employer: _____

Address: _____ Address: _____

Phone: _____ Phone: _____

Medical Insurance Company: _____ Medical Insurance Company: _____

Address: _____ Address: _____

Phone: _____ Phone: _____

Policy Number: _____ Policy Number: _____

ID Number: _____ ID Number: _____

Is this policy a Health Maintenance Organization (HMO) or a Preferred Provider Organization (PPO) which is limited to coverage of services provided by certain physicians?

Yes____ No____ _____ Parent's initials

Does your policy require a second opinion before surgery? Yes____ No____ _____ Parent's initials

Does your policy require prior approval for diagnostic testing (e.g., MRI's, bone scans, etc.)?

Yes____ No____ _____ Parent's initials

Does your policy have an age limit restriction for your son/daughter? Yes____ No____

If yes, what age? _____ Parent's initials