

2025 Division III Men's and Women's Swimming and Diving Championships

Diving Alternates List

Region 1

Males

1. Alexander Ligman – Kalamazoo
2. Zach Berg – UChicago
3. Jason Heisler – Baldwin Wallace

Females

1. Lu-Si Minnich – Denison
2. Hailey Westrup – Carleton
3. Jocelyn Schechter – CWRU

Region 2

Males

1. Reid Omilian – Chapman
2. Thomas Matheis – Pomona-Pitzer
3. Wyatt Wallehan – Colorado Col.

Females

1. Madison Okon – WashU
2. Maya Kriz – Emory
3. Jana Woo – Caltech

Region 3

Males

1. Elias Brandt – Tufts
2. Truman Remenicky – MIT
3. Brendan Griffiths – Merchant Marine

Females

1. Katherine Welsh – Smith
2. Malia Leung – Tufts
3. Donna Zhang – Amherst

Region 4

Males

1. Ethan Weiss – TCNJ
2. Greg Meder – SUNY Geneseo
3. Kazuki Kadota-Browner – Cortland

Females

1. Lyndia Benjamin – SUNY Geneseo
2. Kaela Springer – Rochester
3. Maya Hathorn – Ithaca College