



**GREENSBORO, NC** • Old Dominion Athletic Conference and Greensboro Aquatic Center, Hosts

# **PARTICIPANT** 2023-24 MANUAL

# 2024 NCAA Division III Swimming and Diving Championships PARTICIPANT MANUAL TABLE OF CONTENTS

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# 2024 NCAA Division III Swimming and Diving Championships GENERAL INFORMATION

#### **CHAMPIONSHIP FACILITY**

The Greensboro Coliseum Complex is proud to host the 2024 NCAA Division III Men's and Women's Swimming and Diving Championships at the Greensboro Aquatic Center in Greensboro, North Carolina. The facility address is 1921 W. Gate City Blvd., Greensboro, North Carolina 27403. Additional information about the aquatic center can be located at <a href="https://greensboroaquaticcenter.com">https://greensboroaquaticcenter.com</a>.

#### **CHAMPIONSHIP FACILITY HIGHLIGHTS**

Located on the campus of the Greensboro Coliseum Complex, the Greensboro Aquatic Center has evolved into the largest indoor aquatic center in the country (105,323-sq. feet). The competition pool is an eight lane, 50 – Meter Olympic pool with two moveable bulkheads. The Dive-well has (2) 1 meter and (2) 3 meter springboards as well as a 5 meter, 7.5 meter and 10 meter platform. The Greensboro Aquatic Center has an Omega timing system with Omega starting blocks. The facility has two Daktronics scoreboards with audio and visual capabilities. The Greensboro Aquatic Center has multiple locker rooms throughout the facility. The GAC has extensive permanent seating for just over 2,000 spectators. Since its opening in 2011, the state-of-the-art, multi-purpose, four-pool facility has compiled an impressive national event hosting resume including numerous USA Swimming, U.S. Masters, USA Diving, USA Synchro, NCAA, ACC and YMCA National Championships.

#### **CHAMPIONSHIP FACILITY COVID-19 POLICIES**

At the time of publication, Greensboro Aquatic Center has no COVID protocols.

#### NCAA DIVISION III SWIMMING AND DIVING COMMITTEE, STAFF, AND COORDINATORS

Christopher Sykes – Illinois College Nancy Carney-DeBord – Denison University Andrew Brabson – California Institute of Technology Doug Milliken – Case Western Reserve University Andrew Hendricks – Franklin College Leslie Shevlin (chair) – Willamette University Kiki Jacobs – Roger Williams University Dean Brownley – Centre College

#### SWIMMING AND DIVING STAFF AND COORDINATORS

NCAA Championship Manager – Will Hopkins NCAA Coordinator, Championships and Alliances – Mitchell Bailey NCAA Secretary Rules Editor – Greg Lockard Coordinator of Meet Entries/Times – Michelle Chaffin Coordinator of Diving Entries – Lewis Fellinger Meet Coordinator – Keith Beckett Coordinator – Peggy Carl Meet Director – David Hoover Marketing – Scott Lecnar Ticket Sales – Will Greene Media/Sports Information Contact – J.J. Nekoloff Meet Announcer- TBD Head Athletic Trainer – Ray Babnik

#### **MEET OFFICIALS**

Meet Referee – R.J. Van Almen Assistant Referee – Lucy Duncan Head Starter – Rob Stevens Assistant Starter – Rebecca Thomas Stroke and Turn Judges – Tara Maxey, Shaunna Tobin, Scott Morrison, Tom Donahue Diving Referee – Jeff Arnold Diving Judges – Julian Krug, Thomas Quinn, Donna O'Brien, Richard Wetzel, Susan Braid, John Wolsh

#### **AQUATIC CENTER PERSONNEL**

Director – David Hoover Event Manager – Andrew Niemiec Event Coordinator – Aleksey Tarasenko Lead Meet Technician – Alan Moffitt Registration/Meet Tech – Nan Stevens

#### **PARTICIPANT ENTRANCE**

All credentialed participants should enter the Greensboro Aquatic Center through the Training Pool Doors. Credentials must be visible in order to gain entry to the Greensboro Aquatic Center.

#### **ATHLETIC TRAINING ROOM**

Certified athletic trainers will be available for the entire meet. Murphy Wainer Orthopedics will provide a physician be on call for all scheduled practices and competitions. Guilford College will be providing athletic training coverage for this event.

Athletic Training: Ray Babnik – rbabnik@guilford.edu – (O): 336-316-2513

Team Physician: Dr. Bailey Meccariello (Murphy Wainer Orthopedics) - (P): 336-375-2300

The athletic training room will be open during and after practice and competition. An athletic training area will be available to all student-athletes including heat, ice bags and electric modalities. Those student-athletes requiring the use of modalities must provide written documentation from their team athletic trainer and/or team physician. If you require any special needs, contact Ray Babnik ahead of time to help arrange such services. If your team is not traveling with a certified athletic trainer and/or team physician, prior notification is appreciated in order to communicate any care. Additionally, an area located off deck outside of the locker rooms and Athletic Training Area has been designated for teams to use as a student-athlete rub-down area. See facility map. NOTE: Tables and/or massage therapists will not be provided by the hosts.

Water, POWERADE and cups will be available for all student-athletes on the pool deck as well as in the athletic training area.

Monday, March 184 p.m. - 9 p.m.Tuesday, March 197 a.m. - 6 p.m.Wednesday, March 20 7 a.m. - 10 p.m.Thursday, March 217 a.m. - 10 p.m.Friday, March 227 a.m. - 10 p.m.Saturday, March 237 a.m. - 10 p.m.

The meet physician will be on call through the athletic trainers throughout the meet. If you have specific questions or preexisting conditions, please contact the athletic trainer on site.

#### LOCKER ROOM

Locker rooms are located on East Side of the Greensboro Aquatic Center under the spectator stands as well as off the Training Pool Deck. There are four locker rooms – two for men and two for women. There are also three gender neutral changing rooms, located near the Training Pool. Only participants are permitted in the locker rooms. Restrooms are available in the on deck classrooms and concourse of the Aquatic Center. No towels and/or locker combinations will be provided.

#### **STUDENT-ATHLETE HOSPITALITY**

Powerade product as well as healthy snacks and fruit will be provided throughout the championships beginning Wednesday morning through Saturday evening.

#### VALUABLES

The Greensboro Aquatic Center and the NCAA swimming and diving committee assume no responsibility for loss of personal articles. Each competitor and coach will be responsible for his or her own property.

#### **MASSAGE AREA**

Massage tables can be set up on the shallow end of the Training Pool deck in the designated spots. Space is first-come, first-served. Massage Therapist must have a deck pass as part of the team travel party.

#### **TICKET INFORMATION**

All-session tickets for the 2024 NCAA Division III Women's and Men's Swimming and Diving Championships are available <u>https://am.ticketmaster.com/greensborocoliseum/buy?id=NjE</u>=

#### **Ticketmaster.com Sales Pricing**

- Adult: (13 years old to 64 years old)
  - All Session: \$85.00
  - o Daily: \$45.00
  - o Single Session Prelims: \$20.00
  - Single Session Finals: \$25.00
- Youth: (3 years old to 12 years old)
  - All Session: \$80.00
  - o Daily: \$35.00
  - Single Session Prelims: \$15.00
  - Single Session Finals: \$20.00
- Senior (65 +)
  - All Session: \$80.00
  - o Daily: \$35.00
  - Single Session Prelims: \$15.00
  - Single Session Finals: \$20.00

\*Age 2 and under will be admitted free.

#### Ticket Office and Guest Services Hours of Operations

Date Session		Hours of Operation	Doors Open	Event Start Time
Wed., March 20	Prelims	8 a.m. – 1:30 p.m.	9 a.m.	10 a.m.
weu., March 20	Finals	4 – 8 p.m.	5 p.m.	6 p.m.
Thur March 21	Prelims	8 a.m. – 1:30 p.m.	9 a.m.	10 a.m.
Thur., March 21	Finals	4 – 8 p.m.	5 p.m.	6 p.m.
Fri., March 22	Prelims	8 a.m. – 1:30 p.m.	9 a.m.	10 a.m.
	Finals	4 – 8 p.m.	5 p.m.	6 p.m.
Sat., March 23	Prelims	8 a.m. – 1:30 p.m.	9 a.m.	10 a.m.
Sat., March 25	Finals	4 – 8 p.m.	5 p.m.	6 p.m.

The ticket office and guest services are located at the Greensboro Aquatic Center Box Office.

#### **PROGRAMS AND HEAT SHEETS**

Digital programs can be viewed online or downloaded to mobile devices at no charge. Fans, participants, and spectators are encouraged to download the program prior to the championships at www.ncaa.com/gameprograms.

#### POLICY FOR TEAM BANNERS AND SIGNS

Teams are permitted to bring a single institutional banner or sign to display at the Aquatic Center. No sheet banners are permitted. Spectators are **not permitted** to hang any banners or signs around the pool or in the stands. Team banners should be turned into the host staff at registration. The host staff will be responsible for hanging each team's banner above or near the designated team seating area on deck. Teams that would like to retrieve their banners before the end of the championships should make arrangements at the admin table, located on deck next to the head table, at least one hour prior to departure. Near the conclusion of the championships on Saturday evening, the host staff will take down all remaining banners for teams to pick up as they exit the pool deck.

#### **VIDEOTAPING**

Institutions are permitted to videotape championships competition by their teams or their individual student-athletes for archival, coaching, or instructional purposes. Each institution is permitted to use one camera and may videotape only that portion of the competition in which it participates. The videotapes may not be used for any commercial purposes. Limited space will be available in a marked area at the top of the Grand Stands with those area(s) being designated by the Division III Men's and Women's Swimming and Diving Committee. Coaches wishing to videotape performances should plan on doing so on battery power only. **Coaches will not be allowed to plug in any cameras or battery chargers in the Aquatic Center.** 

#### WARM-UP/WARM-DOWN

Both the warm-up and competition pools will be open at the scheduled times on practice days and during the meet. Competition pool will close after the last race. The Training Pool will be available for cool down for 1 hour after the last race.

#### **RESULTS**

Final results of each session's competition will be posted in the mailboxes located directly behind the admin table. Results will be available on the main concourse for spectators. An NCAA championship webpage on NCAA.com will also post live results, team scores, and a recap after each session.

#### **COACHES MAILBOXES – INFORMATION DISTRIBUTION**

There will be mailboxes labeled with each event located in the on tables behind the admin riser.

#### **EVENT MERCHANDISE**

Event merchandise will be on sale during the championships located in the pro shop at the Greensboro Aquatic Center.

#### **Merchandise Hours of Operation:**

Monday, March 18	4:00 p.m. – 8:00 p.m.
Tuesday, March 19	7:00 a.m. – 8:00 p.m.
Wednesday, March 20	8:30 a.m. – completion of competition
Thursday, March 21	8:30 a.m. – completion of competition
Friday, March 22	8:30 a.m. – completion of competition
Saturday, March 23	8:30 a.m. – completion of competition

#### **CONCESSIONS**

Concessions offering food and beverages will be located on the main concourse of the Aquatic Center. The Greensboro Aquatic Center has gone to a cashless concessions area.

#### **MEDIA**

Media members may request credentials in advance of the championships at http://www.ncaa.com/media. Please find Division III Swimming and Diving under the Winter Sports heading. Media credential questions should be directed to J.J. Nekoloff at <u>inekoloff@oldaconline.com</u>.

#### **CHAMPIONSHIPS MATERIALS**

The NCAA has developed a website to retain key information from every member institution which may participate in an NCAA championship. The NCAA and partners (i.e. Turner/CBS, ESPN, IMG College, Van Wagner Sports & Entertainment, etc.) are required to use the site to access all logos, fight songs, rosters, photos of student-athletes, teams, coaches, administrators and campus for use on selection shows, game programs, banquet videos and video boards at NCAA championships. For this site to be completely effective, it requires full cooperation from participating institutions. Please log on to www.ncaachampionship.info (username: ncaaschools; password: ncaaftp) to upload logo and photos of participating student-athletes for your institution.

#### NCAA ACADEMIC RECOGNITION PROGRAM

The Elite 90 award is presented to the student-athlete with the highest cumulative grade-point average competing at the finals site for each of the NCAA's 90 championships. Each institution that has at least one student-athlete qualify for the finals round/site is eligible to nominate a student-athlete to win the award for that championship. All ties are broken by number of credits completed. For more information regarding this program, please contact Cameron Schuh at elite90@ncaa.org. All documents, including deadlines and nomination forms can be obtained at the following location: http://www.ncaa.org/about/resources/events/awards/elite-90-academic-recognition-award-program.

The submission deadline for nomination for NCAA Division III Men's and Women's Swimming and Diving is **5 p.m.** (Eastern) on Friday, March 15.

#### **MEDICAL SERVICES**

Student-athletes requiring physician evaluation, medications, etc., should make requests through one of the on-site athletic trainers if assistance is needed. Student-athletes must complete the medical information sheets and have them available in the event treatment is needed during the championships. An EMT will be on site throughout the Championships.

#### PARKING

Coaches, officials, and committee members will receive parking passes. All other parking will be sold through our attendants. All-session parking passes will be sold on Tuesday, 3/19 and Wednesday, 3/20 for \$20. A daily pass is available at the rate of \$8. There will be no parking charge for the practice day on Monday, 3/18.

#### WEB CAST

These championships can be viewed via a live web cast at NCAA.com.

#### **CONFIRMATION OF ENTRIES**

Registration and packet pick-up will be on the main concourse of the IU Natatorium, located next to Guest Services and the Ticket Office. Upon arrival, the coach or an official representative of the institution must register and pick up an entry list and other pertinent championships materials. The coach or representative must sign an official receipt form indicating a correct entry of the individual(s)/team as listed on the entry list.

#### **DECK PASSES/ CREDENTIALS**

Admittance to the Venue. (For championship ticket information, see page 4 of this manual.)

All institutional personnel not included in the official travel party must purchase a ticket for admittance to the venue. Only members of an institution's official travel party will be issued deck passes. The official travel party is determined by the following formula (see next page):

Women's Swimming and Diving			Men's Swimming and Divin	g
Number of Participating	Number of Deck Passes			Number of Deck Passes
Swimming and Diving	per Gender for		Number of Participating	per Gender for
Student-Athletes	Non-Student Athletes		Swimming and Diving	Non-Student Athletes
			Student-Athletes	
1-5 Swimmers	1		1-5 Swimmers	1
6-10 Swimmers	2		6-10 Swimmers	2
11-15 Swimmers	3		11-15 Swimmers	3
16 + Swimmers	4		16 + Swimmers	4
Any Diver(s)	1		Any Diver(s)	1

Access to the Deck. All individuals must have a deck pass to gain admittance to the deck. One deck pass per team (one per men's and/or one per women's teams) are available for purchase at a fee of \$55 each (cash or credit card accepted). Institutional personnel must provide photo identification and sign the deck pass at the time of pick-up. The cost to replace a lost deck pass will be \$75. Student-athletes, coaches and institutional personnel must visibly wear deck passes on deck at all times. Deck passes are non-transferable. Institutions that provide deck passes to unauthorized personnel during the championships will be fined \$100 and may be subject to additional sanctions by the NCAA Division III Swimming and Diving Committee. Athletic trainers not included in the official travel party are subject to the same restrictions.

No one is allowed to enter the facility without proper identification.

# CHAMPIONSHIP MEETINGSTuesday, March 19thDiving coaches meeting\*4 p.m.Virtual (Microsoft Teams Meeting)Swimming Coaches Meeting\*5 p.m.\*Attendance Required

#### NCAA SENIOR RECOGNITION PARADE

Coaches and/or university sports information staff are encouraged to submit high resolution head shots of qualified senior athletes to J.J. Nekoloff at <u>inekoloff@odaconline.com</u>. The photos will be used in the senior recognition presentation at the competition venue on Friday evening. Photos will be accepted from now until March 15. Any photos sent after these days are subject to exclusion from the recognition.

#### **TEAM SEATING SELECTION PROCESS**

- Institutions qualifying 10 or more student-athletes will be given the opportunity to select seating prior to the coaches meeting. Will Hopkins will contact each coach in order of selecting virtually to allow for coaches to select their seating locations.
- The institution or institutions qualifying the most number of student-athletes will select first, and selections will continue from highest down, in order, until all teams qualifying 10 or more student-athletes have selected. Ties will be broken based on the previous years combined institution points scored.

#### **SCRATCH DEADLINES**

Scratches are to be made by the coach or official representative by depositing scratch slips in the scratch box by the designated deadlines. A receipt form will be used for scratch verification. All entries not scratched will become official entries. Each coach or official representative must also submit a list of dives by the scratch deadline.

The scratch box will be located at the meet administration table on deck next to the meet operations room on the pool deck. Scratch deadlines are as follows:

Tuesday	5 p.m.	All Wednesday events
Wednesday	5 p.m.	All Thursday events
Thursday	5 p.m.	All Friday events
Friday	5 p.m.	All Saturday events

# **MEET SCHEDULE**

#### Monday, March 18

Swimming practice	4 p.m. – 9 p.m.
Diving practice	4 p.m. – 9 p.m.
Athletic training room	4 p.m. – 9 p.m.
Registration	4 p.m. – 9 p.m.

#### Tuesday, March 19

Swimming practice Diving practice Athletic training room Registration Scratch deadline Diving coaches meeting Swimming coaches meeting

#### Wednesday, March 20

Athletic training room Swimming warm up Diving warm up

Swimming preliminaries Diving preliminaries Diving consolation finals Swimming warm up Scratch deadline Diving warm up Finals

#### Thursday, March 21

Athletic training room Swimming warm up Diving warm ups

#### 7 a.m. – 5:30 p.m. 7 a.m. – 5:30 p.m. 7 a.m. – 6 p.m. 7 a.m. – 5:30 p.m. 7 a.m. – 5:30 p.m. 5 p.m. 4 p.m. 5 p.m.

Time

7 a.m. – ½ hour after last race. 7 a.m. – 9:45 a.m. 7 a.m. – 10 a.m. (open boards) 10 a.m. – 12:45 p.m. (flighted) 10 a.m. 12:45 p.m. Immediately after prelims 4:30 p.m. – 5:45 p.m. 5 p.m. 5:30 – 6:30 p.m. (open boards) 6 p.m.

7 a.m. – ½ hour after last race 7 a.m. – 9:45 a.m. 7 a.m. – 10 a.m. (open boards)

Greensboro Aquatic Center
Greensboro Aquatic Center
Greensboro Aquatic Center
Greensboro Aquatic Center

Location

Greensboro Aquatic Center Virtual (Microsoft Teams) Virtual (Microsoft Teams)

Greensboro Aquatic Center Greensboro Aquatic Center

Greensboro Aquatic Center Greensboro Aquatic Center Greensboro Aquatic Center Swimming preliminaries Diving preliminaries Diving consolation finals Swimming warm up Scratch deadline Diving warm up Finals

#### Friday, March 22

Athletic training room Swimming warm up Diving warm ups

Swimming preliminaries Diving preliminaries Diving consolation finals Swimming warm up Scratch box Diving warm up Senior night Finals

#### Saturday, March 23

Athletic training room Swimming warm up Diving warm up

Swimming preliminaries Diving preliminaries Diving consolation finals Swimming warm up Diving warm up Finals 10 a.m. – 1 p.m. (flighted) 10 a.m. 1 p.m. Immediately after prelims 4:30 p.m. – 5:45 p.m. 5 p.m. 5:30 p.m. – 6:30 p.m. (open boards) 6 p.m.

7 a.m. - ½ hour after last race
7 a.m. - 9:45 a.m.
7 a.m. - 10 a.m. (open boards)
10 a.m. - 12:45 p.m. (flighted)
10 a.m.
12:45 p.m.
Immediately after prelims
4:30 p.m. - 5:45 p.m.
5 p.m.
5:30 p.m. - 6:30 p.m. (open boards)
5:45 p.m.
6 p.m.

Greensboro Aquatic Center Greensboro Aquatic Center

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7 a.m. – ½ hour after last race
7 a.m. – 9:45 a.m.
7 a.m. – 10 a.m. (open boards)
10 a.m. – 1 p.m. (flighted)
10 a.m.
1 p.m.
Immediately after prelims
4:30 p.m. – 5:45 p.m.
5:30 p.m. – 6:30 p.m. (open boards)
6 p.m.

Greensboro Aquatic Center Greensboro Aquatic Center

#### WARM UP PROCEDURES

#### Monday, March 18

General swimming practice General diving practice 4 p.m. – 8:00 p.m. 4 p.m. – 8:00 p.m.

#### Tuesday, March 19

9:30 a.m. - 9:45 a.m.

General swimming practice General diving practice 7 a.m. – 8:00 p.m. 7 a.m. – 8:00 p.m.

#### Wednesday, March 20 - Saturday, March 23

General warm u	р
Sprint lanes	1 and 8 (one way only)
General lanes	2 and 7
Pace lanes	3, 4, 5, and 6
Sprint lanes	1, 2, 7, and 8 (one way only)
Pace lanes	3, 4, 5, and 6

9:45 a.m.	Clear competition pool		
<b>Finals</b> 4:30 p.m. – 5:15 p.m. 5:15 p.m. – 5:30 p.m.	General warm up Sprint lanes 1 and 8 (one way only) General lanes 2 and 7		
	Pace lanes	3, 4, 5, and 6	
5:30 p.m. – 5:45 p.m.	Sprint lanes Pace lanes	1, 2, 7, and 8 (one way only) 3, 4, 5, and 6	
5:45 p.m.	Clear competitio	on pool	

NOTE: The competition pool will be closed during breaks and before and after relays. **The lane designations and times on the warm-ups schedule above are subject to change.** Signage will be used and officials will work to make sure any changes are known during warm-ups.

Competition pool will close after the last race. The Training Pool will be available for cool down for 1 hour after the last race .Use of stretch cords will be restricted to Lane 8 in the warm-up pool and only made available upon request of a meet official or deck marshal.

#### NO EQUIPMENT USE IN THE COMPETITION COURSE POOL.

### ORDER OF EVENTS

iminary sessions beg		nals sessions begin at 6 p
	DAY 1: WEDNESDAY, MARCH 20	
MEN	PRELIMINARY SESSION	WOMEN
EVENT #	EVENT	EVENT #
1	500-YARD FREESTYLE	2
3	200-YARD INDIVIDUAL MEDLEY	4
5	50-YARD FREESTYLE	6
20-Min	ute Break – Starts at the conclusion of each respective gender's 50-yd free	style event.
8	200-YARD MEDLEY RELAY	9
7	3-METER DIVING TRIALS (M)	
MEN	FINALS SESSION	WOMEN
EVENT #	EVENT	EVENT #
1	500-YARD FREESTYLE	2
	AWARDS: WOMEN'S 500-YD FREESTYLE AND MEN'S 500-YD FREESTYLE	
3	200-YARD INDIVIDUAL MEDLEY	4
AWAR	DS: WOMEN'S 200-YD INDIVIDUAL MEDLEY AND MEN'S 200-YD INDIVIDUA	AL MEDLEY
5	50-YARD FREESTYLE	6
PRESENTATION OF DI	VING FINALISTS FOLLOWED BY AWARDS: WOMEN'S 50-YD FREESTYLE AND	MEN'S 50-YD FREESTYLE
7	3-METER DIVING FINALS (M)	
	AWARDS: MEN'S 3-METER DIVING	
8	200-YARD MEDLEY RELAY	9
•		

#### Preliminary sessions begin at 10 a.m.

#### DAY 2: THURSDAY, MARCH 21 MEN PRELIMINARY SESSION WOMEN EVENT # **EVENT** EVENT # 10 200-YARD FREESTYLE RELAY 11 10-Minute Break – Starts at the conclusion of each respective gender's 200-yd freestyle relay event. **400-YARD INDIVIDUAL MEDLEY** 12 13 **100-YARD BUTTERFLY** 14 15 200-YARD FREESTYLE 16 17

Finals sessions begin at 6 p.m.

20-Minut	e Break – Starts at the conclusion of each respective gender's 200-yd free	style event.
19	400-YARD MEDLEY RELAY	20
	1-METER DIVING TRIALS (W)	18
MEN	FINALS SESSION	WOMEN
EVENT #	EVENT	EVENT #
10	200-YARD FREESTYLE RELAY	11
AWA	RDS: WOMEN'S 200-YD FREESTYLE RELAY AND MEN'S 200-YD FREESTYLE	RELAY
12	400-YARD INDIVIDUAL MEDLEY	13
AWARD	S: WOMEN'S 400-YD INDIVIDUAL MEDLEY AND MEN'S 400-YD INDIVIDUA	AL MEDLEY
14	100-YARD BUTTERFLY	15
	AWARDS: WOMEN'S 100-YD BUTTERFLY AND MEN'S 100-YD BUTTERFL	Y
16	200-YARD FREESTYLE	17
PRESENTATION OF DIVIN	IG FINALISTS FOLLOWED BY AWARDS: WOMEN'S 200-YD FREESTYLE AND	MEN'S 200-YD FREESTYLE
	1-METER DIVING FINALS (W)	18
	AWARDS: WOMEN'S 1-METER DIVING	
19	400-YARD MEDLEY RELAY	20
	AWARDS: WOMEN'S 400 MEDLEY RELAY AND MEN'S 400 MEDLEY RELA	Y

Preliminary sessions begin at 10 a.m.

Finals sessions begin at 6 p.m.

	DAY 3: FRIDAY, MARCH 22	
MEN	PRELIMINARY SESSION	WOMEN
EVENT #	EVENT	EVENT #
21	200-YARD BUTTERFLY	22
23	100-YARD BACKSTROKE	24
25	100-YARD BREASTSTROKE	26
20-Minu	ite Break – Starts at the conclusion of each respective gender's 100-yd breastst	roke event.
28	800-YARD FREESTYLE RELAY*	29
	*Timed final event. All heats except the fastest heat. Swum slow to fast.	
27	1-METER DIVING TRIALS (M)	
MEN	FINALS SESSION	WOMEN
EVENT #	EVENT	EVENT #
21	200-YARD BUTTERFLY	22
	AWARDS: WOMEN'S 200-YD BUTTERFLY AND MEN'S 200-YD BUTTERFLY	
23	100-YARD BACKSTROKE	24
	AWARDS: WOMEN'S 100-YD BACKSTROKE AND MEN'S 100-YD BACKSTROKE	-
25	100-YARD BREASTSTROKE	26
PRESENTATION OF D	IVING FINALISTS FOLLOWED BY AWARDS: WOMEN'S 100-YD BREASTSTROKE AND MEN'	S 100-YD BREASTSTROKE
27	1-METER DIVING FINALS (M)	
	AWARDS: MEN'S 1-METER DIVING	
28	800-YARD FREESTYLE RELAY*	29
	*Fastest seeded heat. Timed final event.	
	AWARDS: WOMEN'S 800 FREESTYLE RELAY AND MEN'S 800 FREESTYLE RELA	γ

#### Preliminary sessions begin at 10 a.m.

Finals sessions begin at 6 p.m.

1		· · · · · · · · · · · · · · · · · · ·
	DAY 4: SATURDAY, MARCH 23	
MEN	PRELIMINARY SESSION	WOMEN
EVENT #	EVENT	EVENT #
32	100-YARD FREESTYLE	33
34	200-YARD BACKSTROKE	35
36	200-YARD BREASTSTROKE	37
20-Minute	Break – Starts at the conclusion of each respective gender's 200-yd brea	ststroke event.
39	400-YARD FREESTYLE RELAY	40
30	1650-YARD FREESTYLE*	31
	*Timed final event. All heats except the fastest heat. Swum fastest to slowest, alternating genders.	

	3-METER DIVING TRIALS (W)	38
MEN	FINALS SESSION	WOMEN
EVENT #	EVENT	EVENT #
30	1650-YARD FREESTYLE*	31
	*Fastest seeded heat. Timed final event.	
	AWARDS: WOMEN'S 1650-YD FREESTYLE AND MEN'S 1650-YD FREESTYL	LE
32	100-YARD FREESTYLE	33
	AWARDS: WOMEN'S 100-YD FREESTYLE AND MEN'S 100-YD FREESTYLE	E
34	200-YARD BACKSTROKE	35
	AWARDS: WOMEN'S 200-YD BACKSTROKE AND MEN'S 200-YD BACKSTRO	ОКЕ
36	200-YARD BREASTSTROKE	37
PRESENTATION OF L	IVING FINALISTS FOLLOWED BY AWARDS: WOMEN'S 200-YD BREASTSTROKE AND MI	EN'S 200-YD BREASTSTROKE
	3-METER DIVING FINALS (W)	38
	AWARDS: WOMEN'S 3-METER DIVING	
39	400-YARD FREESTYLE RELAY	40
	AWARDS: WOMEN'S 400 FREESTYLE RELAY AND MEN'S 400 FREESTYLE RE	LAY

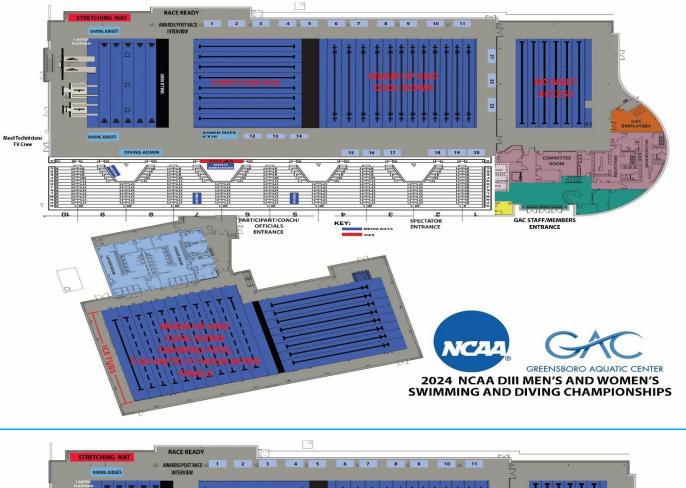
# **LODGING**

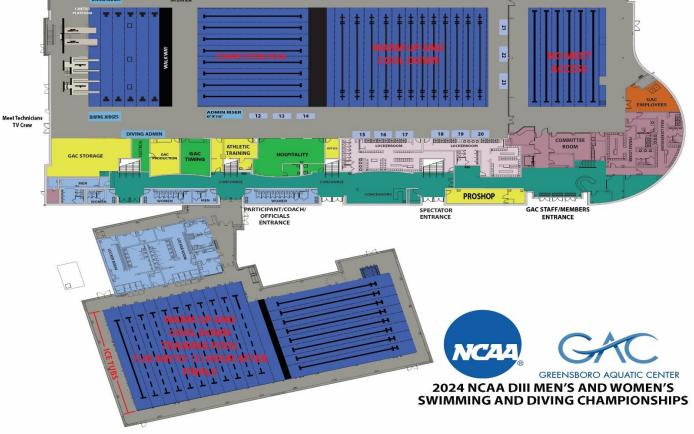
The Holiday Inn Greensboro Coliseum will serve as the host hotel for the 2024 NCAA Men's and Women's Swimming and Diving Championships. The Holiday Inn Greensboro Coliseum is located at 3005 West Gate City Boulevard, Greensboro, North Carolina 27403.

Team lodging options are available at the following hotel properties and all room bookings are first come, first serve; the number of rooms available per location is limited.

- Holiday Inn Greensboro Coliseum
- Sheraton Greensboro at Four Seasons

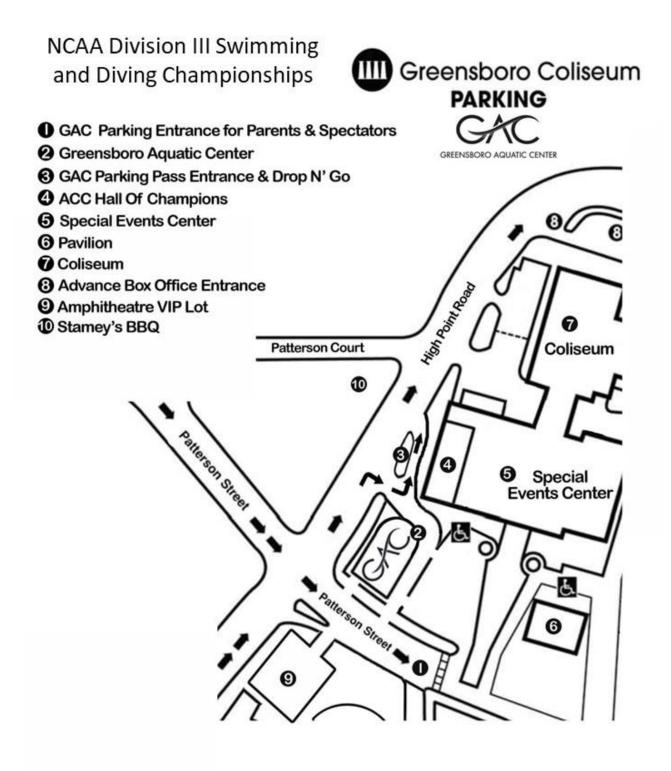
**CLICK HERE TO VIEW ALL HOTEL INFORMATION ON NCAA.ORG** 







# **AREA PARKING**



# **MEDICAL INFORMATION SHEET**

Name of Athlete:	Birth Date:
Sport:	
Social Security #:	Phone:
Home Address:	
Father's Name:	Mother's Name:
Social Security #:	Social Security #:
Address:	Address:
Employer:	Employer:
Address:	_ Address:
Phone:	Phone:
Medical Insurance Company:	_ Medical Insurance Company:
	·

# **MEDICAL INFORMATION SHEET**

Name of Athlete:	Birth Date:	
Sport:		
Social Security #:	Phone:	
Home Address:		
Father's Name:	Mother's Name:	
Social Security #:	Social Security #:	
Address:	Address:	
Employer:	Employer:	
Address:	Address:	
Phone:	Phone:	
Medical Insurance Company:	Medical Insurance Company:	
Address:	Address:	
Phone:	Phone:	
Policy Number:	Policy Number:	
ID Number:	ID Number:	
Is this policy a Health Maintenance Organization (H of services provided by certain physicians?	IMO) or a Preferred Provider Organization (PPO) which is limited to c	overage
Yes No Parent's initials		
Does your policy require a second opinion before s	urgery? Yes No	
Parent's initials		
Does your policy require prior approval for diagnos	tic testing? (e.g., MRI's, bone scans, etc.)	
Yes No Paren	t's initials	
Does your policy have an age limit restriction for yo	pur son/daughter? Yes No	
If yes, what age?	Parent's initials	