



**2024 Division III
Midwest/South/West Diving
Regional
Participant Manual**

Hosted by Trinity University (TX)

Alamo Heights Natatorium

March 1st and 2nd, 2024

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Dear Coach:

We are pleased to welcome you and your team to San Antonio and the 2024 NCAA Division III Midwest/South/West Diving Regional. This event annually features some of the most outstanding diving student-athletes in the country. We are grateful to our partners at Alamo Heights ISD Natatorium for hosting this event.

Our staff along with the AHISD Natatorium staff have worked hard to prepare for this event and we pledge to do all we can to provide an outstanding competitive experience for you and your student-athletes. If there is anything we can do to make your stay more enjoyable, please do not hesitate to contact our event management staff.

Sincerely,

Seth Asbury
Associate Director of Athletics for Facilities & Event Management
Trinity University (TX)

CHAMPIONSHIPS PERSONNEL

| | | | |
|---|----------------------------|--------------------------|--|
| <u>NCAA Representative</u> | <u>Office Phone</u> | <u>Cell Phone</u> | <u>E-Mail</u> |
| Will Hopkins, Associate Director of Championships | 317-917-6779 | 317-363-0843 | whopkins@ncaa.org |
| Mitchell Bailey, Coordinator of Championships | 317-917-6779 | 317-363-0843 | mbailey@ncaa.org |
| <u>NCAA Site Representative</u> | <u>Office Phone</u> | <u>Cell Phone</u> | <u>E-Mail</u> |
| Amy Crayne | N/a | 916-996-5201 | acrayne@laverne.edu |

TRINITY UNIVERSITY ATHLETICS CONTACT INFORMATION

| Name | Office | Cell | Email |
|---|----------------|----------------|--|
| Bob King, Director of Athletics | (210) 999-8237 | | TUAthleticDirector@trinity.edu |
| Stacey Lenderman, Senior Admin Support Specialist | (210) 999-8237 | | slenderm@trinity.edu |
| Seth Asbury, Assoc. AD | (210) 999-7823 | (210) 722-7773 | sasbury@trinity.edu |
| Justin Parker, SID | (210) 999-8447 | | jparker@trinity.edu |
| Peyton Thibault, Asst. SID | | (740) 516-3059 | pthibaul@trinity.edu |
| Marc Powell, Head Athletic Trainer | (210) 999-8434 | (210) 240-9160 | mpowell@trinity.edu |
| Tommy Law, Head Diving Coach | (210) 999-7705 | (210) 834-2274 | tlaw@trinity.edu |
| Cathleen Pruden, Head Swimming Coach | (210) 999-8434 | (919) 986-9968 | cpruden@trinity.edu |
| Ashley Martinez, Assistant Athletic Trainer | (210) 999-8574 | (830) 734-0155 | amarti19@trinity.edu |

Alamo Heights Natatorium Staff Facility Phone Number (210) 832-5866

Charly Collins (310) 809-6290 ccollins@ahisd.net - Computer Operator

Garrett Nelson (864) 908-9727 gnelson@ahisd.net - Facilities Coordinator

Norm Collins (210) 724-8855 ncollins@ahisd.net - Aquatics Director

ORDER OF EVENTS

2024 (Even Years – All Regions)

DAY 1 Men's 3M & Women's 1M

DAY 2 Men's 1M & Women's 3M

Odd Years – All Regions

DAY 1 Women's 3M & Men's 1M

DAY 2 Women's 1M & Men's 3M

SCHEDULE OF EVENTS

(All times are local unless otherwise stated)

Friday, March 1

10:30 a.m. Boards open for warm up
10:00 a.m. Coaches meeting- Conference Room
2:00 p.m. Competition begins

Saturday, March 2

8:30 a.m. Boards open for warm up
12:00 p.m. Competition begins

WARM-UP SCHEDULE

Participants – 21 or more divers

| Friday | Saturday | |
|------------------|------------------|----------------------------|
| 10:00 a.m. | - | Coaches meeting |
| 10:30-11:30 a.m. | 8:30-9:30 a.m. | Open warm-up |
| 11:30-Noon | 9:30-10:00 a.m. | Flight one warm-up |
| Noon-12:30 p.m. | 10:00-10:30 a.m. | Flight two warm-up |
| 12:30-1:00 p.m. | 10:30-11:00 a.m. | Flight three warm-up |
| 1:00-1:45 p.m. | 11:00-11:45 a.m. | Open warm-up |
| 1:45-2:00 p.m. | 11:45-Noon | Boards closed |
| 2:00 p.m. | Noon | Diving competition starts. |

Participants – 20 or fewer divers

| Friday | Saturday | |
|-----------------|------------------|--|
| 10:00 a.m. | - | Coaches meeting <i>This may be moved to 10:30 a.m. if notice is given before Thursday of Regionals week</i> |
| 11:00-Noon | 9:00-10:00 a.m. | Open warm-up |
| Noon-12:30 p.m. | 10:00-10:30 a.m. | Flight one warm-up |
| 12:30-1:00 p.m. | 10:30-11:00 a.m. | Flight two warm-up |
| 1:00-1:45 p.m. | 11:00-11:45 a.m. | Open warm-up |
| 1:45-2:00 p.m. | 11:45-Noon | Boards closed |
| 2:00 p.m. | Noon | Diving competition starts. |

***Please note: At the conclusion of the first event, the boards will open for one hour to accommodate an event warm up for the second event. The boards will then be cleared after one hour, in preparation for the second event. This event will begin 75 minutes after the conclusion of the first event. Please note that only divers entered in the event will be permitted to participate in this event warm up.**

QUALIFYING PROCEDURES

Divers will qualify for the NCAA championships based on performances at their respective regional meet.

Qualifying Procedures

Each regional diving meet will be given a fixed number of NCAA championship qualifiers to ensure equitable access opportunities. This number will be determined by the number of divers eligible to compete in a given region who have submitted all necessary information to compete in regional competition. At the end of the qualification period, all divers eligible to compete in a regional meet, as determined by the criteria listed, will be assigned to their geographic region. The number of eligible divers at each region will be divided by the total number of eligible divers at all regions then multiplied by 24 for men and 29 for women to determine the ratio for assigned qualification spots. Regardless of ratios, no region will have less than two qualifiers. **The regional qualification allocation shall be posted on ncaa.org by Thursday, February 29th, 2024.** Qualifiers for the NCAA Division III Men’s and Women’s Swimming and Diving Championships will be determined through the processes listed on page 18 of this manual.

Number of Qualifying Spots per Regional for 2024

| <u>Women</u> | | <u>Men</u> | |
|---------------------|---|-------------------|---|
| Region 1 | 8 | Region 1 | 6 |
| Region 2 | 8 | Region 2 | 7 |
| Region 3 | 8 | Region 3 | 6 |
| Region 4 | 5 | Region 4 | 5 |

LODGING/ TRANSPORTATION

All major hotels are conveniently located around the airport as well as downtown. Natatorium is approximately 1 mile from the airport and 8 miles from The Alamo. Remember The Alamo.

All major airlines and rental car companies are available to San Antonio International Airport (SAT).

DIRECTIONS & PARKING/DROP-OFF

Alamo Heights Natatorium

705 Trafalgar Rd San Antonio, TX 78215

To Athletic Complex

Drivers using GPS can input 705 Trafalgar Rd San Antonio, TX 78215 to locate the natatorium. This will take you to the parking lot for the facility.

From San Antonio International Airport

Head West on South Terminal Drive

In .2 miles take a slight right turn onto US-281 North

In .4 miles take a sharp left turn onto Jones Maltsberger Rd

In .3 miles turn right onto Trafalgar Rd

The parking lot will be immediately on your right

Alamo Heights Natatorium

Alamo Heights Natatorium: The Natatorium is a 36 meter x 25 yard pool with a competitive configuration of 25 yards with 8 lanes with 3-4 lanes for warm-up/cool-down. Competitive pool is 7 feet deep with sloping to 13 feet.. Diving well is equipped with 2-1m Duraflex (2020 boards) on Durafim stands, and 2-3m Duraflex (2020) boards on Durafim stands. Diving well is 13 feet deep.



TEAM PARKING/ENTRANCE

Team and Fan Parking

Parking is free and available in the lot in front of the pool, as well as on surrounding streets.

PARKING MAP



CREDENTIALS

Lanyard credentials will be issued to all coaches, athletic trainers and other staff listed in the official travel party. Student-athletes will receive bag-tag credentials in the coaches' packet at the Wednesday afternoon coaches' meeting. Credentials will gain staff and student-athletes access to areas closed to spectators, such as the pool deck. **Credentials must be worn at all times while on-site.**

Please fill out the Team Travel Party Form (Pages 16-17) to ensure we have the proper number of credentials made for your staff upon arrival.

COACHES' MEETING

A mandatory coaches' meeting will be held Friday, March 1st at 10 a.m. at the Alamo Heights Natatorium- Meeting Room. Each coach will receive their championships packet containing credentials and updated information pertinent to the championships at this meeting. The judges' panel will be determined by random selection in this meeting.

DRUG TESTING

All student-athletes may be subject to NCAA drug testing at all NCAA championships or in conjunction with all postseason certified events. The goal of the drug-testing program is to provide safe, fair and equitable competition as well as to protect the health and safety of all NCAA student-athletes participating in NCAA championships and postseason certified events. Additional information regarding the NCAA's championship drug-testing program is located at www.ncaa.org/drugtesting.

EMERGENCY CONTACTS

Emergency:

911

City of Alamo Heights Police Department Non-Emergency (210) 822-3321

City of San Antonio Police Department Non-Emergency (210) 207- SAPD
(210-207-7273)

HOSPITALITY

Hospitality will be available to all student-athletes, coaches and team personnel.

Snacks and drinks will be provided throughout the competition.

***All hospitality areas will require credentials to access.*

LOCKERS

Team locker rooms are located right outside of the pool area. The entrance will be available through the entrance side of the pool deck. Participating teams will not have assigned lockers.

All participants will be responsible for their personal items. Team bags can be placed on or under team bleachers on the pool deck. The host site is not responsible for lost or stolen items.

MEDIA INFORMATION

Event Results

Trinity University Sports Information will coordinate results and webcast at trinitytigers.com

Credentials

All media members and SIDs interested in covering the championships should submit requests to Justin Parker, jparker@trinity.edu. Justin will individually work with each media personnel to distribute media credentials.

General Information

- The media work area will be in the Conference Room.
- There will be no designated interview area. Please contact Justin Parker (jparker@trinity.edu) to make any interview requests.

MEDICAL INFORMATION

A certified athletic trainer will be located on deck during competition. Throughout scheduled practice and warm-ups times a certified athletic trainer will be available.

If your team is traveling without a certified athletic trainer, advance notice is appreciated. In addition, all teams whether traveling with or without a

certified athletic trainer should bring a fully stocked medical bag with all necessary supplies as well as a letter for all electrical modality use. Water, ice bags, cups and biohazard supplies will be provided on your bench. Emergency supplies including an AED, crutches, splints, spine board, etc., will also be available should the need arise. A team physician will be on call for all events and can be reached through one of our staff athletic trainers. The Trinity University athletic training staff will try to accommodate all reasonable requests. If you need any additional supplies or information, or if we can be of service to you in any way, please do not hesitate to contact a staff member.

Local Hospitals:

Christus Santa Rosa 333. N. Santa Rosa San Antonio, TX 78207 (210) 704-2361

Metropolitan Methodist 1310 McCullough Ave. San Antonio, TX 78212 (210) 757-2200

Methodist Hospital 7700 Floyd Curl San Antonio, TX 78229 (210) 575-4000

MERCHANDISE

Event1 is the official merchandiser for NCAA championships. Merchandise will be available at the entrance to the pool starting 60 minutes prior to the start of the day's events. It will remain open throughout competition.

UNIFORMS

Regulations regarding uniforms for divers are detailed in Rule 3 of the NCAA Swimming and Diving Rules Book. **If a student-athlete competes in an illegal swimsuit, that student-athlete shall be disqualified from that event.**

VIDEOTAPING

Videotaping for personal use is permitted if it does not interfere with spectators or media. Each participating team is permitted to have one person tape competition with a single camera for institutional purposes only. Flash photography is prohibited.

NCAA Regional Judging Panel Selection Form

*Use this form to aid in the selection of judges for each day/event. (Makes copies as necessary.)

1. Fill out the respective Regional form as names are pulled.
2. Identify the number of institutions competing/judges available; this will determine the number of judges need.
3. Draw names by random selection and complete the respective column.
4. Head Referee will be hired by host sites and used as Head Referee and Judge for all Panels.
5. The Head Referee will name an assistant Referee for each panel.
6. If a coach coaches 2 institutions, a representative from both institutions will be in the judging pools. However, both representatives cannot serve on the same panel. The selection process in this instance will be following:
 - a. Both institutions are entered into the selection pool.
 - b. For the 6-12 judge panels, once one institution is selected for Panel A, the other institution is automatically put on Panel B or vice versa. (There is no opportunity for the 2nd institution to be selected for Panel A&B).
 - c. In the 13+ judge panel, once one institution is selected for Panel A, the 2nd institution is taken out of consideration for Panel A. The second institution is then put back out for selection for Panel B.

If neither institution is selected for Panel A, once one is selected for Panel B, the other institution is removed from the pool.

The NCAA Rep on site will manage the Judges Selection process.

| | 6 Judges | 7 Judges | 8 Judges | 9 Judges | 10 Judges | 11 Judges | 12 Judges |
|----------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| Head Referee | Panel A & B | Panel A & B | Panel A & B | Panel A & B | Panel A & B | Panel A & B | Panel A & B |
| Selection 1 | Panel A & B | Panel A | Panel A | Panel A | Panel A | Panel A | Panel A |
| Selection 2 | Panel A & B | Panel B | Panel A | Panel A | Panel A | Panel A | Panel A |
| Selection 3 | Panel A & B | Panel A & B | Panel B | Panel A | Panel A | Panel A | Panel A |
| Selection 4 | Panel A & B | Panel A & B | Panel B | Panel B | Panel A | Panel A | Panel A |
| Selection 5 | Panel A & B | Panel A & B | Panel A & B | Panel B | Panel B | Panel A | Panel A |
| Selection 6 | Panel A & B | Panel A & B | Panel A & B | Panel B | Panel B | Panel B | Panel A |
| Selection 7 | | Panel A & B | Panel A & B | Panel A & B | Panel B | Panel B | Panel B |
| Selection 8 | | | Panel A & B | Panel A & B | Panel B | Panel B | Panel B |
| Selection 9 | | | | Panel A & B | Panel A & B | Panel B | Panel B |
| Selection 10 | | | | | Panel A & B | Panel B | Panel B |
| Selection 11 | | | | | | Panel A & B | Panel B |
| Selection 12 | | | | | | | Panel B |
| Selection 13+ | | | | | | | |

Judging Rounds:

- Panel A (Rounds 1-3)**
- Panel B (Rounds 4-5)**
- Panel A (Rounds 6-8)**
- Panel B (Rounds 9-11)**

TEAM TRAVEL PARTY FORM (Page 1 of 2)

Institution: _____

Contact Prior to Arrival:

Name/Title: _____

Office Phone: _____

Cell Phone: _____

Approx. Practice Time Tuesday: _____

Transportation and Accommodations:

Arrival Date: _____ Time: _____

Hotel: _____

Ground Transportation (on-site):

Vans: _____

** Limited number of reserved spaces available
(one van/car permit will be provided)

Air Travel:

Airline: _____

Flight #: _____

Athletic Training:

Will your team bring a massage table?

_____ Yes _____ No

Coaches' Meeting:

Number attending coaches' meeting: _____

Official Travel Party:

Diving Coach: _____

Cell Phone: _____

Assistant Coach: _____

Athletic Trainer: _____

Cell Phone: _____

Administrator (if traveling): _____

Cell Phone: _____

Media Relations: _____

Cell Phone: _____

Drug Testing: _____

Cell Phone: _____

Other (Please Specify): _____

TEAM TRAVEL PARTY FORM (Page 2 of 2)

Institution: _____

Student-Athletes:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____

**Due Wednesday, Feb. 21st by midnight to Trinity Assistant Swimming Coach,
Mabel Fowler Email: mfowler@trinity.edu**

DIVING TIEBREAKER

(Applies to ties on an individual board to identify order of finish)

In the event of a tie between two or more divers from a regional qualifying meet, the tie will be broken by comparing each of the diver's total optional score on the board in which the tie has occurred. The diver with the highest total optional score would have the higher finishing position at their regional event. In the event there is a tie on the total optional score, the tie will be broken by the higher place on the opposite board. If one competitor is not competing on the opposite board, the competitor who is competing on the opposite board automatically will receive the higher selection position. All ties must be broken prior to diving qualifications/allocations being identified.

DIVING QUALIFICATION

(Applies to identification of each allocated spot)

When all results are made final, including any tiebreakers, the allocated spots will be determined as follows (refer to the Diving Selection Criteria for the allocation formula):

1. First place finishers from each board will be selected, using two of the allocated spots. If the same person finishes first on both boards, only one allocation will be used for that athlete.
2. Next, second place finishers from each board will be selected, using two of the allocated spots. If the same person finishes second on both boards, or one/both of the athletes have already been selected, only one or no allocations will be used.
3. This will continue with each finishing spot (third, fourth, fifth, etc.) until all the allocated spots have been assigned for each region.
4. If there is one allocation left and two divers who have not been selected are up for qualification, finishing in the same ranking on each board, the committee will use the divers combined score made up of their one-meter and three-meter scores. The competitor who has the highest score will be invited to the meet, earning the final allocation.

DIVING PROTEST PROCEDURE

- At the coaches' meeting, a meet committee must be designated who will hear and decide all protests.
- The committee shall consist of five coaches to be selected at the coaches' meeting. An alternate coach should also be identified in the case one of the initial coaches' student athletes is involved in the protest. The site representative and head referee will serve as advisors (non-voting).
- If a protest should occur, the protesting coach should find a member of the meet committee to turn in the protest form.
- Protests must be received within 30 minutes of the final diving results of that particular event.
- A member of the meet committee must call Will Hopkins (317-917-6779) to communicate what the protest entails.
- The meet committee will review and vote on the protest; if a protesting coach is involved with the meet committee, they should remove themselves from discussion and voting.
- The meet committee will communicate back to the protesting coach what action they agreed upon. All protests are final once action has been taken.



NCAA DIVING PROTEST FORM

This protest form must be complete in full and submitted to the meet committee not later than 30 minutes after the final diving results of which the protest is applicable. Protests must be acted upon by the appropriate meet committee. The decision of this committee is final. Any protest before, during or immediately after a race should be resolved at the earliest opportunity, but not later than immediately following the current session.

Institution: _____

Coach Name: _____

Coach Cell Phone Number: _____

Student-Athlete Name: _____

Event: _____

Current Date: _____

Current Time: _____

Applicable Rule: _____

Situation Being Appealed:

Justification for Appeal:

Committee Decision – Approved: _____ Denied: _____

Appeal Meet Committee Signature: _____

Date: _____