



2020 DIVISION III
**SWIMMING
& DIVING
CHAMPIONSHIPS**

GREENSBORO, NC

*Old Dominion Athletic Conference,
Greensboro Aquatic Center, Hosts*

***PARTICIPANT
2019-20 MANUAL***

Finals

2020 NCAA Division III Swimming and Diving Championships

PARTICIPANT MANUAL

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2020 NCAA Division III Swimming and Diving Championships

GENERAL INFORMATION

CHAMPIONSHIP FACILITY

Old Dominion Athletic Conference and the Greensboro Aquatic Center are proud to host the 2020 NCAA Division III Men's and Women's Swimming and Diving Championships at the Greensboro Aquatic Center in Greensboro, North Carolina.

The facility address is 1921 W Gate City Blvd; Greensboro, North Carolina 27403. Additional information about the Aquatic Center is located at <http://www.greensboroaquaticcenter.com/>.

CHAMPIONSHIP FACILITY HIGHLIGHTS

The Greensboro Aquatic Center is the largest indoor aquatic center in the country after opening its fourth pool in September 2019. The Competition pool is a stretch 50 Meter with two bulkheads and the new fourth pool brings an additional 50 meter course for training purposes. The Championship course is on the south end of the pool near the diving well and the 12 lane warm up/cool down space is on the North (Scoreboard) end. This competition course is 9-10 feet deep with eight (9)-foot wide lanes, with dual Competitor non-turbulent lane markers. The Aquatic Center has custom designed Paragon starting blocks with Omega adjustable starting wedges and backstroke ledges. A Daktronics scoreboard will be used along with Omega Timing System. The Diving Well is 17 feet deep, 25 yards, with 7-lanes. This pool has two 1 meter springboards, two 3 meter springboards and the diving platform has a 5 meter, 7.5 meter, 10 meter. The recreational pool is a 25 yard (6) lane shallow pool located on the north end of the facility. The Greensboro Aquatic Center has seating for approximately 1,989 spectators in the grandstands.

NCAA DIVISION III SWIMMING AND DIVING COMMITTEE, STAFF, AND COORDINATORS

Barb Bolich – Massachusetts Institute of Technology
Peter Casares – Bates College
Beth DeLaRosby – Carthage College
Amy Heasley Williams - Kenyon College
Andy Hendricks – Franklin College
Mark Fino – John Carroll University
Johan Lopez (Chair) – U.S. Merchant Marine Academy
Terence Small – New Jersey Athletic Conference

SWIMMING AND DIVING STAFF AND COORDINATORS

NCAA Championship Manager – Kevin Alcox
NCAA Secretary Rules Editor – Greg Lockard
Coordinator of Meet Entries/Times – Michelle Chaffin
Coordinator of Diving Entries – Lewis Fellingner
Meet Coordinator – Keith Beckett
Meet Manager – Susan Braman
Marketing – Scott Lecnar
Ticket Sales – Will Greene
Media/Sports Information Contact – JJ Nekoloff (ODAC) and Andrew Brown (GAC)
Meet Announcer – Kevin Mcaffrey
Head Athletic Trainer – Gary Rizza

MEET OFFICIALS

Meet Referee – Pamela Birnbrich

Assistant Referee – Kevin Walls

Head Starter – Jeffrey Raker

Stroke and Turn Judges – Lesley Pelka, Rob Stevens, R.J. Van Almen, Trish Walls

Diving Referee – Richard Blough

Diving Judges – Jeff Arnold, Susan Braid, Julian Krug, Donna O'Brien, Thomas Quinn, Emily Richmond,

AQUATIC CENTER PERSONNEL

Aquatic Center Manager – Susan Braman

Aquatic Event Manager – David Hoover

Aquatic Competitive Coordinator- Kate McIntosh

Aquatic Event Coordinator- Andrew Niemiec

Meet Timing Technician – Alan Moffitt

Meet Timing Technician – Cory Koehler

Production Technician – Scott Polkinhorn

Volunteer Coordinator – Rob Goodman

ATHLETIC TRAINING ROOM

The athletic training room (ATR) is located on the Northeast corner (grandstands side) of the Aquatic Center adjacent to the Rec Pool. An athletic trainer will be on-site during all practice and competition sessions to provide sports medicine services. Student-athletes that require treatment for a pre-existing condition are required to bring a prescription from their team physician or athletic trainer. If an injury occurs or medical condition arises during the championship, the student-athlete will be cared for appropriately in collaboration with the host physicians to provide emergency care, clinical diagnosis, therapeutic intervention, and rehabilitation of injuries and/or medical condition. Ice and sports medicine supplies will be available in the ATR throughout the meet. Athletic trainers will not be available for massage therapy services.

Monday, March 16 4 p.m. – 9 p.m.

Tuesday, March 17 7 a.m. – 6 p.m.

Wednesday, March 18 7 a.m. – 9 p.m.

Thursday, March 19 7 a.m. – 9 p.m.

Friday, March 20 7 a.m. – 9 p.m.

Saturday, March 21 7 a.m. – 9 p.m.

Head Athletic Trainer, Gary Rizza, can be reached by email at rizzagn@guilford.edu

The meet physician will be on call through the athletic trainers throughout the meet. If you have specific questions or pre-existing conditions, please contact the athletic trainer on site.

LOCKER ROOM

A total of two male and two female locker rooms will be available for use throughout the championship. These are located on the East side (grandstand side) of the facility. Locks should not be placed on the lockers overnight. There is also a single use restroom with shower available near the rec pool.

STUDENT-ATHLETE HOSPITALITY

BODYARMOR product as well as healthy snacks and fruit will be provided throughout the championships beginning Wednesday morning through Saturday evening.

VALUABLES

The City of Greensboro, the Greensboro Aquatic Center, and the NCAA Swimming and Diving Committee assume no responsibility for loss of personal articles. Each competitor and coach will be responsible for his or her own property.

MASSAGE AREA

Massage tables can be set up in the Recreation pool only located on the North end of the facility. Space is first-come, first-served.

TICKET INFORMATION

All-session tickets for the 2020 NCAA Division III Women's and Men's Swimming and Diving Championships are available through <https://www.ticketmaster.com/>.

Ticketmaster.com - Advance Sales Pricing

- All-Session ONLY – All Ages
 - Bleacher – \$65.00 – reserved seating

On-Site Sales Pricing

- All-Session – All Ages
 - Bleacher – \$65.00 – reserved seating
- Daily
 - Bleacher – Adult - \$25.00 – reserved seating
 - Bleacher – Senior/Youth - \$20.00 – reserved seating
- Single Session
 - Prelims
 - Bleacher – Adult - \$12.00 – reserved seating
 - Bleacher – Senior/ Youth - \$10.00 – reserved seating
 - Finals
 - Bleacher – Adult - \$15.00 – reserved seating
 - Bleacher – Senior/ Youth - \$12.00 – reserved seating

* Age 2 and under will be admitted free into the Aquatic Center – please alert Box Office staff

* Youth – age 12 and under

* Senior Citizen – age 60 and older

Will call is available on-site for institutions to leave tickets for parents. Please contact Will Greene at William.Greene@greensboro-nc.gov to make arrangements.

Ticket Office and Guest Services Hours of Operations

The ticket office and guest services are located on the main concourse of the Aquatic Center.

Date	Session	Hours of Operation	Event Start Time
Wednesday, March 18	Prelims	8:00 a.m. – 1:30 p.m.	10 a.m.
	Finals	4:00 – 8 p.m.	6 p.m.
Thursday, March 19	Prelims	8:00 a.m. – 1:30 p.m.	10 a.m.
	Finals	4:00 – 8 p.m.	6 p.m.
Friday, March 20	Prelims	8:00 a.m. – 1:30 p.m.	10 a.m.
	Finals	4:00 – 8 p.m.	6 p.m.
Saturday, March 21	Prelims	8:00 a.m. – 1:30 p.m.	10 a.m.
	Finals	4:00 – 8 p.m.	6 p.m.

PROGRAMS AND HEAT SHEETS

Digital programs can be viewed online or downloaded to mobile devices at no charge. Fans, participants, and spectators are encouraged to download the program prior to the championships at www.ncaa.com/gameprograms. Heat sheets will be sold on-site, immediately inside the ticket entrance.

POLICY FOR TEAM BANNERS AND SIGNS

Teams are permitted to bring a single banner or sign to the aquatic center. All teams with ten or more participants will select bleachers during the coaches meeting. Following those assignments, the Aquatic Center staff will hang their (1) banner near their location (may not be directly behind). A cable and clips are on the wall for hanging banners. All other team banners should be given to the meet management staff at registration located in the GAC lobby to be hung by GAC staff. Team banners will be displayed on the East and West sides of the aquatic center. Spectators are not permitted to hang any banners or signs around the pool or in the stands.

VIDEOTAPING

Institutions are permitted to videotape championships competition by their teams or their individual student-athletes for archival, coaching or instructional purposes. Each institution is permitted to use one camera and may videotape only that portion of the competition in which it participates. The videotapes may not be used for any commercial purposes. Limited space will be available in the top row of the spectator area with those area(s) being designated by the Division III Men's and Women's Swimming and Diving Committee. Coaches wishing to videotape performances should plan on doing so on battery power only. **Coaches will not be allowed to plug in any cameras or battery chargers in the aquatic center. All cameras must be handheld and no tripods are allowed.**

WARM-UP/WARM-DOWN

Both the warm-up and competition pools will be open at the scheduled times on practice days and during the meet. Both pools will remain open for 30 minutes after the conclusion of each finals session. During the finals sessions only, there will be one lane available in the diving well reserved exclusively for finalists to warm down before the awards presentations.

RESULTS

Finals results of each session's competition will be posted on the Southeast wall of the aquatic center adjacent to the diving well and medical/training room. Results will also be posted in the concourse for all spectators. Copies of results will be available for coaches on tables behind the admin riser. An NCAA championship webpage on NCAA.com will also post live results, team scores, and a recap after each session.

COACHES MAILBOXES – INFORMATION DISTRIBUTION

There will be mailboxes labeled with each event located on the tables behind the admin riser. Heat sheets and meet information will also be distributed in the hospitality room.

EVENT MERCHANDISE

Event merchandise will be on sale during the championships in the Pro-Shop of "Augusta Swim Supply" located on the concourse of the aquatic center adjacent to the box office. Hours of operation below:

Monday, March 16	3:30 p.m. – 9:00 p.m.
Tuesday, March 17	7:00 a.m. – 5:30 p.m.
Wednesday, March 18	8:30 a.m. – 30 min. after competition
Thursday, March 19	8:30 a.m. – 30 min. after competition
Friday, March 20	8:30 a.m. – 30 min. after competition
Saturday, March 21	8:30 a.m. – 30 min. after competition

CONCESSIONS

Concessions offering food and beverages will be located on the concourse of the Aquatic Center.

MEDIA

Media members may request credentials in advance of the championships at <http://www.ncaa.com/media>. Please find Division III Swimming and Diving under the Winter Sports heading. Media credential questions should be directed to JJ Nekołoff at jnekoloff@odaonline.com.

CHAMPIONSHIPS MATERIALS

The NCAA has developed a website to retain key information from every member institution which may participate in an NCAA championship. The NCAA and partners (i.e. Turner/CBS, ESPN, IMG College, Van Wagner Sports & Entertainment, etc.) are required to use the site to access all logos, fight songs, rosters, photos of student-athletes, teams, coaches, administrators and campus for use on selection shows, game programs, banquet videos and video boards at NCAA championships. For this site to be completely effective, it requires full cooperation from participating institutions. Please log on to www.ncaachampionship.info (username: ncaaschools; password: ncaafpt) to upload logo and photos of participating student-athletes for your institution.

NCAA ACADEMIC RECOGNITION PROGRAM

The Elite 90 award is presented to the student-athlete with the highest cumulative grade-point average competing at the finals site for each of the NCAA's 90 championships. Each institution that has at least one student-athlete qualify for the finals round/site is eligible to nominate a student-athlete to win the award for that championship. All ties are broken by number of credits completed. For more information regarding this program, please contact Mark Bedics, Andrew Louthain or Quintin Wright at elite90@ncaa.org or 317-917-6222. All documents, including deadlines and nomination forms can be obtained at the following location: <http://www.ncaa.org/about/resources/events/awards/elite-90-academic-recognition-award-program>.

The submission deadline for nomination for NCAA Division III Men's and Women's Swimming and Diving is **5:00 p.m. (Eastern) on Friday, March 13.**

MEDICAL SERVICES

Student-athletes requiring physician evaluation, medications, etc., should make requests through one of the on-site athletic trainers if assistance is needed. Student-athletes must complete the medical information sheets and have them available in the event treatment is needed during the championships. An EMT will be on site throughout the Championships.

PARKING

Coaches will be provided complimentary parking for either buses or personal vehicles, not to exceed their deck pass number. All parking is located on site at the Greensboro Aquatic Center. Coaches will receive parking passes at registration.

There will be a fee for spectator parking. All-session passes may be purchased at the parking booths Tuesday and Wednesday (only) for \$25. The daily parking rate will be \$10.

Please see the Map on Page 16 for additional details on all parking options.

WEB CAST

These championships can be viewed via a live web cast at NCAA.com.

2020 NCAA Division III Swimming and Diving Championships

MEET INFORMATION

CONFIRMATION OF ENTRIES

Registration/Packet pick-up will be located in the GAC main lobby. Upon arrival, the coach or an official representative of the institution must register and pick up an entry list and other pertinent championships materials. They must sign an official receipt form indicating a correct entry of the individual(s)/team as listed on the entry list.

DECK PASSES/ CREDENTIALS

Admittance to the Venue. *(For championship ticket information, see **page 4** of this manual.)*

All institutional personnel not included in the official travel party must purchase a ticket for admittance to the venue. Only members of an institution’s official travel party will be issued deck passes. The official travel party is determined by the following formula (see next page):

Women’s Swimming and Diving		Men’s Swimming and Diving	
Number of Participating Student-Athletes	Number of Deck Passes per Gender for Non-Student Athletes	Number of Participating Student-Athletes	Number of Deck Passes per Gender for Non-Student Athletes
1-5 Swimmers	1	1-5 Swimmers	1
6-10 Swimmers	2	6-10 Swimmers	2
11-15 Swimmers	3	11-15 Swimmers	3
16 + Swimmers	4	16 + Swimmers	4
Any Diver(s)	1	Any Diver(s)	1

Access to the Deck. All individuals must have a deck pass to gain admittance to the deck. **One deck pass per team (one per men’s and/or one per women’s teams) are available for purchase at a fee of \$55 each (cash or credit card accepted).** Institutional personnel must provide photo identification and sign the deck pass at the time of pick-up. The cost to replace a lost deck pass will be \$75. Student-athletes, coaches and institutional personnel must visibly wear deck passes on deck at all times. Deck passes are non-transferable. Institutions that provide deck passes to unauthorized personnel during the championships will be fined \$100 and may be subject to additional sanctions by the NCAA Division III Swimming and Diving Committee. Athletic trainers not included in the official travel party are subject to the same restrictions.

No one is allowed to enter the facility without proper identification.

CHAMPIONSHIP MEETINGS

Tuesday, March 17th

Diving coaches meeting*	2:00 p.m.	Special Events Center Meeting Room 4
Swimming Coaches Meeting*	3:00 p.m.	Special Events Center Meeting Room 3
Championship Banquet*	6:30 p.m.	Special Events Center East Wing

**Attendance Required*

NCAA CHAMPIONSHIP BANQUET

The championships banquet, celebrating the student-athletes and coaches, will be held Tuesday, March 17th at 6:30 p.m. in the Greensboro Coliseum Special Events Center East Wing, adjacent to the Greensboro Aquatic Center at 1921 West Gate City Blvd, Greensboro, North Carolina 27403.

The recommended attire for the championship banquet is business. Banquet tickets will be provided in each team's meet packet.

The banquet is limited to your institution's OFFICIAL travel party as determined by the NCAA. Up to two additional tickets per school are available for purchase for \$35 each (by credit card). Contact Will Early @ 336-315-8498 (Greensboro Aquatic Center) to order. The deadline to purchase tickets for the banquet is Wednesday, March 11th.

NCAA SENIOR RECOGNITION PARADE

Coaches and/or university sports information staff are encouraged to submit high resolution head shots of qualified senior athletes to JJ Nekoloff at jnekoloff@odaconline.com. The photos will be used in the senior recognition presentation at the competition venue on Friday evening. Photos will be accepted from now until March 9, 2020. Any photos sent after these days are subject to exclusion from the recognition.

TEAM SEATING SELECTION PROCESS

- Institutions qualifying 10 or more student-athletes will be given the opportunity to select seating prior to the start of the meet at the swimming coaches meeting Tuesday.
- The institution or institutions qualifying the most number of student-athletes will select first, and selections will continue from highest down, in order, until all teams qualifying 10 or more student-athletes have selected. Ties will be broken based on the previous years combined institution points scored.

SCRATCH DEADLINES

Scratches are to be made by the coach or official representative by depositing scratch slips in the scratch box by the designated deadlines. A receipt form will be used for scratch verification. All entries not scratched will become official entries. Each coach or official representative must also submit a list of dives by the scratch deadline.

The scratch box will be accessible at the coaches meeting Tuesday. After that, the scratch box will be located at the meet administration table on deck next to the meet operations room on the pool deck. Scratch deadlines are as follows:

Tuesday	5 p.m.	All Wednesday events
Wednesday	5 p.m.	All Thursday events
Thursday	5 p.m.	All Friday events
Friday	5 p.m.	All Saturday events

MEET SCHEDULE

Monday, March 16

Swimming practice	4:00 p.m. – 9:00 p.m.
Diving practice	4:00 p.m. – 9:00 p.m.
Athletic training room	4:00 p.m. – 9:00 p.m.
Registration	4:00 p.m. – 9:00 p.m.

Location

Greensboro Aquatic Center
Greensboro Aquatic Center
Greensboro Aquatic Center
Greensboro Aquatic Center

Tuesday, March 17

Swimming practice	7:00 a.m. – 5:30 p.m.
Diving practice	7:00 a.m. – 5:30 p.m.
Athletic training room	7:00 a.m. – 6:00 p.m.
Registration	7:00 a.m. – 5:30 p.m.
Scratch deadline	5:00 p.m.
Diving coaches meeting	2:00 p.m.
Special Olympics – Diving	2:30 p.m. – 3:30 p.m.
Swimming coaches meeting	3:00 p.m.
CSCAA debriefing	4:00 p.m. – 4:30 p.m.
Championship banquet	6:30 p.m.

Greensboro Aquatic Center
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Greensboro Aquatic Center
Greensboro Aquatic Center
Special Events Center Room 4
Greensboro Aquatic Center
Special Events Center Room 3
Special Events Center Room 3
Special Events Center East Wing

Wednesday, March 18

Athletic training room	7:00 a.m. – ½ hour after last race.
Swimming warm up	7:00 a.m. – 9:45 a.m.
Diving warm ups	7:00 a.m. – 10:00 a.m. (open boards)
	10:00 a.m. – 12:45 p.m. (flighted)
Swimming preliminaries	10:00 a.m.
Diving preliminaries	12:45 p.m.
Diving consolation finals	Immediately after prelims
Swimming warm up	4:30 p.m. – 5:45 p.m.
Scratch deadline	5:00 p.m.
Diving warm up	5:30 – 6:30 p.m. (open boards)
Finals	6:00 p.m.

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Thursday, March 19

Athletic training room	7:00 a.m. – ½ hour after last race
Swimming warm up	7:00 a.m. – 9:45 a.m.
Diving warm ups	7:00 a.m. – 10:00 a.m. (open boards)
	10:00 a.m. – 1:00 p.m. (flighted)
Swimming preliminaries	10:00 a.m.
Diving preliminaries	1:00 p.m.
Diving consolation finals	Immediately after prelims
Swimming warm up	4:30 p.m. – 5:45 p.m.
Scratch deadline	5:00 p.m.
Diving warm up	5:30 p.m. – 6:30 p.m. (open boards)
Special Olympics	5:45 p.m.
Finals	6:00 p.m.

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Friday, March 20

Athletic training room	7:00 a.m. – ½ hour after last race
Swimming warm up	7:00 a.m. – 9:45 a.m.
Diving warm ups	7:00 a.m. – 10:00 a.m. (open boards)
	10:00 a.m. – 12:45 p.m. (flighted)
Swimming preliminaries	10:00 a.m.
Diving preliminaries	12:45 p.m.
Diving consolation finals	Immediately after prelims
Swimming warm up	4:30 p.m. – 5:45 p.m.
Scratch box	5:00 p.m.
Diving warm up	5:30 p.m. – 6:30 p.m. (open boards)
Senior night	5:45 p.m.
Finals	6:00 p.m.

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Saturday, March 21

Athletic training room	7:00 a.m. – ½ hour after last race	Greensboro Aquatic Center
Swimming warm up	7:00 a.m. – 9:45 a.m.	Greensboro Aquatic Center
Diving warm up	7:00 a.m. – 10:00 a.m. (open boards)	Greensboro Aquatic Center
	10:00 a.m. – 1:00 p.m. (flighted)	Greensboro Aquatic Center
Swimming preliminaries	10:00 a.m.	Greensboro Aquatic Center
Diving preliminaries	1:00 p.m.	Greensboro Aquatic Center
Diving consolation finals	Immediately after prelims	Greensboro Aquatic Center
Swimming warm up	4:30 p.m. – 5:45 p.m.	Greensboro Aquatic Center
Diving warm up	5:30 p.m. – 6:30 p.m. (open boards)	Greensboro Aquatic Center
Finals	6:00 p.m.	Greensboro Aquatic Center

WARM UP PROCEDURES

Monday, March 16

General swimming practice	4:00 p.m. – 9:00 p.m.
General diving practice	4:00 p.m. – 9:00 p.m.

Tuesday, March 17

General swimming practice	7:00 a.m. – 5:30 p.m.
General diving practice	7:00 a.m. – 5:30 p.m.

Wednesday, March 18 - Saturday, March 21

Preliminaries

7:00 a.m. – 9:15 a.m.	General warm up
9:15 a.m. – 9:30 a.m.	Sprint lanes 1 and 8 (one way only)
	General lanes 2 and 7
	Pace lanes 3, 4, 5, and 6
9:30 a.m. – 9:45 a.m.	Sprint lanes 1, 2, 7, and 8 (one way only)
	Pace lanes 3, 4, 5, and 6
9:45 a.m.	Clear competition pool

Finals

4:30 p.m. – 5:15 p.m.	General warm up
5:15 p.m. – 5:30 p.m.	Sprint lanes 1 and 8 (one way only)
	General lanes 2 and 7
	Pace lanes 3, 4, 5, and 6
5:30 p.m. – 5:45 p.m.	Sprint lanes 1, 2, 7, and 8 (one way only)
	Pace lanes 3, 4, 5, and 6
5:45 p.m.	Clear competition pool

NOTE: Competition pool will be closed during breaks and before and after relays. Schedule for assigned lanes during warm-ups schedule to change. **All pools will close ½ hour after the last race. Use of cords is only permitted in the Rec Pool.**

NO EQUIPMENT USE IN THE COMPETITION COURSE POOL.

ORDER OF EVENTS

Preliminary sessions begin at 10 a.m.

Finals sessions begin at 6 p.m.

DAY 1: WEDNESDAY, MARCH 18		
MEN	PRELIMINARY SESSION	WOMEN
EVENT #	EVENT	EVENT #
1	500-YARD FREESTYLE	2
3	200-YARD INDIVIDUAL MEDLEY	4
5	50-YARD FREESTYLE	6
<i>20-Minute Break – Starts at the conclusion of each respective gender's 50-yd freestyle event.</i>		
8	200-YARD MEDLEY RELAY	9
7	3-METER DIVING TRIALS (M)	
MEN	FINALS SESSION	WOMEN
EVENT #	EVENT	EVENT #
1	500-YARD FREESTYLE	2
<i>AWARDS: WOMEN'S 500-YD FREESTYLE AND MEN'S 500-YD FREESTYLE</i>		
3	200-YARD INDIVIDUAL MEDLEY	4
<i>AWARDS: WOMEN'S 200-YD INDIVIDUAL MEDLEY AND MEN'S 200-YD INDIVIDUAL MEDLEY</i>		
5	50-YARD FREESTYLE	6
<i>PRESENTATION OF DIVING FINALISTS FOLLOWED BY AWARDS: WOMEN'S 50-YD FREESTYLE AND MEN'S 50-YD FREESTYLE</i>		
7	3-METER DIVING FINALS (M)	
<i>AWARDS: MEN'S 3-METER DIVING</i>		
8	200-YARD MEDLEY RELAY	9
<i>AWARDS: WOMEN'S 200 MEDLEY RELAY AND MEN'S 200 MEDLEY RELAY</i>		

Preliminary sessions begin at 10 a.m.

Finals sessions begin at 6 p.m.

DAY 2: THURSDAY, MARCH 19		
MEN	PRELIMINARY SESSION	WOMEN
EVENT #	EVENT	EVENT #
10	200-YARD FREESTYLE RELAY	11
<i>10-Minute Break – Starts at the conclusion of each respective gender's 200-yd freestyle relay event.</i>		
12	400-YARD INDIVIDUAL MEDLEY	13
14	100-YARD BUTTERFLY	15
16	200-YARD FREESTYLE	17
<i>20-Minute Break – Starts at the conclusion of each respective gender's 200-yd freestyle event.</i>		
19	400-YARD MEDLEY RELAY	20
	1-METER DIVING TRIALS (W)	18
MEN	FINALS SESSION	WOMEN
EVENT #	EVENT	EVENT #
10	200-YARD FREESTYLE RELAY	11
<i>AWARDS: WOMEN'S 200-YD FREESTYLE RELAY AND MEN'S 200-YD FREESTYLE RELAY</i>		
12	400-YARD INDIVIDUAL MEDLEY	13
<i>AWARDS: WOMEN'S 400-YD INDIVIDUAL MEDLEY AND MEN'S 400-YD INDIVIDUAL MEDLEY</i>		
14	100-YARD BUTTERFLY	15
<i>AWARDS: WOMEN'S 100-YD BUTTERFLY AND MEN'S 100-YD BUTTERFLY</i>		
16	200-YARD FREESTYLE	17
<i>PRESENTATION OF DIVING FINALISTS FOLLOWED BY AWARDS: WOMEN'S 200-YD FREESTYLE AND MEN'S 200-YD FREESTYLE</i>		
	1-METER DIVING FINALS (W)	18
<i>AWARDS: WOMEN'S 1-METER DIVING</i>		
19	400-YARD MEDLEY RELAY	20
<i>AWARDS: WOMEN'S 400 MEDLEY RELAY AND MEN'S 400 MEDLEY RELAY</i>		

Preliminary sessions begin at 10 a.m.

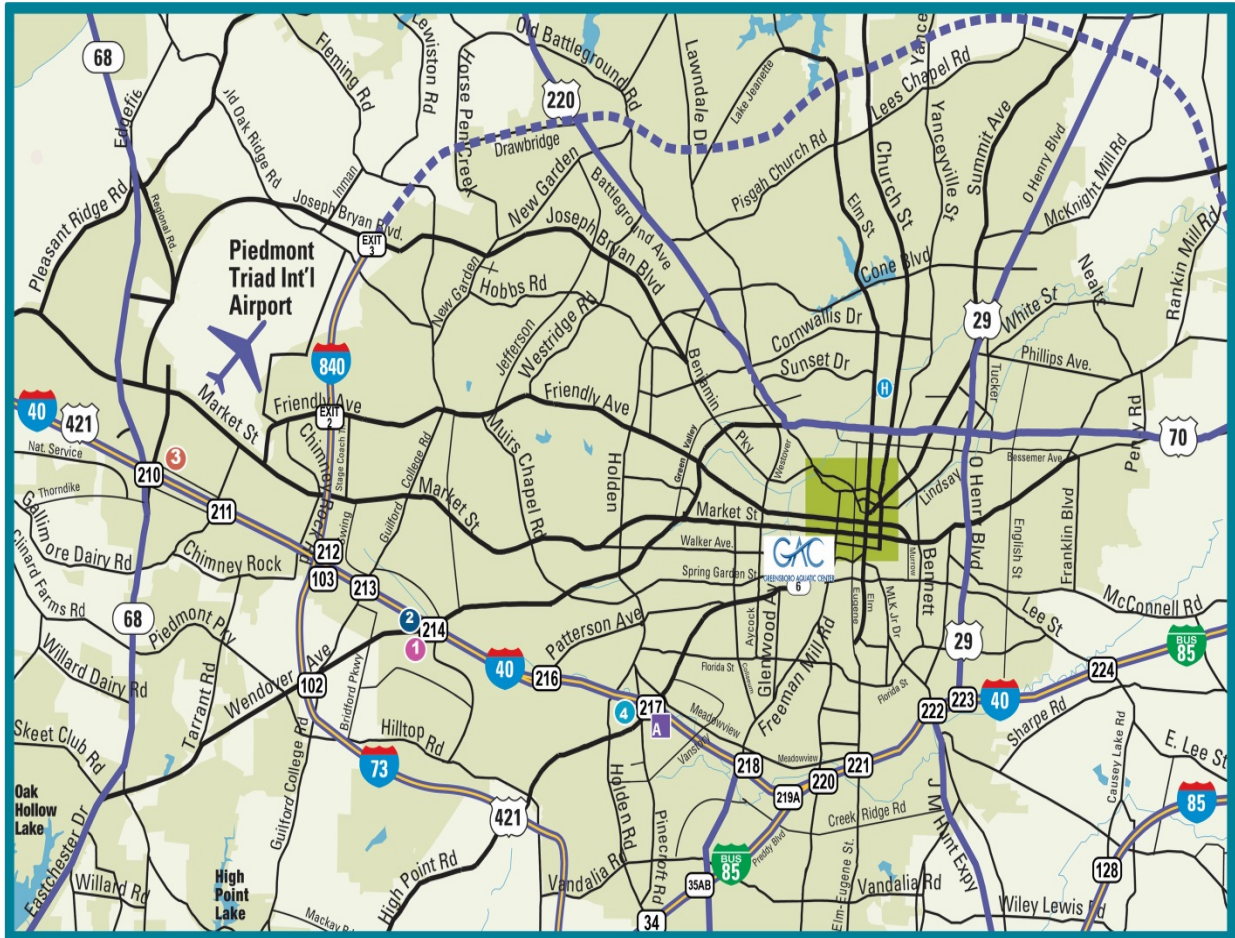
Finals sessions begin at 6 p.m.

DAY 3: FRIDAY, MARCH 20		
MEN	PRELIMINARY SESSION	WOMEN
EVENT #	EVENT	EVENT #
21	200-YARD BUTTERFLY	22
23	100-YARD BACKSTROKE	24
25	100-YARD BREASTSTROKE	26
<i>20-Minute Break – Starts at the conclusion of each respective gender’s 100-yd breaststroke event.</i>		
28	800-YARD FREESTYLE RELAY*	29
	<i>*Timed final event. All heats except the fastest heat. Swum slow to fast.</i>	
27	1-METER DIVING TRIALS (M)	
MEN	FINALS SESSION	WOMEN
EVENT #	EVENT	EVENT #
21	200-YARD BUTTERFLY	22
<i>AWARDS: WOMEN’S 200-YD BUTTERFLY AND MEN’S 200-YD BUTTERFLY</i>		
23	100-YARD BACKSTROKE	24
<i>AWARDS: WOMEN’S 100-YD BACKSTROKE AND MEN’S 100-YD BACKSTROKE</i>		
25	100-YARD BREASTSTROKE	26
<i>PRESENTATION OF DIVING FINALISTS FOLLOWED BY AWARDS: WOMEN’S 100-YD BREASTSTROKE AND MEN’S 100-YD BREASTSTROKE</i>		
27	1-METER DIVING FINALS (M)	
<i>AWARDS: MEN’S 1-METER DIVING</i>		
28	800-YARD FREESTYLE RELAY*	29
	<i>*Fastest seeded heat. Timed final event.</i>	
<i>AWARDS: WOMEN’S 800 FREESTYLE RELAY AND MEN’S 800 FREESTYLE RELAY</i>		

Preliminary sessions begin at 10 a.m.

Finals sessions begin at 6 p.m.

DAY 4: SATURDAY, MARCH 21		
MEN	PRELIMINARY SESSION	WOMEN
EVENT #	EVENT	EVENT #
32	100-YARD FREESTYLE	33
34	200-YARD BACKSTROKE	35
36	200-YARD BREASTSTROKE	37
<i>20-Minute Break – Starts at the conclusion of each respective gender’s 200-yd breaststroke event.</i>		
39	400-YARD FREESTYLE RELAY	40
30	1650-YARD FREESTYLE*	31
	<i>*Timed final event. All heats except the fastest heat. Swum fastest to slowest, alternating genders.</i>	
	3-METER DIVING TRIALS (W)	38
MEN	FINALS SESSION	WOMEN
EVENT #	EVENT	EVENT #
30	1650-YARD FREESTYLE*	31
	<i>*Fastest seeded heat. Timed final event.</i>	
<i>AWARDS: WOMEN’S 1650-YD FREESTYLE AND MEN’S 1650-YD FREESTYLE</i>		
32	100-YARD FREESTYLE	33
<i>AWARDS: WOMEN’S 100-YD FREESTYLE AND MEN’S 100-YD FREESTYLE</i>		
34	200-YARD BACKSTROKE	35
<i>AWARDS: WOMEN’S 200-YD BACKSTROKE AND MEN’S 200-YD BACKSTROKE</i>		
36	200-YARD BREASTSTROKE	37
<i>PRESENTATION OF DIVING FINALISTS FOLLOWED BY AWARDS: WOMEN’S 200-YD BREASTSTROKE AND MEN’S 200-YD BREASTSTROKE</i>		
	3-METER DIVING FINALS (W)	38
<i>AWARDS: WOMEN’S 3-METER DIVING</i>		
39	400-YARD FREESTYLE RELAY	40
<i>AWARDS: WOMEN’S 400 FREESTYLE RELAY AND MEN’S 400 FREESTYLE RELAY</i>		



Host Hotel

- A** Doubletree by Hilton Greensboro
3030 W. Gate City Blvd. / 336-292-4004

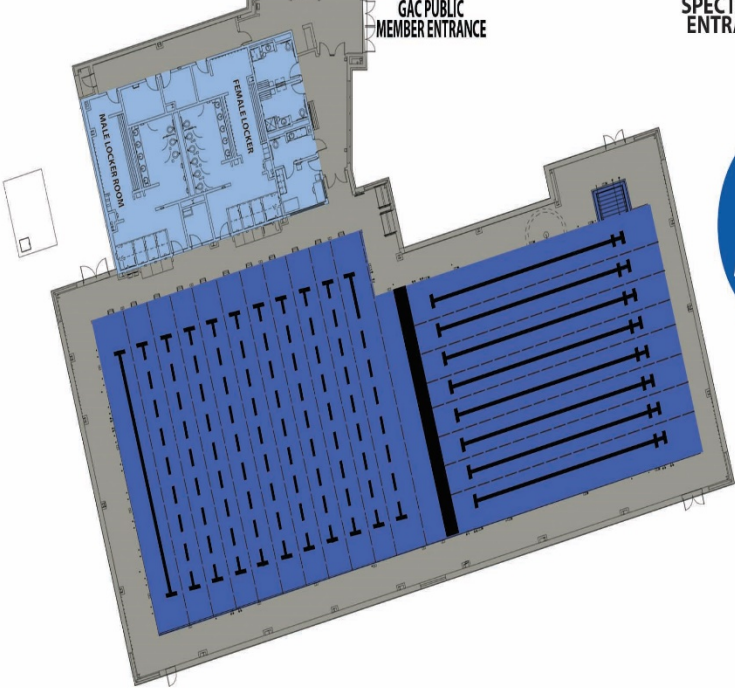
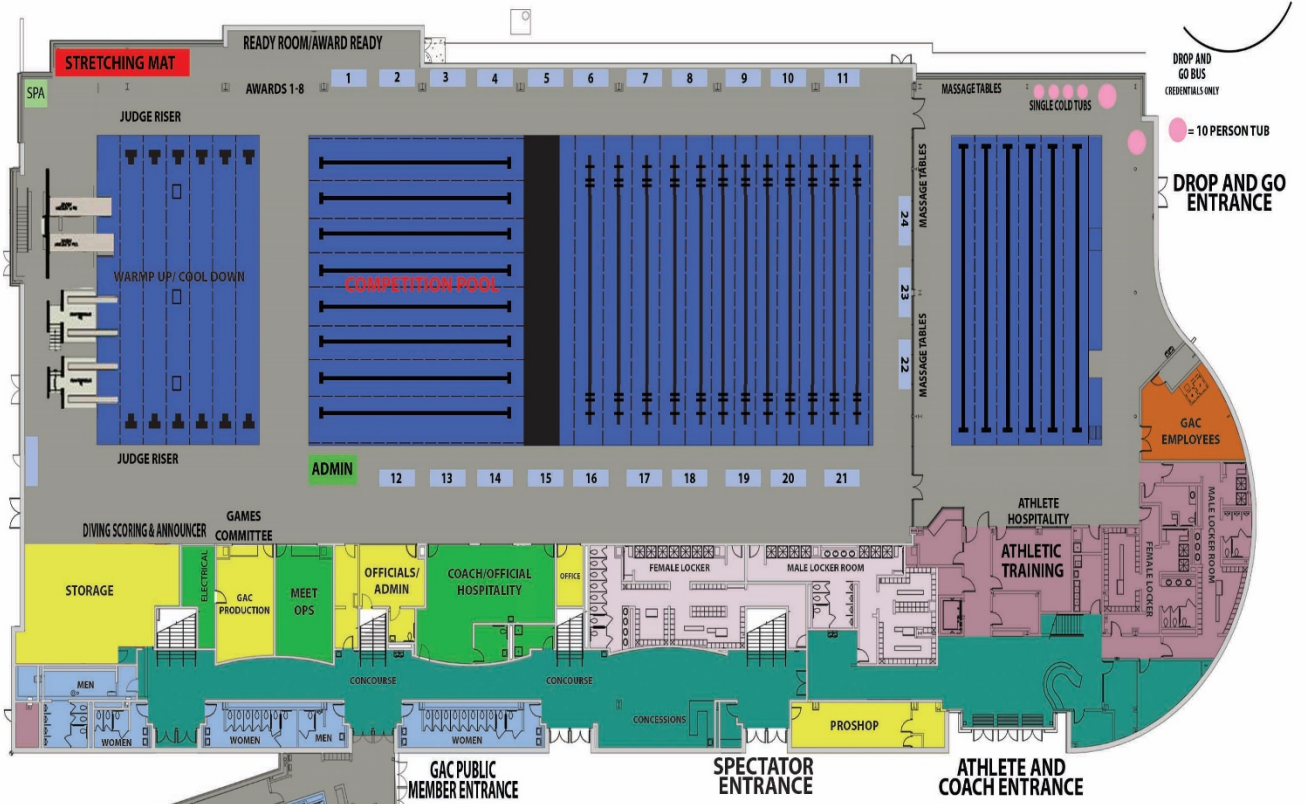
Hotels

- 1** Hyatt Place
1919 Stanley Rd. / 336-852-1443
- 2** Holiday Inn Express
4305 Big Tree Way / 336-854-0090
- 3** Holiday Inn Express & Suites Airport
645 S. Regional Rd. / 336-882-00014

- 4** Sheraton Greensboro Hotel
3121 W. Gate City Blvd. / 336-292-9161



1921 W. Gate City Blvd.
336-315-8498

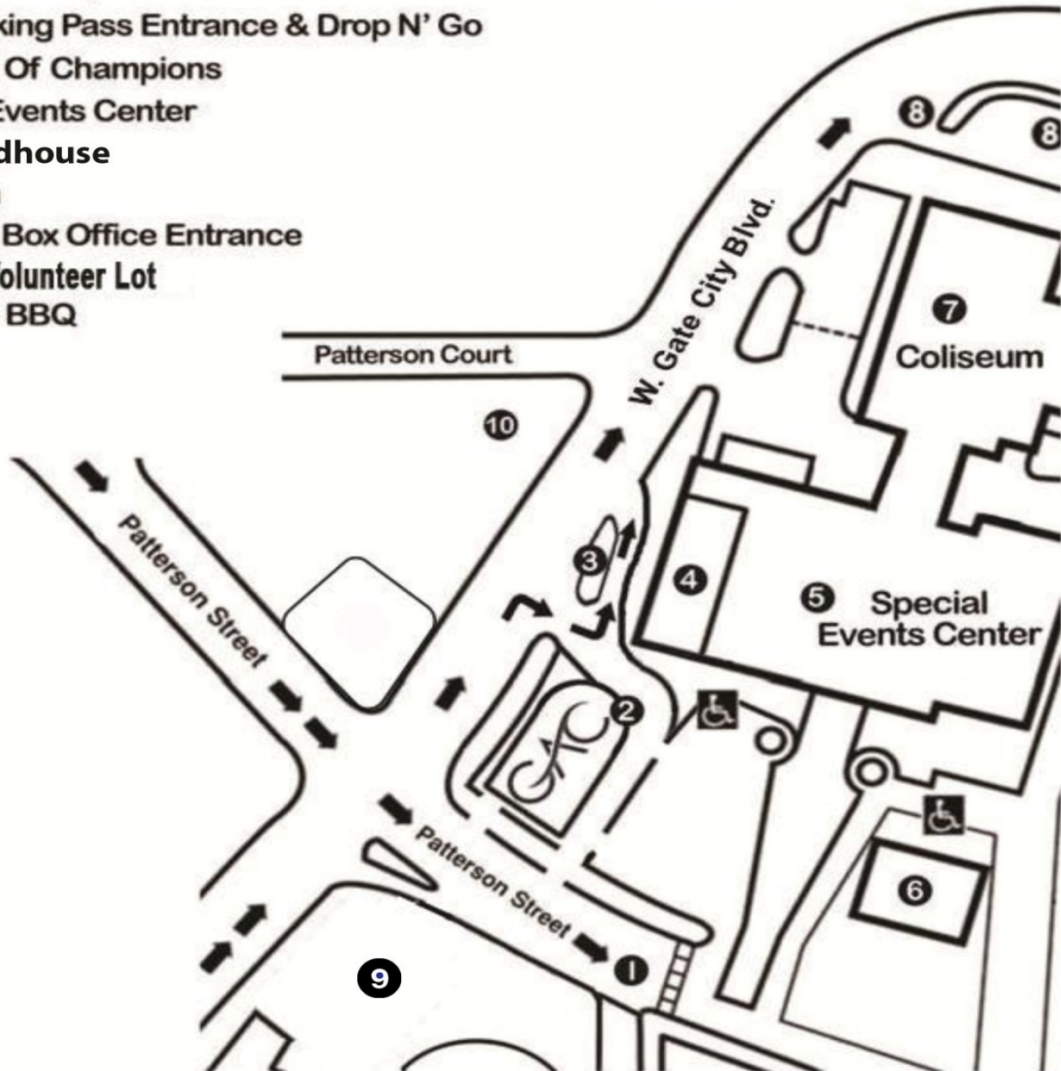


**2020 NCAA DIVISION III
SWIMMING & DIVING CHAMPIONSHIPS
MARCH 16-21, 2020**

AREA PARKING



- ① GAC Parking Entrance for Parents & Spectators
- ② Greensboro Aquatic Center
- ③ GAC Parking Pass Entrance & Drop N' Go
- ④ ACC Hall Of Champions
- ⑤ Special Events Center
- ⑥ The Fieldhouse
- ⑦ Coliseum
- ⑧ Advance Box Office Entrance
- ⑨ Officials/ Volunteer Lot
- ⑩ Stamey's BBQ



MEDICAL INFORMATION SHEET

Name of Athlete: _____ Birth Date: _____

Sport: _____

Social Security #: _____ Phone: _____

Home Address: _____

Father's Name: _____ Mother's Name: _____

Social Security #: _____ Social Security #: _____

Address: _____ Address: _____

Employer: _____ Employer: _____

Address: _____ Address: _____

Phone: _____ Phone: _____

Medical Insurance Company: _____ Medical Insurance Company: _____

Address: _____ Address: _____

Phone: _____ Phone: _____

Policy Number: _____ Policy Number: _____

ID Number: _____ ID Number: _____

Is this policy a Health Maintenance Organization (HMO) or a Preferred Provider Organization (PPO) which is limited to coverage of services provided by certain physicians?

Yes ___ No ___ _____ Parent's initials

Does your policy require a second opinion before surgery? Yes ___ No ___

_____ Parent's initials

Does your policy require prior approval for diagnostic testing? (e.g., MRI's, bone scans, etc.)

Yes ___ No ___ _____ Parent's initials

Does your policy have an age limit restriction for your son/daughter? Yes ___ No ___

If yes, what age? _____ Parent's initials