



**2020 Division III
MIDWEST/SOUTH/WEST REGION
Diving Regional
Participant Manual**

Hosted by the TRINITY UNIVERSITY (TX)

WILLIAM H. BELL ATHLETIC CENTER – HIXON NATATORIUM

February 28-29, 2020

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Dear Coaches and Divers:

I am pleased to welcome you and your team to Trinity University (TX) and the 2020 NCAA Division III Midwest Region Diving Regional. This event annually features some of the most outstanding diving student-athletes in the country.

Our staff has worked hard to prepare for this event and we pledge to do all we can to provide an outstanding competitive experience for you and your student-athletes. If there is anything we can do to make your stay more enjoyable please do not hesitate to contact our staff.

Sincerely,

Seth Asbury
Associate Director of Athletics for Facilities and Event Management
Trinity University (TX)
Tournament Director

CHAMPIONSHIPS PERSONNEL

NCAA Representative	Office Phone	Cell Phone	E-Mail
Kevin Alcox, Asst. Director - Championships	317-917-6085	317-749-9783	kalcox@ncaa.org
Aaron King, Coordinator – Championships	317-917-6771	317-749-8375	aking@ncaa.org

HOST PERSONNEL

Trinity University Staff

Bob King, Director of Athletics	210-999-8237		Rking2@trinity.edu
Stacey Lenderman, Office Manager	210-999-8237		slenderm@trinity.edu
Seth Asbury, Assoc. AD	210-999-7823	210-722-7773	sasbury@trinity.edu
Justin Parker, SID	210-999-8447	210-842-7498	jparker@trinity.edu
Brianne Davis, Asst. SID	210-999-8017		Bdavis6@trinity.edu
Josh Moczygema, Tiger Network	210-999-8299		jmoczyge@trinity.edu
Marc Powell, Head Athletic Trainer	210-999-8434	210-240-9160	mpowell@trinity.edu
Stan Randall, Head Diving Coach	210-999-8238	210-445-7826	rrandall@trinity.edu
Scott Trompeter, Head Swimming Coach	210-999-8434	210-725-6552	strompet@trinity.edu
Mike Cooley, Aquatics Director	210-999-7143	210-535-0941	hcooley@trinity.edu
Trinity University Police Department	Non- emergency 210-999-7070	Emergency 210-999-7000	

HOST HOTEL

HYATT PLACE SAN ANTONIO AIRPORT/QUARRY MARKET

7615 Jones Maltsberger Road,
San Antonio, TX 78216

Delaine De La Garza, sales associate

Email: delaine.delagarza1@hyatt.com

Telephone: 210-930-2333 Ext. 155

Fax: 210-930-2336

www.hyattplace.com

ORDER OF EVENTS

2020 (Even Years – All Regions)
DAY 1 Men's 3M & Women's 1M
DAY 2 Men's 1M & Women's 3M

Odd Years – All Regions
~~DAY 1 Women's 3M & Men's 1M~~
~~DAY 2 Women's 1M & Men's 3M~~

SCHEDULE OF EVENTS

(All times are local unless otherwise stated)

Friday, February 28

10 a.m.	Coaches meeting
10:30 a.m.	Boards open for warm up
2 p.m.	Competition begins

Saturday, February 29

8:30 a.m.	Boards open for warm up
12 p.m.	Competition begins

WARM-UP SCHEDULE

Participants – 21 or more divers

Friday	Saturday	
10:00 a.m.	-	Coaches meeting
10:30-11:30 a.m.	8:30-9:30 a.m.	Open warm-up
11:30-Noon	9:30-10:00 a.m.	Flight one warm-up
Noon-12:30 p.m.	10:00-10:30 a.m.	Flight two warm-up
12:30-1:00 p.m.	10:30-11:00 a.m.	Flight three warm-up
1:00-1:45 p.m.	11:00-11:45 a.m.	Open warm-up
1:45-2:00 p.m.	11:45-Noon	Boards closed
2:00 p.m.	Noon	Diving competition starts.

Participants – 20 or fewer divers

Friday	Saturday	
10:00 a.m.	-	Coaches meeting <i>This may be moved to 10:30 a.m. if notice is given before Thursday of Regionals week</i>
11:00-Noon	9:00-10:00 a.m.	Open warm-up
Noon-12:30 p.m.	10:00-10:30 a.m.	Flight one warm-up
12:30-1:00 p.m.	10:30-11:00 a.m.	Flight two warm-up
1:00-1:45 p.m.	11:00-11:45 a.m.	Open warm-up
1:45-2:00 p.m.	11:45-Noon	Boards closed
2:00 p.m.	Noon	Diving competition starts.

QUALIFYING PROCEDURES

Divers will qualify for the NCAA championships based on performances at their respective regional meet.

Qualifying Procedures

Each regional diving meet will be given a fixed number of NCAA championship qualifiers to ensure equitable access opportunities. This number will be determined by the number of divers eligible to compete in a given region who have submitted all necessary information to compete in regional competition. At the end of the qualification period, all divers eligible to compete in a regional meet, as determined by the criteria listed, will be assigned to their geographic region. The number of eligible divers at each region will be divided by the total number of eligible divers at all regions then multiplied by 24 for men and 29 for women to determine the ratio for assigned qualification spots. Regardless of ratios, no region will have less than two qualifiers. The regional qualification allocation shall be posted on ncaa.org by Thursday, February 26, 2020. Qualifiers for the NCAA Division III Men's and Women's Swimming and Diving Championships will be determined through the processes listed on page 18 of this manual.

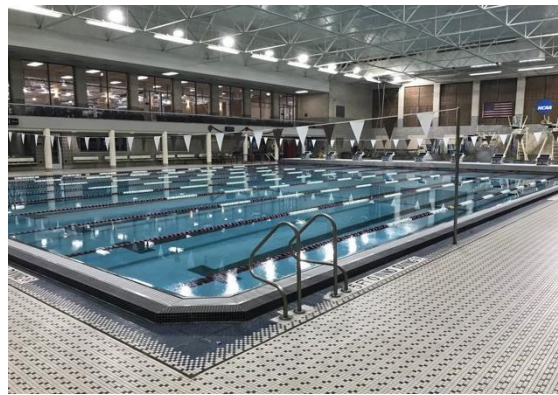
Number of Qualifying Spots per Regional for 2020 -- (Will be updated after March 1)

Women		Men	
Region 1		Region 1	
Region 2		Region 2	
Region 3		Region 3	
Region 4		Region 4	

HIXON NATATORIUM

The William H. Bell Athletic Center is a 187,517 square foot facility that was dedicated in 1992 and stands as the center of Trinity's athletic complex. In 2017-2018, it underwent a \$14.2 million renovation and expansion. It houses a two level Fitness Center that includes a weight room, cardio room, and multipurpose room, two performance gymnasiums, the Hixon Natatorium, the Sports Performance Center, one racquetball and squash court, and a dance studio. In addition, the facility boasts spacious locker rooms and a state-of-the-art athletic training room. All Trinity students and faculty and staff with valid Trinity ID's are allowed access to these facilities.

Hixon Natatorium also was renovated in 2018 with all new pump/filtration system, new rim flow gutter system, new Myrtha starting blocks, and new Colorado Timing scoreboard system. The diving well is 14 feet deep and has two 1-meter springboards, two 3-meter springboards, as well as one 2-meter springboard (all on concrete pedestals), water surface agitators, and one 1- meter dryland board.



DIRECTIONS TO TRINITY

Trinity University is located on the near north side of San Antonio at McAllister Freeway (U.S. Highway 281) and Mulberry. It is four miles south of San Antonio International Airport, one mile west of Fort Sam Houston, and three miles north of The Alamo.

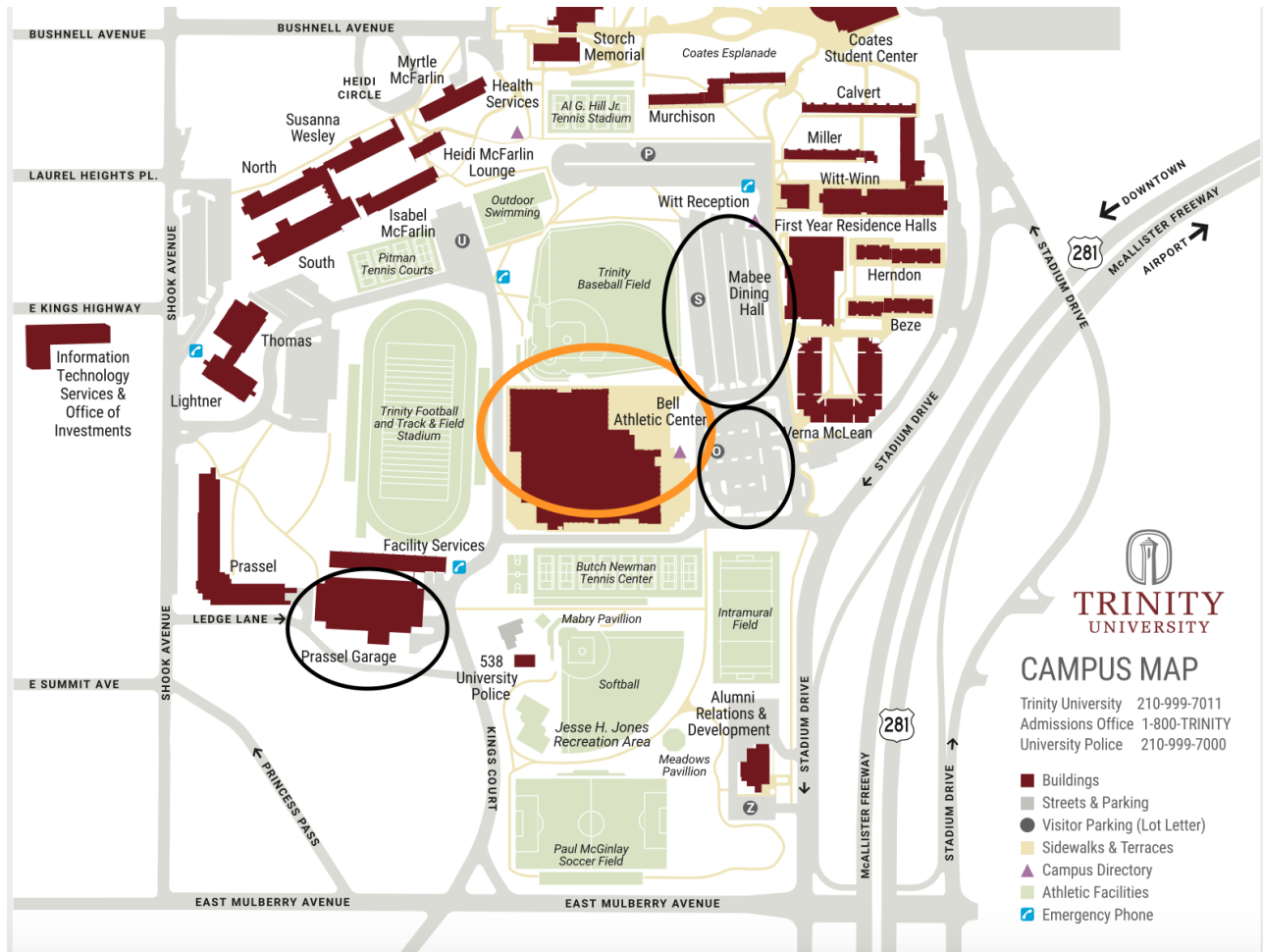
FROM THE AIRPORT Take 281 South Exit Hildebrand Ave and turn right at the stop light. Turn left at Devine / Stadium Dr. Follow the street to the right and follow past one stoplight. Take first entrance on your right (Jesse Jones Recreation Area). Bell Athletic Center is straight ahead on your right as you enter parking area.

FROM DOWNTOWN Follow 281 North Take St. Mary's / Mulberry Exit. Stay on frontage road and follow signs to Trinity. Follow frontage road over highway and turn south onto Stadium Dr. Take first entrance on your right (Jesse Jones Recreation Area). Bell Athletic Center is straight ahead on your right as you enter parking area.

PARKING/ENTRANCE

Parking

The entrance to the William H. Bell Athletic Center is located on the east side of the building. Parking will be available in the parking Lot O and Lot S on the east side of Bell Center. Parking is also available in the Prassel Garage located southwest of the Bell Center.



CREDENTIALS

Lanyard credentials will be issued to all coaches, athletic trainers and other staff listed in the official travel party. Student-athletes will receive bag-tag credentials in the coaches' packet at the Wednesday coaches' meeting. Credentials will gain staff and student-athletes access to areas closed to spectators, such as the pool deck. **Credentials must be worn at all times while on-site.**

Please fill out the Team Travel Party Form (Page 15) to ensure we have the proper number of credentials made for your staff upon arrival.

COACHES' MEETING

A mandatory coaches' meeting will be held Friday, February 28 at 10:00 a.m. in the Bell Athletic Center Herndon Room. Each coach will receive their championships packet containing credentials and updated information pertinent to the championships at this meeting. The judges' panel will be determined by random selection in this meeting.

DRUG TESTING

All student-athletes may be subject to NCAA drug testing at all NCAA championships or in conjunction with all postseason certified events. The goal of the drug-testing program is to provide safe, fair and equitable competition as well as to protect the health and safety of all NCAA student-athletes participating in NCAA championships and postseason certified events. Additional information regarding the NCAA's championship drug-testing program is located at www.ncaa.org/drugtesting.

EMERGENCY CONTACTS

Trinity Police Department Emergency: 210-999-7000

Trinity University Police: 210-999-7070

HOSPITALITY

Hospitality will be available to all student-athletes, coaches and team personnel.

Snacks and drinks will be provided throughout the competition.

***All hospitality areas will require credentials to access.*

LOCKERS

Team locker rooms are located in room 219 for women and 220 for men, across from Hixon Natatorium. The entrance will be available through the leisure pool area or from the main lobby hallway. Participating teams will not have assigned lockers.

All participants will be responsible for their personal items. Team bags can be placed on or under team bleachers on the pool deck. The host site is not responsible for lost or stolen items.

MEDIA INFORMATION

Event Results

Live results will be available at www.trinitytigers.com and www.divemeets.com. Any SIDs in attendance will also be provided with results.

Credentials

All media members and SIDs interested in covering the championships should submit requests to Justin Parker at 210/999-8447, jparker@trinity.edu. He will individually work with each media personnel to distribute media credentials.

General Information

- The media work area will be located The Herndon Room, Bell Center 310.
- There will be no designated interview area. Please contact Justin Parker to make any interview requests.

MEDICAL INFORMATION

The Trinity University Athletic Training Staff will be available to assist in providing the best possible medical care to all student-athletes. The athletic training room is located on the 1st floor of the Bell Athletic Center - Room 121. The athletic training facility offers a variety of hot and cold modalities, along with hydrotherapy, electrical stimulation and ultrasound. The office is supported by three certified athletic trainers led by head athletic trainer Marc Powell. A Trinity University athletic trainer will be on-site for all home varsity events. If your team is traveling without a certified athletic trainer, advance notice is appreciated. In addition, all teams whether traveling with or without a certified athletic trainer should bring a fully stocked medical bag with all necessary supplies as well as a letter for all electrical modality use. Water, ice bags, cups and biohazard supplies will be provided on your bench. Emergency supplies including an AED, crutches, splints, spine board, etc., will also be available should the need arise. A team physician will be on call for all events, and can be reached through one of our staff athletic trainers. The Trinity University athletic training room will try to accommodate all reasonable requests. If

you are in need of any additional supplies or information, or if we can be of service to you in any way, please do not hesitate to contact a staff member.

Host Emergency Medical Plan

1. Student-athlete injured in the diving well.
 - a. Natatorium lifeguard staff provides initial care while student-athlete is in water.
 - b. The injured student-athlete's athletic trainer will handle care of their student-athlete once the diver is removed from the pool.
 - c. Assistance will be provided by the championship's medical director (host athletic trainer) as required by the level of seriousness of the situation.
 - d. In the event that the injury is a medical emergency, TUPD & EMS will be called into action.
 - e. In the event EMS personnel are present at the facility, they will be summoned by the following:
 - (1) The aquatics director or assistant aquatics director.
 - (2) Championships medical director or designee.
 - (3) Director of Aquatics
 - (4) Natatorium lifeguard
 - f. In the event EMS personnel are not present at the Natatorium, the EMS system will be activated by using a cellular telephone, a regular telephone located on the pool deck, or a regular telephone located in the athletic training room office.
 - g. The call to the TUPD emergency (x7000) dispatcher will be made by one of the following individuals:
 - (1) The aquatics director or assistant aquatics director.
 - (2) Championships medical director or designee.
 - (3) Department of recreational services staff.
 - (4) Natatorium lifeguard.
 - h. The following information will be provided to the TUPD emergency dispatcher in the event of a medical emergency:
 - (1) Name of individual placing the call.
 - (2) Nature of the emergency ("injured diver during diving competition").
 - (3) Type of injury (head injury, fracture, dislocation, loss of consciousness, collision with diving board).
 - (4) Location - Bell Center Hixon Natatorium
 - (5) If the injury is **not** a medical emergency, the respective student-athlete's athletic trainer will manage the situation accordingly. They will be assisted by the Championships Medical Director or designee.
2. Non-student-athlete medical issues (on the pool deck).
 - Will be managed by the championship's medical director or director of aquatics.
3. Spectator medical issues.
 - a. Spectators in the stands will ask nearest event staff worker or event security worker for assistance.
 - b. A Natatorium lifeguard will provide first aid to any spectator.

Miscellaneous Information

1. Emergency supplies provided for the championships.
 - a. Natatorium lifeguard staff.
 - (1) AED.
 - Located in Natatorium on wall outside the athletic training room.
 - (2) In-water spine boards.
 - Located in Natatorium.
 - (3) Rescue pole.
 - Located in Natatorium.
 - (4) Rescue ring.
 - Located in Natatorium on lifeguard stands.
 - (5) Rescue tube.
 - Located in Natatorium on lifeguard stands.
 - (6) BBP control kits.
 - Located in Natatorium on lifeguard stands.
 - b. Certified athletic trainers.
 - (1) Emergency vacuum immobilizer splints.
 - (2) Knee immobilizer.
 - (3) Crutches.
 - (4) OSHA supplies.
 - (5) Slings.
 - (6) Medical kit.

All located in athletic training room.
 - c. Team physicians.
 - Physician kit (suture kit, etc.).
2. Telephone locations in/around the competition pools.
 - Land-line telephones are found in five (5) locations.
 - a. On wall.
 - b. Aquatics Director office.
 - c. Head swim coach room.
 - d. Assistant swim coach office.
 - e. Athletic Training Room downstairs.

Local Hospitals

Christus Santa Rosa 333. N. Santa Rosa San Antonio, TX 78207 (210) 704-2361
Metropolitan Methodist 1310 McCullough Ave. San Antonio, TX 78212 (210) 757-2200
Methodist Hospital 7700 Floyd Curl San Antonio, TX 78229 (210) 575-4000

MERCHANDISE

Event1 is the official merchandiser for NCAA championships. Merchandise will be available in the Bell Center main lobby starting 90 minutes prior to the start of the day's events. It will remain open throughout competition.

UNIFORMS

Regulations regarding uniforms for divers are detailed in Rule 3 of the 2019-20 NCAA Swimming and Diving Rules Book. **If a student-athlete competes in an illegal swimsuit, that student-athlete shall be disqualified from that event.**

VIDEOTAPING

Videotaping for personal use is permitted if it does not interfere with spectators or media. Each participating team is permitted to have a (one) person tape competition with a single camera for institutional purposes only. Flash photography is prohibited.

TRANSPORTATION

San Antonio International Airport (SAT) <https://www.sanantonio.gov/SAT>

All major carriers and car rentals are available. From SAT website: San Antonio International Airport provides commercial airline service for the South Texas region. More than 10 million passengers flew into and out of historic San Antonio in 2018, domestic and international destinations like Mexico on 11 airlines. San Antonio is a diverse, progressive and globally competitive city with a solid vision for national and international economic development. As the seventh-largest city in the United States, San Antonio is experiencing solid economic growth in 21st century industries such as bio-science and healthcare. Military City, USA is home to several military bases including Joint Base San Antonio, the largest base organization in the U.S. Department of Defense and comprised of Fort Sam Houston Army Base, Lackland Air Force Base and Randolph Air Force Base.

The International Airport itself is an economic generator for the region, supporting over 97,500 jobs and providing nearly \$1.6 billion in annual earnings for workers and proprietors. SAT is owned and operated by the City of San Antonio.

TEAM TRAVEL PARTY FORM (Page 1 of 2)

Institution: _____

Contact Prior to Arrival:

Name/Title: _____

Office Phone: _____

Cell Phone: _____

Approx. Practice Time Tuesday: _____

Transportation and Accommodations:

Arrival Date: _____ Time: _____

Hotel: _____

Ground Transportation (on-site):

Vans: _____

** Limited number of reserved spaces available
(one van/car permit will be provided)

Air Travel:

Airline: _____

Flight #: _____

Athletic Training:

Will your team bring a massage table?
_____ Yes _____ No

Coaches' Meeting:

Number attending coaches' meeting: _____

Official Travel Party:

Diving Coach: _____

Cell Phone: _____

Assistant Coach: _____

Athletic Trainer: _____

Cell Phone: _____

Administrator (if traveling): _____

Cell Phone: _____

Media Relations: _____

Cell Phone: _____

Drug Testing: _____

Cell Phone: _____

Other (Please Specify): _____

TEAM TRAVEL PARTY FORM (Page 2 of 2)

Institution: _____

Student-Athletes:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____

Due Wednesday, Feb. 26 by midnight to Seth Asbury: sasbury@trinity.edu

DIVING TIEBREAKER

(Applies to ties on an individual board to identify order of finish)

In the event of a tie between two or more divers from a regional qualifying meet, the tie will be broken by comparing each of the diver's total optional score on the board in which the tie has occurred. The diver with the highest total optional score would have the higher finishing position at their regional event. In the event there is a tie on the total optional score, the tie will be broken by the higher place on the opposite board. If one competitor is not competing on the opposite board, the competitor who is competing on the opposite board automatically will receive the higher selection position. All ties must be broken prior to diving qualifications/allocations being identified.

DIVING QUALIFICATION

(Applies to identification of each allocated spot)

When all results are made final, including any tiebreakers, the allocated spots will be determined as follows (refer to the Diving Selection Criteria for the allocation formula):

1. First place finishers from each board will be selected, using two of the allocated spots. If the same person finishes first on both boards, only one allocation will be used for that athlete.
2. Next, second place finishers from each board will be selected, using two of the allocated spots. If the same person finishes second on both boards, or one/both of the athletes have already been selected, only one or no allocations will be used.
3. This will continue with each finishing spot (third, fourth, fifth, etc.) until all the allocated spots have been assigned for each region.
4. If there is one allocation left and two divers who have not been selected are up for qualification, finishing in the same ranking on each board, the committee will use the divers combined score made up of their one-meter and three-meter scores. The competitor who has the highest score will be invited to the meet, earning the final allocation.

DIVING PROTEST PROCEDURE

- At the coaches' meeting, a meet committee must be designated who will hear and decide all protests.
- The committee shall consist of five coaches to be selected at the coaches' meeting. An alternate coach should also be identified in the case one of the initial coaches' student athletes is involved in the protest. The site representative and head referee will serve as advisors (non-voting).
- If a protest should occur, the protesting coach should find a member of the meet committee to turn in the protest form.
- Protests must be received within 30 minutes of the final diving results of that particular event.
- A member of the meet committee must call Kevin Alcox (317-917-6085) to communicate what the protest entails.
- The meet committee will review and vote on the protest; if a protesting coach is involved with the meet committee, they should remove themselves from discussion and voting.
- The meet committee will communicate back to the protesting coach what action they agreed upon. All protests are final once action has been taken.



NCAA DIVING PROTEST FORM

This protest form must be complete in full and submitted to the meet committee not later than 30 minutes after the final diving results of which the protest is applicable. Protests must be acted upon by the appropriate meet committee. The decision of this committee is final. Any protest before, during or immediately after a race should be resolved at the earliest opportunity, but not later than immediately following the current session.

Institution:

Coach Name:

Coach Cell Phone Number:

Student-Athlete Name:

Event:

Current Date:

Current Time:

Applicable Rule:

Situation Being Appealed:

Justification for Appeal:

Committee Decision – Approved: _____ Denied: _____

Appeal Meet Committee Signature: _____

Date: _____