



**2020 Division III
Northeast / South Diving Regional
Participant Manual**

Hosted by
Ithaca College
at the
Kelsey Partridge Bird Natatorium

February 28-29, 2020

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Dear Coaches and Guests,

We are very pleased to welcome you to the Ithaca College campus and look forward to hosting your student athletes and staff. Within this packet, you are receiving contact information from our staff at Ithaca College as well as information about lodging and restaurants in the area. If you need additional information, please do not hesitate to ask.

Our goal is to enhance the quality of your experience, so please let us know if there is anything we can do to assist you in your visit to Ithaca. Our hope is that our competition with one another will provide an opportunity for our student athletes to compete and exhibit outstanding sportsmanship in ways that further facilitate their development. To that end, please let us know how we can assist your coaches, students and support staff during their time in Ithaca.

We strive to ensure that your visit to Ithaca College results in an enjoyable experience.

Sincerely,

A handwritten signature in cursive script that reads "Susan Bassett". The signature is fluid and includes a long, sweeping horizontal stroke at the end.

Susan Bassett
Director of Athletics and Recreational Sports
607-274-3209

CHAMPIONSHIPS PERSONNEL

NCAA Representative

	<u>Office Phone</u>	<u>Cell Phone</u>	<u>E-Mail</u>
Kevin Alcox, Asst. Director - Championships	317-917-6085	317-749-9783	kalcox@ncaa.org
Aaron King, Coordinator – Championships	317-917-6771	317-749-8375	aking@ncaa.org

HOST PERSONNEL

Sport Administrators

	<u>Office Phone</u>	<u>Cell Phone</u>	<u>E-Mail</u>
Susan Bassett	607-274-3209		sbassett@ithaca.edu

Associate VP and Director of Athletics and Recreational Sports

Championship Staff

	<u>Office Phone</u>	<u>Cell Phone</u>	<u>E-Mail</u>
Mike Ariel	607-274-1068	508-212-2130	mariel@ithaca.edu
Chris Griffin	607-274-5144	315-214-9934	cgriffin@ithaca.edu
Kathy Farley	607-274-3001		kfarley@ithaca.edu

Coaching Staff

	<u>Office Phone</u>	<u>Cell Phone</u>	<u>E-Mail</u>
Chris Griffin	607-274-5144	315-214-9934	cgriffin@ithaca.edu
Paula Miller	607-274-3119		pmiller@ithaca.edu

Facility Staff

	<u>Office Phone</u>	<u>Cell Phone</u>	<u>E-Mail</u>
Mike Ariel	607-274-1068	508-212-2130	mariel@ithaca.edu

Athletic Communications

	<u>Office Phone</u>	<u>Cell Phone</u>	<u>E-Mail</u>
Bridget McCann	607-274-7376		bmccann1@ithaca.edu

Athletic Training

	<u>Office Phone</u>	<u>Cell Phone</u>	<u>E-Mail</u>
Emily Lahne			elahne@ithaca.edu

ORDER OF EVENTS

2020 (Even Years – All Regions)

DAY 1 Men's 3M & Women's 1M

DAY 2 Men's 1M & Women's 3M

Odd Years – All Regions

~~DAY 1 Women's 3M & Men's 1M~~

~~DAY 2 Women's 1M & Men's 3M~~

SCHEDULE OF EVENTS

(All times are local unless otherwise stated)

Friday, February 28

10 a.m.	Coaches meeting
10:30 a.m.	Boards open for warm up
2 p.m.	Competition begins

Saturday, February 29

8:30 a.m.	Boards open for warm up
12 p.m.	Competition begins

WARM-UP SCHEDULE

Participants – 21 or more divers

Friday	Saturday	
10:00 a.m.	-	Coaches meeting
10:30-11:30 a.m.	8:30-9:30 a.m.	Open warm-up
11:30-Noon	9:30-10:00 a.m.	Flight one warm-up
Noon-12:30 p.m.	10:00-10:30 a.m.	Flight two warm-up
12:30-1:00 p.m.	10:30-11:00 a.m.	Flight three warm-up
1:00-1:45 p.m.	11:00-11:45 a.m.	Open warm-up
1:45-2:00 p.m.	11:45-Noon	Boards closed
2:00 p.m.	Noon	Diving competition starts.

Participants – 20 or fewer divers

Friday	Saturday	
10:00 a.m.	-	Coaches meeting <i>This may be moved to 10:30 a.m. if notice is given before Thursday of Regionals week</i>
11:00-Noon	9:00-10:00 a.m.	Open warm-up
Noon-12:30 p.m.	10:00-10:30 a.m.	Flight one warm-up
12:30-1:00 p.m.	10:30-11:00 a.m.	Flight two warm-up
1:00-1:45 p.m.	11:00-11:45 a.m.	Open warm-up
1:45-2:00 p.m.	11:45-Noon	Boards closed
2:00 p.m.	Noon	Diving competition starts.

QUALIFYING PROCEDURES

Divers will qualify for the NCAA championships based on performances at their respective regional meet.

Qualifying Procedures

Each regional diving meet will be given a fixed number of NCAA championship qualifiers to ensure equitable access opportunities. This number will be determined by the number of divers eligible to compete in a given region who have submitted all necessary information to compete in regional competition. At the end of the qualification period, all divers eligible to compete in a regional meet, as determined by the criteria listed, will be assigned to their geographic region. The number of eligible divers at each region will be divided by the total number of eligible divers at all regions then multiplied by 24 for men and 29 for women to determine the ratio for assigned qualification spots. Regardless of ratios, no region will have less than two qualifiers. The regional qualification allocation shall be posted on ncaa.org by Thursday, February 26, 2020. Qualifiers for the NCAA Division III Men's and Women's Swimming and Diving Championships will be determined through the processes listed on page 18 of this manual.

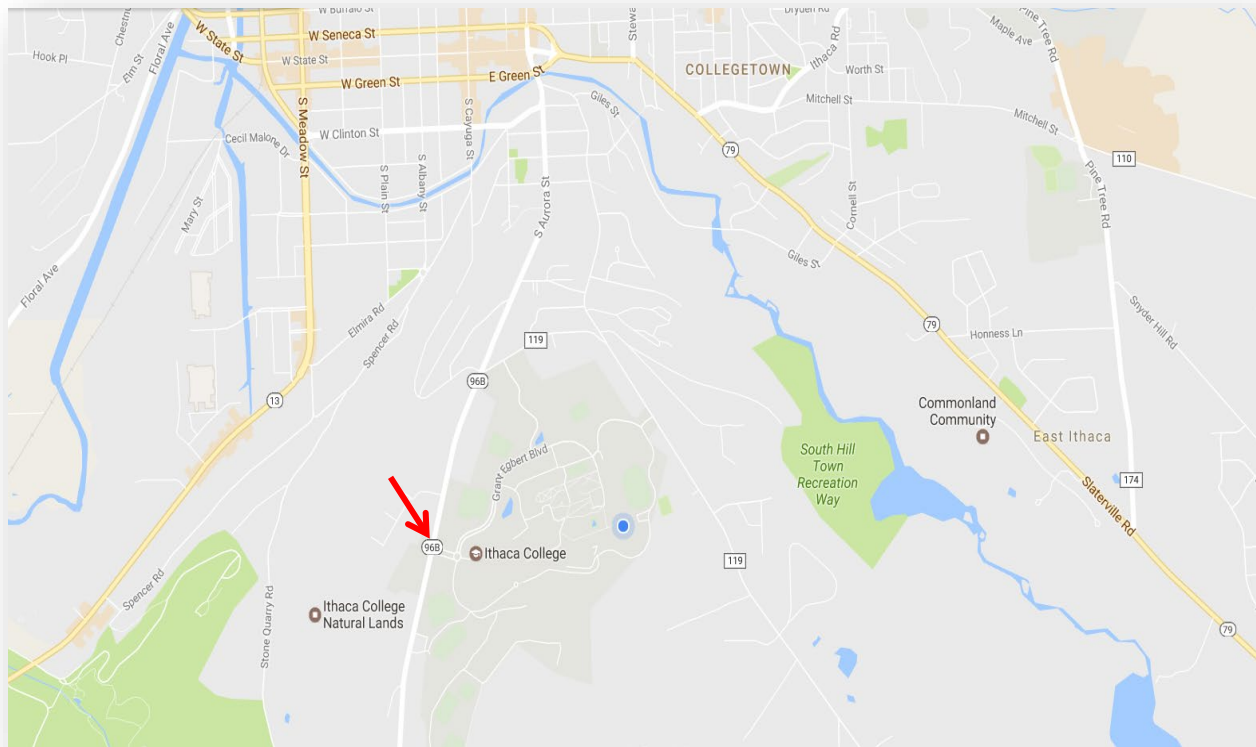
Number of Qualifying Spots per Regional for 2020 -- (Will be updated after March 1)

<u>Women</u>		<u>Men</u>	
Region 1		Region 1	
Region 2		Region 2	
Region 3		Region 3	
<u>Region 4</u>		<u>Region 4</u>	

Directions to the Athletics and Events Center

Ithaca College, 953 Danby Rd, Ithaca, NY 14850

Enter the main entrance of campus off of 96B. This is Alumni Circle. Go around Alumni Circle to Grant Egbert Boulevard. (this would be a left hand turn without the traffic circle). Take Grant Egbert Boulevard to the first stop sign. Continue straight to the second stop sign at Grant Egbert Boulevard East. Make a left on to Grant Egbert Boulevard East. (This will bring you around to the other side of the A&E Center). Follow Grant Egbert Boulevard East to the stop sign. Continue straight. You will then be on Lyceum Drive. The turf field will be on your right. There is a traffic circle immediately past the field. Make the first right immediately past the traffic circle, this is M-LOT.



Hallway

West Classroom:
Meet Management
Hospitality

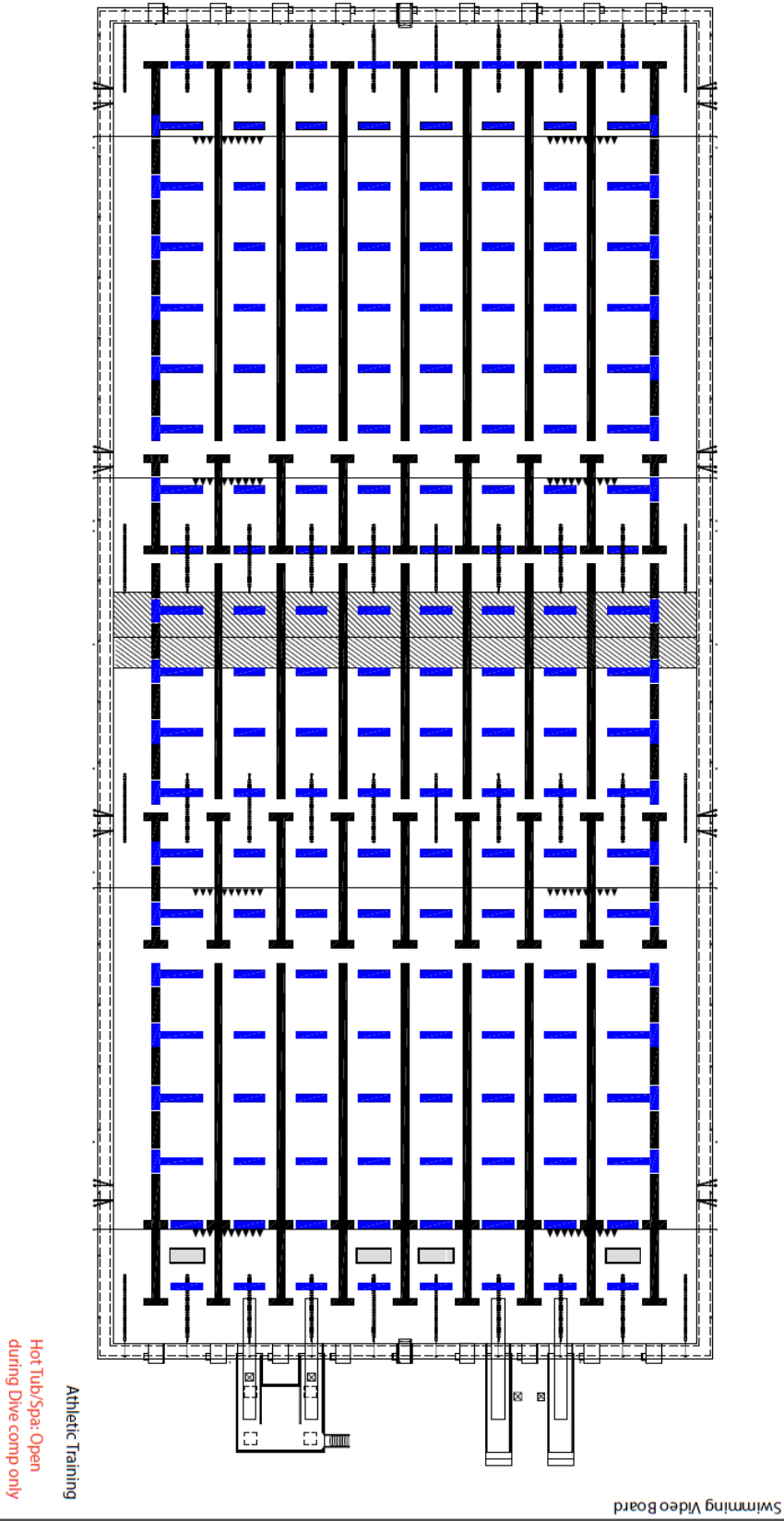
Men's Locker Room

Women's Locker Room

Office Area

Timing Desk

Dive Timing Desk



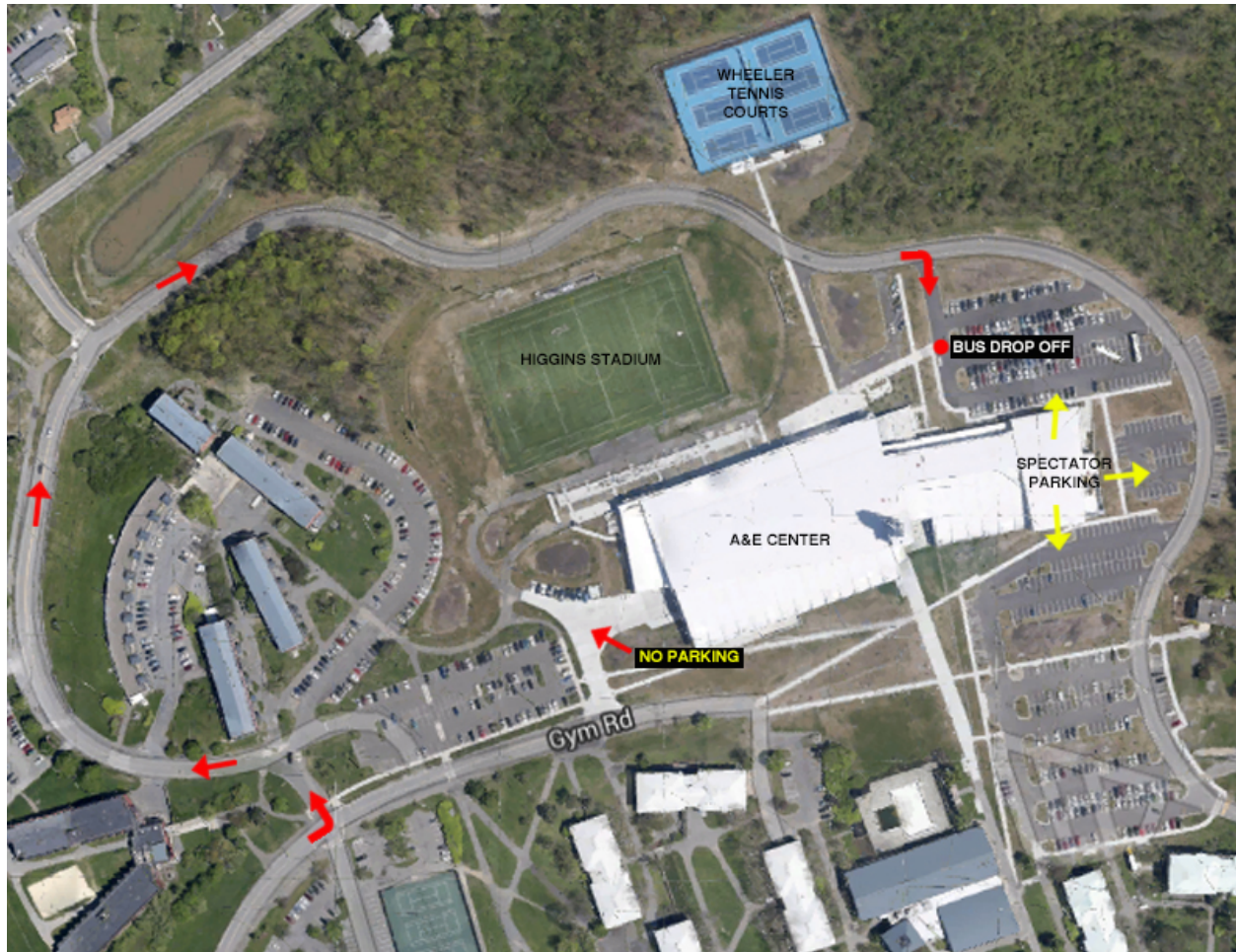
Swin Course 9 Lanes bulkhead to hard wall.
452 Seats from bleachers plus additional chair available for seating (60+)

TEAM PARKING/ENTRANCE

Team Parking

The entrance to the Athletics and Events Center is located on the southeast side of the building. Teams will be directed to M-Lot for parking. M-Lot is to the southeast of the building.

PARKING MAP



CREDENTIALS

Lanyard credentials will be issued to all coaches, athletic trainers and other staff listed in the official travel party. Student-athletes will receive bag-tag credentials in the coaches' packet at the coaches' meeting. Credentials will gain staff and student-athletes access to areas closed to spectators, such as the pool deck. **Credentials must be worn at all times while on-site.**

Please fill out the Team Travel Party Form (Page 22) to ensure we have the proper number of credentials made for your staff upon arrival.

COACHES' MEETING

A mandatory coaches' meeting will be held Friday, February 28 at 10 a.m. in the Wet Classroom (adjacent to the pool deck). Each coach will receive their championships packet containing credentials and updated information pertinent to the championships at this meeting. The judges' panel will be determined by random selection in this meeting.

CONCESSIONS

Concessions will be available at the event.

Additional dining option on campus: <https://www.ithaca.edu/dining/retail-dining>

DRUG TESTING

All student-athletes may be subject to NCAA drug testing at all NCAA championships or in conjunction with all postseason certified events. The goal of the drug-testing program is to provide safe, fair and equitable competition as well as to protect the health and safety of all NCAA student-athletes participating in NCAA championships and postseason certified events. Additional information regarding the NCAA's championship drug-testing program is located at www.ncaa.org/drugtesting.

EMERGENCY CONTACTS

Ithaca College Public Safety: 607-274-3353

HOSPITALITY

Hospitality will be available to all student-athletes, coaches and team personnel. See map on Page 11 for the following locations:

Coaches/Championship Staff

Snacks and drinks will be provided all day in the A&E Wet Classroom. As well as a light lunch and dinner will be provided each day of competition.

***All hospitality areas will require credentials to access.*

Student-Athletes

On the pool deck, snacks and drinks will be provided throughout the competition.

***All hospitality areas will require credentials to access.*

LOCKERS

Team locker rooms are located off the pool deck. The entrance will be available through the leisure pool area or from the main lobby hallway. Participating teams will not have assigned lockers.

All participants will be responsible for their personal items. Team bags can be placed on or under team bleachers on the pool deck. The host site is not responsible for lost or stolen items. There are no overnight lockers.

MEDIA INFORMATION

Event Results

Live results will be available at www.athletics.ithaca.edu and www.divemeets.com. Any SIDs in attendance will also be provided with results. Results will be placed in at www.athletics.ithaca.edu.

Credentials

All media members and SIDs interested in covering the championships should submit requests to Dan DeCaria. Dan will individually work with each media personnel to distribute media credentials.

General Information

- The media work area will be located in the Conference Room.
- Wireless Internet access will be available.
- There will be no designated interview area.

MEDICAL INFORMATION

All medical care will be coordinated through the Ithaca College athletic training staff by the Director of Athletic Training Services, Emily Lahne ATC. The athletic training setup is located at the southeast corner of the pool deck. At least one Certified Athletic Trainer and one athletic training student will be present during all practice and competition times. During the championships, the Athletic Training Room hours will coincide with the hours for divers during practice and competition.

Host Emergency Medical Plan

1. Student-athlete injured in the diving well.
 - a. Ithaca College lifeguard staff provides initial care while student-athlete is in water.
 - b. The injured student-athlete's athletic trainer will handle care of their student-athlete once the diver is removed from the pool.
 - c. Assistance will be provided by the championships medical director (host athletic trainer) as required by the level of seriousness of the situation.
 - d. In the event that the injury is a medical emergency, EMS will be called into action.
 - e. In the event EMS personnel are present at the facility, they will be summoned by the following:
 - (1) The aquatics director or assistant aquatics director.
 - (2) Championships medical director or designee.
 - (3) Department of recreational services staff.
 - (4) Ithaca College lifeguard
 - f. In the event EMS personnel are not present at the pool, the EMS system will be activated by using a cellular telephone, a regular telephone located on the pool deck, or a regular telephone located in the athletic training room office.
 - g. The call to the dispatcher will be made by one of the following individuals:
 - (1) The aquatics director or assistant aquatics director.
 - (2) Championships medical director or designee.
 - (3) Department of recreational services staff.
 - (4) Ithaca College lifeguard.
 - h. The following information will be provided to the emergency dispatcher in the event of a medical emergency:
 - (1) Name of individual placing the call.
 - (2) Nature of the emergency ("injured diver during diving competition").
 - (3) Type of injury (head injury, fracture, dislocation, loss of consciousness, collision with diving board).
 - (4) Location - Ithaca College Athletics & Events Center Pool
 - (5) Access point - *example*: south entrance, loading facility, A&E Center
 - (6) The individual making call to the emergency dispatcher will meet the responding emergency personnel and escort them to the Natatorium and the injured diver.
 - (7) If the injury is **not** a medical emergency, the respective student-athlete's athletic trainer will manage the situation accordingly. They will be assisted by the Championships Medical Director or designee.
2. Non-student-athlete medical issues (on the pool deck).
 - a. Will be managed by the championships ATC.
3. Spectator medical issues.
 - a. Spectators in the stands will ask nearest event staff worker or event security worker for assistance.
 - b. A lifeguard or EMT/Public Safety will provide first aid to any spectator.

Miscellaneous Information

1. Emergency supplies provided for the championships.
 - a. Lifeguard staff.
 - (1) AED.
 - Located on South Entrance Wall of the A&E Center Pool Deck
 - (2) In-water spine board (3).
 - Located in A&E Center Pool.

- (3) Rescue pole (5).
 - Located in A&E Center Pool.
 - (4) Rescue tube (6).
 - Located on lifeguard stands.
 - b. Certified athletic trainers.
 - (1) Emergency vacuum immobilizer splints.
 - (2) Knee immobilizer.
 - (3) Crutches.
 - (4) OSHA supplies.
 - (5) Slings.
 - (6) Medical kit.

All located in athletic training room.
2. Telephone locations in/around the competition pools.
- Land-line telephones are found in five (3) locations.
 - a. On wall A&E Pool.
 - b. Athletic Training Room office.
 - c. Meet Management room.
 - e. Coaches Office located next to pool.
3. Medical facilities available for the championships.
- Student-athlete health care is provided at Ithaca College. For the most urgent emergency medical issues that arise during the championships, Cayuga Medical Center will be the contact hospital. The Cayuga Medical Center is located 5.8 miles from the Ithaca College A&E Center Pool. The Cayuga Medical Center will be used for non-urgent medical care (x-rays, MRI, clinical examinations, laboratory work).
 - a. Directions to the Cayuga Medical Center:
 - (1) From the A&E Center entrance, turn LEFT onto Lyceum Dr. Turn RIGHT onto Grant Egbert Blvd, then LEFT on Coddington Road.
 - (2) Continuing on Coddington Road, turn RIGHT onto South Aurora St, then LEFT onto E Seneca St..
 - (3) Turn RIGHT onto N Meadow St, then LEFT onto W Buffalo St. Turn RIGHT onto Harris B Dates Dr.
 - (4) Take a slight right turn onto Dates Dr, then another slight right turn to continue on Dates Dr. The destination of CMC will be on your right.

MERCHANDISE

Event1 is the official merchandiser for NCAA championships. Merchandise will be available at the ticket table starting 90 minutes prior to the start of the day's events. It will remain open throughout competition or until sold out.

UNIFORMS

Regulations regarding uniforms for divers are detailed in Rule 3 of the 2019-20 NCAA Swimming and Diving Rules Book. **If a student-athlete competes in an illegal swimsuit, that student-athlete shall be disqualified from that event.**

VIDEOTAPING

Videotaping for personal use is permitted if it does not interfere with spectators or media. Each participating team is permitted to have one person tape competition with a single camera for institutional purposes only. Flash photography is prohibited.

AREA INFORMATION

Information regarding area attractions, lodging and dining options may be found online at <http://athletics.ithaca.edu/index.aspx>

TRANSPORTATION

CHARTER BUSES

BUS COMPANY	PHONE NUMBER
Swarthout	607-257-2277

CAR RENTALS

Avis	800/331-1212
Budget	800/214-6094
Enterprise	855/266-9565
Hertz	800/654-4173
National	844/393-9989

Ithaca Tompkins Regional Airport

1 Culligan Dr, Ithaca, NY 14850	(607) 257-0456
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AIRLINES

American Airlines	800/433-7300
Delta Airlines	800/221-1212
United Airlines	800/241-6522
Allegiant Airlines	866/865-8760

TEAM TRAVEL PARTY FORM (Page 1 of 2)

Institution: _____

Contact Prior to Arrival:

Name/Title: _____

Office Phone: _____

Cell Phone: _____

Approx. Practice Time Tuesday: _____

Transportation and Accommodations:

Arrival Date: _____ Time: _____

Hotel: _____

Ground Transportation (on-site):

Vans: _____

** Limited number of reserved spaces available
(one van/car permit will be provided)

Air Travel:

Airline: _____

Flight #: _____

Athletic Training:

Will your team bring a massage table?

_____ Yes _____ No

Coaches' Meeting:

Number attending coaches' meeting: _____

Official Travel Party:

Diving Coach: _____

Cell Phone: _____

Assistant Coach: _____

Athletic Trainer: _____

Cell Phone: _____

Administrator (if traveling): _____

Cell Phone: _____

Media Relations: _____

Cell Phone: _____

Drug Testing: _____

Cell Phone: _____

Other (Please Specify): _____

TEAM TRAVEL PARTY FORM (Page 2 of 2)

Institution: _____

Student-Athletes:

- | | |
|-----------|-----------|
| 1. _____ | 11. _____ |
| 2. _____ | 12. _____ |
| 3. _____ | 13. _____ |
| 4. _____ | 14. _____ |
| 5. _____ | 15. _____ |
| 6. _____ | 16. _____ |
| 7. _____ | 17. _____ |
| 8. _____ | 18. _____ |
| 9. _____ | 19. _____ |
| 10. _____ | 20. _____ |

Due Wednesday, Feb. 26 by midnight to Michael Ariel
Email: marinel@ithaca.edu/Fax: 607-274-1667

DIVING TIEBREAKER

(Applies to ties on an individual board to identify order of finish)

In the event of a tie between two or more divers from a regional qualifying meet, the tie will be broken by comparing each of the diver's total optional score on the board in which the tie has occurred. The diver with the highest total optional score would have the higher finishing position at their regional event. In the event there is a tie on the total optional score, the tie will be broken by the higher place on the opposite board. If one competitor is not competing on the opposite board, the competitor who is competing on the opposite board automatically will receive the higher selection position. All ties must be broken prior to diving qualifications/allocation being identified.

DIVING QUALIFICATION

(Applies to identification of each allocated spot)

When all results are made final, including any tiebreakers, the allocated spots will be determined as follows (refer to the Diving Selection Criteria for the allocation formula):

1. First place finishers from each board will be selected, using two of the allocated spots. If the same person finishes first on both boards, only one allocation will be used for that athlete.
2. Next, second place finishers from each board will be selected, using two of the allocated spots. If the same person finishes second on both boards, or one/both of the athletes have already been selected, only one or no allocations will be used.
3. This will continue with each finishing spot (third, fourth, fifth, etc.) until all the allocated spots have been assigned for each region.
4. If there is one allocation left and two divers who have not been selected are up for qualification, finishing in the same ranking on each board, the committee will use the divers combined score made up of their one-meter and three-meter scores. The competitor who has the highest score will be invited to the meet, earning the final allocation.

DIVING PROTEST PROCEDURE

- At the coaches' meeting, a meet committee must be designated who will hear and decide all protests.
- The committee shall consist of five coaches to be selected at the coaches' meeting. An alternate coach should also be identified in the case one of the initial coaches' student athletes is involved in the protest. The site representative and head referee will serve as advisors (non-voting).
- If a protest should occur, the protesting coach should find a member of the meet committee to turn in the protest form.
- Protests must be received within 30 minutes of the final diving results of that particular event.
- A member of the meet committee must call Kevin Alcox (317-917-6085) to communicate what the protest entails.
- The meet committee will review and vote on the protest; if a protesting coach is involved with the meet committee, they should remove themselves from discussion and voting.
- The meet committee will communicate back to the protesting coach what action they agreed upon. All protests are final once action has been taken.



NCAA DIVING PROTEST FORM

This protest form must be complete in full and submitted to the meet committee not later than 30 minutes after the final diving results of which the protest is applicable. Protests must be acted upon by the appropriate meet committee. The decision of this committee is final. Any protest before, during or immediately after a race should be resolved at the earliest opportunity, but not later than immediately following the current session.

Institution: _____

Coach Name: _____

Coach Cell Phone Number: _____

Student-Athlete Name: _____

Event: _____

Current Date: _____

Current Time: _____

Applicable Rule: _____

Situation Being Appealed: _____

Justification for Appeal: _____

Committee Decision – Approved: _____ Denied: _____

Appeal Meet Committee Signature: _____

Date: _____