## 2021-2022 Division II Women's Swimming and Diving Qualifying Standards

| WOMEN'S SWIMMING STANDARDS |  |  |
| :---: | :---: | :---: |
| 25-Yard Course |  |  |
| EVENT | A <br> Standard | B <br> Standard |
| 50 Freestyle | 22.80 | 23.94 |
| 100 Freestyle | 49.63 | 52.11 |
| 200 Freestyle | 1:47.70 | 1:53.08 |
| 500 Freestyle | 4:50.30 | 5:04.82 |
| 1000 Freestyle | 9:54.77 | 10:24.51 |
| 1650 Freestyle | 16:31.17 | 17:20.73 |
| 100 Backstroke | 53.73 | 56.42 |
| 200 Backstroke | 1:57.03 | 2:02.88 |
| 100 Breaststroke | 1:01.03 | 1:04.08 |
| 200 Breaststroke | 2:13.06 | 2:19.71 |
| 100 Butterfly | 53.37 | 56.04 |
| 200 Butterfly | 1:59.37 | 2:05.34 |
| 200 Individual Medley | 1:59.39 | 2:05.36 |
| 400 Individual Medley | 4:17.69 | 4:30.57 |


| WOMEN'S RELAY STANDARDS |  |  |
| ---: | ---: | ---: |
| 25-Yard Course |  |  |
| EVENT | QUALIFYING | PROVISIONAL |
| 200 Freestyle Relay | N/A | $\mathbf{1 : 3 4 . 1 5}$ |
| 400 Freestyle Relay | N/A | $\mathbf{3 : 2 5 . 3 5}$ |
| 800 Freestyle Relay | N/A | $\mathbf{7 : 2 9 . 8 4}$ |
| 200 Medley Relay | N/A | $\mathbf{1 : 4 2 . 9 8}$ |
| 400 Medley Relay | N/A | $\mathbf{3 : 4 5 . 9 6}$ |

## WOMEN'S DIVING STANDARDS

| * A minimum degree of difficulty on the 1-Meter six optional dives shall be a 13.0 |  |  |
| :---: | :---: | :---: |
| \# A minimum degree of difficulty on the 3-Meter six optional dives shall be a 13.3 |  |  |
| EVENT | Dual-6 Optionals | Championship-11 Dives |
| 1-Meter Diving Points * | 255 | 390 |
| 3-Meter Diving Points \# | 265 | 420 |

## Conversions

To convert a metric time achieved in a 25 -meter racing course to an equivalent time for a 25 -yard racing course: (a) transform the achieved metric time into seconds; (b) carrying the calculation out to five decimal places, multiply the transformed time in seconds by the appropriate following conversion factor; (c) drop, without rounding, all units smaller than a hundredth of a second; and (d) finally, transform the resultant value in seconds back into minutes and seconds to obtain the converted time.

Short-Course Conversion Factors (Men and Women)

| Event | Factor |
| :--- | ---: |
| 400 meters to 500 yards | 1.143 |
| 800 meters to 1000 yards | 1.143 |
| 1500 meters to 1650 yards | 1.003 |
| All other events | 0.896 |

Please note that the conversion table above reflects what is included in the 2021-22 NCAA Swimming and Diving Rules Book, Appendix A-2. This document reflects what will be used for selection to and seeding at the 2022 Division II Swimming and Diving Championships.

All time standards, consideration standards and optional-entry standards may be achieved only in 25-yard or 25 -meter racing courses. No times achieved in 50-meter courses will be eligible for selection.

## Altitude

Times achieved at an altitude of 3,000 feet or higher may be adjusted according to the following chart:

| Event | I <br> $3,000-4,250 \mathrm{Ft}$. <br> Elevation | II <br> $4,251-6,500 \mathrm{Ft}$. <br> Elevation | Above 6,500 Ft. <br> Elevation |
| :--- | :---: | :---: | :---: |
| 100 Yards/Meters <br> (Individual Events) | .0 | .10 | .15 |
| 200 Yards/Meters <br> (Individual Events) | .5 | 1.2 | 1.6 |
| 500 Yards/400 Meters <br> (Individual Events) | 2.5 | 5.0 | 7.0 |
| 1,000 Yards/800 Meters <br> (Individual Events) | 6.3 | 11.4 | 18.5 |
| 1,650 Yards/1,500 Meters <br> (Individual Events) | 11.0 | 20.0 | 32.5 |

Subtract the time above from the actual time achieved. A relay team may use a conversion that is four times the appropriate figures listed above. This is the time to be used on the entry form.

