



2024 DIVISION I
ZONE DIVING
CHAMPIONSHIPS

PARTICIPANT
2023-24 MANUAL

2024 Zone A Participant Manual

Hosted by Princeton University

DeNunzio Pool

March 9-13, 2024

TABLE OF CONTENTS

Contents

<i>WELCOME LETTER</i>	3
<i>CHAMPIONSHIPS PERSONNEL</i>	4
<i>SCHEDULE OF EVENTS</i>	5
<i>ENTRY INFORMATION</i>	7
<i>SCORING</i>	8
<i>RESULTS</i>	8
<i>FACILITY INFORMATION</i>	10
DIRECTIONS TO FACILITY.....	10
TEAM PARKING/ENTRANCE/PARKING MAP	11
<i>CHAMPIONSHIP SUBCOMMITTEE MEMBERS</i>	12
<i>CREDENTIALS</i>	12
<i>COACHES MEETING</i>	12
<i>CONCESSIONS</i>	12
<i>DRUG TESTING</i>	13
<i>EMERGENCY CONTACTS</i>	13
<i>HOSPITALITY</i>	13
<i>LOCKERS</i>	13
<i>MEDIA INFORMATION</i>	13
<i>MEDICAL INFORMATION</i>	14
<i>MERCHANDISE</i>	14
<i>PROTEST PROCEDURE</i>	14
<i>UNIFORMS</i>	15
<i>VIDEOTAPING</i>	15
<i>AREA INFORMATION</i>	15
<i>TRANSPORTATION</i>	15

FORMS TO SUBMIT

<i>TEAM TRAVEL PARTY FORM</i>	17
<i>PROTEST FORM</i>	19

WELCOME LETTER

January 4, 2024

Greetings Zone A Diving Coaches

On behalf of Princeton University, we would like to welcome you to Princeton, NJ and DeNunzio Pool. We are pleased to have you as our guest and we look forward to a great meet.

Within this guide you will find pertinent information to help make your stay in Princeton more enjoyable.

If you have any additional questions, please contact Jack Jephson, Assistant Director of Aquatics at 609-258-7849.

Our experienced staff is ready to assist you with any needs you may have and we are determined to make your visit a pleasant one. Have safe travels and we are looking forward to having you on campus. Best of luck to you during the meet and we wish your Institution, Staff, and Student Athletes continued success.

Best Regards,

John Mack

**Ford Family Director of Athletics
Princeton University**

CHAMPIONSHIPS PERSONNEL

<u>NCAA Representative</u>	<u>Office Phone</u>	<u>Cell Phone</u>	<u>E-Mail</u>
John Bugner, Director of Championships	317-917-6529	317-522-7220	jbugner@ncaa.org
Paige Newman, Assistant Director of Championships	317-917-6660	317-778-9808	pnewman@ncaa.org
<u>Sport Administrators</u>			
Greg Busch	609-258-3751	609-638- 6112	gdbusch@princeton.edu
<u>Championship Staff</u>			
Jack Jephson	609-258-7849	267-879-3403	jjephson@princeton.edu
Kaitlin Dobiesz	609-258-7849	973-432-3753	knaudts@princeton.edu
Liam Ryan	609-258-7849	609-903-0403	liam.ryan@princeton.edu
<u>Coaching Staff</u>			
Ted Everett	609-258--2733	951-719-5724	Ted.Everett@princeton.edu
<u>Facility Staff</u>			
Jack Jephson	609-258-7849	267-879-3403	jjephson@princeton.edu
Kaitlin Dobiesz	609-258-7849	973-432-3753	knaudts@princeton.edu
Liam Ryan	609-258-7849	609-903-0403	liam.ryan@princeton.edu
<u>Diving Table Coordinator</u>			
Dan Galvin	N/A	614-429-7688	dglavin@yahoo.com
<u>Athletic Communications</u>			
Elliott Carr	609-258-3680	630-245-3193	ecarr@princeton.edu
<u>Multimedia and Broadcasting</u>			
Cody Chrusciel	609-258-2645	973-800-2097	codyc@princeton.edu
<u>Athletic Training</u>			
Bridget Zulli	609-258-3527	215-900-6208	bh5802@princeton.edu
Matthew DenBleyker	609-258-3527	732-977-8477	md4386@princeton.edu
<u>Sports Marketing</u>			
Macall Martin	609-258-8861	609-240-6813	mvmartin@princeton.edu
Anna Pitingolo	609-258-6695	908-403-7912	pitingolo@princeton.edu

2:45-3:15 p.m.	Final warm up.	3 to 5:15 p.m.	Prelim B
3:15 to 4:15 p.m.	Finals.	5:15 to 5:45 p.m.	Final warm up.
		5:45 to 6:45 p.m.	Finals.

Tuesday, March 12

Men's 1-meter

6:30 to 8 a.m.	Open warm up.
8 to 8:45 a.m.	Group 1 warm up.
8:45 to 9:30 a.m.	Group 2 warm up.
9:30 to 10:15 a.m.	Group 3 warm up.
10:15 to 11 a.m.	Group 4 warm up.
11 to 11:15 a.m.	Group 1 warm Up
11:15 a.m. to 12 p.m.	Open warm up.
12 to 3 p.m.	Prelims.
3 to 3:30 p.m.	Final warm up.
3:30 to 4:30 p.m.	Finals.

Women's 3-meter

6:30 to 8:15 a.m.	Open warm up.
8:15 to 9 a.m.	Group 1 warm up.
9 to 9:45 a.m.	Group 2 warm up.
9:45 to 10:30 a.m.	Open warm up.
10:30 a.m. to 12:30 p.m.	Prelim A
12:30 to 1:15 p.m.	Group 3 warm up.
1:15 to 1:45 p.m.	Group 4 warm up.
1:45 to 2:30 p.m.	Open warm up.
2:30 to 4:30 p.m.	Prelim B
4:30 to 5 p.m.	Final warm up.
5 to 6 p.m.	Finals.

Wednesday, March 13

6:30 a.m.	Building open
7:00 to 9:15 a.m.	Open women's and men's platform warm up
9:15 to 10:55 a.m.	Women's platform only
10:55 a.m.	Introduction and national anthem
11 a.m. to 12:30 p.m.	Women's platform competition
12:30 to 2 p.m.	Open Men's platform warm up
2 to 4 p.m.	Men's platform competition

*****This maybe a combined event if numbers are low.**

* Events will run "straight through" with a 10-minute break between the end of preliminaries and the beginning of the finals. Divers in the finals are allowed to practice during the 10-minute break. *

ENTRY INFORMATION

Diving Entries

- Qualification for a diving event must be achieved in bona fide competition. The definition and requirements for meeting bona fide competition is detailed in Rule 9 for the 2023-24 and 2024-25 NCAA Swimming and Diving Rules Book.
- In order to qualify for the diving events at the championships, a diver must participate in their respective zone-qualifying meet. In order to qualify to compete in a zone-qualifying meet, the diver must have achieved the qualifying standards for minimum point totals in bona fide competition in each event they want to participate. The qualifying standards for divers are available online at ncaa.org.
- [DiveMeets](#) will be used at each of the zone diving championships and divers must register online for their respective zone meet.
- All coaches wishing to enter a diver into their respective zone diving championship must submit the zone diving entry form by 11:59 p.m. Eastern time, Monday, March 4. Late and/or incorrect submissions will result in a fine of \$500.

Procedures

- All springboard diving events will consist of a preliminary round of six optional dives, including one from each of the five groups plus an additional dive that may be selected from any group. The top 18 finishers from the preliminary round will advance to the final round and will perform a second list of six optional dives, including one from each of the five groups plus an additional dive that may be selected from any group. All dives will be performed in any order without limit on degree of difficulty. Scores on all dives performed by each of the divers in the prelims and the finals shall be used to determine finals placing.
- For platform prelims, each diver will do six optional dives (men), including one from each of six groups, or five optional dives (women), including one from each of five groups, from any competitive platform level (i.e. 5, 7.5 or 10 meters), in any order, without limit on degree of difficulty. The top 18 finishers from the preliminary round will advance to the final round and will perform a second list of six optionals (men) including one from each of the six platform groups or five optionals (women) including one from each of five groups. All dives will be performed from any competitive level in any order without limit on degree of difficulty. Scores on all dives performed by each of the divers in the prelims and the finals shall be used to determine finals placing.
- Divers in the finals are allowed to practice during the 10-minute break. The diving order for finals will remain the same, with the non-qualifying divers being removed from the starting order.

SCORING

In all events, preliminary scores will carry forward and be added to the scores in the finals to determine final placement.

Tie-Breaking Procedures at Zone Qualification Meets

In the event of a tie between two or more divers who are vying for a final selection spot from a zone qualifying meet, the tie will be broken by comparing each of the diver's highest score from both their two lists (preliminary and finals). The diver with the highest score would advance to the championships, and the other diver will become the first alternate from that respective zone.

Judges

Panels of judges shall be drawn by the NCAA Diving Subcommittee members in attendance before the coaches meeting. Panels should be drawn so that all conferences are represented equally, if possible. The panels of judges shall then be presented to all coaches for final approval at the coaches meeting. Any coach wanting to observe the drawing of panels may do so.

RESULTS

Divers will qualify for the NCAA championships based on performances at their respective zone meet.

Qualifying Procedures

The top five female and top four male divers from each event at their respective zone diving championship will be eligible to compete at the NCAA Championships. Additional place finishers in each event at each zone will be eligible based on the number of student-athletes from that zone who finished in the top 16 in that event at the previous year's contested or completed NCAA Championships. All eligible divers must have achieved the zone qualifying score prior to the NCAA championships in all events they wish to participate.

Number of Qualifying Spots per Zone for 2024

Women	1m	3m	PI	Men	1m	3m	PI
Zone A	5	5	5	Zone A	6	5	4
Zone B	10	8	7	Zone B	7	7	10
Zone C	7	11	11	Zone C	7	10	8
Zone D	11	9	9	Zone D	10	9	7
Zone E	8	8	9	Zone E	6	5	7

Optional Entry

Any diver that is eligible to compete as noted above will be allowed to optionally enter any other event(s) at the championships, provided that the diver finished in the top 12 at the same zone meet and has achieved the zone qualifying score for that event prior to the NCAA Championships.

Example

Zone A had two divers finish in the top 16 on 1-meter at last year's NCAA women's championships; therefore, the top seven divers (5+2) would then be eligible to compete at this year's NCAA championships in the 1-meter event. Additionally, those seven divers may dive the 3-meter and or platform events provided they have met the requirements noted above.

Reimbursement Procedure

The reimbursement system for divers who are eligible to compete in the NCAA championships will remain the same as the 2022-23 season qualifying system. Divers will be eligible for reimbursement based on performances at their respective zone meet. The results from the previous year's NCAA championships, along with a priority-placement grid (Figure 1) will be used to determine the total allocated reimbursement spots for each zone. Each zone will receive a minimum of four reimbursements for men and women. These guaranteed reimbursements will fill 20 of the 41 and 20 of the 35 allotted for women and men respectively. The priority-placement grid will then be used to fill the remaining 21 spots for women and 15 for men. All remaining eligible divers that do not receive reimbursement will be allowed to attend the NCAA championships as an institutionally-funded participant.

NUMBER OF REIMBURSEMENT SPOTS PER ZONE

	Women	Men
Zone A	4	5
Zone B	8	8
Zone C	12	9
Zone D	10	7
Zone E	7	6

Place	1M	3M	PL
1	2	1	3
2	5	4	6
3	8	7	9
4	11	10	12
5	14	13	15
6	17	16	18
7	20	19	21
8	23	22	24
9	26	25	27
10	29	28	30
11	32	31	33
12	35	34	36
13	38	37	39
14	41	40	42
15	44	43	45
16	47	46	48

Figure 1

Once all of the zone diving championships have concluded, and not later than Sunday, March 17, the list of selected divers will be posted on ncaa.org. Institutions with divers selected to the championships will be notified by the NCAA national office. Additionally, for the full list of divers eligible to compete at the finals site that includes the institutionally-funded divers, please refer to the DiveMeets site.

FACILITY INFORMATION

DeNunzio Pool was constructed in 1990 with state-of-the-art design and technology. The facility is located east of Jadwin Gymnasium. The pool measures 50 meters by 25 yards with a minimum depth of 9 feet and a maximum depth of 17 feet. The pool has two moveable bulkheads which allow for various course configurations for swimming and water polo. The facility features a fully automatic colorado timing system with electronic scoring for swimming, diving, and water polo. The pool building includes complete facilities for diving (one and three meter springboards as well as a 10-meter platform with intermediate towers.)

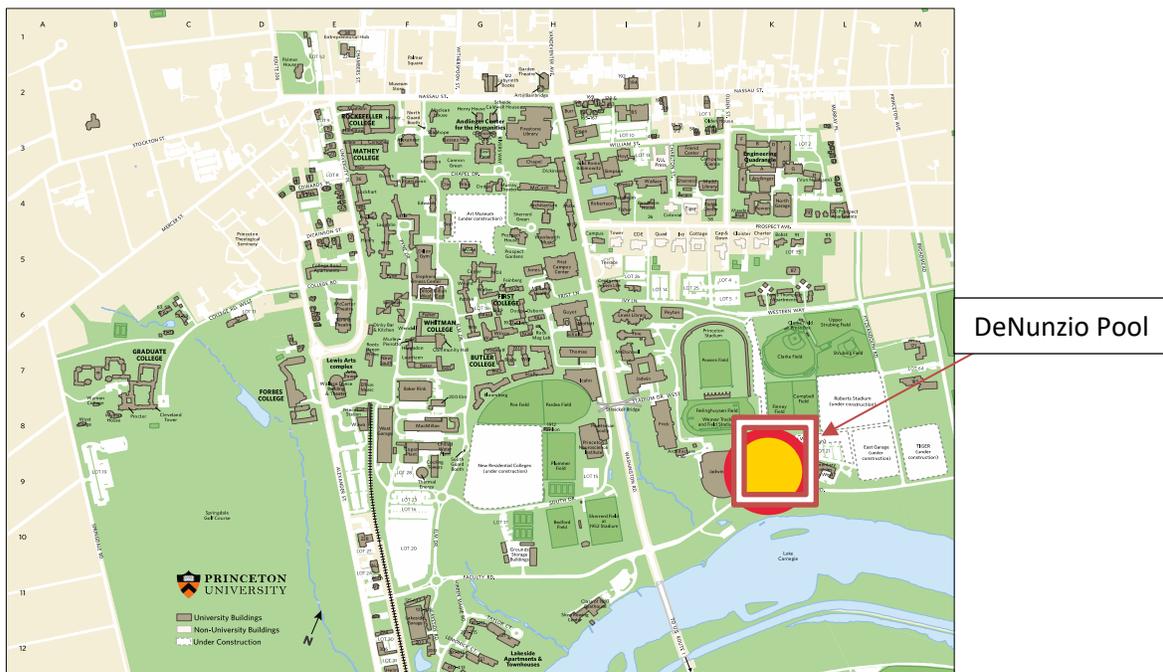
There are bleachers to accommodate 1,700 spectators, men's and women's lockers rooms, an exercise room, offices, and a conference room in the building. The building and pool are ADA accessible. Caldwell Fieldhouse connects to DeNunzio Pool at the deck level and houses additional locker rooms for visiting teams and an athletic training room as well as a connecting tunnel to Jadwin.

The diving well is 17 feet deep and has two 1-meter springboards, two 3-meter springboards, as well as 1, 3, 5, 7.5, and 10-meter platforms, water surface agitators, and a Sparger System.

Facility A-Z Information Guide for DeNunzio - <https://goprincetontigers.com/sports/2022/8/16/denunzio-pool-fan-info>

DIRECTIONS TO FACILITY

Link to a google maps DeNunzio Pool - <https://maps.app.goo.gl/kYnwm8GYEeD5XeH26>



PARKING

Fan Parking

During competition, parking is available in the Stadium Drive Garage for all fans. GPS Location for Stadium Drive Garage is – 245 Fitzrandolph Road, Princeton, New Jersey 08540.

Team Parking

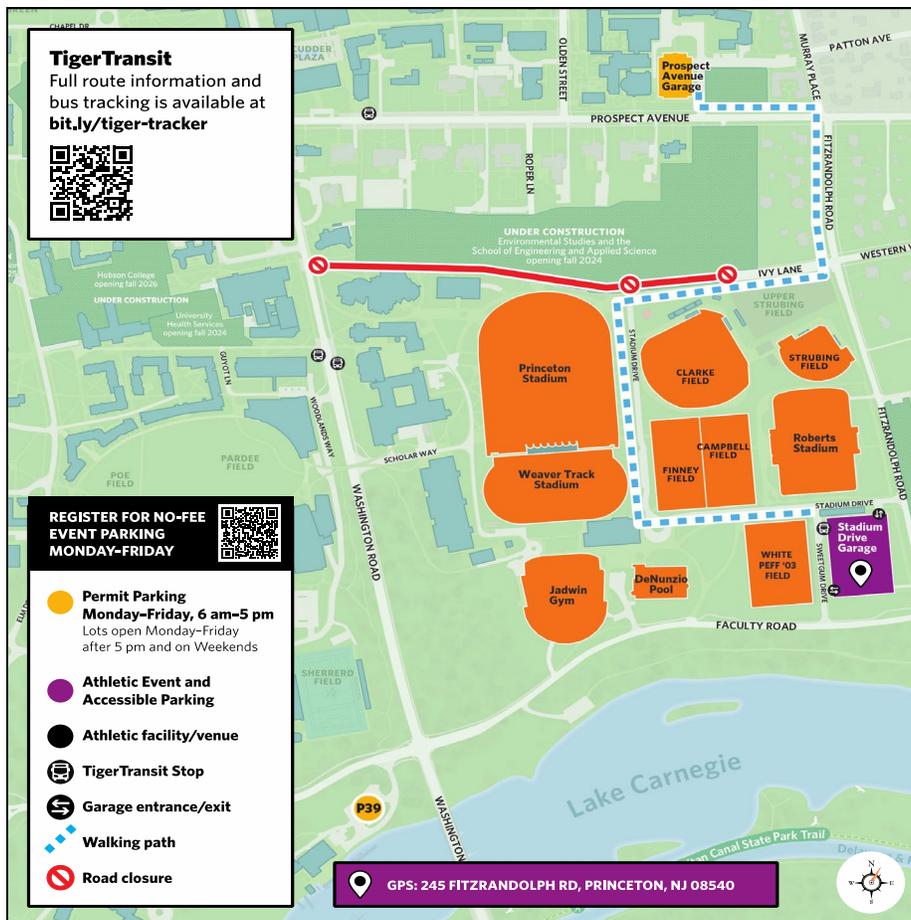
All cars and vans under 7' may park on any level of Stadium Drive Garage

Van's under 8'2" are restricted to level 1 and must enter from Stadium Drive.

Vans over 8'2" do not fit and will be accommodated with bus parking.

Bus Parking and Van's over 8' 2" will be parked on Stadium Drive Garage (please make us aware of this on the team travel party form.

TEAM PARKING/ENTRANCE/PARKING MAP



CHAMPIONSHIP SUBCOMMITTEE MEMBERS

Zone A – Representatives

- Katie Kasprzak – University of Pittsburgh
- Matt O’Neill – Harvard University

Zone B – Representatives

- Beau Bunn – University of Alabama
- Josh Larcom – Florida International University

Zone C – Representatives

- Susan Bromberg – University of Illinois at Chicago
- Kris Jorgensen – Northwestern University

Zone D – Representatives

- Yahya Radman – University of Wisconsin, Madison
- Anthony Crowder – Texas Christian University

Zone E – Representatives

- Aaron D’Addario – University of Denver
- Roland McDonald- San Diego State University

CREDENTIALS

Lanyard credentials will be issued to all coaches, athletic trainers and other staff listed in the official travel party. Student-athletes will receive bag-tag credentials in the coaches’ packet at the Sunday afternoon coaches meeting. Credentials will gain staff and student-athletes access to areas closed to spectators, such as the pool deck. **Credentials must be worn at all times while on-site.**

Please fill out the Team Travel Party Form (page 17) to ensure we have the proper number of credentials made for your staff upon arrival.

COACHES MEETING

A mandatory coaches meeting will be held **Sunday, March 10 at 6:30 p.m.** in the zanfrini room. We will be directing coaches there from the pool deck. Each coach will receive their championships packet containing credentials and updated information pertinent to the championships at this meeting. The judges’ panel will be reviewed by the coaches in this meeting.

CONCESSIONS

Concessions will be available from a concession stand in the concourse of DeNunzio Pool, during all hours of competition.

DRUG TESTING

All student-athletes are subject to NCAA drug testing at all NCAA championships or in conjunction with all postseason certified events. The goal of the drug-testing program is to provide safe, fair and equitable competition as well as to protect the health and safety of all NCAA student-athletes participating in NCAA championships and postseason certified events. Additional information regarding the NCAA's championship drug-testing program is located at www.ncaa.org/drugtesting.

EMERGENCY CONTACTS

Emergency: 911

Public Safety: 609-258-1000

Caldwell Athletic Training Room: 609-258-3527

HOSPITALITY

Hospitality will be available to all student-athletes, coaches and team personnel.

Coaches/Championship Staff

Snacks and drinks will be provided all day. A lunch and dinner will be provided each day of competition. This will be located in the DeNunzio Pool conference room.

Student-Athletes

Snacks and drinks will be provided throughout the competition at a student athlete table located on the pool deck

***All hospitality areas will require credentials to access.*

LOCKERS

Team locker rooms are located in the Caldwell. To access these locations please follow signage off the pool deck behind the Denunzio conference room. Participating teams will not have assigned lockers.

All participants will be responsible for their personal items. Team bags can be placed on or under team bleachers on the pool deck. The host site is not responsible for lost or stolen items.

MEDIA INFORMATION

Event Results

Live results will be available at www.goprincetontigers.com and www.divemeets.com. Any SIDs in attendance will also be provided with results. Results will be placed at the dive table.

Credentials

All media members and SIDs interested in covering the championships should submit requests to Elliott Carr (ecarr@princeton.edu). Elliott will individually work with each media personnel to distribute media credentials.

General Information

- The media work area will be located in the DeNunzio conference room or bleachers.
- Wireless Internet access will be available for guests throughout the aquatic facility
- There will be no designated interview area. Please contact Elliott Carr to make any interview requests.

MEDICAL INFORMATION

Please see attached Princeton University Athletics Medical Plan.

MERCHANDISE

Event1 is the official merchandiser for NCAA championships. Merchandise will be available in the concourse of Denunzio pool starting 90 minutes prior to the start of the day's events. It will remain open throughout competition.

PROTEST PROCEDURE

- At the coaches meeting, a meet committee must be designated who will hear and decide all protests.
- The diving subcommittee members for each region are automatically on the meet committee; the additional members must be nominated or can volunteer to be part of the meet committee; however, there should be no more than five total meet committee members. If there are more nominations or volunteers than necessary, names will be drawn out of a hat. The meet committee shall have fair representation (i.e., two coaches from the same conference should not be allowed if there are more than five conferences in the zone, etc.).
- If a protest should occur, the protesting coach should find a member of the meet committee to turn in the protest form.
- Protests must be received within 30 minutes of the final diving results of that particular event. (See the protest form at the back of this manual.)
- A member of the meet committee must call Paige Newman (317-778-9808) or John Bugner (317-522-7220) to communicate what the protest entails.
- The meet committee will review and vote on the protest; if a protesting coach is involved with the meet committee, they should remove themselves from discussion and voting. (Determine if there

should be an alternate selected for the meet committee in case this situation occurred so there would always be five total members and eliminate opportunity for a tie vote.)

- The meet committee will communicate back to the protesting coach what action they agreed upon. All protests are final once action has been taken.

UNIFORMS

Regulations regarding uniforms for divers are detailed in Rule 3 of the 2023-24 and 2024-25 NCAA Swimming and Diving Rules Book. **If a student-athlete competes in an illegal swimsuit, that student-athlete shall be disqualified from that event.**

VIDEOTAPING

Videotaping for personal use is permitted if it does not interfere with spectators or media. Each participating team is permitted to have one person tape competition with a single camera for institutional purposes only. Flash photography is prohibited.

AREA INFORMATION

Information regarding area attractions, lodging and dining options is located online at www.visitprinceton.org

TRANSPORTATION

CHARTER BUSES

Coach USA	1-800-877-1888
Stout's Transportation	609-883-8897
National Charter Bus	201-205-1238

CAR RENTALS

Enterprise	In Princeton	609-524-0997
------------	--------------	--------------

AIRPORT

Newark Liberty International Airport (EWR)	973-961-6000
40 miles from campus – roughly 50 mins	
Airlines - https://www.newarkairport.com/flight/airlines	
Rental Car Information - https://www.newarkairport.com/to-from-airport/taxi-car-and-van-service	
Philadelphia Internatational Airport (PHL)	215-937-6937
54 miles from campus – roughly 55 mins	
Airlines - https://www.phl.org/about/airlines	

Rental Car Information - <https://www.phl.org/getting-around/rental-car-information>

Trenton-Mercer Airport (TTN) *Regional Airport

609-882-8897

13 miles from campus – roughly 17 mins

Airlines - <https://www.mercercounty.org/departments/transportation-and-infrastructure/trenton-mercerc-airport/airlines>

Rental Car Information - <https://www.mercercounty.org/departments/transportation-and-infrastructure/trenton-mercerc-airport/rental-car>

TEAM TRAVEL PARTY FORM (Page 1 of 2)

Institution: _____

Contact Prior to Arrival:

Name/Title: _____

Office Phone: _____

Cell Phone: _____

Transportation and Accommodations:

Arrival Date: _____ Time: _____

Hotel: _____

Ground Transportation (on-site):

Number of Cars: _____

Number of Vans: _____

Vans Height: _____

Number of Buses: _____

Air Travel:

Airline: _____

Flight #: _____

Athletic Training:

Will your team bring a massage table?
_____ Yes _____ No

Coaches Meeting:

Number attending coaches meeting: _____

Official Travel Party:

Diving Coach: _____

Cell Phone: _____

Assistant Coach: _____

Athletic Trainer: _____

Cell Phone: _____

Administrator (if traveling): _____

Cell Phone: _____

Media Relations: _____

Cell Phone: _____

Drug Testing: _____

Cell Phone: _____

Other (Please Specify): _____

Due by Monday March 4th at 12:00 p.m.

Jack Jephson

jjephson@princeton.edu

TEAM TRAVEL PARTY FORM (Page 2 of 2)

Institution: _____

Student-Athletes:

- | | |
|-----------|-----------|
| 1. _____ | 11. _____ |
| 2. _____ | 12. _____ |
| 3. _____ | 13. _____ |
| 4. _____ | 15. _____ |
| 5. _____ | 16. _____ |
| 6. _____ | 17. _____ |
| 7. _____ | 18. _____ |
| 8. _____ | 19. _____ |
| 9. _____ | 20. _____ |
| 10. _____ | |

Due by Monday March 4th at 12:00 p.m.
Jack Jephson
jjephson@princeton.edu



NCAA DIVING PROTEST FORM

This protest form must be complete in full and submitted to the meet committee not later than 30 minutes after the final diving results of which the protest is applicable. Protests must be acted upon by the appropriate meet committee. The decision of this committee is final. Any protest before, during or immediately after an event should be resolved at the earliest opportunity, but not later than immediately following the current session.

Institution:

Coach Name:

Coach Cell Phone Number:

Student-Athlete Name:

Event:

Current Date:

Current Time:

Applicable Rule:

Situation Being Appealed:

Justification for Appeal:

Committee Decision – Approved: _____ Denied: _____

Appeal Meet Committee Signature: _____

Date: _____