



2021 DIVISION I
**SWIMMING
& DIVING
CHAMPIONSHIPS**

*GREENSBORO, NC • North Carolina State University
and Greensboro Sports Foundation, Hosts*

***PARTICIPANT
2020-21 MANUAL***

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Introduction

Congratulations on your selection to the 2021 NCAA Division I Men's and Women's Swimming and Diving Championships! This manual includes important information regarding the championships, and is a supplement, not a substitute, for the 2020-21 NCAA Division I Men's and Women's Swimming and Diving Pre-Championships Manual. Additional information is available on the championships website at NCAA.com and on NCAA.org.

The championships will be held at the Greensboro Aquatic Center in Greensboro, North Carolina, March 17-20, 2021 (women) and March 24-27, 2021 (men). North Carolina State University and the Greensboro Sports Foundation will serve as hosts for the championships.

Detailed information regarding the selection process for swimmers and divers is included in the 2020-21 Pre-Championships Manual, which is available online at NCAA.org. The qualifying standards for the championships are also available on this page, and all other information pertinent to the championships will continue to be posted on this page. The qualifying standards are also posted online at www.usaswimming.org/ncaa and www.cscaa.org.

Coaches Checklist

- Contact Short's Travel Management, the NCAA travel service, at 866-655-9215 to make air travel arrangements. Teams located within 400 miles of the competition site are required to travel via ground transportation. If extraordinary circumstances warrant an exception to the established travel policies, you must contact the NCAA's travel department at 317-917-6757 or travel@ncaa.org for approval prior to making any travel arrangements. All travel policies, including information on travel party numbers, is located on the NCAA website (ncaa.org, Division I, Championships, Travel and Reimbursement Information).
- Complete and submit RELAY DECLARATION FORM, declaring all relays, including the number of relay alternates, by **Noon Eastern time Thursday, March 4 (women) and Thursday, March 11 (men).** ([Appendix M](#))
- Complete and submit TRAVEL INFORMATION AND ROSTER FORM **Noon Eastern time Sunday, March 14.** ([Appendix A](#))
- Complete nominations for the Elite 90 Award **by 5 p.m. (Eastern time) Monday, March 15 (women) and 5 p.m. Friday, March 19 (men).** Please click [here](#) to access the nomination form and other pertinent information regarding the award.
- Coaches and/or institution sports information staff are encouraged to submit high resolution head shots of participating senior student-athletes, including uninvited relay alternates and institutionally-funded divers, to Robert Lowe; 21ncaaswim@gmail.com. The photos will be used in the senior recognition presentation at the competition venue Saturday evening. Photos will be accepted from now until **March 13 (women) and March 17 (men).** Any photos sent after these days are subject to exclusion from the recognition.

COVID-19 Checklist

- ___ Submit team roster and travel party list to [Vivature](#).
- ___ Verify that Team Health Officer (THO) has been identified and contact information included.
- ___ All travel party members should download the KONGiQ app as directed.
- ___ Review the [NCAA COVID-19 Health and Safety Protocols Informational Video](#).
- ___ Review Code of Conduct in the [Return to Championships Guidelines](#) and ensure all travel party members are familiar and adhere to the policy.
- ___ Review the [NCAA Championship Testing Protocols](#) and clarify any questions with NCAA staff prior to departure for the championship.
- ___ Confirm compliance with pre-arrival testing protocols.
- ___ Plan travel accordingly to arrive in the competition city to complete pre-competition testing requirements.
- ___ Update arrival times in the KONGiQ app to assist with test scheduling.

For all COVID-19 information <https://www.ncaa.org/sport-science-institute/covid-19-coronavirus>

NCAA Committee/Staff**NCAA SWIMMING AND DIVING COMMITTEE**

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NCAA STAFF

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RULES

Ben Brownlee NCAA Phone: 317-917-6944 Email: bbrownlee@ncaa.org	Greg Lockard Secretary Rules-Editor Phone: 973-486-5501 Email: greg@swimdiverules.com
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Host Personnel

NORTH CAROLINA STATE UNIVERSITY	
Championships Co-Director Michelle Lee Office: 919-515-5076 Email: smlee2@ncsu.edu	Facility Director and Championships Co-Director Susan Braman Office: 336-315-8489 Email: Susan.Braman@greensboro-nc.gov
Media/PR Contact Andrew Brown Office: 336-373-7456 Email: Andrew.Brown@greensboro-nc.gov	Athletic Training – Emerge Ortho Jessica Klerlein Cell: 336-339-1024 Email: Jessica.Klerlein@EmergeOrtho.com



NC State Athletic Department
Administration
GoPack.com

Campus Box 8502
2500 Warren Carroll Dr.
Raleigh, NC 27695
P: 919.515.2109

Dear Championship Participants:

On behalf of NC State University, it is my pleasure to extend a warm Wolfpack welcome to the student-athletes, coaches, staff and administrators, joining us in Greensboro for the 2021 NCAA Division I Swimming and Diving Championships.

NC State is excited to partner with the Greensboro Aquatic Center and the Greensboro Coliseum Complex to host the 2021 Swimming and Diving Championships. The Greensboro Aquatic Center is among the premier swimming and diving venues in the nation and we believe you will enjoy your time here.

The information included in this manual will assist you in your preparation for the NCAA Championships. If you have any questions, please feel free to contact either of the Championship Directors: Michelle Lee (NC State) at 919-819-5447; smlee2@ncsu.edu or Susan Braman (Greensboro Aquatic Center) at 336-315-8489; Susan.Braman@greensboro-nc.gov.

Congratulations on a successful regular season and best wishes to you throughout the Championship!

Be well,

A handwritten signature in black ink that reads "Boo Corrigan".

Boo Corrigan
Director of Athletics
NC State University

Schedule

The championships will take place March 17-20 (women) and March 24-27 (men). For swimming, the preliminary sessions will begin at 10 a.m. and the finals sessions will begin at 6 p.m., EASTERN time.

Preliminary rounds for diving for the women's championships will take place Thursday and Friday at 12:30 p.m. and Saturday at 12:15 p.m. Preliminary rounds for diving for the men's championships will take place Thursday and Friday at 12:15 p.m. and Saturday at noon. Diving finals will take place in the appropriate order during the night session. A comprehensive men's and women's composite schedule is included in [Appendix B](#).

Pool Availability

The Greensboro Aquatic Center will be available for participating student-athletes during the hours listed below. Only student-athletes from competing institutions may use the pool during these times. Additionally, there will be one lane line placed in the diving well during the evening sessions only.

Monday	4 p.m. to 8 p.m.
Tuesday	8 a.m. to 9 p.m.
Wednesday	6 a.m. to 9 p.m.
Thursday	6 a.m. to one hour after the conclusion of finals
Friday	6 a.m. to one hour after the conclusion of finals
Saturday	6 a.m. to conclusion of awards ceremony

The Greensboro Aquatic Center **will not** be available to competing teams **prior to 4 p.m. Monday**. Teams desiring off-site pool time prior to 4 p.m. Monday may reach out to the following pools, all of which are subject to availability. These facilities do not have 1-meter and 3-meter diving boards unless otherwise designated. ([Appendix O](#))

Registration/Package Pick-up

Registration **Monday and Tuesday** will take place in the **Special Events Center**, adjacent to the Greensboro Aquatic Center and registration **Wednesday** will take place in **the lobby inside the Aquatic Center**; hours for registration are as follows:

Monday	4 p.m. to 8 p.m. – Special Events Center
Tuesday	8 a.m. to 5 p.m. – Special Events Center
Wednesday	8 a.m. to 5 p.m. – GAC front lobby

Massage therapists should arrive at the venue NO EARLIER THAN Tuesday, March 16 at 8 a.m. to receive their pre-assigned location. Participating institutions are limited ONE massage therapist on the GAC campus.

After Wednesday, any late registrations will take place in the lobby of the Aquatics Center at the check-in desk. A representative from each participating institution must register their team and pick up the team packet. The following will take place at registration:

- Pick up team packets, which will contain credentials and parking information;
- Review and sign the team entry list, confirming that all student-athletes on the list are present and eligible to compete;
- Pick-up participant medallions for student-athletes who were selected to the championships;
- Pick-up Powerade squeeze bottles for student-athletes;
- Receive pre-assigned massage table location; and
- Submit any banners to be hung by facility staff at registration.

Practice Schedule - Swimming

Individuals **NOT PARTICIPATING IN THAT DAY'S PRELIMS** may practice from 1:15 to 3:45 p.m. **No other practice times will be available in the GAC.**

These individuals will have access to the building during **this time only and should not attend either the prelims or finals that day.** Further, this time is not available to individuals participating in that day's session.

Practice times Monday, Tuesday and Wednesday will be preassigned by group. Group assignments will be available after selections.

NOTE: There will be no practice times provided Saturday.

Warm-Up Schedule – Swimming

On competition days, there will be one pace and one sprint lane designated in the warm-up pool. For competition days, the practice/warm-up schedules for the competition pool for swimmers is located in [Appendix C](#).

Practice/Warm-up Schedule – Diving

No stretching mats will be provided. Individuals may bring their own yoga mat.

The diving practice and competition schedule is located in [Appendix D](#).

Pre-Championship Coaches Meeting

A mandatory coaches meeting will be held Friday, **March 12 at 5 p.m. Eastern time** to discuss and review important changes to the championship. It is critical that coaches or their institutional designee participate in order to understand the changes being implemented so that the necessary planning and adjustments can be made prior to arrival in Greensboro.

Administrative Meeting

A mandatory administrative meeting will be held Wednesday, March 17 (women's) and Wednesday, March 24 (men's), for all coaches. The swimming coaches meeting will be held at 11:30 a.m., followed by the diving coaches meeting at 1 p.m. All meetings will be conducted virtually. All head coaches or their institutional designee are required to attend to hear important information specific to the championships and the facility. **Institutions failing to have representation at the meeting will be fined.**

CSCAA Meetings

The College Swimming and Diving Coaches Association of America will hold its annual coaches meeting virtually. Date and time to be communicated by the CSCAA Executive Director once the details have been finalized.

National Anthem

The national anthem will be performed prior to the start of the evening session each day.

Timed Finals Events

ALL RELAYS will be timed finals and will take place during the evening finals session each night. Coaches must declare all relays, including the number of relay alternates, by **Noon Eastern time Thursday, March 4 (women) and Thursday, March 11 (men).** ([Appendix M](#))

NOTE: *Swimmers will parade for all relays.*

The season's best competitive time for the 1,650-yard freestyle shall be used to seed that event. The eight fastest competitors will swim in the evening sessions at 6 p.m. Saturday. All other heats will be swum slowest to fastest, beginning at approximately **3:45 p.m. and ending at approximately 5:15 p.m.** Swimmers competing in the 1,650 may warm up in the Competition Pool A **beginning at 1 p.m.**

Please note the Competition Pool B will not be made available for warm-up for the evening session until 5:15 p.m. Saturday.

***The training pool and Competition Pool A will be available for all other swimmers competing in the finals at 4 p.m.**

Awards

Awards Ceremony

An awards ceremony will be held immediately after the conclusion of each event and NCAA awards will be presented to the top eight finishers in each event. Team awards will be presented to the top four teams after the presentation of the 400-yard freestyle relay awards.

Saturday, teams in contention for the top team awards should remain seated in the grandstands. The coaches and team captains for teams placing second, third and fourth will be called down to accept the team trophy. The national championship team will receive their trophy on the pool deck.

Student-athletes are required to wear official school uniforms/warm-ups for awards ceremonies. All individuals receiving an award must be represented on the awards stand.

In an effort to keep individuals socially distant, awards will be presented first to the fifth through eighth place finishers on the podium, followed by first through fourth place finishers. Awards will be placed on the respective podiums and each student-athlete will be announced, pick up their award and step up on the podium for photos.

If a student-athlete is swimming in the event immediately after the awards ceremony, and only in that circumstance, another participating student-athlete from that institution must stand in to receive the award, unless a record has been broken. If an individual is swimming in multiple events that session, the coach must inform the committee and NCAA staff prior to the start of that session if that student-athlete may have a substitute for any of the award ceremonies. Failure to adhere to this policy will be reviewed as a potential misconduct.

Swimmers will take their designated bag after each race. Divers must change into warm-ups and walk immediately to the awards stand at the conclusion of the diving finals events. Please see the venue map in [Appendix E](#) for the location of the awards staging area and the awards stand.

If a tie occurs in the finals, it will not be broken. A duplicate award will be ordered by the NCAA and sent to the institution after the championships. Institutions interested in purchasing additional awards that they receive on site can do so at <https://services.mtmrecognition.com/ncaa/>.

Elite 90 Award

The NCAA Elite 90 Award will be presented to the student-athlete with the highest cumulative grade-point average competing at the championships. The coach of the recipient will be notified at the coaches meeting, but will be asked NOT to notify the student-athlete. A day/time for presenting the award will be determined at that time, based on the events in which the student-athlete is participating. Coaches must submit nominees for the Elite 90 award by **5 p.m. (Eastern time) Monday, March 15 (women) and Friday, March**

19 (men). Please visit the [NCAA website](#) to access the nomination form and other pertinent information regarding the award.

Locker Room Program

The national championship team will receive champion T-shirts and hats as part of the NCAA locker-room program. These items will be presented at the team awards ceremony after the final event.

Participant Medallions

Participant medallions will be provided to all student-athletes selected to the championships. Medallions will NOT be given to uninvited relay swimmers or institutionally-funded divers. These medallions will be given to the institutional representative at registration. Institutions interested in purchasing participant medallions can do so at the following website: <https://services.mtmrecognition.com/ncaa/>. Additional medallions will NOT be provided at registration.

Student-Athlete Participation Awards

An on-line gift-suite will serve as the participation awards provided to members of the official NCAA travel party of institutions that advance to the championship finals site. See [Appendix N](#) for more details.

Championship Operations

Bags

Participants will be directed to drop their bags in their assigned seating location in the grandstands. A small, draw string bag will be provided to each participant which is the only bag that will be allowed on the pool deck or training pools.

Banners

Only banners allowed in or around the competition area are those approved by the swimming and diving committee and the NCAA. Banners advertising equipment of manufacturers are strictly prohibited. **All banners must be submitted for review and approval at registration and will be hung by the Aquatics Center staff.** Teams that would like to retrieve banners before the end of the championships should make arrangements at the admin table at least one hour prior to departure.

The top 15 scoring teams from (2019) will be given banner placement on the WEST wall. All other banners will be placed on the EAST wall, space permitting. **Banners MAY NOT exceed 5' x 7' in size.**

Credentials

Deck passes/credentials will be produced by the NCAA for all participating teams and will be distributed to teams at registration. **Every member of the travel party** will be issued labeled credentials, **including coaches**. No one will be allowed to enter the facility or access the pool deck without proper identification. **CREDENTIALS MAY NOT BE TRANSFERRED TO OTHER INDIVIDUALS.** See Athletic Trainer and Massage Therapist sections for their credential limits.

The following limits on swimming coaches credentials:

PARTICIPANTS	ALLOWABLE COACHES
1-4 Participants	2 coaches
5-9 Participants	3 coaches
10-14 Participants	4 coaches
15 or more Participants	5 coaches

NOTE: One diving coach credential will be issued with qualified divers.

Only swimmers, divers, coaches and athletic trainers competing in the **current session** will be allowed access to the building. No other individuals will be allowed access to the competition area or grandstands.

When all individuals from a team are finished competing and cooling down in that session, all travel party members should exit the building.

Deck Passes

Each institution will be provided **TWO** deck passes for its swimming coaches and **ONE** diving-specific deck pass for its diving coach (if they have divers competing). The diving deck pass will be diving-specific and **CANNOT** be transferred to other coaches.

Coaches will only be allowed on the pool deck when their swimmers are competing in the competition pool. Coaches must leave the pool deck as soon as their swimmer has completed the race. **Deck passes may be exchanged between coaches based on swimmers competing.** No additional passes will be issued and no other individuals will be allowed on the pool deck.

Misuse of credentials or deck passes by an institution may result in misconduct.

Heat Sheets

A limited quantity of heat sheets will be available at the head table. Heat sheets for the following day will be finalized and distributed by email, with a limited amount being placed at the admin table after the scratch deadline each day.

Hospitality

Teams will be provided grab-and-go snacks and fruit at the start of each day. Coaches will be given a team-specific container in the morning and should return the container prior to leaving the facility at the end of the day. The container will be replenished and available for pick-up the next morning. Water and PowerAde products will be available throughout the facility for coaches and student-athletes.

There will be no other hospitality for teams or coaches.

Masks and Social Distancing

Masks and social distancing is required at all times, by all individuals. Swimmers and divers must wear masks at all times except when in the water for practice or competition. Swimmers must wear masks up to the starting blocks. Masks should be removed and placed in the swimmer's bag which may be placed behind the starting blocks.

Merchandise

Participants will be given the opportunity to pre-order official NCAA championship merchandise apparel through Event 1, Inc., the official souvenir merchandiser for the NCAA. Participants may also order merchandise at the following link: <https://www.event1teamstore.com>. There will be no merchandise available at the championship site.

Relays

ALL RELAYS will be timed finals and will take place during the evening finals session each night. Coaches must declare all relays, including the number of relay alternates, by **Noon Eastern time Thursday, March 4 (women) and Thursday, March 11 (men).** [Appendix M](#)

Relay Lanes

All relays will be conducted with only four relay teams swimming per heat with a lane open between swimmers. This will allow for a reduction in the number of individuals at the start, mitigating close contact by swimmers and officials.

Results

Results from each session will be distributed via the admin table. Results will also be available on Meet Mobile and www.ncaa.com.

Swim-Offs

Swim-offs may be held at a mutually agreed-upon time by the teams involved. If a mutual time cannot be agreed upon, the meet referee will have the authority to set a time, which may be no sooner than 30 minutes after the last event of that session.

Team Seating

There will be no participant seating on the pool deck. All teams and individuals will be assigned a socially-distanced seating area in the grandstands. Teams will be seated in pods as well as individual seating locations for smaller teams or individual swimmers or divers.

The top 15 scoring teams from (2019) will be given centered seating preference and will select their seating location via email prior to arrival at the site. Refer to [Appendix H](#) for a map of the on-deck seating.

The top 15 teams from the 2019 championship are as follows:

WOMEN	MEN
1. Stanford	1. California
2. California	2. Texas
3. Michigan	3. Indiana
4. Louisville	4. North Carolina State
5. Texas	5. Louisville
6. Virginia	6. Florida
7. North Carolina State	7. Alabama
8. Tennessee	8. Harvard
9. Indiana	9. Ohio State
10. Southern California	10. Virginia
11. Minnesota	11. Tennessee
12. Auburn	12. Missouri
13. Texas A&M	13. Michigan
14. Arizona	14. Florida State
15. Kentucky	15. Stanford

Team Video

Due to space limitations and social-distancing requirements, there will be no team video allowed. Teams will have access to an ESPN mult box providing a dirty feed for recording. Teams must bring all necessary equipment as there will be no shared equipment or individuals manning this area. Additionally, the Greensboro Aquatic Center will provide teams with video of each race which will be uploaded to Drop Box each day. Specific details will be reviewed during the coaches meeting.

Traffic Patterns

There will be specific traffic flow patterns established for all areas of the Aquatics Center. Please familiarize yourself and your swimmers and divers, to ensure participants, officials and staff are remaining socially distant. [Appendix E](#)

Video Review

Per rule 4-14-7, video review will be used at the championships. All reviews must be conducted before qualifiers/results are announced. Such equipment shall be used if both relay judges independently record opposite of the equipment or anytime the electronic equipment reading is a negative number that leads to disqualification. The designated official shall review the video to determine if there was a machine malfunction and clear video evidence exists to overturn the call. **Challenges by coaches are not permitted as part of this rule.** The result of the video is merely to determine if the electronic judging equipment has failed. The video shall not be used to detect early takeoffs or any other rule infractions. If conclusive video evidence exists that the electronic equipment failed, the result of the electronic judging equipment is voided, no electronic result is recorded, and the referee may overturn the disqualification for that heat. Any obstruction to the view of the exchange is sufficient to void the video from evidence. All video reviews will take place after the heats of the event are completed.

Video Review – 15-Meter Violation

Per Rule 4 Section 10, video review will be used at the championships to determine if an official's call of a 15-meter violation is accurate. All video reviews will take place after the heats of the event are completed and must be conducted before qualifiers/results are announced. All 15-meter violation disqualifications will be reviewed to evaluate if the 15-meter violation should be upheld. Only the referee and the designated officials may view the video that is being used for review. The referee shall review the video to determine if clear video evidence exists to overturn the call. The referee has sole jurisdiction over the review and their decision is a judgment call not subject to further review or appeal.

Challenges by coaches are not permitted as part of this rule, and coaches are not permitted to view the video being used at any time. The meet committee (in consultation with the meet referee) will confirm that the video equipment is in place, before the respective event, and it is aligned with a direct side view(s) of the 15-meter mark. It is important to note that the result of the video review is merely to determine if the infraction is confirmed. The video will not be used to detect any other rule infractions. If conclusive video evidence exists that the swimmer did not cross the 15-meter mark, the referee may overturn the disqualification. Any obstruction to the view of the 15-meter mark is sufficient to void the video from evidence.

Water/PowerAde for Participants

Water and PowerAde product will be available for student-athletes during practice and competition. Teams will receive PowerAde squeeze bottles for the student-athletes. Squeeze bottles will be distributed at registration. Equipment carrying any branding other than PowerAde will not be permitted on deck during the championships and all product must be consumed out of the NCAA-provided PowerAde-branded water cups or squeeze bottles only.

Competition Site/Venue Information

Competition Site Maps

A map of the venue is available in [Appendix E](#) and outlines all areas on the main pool deck as well as required traffic flow for any individual on the main pool deck.

Emergency Evacuation Plan

The Greensboro Aquatic Center Emergency Evacuation Plan is provided in [Appendix J](#). This plan will also be provided in the team packets at registration and reviewed at the coaches meeting prior to the meet.

Facility Regulations – Prohibited Items

- No training tables in the Aquatic Center. Socially distanced stations will be pre-assigned to massage therapists in the Special Events Center, which is adjacent to the Aquatic Center.
- Water bottles must fit in issued bag or remain in grandstands. Wall hooks will be used for deck bags.
- Noise irritants.
- No weapons of any kind will be allowed in the building. Firearms, knives, chains, lasers, or any other items that may be considered harmful will not be allowed inside.

Teams may bring in outside food or have food delivered to the Aquatic Center, **HOWEVER** delivery drivers must be met outside the facility doors and food brought in by the team representative. Food must be eaten in the team seating area in the grandstand.

Locker Rooms / Changing Stations

In an effort to keep participants socially distanced and to comply with local capacity restrictions in locker rooms, participants should use all available restrooms, locker rooms and other satellite locations for changing stations.

Individuals **MAY NOT** shower, shave or linger in these spaces in order to accommodate all participants. Lockers may not be used. Please leave all belongings in bags in grandstands. The Greensboro Aquatic Center is not responsible for any lost or stolen items. See the venue map in [Appendix E](#) for additional detail.

Participant Entrance

Credentialed participants may enter through the Box Office entrance. Aquatic Center staff will be at each designated entrance to direct teams and coaches.

Only swimmers, divers, coaches and athletic trainers competing in the **current session** will be allowed access to the building. No other individuals will be allowed access to the competition area or grandstands.

When all individuals from a team are finished competing and cooling down in that session, all travel party members should exit the building.

Towels

Towel service will not be provided during the championships for coaches or student-athletes.

Drug Testing

All student-athletes are subject to NCAA drug testing at all NCAA championships or in conjunction with all postseason certified events. The goal of the drug-testing program is to provide safe, fair and equitable competition as well as to protect the health and safety of all NCAA student-athletes participating in NCAA championships and postseason certified events.

The drug-testing program involves collecting urine specimens from student-athletes at various times throughout an NCAA championship. Student-athletes may be selected for drug testing based on their place of finish, position and/or an approved random selection method. A student-athlete may be selected

for drug testing on more than one occasion during the championship event. All urine specimens provided by student-athletes are analyzed by a World Anti-Doping Agency accredited laboratory and the results are then reported to the institution's director of athletics.

The WADA laboratory analyzes each urine specimen for substances and related compounds from a list of banned-drug classes developed by the NCAA Executive Committee. Refer to the 2020-21 Drug-Testing Programs booklet on the [NCAA website](#) for the published list of banned drug classes and the procedural guidelines for testing. Athletic administrators are urged to review the NCAA Drug Education and Testing video, the NCAA Banned Drug Classes List as well as the NCAA Drug-Testing Program booklet with all coaches and student-athletes in advance of any NCAA championship or postseason certified event. Student-athletes who test positive as a result of a drug test administered by the NCAA or who breach the NCAA drug-testing program protocol shall lose one year of eligibility and shall be charged with the loss of a minimum of one season of competition in all sports.

Additional information regarding the NCAA's championship drug-testing program is located on the [NCAA website](#).

Host City Information

www.visitgreensboronc.com – Accommodations, maps, dining, shopping, places of interest, and more.

Lodging – Team Hotels

Due to large events in the city, teams are encouraged to reserve hotel rooms immediately. Multiple properties at various price ranges have been identified and are currently holding rooms for the event. A complete listing of the properties, rates and contact information is located on NCAA.org on the [Division I swimming and diving landing page](#).

Media Services

Important information regarding NCAA media policies is located online at www.ncaa.com/media.

Championships Coverage

NOTE: ESPN3 will provide digital coverage for both the men's and women's championship weeks for each of the morning prelims and evening finals sessions Wednesday thru Saturday. Tape-delayed coverage of the women's championships will be broadcast on ESPNU at 7 p.m. Eastern, April 6; men's championships will be on ESPNU at 7 p.m. Eastern, April 13.

Championship Websites

The official website for the women's championship is <http://www.ncaa.com/championships/swimming-women/d1> and the men's website is <http://www.ncaa.com/championships/swimming-men/d1>. Additional information specific to participants is located on [NCAA.org](#).

Footage Usage and Licensing

For more information, go to <http://www.ncaa.com/media/broadcast-services>.

Media Representatives

Due to the mass gathering restrictions in place in North Carolina, media will not be permitted to attend the 2021 NCAA Division I Men's and Women's Swimming Championships.

Media may cover the championship remotely using the NCAA Digital Media Hub. The media hub will contain courtesy photographs and media information related to the championships.

Sports Information Directors/Team Content Personnel

Each institution will be allowed **ONE** sports information director **OR** team content personnel on the GAC campus. That person will be provided a work space in the Special Events Center, adjacent to the Aquatics Center. There will be **no access** to the competition venue or pool deck at any time. A television feed will be provided in the workroom. ([Appendix F](#))

Team content personnel **will not** be allowed in the Aquatic Center at any time. SIDs or team content personnel will work from the Special Events Center, adjacent to the Aquatics Center.

Interview Procedures

ESPN may conduct interviews with each event champion following the awards ceremony. The interviews will be conducted on the pool deck, between the awards area and the diving judges stand.

Press Conferences

There will be no formal NCAA press conferences conducted during the championships.

Programs

IMG is partnering with the NCAA to produce digital game programs for NCAA Championships. Both of the Division I Women's and Division I Men's Swimming and Diving programs can be viewed at NCAA.com/gameprograms. The programs are free to view and can be downloaded and printed. Using a digital platform will allow IMG to add extra pages to programs in addition to extending deadlines to allow for the most up-to-date information to be included in the program. In addition, after the championship has concluded, the program will be updated with a recap from the championship and a new cover photo from the recently completed championship.

Results

Results will be emailed to all coaches and SIDs after each session. In addition, hard copies will be available in the upper lobby. Live results will be available at Meet Mobile and www.ncaa.com.

Senior Recognition Photos

Coaches and/or institution sports information staff are encouraged to submit high resolution head shots of participating senior student-athletes, including uninvited relay alternates and institutionally-funded divers, to Robert Lowe; 21ncaaswim@gmail.com. The photos will be used in the senior recognition presentation at the competition venue Saturday evening. Photos will be accepted from now until **March 13** (women) and **March 17** (men). Any photos sent after these days are subject to exclusion from the recognition.

Medical Information

All athletic training care will be coordinated through Emerge Ortho of the Triad Region. Jessica Klerlein will coordinate all athletic training support and services.

Jessica Klerlein

Cell: 336-339-1024

Email: Jessica.Klerlein@EmergeOrtho.com

Staff on Duty

- Two certified athletic trainers will be onsite during competition times.
- EMS will be on site and will be present during all practice and competition times.
- Lifeguards are on duty at all times the GAC is open. Coverage includes both the competition and warm-up pools and the diving well.

Sick Call

A physician will be available, by appointment only, to conduct a "sick call" from 6:30 to 8 a.m. Wednesday through Saturday in the medical/training room, which is located on the recreation pool deck on the North end of the facility. In order to provide the best care for participants who need to use this service, institutions (athletic trainer or head coach) should call or text Jessica Klerlein at 336-339-1024 (cell), **before 5:30 a.m. on the day needed.**

Sports Medicine Facilities

The Athletic Training Room will be located in the Competition Pool Classroom located on the east side near the start. This area will be equipped with treatment tables, a hydrocollator, electronic stimulator machines and other first-aid/daily products. Certified athletic trainers will staff this area and will be available to assist with treatments and/or acute injuries. Ice will be available at both the Athletic Training Room and the First Aid Room, located on the pool deck nearest the bulkhead.

Due to COVID-19 restrictions, there will be **NO ICE BATHS OR HOT TUBS** provided. No stretching mats will be provided. Individuals may bring their own yoga mat.

Athletic Trainers

Each institution is allowed **ONE** athletic trainer to be present at the Aquatic Center. Athletic trainers will be seated in the grandstands with their respective teams and will not be allowed on the pool deck, unless there is a medical emergency with a student-athlete or coach.

Traveling Without Sports Medicine Staff

If your team is traveling without a certified athletic trainer, advanced notification is appreciated. Written prescriptions from physicians and/or certified athletic trainers are required for any treatment outside of ice and heat in such situations.

Emergency medical numbers

EMS	911
Greensboro Coliseum Complex Security	336-373-7447
Greensboro Police Department	336-373-2222

Outside Medical Facilities

Cone Health Wesley Long Hospital

2400 W. Friendly Avenue
Greensboro, North Carolina 27403
Telephone: 336-830-1000.

Be prepared to provide any insurance or billing information should further medical attention be needed.

Local Pharmacy Information

CVS Pharmacy

1615 Spring Garden Street
Greensboro, North Carolina 27403
Telephone: 336-379-1649

Emergency Medical Service

An EMT team will be on site for all practices and competition throughout the week.

Massage Area

Each institution is allowed **ONE** massage therapist on the GAC campus. Socially-distanced stations will be pre-assigned to the massage therapist in the Special Events Center, which is adjacent to the Aquatic Center. **Only one table** may be placed within the assigned location. **No other locations will be available.** ([Appendix F](#))

If an institution brings more than one massage therapist, they must work from the team hotel. No additional spaces will be provided.

Massage therapists should arrive at the venue NO EARLIER THAN Tuesday, March 16 at 8 a.m. to receive their pre-assigned location. Please keep in mind that ALL massage therapists should be included on your TRAVEL INFORMATION AND ROSTER FORM, even if you contract with one.

Concussion Management

The NCAA has adopted legislation that requires all active member institutions to have a concussion management plan for their student-athletes. Participating institutions shall follow their concussion management plan while participating in NCAA championships. If a participating team lacks appropriate medical staff to activate its concussion management plan, the host championship concussion management plan will be activated.

The legislation notes, in part, that a student-athlete who exhibits signs, symptoms or behaviors consistent with a concussion shall be removed from athletics activities (e.g., competition, practice, conditioning sessions) and evaluated by a medical staff member (e.g., sports medicine staff, team physician) with experience in the evaluation and management of concussions; a student-athlete diagnosed with a concussion is precluded from returning to athletics activity for at least the remainder of that calendar day; and medical clearance for return to athletics activity shall be determined by the team physician or the physician's designee from the student-athlete's institution. In the absence of a team physician or their designee, the NCAA tournament physician will examine the student-athlete and will determine medical clearance.

A concussion is a brain injury that may be caused by a blow to the head, face, neck or elsewhere on the body with an "impulsive" force transmitted to the head. Concussions can occur without loss of consciousness or other obvious signs. A repeat concussion that occurs before the brain recovers from the previous one (hours, days or weeks) can slow recovery or increase the likelihood of having long-term problems. In rare cases, repeat concussions can result in brain swelling, permanent brain damage and even death.

For further details please refer to the "NCAA Sports Medicine Handbook Guideline on Concussions" online at www.NCAA.org/health-safety.

Medical Examinations

As the event sponsor, the NCAA seeks to ensure that all student-athletes are physically fit to participate in its championships and have valid medical clearance to participate in the competition. The NCAA tournament physician, as designated by the host school, has the unchallengeable authority to determine whether a student-athlete with an injury, illness or other medical condition (e.g., skin infection) may expose others to a significantly enhanced risk of harm and, if so, to disqualify the student-athlete from continued participation. The chair of the governing sports committee (or a designated representative) shall be responsible for administrative enforcement of the medical judgment, if it involves disqualification.

Greensboro Aquatic Center Emergency Medical Plan ([Appendix J](#))

First Aid Kits:

- Lifeguard Room – On deck nearest bulkhead
- Meet Medical – In medical training room

Public Access AEDs:

- Main pool deck, grandstands and training pool

Emergency Medical Service

EMS personnel will be on-site for all swimming and diving practices and sessions.

NCAA Policies and Requirements

Certification of Eligibility/Availability

Only student-athletes eligible under NCAA Bylaws 12, 13, 14, 15 and 16 may compete in NCAA championships. In accordance with Bylaw 3.2.4, member institutions are required to certify the eligibility of their student-athletes before the beginning of each academic year and to withhold ineligible student-athletes from all intercollegiate competition. Institutions are responsible for monitoring/determining the eligibility of student-athletes at the start of each semester/quarter. Member institutions are reminded to notify the NCAA national office before the selection date for each championship of any student-athlete who may have participated in regular-season competition but subsequently is determined to be ineligible or unavailable for NCAA championships competition.

It is critical for coaches to immediately inform the NCAA championship managers, John Bugner (women's) (jbugner@ncaa.org; 317-522-7220) and/or Michelle Perry (men's) (mperry@ncaa.org; 317-460-4680), of student-athletes who have become unavailable to compete, since another student-athlete could lose the opportunity to participate in the championships if this information is not received. This applies to student-athletes who have been selected to the championships and become ineligible.

Ethical Behavior by Coaches

As a member of the coaching profession, coaches have inherent obligations and responsibilities to the profession, to the student-athletes, and to all those with whom they come into contact. Coaches are expected to be role models and to conduct themselves with integrity and high ethical standards at all times. In order to fulfill these responsibilities, a coach must do the following:

1. Per NCAA Bylaws, conduct all intercollegiate competition in accordance with the playing rules of the Association;
2. Place the safety and welfare of others ahead of winning and personal prestige;
3. Treat all people with honesty, fairness and respect. (In particular, such things as vulgar and profane language or taunting, intimidating or baiting opponents or the media, are not acceptable from a coach or a student-athlete.);
4. Teach and model for student-athletes and staff members strict adherence to the rules and regulations of the sport and its governing bodies; and
5. Recognize, accept and teach to the team and the staff that their public behavior projects an image of the program and the university or college they represent. Therefore, behavior should be appropriate and honorable at all times.

Misconduct/Code of Conduct

Misconduct is defined as “**any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law, occurring from the time the championship field is announced through the end of the championship that discredits the event or intercollegiate athletics.**”

Public criticism of officials may subject the individual, institution or conference to the misconduct provisions.

The games committee is authorized to (1) reprimand publicly or privately, (2) disqualify from future participation and/or (3) ban from subsequent competition a student-athlete or representative of the institution who is guilty of misconduct at any time during the championship.

Sports Wagering

The NCAA defines sports wagering as putting something at risk – such as an entry fee or a wager – with the opportunity to win something in return. The NCAA opposes all forms of legal and illegal sports wagering on college sports. Student-athletes and athletics administrators cannot place a sports wager for any NCAA-sanctioned sport. This includes wagering on the intercollegiate, amateur or professional level.

Student-athletes found in violation of NCAA sports wagering rules will be ineligible for competition, subject to appeal to the Committee on Student-Athlete Reinstatement. The appropriate penalties will be considered on a case-by-case basis based on the division’s student-athlete reinstatement sports wagering penalty guidelines.

Tobacco Ban

The use of tobacco products is prohibited by all game personnel (e.g., coaches, trainers, managers and game officials) in all sports during practice and competition. Uniform penalties (as determined by the applicable rules-making committees and sports committees with rules-making responsibilities) shall be established for such use.

The use of tobacco products by a student-athlete is prohibited during practice and competition. A student-athlete who uses tobacco products during a practice or competition shall be disqualified for the remainder of that practice or competition.

Participant Expectations and Guidelines

Alternates

In accordance with Competition Oversight Committee policies for 2020-21 championships, if an individual must withdraw from the championship, the Division I Swimming and Diving Committee shall follow its standard procedure for individual replacements from the alternate list as long as it is **WITHIN 24 HOURS** after the public selection announcement (**Noon Eastern time Thursday, March 4 (women) and Thursday, March 11 (men)**). There will be **NO REPLACEMENTS FROM THE ALTERNATE LIST** for any withdrawals after that point and individuals may not travel to the championship site.

Alternates for Relays

Institutions that have at least one invited swimmer and are eligible to swim relays through either Step 1 or Step 3 of the Relay Qualification Procedures as outlined in the 2020-21 Division I Swimming and Diving Pre-Championships Manual are allowed to bring **up to four student-athletes** to the championships to serve as uninvited relay swimmers as long as the maximum number of student-athletes per team do not exceed 18. Uninvited relay swimmers are student-athletes who were not invited to the championships in an individual event but can serve as relay alternates if needed. **The following policies apply to uninvited relay swimmers:**

- **All individuals identified as uninvited relay participants MUST swim in at least one relay during the championship. Further, these individuals MAY NOT fill an alternate slot should there be a scratch in any event prior to competition.**
- If, at the conclusion of the championships meet, an uninvited relay swimmer has not competed in at least one relay, the last relay the institution competed in will be disqualified. In the case of such disqualification(s), the points scored by other teams shall be altered.
- **Institutions with eligible relays must declare which relays they intend to compete in and the number of relay alternates they will bring to the championship by Noon Eastern time on Thursday, March 4 (women) and Thursday, March 11 (men).**
- Uninvited relay swimmers will not receive reimbursement from the NCAA (travel and per diem) for attending the championships;
- Uninvited relay swimmers may participate as alternates on any relay for which an institution is eligible;
- Uninvited relay swimmers must be eligible student-athletes who are listed on the team roster online.
- Uninvited relay swimmers may not swim any individual events;
- Uninvited relay swimmers will count towards the limit of 18 participants, and
- If an institution scratches a student-athlete after selections, that student-athlete cannot be used as an uninvited relay swimmer.

The uninvited relay swimmers declaration form ([Appendix M](#)) must be completed and sent via email no later than **Noon Eastern time Thursday, March 4 (women) and Thursday, March 11 (men)**. Forms should be sent directly to John Bugner (women's) (jbugner@ncaa.org; 317-522-7220) and/or Michelle Perry (men's) (mperry@ncaa.org; 317-460-4680).

Appeals

All appeals must be submitted on the official appeal form, which will be available at the head table on deck. The form must be completed in full and submitted to the referee not later than 15 minutes after the finish of the final heat in that session of the event in which the appeal is applicable. Appeals will be acted upon by the appropriate meet committee. The decision of this committee is final. Any appeal before, during or immediately after a race should be resolved at the earliest opportunity, but not later than immediately following the current session. The use of video is not permitted during the appeal process.

Diving Lists

Each competitor who qualifies for the NCAA championships must submit their list of dives to DiveMeets Monday before the championships begin. These lists of dives must be verified and signed by the diver and the coach by the scratch deadline, and shall include the international dive numbers, position letters, the degree of difficulty and the platform height. Each competitor shall be responsible for the correctness of these areas. Failure to follow proper entry procedures may result in a financial penalty.

Diving Signal

In the finals of all diving events, the dive shall be executed after an auditory signal is given by the referee. The signal shall not be given before the diver has assumed a ready position on the board or platform and the referee has checked the master sheet and indicator board. For backward and inward take-offs, the diver shall not proceed to the end of the springboard or platform until the signal has been given by the referee.

Diving Tiebreaker

In the event of a tie for eighth place in the prelims of diving 1-meter, 3-meter or platform events, the tie-breaking method is to take all nine divers to the final. The consolation finals will thus have seven

competitors in the event, none finishing higher than 10th place in the final standings. In the evening's final, the nine competitors will do a six-dive list. The highest place finisher of the tied divers will remain in the place that they finished, while the other diver will place ninth.

In the event of a tie for 16th place in the prelims of diving 1-meter, 3-meter or platform events, the tie-breaking method is to take all nine divers to the consolation final. In the consolation final the nine competitors will do a six-dive list. The highest place finisher of the tied divers will remain in the place that they finished, while the other diver will place 17th overall in the contest and not be awarded any team points.

Note: If there are more than two divers tied for eighth or 16th place, all tied divers will move into the appropriate final.

Maximum Number of Events

A student-athlete is permitted to compete in a maximum of seven events, of which not more than three may be individual events. If a student-athlete is competing in the NCAA championships in three individual events, that student-athlete may only swim in up to four relays. **A student-athlete who swims more than the allowable number of individual or total events will be disqualified from any excess events and shall be prohibited from participating in the remainder of the meet.**

Participation Requirements

Once officially entered, a competitor must complete all heats, swim-offs, trials (diving) and finals in which the competitor qualifies. This applies to all competitors designated by their coaches to participate in the heats and/or finals of relay events and to all competitors in individual events. Failure to compete for any reason, except in the case of disqualification outlined in the NCAA Men's and Women's Swimming and Diving Rules Book and provisions in this manual, shall disqualify the competitor(s) from that event and shall prohibit any further competition in the meet.

At the championships site, coaches will receive an entry list at registration and will be asked to confirm by their signature that all of the student-athletes listed are present and will be competing in the championships. Failure to comply with the notification procedures for scratches that are outlined above could result in a substantial penalty to an institution and may include the disqualification of a competitor.

Required Events – Diving

Divers who advance to the championships must compete in at least one event in which they qualified to the championships. In order to enter a diving event at the NCAA championships, a diver must have been in the top 12 and achieved a qualifying score. **A declared false start will NOT count as competing in a required event for NCAA reimbursement.**

Required Events – Swimming

Student-athletes selected to the championships must compete in at least one of the events in which he or she qualified. If, at the conclusion of the championships meet, a student-athlete has competed in one or more events on an optional-entry basis but has not competed in at least one event in which he or she qualified for the championships, that competitor will be disqualified from any events in which he or she participated. In the case of such disqualification(s), the points scored by other teams shall be altered.

Student-athletes who do not meet the participation requirements will not receive transportation and per diem reimbursement. Additionally, institutions that have student-athletes selected to the championships who do not compete may be issued a misconduct with a potential financial penalty. **A declared false start will NOT count as competing in a required event for NCAA reimbursement.**

Scratches

Scratches for specific events will be made on site during the designated hours, and coaches must receive a receipt for scratches to be valid. If a student-athlete has to scratch from his/her required event(s) on site, there must be a medically-documented reason for scratching and the host trainer/physician must sign-off on the medical scratch. Scratch box hours for both the women's and men's championships are as follows:

Tuesday: 9:30 a.m. to 5 p.m. for Wednesday events

Wednesday: 9:30 a.m. until the end of the swimming coach's administrative meeting for Wednesday events; 9:30 a.m. to 5 p.m. for all Thursday events

Thursday: 8:30 a.m. to Noon and 4 to 5 p.m. for all Friday events

Friday: 8:30 a.m. to Noon and 4 to 5 p.m. for all Saturday events

Squad Size Limitations

An institution shall be allowed no more than 18 competitors (including uninvited relay swimmers and institutionally-funded divers), which will be counted as follows:

- An entrant who swims will be counted as one competitor;
- An entrant who swims and dives will be counted as one competitor;
- An entrant who only dives will be counted as one-half of a competitor in the total team limit; and
- For relays, actual participation in the timed finals of an event shall be counted against the 18 competitors allowed.

Uniforms

Regulations regarding uniforms for swimmers and divers are detailed in Rule 3-1 of the 2019-20 and 2020-21 NCAA Swimming and Diving Rules Book. **If a student-athlete competes in an illegal swimsuit, that student-athlete shall be disqualified from that event. In the event of a relay, the rule shall apply to the disqualification of the relay.** During awards ceremonies, participants must wear their institution's official warm-up uniform.

Logo Policy

An institution's official uniform and all other items of apparel (e.g., team jersey, socks) that are worn by student-athletes in competition may bear a single manufacturer's or distributor's normal trademark, not to exceed 2¼ square inches, including any additional material (i.e., patch) surrounding the normal trademark or logo. The logo or trademark must be contained within a four-sided geometrical figure (i.e., rectangle, square, parallelogram).

In addition, an institution's official uniform cannot bear a design element similar to the manufacturer's that is in addition to another logo or that is contrary to the size restriction.

A student-athlete representing an institution in intercollegiate competition is limited to wearing apparel items that include only the logo (not to exceed 2¼ square inches) of an apparel manufacturer or distributor. This restriction shall not include logos that identify the student-athlete's institution or conference.

These restrictions apply to all apparel worn by student-athletes during the conduct of competition, which includes pre-race or post-race activities.

This bylaw will be strictly enforced at all NCAA championships and the names of individuals and institutions that are not in compliance with this bylaw shall be forwarded to the NCAA enforcement staff.

Spectator Information

Due to the mass gathering restrictions in place in North Carolina, spectators, including parents or family members, will not be allowed to attend the 2021 NCAA Division I Men's and Women's Swimming Championships. NOTE: All sessions, including prelims and finals, will be streamed on ESPN3.

Transportation/Travel

Expenses/Reimbursement for Participant Institutions

Expense reimbursement for participation in the championships will be filed through an online system. All competing institutions must request reimbursement through the system in order to receive the appropriate reimbursement. Transportation expenses and per diem allowances shall be provided for all qualifying student-athletes and all eligible non-athletes. The Travel Expense System, as well as per diem allowance policies, are available on the [NCAA website](#).

Institutional Travel Arrangements

Institutions should contact Short's Travel Management, the NCAA travel service, at 866-655-9215 to make air travel arrangements. Teams located within 400-miles of the competition site are required to travel via ground transportation. If extraordinary circumstances warrant an exception to the established travel policies, you must contact the NCAA's travel department at 317-917-6757 or travel@ncaa.org for approval prior to making any travel arrangements.

Per NCAA travel policies, you are allowed to book travel for individual sports prior to the official selections announcement. **However, please be advised that your institution will be billed for any charges incurred as a result of any of the following situations:**

1. Any student-athletes who do not qualify for reimbursement;
2. Any student-athlete who gets injured, has an illness or does not travel for any reason;
3. Any non-athlete above the number that are reimbursable, based on the number of student-athletes who qualify;
4. Any name changes or flight changes that result in penalties; and
5. Any charges incurred when group space is blocked and then canceled.

Understanding these potential charges, which will be reviewed with you prior to any tickets being charged, you should feel free to book your individual sports as early as you feel comfortable. If you have any questions about this policy, please feel free to contact Shorts Travel at 866-655-9215, or the NCAA Travel Department at 317-917-6757.

Ground Transportation

Teams are responsible for their transportation to and from the venue and the airport.

NCAA Travel Policies

All NCAA travel policies are located on the [NCAA website](#).

Parking for Teams

Each team will receive complimentary parking passes based on the number of team vehicles. Please complete the Travel Information and Roster Form to indicate the number of vehicles.

Parking passes will be included in the team packets picked up at registration. The parking passes provided will allow teams/coaches to park in Lot A. Refer to [Appendix I](#) for specific parking locations.

Travel Party Size

Each institution with student-athletes competing in the national championships will receive travel reimbursement for the official travel party as defined by the NCAA Division I travel policies. Travel party numbers for Division I swimming and diving are as follows:

- Institutions that qualify **one to six individuals** will receive reimbursement for the participating student-athletes and two non-athletes;
- Institutions that qualify **seven to nine individuals** will receive reimbursement for the participating student-athletes and three non-athletes; and
- Institutions that qualify **10 or more individuals** will receive reimbursement for the participating student-athletes and five non-athletes.

Reimbursement and per diem will not be provided for any uninvited relay swimmers that were not selected to the championships in an event, any institutionally-funded diver or for any student-athletes who are selected but do not participate in their required event(s).

APPENDIX A – TRAVEL INFORMATION AND ROSTER FORM

Contact Information:

Title	Name	Cell Phone	Email
Institution			
Head Coach			
Sports Information Director			
Athletic Trainer			
Team Health Officer			

Travel Logistics:

Arrival Date	Click here to enter a date.	Arrival Time		Check here if you are driving	<input type="checkbox"/>
Airline		Flight Number			
Number of vehicles on site:		Buses		Vans	
				Cars	

Team Roster: An institution shall be allowed no more than 18 competitors (including uninvited relay swimmers and institutionally-funded divers), which will be counted as follows:

- An entrant who swims will be counted as one competitor;
- An entrant who swims and dives will be counted as one competitor;
- An entrant who only dives will be counted as one-half of a competitor in the total team limit; and
- For relays, actual participation in the timed finals of an event shall be counted against the 18 competitors allowed.

MAXIMUM COACHING LIMITS: 1-4 PARTICIPANTS (2 COACHES); 5-9 PARTICIPANTS (3 COACHES); 10-14 PARTICIPANTS (4 COACHES); 15+ PARTICIPANTS (5 COACHES); 1 DIVING COACH WITH QUALIFIED DIVER

Student-Athletes	Student-Athletes
1.	11.
2.	12.
3.	13.
4.	14.
5.	15.
6.	16.
7.	17.
8.	18.
9.	19.
10.	20.
Institutional Staff	Title (coach, athletic trainer, etc.)
1.	Coach
2.	Coach
3.	Coach
4.	Coach
5.	Coach
6.	Diving Coach (with qualified diver)
7.	Athletic Trainer
8.	Massage Therapist
9.	Team Health Officer
10.	Sports Information Director

Please email by Noon Eastern time Sunday, March 14:

Michelle Perry, mperry@ncaa.org and John Bugner, jbugner@ncaa.org

APPENDIX B – MEN’S AND WOMEN’S COMPREHENSIVE SCHEDULE

Monday 4 to 8 p.m. Greensboro Aquatic Center open

4 p.m.	Committee Walkthrough	
4 to 8 p.m.	Registration	Special Events Center
4:15 to 6 p.m.	Group A	Competition Pool
4:15 to 6 p.m.	Group B	Training Pool
6:15 to 8 p.m.	Group C	Competition Pool
6:15 to 8 p.m.	Group D	Training Pool

Tuesday 8 a.m. to 9 p.m. Greensboro Aquatic Center open

8 a.m. to 5 p.m.	Registration	Special Events Center
9:30 a.m. to 5 p.m.	Scratch box open	
8:15 to 11:15 a.m.	Group A	Training Pool
8:15 to 11:15 a.m.	Group B	Competition Pool
11:30 a.m. to 2:30 p.m.	Group C	Training Pool
11:30 a.m. to 2:30 p.m.	Group D	Competition Pool

ALL POOLS CLOSED FOR BUILDING SANITATION – 2:30 to 4 p.m.

4 to 6:15 p.m.	Group A	Competition Pool
4 to 6:15 p.m.	Group B	Training Pool
6:30 to 8:45 p.m.	Group C	Competition Pool
6:30 to 8:45 p.m.	Group D	Training Pool

Wednesday 6 a.m. to 9 p.m. Greensboro Aquatic Center open

8 a.m. to 5 p.m.	Registration	GAC Lobby
9:30 a.m. to end of coaches mtg	Scratch box open (Wednesday event)	
9:30 a.m. to 5 p.m.	Scratch box open (Thursday events)	
11:30 a.m.	Swimming coaches meeting – VIRTUAL	
1 p.m.	Diving coaches meeting – VIRTUAL	

6 to 8:15 a.m.	Group A	Training Pool
6 to 8:15 a.m.	Group B	Competition Pool
8:30 to 10:45 a.m.	Group C	Training Pool
8:30 to 10:45 a.m.	Group D	Competition Pool
11 a.m. to 12:30 p.m.	Group A	Competition Pool
11 a.m. to 12:30 p.m.	Group B	Training Pool
12:45 to 2:15 p.m.	Group C	Competition Pool
12:45 to 2:15 p.m.	Group D	Training Pool

ALL POOLS CLOSED FOR BUILDING SANITATION – 2:30 to 4 p.m.

4 to 5:50 p.m.	Warm ups
5:50 p.m.	Pool Cleared
5:51 p.m.	National Anthem

6 p.m.

Day 1 Finals

800 Freestyle Relay – all heats of timed final

AWARDS 800 FREESTYLE RELAY

Thursday 6 a.m. to 9 p.m. Greensboro Aquatic Center open

8:30 a.m. to Noon Scratch box open (All Friday events)

ONLY INDIVIDUALS PARTICIPATING IN PRELIM SESSIONS ALLOWED IN BUILDING

6 to 9:50 a.m.

Warm ups

9:50 a.m.

Pool Cleared

10 a.m.

Day 2 Swimming Trials

12:15 p.m. (men)

One-Meter Diving Trials

12:30 p.m. (women)

One-Meter Diving Trials

10 minutes after trials

One-Meter Diving Consolation Finals

COMPETITION, TRAINING AND REC POOLS CLOSED FOR BUILDING SANITATION – 12:30 to 1 p.m.

ONLY INDIVIDUALS NOT PARTICIPATING IN PRELIMS CAN PRACTICE

1:15 to 3:45 p.m.

Practice

Training Pool

4 to 5 p.m.

Scratch box open (All Friday events)

4 to 5:50 p.m.

Warm ups

5:50 p.m.

Pool Cleared

5:51 p.m.

National Anthem

6 p.m.

Day 2 Finals

200 Freestyle Relay – all heats of timed final

AWARDS 200 FREESTYLE RELAY

500 Freestyle Consolation

500 Freestyle Final

AWARDS 500 FREESTYLE

200 Individual Medley Consolation

200 Individual Medley Final

AWARDS 200 INDIVIDUAL MEDLEY

50 Freestyle Consolation

50 Freestyle Final

AWARDS 50 FREESTYLE

One-Meter Diving Finals

AWARDS ONE-METER DIVING

400 Medley Relay – all heats of timed final

AWARDS 400 MEDLEY RELAY

Friday 6 a.m. to 9 p.m. Greensboro Aquatic Center open

8:30 a.m. to Noon Scratch box open (All Saturday events)

ONLY INDIVIDUALS PARTICIPATING IN PRELIM SESSIONS ALLOWED IN BUILDING

6 to 9:50 a.m.	Warm ups
9:50 a.m.	Pool Cleared
10 a.m.	Day 3 Swimming Trials
12:15 p.m. (men)	Three-Meter Diving Trials
12:30 p.m. (women)	Three-Meter Diving Trials
10 minutes after trials	Three-Meter Diving Consolation Finals

COMPETITION, TRAINING AND REC POOLS CLOSED FOR BUILDING SANITATION – 12:30 to 1 p.m.

ONLY INDIVIDUALS NOT PARTICIPATING IN PRELIMS CAN PRACTICE

1:15 to 3:45 p.m.

Practice

Training Pool

4 to 5 p.m.	Scratch box open, all Saturday events
4 to 5:50 p.m.	Warm ups
5:50 p.m.	Pool Cleared
5:51 p.m.	National Anthem

6 p.m.

Day 3 Finals

400 Individual Medley Consolation

400 Individual Medley Final

AWARDS 400 INDIVIDUAL MEDLEY

100 Butterfly Consolation

100 Butterfly Final

AWARDS 100 BUTTERFLY

200 Freestyle Consolation

200 Freestyle Final

AWARDS 200 FREESTYLE

100 Breaststroke Consolation

100 Breaststroke Final

AWARDS 100 BREASTROKE

100 Backstroke Consolation

100 Backstroke Final

AWARDS 100 BACKSTROKE

Three-Meter Diving Finals

AWARDS THREE-METER DIVING

200 Medley Relay – all heats of timed final

AWARDS 200 MEDLEY RELAY

Saturday

6 a.m. to 9 p.m.

Greensboro Aquatic Center open

ONLY INDIVIDUALS PARTICIPATING IN PRELIM SESSIONS ALLOWED IN BUILDING

6 to 9:50 a.m.	Warm ups
9:50 a.m.	Pool Cleared
10 a.m.	Day 4 Swimming Trials
Noon (men)	Platform Diving Trials
12:15 p.m. (women)	Platform Diving Trials
10 minutes after trials	Platform Diving Consolation Finals

COMPETITION, TRAINING AND REC POOLS CLOSED FOR BUILDING SANITATION – 12:30 to 1 p.m.

1 p.m.	1,650 Freestyle Warm ups
3:45 p.m.	1,650 Freestyle (early heats)
4 to 5:50 p.m.	Warm ups
5:50 p.m.	Pool Cleared
5:51 p.m.	National Anthem
6 p.m.	Day 4 Finals
	1,650 Freestyle – last heat of timed finals
	AWARDS 1,650 FREESTYLE
	200 Backstroke Consolation
	200 Backstroke Final
	AWARDS 200 BACKSTROKE
	100 Freestyle Consolation
	100 Freestyle Final
	AWARDS 100 FREESTYLE
	200 Breaststroke Consolation
	200 Breaststroke Final
	AWARDS 200 BREASTROKE
	200 Butterfly Consolation
	200 Butterfly Final
	AWARDS 200 BUTTERFLY
	Platform Diving Finals
	AWARDS PLATFORM DIVING
	400 Freestyle Relay – all heats of timed final
	AWARDS 400 FREESTYLE RELAY
	TEAM AWARDS

Note: All times are subject to change.

APPENDIX C – MEN’S AND WOMEN’S SWIMMING PRACTICE/WARM-UP SCHEDULE

PRELIMINARIES

6 to 8:30 a.m.	Open warm-up
8:30 to 9:15 a.m.	<i>All kicking must move to warm-up pool.</i> <i>Swimming only in competition pool. – <u>NO equipment permitted</u></i> Lanes 1, 8 PACE (no diving off blocks) Lanes 2, 3, 4, 5, 6, 7 GENERAL
9:15 to 9:30 a.m.	<i>Swimmers may only dive off the blocks in sprint lanes.</i> Lanes 1, 8 PACE Lanes 2, 7 SPRINT (one way only) Lanes 3, 4, 5, 6 GENERAL
9:30 to 9:50 a.m.	<i>Swimmers may only dive off the blocks in sprint lanes.</i> Lanes 1, 8 PACE Lanes 2, 3, 7 SPRINT (one way only) Lanes 4, 5, 6 GENERAL
9:50 a.m.	Clear competition pool.

FINALS

4 to 5:15 p.m.	<i>All kicking must move to warm-up pool.</i> <i>Swimming only in competition pool. – <u>NO equipment permitted</u></i> Lanes 1, 8 PACE (no diving off blocks) Lanes 2, 3, 4, 5, 6, 7 GENERAL
5:15 to 5:30 p.m.	<i>Swimmers may only dive off the blocks in sprint lanes.</i> Lanes 1, 8 PACE Lanes 2, 7 SPRINT (one way only) Lanes 3, 4, 5, 6 GENERAL
5:30 to 5:50 p.m.	<i>Swimmers may only dive off the blocks in sprint lanes.</i> Lanes 1, 8 PACE Lanes 2, 3, 7 SPRINT (one way only) Lanes 4, 5, 6 GENERAL
5:50 p.m.	Clear competition pool.

Note: All times are subject to change.

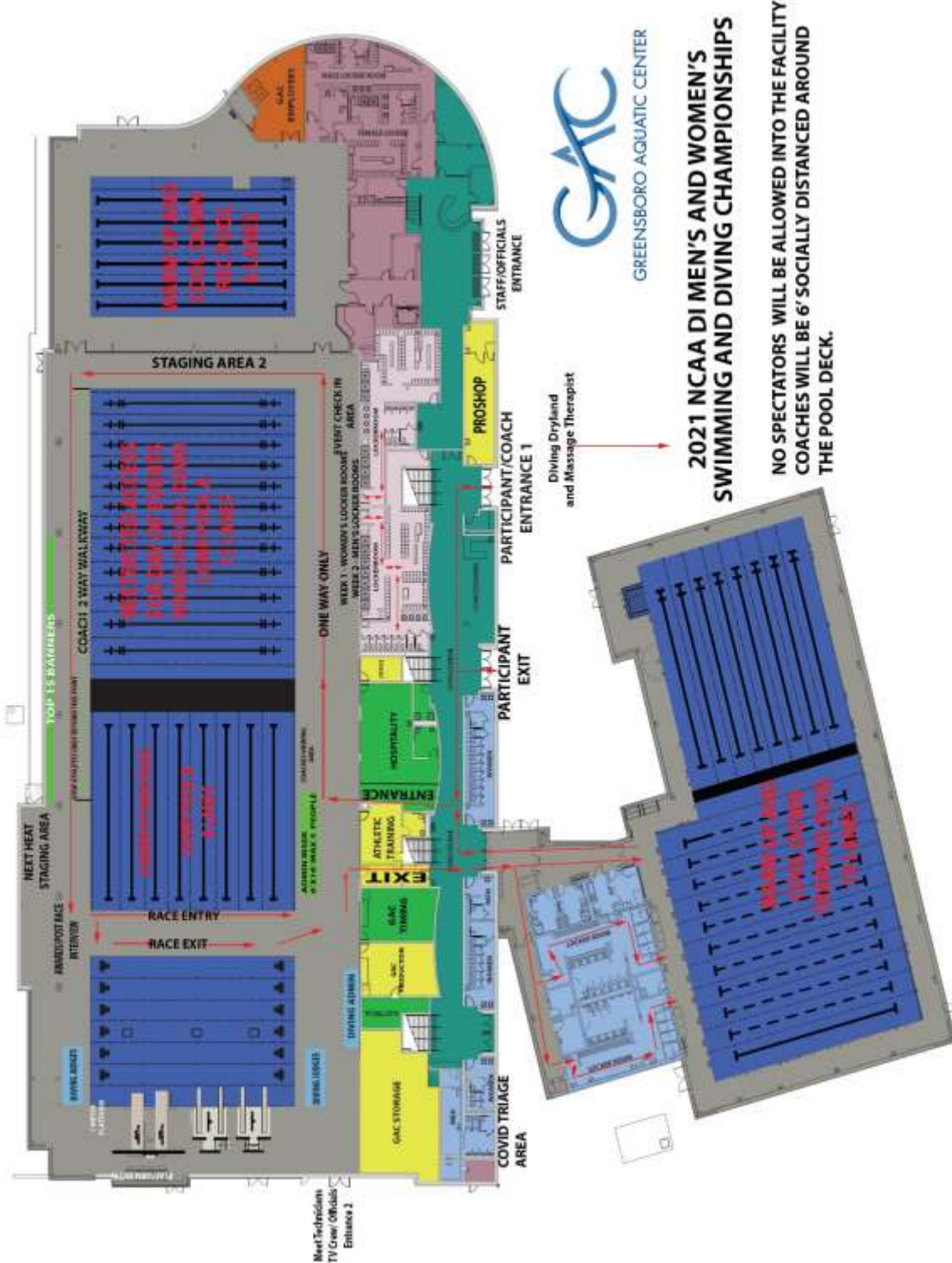
APPENDIX D – DIVING PRACTICE/WARM-UP SCHEDULE

Monday	4 to 8 p.m.	Assigned training
	4 to 6 p.m. 6 to 8 p.m.	Groups A and B Groups C and D
Tuesday	8 a.m. to 8 p.m.	Assigned training
	8 to 9:30 a.m.	Group B
	9:30 to 11 a.m.	Group C
	11 a.m. to 12:30 p.m.	Group D
	12:30 to 2 p.m.	Group A
	2 to 3:30 p.m.	Group B
	3:30 to 5 p.m.	Group C
	5 to 6:30 p.m.	Group D
	6:30 to 8 p.m.	Group A
Wednesday	8 a.m. to 8 p.m.	Assigned training
	8 to 9:30 a.m.	Group C
	9:30 to 11 a.m.	Group D
	11 a.m. to 12:30 p.m.	Group A
	12:30 to 2 p.m.	Group B
	2 to 3:30 p.m.	Group C
	3:30 to 5 p.m.	Group D
	5 to 6:30 p.m.	Group A
	6:30 to 8 p.m.	Group B
Thursday	8 a.m. to Noon	Assigned training
	8 to 8:50 a.m.	Group D
	8:50 to 9:40 a.m.	Group A
	9:40 to 10:30 a.m.	Group B
	10:30 to 11:20 a.m.	Group C
	11:20 to 11:30 a.m.	Group D
	11:30 to 11:40 a.m.	Group A
	11:40 to 11:50 a.m.	Group B
	11:50 a.m. to Noon	Group C
	12:15 to 3 p.m. (men)	One-Meter prelims
	12:30 to 3 p.m. (women)	One-Meter prelims
	3 to 3:10 p.m.	Warm ups
	3:10 to 3:40 p.m.	One-Meter Consolation Finals
	3:40 to 4 p.m.	CLEANING ONE-METER
	4 to 4:40 p.m.	Group D
	4:40 to 5:20 p.m.	Group A
	5:20 to 6 p.m.	Group B
	6 to 6:40 p.m.	Group C

	6:40 to 7:10 p.m. 7:13 to 7:15 p.m. 7:20 to 8 p.m.	Warm ups One-Meter finalists announced One-Meter finals
Friday	8 a.m. to Noon	Assigned training
	8 to 8:50 a.m. 8:50 to 9:40 a.m. 9:40 to 10:30 a.m. 10:30 to 11:20 a.m. 11:20 to 11:30 a.m. 11:30 to 11:40 a.m. 11:40 to 11:50 a.m. 11:50 a.m. to Noon	Group A Group B Group C Group D Group A Group B Group C Group D
	12:15 to 3 p.m. (men) 12:30 to 3 p.m. (women) 3 to 3:10 p.m. 3:10 to 3:40 p.m. 3:40 to 4 p.m.	Three-Meter prelims Three-Meter prelims Warm ups Three-Meter Consolation Finals CLEANING THREE-METER
	4 to 4:40 p.m. 4:40 to 5:20 p.m. 5:20 to 6 p.m. 6 to 6:40 p.m.	Group A Group B Group C Group D
	6:40 to 7:10 p.m. 7:13 to 7:15 p.m. 7:20 to 8 p.m.	Warm ups Three-Meter finalists announced Three-Meter finals
Saturday	8 a.m. to Noon	Assigned training
	8 to 8:50 a.m. 8:50 to 9:40 a.m. 9:40 to 10:30 a.m. 10:30 to 11:20 a.m. 11:20 to 11:30 a.m. 11:30 to 11:40 a.m. 11:40 to 11:50 a.m. 11:50 a.m. to Noon	Group B Group C Group D Group A Group B Group C Group D Group A
	Noon to 3 p.m. (men) 12:15 to 3 p.m. (women) 2:30 to 2:40 p.m. 2:40 to 3:20 p.m. 3:40 to 5:30 p.m.	Platform prelims Platform prelims Warm ups Platform Consolation Finals CLEANING PLATFORM
	5:30 to 7:10 p.m. 7:20 to 7:22 p.m. 7:25 to 8 p.m.	Warm ups Platform finalists announced Platform finals

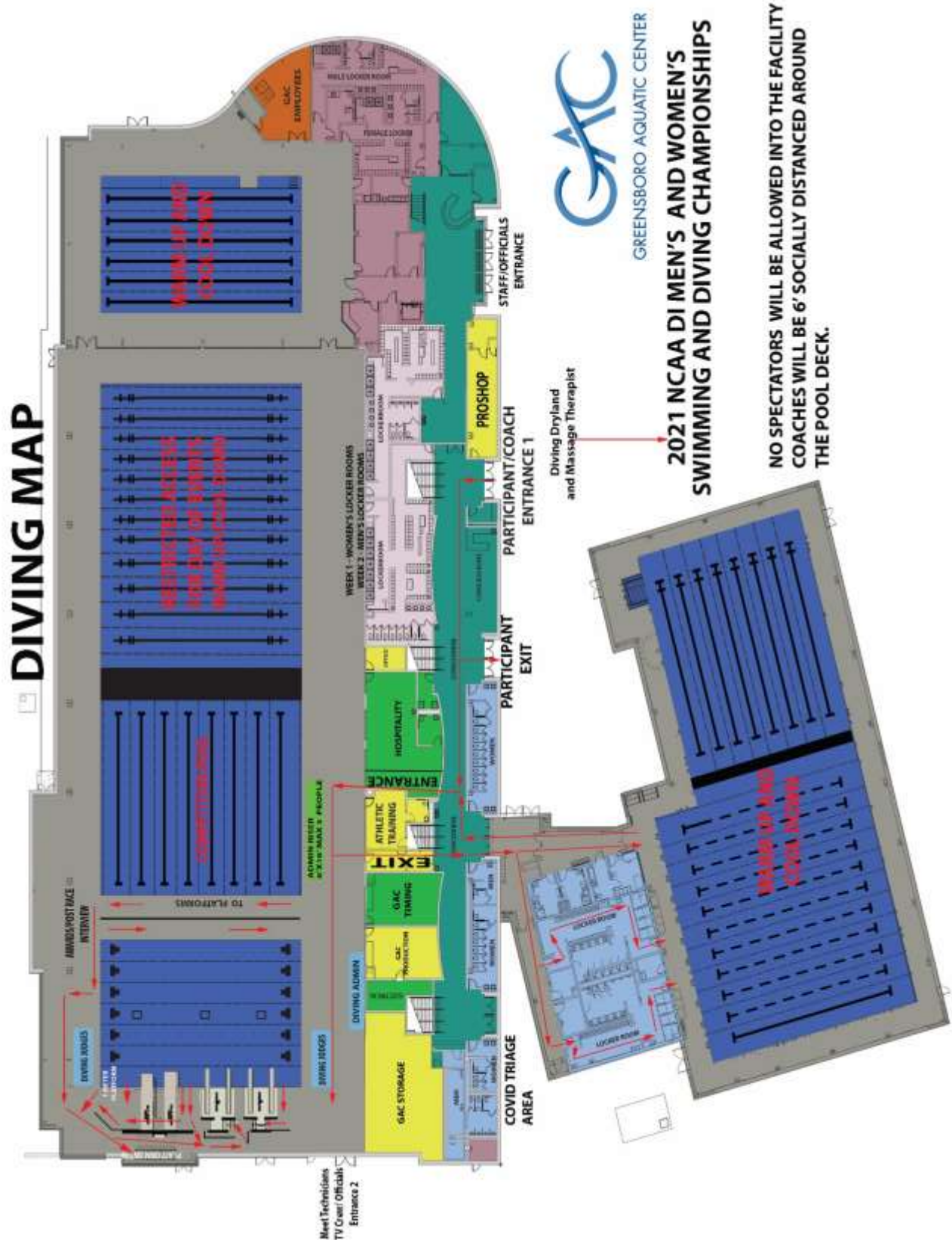
Note: All times are subject to change. Please double check with scoring table for any changes.

APPENDIX E – FACILITY DIAGRAM – DECK LEVEL

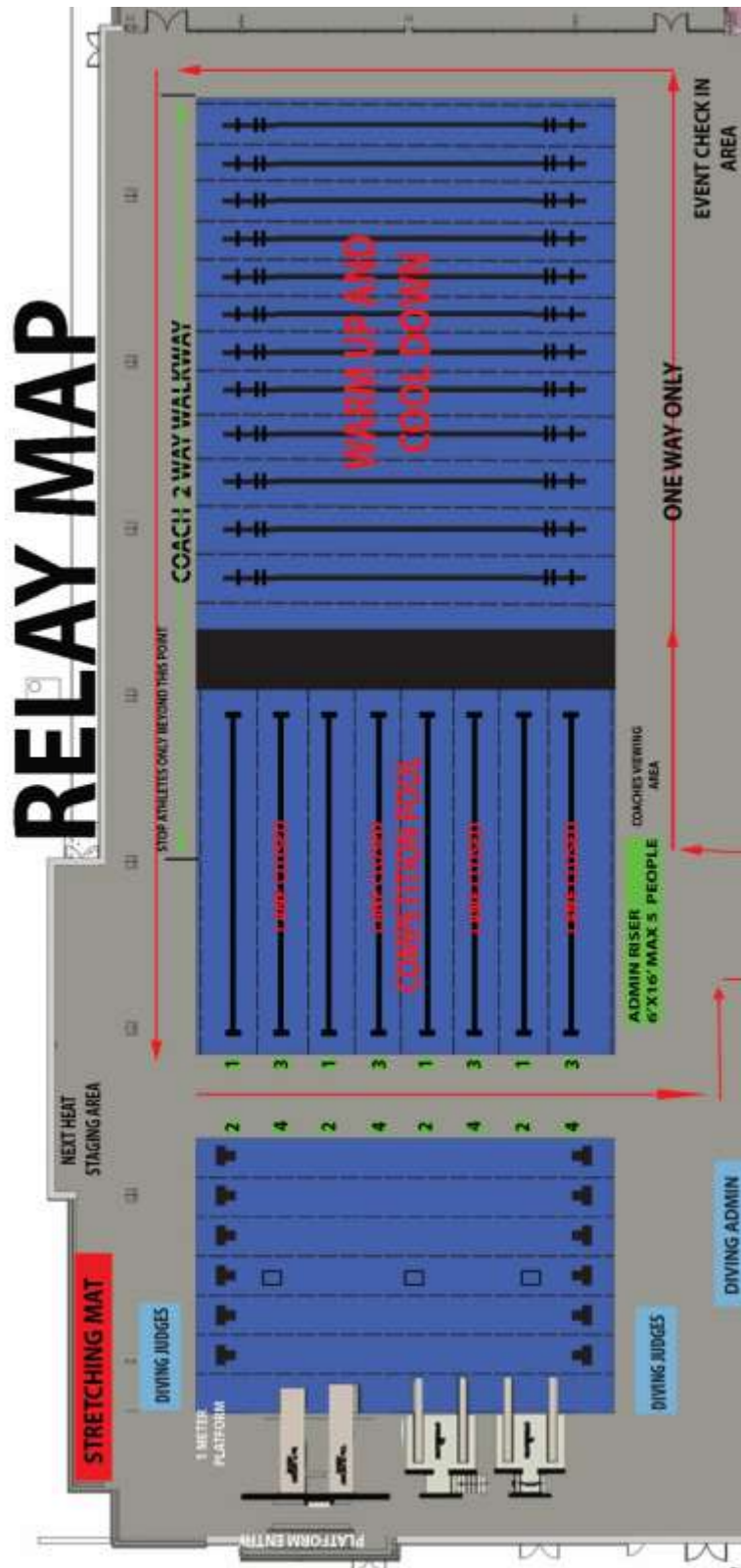


***Please note this map may slightly change prior to the championships. If changes occur, new maps will be supplied on-site.**

APPENDIX E – FACILITY DIAGRAM – DIVING MAP



APPENDIX E – FACILITY DIAGRAM – RELAY MAP

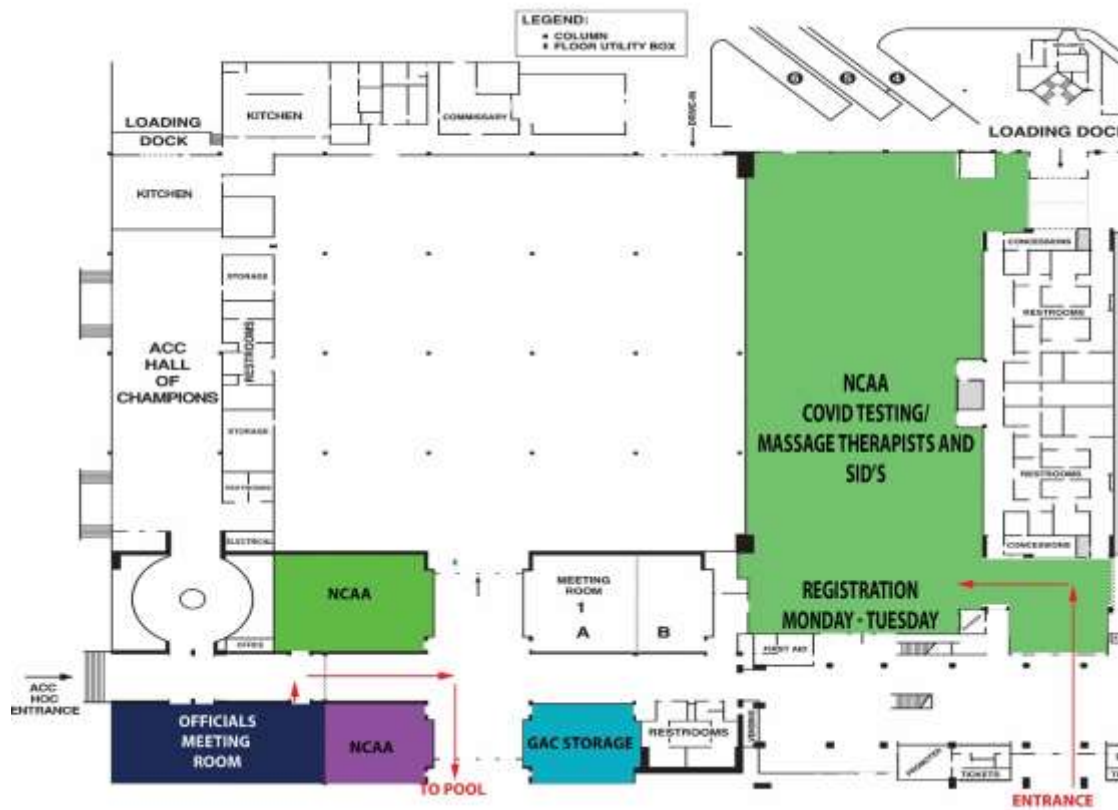


APPENDIX F - SPECIAL EVENTS CENTER – COVID TESTING

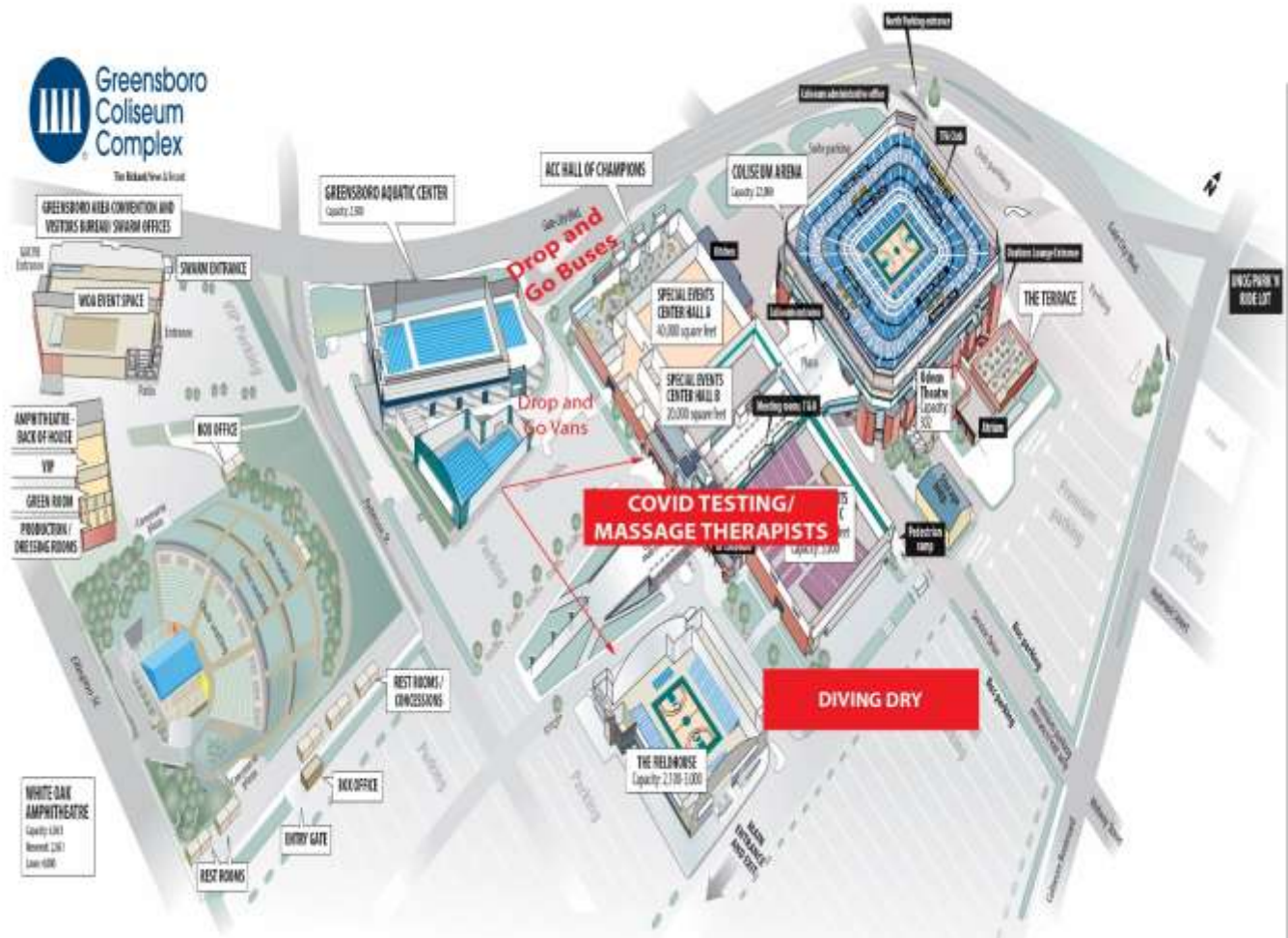
2021 NCAA DI MEN'S AND WOMEN'S SWIMMING AND DIVING CHAMPIONSHIPS

Adjacent Special Events Center (SEC)

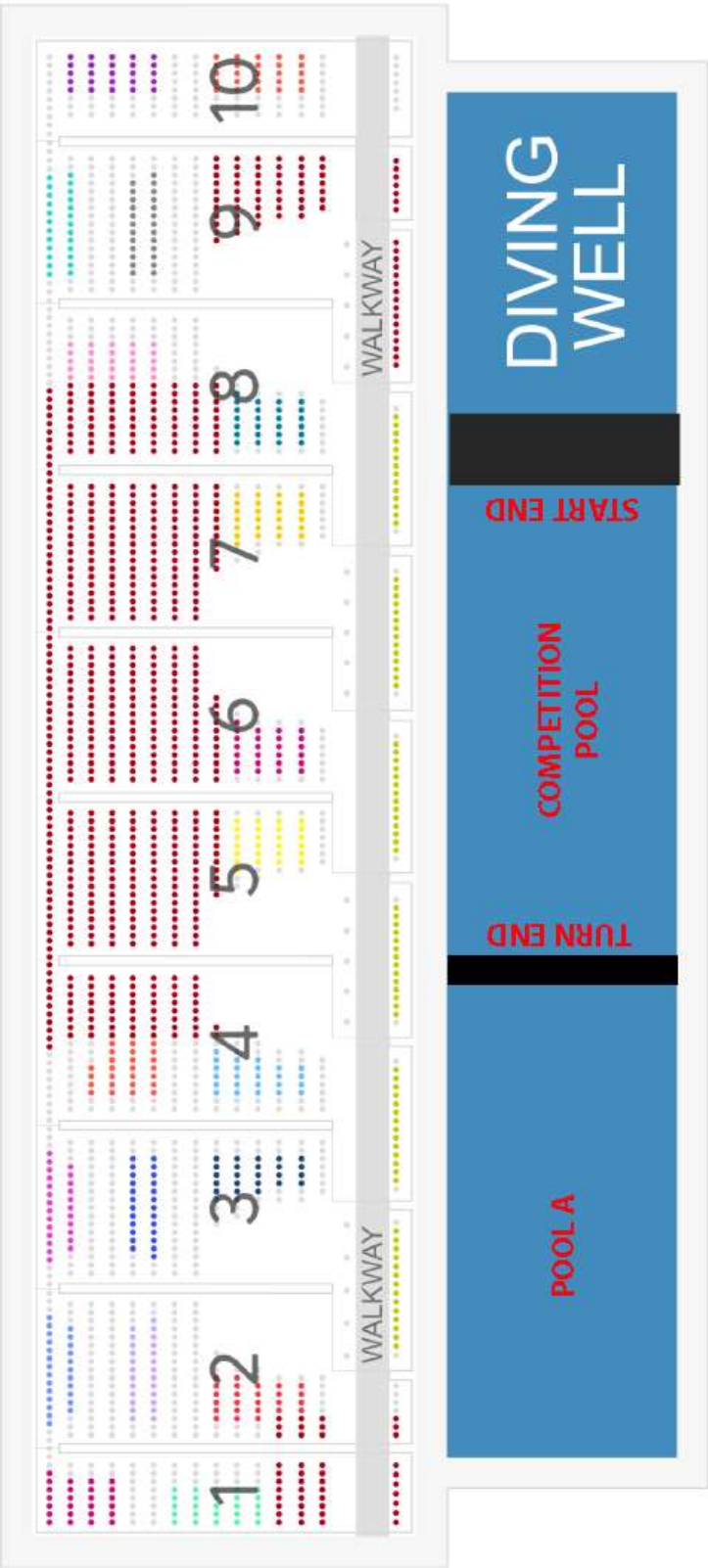
Special Event Center



APPENDIX G – GREENSBORO COLISEUM COMPLEX CAMPUS



APPENDIX H – TEAM SEATING DIAGRAM

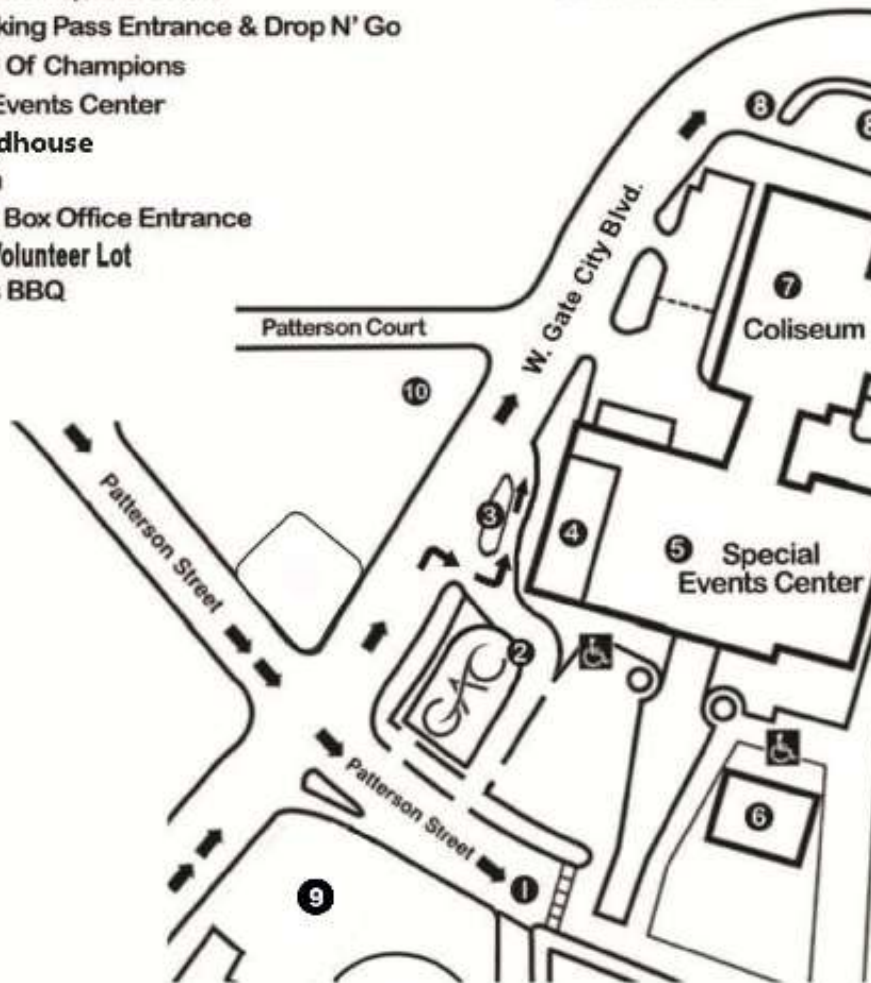


APPENDIX I – PARKING MAPS

2021 NCAA DI Men's and Women's Swimming and Diving Championship Parking Permit



- ❶ GAC Parking Entrance for Parents & Spectators
- ❷ Greensboro Aquatic Center
- ❸ GAC Parking Pass Entrance & Drop N' Go
- ❹ ACC Hall Of Champions
- ❺ Special Events Center
- ❻ The Fieldhouse
- ❼ Coliseum
- ❽ Advance Box Office Entrance
- ❾ Officials/ Volunteer Lot
- ❿ Stamey's BBQ



Valid Monday, March 15th – Saturday, March 20th only.
Please present pass to attendant and proceed to Lot #9

APPENDIX J – EMERGENCY ACTION PLAN



GREENSBORO AQUATIC CENTER

Emergency Action Plan Protocol/ EMS Injury Management Protocol

In the event of an emergency the Greensboro Aquatic Center Supervisors/ Manager are in charge of the scene. The determination resides with the GAC staff in charge at the time of the incident whether an EMS needs to be called. This determination is not made at the discretion of a parent, coach or guardian.

Patron emergency in the pool (water emergency):

1. Aquatic Center Lifeguard Staff provides initial care while in water.
2. Aquatic Center Lifeguard Staff and Manager on Duty (MOD) will handle care of patron once patron is removed from water.
3. If associated with a team practice a coach may be asked to assist with contacting the swimmer's parent/guardian. ***All head injuries require concussion protocols, the coach must be advised along with meet director.
4. In the event that the injury is a medical emergency, EMS will be activated accordingly by (only) GAC MOD/Supervisor. The following information should be provided to the 911 dispatcher in the event of a medical emergency:
 - a. My name is (GAC-Manager/Supervisors name), b. I need paramedics at: **Greensboro Aquatic Center.**
 - c. Suspected injury and present condition of athlete, d. My exact address is 1921 West Gate City Blvd. Greensboro NC, 27403
 - e. An MOD will notify or direct an aquatic staff to notify both Coliseum Security and Parking departments to assist /meet the ambulance toward the nearest (Entrance/Exit Doors) in the corridor of the building and direct the ambulance into the pool doors. The emergency exit doors may be used by EMS to access the building. EMS will be directed accordingly by aquatic center staff.
5. If it is deemed that a patron under 18 needs to be transported by ambulance; a coach or parent must escort the athlete in the ambulance.
6. If the injury is not a medical emergency, the Manager on Duty will determine whether the patron can return to activity.

Patron out of the pool (land emergency):

1. Spectator in the stands will contact nearest GAC Staff for assistance.
2. Aquatic Center Staff will provide first-aid to any spectator.

Miscellaneous Information

1. GAC Lifeguarding Staff will have on-site AED, in-water spine boards, and a first aid kit readily available.

Fire, Tornado and Bomb Threat

In the event of a fire alarm, tornado warning or a bomb threat the GAC manager on Duty is in charge. The GAC staff and MOD will clear all pools and direct all patrons to designated safety locations.

Fire/ Bomb Threat: (a) White Oak Amphitheatre (b) Stamey's parking lot across the street

Tornado: Locker rooms

The Manager on Duty will notify patrons when an all clear is given and patrons can return to activity.

Inclement weather:

The GAC has established a phone tree to notify staff and members/user groups/participants of any closures or delays due to inclement weather. **The Competitive Coordinator** will contact coaches in the event of a closure or a delay due to weather. **The Operations Coordinator** will contact members and program participant in the event of a closure or a delay due to weather.



GREENSBORO AQUATIC CENTER

COVID Emergency Management Protocol

COVID SPECTATOR PROCEDURES

- (a) During health screening upon arrival, if spectator shows a temp or fails to pass the health screening, they will be asked to leave and contact their doctor or seek medical help. HK and MOD should be radioed to ensure area is disinfected as needed. MOD may close entrance etc for cleaning as needed.
- (b) HK should be radioed and arrive at all emergencies with disinfectant.
- (c) Upon arrival of first aid incident/sudden illness inside the building (Spectators area) - GAC staff will check temperature first, followed by a primary and secondary assessment. If a temperature/covid related symptoms are found, and spectator is safe to move- spectator will be moved to the isolation areas below. If spectator is unable to be moved- staff will create isolation area around the spectator. If temp above 100.4, contact somebody for immediate pick up. Reentry will be denied.
- (d) Spectator will be asked to wear a face shield when being transported/treated when/if possible.
- (e) Reentry and access to the meet will be determined by symptoms and the Manager on duty.

DESIGNATED ISOLATION AREAS

- 1. Isolation area 1 (triage tent area on back patio at entrance 4)
- 2. Isolation area 2 (Family restroom at end of front hallway)

COVID EVENT/MEET PARTICIPANT PROCEDURES

- (f) Upon arrival of first aid incident/sudden illness- GAC staff will check temperature first, followed by a primary and secondary assessment.
- (g) HK should be radioed and arrive at all emergencies with disinfectant.
- (h) Upon arrival of first aid incident/sudden illness- GAC staff will check temperature first, followed by a primary and secondary assessment.
 - If a temperature/covid related symptoms are found, and participant is safe to move- they will be moved to the isolation areas below. If unable to be moved- staff will create isolation area around the patron. If temp above 100.4, contact coach to reach parent for immediate pick up. No more meet (or practice)
 - If no covid related symptoms found, the participant may be treated on deck or at the general first aid room.
- (i) Participant will be asked to wear a face shield when being transported/treated when/if possible.
- (j) Reentry and access to the meet will be determined by symptoms and the Manager on duty.

DESIGNATED ISOLATION AREAS

- 1. Isolation area 1 (Storage room triage area)

APPENDIX K – TIMING SYSTEM AND EQUIPMENT

TIMING SYSTEM/TOUCHPADS

The Greensboro Aquatic Center will be utilizing the OMEGA Timing System for the 2021 NCAA Division I Men's and Women's Swimming and Diving Championships. The touchpads allow each swimmer to stop the clock by exerting pressure of between 3.3 and 5.5 pounds on panels at the ends of each lane.

All touchpads will be gutter-hung design. Both the start end and the turn end of the pools will be equipped with gutter-hung touchpads. The warm-up pool will have two lanes equipped with gutter-hung touch pads at each end, along with OSB Tops.



OLYMPIC STARTING BLOCK TOP

The Olympic Starting Block Top is a part of the new generation of starting blocks. It has an inclined foot rest, which allows a significant improvement of thrust when the swimmer starts. This proven technology has been adapted to the new starting block. The OSB is designed in fiberglass to ensure the platform robustness while optimizing its weight. The platform is covered with an anti-skid surface providing comfort and safety.

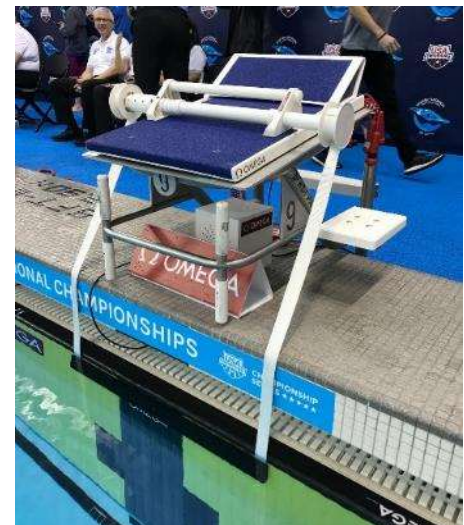


Please note: The wedge on the block top is adjustable, however; not removable.*

BACKSTROKE LEDGE

The OSB are equipped with the Backstroke Ledge OBL2 Pro. The OBL2 Pro improves the start push and trajectory of the swimmer when entering the water. The length can be set to give different positions using a manual rotating system.

Please note: Timing staff will place the backstroke ledge prior to Relay event, but removal during the relay will be the responsibility of the athletes.*





RELAY EXCHANGE REVIEW CAMERAS

The Swiss Timing High Speed Video system will be used for relay exchanges and backup timing. The High-Speed Video system is a hardware/software solution for video-based time measurement. The high-speed cameras of the system are directed at the finish. During a race, the system captures the video data generated by the cameras on hard disk. Browsing through the recorded video sequence, the system provides the time of race for every recorded image. This approach makes it possible to judge exactly when a competitor reaches a defined location, by finding the corresponding image in the video.

A big advantage of the system is the high temporal resolution. Its high-speed cameras generate 100 full frames per second. An important feature of the High-Speed Video system is the camera synchronization.

The system guarantees that the images for all cameras are grabbed synchronously. This makes it possible to film the finish from multiple perspectives or divide a long finish line into up to 4 sections without losing comparability of times. Another advantage of the system is that it is equipped with its own high precision time base so that it can be used as a full back up in competitions.

15-METER MARK REVIEW CAMERAS

New for the 2021 NCAA Division I Women's Swimming and Diving Championships, Swiss Timing will be deploying a camera system for review of any 15-meter mark violation. This is a 4-camera system set from the vantage point of the official making the call. The system records at over 60 fps. The cameras will be used to determine if an official's call of a 15-meter mark violation is accurate and should be upheld.



From Airport to Coliseum –

Exit Airport area and go about 1 mile.
Take a right onto Bryan Boulevard East.
Take the I-40/Winston-Salem exit and
travel 3.2 miles. Take exit 1.
(I-40 East towards Greensboro).
Exit right at Greensboro Coliseum Area/
Patterson St. and go 2.6 miles.



APPENDIX M – UNINVITED RELAY SWIMMER DECLARATION FORM

Institutions that have at least one invited swimmer and are eligible to swim relays through either Step 1 or Step 3 of the Relay Qualification Procedures as outlined in the 2020-21 Division I Swimming and Diving Pre-Championships Manual are allowed to bring **up to four student-athletes** to the championships to serve as uninvited relay swimmers as long as the maximum number of student-athletes per team do not exceed 18. Uninvited relay swimmers are student-athletes who were not invited to the championships in an individual event but can serve as relay alternates if needed. The following policies apply to uninvited relay swimmers.

- Uninvited relay swimmers will not receive reimbursement from the NCAA (travel and per diem) for attending the championships.
- Uninvited relay swimmers may participate as alternates on any relay for which an institution is eligible.
- Uninvited relay swimmers must be eligible student-athletes who are listed on the team roster online.
- Uninvited relay swimmers may not swim any individual events.
- Institutions must complete this form to designate any potential uninvited relay swimmers (up to four) and submit no later than **Noon Eastern time on Thursday, March 4 (women) and Thursday, March 11 (men)**.
- **All individuals identified as uninvited relay swimmers MUST swim in at least one relay during the championship. Further, these individuals MAY NOT fill an alternate slot should there be a scratch in any event prior to competition.**
- If, at the conclusion of the championships meet, an uninvited relay swimmer has not competed in at least one relay, the last relay the institution competed in will be disqualified. In the case of such disqualification(s), the points scored by other teams shall be altered.
- Only student-athletes who were invited in individual events or the designated uninvited relay swimmers (up to four) may be used as alternates for relays.
- Uninvited relay swimmers will count toward the limit of 18 participants.
- If an institution scratches a student-athlete after selections, that student-athlete cannot be used as an uninvited relay swimmer.

List below the uninvited relay swimmers (up to four) for your institution. This form must be completed and submitted no later than **Noon Eastern time on Thursday, March 4 (women) and Thursday, March 11 (men)**. Forms should be sent to John Bugner (women's) (jbugner@ncaa.org; 317-522-7220) and/or Michelle Perry (men's) (mperry@ncaa.org; 317-460-4680).

Institution: _____

Name of Person Declaring Alternates: _____

Signature: _____

Date: _____

Uninvited Relay Swimmer #1: _____

Year in School: _____

Uninvited Relay Swimmer #2: _____

Year in School: _____

Uninvited Relay Swimmer #3: _____

Year in School: _____

Uninvited Relay Swimmer #4: _____

Year in School: _____

APPENDIX N – PARTICIPANT GIFT INFORMATION



NCAA-Awards.com

HOW TO GET YOUR **Student-Athlete Participation Awards**

For 2020-2021, an online gift-suite will serve as the participation awards provided to members of the official travel party of institutions that advance to the championship final sites.



After the championship, MainGate will send the head coach an email providing ordering process details, along with a unique Certificate Code (valid for one participation award per member of your official travel party) that can be redeemed only at www.NCAA-Awards.com. In order to ensure that each participant receives an award, a member of your administration must place your team's order, including size information, at NCAA-Awards.com using your Certificate Code.

Your institution may select different items per participant; men's and women's sizes are available for apparel items. If you would like to purchase additional awards, you will have the opportunity to do so online via personal credit card at the end of the checkout process.

Participation award items will be sent to your institution for distribution to your student-athletes within four to six weeks after your order is placed. If you do not receive information for ordering awards within two weeks of the conclusion of the championship please contact Erin Hannoy ehannoy@legends.net, Legends Global Merchandise (formerly known as MainGate Inc.) (866-945-7267) or the NCAA championship manager.

Please add ehannoy@legends.net to your address book to allow us to send you emails.



Place your order at NCAA-Awards.com



APPENDIX O – GREENSBORO AREA POOLS

UNCG:

- Phone: 336-334-5924

Kathleen Price Bryan Family YMCA:

- Phone: 336-478-9622

Club Fitness:

- Phone: 336-396-8431 (Green Valley)
- Phone: 336-396-8322 (Oak Branch)